

DISTRICT OF COLUMBIA

ORAL HEALTH GUIDE



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Dental Helpline: 866-758-6807

To contact Kids Comprehensive Services LLC, please call **202-678-0027**.

To contact the District of Columbia Department of Health, please call **202-442-5955**.

Introduction

Welcome to the new *Oral Health Resource Guide* for the residents of the District of Columbia. This Guide is produced in partnership with the District of Columbia Department of Health and Kids Comprehensive Services, LLC. Good oral health is a very important part of our overall well-being. Although many people know why healthy teeth are important, many do not know the link between good oral health and good physical health. The facts and tips in this Guide describe the link and show how oral health and preventive care can keep a family member from developing other health problems.

The resources and information given here will help each family member learn and apply basic oral health practices that include how to avoid cavities and other dental diseases. All residents of the District of Columbia deserve high quality, affordable and accessible dental care. Oral Health Program members collaborate with concerned oral health providers and identify local resources available for children, parents, caregivers and others to promote good oral health.

We recognize that there are disparities in medical and dental services offered throughout the city. To respond to the need of families in underserved areas, Oral Health Program members have formed partnerships with many dental clinics and dentists to provide dental homes for residents in these areas.

With education and the right tools, the residents of the District of Columbia will be on their way to better oral health. We hope that this book will be a helpful resource guide for families and individuals as they practice good oral health. Thank you for taking the time to participate in the Oral Health Program, and for using this Guide to increase your oral health education and locate a dental home.

Sincerely,

Brenda Harris, MSW

CEO, Kids Comprehensive Services, LLC

Oral Health Program

The School Based Oral Health Program provides preventive oral health services to DC Public Schools (DCPS), DC Public Charter Schools (DCPCS) elementary school students and Head Start Centers/Early Child Learning Centers who presented their signed parental consent forms. Schools that are allowed to participate in the program must have at least 50% of its student population enrolled in the National Free or Reduced Lunch Program.

Dental services are provided in two schools simultaneously using portable dental units. Also oral health literacy and oral health education and promotions sessions and counseling are provided to schools by an Oral Health Educator. Students who need more invasive care are referred to dental clinics and dental offices for further treatment. The School Based Oral Health Program allows students enrolled in these selected schools that meet this criteria with necessary dental services to which they had limited or no access.

Services include:

- Sealant Application
- Fluoride Treatment
- Dental Screenings & Dental prophylaxis (cleanings)
- Oral Health Literacy, Education & Promotion
- Dental referrals

Contact Email: cha.admin@dc.gov

Contact Phone: (202) 442-9365

Contact Fax: (202) 442-4947

Contact TTY: 711

Office Hours: Monday through Friday 8:15 am – 4:45 pm

DC Healthy Families

DC Healthy Families is a program that provides free health insurance to DC residents who meet certain income and U.S. citizenship or eligible immigration status to qualify for DC Medicaid. The DC Healthy Families program covers doctor visits, vision and dental care, prescription drugs, hospital stays, and transportation for appointments. DC Healthy Families also offers special programs for newborn babies, children with disabilities or special health care needs, and people with HIV and AIDS. Individuals determined eligible for DC Healthy Families will fall into one of our [MAGI-Medicaid eligibility groups](#).

MAGI-Medicaid Eligibility Groups include:

- ❖ [Adults \(age 21-64\) without dependent children;](#)
- ❖ [Pregnant women;](#)
- ❖ [Parents/caretaker relatives;](#) and
- ❖ [Children under the age of twenty-one \(21\)](#)

How do I contact DC Healthy Families?

DC Healthy Families
6856 Eastern Avenue NW, Suite 206
Washington, DC 20012

Office Hours and Contact Numbers

Monday, Tuesday, Thursday, and Friday: 8 am – 7 pm

Wednesday: 8 am – 9 pm

Third Saturday of each month: 9 am – 1 pm

(202) 639-4030 or (800) 620-7802

TTY/TDD Line: (202) 639-4041

Dental Line: (866) 758-6807

Fax: (202) 289-6764



How to apply for DC Healthy Families?

The application process for DC Healthy Families is the same process used to [Apply for Medicaid](#). You may submit a DC Health Link application using one of the following methods:

Online at www.DCHealthLink.com

Note: If you apply online, you do not need to complete a paper application

By Phone: Call the DC Health Link Customer Service at 1-855-532-5465

By Mail:

1. Download an application from DCHealthlink.com
2. Mail your original, signed application (and appendices, if applicable) to:
Department of Human Services
Economic Security Administration
Case Record Management Unit
P.O. Box 91560
Washington, DC 20090

By Fax

Download an application from DCHealthlink.com

Fax completed application to:

Economic Security Administration

Fax: (202)-671-4400

In Person: You may apply at any of the ESA Service Centers listed below:

H Street Service Center
645 H St., NE
Washington, DC 20002
Phone: (202) 698-4350

Anacostia Service Center
2100 Martin Luther King
Ave., SE
Washington, DC 20020
Phone: (202) 645-4614

Taylor Street Service Center
1207 Taylor St., NW
Washington, DC 20011
Phone: (202) 576-8000

Congress Heights Service
Center
4001 South Capitol St., SW
Washington, DC 20032
Phone: (202) 645-4546

Fort Davis Service Center
3851 Alabama Ave., SE
Washington, DC 20020
Phone: (202) 645-4500

Public Health Dental Services		
Ward 1		
Agency	Address	Phone #
Children National Medical Center (Children’s Hospital)	Department of Dentistry 111 Michigan Avenue, NW Washington, DC 20010	(202) 476-2160
The division accepts new patients that are 8 years old or younger, patients with special needs that are 14 years old or younger, and new patients older than 14 year old after a consultation with a dentist.		
Community of Hope Health Services	2250 Champlain Street, NW Washington, DC 20009	(202) 232-6989 or (202) 232-6940
<p>Hours: Monday, Tuesday and Wednesday 9:00am – 5:00pm, Thursday 9:00am – 7:00pm, Friday 9:00am – 12:00pm. Appointment required. Morning emergencies arrive by 8:30am, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted.</p> <p>Costs: Sliding fee scale. Medicaid, Medicare, and D.C. Alliance (including Unison) are accepted. Patients without insurance must call and set up enrollment for day prior to appointment.</p>		

Children National Medical Center (Children’s Hospital) ♥

Department of Dentistry
111 Michigan Avenue, NW
Washington, DC 20010
(202) 476-2160

The division accepts new patients that are 8 years old or younger, patients with special needs that are 14 years old or younger, and new patients older than 14 year old after a consultation with a dentist.

Community of Hope Health Services ♥

2250 Champlain Street, NW
Washington, DC 20009
(202) 232-6989 or (202) 232-6940

Hours: Monday, Tuesday and Wednesday 9:00am – 5:00pm, Thursday 9:00am – 7:00pm, Friday 9:00am – 12:00pm. Appointment required. Morning emergencies arrive by 8:30am, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted.

Serves: All ages over 4 with low-income and without insurance.

Costs: Sliding fee scale. Medicaid, Medicare, and D.C. Alliance (including Unison) are accepted. Patients without insurance must call and set up enrollment for day prior to appointment.

Dental Health Care Associates♥

3333 14th St NW Suite M110
Washington, DC 20010
(202)518-1147

Hours: Monday-Friday 9am. -5pm. Call for Appointment

Serves: Adults and children.

Services: General dentistry and pediatric dentistry.

Costs: Fee-for-service. Accepts DCHCA (including Unison).

Adventure Dental: NW♥

3401 Georgia Ave NW
Washington, DC 20010
(202) 829-5437

Hours: Monday-Friday: 8:00 am-5:00 pm

Serves: Children & Adults

Services: Orthodontics, General Dentistry

Costs: DC Medicaid; Most PPO dental insurance plans

Howard University College of Dentistry ♥

600 W St NW, Washington, DC 20060
(202) 806-0065; (202) 806-0456

Hours: Monday-Friday: 10am-1pm; 2pm-5pm

Evening Clinic: Wednesday& Thursday: 5:30pm-7pm

Serve: Adults & Children

Services: General Dental & Specialized care

Costs: DC Medicaid & Alliance; United Healthcare Medicaid & Alliance; Sliding Scale & Fee for Service

Las Americas Dental Health ♥

3165 Mount Pleasant St NW

Washington, DC 20010

(202) 540-9213

Hours: Monday, Tuesday, Thursday, & Friday: 9:00am-2:00pm & 3:00pm-5:00pm

Serve: Adults & Children

Services: General Dentistry & Specialized Care

Costs: DC Medicaid; Amerihealth & Most PPO Dental insurance

Smile Center Dental ♥

2900 14th St NW Washington, DC 20009

(202) 847-0567

Hours: Monday-Friday: 9:00am- 5:00pm; Saturday: 9:00am- 3:00pm

Serves: Adult & Children

Services: General & Cosmetic Dentistry

Costs: DC Medicaid, Amerihealth & most PPO



Walter Brook Dental ♥
2750 14th St NW
Washington, DC 20009
(202) 618-4910

Hours: Monday: 8:30am – 4:00pm; Wednesday: 8:30am – 4:00pm
Serves: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid; Amerihealth & Most PPO dental insurance

Smile Dental ♥
2108 18th Street, NW Suite 1
Washington, DC 20009
(202) 234- 8998

Hours: Monday –Friday: 8:00am -4:30pm; Saturday: By appointment
Serves: Adults & Children (ages 3 and Up)
Services: General Dentistry & Specialized Care
Costs: DC Medicaid; Trusted, Amerihealth & Most PPO dental insurance plans

Upper Cardoza Health Center - Unity Health Care ♥
3020 14th Street, NW
Washington, D.C., 20009
Phone: (202) 745-4300

Hours: Monday – Friday: 8:00 am – 10:00 pm & Saturdays & Sundays: 8:00 am - 2:00 pm
WIC Hours: Monday – Friday: 8:30 am - 5:00 pm & Saturday: 8:00 am - 12:00 pm
Serves: Adults & Children
Services: General Dentistry & Specialized Care

To Schedule an Appointment Please Call (202) 469-4699

Costs: Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans

Sharmin Dental Clinic ♥

1613 Harvard St NW, Ste. 108
Washington, DC 20009
(202)462-5227

Hours: Monday-Friday 9am. – 5 pm. Call for Appointment

Serves: Children and Adults.

Services: General dentistry. Spanish and Farsi services available.

Costs: Accepts DCHCA (including Unison) and Medicare. Medicaid is not accepted. For uninsured costs depend on services provided.

Spanish Catholic Center, Inc. ♥

Dental Clinic
1618 Monroe St. N.W.
Washington, D.C. 20010
(202) 939-2400 ext. 925

Hours: Monday, Tuesday, Wednesday and
Friday: 8:30 am to 5:00 pm, Thursday: 8:30 am to 8:00 pm
1st and 3rd Saturday of the month: 9:00 am to 1:00 pm
To schedule an appointment please call (202) 939-2400 ext.922

Small Smiles Dental Clinic ♥

3401 Georgia Avenue Northwest
Washington D.C., DC 20010-2501
(202) 829-5437

Call for an Appointment, no walk-ins. Children only.

Ward 2

Bread For The City Medical And Dental Clinic♥

1525 7th Street, NW
Washington, DC - 20001
(202) 265 -2400

Hours: Monday - Thursday from 9am-5pm, Friday morning 9am-noon, and on Tuesday evenings 5pm-6:30pm.

Services: Medical examinations, Pediatric care, Dental care, Job physicals, Screenings, Gynecological care

Costs: Sliding-fee scale

To schedule a new patient appointment call 202.386.7020; Medical Fax: 202.265.1970

Federal City (CCNV) - Unity Health♥

425 2nd Street, N.W.
Washington, D.C. 20001

Hours: Monday - Thursday 7:30 am – 4:00 pm, Friday 7:30 am – 12:00 pm

Language Spoken by Health Centers Staff (we provide other language assistance through our interpreter line.) Spanish, French and Amharic

S.O.M.E. Dental Clinic♥

60 O Street, NW
Washington, DC 20001
(202) 797-8806

Hours: Monday- Friday 8 am. – 4pm. Appointment necessary. Emergencies arrive by 7:30 am, first 4 accepted.

Serves: Low-income adults living within a 2 block radius of O Street and/or homeless in the District.

Services: Only basic dentistry (including prevention, restorations, and tooth extractions). Spanish services available.

Costs: Sliding scale fee. Accepts Medicaid and DCHCA (including Unison). Does not accept Medicare.

National Light Dental
1145 19th Street, NW Suite 714 Washington, DC 20036
(202) 775-1414

Hours: Tuesday-Friday: 8:00am- 4:00pm
Serves: Adult & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

United Dental Group
1629 K Street, NW Washington, DC 20006
(202) 861- 0001

Hours: Monday-Friday: 8:00am- 5:00pm
Serves: Adults & Children (ages 6 and up)
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted and most PPO's

Soft Touch Dentists PC ♥
2021 K St NW, Ste. 103
Washington, DC 20006
(202)333-3883

Hours: Monday-Tuesday-Thursday-Friday 8am – 5pm. Wednesday 11am – 7pm. Saturday 9am – 4pm
Serves: Adults and Children.

Services: General dentistry and specialty– orthodontist, periodontist and prosthodontist. (Check what services you insurance covers).

Costs: Fee for Service with some discounts. Accepts DCHCA (including Unison). Only accepts Medicaid for children.

Washington Hospital Center ♥
110 Irving Street, NW
Washington DC, 20001
(202) 877-7332

Hours: Monday-Friday 9 am.- 4 pm. Call for appointment.. First appointment examination, with no guarantee of surgery on same day.

Serves: Adults and Children over 13.

Services: Oral surgery and Orthodontics only. For oral surgery for conditions of the jaw, mouth, and teeth to restore function and repair appearance.

Costs: Fee-for-service. Accept DCHCA (not Unison), Medicaid, and Medicare (only medical surgery). Bring insurance card and list of all medications, including dosages.

Whitman Walker Dental Care (14th Street) ♥

1525 14th Street, NW Washington, DC 20005
(202) 745-7000

Hours: Monday-Thursday: 8:00am-8:00pm; Friday: 8:00am-6:00pm

Serve: Adults

Service: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth, & most PPO's

Ward 3

Alayssami Dental Associates, PC ♥

4444 Connecticut Ave NW, Suite 106
Washington, DC 20018
(202) 363-2810

Hours: Monday-Thursday: 8:30am-5:00pm; Friday: 8:30am-3:00pm

Serve: Adults & Children (7 years old and up)

Services: General Dentistry and Specialize Care

Costs: DC Medicaid, Amerihealth, & Most PPO dental insurance plan

Capitol Dental Services ♥

2737 A Devonshire Place, NW Washington, DC 20008
(202) 232-1116

Hours: Monday-Friday: 8:00am-5:00pm

Serve: Adults & Children (7 years and Up)

Service: General Dentistry & Specialize Care

Costs: DC Medicaid, Amerihealth & most PPO dental insurance Plan

Capitol Kids Dentistry LLC ♥

4200 Wisconsin Ave NW Suite 240
Washington, DC 20016
(202) 545-7200

Hours: Monday-Thursday: 8:00am- 5:00pm; Friday: 8:00am-4:00pm
Serve: Children
Service: General Dentistry, preventive & Restorative Care
Costs: DC Medicaid, Preventive & restorative care.

Ward 4



Ezy Family Dentistry ♥

3901 Georgia Ave NW, Basement 1st Floor
Washington, DC 20011
(202)291-1765

Hours: Monday-Friday 9:30am – 5pm. Call for appointment

Serves: Adults and Children.

Costs: Fee-for service. Accepts DCHCA (including Unison) and Medicaid. Does not accept Medicare.

Adderley Dental Group ♥

7826 Eastern Ave NW Suite #202 Washington, DC 20012
(202) 722-1731

Hours: Monday-Thursday: 9:00am-5:00pm; Friday: 9:00am-1:00pm

Serve: Adults and Children

Service: General Dentistry & Specialize Care

Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Dental Dreams ♥

6428 Georgia Avenue NW, Washington, DC 20012
(202) 723-0303

Hours: Monday-Friday: 10:00am-6:00pm; Saturday: 9:00am-4:00pm

Serve: Adults & Children (1 year old and up)

Service: General Dentistry

Costs: DC Medicaid, Amerihealth, Trusted and most PPO's.

Walter Brook Dental♥

7826 Eastern Ave, NW Suite #301
Washington, DC 20012
(202) 618-4910

Hours: Tuesday & Thursday: 8:30am-4:00pm; Saturday: 9:00am-1:00pm

Serve: Adults & Children

Service: General Dentistry & Specialize Care

Costs: DC Medicaid, Amerihealth, Trusted & most PPO's.

Mary's Center Dental Clinic ♥

3912 Georgia Avenue, NW (Mezzanine)
Washington, DC 20011
(202) 483-8196

Hours: Monday 8am-10pm, Tuesday-Saturday 8am-6:30pm

Serves: Adults and children. Spanish services available.

Costs: Accepts Medicaid, Medicare, and DC Alliance. Uninsured participants are charged on a sliding fee scale based on income and family size.

Presidential Dental Group♥

437 Cedar Street, NW
Washington, DC 20012
(202) 644-9527

Rittenhouse Dental Group ♥

6101 16th Street, NW, Suite #2
Washington, DC 20011
(202) 291-4500

Hours: Monday-Friday 9am -5pm (last appointment 3:30 PM). Appointments only.

Serves: Adults and Children over 9.

Costs: Accepts DC Healthcare Alliance (not Unison). Care credit for the uninsured.

Ward 5**Brentwood Health Center -Unity Health♥**

1251-B Saratoga Avenue, NE
Washington, DC 20018
Phone: (202) 832-8818
Fax: (202) 832-8575

Hours: Monday - Friday 8:00 am – 10:00 pm,

Saturday 8:00 am – 2 pm

To Schedule an Appointment Please Call 202-469-4699

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Hero Dental (Adventure Dental) ♥

1305 Rhode Island Ave, NE
Washington, DC 20018
(202) 269-4746

Hours: Monday-Friday: 8:00am – 5:00pm

Serve: Adults & Children

Service: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Children's National Health Systems Department of Dentistry ♥

111 Michigan Avenue NW
Washington, DC 20010
(202) 476-2160 (Tel)
(202) 476-3102 (Fax)

Hours: Monday-Friday: 8:30am -4:00pm
Serve: Children: 6 months- 21 years old
Costs: DC Medicaid, Amerihealth, & most PPO's

Institutional Dental Care, Inc. ♥

3100 20th Street, NE,
Washington, DC 20018
(202) 832-4156

Hours: Monday-Friday: 8:00am-3:00pm
Serve: Adults & Children(Age range: 2-92)
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Most PPO's & Fee-for-Service

Kool Smiles: Hechinger Mall ♥

1531 Maryland Avenue, NE
Washington, DC 20002
(202) 470-1126

Hours: Monday-Friday: 8:00am-5:00pm; Saturday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Smile Center Dental ♥

1223 Brentwood Road NE,
Washington, DC 20018
(202) 627-2720

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 9:00am-3:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Howard University Adult Dental Clinic♥

600 W Street, NW (second floor)

Washington, DC

(202) 806-0008 for new patients, (202) 806-0007 for emergency

Hours: Monday – Friday 10am – 5pm.

Must call to schedule an appointment for a complete dental examination. Emergency clinic for walk-ins on Monday-Tuesday, Thursday-Friday (arrive at 9 am) and Wednesday (arrive 8 am). Spaces available are extremely limited.

Serves: Adults 18 and over.

Costs: Fee for service. Paid in cash or major credit card. All patients must pay on day of service (Those with accepted forms of insurance will receive reimbursement once insurance claims are filed and approved). Scheduled first visit \$100. Includes registration, full examination and x-rays. Accept Medicaid and DCHCA (not Unison Alliance). Emergency visits: \$80 (does not include full examination. Only x-ray and exam of the emergency). Accept Medicaid. Do not accept DCHCA. Tooth extractions are an additional \$55-\$235 (with no guarantee of tooth extraction on first visit).

So Others Might Eat (SOME) Dental Clinic ♥

60 O Street, NW Washington, DC 20001

(202) 797-8806 Ext. 1041

Hours: Monday-Friday: 8:15am-4:00pm

Serve: Adults

Service: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth & Most PPO's

Unity Health Care: Brentwood Health Center ♥

1251-B Saratoga Avenue, NE

Washington, DC 20018

(202) 832-8818 (Main); (202) 469-4699 (Schedule Appt); (301) 953-4574 (After Hours)

Hours: Monday-Friday: 8:00am-10:00pm; Saturday: 8:00am-2pm

Serve: Adults & Children

Service: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth, Sliding Scale, Cash & Most PPO's

Children's Choice Pediatric Dentistry and Orthodontics

2013 Bunker Hill Rd, NE, Washington, DC 20018

(202) 410-0088

www.mychildrenschoicedental.com

Ward 6

DC General Hospital – Capital Dental Clinic ♥

1900 Massachusetts Ave, SE
Washington, DC 20003
(202) 469-4699

Hours: Monday-Friday 8am – 5pm. Can call or walk in to make an appointment.

Serves: Adults and Children (2 and older)

Costs: Accepts D.C. HealthCare Alliance (not currently accepting Unison), and Medicaid for children. Cost of exam is \$195-\$205 (covered by Alliance unless patient has exceeded benefits).

Washington Dental Health Care ♥

729 8th St SE
Washington, DC 20003
(202)546-2202

Hours: Monday-Friday 10am – 6:30pm. Last appointment is 5pm. Call for appointment, no walk-ins.

Serves: Ages 6 and Up.

Costs: Accepts DCHCA (including Unison)

Capitol Hill Dental Associates ♥

1341 Pennsylvania Ave SE,
Washington, DC 20003
(202) 547-6453

Hours: Monday-Friday: 9:00am-5:00pm

Serve: Adults & Children (age 6 and older)

Service: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth & Most PPO's

Gordon Mobile Dental Associates, Ltd. ♥

611 Pennsylvania Ave. SE, Suite 237
Washington, DC 20003
(888) 675-0668; (708) 466-2374

Hours: Monday-Friday: 8:00am-3:00pm

Serve: Children ages 1-19 years old

Service: General Dentistry (Mobile Dental Care)

Costs: DC Medicaid, Amerihealth & Most PPO's

Juanita E. Rhodes, DDS Dental Office ♥

1647 Benning Road NE, Suite 305
Washington, DC 20002
(202) 396-6200

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth & Most PPO's

Robert G Ray, DMD Dental Office ♥

411 8th Street, SE
Washington, DC 20003
(202) 543-3330

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry Dentistry & Specialize Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Smile Center Dental (H Street) ♥

777 H Street, NE
Washington, DC 20002
(202) 560-5955

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 10:00am-3:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth & Most PPO's

Washington Dental Health Care Center ♥

729 8th Street SE
Washington, DC 20003
(202) 546-2202

Hours: Monday-Friday: 10:00am-6:00pm
Serve: Adults & Children (age 6 and older)
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Unity Health Care at Walker Jones ♥

40 Patterson Street, NE
Washington, DC 20002
(202) 354-1129; (202) 469-4699 to schedule

Hours: 8:15am-4:45pm
Serve: Adults and Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Ward 7

East of the River Unity Health Care♥

123 45th Street, NE
Washington, DC 20019
Phone: (202) 388-7891
Fax: (202) 388-5202

Hours: Monday, Tuesday, & Thursday, & Friday: 8:15 am to 4:45 pm, Wednesday: 8:00 am-7:30 pm.
To Schedule an Appointment Please Call 202-469-4699

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Parkside Health Center - Unity Health Care♥

765 Kenilworth Terrace, NE
Washington, DC 20019
Phone: (202) 388-8160
Fax: (202) 388-8746

Hours: Monday-Friday 7:00 am-7:00 pm
To Schedule an Appointment Please Call 202-469-4699

Adventure Dental: South ♥

3946 Minnesota Ave., NE Washington, DC 20019
(202) 397-1033

Hours: Monday-Friday: 8:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth and Most PPO's

Dental Dreams- Minnesota Avenue ♥

3925 Minnesota Avenue., NE, Washington, DC 20019-2662
(202) 396-1444

Hours: Monday-Saturday: 10:00am-6:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted, & Most PPO's

Fort Davis Dental Assoc. PLLC♥

3863 Alabama Ave SE, Washington, DC 20020
(202) 889-8200

Hours: Monday, Tuesday, Thursday, Friday: 9:00am-5:00pm
Saturday: 9:00am-2:00pm on 1st & 3rd Saturday of every month
Serve: Adults & Children
Services: General Dentistry & Specialize Care
Costs: DC Medicaid,

Good Hope Family Dental ♥

2837 Alabama Ave SE
Washington, DC 20020
(202) 581-7600

Hours: Monday-Friday: 8:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Hillcrest Dental Associates ♥

2811 Pennsylvania Ave SE, Suite #2 Washington, DC 20020
(202) 582-7275

Hours: Mon,Tues, & Thurs: 9:00am-5:00pm; Wednesday:9:00am-3:00pm; Friday: 9:00am-1:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Smile Center Dental (Benning Road) ♥

4435 Benning Rd NE
Washington, DC 20019
(202) 733-3903

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 9:00am-3:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Smile Center Dental (Minnesota Avenue) ♥

4063 Minnesota Avenue, NE
Washington, DC 20019
(202) 290-1409

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Smile Services DC ♥

2415 Benning Road NE, Suite # 1
Washington, DC 20002
(202) 396-9679

Hours: Monday-Friday: 9:00am-4:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO's

Ward 8

Anacostia Unity Health Care♥

1500 Galen Street, SE
Washington DC 20020
Tel: 202-610-7160
Fax: 202-610-7164

Hours: Monday-Thursday 8:15 am to 8:00 pm,
Friday 8:15 am to 4:45 pm, Saturday 8:00 am to 12:00 pm
To Schedule an Appointment Please Call 202-469-4699

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Anacostia Health Center♥

1328 W Street, SE
Washington, DC - 20020-5718
(202)-610-7160

Hours: Year-Round, Full-Time (open 56 hours per week)

Serves: Community Health, Health Care for the Homeless, Urban Area, Permanent Clinic

Services: Walk-in Services, Dental

Congress Heights Unity Health Care♥

3720 MLK, Jr. Ave., SE
Washington, DC 20032
Tel: 202-279-1800
Fax: 202-279-4943/44

Hours: Monday-Friday 8:15 am-4:30 pm
To Schedule an Appointment Please Call 202-469-4699

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Saint (St.) Elizabeth’s Hospital Dental Clinic ♥

1100 Alabama Avenue SE
Washington, DC 20032
(202) 299-5610

Hours: Monday-Friday 8:30am-5pm

Serves: Adults only.

Services: General Dentistry & Specialized Care

Costs: Accepts Medicaid, Amerihealth & Most PPO’s

Dental Dreams—Alabama Avenue ♥

1553 Alabama Avenue, SE

Washington DC, 20032
(202) 610-3300

Hours: Monday-Saturday: 10:00am – 6:00pm

Serves: Adults & Children

Services: General Dentistry & Specialized Care

Cost: DC Medicaid, Amerihealth, Trusted, and Most PPO's

Essence Dental Care ♥

2345 Martin Luther King Jr. Avenue SE

Washington, D.C. 20020

Phone: (202) 610-5690

Hours: Monday-Friday: 8:00 am – 5:00 pm,

Serve: Adults and Children

Services: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth, Trusted & Other payments

Smile Center Dental (MLK Ave) ♥

2021 Martin Luther King Jr Ave SE

Washington, D.C. 20020

Telephone number: (202) 621- 9260

Hours: Monday-Friday: 9:00am-5:00pm

Serve: Adults & Children

Services: General dental and specialized services include: diagnostic, preventive, restorative, fixed prosthodontics, removable prosthodontics, implants, oral surgery, oral pathology, orthodontics, periodontics, and endodontics.

Costs: Accepts DC Medicaid, Chartered Medicaid & Alliance, and United Healthcare Medicaid & Alliance as forms of payment.

South East Dental Care ♥

4648 Livingston Road SE

Washington, DC 20032

Tel: 202-563-3400

Hours: Monday & Thursday: 10:00am - 4:30pm

Wednesday: 11:00 am -4:30 pm

Serve: Adults & Children

Services: Comprehensive family dental care including sedation, orthodontics, sealants, operative, root canals, prosthetics and extractions.

Costs: Fees range from Medicaid rates to free, depending on the patient's income level. Patients with dental insurance and/or those on Medicaid are accepted for treatment. Acceptance in the sliding scale

program requires identification papers (photo ID, passport, resident card, etc.), proof of address (lease agreement, utility bills, etc.), and employment verification (pay stubs, income taxes if a business owner, etc.).

Terrell A. Waters & Associates Dentistry ♥

4300 Wheeler Road SE
Washington, DC 20032
Telephone number: (202) 562-8827 or (202) 574-4449

Hours: Monday – Friday 9:00am – 5:00pm

Serves: Adults & Children.

Services: Preventative dental services, basic care, restorations, root canals, extractions and removable prostheses.

Costs: Accepts DC Medicaid Insurance, Amerihealth, and Most PPO's

Oswald N. Thompson, DDS Pediatric Dental Office ♥

2041 Martin Luther King Jr. Ave SE
Washington, D.C. 20020
Telephone Number: 202-889-5200

Hours: Monday – Friday: 9:00 am – 5:00pm

Serves: Children in the DC area.

Services: Provides a full complement of family dental services including: cleanings, x-rays, dental hygiene education, fluoride treatments, emergency visits, extractions, restorative (including crowns), pediatric and root canals.

Costs: DC Medicaid, Amerihealth, Trusted & Most PPO's

Community of Hope: Conway Health & Resource Center ♥

4 Atlantic Street SW, Washington, DC 20032
(202) 540-9862

Hours: Monday-Friday: 9:00am -4:00pm; Saturday: 9:00am-3:00pm

Serve: Adults & Children

Services: General Dentistry & Specialized Care

Costs: DC Medicaid, Amerihealth, Dentaquest & most PPO dental plans



Oral Health Fact Sheet

Good oral health is important for children and their parents. Tooth decay is the most common chronic disease of childhood — and it can be prevented! When your mouth is healthy, you look great, feel confident and can easily eat the foods you need for good nutrition. Follow these steps from the American Dental Association:

Brushing and Flossing

- ❖ Brush at least twice a day, after meals and always before bedtime.
- ❖ Brush your teeth for 2-3 minutes each time you brush.
- ❖ Brush your tongue to help prevent germs
- ❖ Use only soft bristle toothbrushes.
- ❖ Floss after brushing each time to remove plaque from between your teeth, and to freshen your breath

Healthy Diet

- ❖ Avoid eating too much sugar and drinking sugary drinks such as soda, sweetened teas and fruit juices.
- ❖ Nuts, dairy foods and meats are all good dietary choices that can help strengthen enamel because of the calcium and vitamins they provide.
- ❖ Vitamin deficiencies can cause tooth decay and oral disease
- ❖ Eat fruits and vegetables high in essential vitamins such as B and calcium
- ❖ The average adult should get an average of 500 milligrams of calcium per day to ensure healthy, strong teeth

Long Term Dental Care

- ❖ Visit the dentist two times a year.
- ❖ Keep your toothbrush clean; rinse your toothbrush with water after brushing.
- ❖ Replace your toothbrush every 2-3 months.
- ❖ Take your child to the dentist by his/her first birthday and then schedule regular dental check-ups.
- ❖ If you or your child have a toothache, it is important to seek dental care immediately.
- ❖ Avoid chewing tobacco or smoking to help ensure gum, mouth, and teeth health for life
- ❖ Talk to your dentist about dental sealants. They protect teeth from decay.
- ❖ Regular dental care can prevent cavities, yellowing teeth, and bad breath.
- ❖ Always communicate any changes in tooth sensitivity, taste in your mouth and other issues with your dentist so that they can assess potential problems.

SEALANTS

As we know, tooth decay is the most chronic disease of childhood which can be prevented. Proper brushing, flossing, a healthy diet and regular visits to the dentist are key ingredients to keeping our teeth healthy. There is another preventive measure that can be done to help in maintaining sound intact teeth. dental sealants.

According to the American Dental Association, dental sealants act as a barrier to prevent cavities. They are a plastic material usually applied to the chewing surfaces of the back teeth (premolars and molars) where decay occurs most often.

Thorough brushing and flossing help remove food particles and plaque from smooth surfaces of teeth. But toothbrush bristles cannot reach all the way into the depressions and grooves to extract food and plaque. Sealants protect these vulnerable areas by "sealing out" plaque and food.

Sealants are easy for your dentist to apply. The sealant is painted onto the tooth enamel, where it bonds directly to the tooth and hardens. This plastic resin bonds into the depressions and grooves (pits and fissures) of the chewing surfaces of back teeth. The sealant acts as a barrier, protecting enamel from plaque and acids. As long as the sealant remains intact, the tooth surface will be protected from decay. Sealants hold up well under the force of normal chewing and may last several years before a reapplication is needed. During your regular dental visits, your dentist will check the condition of the sealants and reapply them when necessary.



The likelihood of developing pit and fissure decay begins early in life, so children and teenagers are obvious candidates. But adults can benefit from sealants as well.

Ask your dentist about whether sealants can put extra power behind your oral prevention program.

Dental Helpline: 866-758-6807

To contact Kids Comprehensive Services LLC, please call **202-678-0027**.

To contact the District of Columbia Department of Health, please call **202-442-5955**.

