

DC BOARD OF OCCUPATIONAL THERAPY LICENSED OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS

The District of Columbia’s Board of Occupational Therapy (DC BOOT), supported by DC Health's Health Systems and Preparedness Administration (HSPA), licenses all occupational therapists (OTs) and occupational therapy assistants (OTAs). To collect standard information across all licensing boards (e.g., demographics, workforce capacity, access to care, special topics), HSPA and the Community Health Administration (CHA) partnered to enhance the existing workforce licensure survey, which is now administered to all renewal applicants during the Board’s biennial licensure renewal process.

The DC Primary Care Office (PCO) developed this fact sheet based on its analysis of 2023 DC BOOT Licensure Survey data. Within, information regarding total licensed providers reflects all board-licensed providers with an active license status as of August 15, 2024. Information regarding licensees providing clinical care in DC reflects a subset of Board-licensed providers who 1. applied for license renewal during the 2023 cycle (i.e., were administered the survey); 2. reported a practice location in DC; and 3. reported providing clinical medical care to patients.



Key Findings

- Occupational therapy professionals providing care in DC are predominantly female (90%) and generally younger (65% are ≤40 years of age, whereas only 4% are over 60 years of age).
- The racial/ethnic distribution of licensed OTs/OTAs practicing in DC is not representative of the general DC population; less than 30 percent are Black/African American (compared to 44% of the population) and 5.3 percent are Hispanic/Latino (compared to 11%).
- One in three OTs/OTAs practicing in DC reported they are beginning to burn out (27%) or experiencing burnout symptoms that won’t go away (6%).
- The majority of OTs/OTAs practicing in DC reported a supportive work environment, but many reported challenges with work pace and EMR stress. Organizational improvements in work pace and EMR stress may improve workforce wellness.

DC LICENSED OCCUPATIONAL THERAPY PROFESSIONALS (OTs, OTAs)

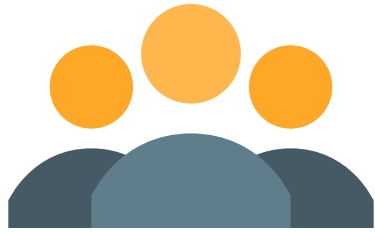
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DC LICENSED OCCUPATIONAL THERAPY PROFESSIONALS (OTs, OTAs)

2024 FACT SHEET



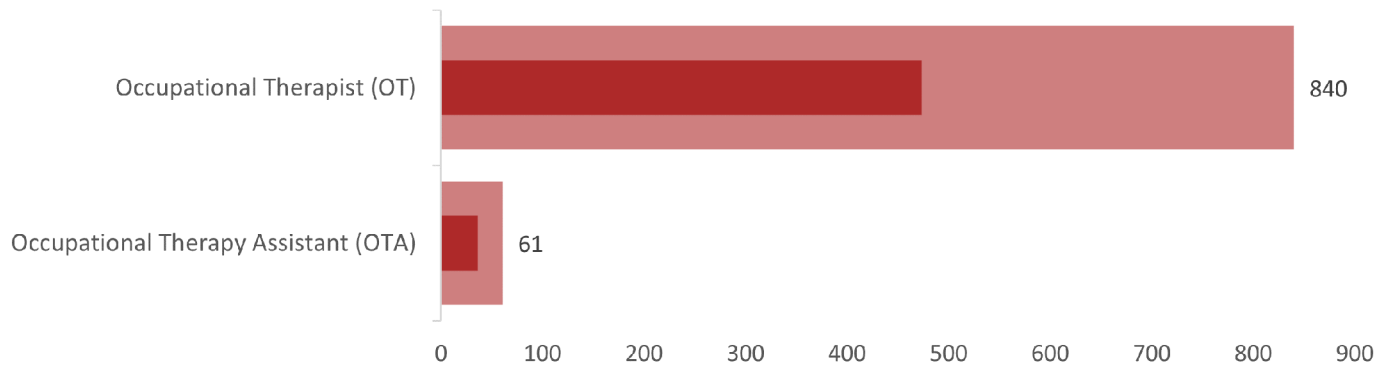
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Total Licensed
OTs/OTAs



509

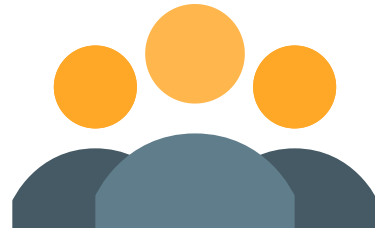
Licensed OTs/OTAs
Providing Clinical Care in DC



	Occupational Therapy Assistant (OTA)	Occupational Therapist (OT)
■ Providing Clinical Care in DC	36	473
■ Total Licensed	61	840

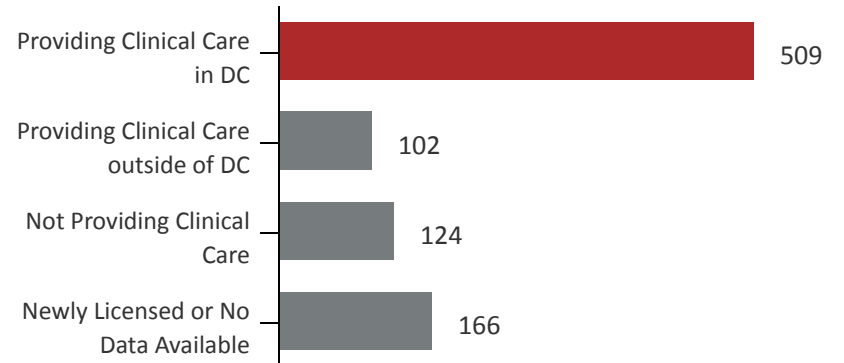
DC LICENSED OCCUPATIONAL THERAPY PROFESSIONALS (OTs, OTAs)

2024 FACT SHEET



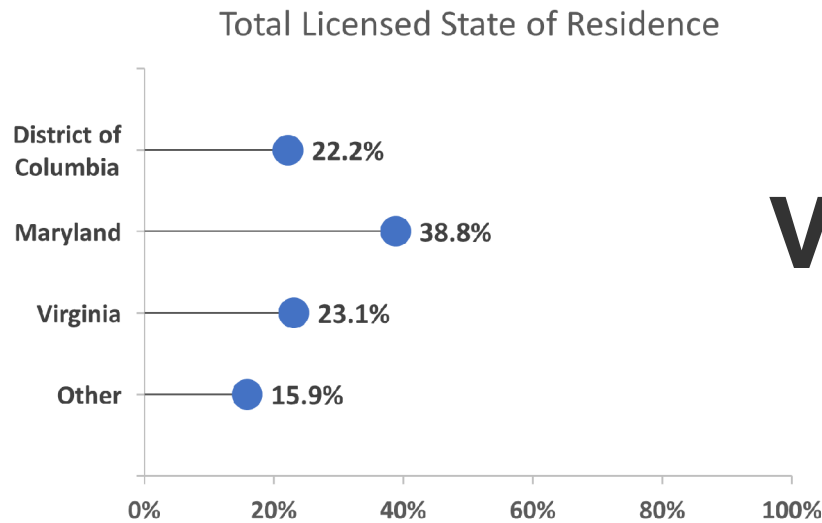
901
Total Licensed
OTs/OTAs

Total Licensed OTs/OTAs
by Clinical Care Status and Location

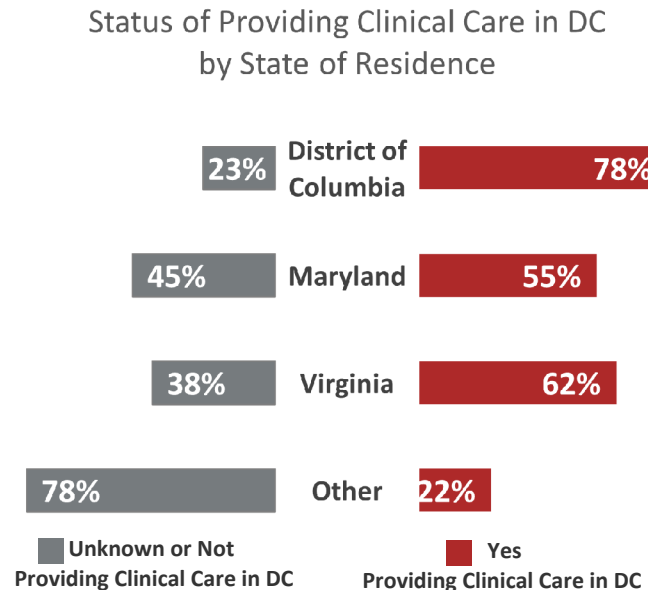


DC Licensed OTs/OTAs

State of Residence Compared to Status of Providing Clinical Care in DC



VS



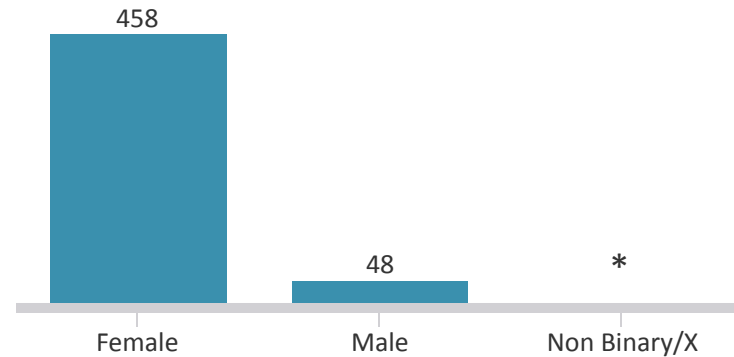
LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC



509

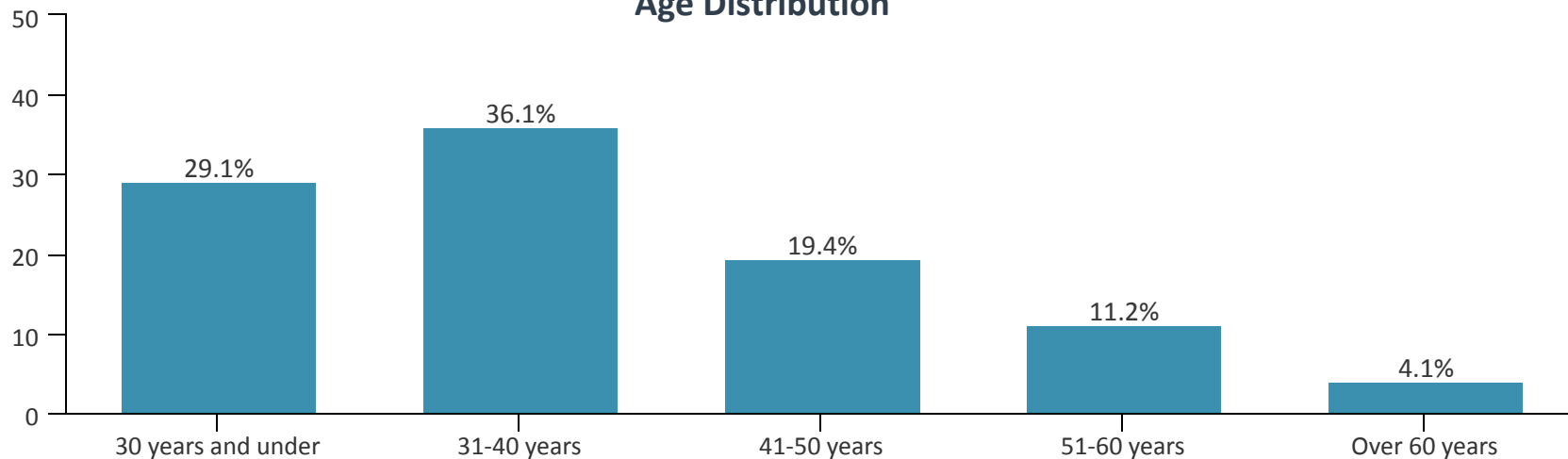
Licensed OTs/OTAs Providing Clinical Care in the District of Columbia

Gender



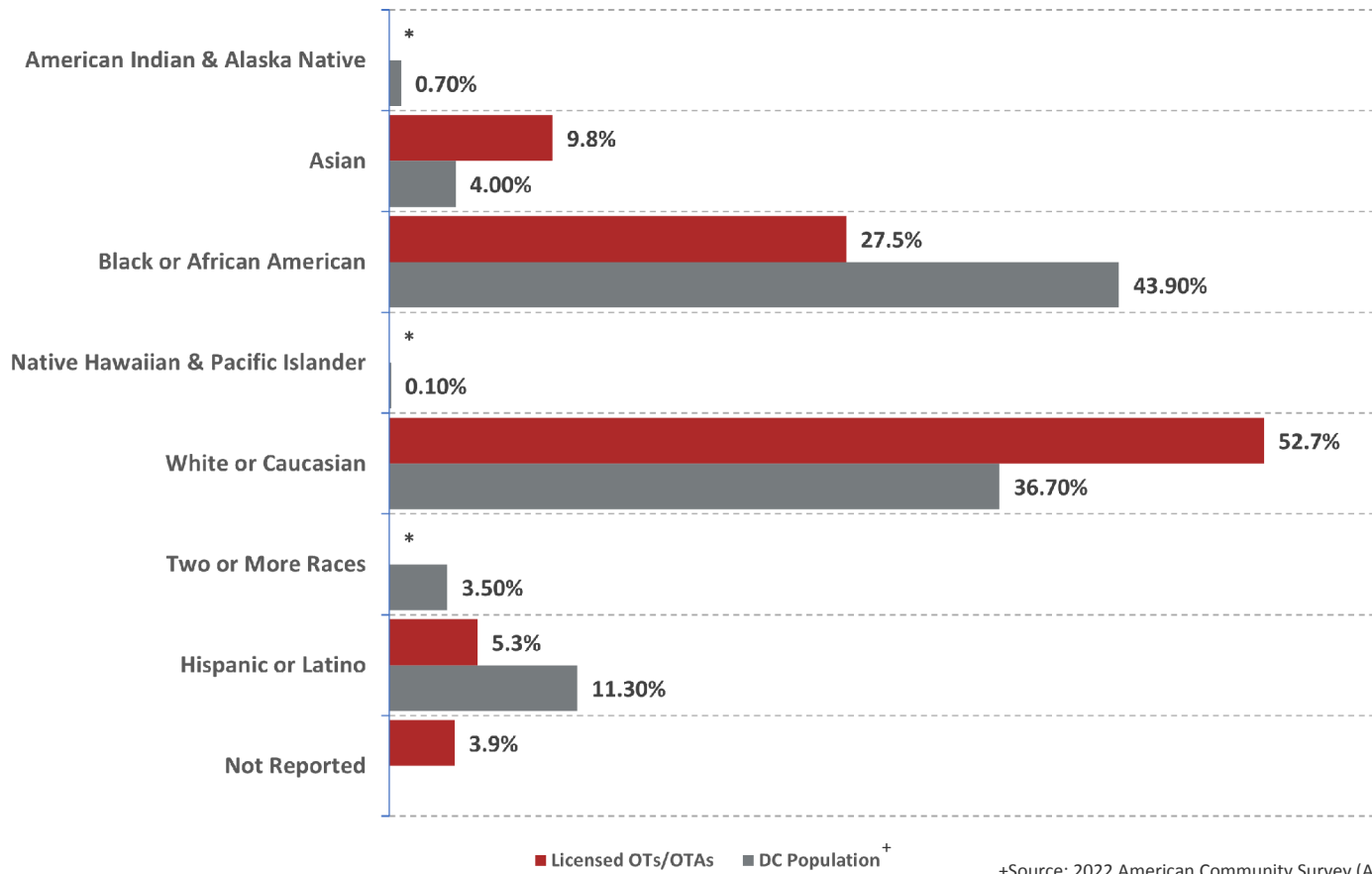
90.0% of licensed OTs/OTAs providing care in the District of Columbia are female.

Age Distribution



LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

Race/Ethnicity - Licensed OTs/OTAs Practicing in DC vs DC Population

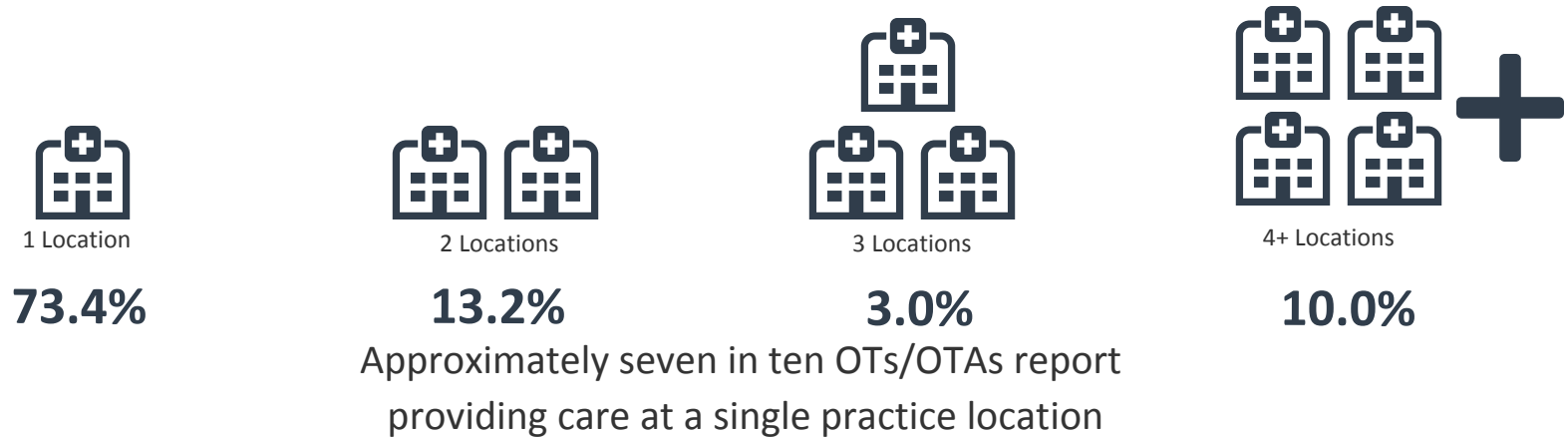


27.5% of licensed OTs/OTAs practicing in the District of Columbia are Black or African American.

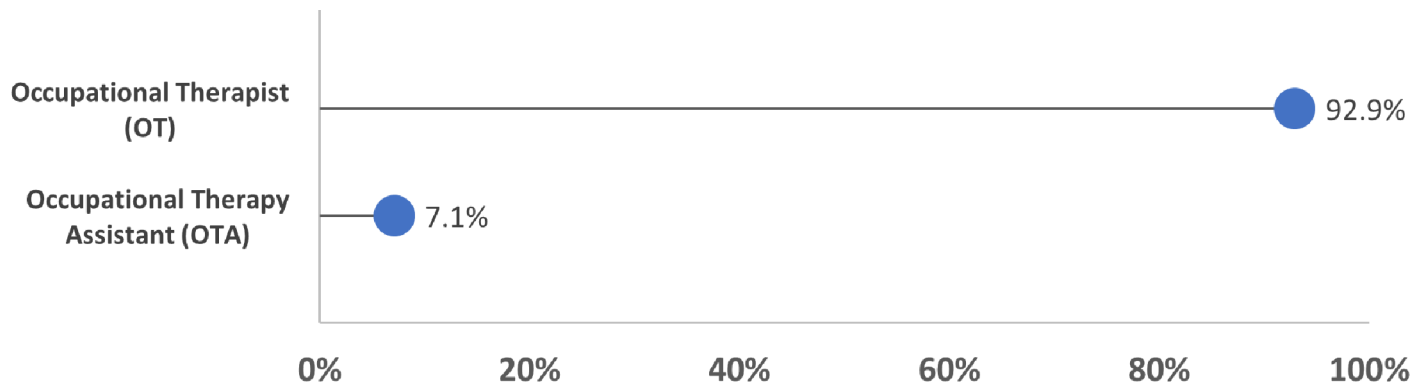
The racial/ethnic distribution of licensed occupational therapy professionals practicing in the District of Columbia is not representative of the general population, with under-representations among Black/African American and Hispanic/Latino OTs/OTAs.

LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

Percentage of Licensed OTs/OTAs Practicing in DC with Multiple Practice Locations



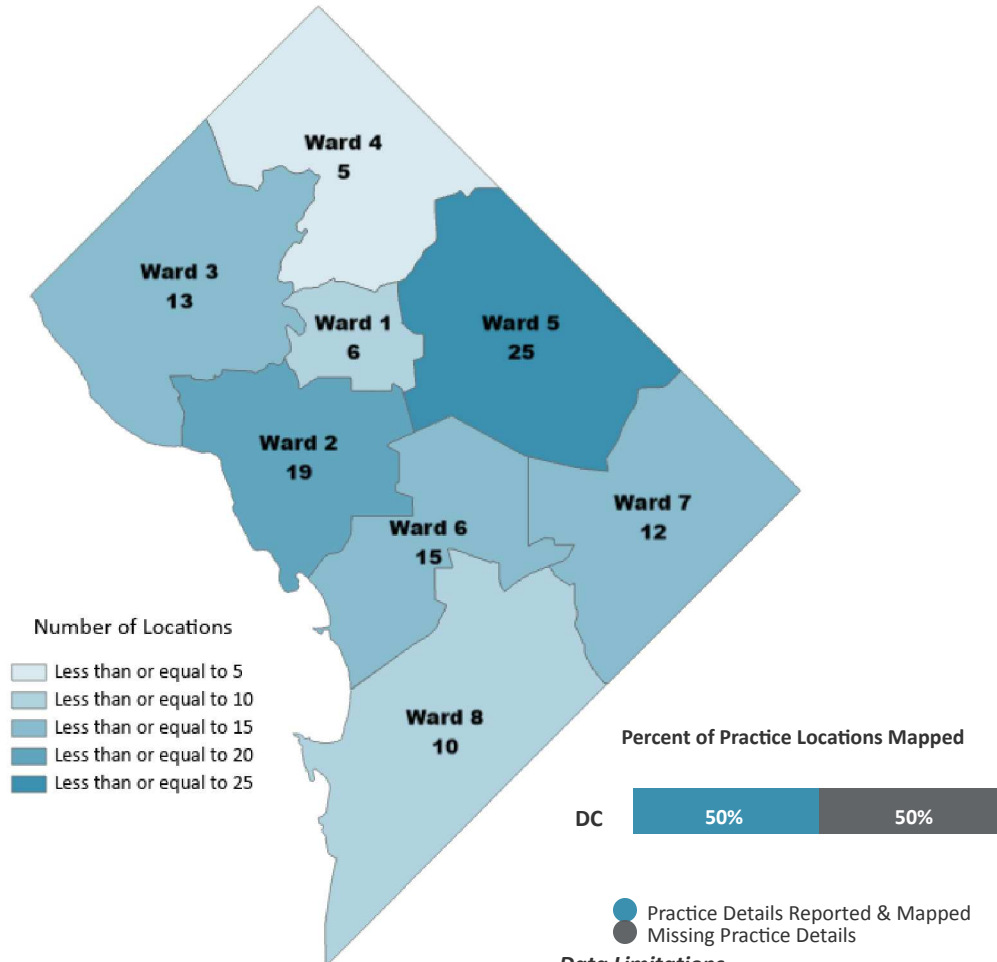
Licensed OTs/OTAs Practicing in DC by License Type



LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

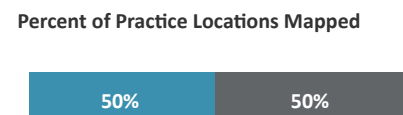
Overview of Clinical Care Practice Locations

Number of Clinical Care Practice Locations by Ward



Number of Locations

- Less than or equal to 5
- Less than or equal to 10
- Less than or equal to 15
- Less than or equal to 20
- Less than or equal to 25



- Practice Details Reported & Mapped
- Missing Practice Details

Data Limitations
 -Practice Locations are mapped with 80% fidelity
 -Missing details of the address could not be mapped

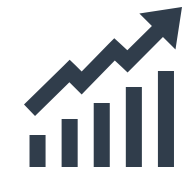
Clinical Care Practice Findings



Locations

24%

of practice locations providing clinical care, that were reported and mapped, are located in Ward 5.



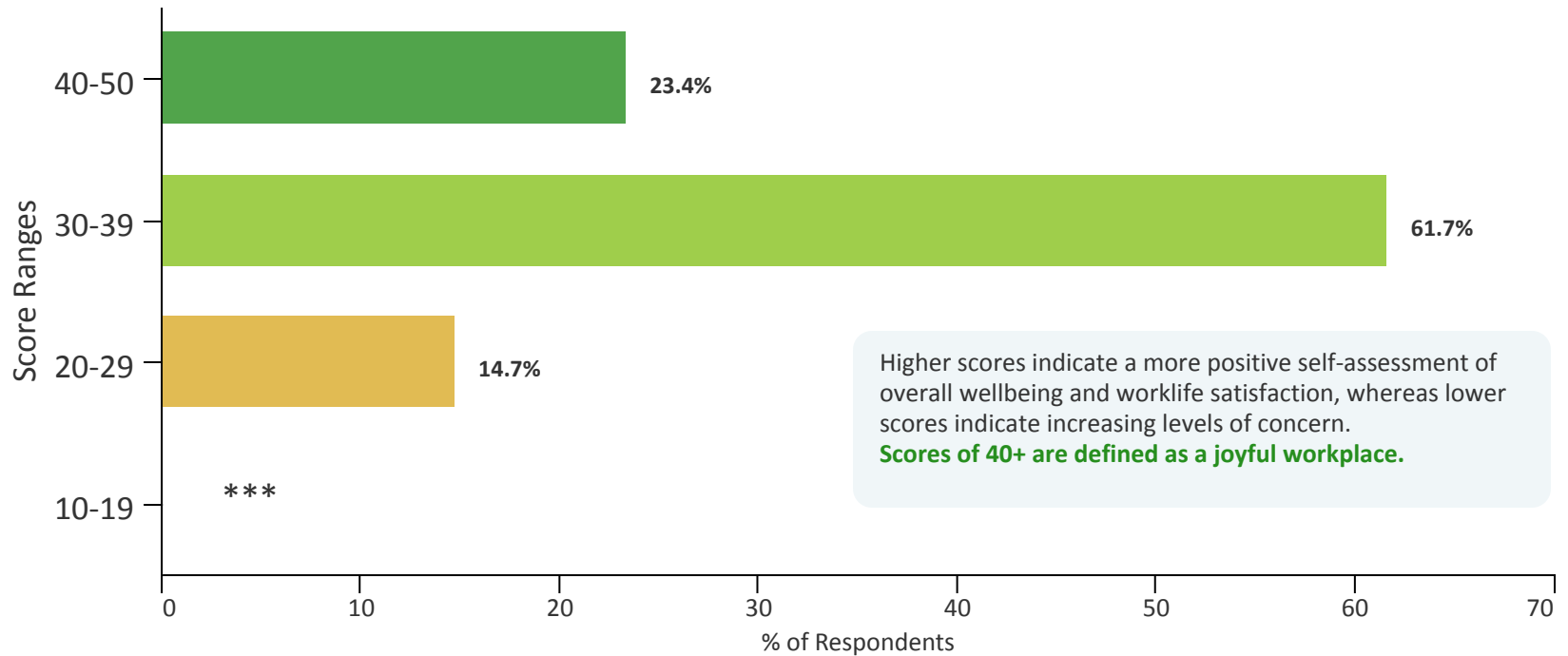
Projected Growth

7%

of providers reported increasing their practice hours or adding a practice location over the next two years.

LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

Self-Assessment of Worklife and Wellness* among Licensed OTs/OTAs Practicing in DC**
(Mini Z 2.0 Survey - Full Scale Scores)



23.4% of licensed occupational therapy professionals practicing in the District reported Mini Z 2.0 full scale scores of 40+, indicating a **joyful workplace**.

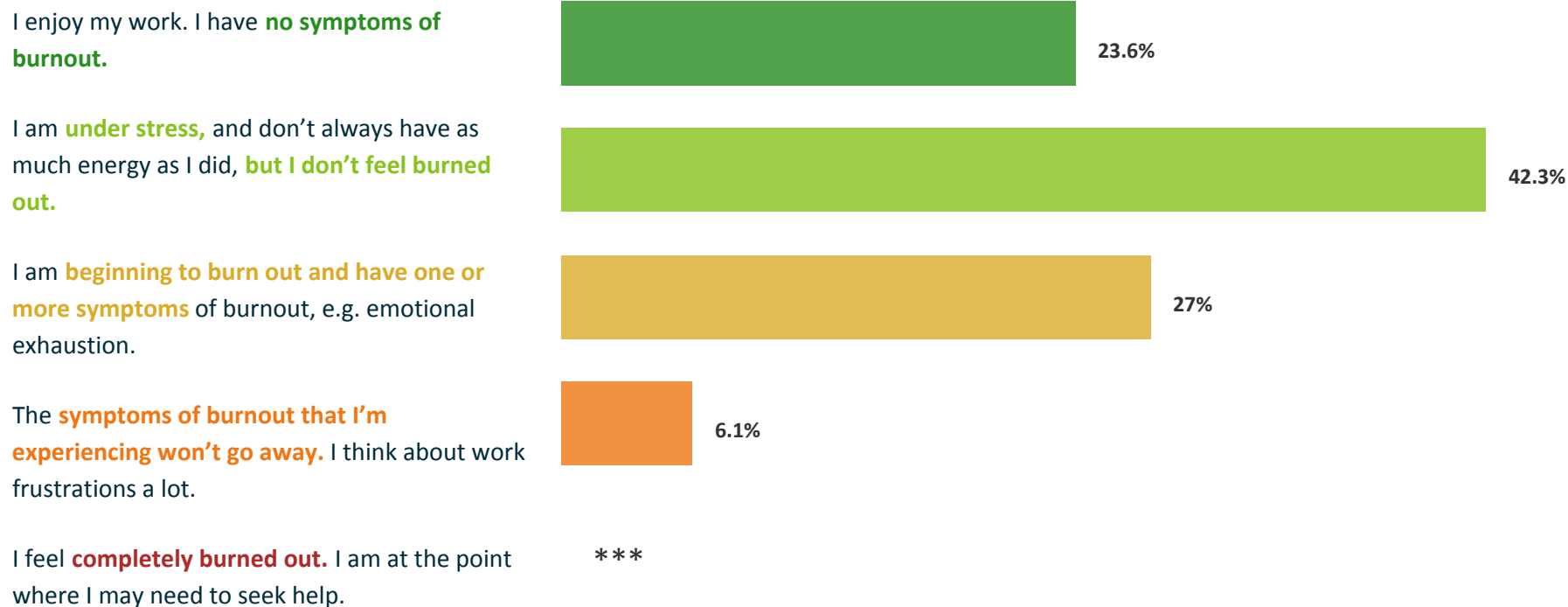
*The licensure survey includes the Mini Z 2.0, a 10-question tool assessing work satisfaction, stress, burnout, and 7 potential drivers of burnout in practicing clinicians; the Mini Z 2.0 is a psychometrically sound measure of worklife and wellness in practicing clinicians, validated externally against the Maslach Burnout Inventory (MBI).

**Answering each question was optional; full scale scores are reported only for respondents who completed all Mini Z 2.0 questions; approximately 83.1 percent (423/509) of licensed OTs/OTAs practicing in DC completed all questions on the Mini Z 2.0 survey.

*** Data suppressed for confidentiality when the total reported category is less than 10.

LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

Self-Assessment of Burnout* among Licensed OTs/OTAs Practicing in DC**
(Mini Z 2.0 Survey - Question 2 Responses)



65.9% of licensed occupational therapy professionals practicing DC reported experiencing **no symptoms of burnout (23.6%) or some stress but not feeling burned out (42.3%).**

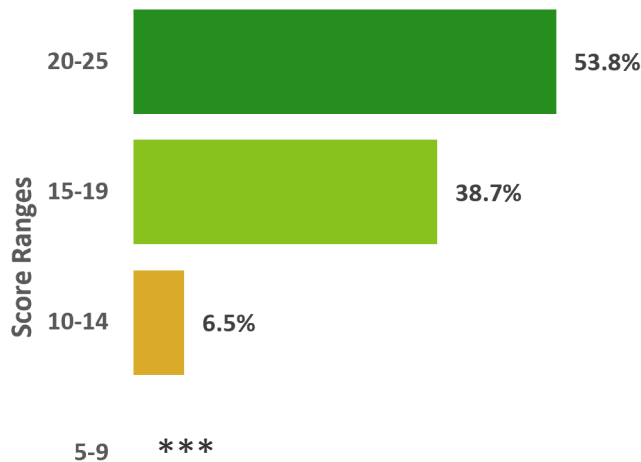
*Assessment based on the Mini Z 2.0 burnout question; concurrent validity of the burnout question was assessed with the Maslach Burnout Inventory (MBI) emotional exhaustion (EE) subscale and determined to be a valid single-item measure of burnout.
 **Approximately 93.9 percent (478/509) of OTs/OTAs practicing in DC responded to the question.
 *** Data suppressed for confidentiality when the total reported category is less than 10.

LICENSED OCCUPATIONAL THERAPY PROFESSIONALS PRACTICING IN DC

Self-Assessment of Worklife and Wellness* among Licensed OTs/OTAs Practicing in DC**
(Mini Z 2.0 Survey - Subscale Scores)

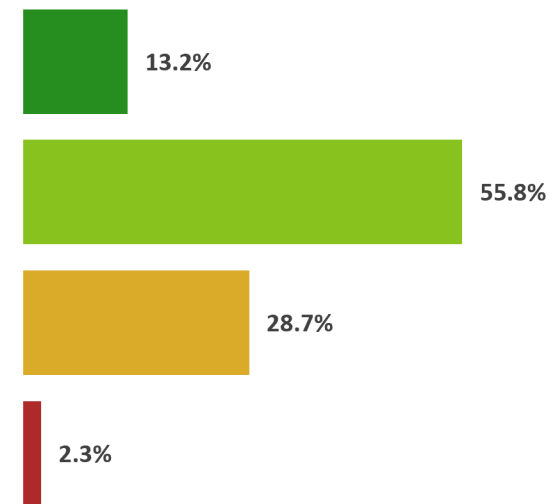
Subscale 1: Supportive Work Environment*

Includes questions on satisfaction, burnout, values alignment, teamwork, and work control.



Subscale 2: Work Pace and EMR Stress**

Includes questions on stress, chaos, home EMR use, documentation time pressure, and EMR frustration.



53.8%

of licensed OTs/OTAs practicing in DC reported Subscale 1 scores of 20+, indicating a **supportive work environment.**

13.2%

of licensed OTs/OTAs practicing in DC reported Subscale 2 scores of 20+, indicating **reasonable pace and manageable EMR stress.**

*Approximately 90.0 percent (458/509) of OTs/OTAs practicing in DC completed all questions in subscale 1.

**Approximately 86.2 percent (439/509) of OTs/OTAs practicing in DC completed all questions in subscale 2.

*** Data suppressed for confidentiality when the total reported category is less than 10.