

The DC Region's Plan to Prevent and Treat HIV 2022-2026



The Washington, DC Regional HIV Plan aims to coordinate HIV prevention and treatment services across DC and parts of Maryland, Virginia, and West Virginia. It has goals and activities for HIV prevention in DC and for care and treatment for the greater DC area.



THE PLAN FOCUSES ON FOUR GOALS:

1



Preventing new HIV infections

2



Helping individuals with HIV with their health

3



Making sure everyone gets equal HIV prevention and treatment, no matter their race, ethnicity or gender

4



Working with partners and the community to plan and carry out HIV prevention and treatment

Note which groups are hit hardest by HIV in our area:

Black & Latino men who have sex with men

Black straight men and women

Transgender individuals

Youth 13-24 years old

Individuals who inject drugs

Community Voices Matter!

The plan was made with help from the community. We used surveys, health department data and information from partners from the area. We made sure to include input from communities most affected by HIV.

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From 2022-2026, DC Health will work with partners and the community towards objectives including:



DIAGNOSE

- Help more individuals learn about their HIV status
- Give out more HIV tests
- Reduce racial, ethnic, and gender gaps in new diagnosis



TREAT

- Help individuals get HIV care within a month of diagnosis
- Help individuals take HIV medicine to stay healthy



PREVENT

- Lower the number of new HIV infections each year
- Make it easy for individuals to get HIV prevention medicines (PrEP and PEP) and other services



RESPOND

- React fast when HIV is spreading
- Teach the community about how and where HIV is spreading



ENGAGE

- Offer more services to keep one's mind, body, and spirit healthy
- Train more individuals to work with HIV programs¹
- Work with the community to address problems like racism and stigma²

¹ Includes peer educators, case managers, patient navigators and community health workers

² Includes unmet social needs like transportation, employment, and housing

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Some of DC Health's supporting programs to reach these goals include:

HARM REDUCTION

DC Health will help reduce health risks by providing clean syringes, HIV prevention services, HIV testing, condoms, and treatment pathways.

RAPID ART³

DC Health will quickly connect individuals diagnosed with HIV to medical care and medication.

WELLNESS SERVICES

DC Health will make it easier to get healthcare, including wellness services and mental healthcare.

U=U⁴

DC Health will spread the word about U=U, which means when HIV is undetectable, it can't be passed during sex. Treatment will be made easier to get.

MOLECULAR SURVEILLANCE

Molecular surveillance helps identify where HIV is spreading. DC Health will use this approach to improve testing, prevention, and care services, and will listen to community concerns.

HIV PREVENTION MEDICATIONS⁵

DC Health will promote access to PrEP and PEP, medications to prevent HIV.

HIV TESTING

DC Health will offer HIV testing in new ways and new settings.

DATA-TO-PREVENTION

DC Health will use data and community input to improve HIV prevention.

How can I learn more about DC's Plan?

You can find more about DC's 2022-2026 plan by visiting bit.ly/DCH_HIVreportsandpub, emailing cohah@dc.gov, or calling (202) 744-0893.



³ Rapid antiretroviral therapy

⁴ Undetectable = Untransmissible

⁵ Pre-exposure prophylaxis and Post-exposure prophylaxis.