

# DC BOARD OF PROFESSIONAL COUNSELING LICENSED PROFESSIONAL COUNSELORS AND LICENSED GRADUATE PROFESSIONAL COUNSELORS

The District of Columbia's Board of Professional Counseling (DC BOPC), supported by DC Health's Health Systems and Preparedness Administration (HSPA), licenses all professional counselors and graduate professional counselors. To collect standard information across all licensing boards (e.g., demographics, workforce capacity, access to care, special topics), HSPA and the Community Health Administration (CHA) partnered to enhance the existing workforce licensure survey, which is now administered to all renewal applicants during the Board's biennial licensure renewal process.

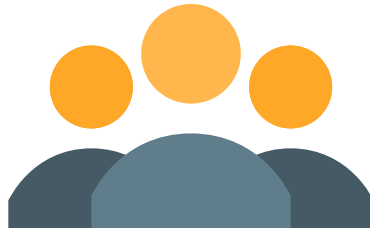
The DC Primary Care Office (PCO) developed this fact sheet based on its analysis of 2022 DC BOPC Licensure Survey data. Within, information regarding total licensed providers reflects all board-licensed providers with an active license status as of August 15, 2024. Information regarding licensees providing clinical care in DC reflects a subset of Board-licensed providers who 1. applied for license renewal during the 2022 cycle (i.e., were administered the survey); 2. reported a practice location in DC; and 3. reported providing clinical medical care to patients.

## Key Findings

- Licensed counseling professionals providing care in DC are predominantly female (82%).
- Nineteen percent of licensed counseling professionals providing clinical care in DC are over 60 years of age, which will have an impact on access to care as these individuals consider retirement over the next few years.
- Ninety percent of LPCs/LGPCs practicing in DC reported experiencing no symptoms of burnout (53.0%) or some stress but not feeling burned out (36.9%).
- The vast majority of LPCs/LGPCs practicing in DC reported a supportive work environment, but many reported challenges with work pace and EMR stress. Organizational improvements in work pace and EMR stress may improve workforce wellness.

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Providers	Key Definitions	Pages
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### Total Licensed

Total number of board-licensed providers with an active license status as of August 15, 2024.

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### Providing Clinical Care in DC

Subset of board-licensed providers who

1. applied for license renewal during the 2022 cycle;
2. reported a practice location in DC; and
3. reported providing clinical medical care to patients.

5-11

# DC LICENSED COUNSELING PROFESSIONALS (LPCs, LGPCs)



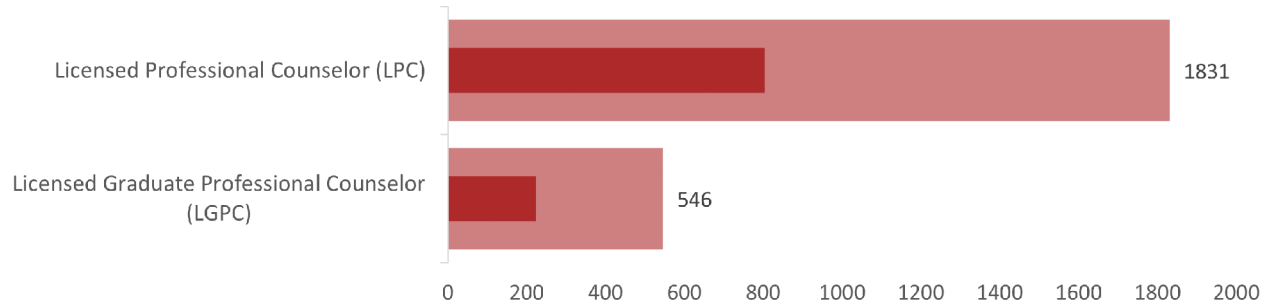
2,377

Total Licensed  
Counseling Professionals



1,026

Licensed Counseling Professionals  
Providing Clinical Care in DC

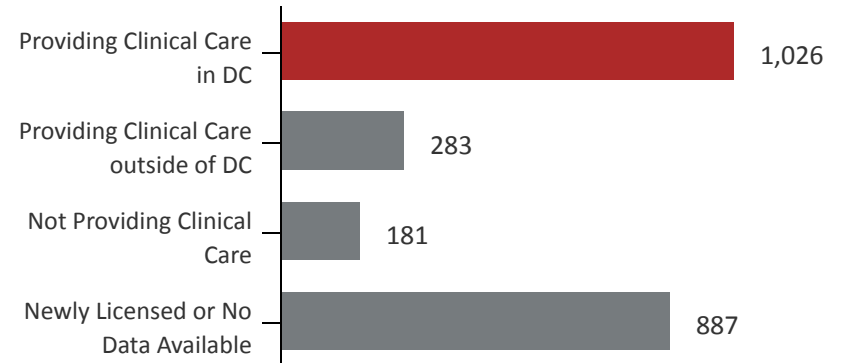


	Licensed Graduate Professional Counselor (LGPC)	Licensed Professional Counselor (LPC)
■ Providing Clinical Care in DC	223	803
■ Total Licensed	546	1831

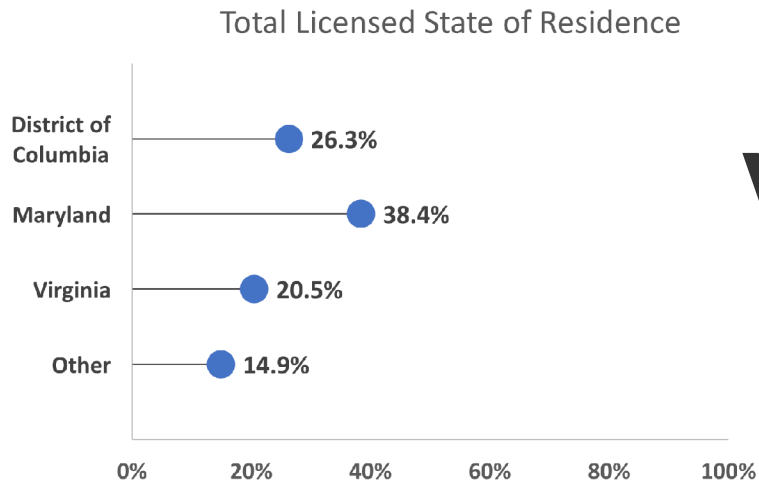
# DC LICENSED COUNSELING PROFESSIONALS (LPCs, LGPCs)



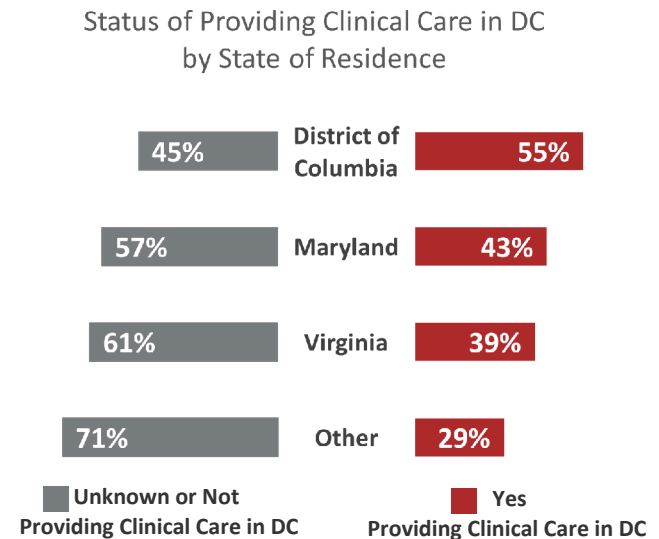
## Total Licensed Counseling Professionals by Clinical Care Status and Location



## DC Licensed Counseling Professionals State of Residence Compared to Status of Providing Clinical Care in DC



VS



# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

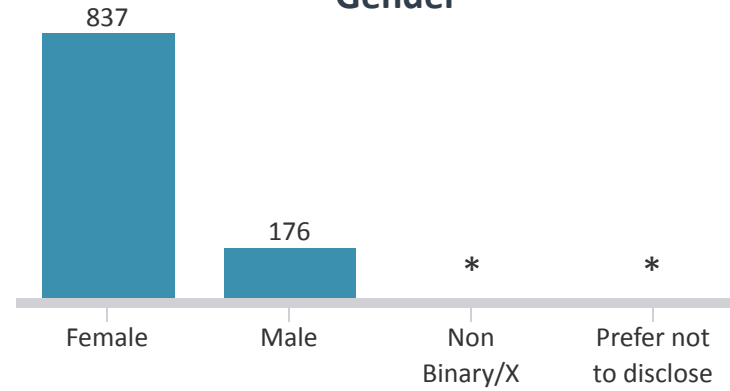
## 2023 FACT SHEET



1,026

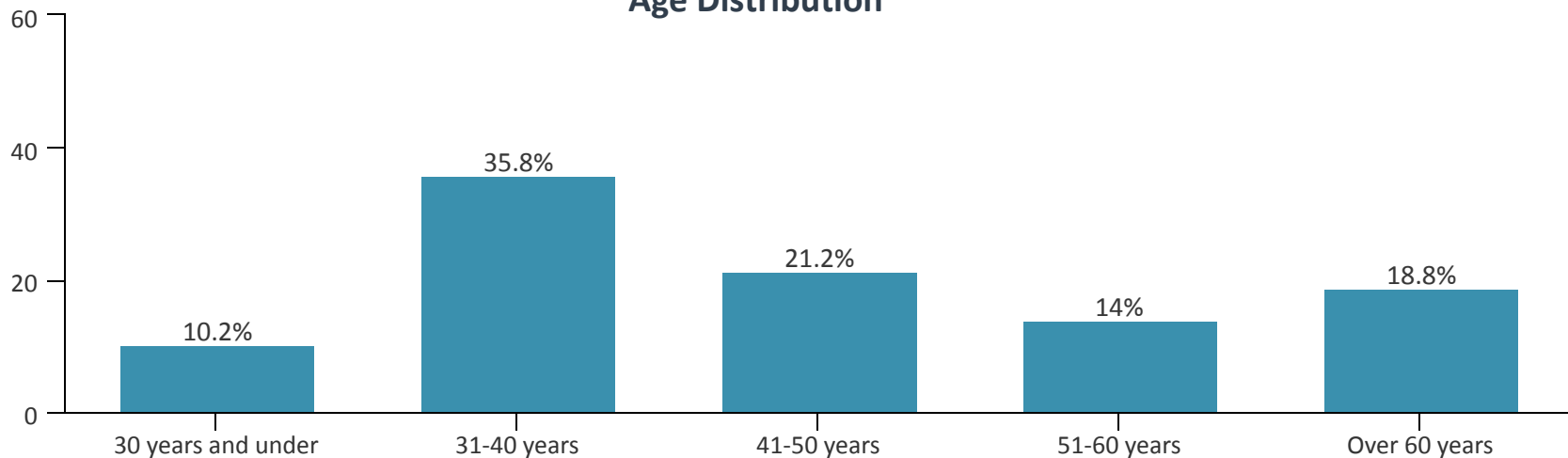
LPCs/LGPCs Providing Clinical Care in the District of Columbia

### Gender



**81.6%** of LPCs/LGPCs providing care in District of Columbia are female.

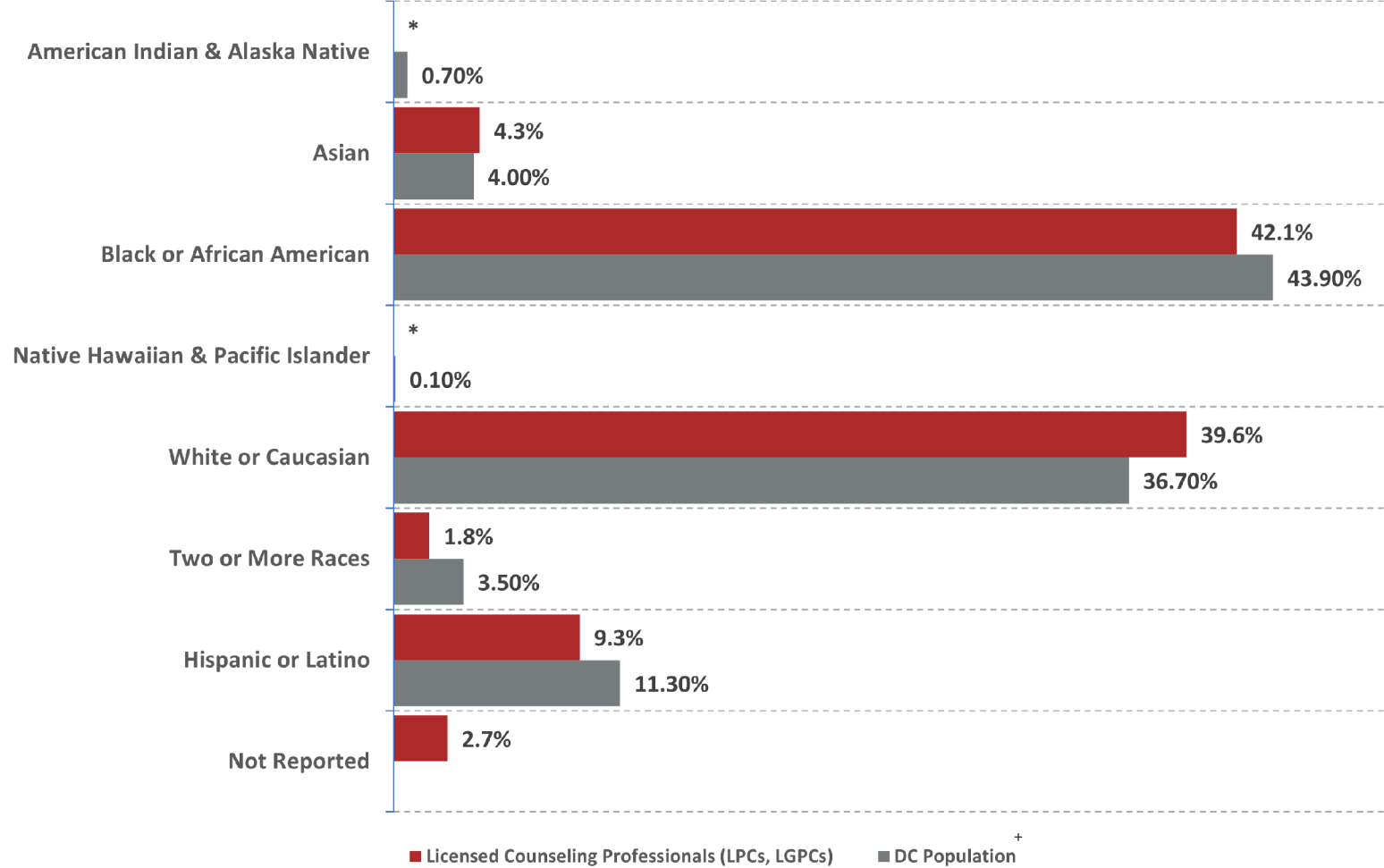
### Age Distribution



# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

## 2023 FACT SHEET

Race/Ethnicity - LPCs/LGPCs Practicing in DC vs DC Population



+Source: 2022 American Community Survey (ACS) Census data DC Population



**42.1%** of LPCs/LGPXCs practicing in the District of Columbia are Black or African American.

The racial/ethnic distribution of licensed counseling professionals practicing in the District of Columbia is relatively similar to that of the general population.

# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

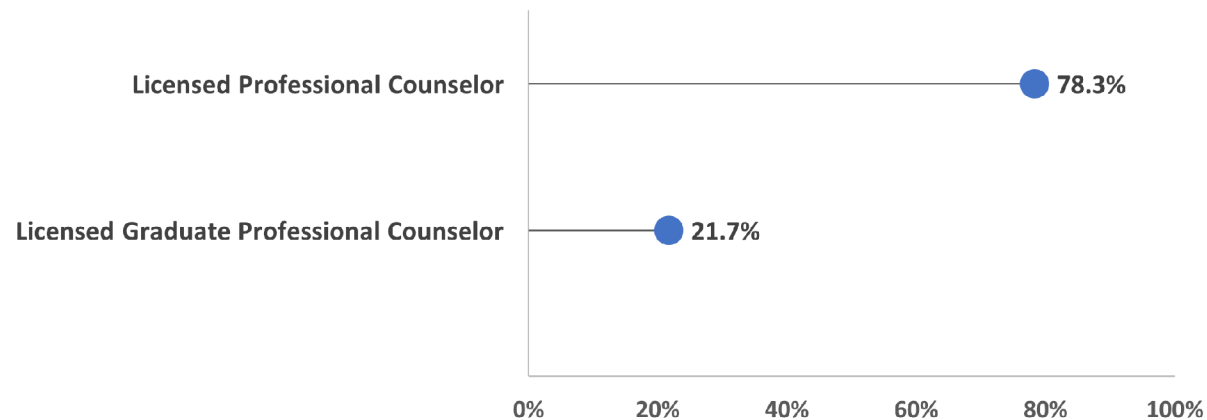
## 2023 FACT SHEET

### Percentage of LPCs/LGPCs Practicing in DC with Multiple Practice Locations



Approximately eight in ten LPCs/LGPCs report providing care at a single practice location

### LPCs/LGPCs Practicing in DC by License Type

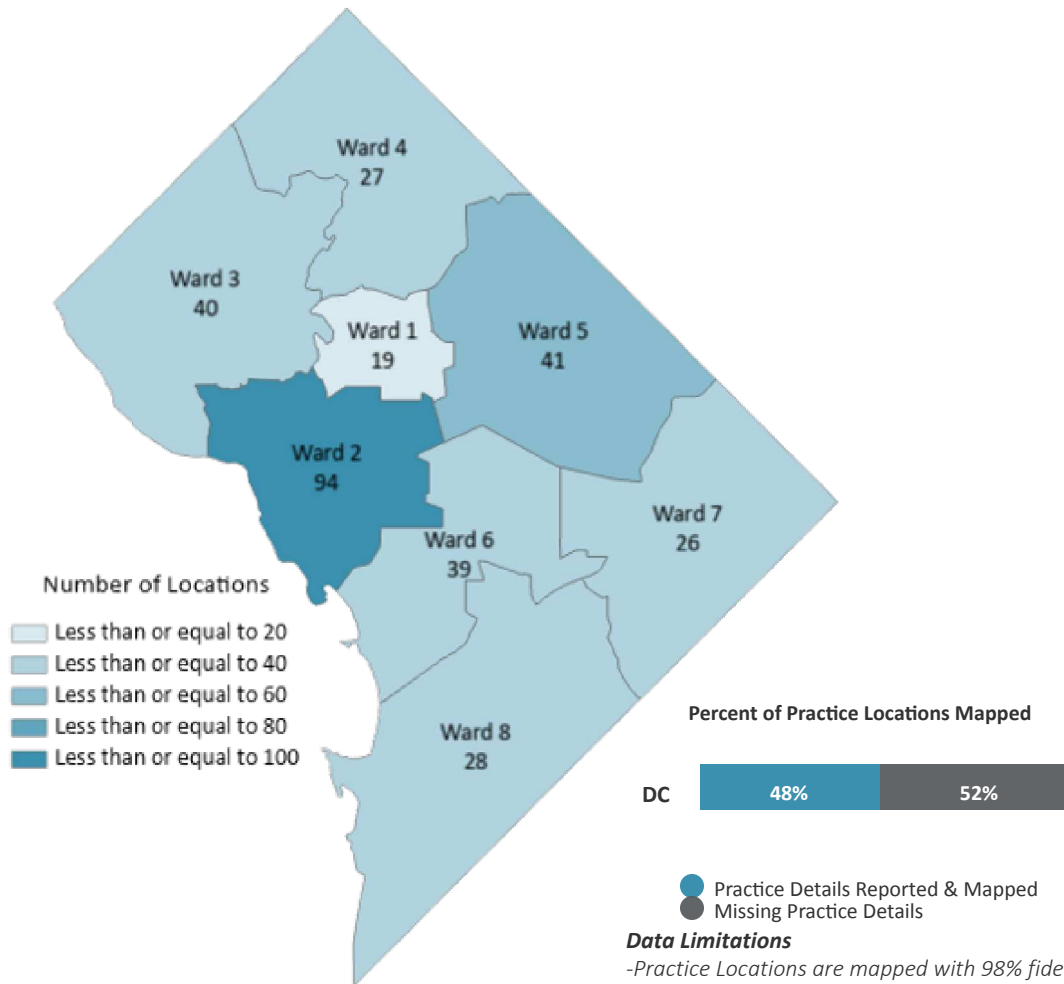


# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

## Overview of Clinical Care Practice Locations

2023 FACT SHEET

Number of Clinical Care Practice Locations by Ward



**Data Limitations**

- Practice Locations are mapped with 98% fidelity
- Missing details of the address could not be mapped

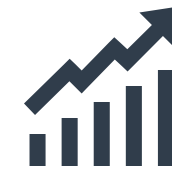
Clinical Care Practice Findings



Locations

**43%**

of practice locations providing clinical care, that were reported and mapped, are located in Wards 2 & 5.



Projected Growth

**22%**

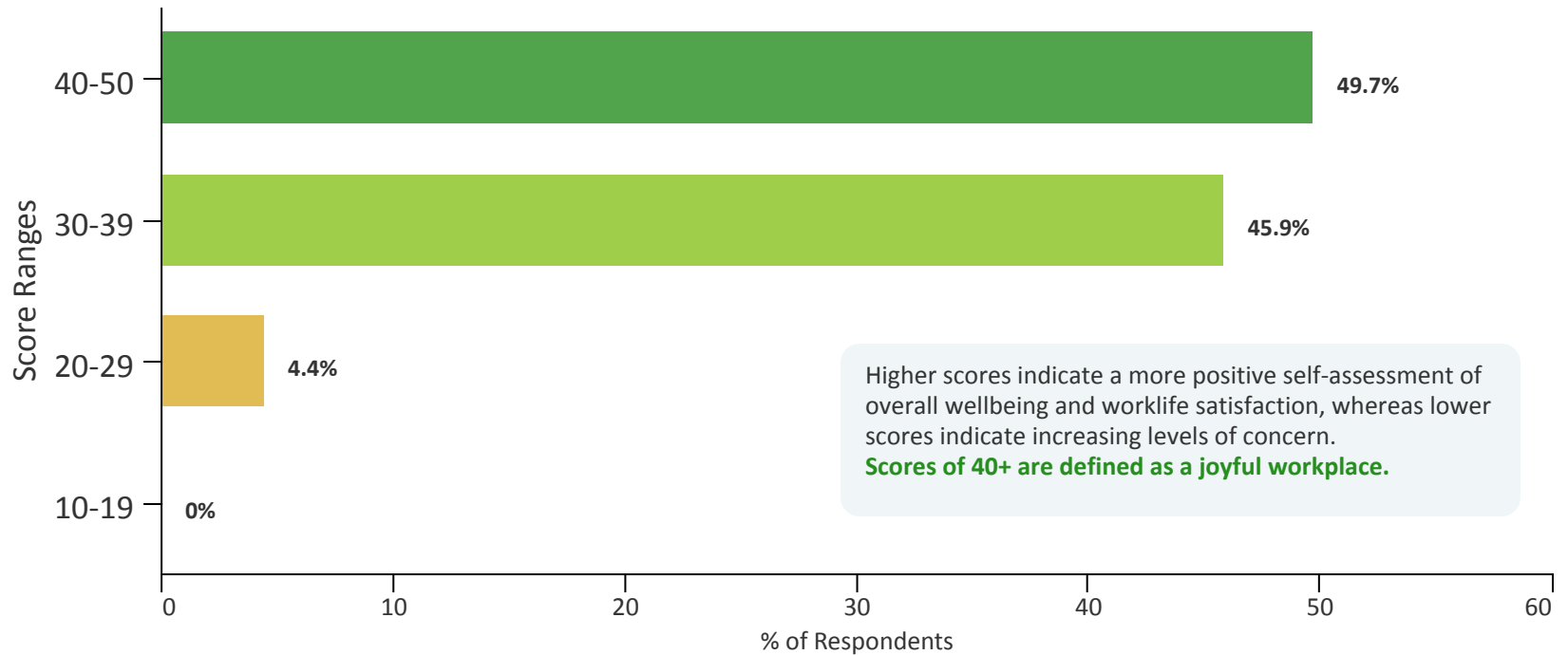
of providers reported increasing their practice hours or adding a practice location over the next two years.



# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

## 2023 FACT SHEET

### Self-Assessment of Worklife and Wellness\* among LPCs/LGPCs Practicing in DC\*\* (Mini Z 2.0 Survey - Full Scale Scores)



**49.7%** of licensed counseling professionals practicing in the District reported Mini Z 2.0 full scale scores of 40+, indicating a **joyful workplace**.

\*The licensure survey includes the Mini Z 2.0, a 10-question tool assessing work satisfaction, stress, burnout, and 7 potential drivers of burnout in practicing clinicians; the Mini Z 2.0 is a psychometrically sound measure of worklife and wellness in practicing clinicians, validated externally against the Maslach Burnout Inventory (MBI).

\*\*Answering each question was optional; full scale scores are reported only for respondents who completed all Mini Z 2.0 questions; approximately 73.7 percent (756/1,026) of licensed counseling professionals practicing in DC completed all questions on the Mini Z 2.0 survey.

# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

## Self-Assessment of Burnout\* among LPCs/LGPCs Practicing in DC\*\* (Mini Z 2.0 Survey - Question 2 Responses)

2023 FACT SHEET

I enjoy my work. I have **no symptoms of burnout.**



I am **under stress**, and don't always have as much energy as I did, **but I don't feel burned out.**



I am **beginning to burn out and have one or more symptoms** of burnout, e.g. emotional exhaustion.



The **symptoms of burnout that I'm experiencing won't go away.** I think about work frustrations a lot.

\*\*\*

I feel **completely burned out.** I am at the point where I may need to seek help.

\*\*\*

**89.9%** of licensed counseling professionals practicing in DC reported experiencing **no symptoms of burnout (53.0%) or some stress but not feeling burned out (36.9%).**

\*Assessment based on the Mini Z 2.0 burnout question; concurrent validity of the burnout question was assessed with the Maslach Burnout Inventory (MBI) emotional exhaustion (EE) subscale and determined to be a valid single-item measure of burnout.

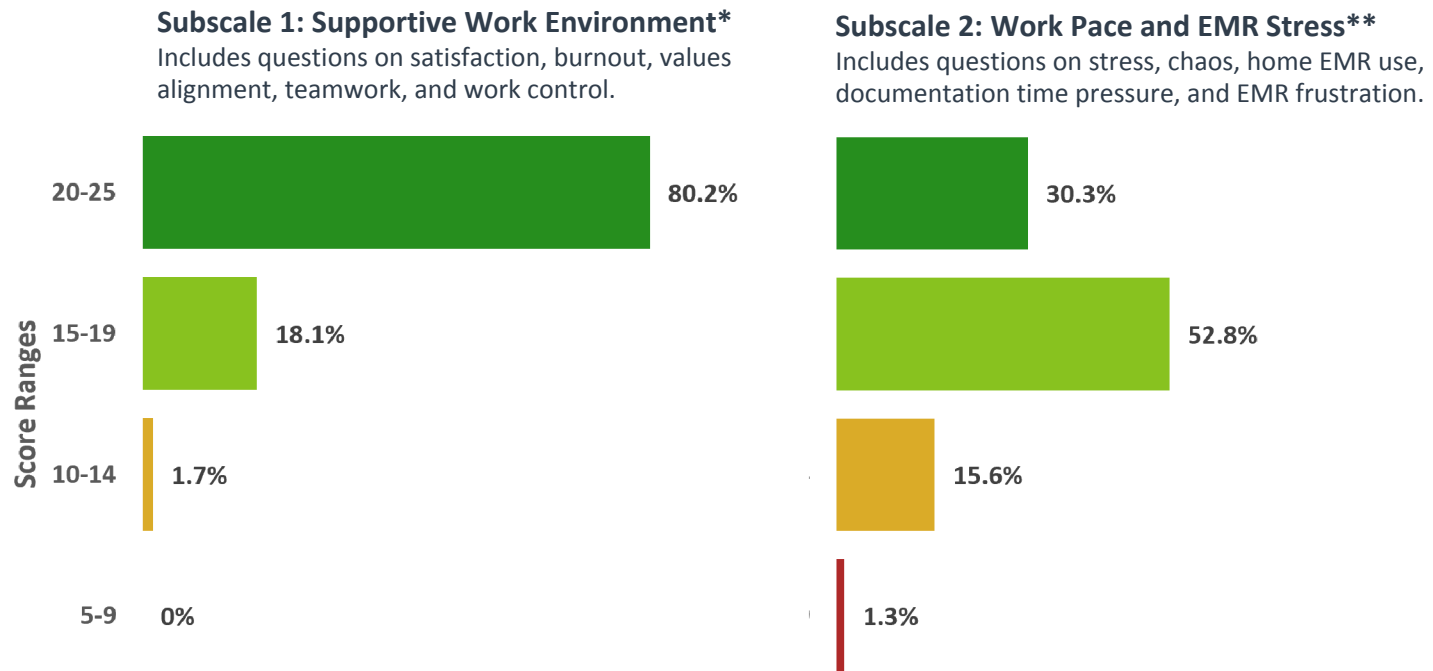
\*\*Approximately 94.2 percent (966/1,026) of LPCs/LGPCs practicing in DC responded to the question.

\*\*\* Data suppressed for confidentiality when the total reported category is less than 10.

# LICENSED COUNSELING PROFESSIONALS PRACTICING IN DC

## 2023 FACT SHEET

### Self-Assessment of Worklife and Wellness\* among LPCs/LGPCs Practicing in DC\*\* (Mini Z 2.0 Survey - Subscale Scores)



**80.2%**

of licensed counseling professionals practicing in DC reported Subscale 1 scores of 20+, indicating a **supportive work environment**.

**30.3%**

of licensed counseling professionals practicing in DC reported Subscale 2 scores of 20+, indicating **reasonable pace and manageable EMR stress**.

\*Approximately 80.7 percent (828/1,026) of LPCs/LGPCs practicing in DC completed all questions in subscale 1.

\*\*Approximately 82.6 percent (847/1,026) of LPCs/LGPCs practicing in DC completed all questions in subscale 2.