# DISTRICT OF COLUMBIA LACTATION COMMISSION MINUTES

Monday, November 25, 2019

The District of Columbia Lactation Commission held via WebEx November 25, 2019 from 6:30 pm – 8:00 pm. Below are the minutes for the meeting.

Note Taker: Commissioner Christina Stowers – Consumer Member

# I. Call to Order

The meeting was called to order at 6:37 pm.

#### II. Roll Call

### Attendance Via WebEx:

Commissioner Stephanie Sieswerda - Community Outreach Member and Commission Chair

Commissioner Kanika Harris - Public Health Expert Member

Commissioner Stephanie Hack - Obstetrics/Gynecology (Ob/Gyn) Member

Commissioner Jennifer Tender - Pediatrician/Neonatologist

Commissioner Gwendolyn West - Lactation Expert Member

Commissioner Lauren Propst-Riddick - Consumer Member

Commissioner Noelene Jeffers - Lactation Expert Member

Commissioner Christina Stowers - Consumer Member

Commissioner Aubrey Villalobos – Public Health Expert

Commissioner Sahira Long - Pediatrician/Neonatologist Member

Emily Woody - DC Health Representative

Suzanne Henley – OSSE Representative

Quameice Harris - DC Department of Human Resources Representative

Tamika Cambridge - DC Department of Human Resources Representative

Noni Robinson - DC Health Representative

Colleen Sonosky - DC Department of Healthcare Finance Representative

### Absent:

Commissioner Angela McClain - Community Outreach Expert Member Jill Johnson – DC Department of Human Resources Representative

# III. Adoption of Agenda

A motion to adopt the agenda was made by Commissioner Hack and seconded by Commissioner Long. Motion passed unanimously.

# IV. Approval of Minutes

October 2019 Meeting—A motion to approve the minutes was made by Commissioner Propst-Riddick and seconded by Commissioner Stowers. The motion passed unanimously.

#### I. Old Business

- a. Department of Health Care Finance Medicaid Transmittal Update—This is being pushed through the DC Breastfeeding Coalition website and social media to reach lactation consultants in the region. It has also been added to DCWIC.org and Government representative Woody is in the process of adding it to the DC Health website. There is a training at Children's National Health System that cannot be offered externally because it is specific to the provider.
- b. Review Draft Warning Letter Edits—First and final warning letter drafts were circulated to the commission and reviewed. Commissioner Sieswerda will make the following changes and send the revised drafts for review:
  - i. Change subject to "First warning of non-attendance from Lactation Commission
  - ii. Recommendation was made to change to third person but because it will be signed by two individuals it was decided to changed to "we" and be from individuals versus the commission.
  - iii. Change to "meeting records indicate that you have been absent from 3 consecutive meetings on Month, XX, 20XX, Month XX, 20XX, and Month XX, 20XX"
  - iv. Add "we look forward to hearing from you" at the end of the letter.
  - v. Add "Lactation Commission Chair" in the signature

# II. New Business

- a. Subcommittee Updates
  - i. Outreach and Education
    - o Subcommittee is discussing 2020 goals.
    - o K-12 Curriculum
      - Commissioner Hack noted that the curriculum needs to be reviewed to be more inclusive to different families in the District and cultural sensitivity.
      - Commissioner Tender noted that she attended a meeting today and the curriculum was still not very engaging or inclusive. Next steps include engaging with DCPS and OSSE for input on what the exact curriculum need is. Consideration is being given to split the curriculum by grade levels. OSSE Health and Wellness, engaging with stakeholders, teachers, etc.
      - First step is to connect with OSSE about the curriculum change because OSSE has relationships with more than just DCPS. We need to determine what is currently being included in science, health, and sexual health curriculum
      - Commissioner Tender and Government Representative Susanne Henley will connect offline to discuss further.

### ii. Lactation Support Services

- Reviewed recommendations from 2019 Annual Report now that the milk bank subcommittee has been consolidated into the lactation support services subcommittee and will be meeting again to finalize
- b. 2019 Annual Report Highlights and Timeline Will focus more on the recommendations with an outline of activities. Recommendation to create a taskforce of three to four commissioners willing to put in extra time to draft and work out the overall report. The taskforce will meet in the next week or so. Commissioner Aubrey Villalobos volunteered to edits the reports and recommended including successes from the last year. Recommendation was made to use the

report to create a proposal for a presentation for the Mayor's Maternal Health Summit next year. Request was made to MOTA for a template or example annual report from another commission. Emily will follow-up with the our MOTA representative or Commissioner Sieswerda will reach out to another commission that has been charged with writing an annual report, such as the Food Policy Council.

- c. 2018 Annual Report—There has been no new input from Dr. Nesbitt.
- d. Review of Related Boards and Commissions—A list of related boards and commissions is being compiled and reviewed for possible collaborations. Recommendation was made for subcommittees to review these boards and commissions. Examples include: Thrive by Five, Commission on Health Equity, Mayor's Commission on Healthcare Systems Transformation (re: Baby Friendly Hospital Initiative efforts), Health Literacy Council (re: public education on workplace protections and new paid leave fund)
- e. Government Representatives Updates
  - i. DC Health Representative (Noni Robinson) Grow and Glow training and DC Health staff meeting coming up.
- f. OSSE Early Childhood Summit Update—Commissioner Tender has submitted a breakout session on getting breastfeeding friendly childcare facilities.
- g. 2020 Meeting Schedule—Many boards and commissions do not meet every month and we are exceeding the requirement. Meetings will stay as scheduled for December and January, then meetings the fourth Mondays of March, July, September, and November. And the third Monday of May. A motion to change the meeting frequency to every other month was made by Commissioner Long and seconded by Commissioner Propst-Riddick. The motion passed unanimously.

### III. Review of Action Items

- a. ALL Subcommittees should meet to determine which recommendations are most important; narrow them down and prioritize for the 2020 report. Commissioner Stephanie Sieswerda will send out a survey to rank them before next meeting.
- b. Commissioner Stephanie Sieswerda–Send out the revised non-attendance letter drafts in track changes. ALL—Review the drafts.
- c. Commissioner Tender and Government Representative Susanne Henley will connect offline to discuss OSSE's involvement in the K-12 breastfeeding curriculum.
- d. ALL Review list of other boards and commissions and determine which ones we could potentially partner with in 2020.
- e. Government Representative Woody will follow-up with the our MOTA representative for an example of an annual report from another commission. Commissioner Sieswerda will reach out to another commission chair directly that has been charged with writing an annual report, such as the Food Policy Council.
- f. 2019 Annual Report task force will meet to kick off the 2019 Annual Report writing.

### IX. Items to Continue for Next Meeting

a. The next meeting will be held at DC Health, 899 North Capitol St., NE, Room 306, Washington, D.C., 20002. on Monday, December 16, 2019 from 6:30pm – 8pm.

# X. Adjournment

a. Meeting adjourned at 8:08pm.