

DC BOARD OF PSYCHOLOGY PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

The District of Columbia’s Board of Psychology (DC BOPsych), supported by DC Health's Health Systems and Preparedness Administration (HSPA), licenses all Psychologists and Psychology Associates. To collect standard information across all licensing boards (e.g. demographics, workforce capacity, access to care, special topics) HSPA and the Community Health Administration (CHA) partnered to develop a licensure survey, which is now administered to all renewal applicants during the Board's biennial licensure renewal process.

The DC Primary Care Office (PCO) developed this fact sheet based on analysis of 2023 DC BOPsych Licensure Survey data. Within, information regarding *total licensed providers* reflects all board-licensed providers with an active license status as of August 15, 2024. Information regarding licensees providing clinical care in DC reflects a subset of Board-licensed providers who 1. applied for license renewal during the 2023 cycle (i.e., were administered the survey); 2. reported a practice location in DC; and 3. reported providing clinical medical care to patients.


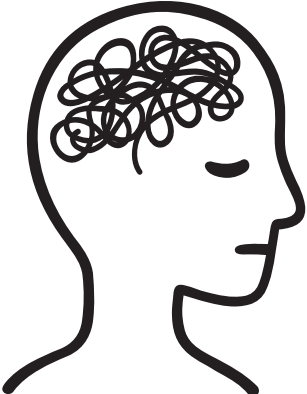
Key Findings

- Psychologists & Psychology Associates providing care in DC are predominantly female (73.8%), white (62.4%) and generally older (65% are older than 40 years of age).
- Most (93%) of psychologists and psychology associates that are licensed in DC also provide clinical care within DC.
- More than half of psychologists and psychology associates practice locations (59.7%) are located in wards 2 & 3.

DC LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

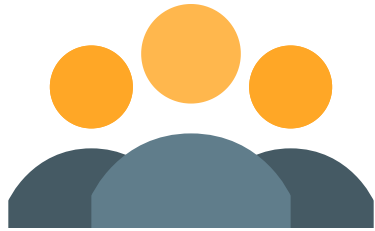
TABLE OF CONTENTS

2024 FACT SHEET

Providers	Key Definitions	Pages
	<h3>Total Licensed</h3> <p>Total number of board-licensed providers with an active license status as of August 15, 2024.</p>	3-4
	<h3>Providing Clinical Care in DC</h3> <p>Subset of board-licensed providers who</p> <ol style="list-style-type: none">1. applied for license renewal during the 2023 cycle;2. reported a practice location in DC; and3. reported providing clinical medical care to patients.	5-11

DC LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

2024 FACT SHEET



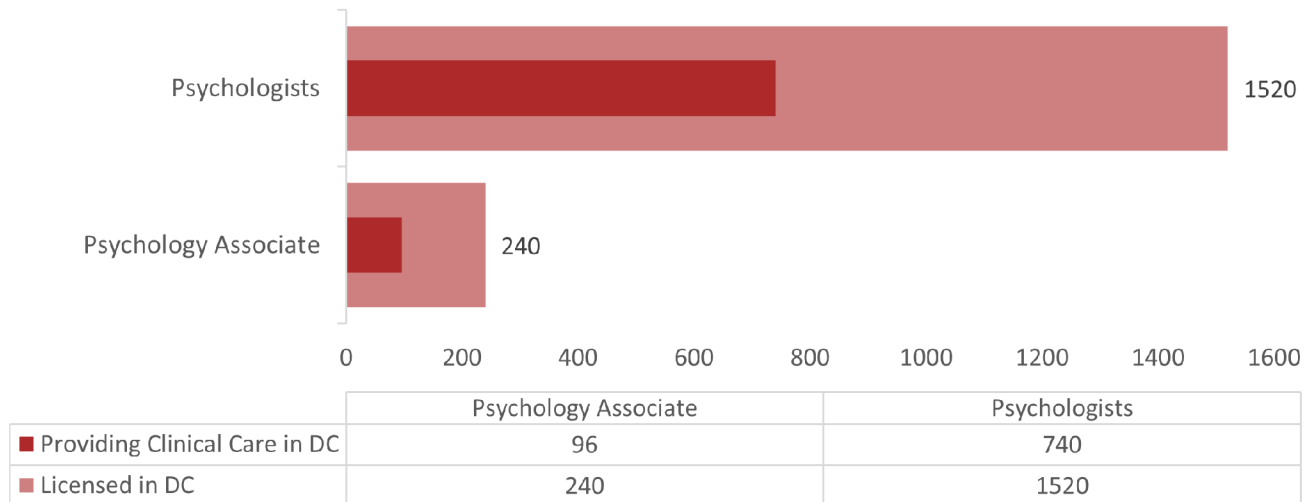
1,760

Total Licensed
Psychologists & Psychology Associates



836

Licensed Psychologists & Psychology Associates
Providing Clinical Care in DC

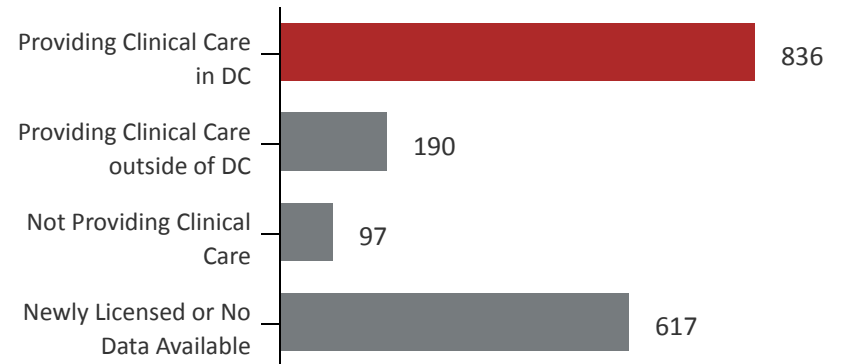


DC LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

2024 FACT SHEET

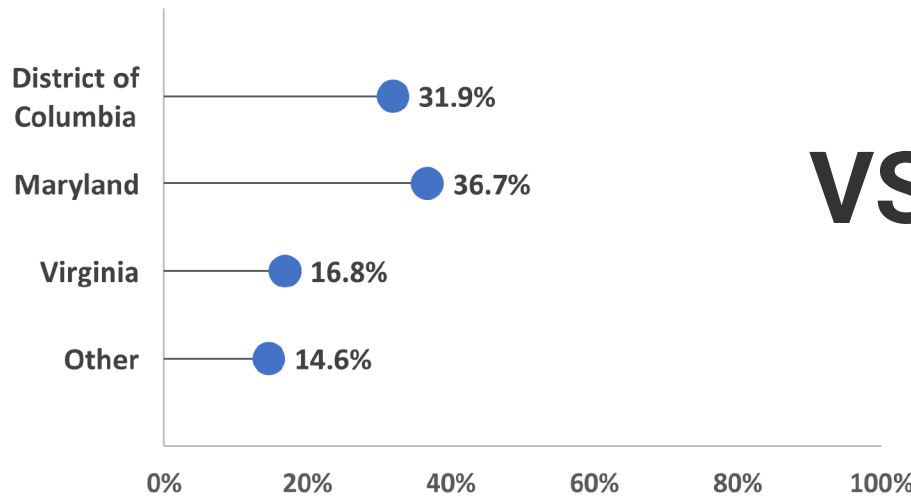


Total Licensed Psychologists & Psychology Associates by Clinical Care Status and Location



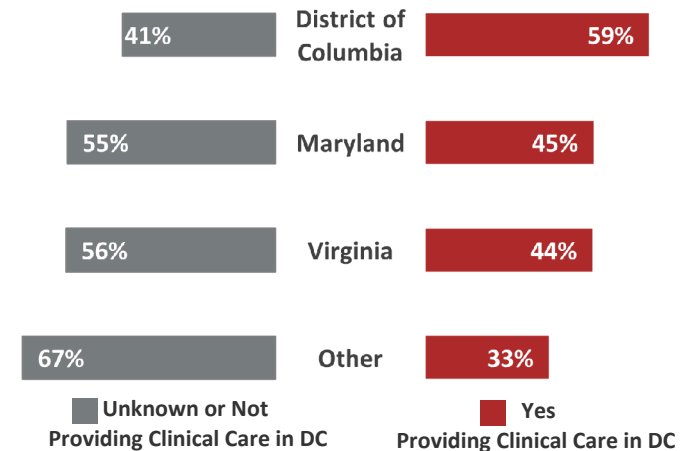
DC Licensed Psychologists & Psychology Associates State of Residence Compared to Status of Providing Clinical Care in DC

Total Licensed State of Residence



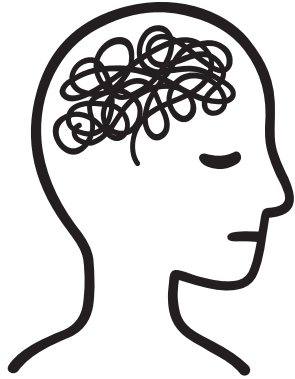
VS

Status of Providing Clinical Care in DC by State of Residence



LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

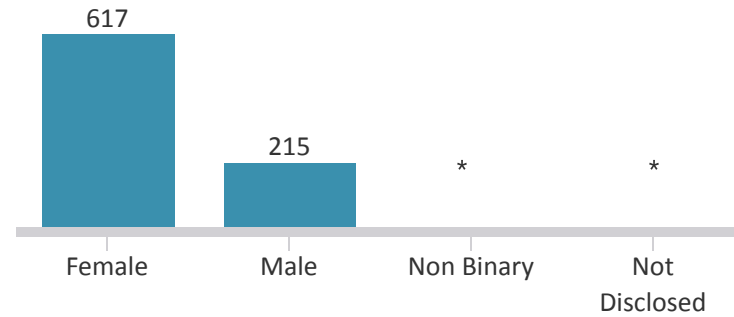
PRACTICING IN DC



836

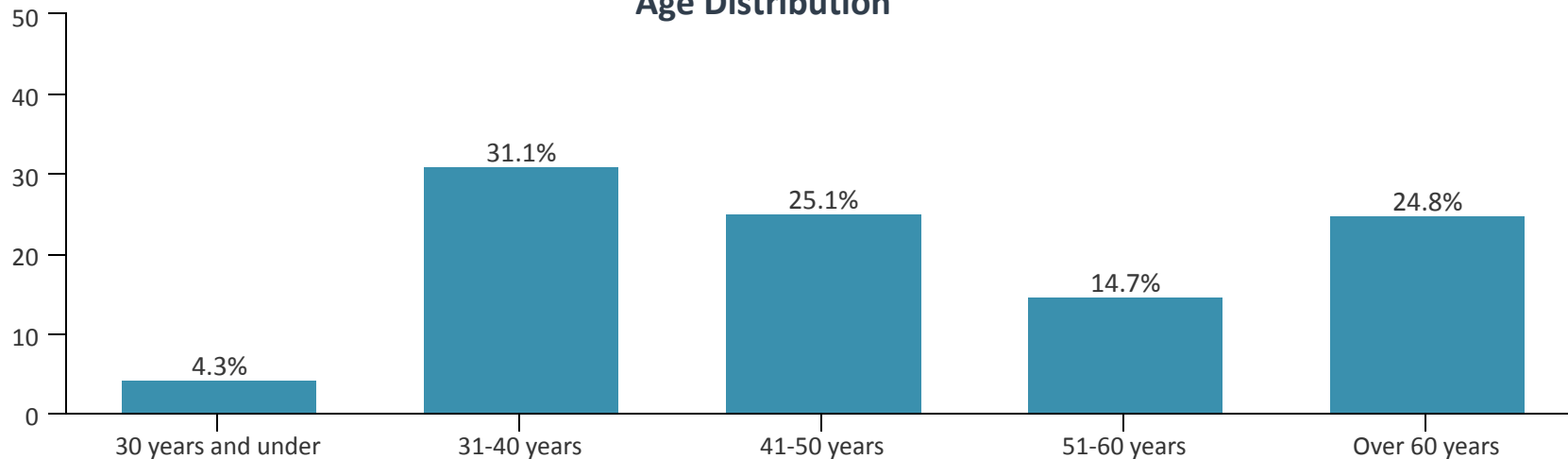
Licensed Psychologists & Psychology Associates Providing Clinical Care in the District of Columbia

Gender



73.8% of licensed Psychologists & Psychology Associates providing care in the District of Columbia are female

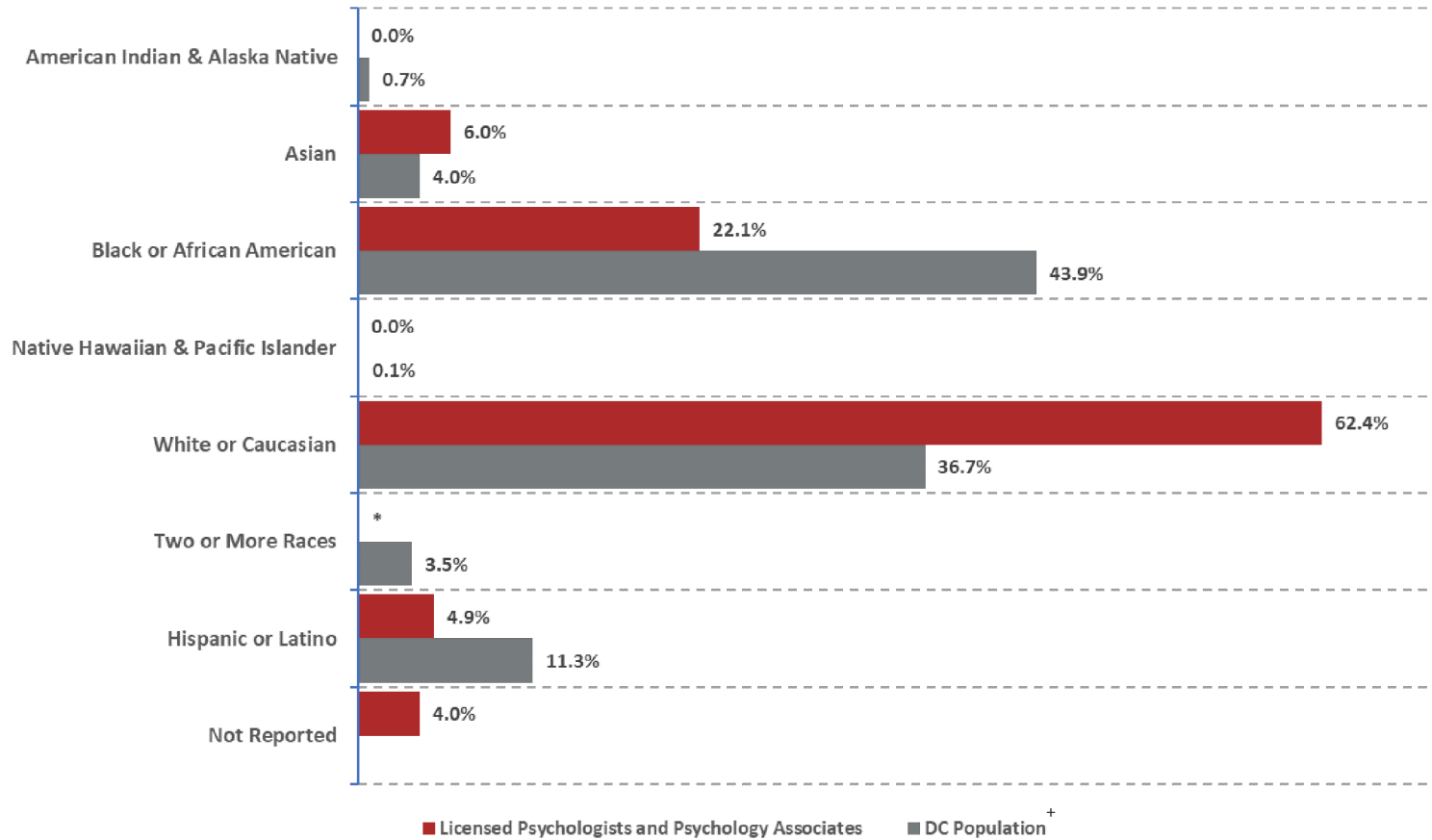
Age Distribution



2024 FACT SHEET

LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES PRACTICING IN DC

Race/Ethnicity - Licensed Psychologists & Psychology Associates Practicing in DC vs DC Population



+Source: 2022 American Community Survey (ACS) Census data DC Population

2024 FACT SHEET



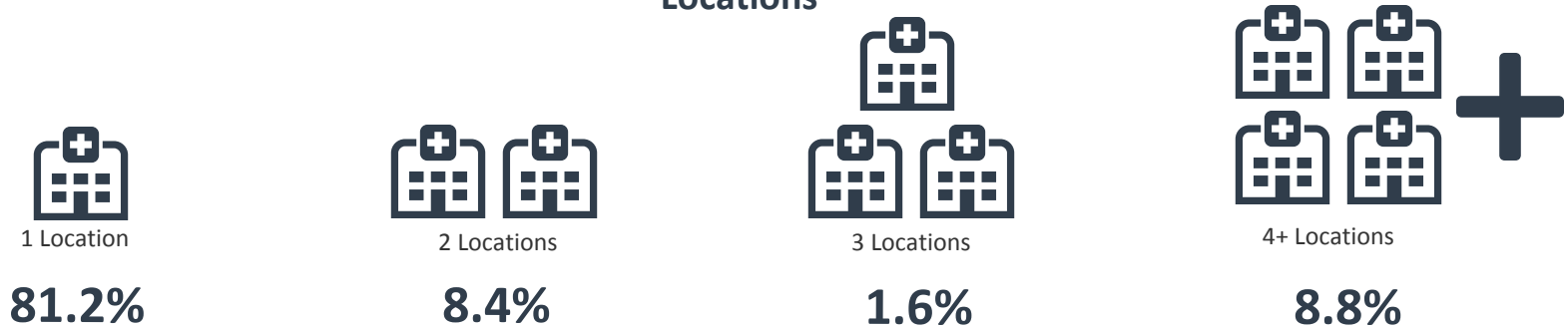
22.1%

of licensed Psychologists & Psychology Associates practicing in the District of Columbia are Black or African American.

The racial/ethnic distribution of licensed psychologists & psychology associates practicing in the District of Columbia is not representative of the general population, with overrepresentation amongst White or Caucasian psychologists and psychology associates (+25.7%).

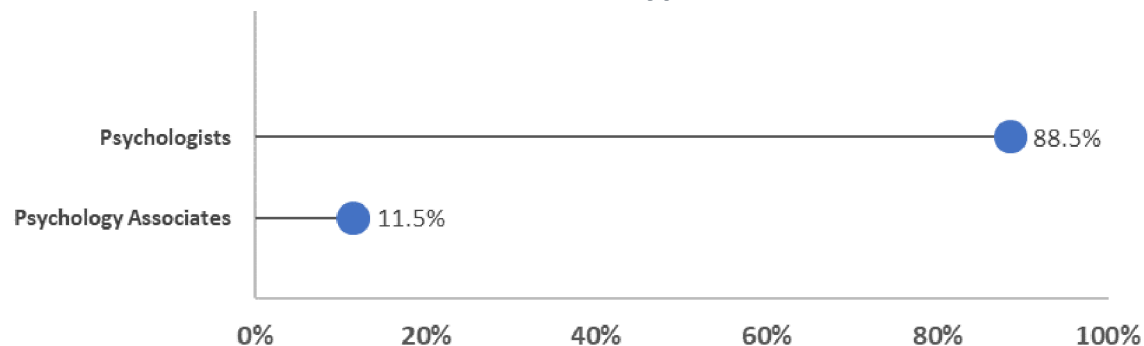
LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES PRACTICING IN DC

Percentage of Licensed Psychologists & Psychology Associates Practicing in DC with Multiple Practice Locations



Approximately 8 in 10 Psychologists & Psychology Associates report providing care at a single practice location

Licensed Psychologists & Psychology Associates Practicing in DC by License Type



2024 FACT SHEET

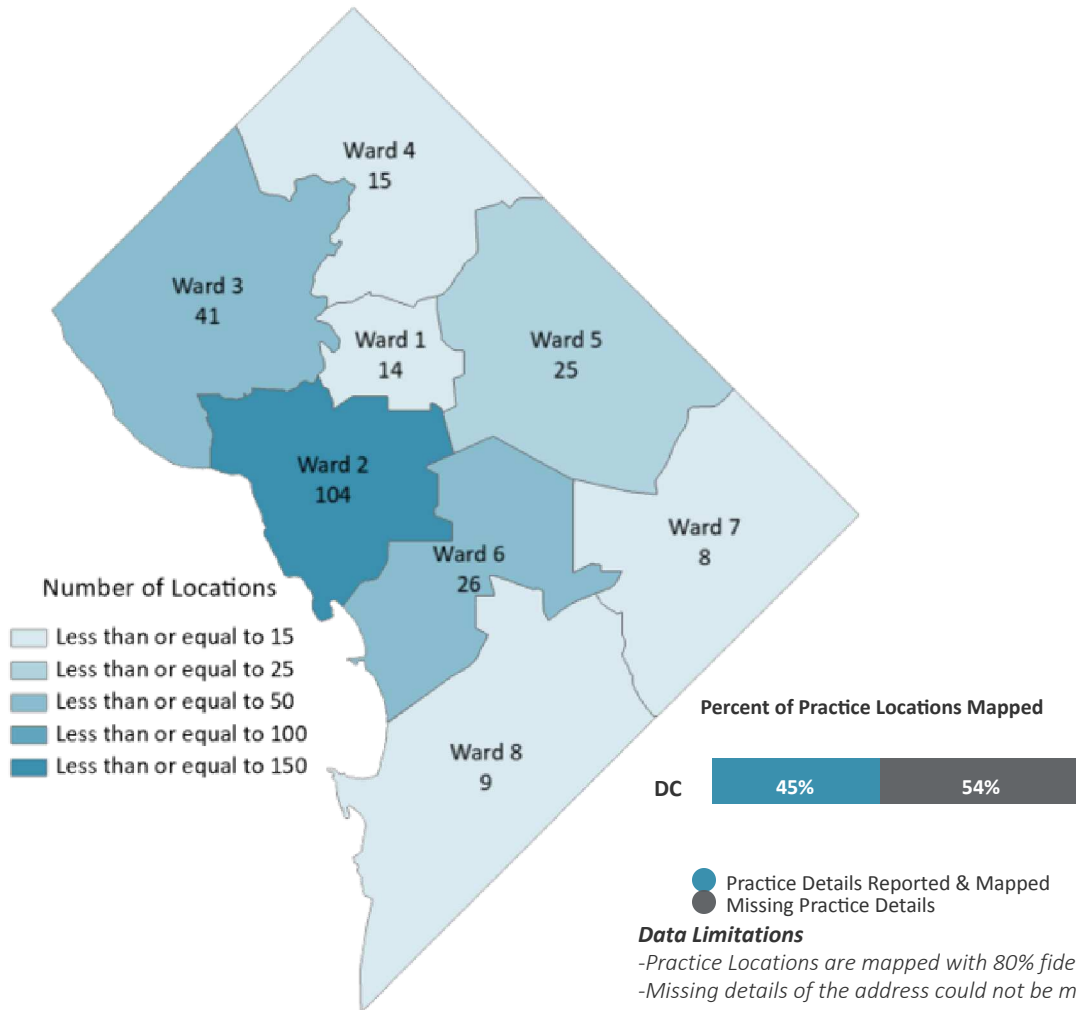
LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

PRACTICING IN DC

Overview of Clinical Care Practice Locations

2023 FACT SHEET

Number of Clinical Care Practice Locations by Ward



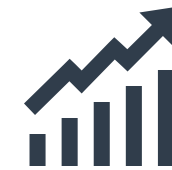
Clinical Care Practice Findings



Locations

43%

of practice locations providing clinical care, that were reported and mapped, are located in Ward 2.



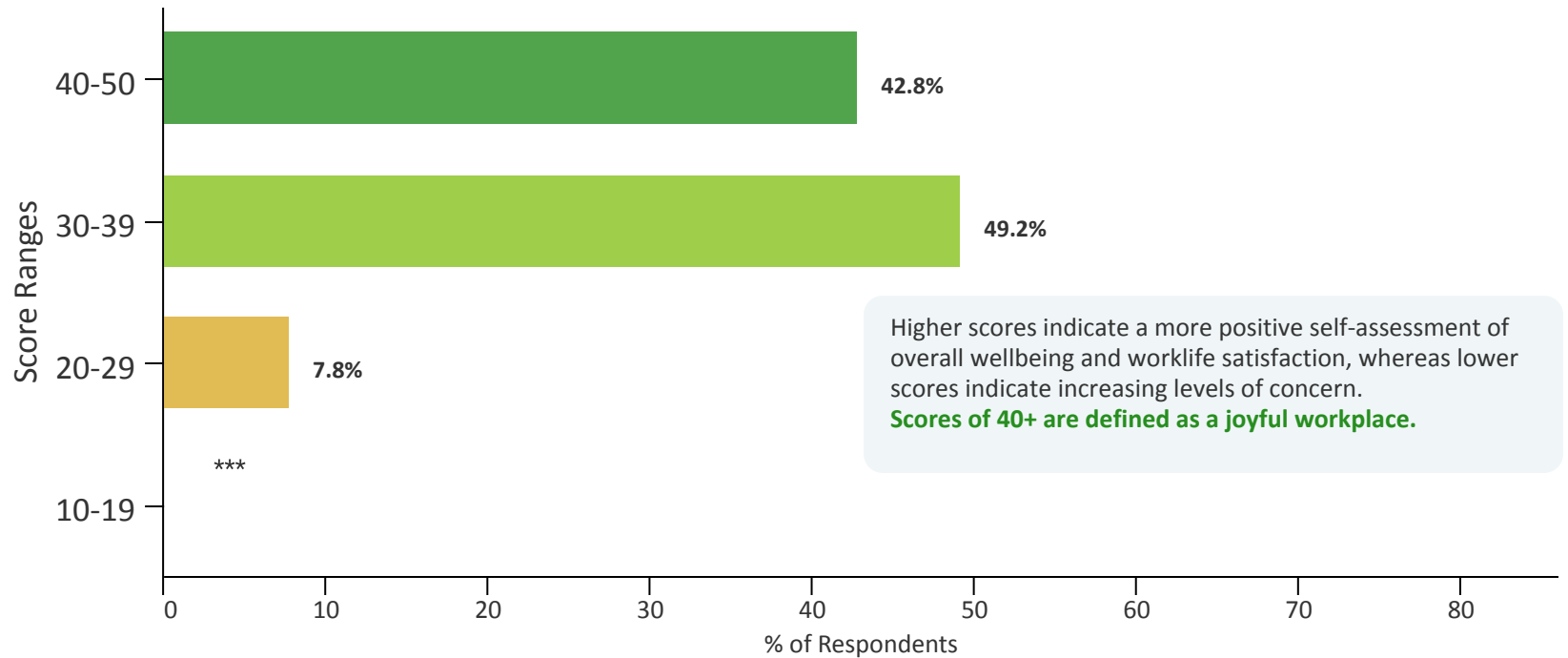
Projected Growth

7%

of providers reported increasing their practice hours or adding a practice location over the next two years.

LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES PRACTICING IN DC

Self-Assessment of Worklife and Wellness* among Licensed Psychologists & Psychology Associates Practicing in DC**
(Mini Z 2.0 Survey - Full Scale Scores)



42.8% of licensed psychologists & psychology associates practicing in the District reported Mini Z 2.0 full scale scores of 40+, indicating a **joyful workplace**.

*The licensure survey includes the Mini Z 2.0, a 10-question tool assessing work satisfaction, stress, burnout, and 7 potential drivers of burnout in practicing clinicians; the Mini Z 2.0 is a psychometrically sound measure of worklife and wellness in practicing clinicians, validated externally against the Maslach Burnout Inventory (MBI).

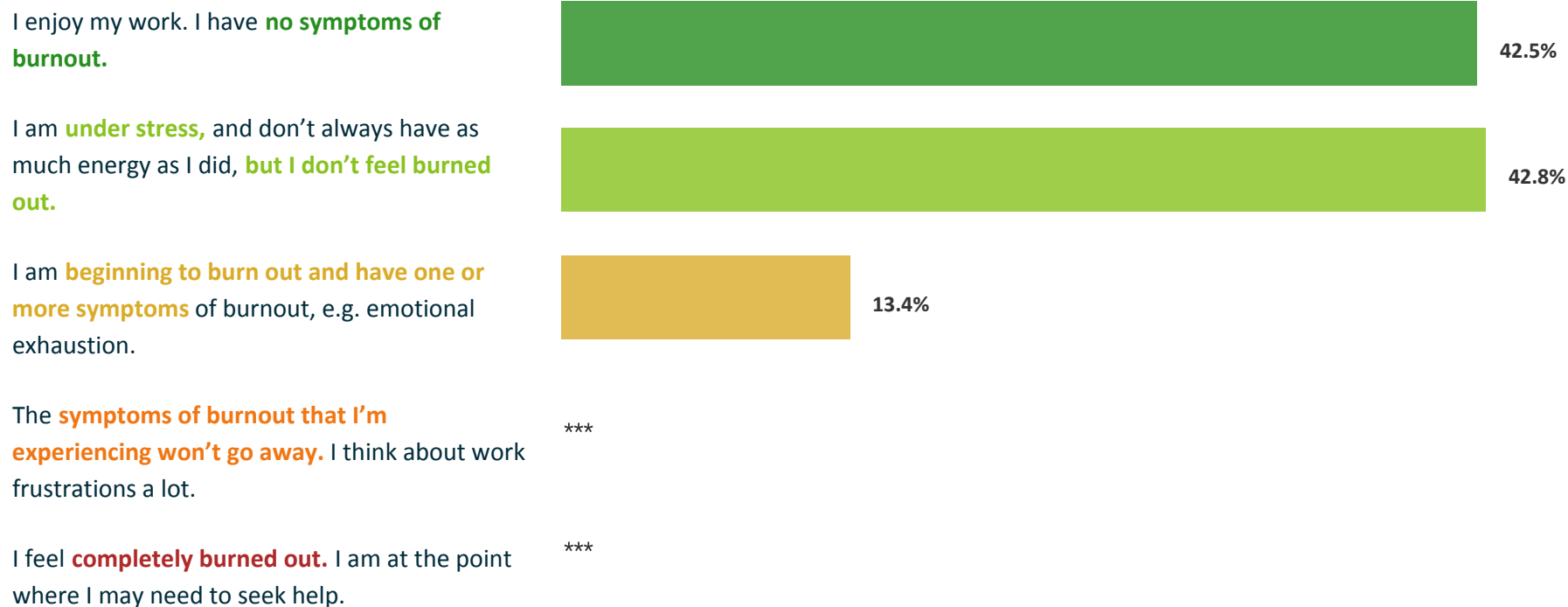
**Answering each question was optional; full scale scores are reported only for respondents who completed all Mini Z 2.0 questions; approximately 67.6 percent (565/836) of licensed psychologists & psychology associates practicing in DC completed all questions on the Mini Z 2.0 survey.

*** Data suppressed for confidentiality when the total reported category is less than 10.

LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES PRACTICING IN DC

Self-Assessment of Burnout* among Licensed Psychologists & Psychology Associates Practicing in DC**
(Mini Z 2.0 Survey - Question 2 Responses)

2024 FACT SHEET



42.5% of licensed psychologists & psychology associates practicing DC reported experiencing **no symptoms of burnout (35%) or some stress but not feeling burned out (55%).**

*Assessment based on the Mini Z 2.0 burnout question; concurrent validity of the burnout question was assessed with the Maslach Burnout Inventory (MBI) emotional exhaustion (EE) subscale and determined to be a valid single-item measure of burnout.

**Approximately 94.5 percent (790/836) of Psychologists & Psychology Associates practicing in DC responded to the question.

*** Data suppressed for confidentiality when the total reported category is less than 10.

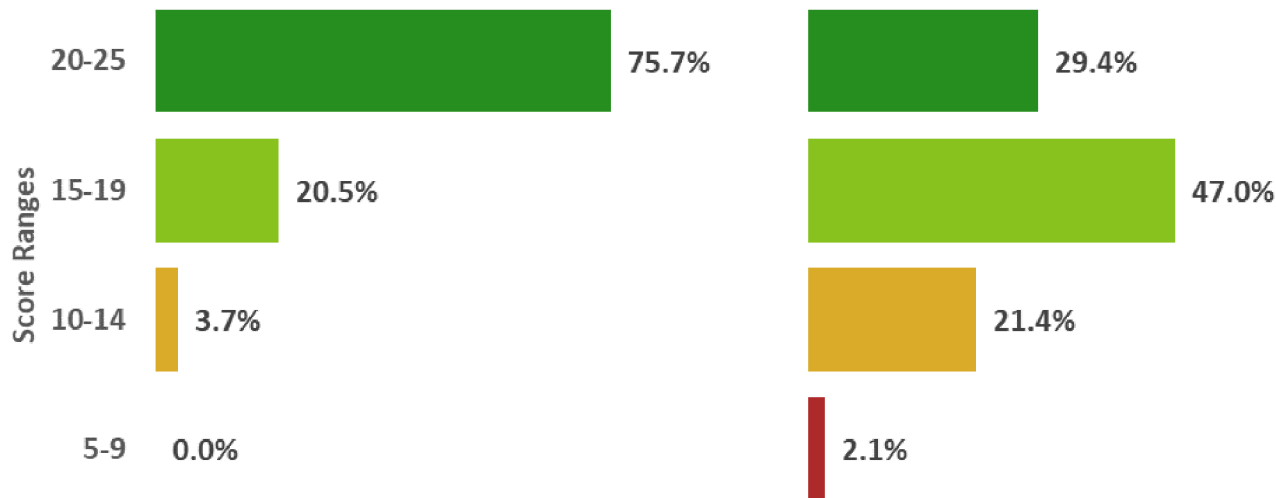
LICENSED PSYCHOLOGISTS & PSYCHOLOGY ASSOCIATES

PRACTICING IN DC

Self-Assessment of Worklife and Wellness* among Licensed Psychologists & Psychological Associates Practicing in DC**
(Mini Z 2.0 Survey - Subscale Scores)

Subscale 1: Supportive Work Environment*
Includes questions on satisfaction, burnout, values alignment, teamwork, and work control.

Subscale 2: Work Pace and EMR Stress**
Includes questions on stress, chaos, home EMR use, documentation time pressure, and EMR frustration.



75.7%

of licensed psychologists & psychology associates practicing in DC reported Subscale 1 scores of 20+, indicating a **supportive work environment**.

29.4%

of licensed psychologists & psychology associates practicing in DC reported Subscale 2 scores of 15-19, just below 20+, which indicates **reasonable pace and manageable EMR stress**.

*Approximately 73.4 percent (614/836) of psychologists & psychology associates practicing in DC completed all questions in subscale 1.

**Approximately 79.2 percent (662/836) of psychologists & psychology associates practicing in DC completed all questions in subscale 2.