Toolkit Purpose

This Toolkit is designed to help people find information and resources on food assistance programs in the District, including how to qualify and apply. This Toolkit is not a complete list of food resources or eligibility criteria. More information can be found by calling the phone number or visiting the listed websites under each program.
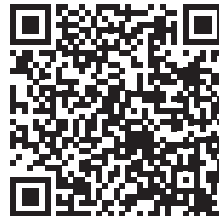
How to Use

This document outlines potential programs a person may be eligible for by age. To understand your potential program eligibility:
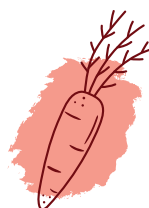
1. Choose the brochure that matches the age of the person needing food assistance.

2. Review the programs listed in the brochure to see what programs may match your needs.

3. Find more information on a program by visiting the website listed under each program description.

4. Visit the online **Eligibility Estimator** to see what programs you may qualify for by going to the back of this brochure and scanning the QR code.

Eligibility Estimator

The DC Federal Nutrition Programs Eligibility Estimator Tool can help find programs you may be eligible to receive. To use the Tool, visit the website or QR code listed below. After you answer the 10-question Tool, the Tool will create a list of programs you may be eligible to receive with a link to more information on each program. All answers are kept completely confidential.

For additional food, health, and housing resources, visit:
linkudmv.org

ADULTS WITH DISABILITIES (AGES 19-59)

CACFP: Child and Adult Care Food Program

CACFP reimburses approved child development facilities, adult day care centers, sponsored day care homes, afterschool programs, and emergency shelters in the District for the meals and snacks they serve.

- Eligibility is determined by age and disability status.
- **Contact Information**
  Call your child or adult care facility to see if they participate. To find a CACFP center or home provider, visit: **childcare connections.osse.dc.gov/MyChildCare/home**

SNAP: Supplemental Nutrition Assistance Program

SNAP provides individuals and families in the District benefits to buy groceries at SNAP- accepting grocery stores, corner stores, and farmers' markets.

- Eligibility is determined by household size and income.
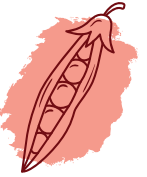- **Contact Information**
  (202) 727-5355
  (202) 807-0405
  Email: **dhs@dc.gov**
  Visit: **dhs.dc.gov/snapinfo**

DACL: Department of Aging And Community Living

DACL's nutrition programs include community dining, home-delivered meals, nutrition screening, nutrition counseling, supplements and education for DC residents age 60 and older.

- Eligibility is determined by age, and disability status.
- **Contact Information**
  (202) 724-5626
  Email: **dacl@dc.gov**
  Visit: **dacl.dc.gov/service/nutrition**
  Instagram: **@dcagingnews**

TEFAP: The Emergency Food Assistance Program

TEFAP provides residents groceries at food pantries and prepared meals at soup kitchens and shelters.

- Eligibility is determined by household size and income.
- **Contact Information**
  (202) 644-9807
  Email: **osse.nutritionprogram@dc.gov**
  (Incude "TEFAP" in subject line)
  Visit: **osse.dc.gov/service/emergency-food-assistance-program-tefap**