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Dental Helpline: 866-758-6807

To contact Kids Comprehensive Services LLC, please call 202-678-0027.
To contact the District of Columbia Department of Health, please call 202-442-5955.
Introduction

Welcome to the new Oral Health Resource Guide for the residents of the District of Columbia. This Guide is produced in partnership with the District of Columbia Department of Health and Kids Comprehensive Services, LLC. Good oral health is a very important part of our overall well-being. Although many people know why healthy teeth are important, many do not know the link between good oral health and good physical health. The facts and tips in this Guide describe the link and show how oral health and preventive care can keep a family member from developing other health problems.

The resources and information given here will help each family member learn and apply basic oral health practices that include how to avoid cavities and other dental diseases. All residents of the District of Columbia deserve high quality, affordable and accessible dental care. Oral Health Program members collaborate with concerned oral health providers and identify local resources available for children, parents, caregivers and others to promote good oral health.

We recognize that there are disparities in medical and dental services offered throughout the city. To respond to the need of families in underserved areas, Oral Health Program members have formed partnerships with many dental clinics and dentists to provide dental homes for residents in these areas.

With education and the right tools, the residents of the District of Columbia will be on their way to better oral health. We hope that this book will be a helpful resource guide for families and individuals as they practice good oral health. Thank you for taking the time to participate in the Oral Health Program, and for using this Guide to increase your oral health education and locate a dental home.

Sincerely,

Brenda Harris, MSW
CEO, Kids Comprehensive Services, LLC
Oral Health Program

The School Based Oral Health Program provides preventive oral health services to DC Public Schools (DCPS), DC Public Charter Schools (DCPCS) elementary school students and Head Start Centers/Early Child Learning Centers who presented their signed parental consent forms. Schools that are allowed to participate in the program must have at least 50% of its student population enrolled in the National Free or Reduced Lunch Program.

Dental services are provided in two schools simultaneously using portable dental units. Also oral health literacy and oral health education and promotions sessions and counseling are provided to schools by an Oral Health Educator. Students who need more invasive care are referred to dental clinics and dental offices for further treatment. The School Based Oral Health Program allows students enrolled in these selected schools that meet this criteria with necessary dental services to which they had limited or no access.

Services include:

- Sealant Application
- Fluoride Treatment
- Dental Screenings & Dental prophylaxis (cleanings)
- Oral Health Literacy, Education & Promotion
- Dental referrals

Contact Email: cha.admin@dc.gov
Contact Phone: (202) 442-9365
Contact Fax: (202) 442-4947
Contact TTY: 711
Office Hours: Monday through Friday 8:15 am – 4:45 pm
DC Healthy Families

DC Healthy Families is a program that provides free health insurance to DC residents who meet certain income and U.S. citizenship or eligible immigration status to qualify for DC Medicaid. The DC Healthy Families program covers doctor visits, vision and dental care, prescription drugs, hospital stays, and transportation for appointments. DC Healthy Families also offers special programs for newborn babies, children with disabilities or special health care needs, and people with HIV and AIDS. Individuals determined eligible for DC Healthy Families will fall into one of our MAGI-Medicaid eligibility groups.

MAGI-Medicaid Eligibility Groups include:
- Adults (age 21-64) without dependent children;
- Pregnant women;
- Parents/caretaker relatives; and
- Children under the age of twenty-one (21)

How do I contact DC Healthy Families?
DC Healthy Families
6856 Eastern Avenue NW, Suite 206
Washington, DC 20012

Office Hours and Contact Numbers
Monday, Tuesday, Thursday, and Friday: 8 am – 7 pm
Wednesday: 8 am – 9 pm
Third Saturday of each month: 9 am – 1 pm
(202) 639-4030 or (800) 620-7802
TTY/TDD Line: (202) 639-4041
Dental Line: (866) 758-6807
Fax: (202) 289-6764
How to apply for DC Healthy Families?
The application process for DC Healthy Families is the same process used to Apply for Medicaid. You may submit a DC Health Link application using one of the following methods:

Online at [www.DCHealthLink.com](http://www.DCHealthLink.com)
Note: If you apply online, you do not need to complete a paper application

By Phone: Call the DC Health Link Customer Service at 1-855-532-5465

By Mail:
1. Download an application from DCHealthlink.com
2. Mail your original, signed application (and appendices, if applicable) to:
   Department of Human Services
   Economic Security Administration
   Case Record Management Unit
   P.O. Box 91560
   Washington, DC 20090

By Fax
Download an application from DCHealthlink.com
Fax completed application to:
Economic Security Administration
Fax: (202)-671-4400

In Person: You may apply at any of the ESA Service Centers listed below:

<table>
<thead>
<tr>
<th>Service Center</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>H Street Service Center</td>
<td>645 H St., NE 20002</td>
<td>(202) 698-4350</td>
</tr>
<tr>
<td>Congress Heights Service Center</td>
<td>4001 South Capitol St., SW 20032</td>
<td>(202) 645-4546</td>
</tr>
<tr>
<td>Anacostia Service Center</td>
<td>2100 Martin Luther King Ave., SE 20020</td>
<td>(202) 645-4614</td>
</tr>
<tr>
<td>Fort Davis Service Center</td>
<td>3851 Alabama Ave., SE 20020</td>
<td>(202) 645-4500</td>
</tr>
<tr>
<td>Taylor Street Service Center</td>
<td>1207 Taylor St., NW 20011</td>
<td>(202) 576-8000</td>
</tr>
</tbody>
</table>
The division accepts new patients that are 8 years old or younger, patients with special needs that are 14 years old or younger, and new patients older than 14 year old after a consultation with a dentist.

Community of Hope Health Services
2250 Champlain Street, NW
Washington, DC 20009
(202) 232-6989 or (202) 232-6940

**Hours:** Monday, Tuesday and Wednesday 9:00am – 5:00pm, Thursday 9:00am – 7:00pm, Friday 9:00am – 12:00pm. Appointment required. Morning emergencies arrive by 8:30am, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted.

**Costs:** Sliding fee scale. Medicaid, Medicare, and D.C. Alliance (including Unison) are accepted. Patients without insurance must call and set up enrollment for day prior to appointment.

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**Children National Medical Center (Children’s Hospital)**
Department of Dentistry
111 Michigan Avenue, NW
Washington, DC 20010
(202) 476-2160

The division accepts new patients that are 8 years old or younger, patients with special needs that are 14 years old or younger, and new patients older than 14 year old after a consultation with a dentist.

**Community of Hope Health Services**
2250 Champlain Street, NW
Washington, DC 20009
(202) 232-6989 or (202) 232-6940
Hours: Monday, Tuesday and Wednesday 9:00am – 5:00pm, Thursday 9:00am – 7:00pm, Friday 9:00am – 12:00pm. Appointment required. Morning emergencies arrive by 8:30am, first 2 accepted. Afternoon emergencies arrive by 12:30pm, first 2 accepted.

Serves: All ages over 4 with low-income and without insurance.

Costs: Sliding fee scale. Medicaid, Medicare, and D.C. Alliance (including Unison) are accepted. Patients without insurance must call and set up enrollment for day prior to appointment.

Dental Health Care Associates
3333 14th St NW Suite M110
Washington, DC 20010
(202)518-1147

Hours: Monday-Friday 9am. -5pm. Call for Appointment
Serves: Adults and children.
Services: General dentistry and pediatric dentistry.
Costs: Fee-for-service. Accepts DCHCA (including Unison).

Adventure Dental: NW
3401 Georgia Ave NW
Washington, DC 20010
(202) 829-5437
Hours: Monday-Friday: 8:00 am-5:00 pm
Serves: Children & Adults
Services: Orthodontics, General Dentistry
Costs: DC Medicaid; Most PPO dental insurance plans

Howard University College of Dentistry
600 W St NW, Washington, DC 20060
(202) 806-0065; (202) 806-0456

Hours: Monday-Friday: 10am-1pm; 2pm-5pm
Evening Clinic: Wednesday & Thursday: 5:30pm-7pm
Serve: Adults & Children
Services: General Dental & Specialized care
Costs: DC Medicaid & Alliance; United Healthcare Medicaid & Alliance; Sliding Scale & Fee for Service
Las Americas Dental Health ♥
3165 Mount Pleasant St NW
Washington, DC 20010
(202) 540-9213

Hours: Monday, Tuesday, Thursday, & Friday: 9:00am-2:00pm & 3:00pm-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid; Amerihealth & Most PPO Dental insurance

Smile Center Dental ♥
2900 14th St NW Washington, DC 20009
(202) 847-0567

Hours: Monday-Friday: 9:00am- 5:00pm; Saturday: 9:00am- 3:00pm
Serves: Adult & Children
Services: General & Cosmetic Dentistry
Costs: DC Medicaid, Amerihealth & most PPO
Walter Brook Dental ♥
2750 14th St NW
Washington, DC 20009
(202) 618-4910

Hours: Monday: 8:30am – 4:00pm; Wednesday: 8:30am – 4:00pm
Serves: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid; Amerihealth & Most PPO dental insurance

Smile Dental ♥
2108 18th Street, NW Suite 1
Washington, DC 20009
(202) 234-8998

Hours: Monday –Friday: 8:00am -4:30pm; Saturday: By appointment
Serves: Adults & Children (ages 3 and Up)
Services: General Dentistry & Specialized Care
Costs: DC Medicaid; Trusted, Amerihealth & Most PPO dental insurance plans

Upper Cardoza Health Center - Unity Health Care ♥
3020 14th Street, NW
Washington, D.C., 20009
Phone: (202) 745-4300

Hours: Monday – Friday: 8:00 am – 10:00 pm & Saturdays & Sundays: 8:00 am - 2:00 pm
WIC Hours: Monday – Friday: 8:30 am - 5:00 pm & Saturday: 8:00 am - 12:00 pm
Serves: Adults & Children
Services: General Dentistry & Specialized Care

To Schedule an Appointment Please Call (202) 469-4699
Costs: Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans
Sharmin Dental Clinic ♥
1613 Harvard St NW, Ste. 108
Washington, DC 20009
(202)462-5227

**Hours:** Monday-Friday 9am – 5 pm. Call for Appointment
**Serves:** Children and Adults.
**Services:** General dentistry. Spanish and Farsi services available.
**Costs:** Accepts DCHCA (including Unison) and Medicare. Medicaid is not accepted. For uninsured costs depend on services provided.

Spanish Catholic Center, Inc. ♥
Dental Clinic
1618 Monroe St. N.W.
Washington, D.C. 20010
(202) 939-2400 ext. 925

Hours: Monday, Tuesday, Wednesday and Friday: 8:30 am to 5:00 pm, Thursday: 8:30 am to 8:00 pm
1st and 3rd Saturday of the month: 9:00 am to 1:00 pm
To schedule an appointment please call (202) 939-2400 ext.922

Small Smiles Dental Clinic ♥
3401 Georgia Avenue Northwest
Washington D.C., DC 20010-2501
(202) 829-5437
Call for an Appointment, no walk-ins. Children only.
Ward 2

**Bread For The City Medical And Dental Clinic**
1525 7th Street, NW
Washington, DC - 20001
(202) 265 -2400

**Hours:** Monday - Thursday from 9am-5pm, Friday morning 9am-noon, and on Tuesday evenings 5pm-6:30pm.

**Services:** Medical examinations, Pediatric care, Dental care, Job physicals, Screenings, Gynecological care

**Costs:** Sliding-fee scale

To schedule a new patient appointment call 202.386.7020; Medical Fax: 202.265.1970

**Federal City (CCNV) - Unity Health**
425 2nd Street, N.W.
Washington, D.C. 20001

**Hours:** Monday - Thursday 7:30 am – 4:00 pm, Friday 7:30 am – 12:00 pm

Language Spoken by Health Centers Staff (we provide other language assistance through our interpreter line.) Spanish, French and Amharic

**S.O.M.E. Dental Clinic**
60 O Street, NW
Washington, DC 20001
(202) 797-8806

**Hours:** Monday- Friday 8 am. – 4pm. Appointment necessary. Emergencies arrive by 7:30 am, first 4 accepted.

**Serves:** Low-income adults living within a 2 block radius of O Street and/or homeless in the District.

**Services:** Only basic dentistry (including prevention, restorations, and tooth extractions). Spanish services available.

**Costs:** Sliding scale fee. Accepts Medicaid and DCHCA (including Unison). Does not accept Medicare.
National Light Dental
1145 19th Street, NW Suite 714 Washington, DC 20036
(202) 775-1414

Hours: Tuesday-Friday: 8:00am- 4:00pm
Serves: Adult & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s

United Dental Group
1629 K Street, NW Washington, DC 20006
(202) 861- 0001

Hours: Monday-Friday: 8:00am- 5:00pm
Serves: Adults & Children (ages 6 and up)
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted and most PPO’s

Soft Touch Dentists PC ♥
2021 K St NW, Ste. 103
Washington, DC 20006
(202)333-3883

Hours: Monday-Tuesday-Thursday-Friday 8am – 5pm. Wednesday 11am – 7pm. Saturday 9am – 4pm
Serves: Adults and Children.

Services: General dentistry and specialty– orthodontist, periodontist and prosthodontist. (Check what services you insurance covers).

Costs: Fee for Service with some discounts. Accepts DCHCA (including Unison). Only accepts Medicaid for children.

Washington Hospital Center ♥
110 Irving Street, NW
Washington DC, 20001
(202) 877-7332

Hours: Monday-Friday 9 am.- 4 pm. Call for appointment.. First appointment examination, with no guarantee of surgery on same day.

Serves: Adults and Children over 13.
Services: Oral surgery and Orthodontics only. For oral surgery for conditions of the jaw, mouth, and teeth to restore function and repair appearance.

Costs: Fee-for-service. Accept DCHCA (not Unison), Medicaid, and Medicare (only medical surgery). Bring insurance card and list of all medications, including dosages.

Whitman Walker Dental Care (14th Street)

1525 14th Street, NW Washington, DC 20005
(202) 745-7000

Hours: Monday-Thursday: 8:00am-8:00pm; Friday: 8:00am-6:00pm
Serve: Adults
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & most PPO’s

Ward 3

Alayssami Dental Associates, PC
4444 Connecticut Ave NW, Suite 106
Washington, DC 20018
(202) 363-2810

Hours: Monday-Thursday: 8:30am-5:00pm; Friday: 8:30am-3:00pm
Serve: Adults & Children (7 years old and up)
Services: General Dentistry and Specialize Care
Costs: DC Medicaid, Amerihealth, & Most PPO dental insurance plan

Capitol Dental Services

2737 A Devonshire Place, NW Washington, DC 20008
(202) 232-1116

Hours: Monday-Friday: 8:00am-5:00pm
Serve: Adults & Children (7 years and Up)
Service: General Dentistry & Specialize Care
Costs: DC Medicaid, Amerihealth & most PPO dental insurance Plan

Capitol Kids Dentistry LLC

4200 Wisconsin Ave NW Suite 240
Washington, DC 20016
(202) 545-7200
Hours: Monday-Thursday: 8:00am- 5:00pm; Friday: 8:00am-4:00pm
Serve: Children
Service: General Dentistry, preventive & Restorative Care
Costs: DC Medicaid, Preventive & restorative care.

**Ward 4**

![Ezy Family Dentistry](image)

**Ezy Family Dentistry ♥**

3901 Georgia Ave NW, Basement 1st Floor
Washington, DC 20011
(202)291-1765

**Hours:** Monday-Friday 9:30am – 5pm. Call for appointment

**Serves:** Adults and Children.

**Costs:** Fee-for service. Accepts DCHCA (including Unison) and Medicaid. Does not accept Medicare.
Adderley Dental Group ♥
7826 Eastern Ave NW Suite #202 Washington, DC 20012
(202) 722-1731

Hours: Monday-Thursday: 9:00am-5:00pm; Friday: 9:00am-1:00pm
Serve: Adults and Children
Service: General Dentistry & Specialize Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s

Dental Dreams ♥
6428 Georgia Avenue NW, Washington, DC 20012
(202) 723-0303

Hours: Monday-Friday: 10:00am-6:00pm; Saturday: 9:00am-4:00pm
Serve: Adults & Children (1 year old and up)
Service: General Dentistry
Costs: DC Medicaid, Amerihealth, Trusted and most PPO’s.

Walter Brook Dental♥
7826 Eastern Ave, NW Suite #301
Washington, DC 20012
(202) 618-4910

Hours: Tuesday & Thursday: 8:30am-4:00pm; Saturday: 9:00am-1:00pm
Serve: Adults & Children
Service: General Dentistry & Specialize Care
Costs: DC Medicaid, Amerihealth, Trusted & most PPO’s.

Mary’s Center Dental Clinic ♥
3912 Georgia Avenue, NW (Mezzanine)
Washington, DC 20011
(202) 483-8196

Hours: Monday 8am-10pm, Tuesday-Saturday 8am-6:30pm
Serves: Adults and children. Spanish services available.
Costs: Accepts Medicaid, Medicare, and DC Alliance. Uninsured participants are charged on a sliding fee scale based on income and family size.
**Presidential Dental Group**
437 Cedar Street, NW
Washington, DC 20012
(202) 644-9527

**Rittenhouse Dental Group**
6101 16th Street, NW, Suite #2
Washington, DC 20011
(202) 291-4500
**Hours:** Monday-Friday 9am -5pm (last appointment 3:30 PM). Appointments only.
**Serves:** Adults and Children over 9.
**Costs:** Accepts DC Healthcare Alliance (not Unison). Care credit for the uninsured.

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**Ward 5**

**Brentwood Health Center -Unity Health**
1251-B Saratoga Avenue, NE
Washington, DC 20018
Phone: (202) 832-8818
Fax: (202) 832-8575

**Hours:** Monday - Friday 8:00 am – 10:00 pm,
Saturday 8:00 am – 2 pm
To Schedule an Appointment Please Call 202-469-4699

**Costs:** For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

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**Hero Dental (Adventure Dental)**
1305 Rhode Island Ave, NE
Washington, DC 20018
(202) 269-4746

Hours: Monday-Friday: 8:00am – 5:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s
Children’s National Health Systems Department of Dentistry ♥
111 Michigan Avenue NW
Washington, DC 20010
(202) 476-2160 (Tel)
(202) 476-3102 (Fax)

Hours: Monday-Friday: 8:30am -4:00pm
Serve: Children: 6 months- 21 years old
Costs: DC Medicaid, Amerihealth, & most PPO’s

Institutional Dental Care, Inc. ♥
3100 20th Street, NE,
Washington, DC 20018
(202) 832-4156

Hours: Monday-Friday: 8:00am-3:00pm
Serve: Adults & Children(Age range: 2-92)
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Most PPO’s & Fee-for-Service

Kool Smiles: Hechinger Mall ♥
1531 Maryland Avenue, NE
Washington, DC 20002
(202) 470-1126

Hours: Monday-Friday: 8:00am-5:00pm; Saturday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s

Smile Center Dental ♥
1223 Brentwood Road NE,
Washington, DC 20018
(202) 627-2720

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 9:00am-3:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s
Howard University Adult Dental Clinic
600 W Street, NW (second floor)
Washington, DC
(202) 806-0008 for new patients, (202) 806-0007 for emergency

**Hours:** Monday – Friday 10am – 5pm.
Must call to schedule an appointment for a complete dental examination. Emergency clinic for walk-ins on Monday-Tuesday, Thursday-Friday (arrive at 9 am) and Wednesday (arrive 8 am). Spaces available are extremely limited.

**Serves:** Adults 18 and over.

**Costs:** Fee for service. Paid in cash or major credit card. All patients must pay on day of service (Those with accepted forms of insurance will receive reimbursement once insurance claims are filed and approved). Scheduled first visit $100. Includes registration, full examination and x-rays. Accept Medicaid and DCHCA (not Unison Alliance). Emergency visits: $80 (does not include full examination. Only x-ray and exam of the emergency). Accept Medicaid. Do not accept DCHCA. Tooth extractions are an additional $55-$235 (with no guarantee of tooth extraction on first visit).

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So Others Might Eat (SOME) Dental Clinic ♥
60 O Street, NW Washington, DC 20001
(202) 797-8806 Ext. 1041
**Hours:** Monday-Friday: 8:15am-4:00pm
**Serve:** Adults
**Service:** General Dentistry & Specialized Care
**Costs:** DC Medicaid, Amerihealth & Most PPO’s

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Unity Health Care: Brentwood Health Center ♥
1251-B Saratoga Avenue, NE
Washington, DC 20018
(202) 832-8818 (Main); (202) 469-4699 (Schedule Appt); (301) 953-4574 (After Hours)

**Hours:** Monday-Friday: 8:00am-10:00pm; Saturday: 8:00am-2pm
**Serve:** Adults & Children
**Service:** General Dentistry & Specialized Care
**Costs:** DC Medicaid, Amerihealth, Sliding Scale, Cash & Most PPO’s

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Children’s Choice Pediatric Dentistry and Orthodontics
2013 Bunker Hill Rd, NE, Washington, DC 20018
(202) 410-0088
www.mychildrenschoicedental.com
Ward 6

DC General Hospital – Capital Dental Clinic ♥
1900 Massachusetts Ave, SE
Washington, DC 20003
(202) 469-4699

**Hours:** Monday-Friday 8am – 5pm. Can call or walk in to make an appointment.
**Serves:** Adults and Children (2 and older)
**Costs:** Accepts D.C. HealthCare Alliance (not currently accepting Unison), and Medicaid for children. Cost of exam is $195-$205 (covered by Alliance unless patient has exceeded benefits).

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Washington Dental Health Care ♥
729 8th St SE
Washington, DC 20003
(202)546-2202

**Hours:** Monday-Friday 10am – 6:30pm. Last appointment is 5pm. Call for appointment, no walk-ins.
**Serves:** Ages 6 and Up.
**Costs:** Accepts DCHCA (including Unison)

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Capitol Hill Dental Associates ♥
1341 Pennsylvania Ave SE,
Washington, DC 20003
(202) 547-6453

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children (age 6 and older)
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth & Most PPO’s

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Gordon Mobile Dental Associates, Ltd. ♥
611 Pennsylvania Ave. SE, Suite 237
Washington, DC 20003
(888) 675-0668; (708) 466-2374

Hours: Monday-Friday: 8:00am-3:00pm
Serve: Children ages 1-19 years old
Service: General Dentistry (Mobile Dental Care)
Costs: DC Medicaid, Amerihealth & Most PPO’s
Juanita E. Rhodes, DDS Dental Office ♥
1647 Benning Road NE, Suite 305
Washington, DC 20002
(202) 396-6200

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth & Most PPO’s

Robert G Ray, DMD Dental Office ♥
411 8th Street, SE
Washington, DC 20003
(202) 543-3330

Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Service: General Dentistry Dentistry & Specialize Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s

Smile Center Dental (H Street) ♥
777 H Street, NE
Washington, DC 20002
(202) 560-5955

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 10:00am-3:00pm
Serve: Adults & Children
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth & Most PPO’s

Washington Dental Health Care Center ♥
729 8th Street SE
Washington, DC 20003
(202) 546-2202

Hours: Monday-Friday: 10:00am-6:00pm
Serve: Adults & Children (age 6 and older)
Service: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s
Unity Health Care at Walker Jones ♥
40 Patterson Street, NE
Washington, DC 20002
(202) 354-1129; (202) 469-4699 to schedule

Hours: 8:15am-4:45pm
Serve: Adults and Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s

Ward 7

East of the River Unity Health Care ♥
123 45th Street, NE
Washington, DC 20019
Phone: (202) 388-7891
Fax: (202) 388-5202

Hours: Monday, Tuesday, & Thursday, & Friday: 8:15 am to 4:45 pm, Wednesday: 8:00 am-7:30 pm.
To Schedule an Appointment Please Call 202-469-4699
Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Parkside Health Center - Unity Health Care ♥
765 Kenilworth Terrace, NE
Washington, DC 20019
Phone: (202) 388-8160
Fax: (202) 388-8746

Hours: Monday-Friday 7:00 am-7:00 pm
To Schedule an Appointment Please Call 202-469-4699

Adventure Dental: South ♥
3946 Minnesota Ave., NE Washington, DC 20019
(202) 397-1033

Hours: Monday-Friday: 8:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth and Most PPO’s
Dental Dreams- Minnesota Avenue ♥
3925 Minnesota Avenue., NE, Washington, DC 20019-2662
(202) 396-1444

Hours: Monday-Saturday: 10:00am-6:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted, & Most PPO’s

Fort Davis Dental Assoc. PLLC♥
3863 Alabama Ave SE, Washington, DC 20020
(202) 889-8200

Hours: Monday, Tuesday, Thursday, Friday: 9:00am-5:00pm
Saturday: 9:00am-2:00pm on 1st & 3rd Saturday of every month
Serve: Adults & Children
Services: General Dentistry & Specialize Care
Costs: DC Medicaid,

Good Hope Family Dental ♥
2837 Alabama Ave SE
Washington, DC 20020
(202) 581-7600

Hours: Monday-Friday: 8:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Hillcrest Dental Associates ♥
2811 Pennsylvania Ave SE, Suite #2 Washington, DC 20020
(202) 582-7275
Hours: Mon, Tues, & Thurs: 9:00am-5:00pm; Wednesday: 9:00am-3:00pm; Friday: 9:00am-1:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s

Smile Center Dental (Benning Road) ♥
4435 Benning Rd NE
Washington, DC 20019
(202) 733-3903

Hours: Monday-Friday: 9:00am-5:00pm; Saturday: 9:00am-3:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s

Smile Center Dental (Minnesota Avenue) ♥
4063 Minnesota Avenue, NE
Washington, DC 20019
(202) 290-1409
Hours: Monday-Friday: 9:00am-5:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, Trusted & Most PPO’s

Smile Services DC ♥
2415 Benning Road NE, Suite # 1
Washington, DC 20002
(202) 396-9679
Hours: Monday-Friday: 9:00am-4:00pm
Serve: Adults & Children
Services: General Dentistry & Specialized Care
Costs: DC Medicaid, Amerihealth, & Most PPO’s

Ward 8

Anacostia Unity Health Care ♥
1500 Galen Street, SE
Washington DC 20020
Tel: 202-610-7160
Fax: 202-610-7164

Hours: Monday-Thursday 8:15 am to 8:00 pm,
Friday 8:15 am to 4:45 pm, Saturday 8:00 am to 12:00 pm
To Schedule an Appointment Please Call 202-469-4699
Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Anacostia Health Center♥
1328 W Street, SE
Washington, DC - 20020-5718
(202)-610-7160

Hours: Year-Round, Full-Time (open 56 hours per week)
Serves: Community Health, Health Care for the Homeless, Urban Area, Permanent Clinic
Services: Walk-in Services, Dental

Congress Heights Unity Health Care♥
3720 MLK, Jr. Ave., SE
Washington, DC 20032
Tel: 202-279-1800
Fax: 202-279-4943/44

Hours: Monday-Friday 8:30 am-4:30 pm
To Schedule an Appointment Please Call 202-469-4699

Costs: For those who can pay, a sliding scale based on family size and income is used to determine the appropriate amount. Unity Health Care accepts Medicaid, Medicare, Managed Care Organizations, DC Healthcare Alliance (AmeriHealth, Med-Star Family Choice, Trusted Health Plan), and other private insurance plans.

Saint (St.) Elizabeth’s Hospital Dental Clinic ♥
1100 Alabama Avenue SE
Washington, DC 20032
(202) 299-5610

Hours: Monday-Friday 8:30am-5pm
Serves: Adults only.
Services: General Dentistry & Specialized Care
Costs: Accepts Medicaid, Amerihealth & Most PPO’s

Dental Dreams—Alabama Avenue ♥
1553 Alabama Avenue, SE
Essence Dental Care ♥
2345 Martin Luther King Jr. Avenue SE
Washington, D.C. 20020
Phone: (202) 610-5690

**Hours:** Monday-Friday: 8:00 am – 5:00 pm,
**Serve:** Adults and Children
**Services:** General Dentistry & Specialized Care
**Costs:** DC Medicaid, Amerihealth, Trusted & Other payments

Smile Center Dental (MLK Ave) ♥
2021 Martin Luther King Jr Ave SE
Washington, D.C. 20020
Telephone number: (202) 621-9260

**Hours:** Monday-Friday: 9:00am-5:00pm
**Serve:** Adults & Children
**Services:** General dental and specialized services include: diagnostic, preventive, restorative, fixed prosthodontics, removable prosthodontics, implants, oral surgery, oral pathology, orthodontics, periodontics, and endodontics.
**Costs:** Accepts DC Medicaid, Chartered Medicaid & Alliance, and United Healthcare Medicaid & Alliance as forms of payment.

South East Dental Care ♥
4648 Livingston Road SE
Washington, DC 20032
Tel: 202-563-3400

**Hours:** Monday & Thursday: 10:00am - 4:30pm
Wednesday: 11:00 am -4:30 pm
**Serve:** Adults & Children
**Services:** Comprehensive family dental care including sedation, orthodontics, sealants, operative, root canals, prosthetics and extractions.
**Costs:** Fees range from Medicaid rates to free, depending on the patient’s income level. Patients with dental insurance and/or those on Medicaid are accepted for treatment. Acceptance in the sliding scale
program requires identification papers (photo ID, passport, resident card, etc.), proof of address (lease agreement, utility bills, etc.), and employment verification (pay stubs, income taxes if a business owner, etc.).

**Terrell A. Waters & Associates Dentistry ▼**
4300 Wheeler Road SE
Washington, DC 20032
Telephone number: (202) 562-8827 or (202) 574-4449

**Hours:** Monday – Friday 9:00am – 5:00pm  
**Serves:** Adults & Children.  
**Services:** Preventative dental services, basic care, restorations, root canals, extractions and removable prostheses.  
**Costs:** Accepts DC Medicaid Insurance, Amerihealth, and Most PPO’s

**Oswald N. Thompson, DDS Pediatric Dental Office ▼**
2041 Martin Luther King Jr. Ave SE
Washington, D.C. 20020
Telephone Number: 202-889-5200

**Hours:** Monday – Friday; 9:00 am – 5:00pm  
**Serves:** Children in the DC area.  
**Services:** Provides a full complement of family dental services including: cleanings, x-rays, dental hygiene education, fluoride treatments, emergency visits, extractions, restorative (including crowns), pediatric and root canals.  
**Costs:** DC Medicaid, Amerihealth, Trusted & Most PPO’s

**Community of Hope: Conway Health & Resource Center ▼**
4 Atlantic Street SW, Washington, DC 20032
(202) 540-9862

**Hours:** Monday-Friday: 9:00am -4:00pm; Saturday: 9:00am-3:00pm  
**Serve:** Adults & Children  
**Services:** General Dentistry & Specialized Care  
**Costs:** DC Medicaid, Amerihealth, Dentaquest & most PPO dental plans
Oral Health Fact Sheet

Good oral health is important for children and their parents. Tooth decay is the most common chronic disease of childhood — and it can be prevented! When your mouth is healthy, you look great, feel confident and can easily eat the foods you need for good nutrition. Follow these steps from the American Dental Association:

**Brushing and Flossing**

- Brush at least twice a day, after meals and always before bedtime.
- Brush your teeth for 2-3 minutes each time you brush.
- Brush your tongue to help prevent germs.
- Use only soft bristle toothbrushes.
- Floss after brushing each time to remove plaque from between your teeth, and to freshen your breath.

**Healthy Diet**

- Avoid eating too much sugar and drinking sugary drinks such as soda, sweetened teas and fruit juices.
- Nuts, dairy foods and meats are all good dietary choices that can help strengthen enamel because of the calcium and vitamins they provide.
- Vitamin deficiencies can cause tooth decay and oral disease.
- Eat fruits and vegetables high in essential vitamins such as B and calcium.
- The average adult should get an average of 500 milligrams of calcium per day to ensure healthy, strong teeth.

**Long Term Dental Care**

- Visit the dentist two times a year.
- Keep your toothbrush clean; rinse your toothbrush with water after brushing.
- Replace your toothbrush every 2-3 months.
- Take your child to the dentist by his/her first birthday and then schedule regular dental check-ups.
- If you or your child have a toothache, it is important to seek dental care immediately.
- Avoid chewing tobacco or smoking to help ensure gum, mouth, and teeth health for life.
- Talk to your dentist about dental sealants. They protect teeth from decay.
- Regular dental care can prevent cavities, yellowing teeth, and bad breath.
- Always communicate any changes in tooth sensitivity, taste in your mouth and other issues with your dentist so that they can assess potential problems.
SEALANTS

As we know, tooth decay is the most chronic disease of childhood which can be prevented. Proper brushing, flossing, a healthy diet and regular visits to the dentist are key ingredients to keeping our teeth healthy. There is another preventive measure that can be done to help in maintaining sound intact teeth. dental sealants.

According to the American Dental Association, dental sealants act as a barrier to prevent cavities. They are a plastic material usually applied to the chewing surfaces of the back teeth (premolars and molars) where decay occurs most often.

Thorough brushing and flossing help remove food particles and plaque from smooth surfaces of teeth. But toothbrush bristles cannot reach all the way into the depressions and grooves to extract food and plaque. Sealants protect these vulnerable areas by "sealing out" plaque and food.

Sealants are easy for your dentist to apply. The sealant is painted onto the tooth enamel, where it bonds directly to the tooth and hardens. This plastic resin bonds into the depressions and grooves (pits and fissures) of the chewing surfaces of back teeth. The sealant acts as a barrier, protecting enamel from plaque and acids. As long as the sealant remains intact, the tooth surface will be protected from decay. Sealants hold up well under the force of normal chewing and may last several years before a reapplication is needed. During your regular dental visits, your dentist will check the condition of the sealants and reapply them when necessary.

The likelihood of developing pit and fissure decay begins early in life, so children and teenagers are obvious candidates. But adults can benefit from sealants as well.

Ask your dentist about whether sealants can put extra power behind your oral prevention program.

Dental Helpline: 866-758-6807

To contact Kids Comprehensive Services LLC, please call 202-678-0027.

To contact the District of Columbia Department of Health, please call 202-442-5955.