



Winter/Spring 2015



Government of the District of Columbia
Muriel Bowser, Mayor



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LETTER FROM THE CHAIR

Happy New Year to All of You! It's 2015, and I am so excited about the Board of Chiropractic meeting the goals and objectives set out under my purview for the last three years and direction of Dr. Watson, our Executive Director.

As we continue on our journey to be a "Best Practice" Board, our efforts and focus this coming year will be in terms of educating and reaching out to various stakeholders and the community. The Board's responsibility is to increase awareness and protect the public by creating policy that is current and relevant. Some of our priority items include but are not limited to:

1. Moving policy to regulation
2. Updating current regulations
3. Offering continuing education to Chiropractors
4. Community Forums with various stakeholders
5. Annual Open House for "National Chiropractic Regulation Day" in September
6. Collaborating with other health professionals to create awareness in community
7. Begin conversations on integrative care
8. Update workforce capacity report in 2016.



*Keita Vanterpool, DC
Chair, DC Board of Chiropractic*

2014 had a very eventful ending. On September 19, 2014, we hosted our first Open House at the John Wilson Building, at which we were able to release the very first of its kind in the nation, Work Force Capacity Report. We were mandated by DOH and City Council to provide a report to ascertain the demographics of chiropractors to our communities. Our hope is that this information will be used as a template by policymakers and stakeholders to make informed decisions to improve access to chiropractic care. We want to thank the Board, DOH staff, Chiropractors, HRSA, and all who were instrumental in making this happen.

(continued on page 3)

BOARD MEETINGS
 March 10, 2015
 May 12, 2015
 July 14, 2015
 September 8, 2015
 The Board of Chiropractic meets on the second Tuesday every other month.
OPEN SESSION IS 2:30 PM.

**Board of Chiropractic
 2nd Annual OPEN HOUSE
 September 2015**

MISSION STATEMENT: To serve and protect the public and ensure high standards of chiropractic care and professionalism through best-practices in regulation, education and outreach.



Dr. Jacqueline A. Watson

2015

A New Year; New Changes. Since our last publication there has been a lot of activity within the Board of Chiropractic and the District.

WELCOME

- We are all pleased to welcome our new mayor of Washington, DC, Mayor Muriel Bowser. Mayor Bowser has set a bold mission for improving healthcare in all 8 wards in the District and we look forward to working with her and her administration to continue to protect the safety and well-being of the residents and visitors to the District.
- We are also pleased to welcome back to DC, the new DOH Director, Dr. LaQuandra S. Nesbitt, MD, MPH. Dr. Nesbitt returns to Washington after serving as the Director of Public Health and Wellness in Louisville, Kentucky for the past 4 years. Dr. Nesbitt previously served as a senior deputy director at DOH and has an extensive knowledge of public health and is a strong proponent of improving access to care for the uninsured and underinsured through population health management, health policy and health services research. *Meet Dr. Nesbitt on page 3.*
- Welcome to new consumer Board member Justin Palmer, MPA. Mr. Palmer is the Chief Government Relations and Health Policy Officer for the DC Hospital Association. Prior to that, Mr. Palmer served as the Committee Director for the Committee on Health under then chairman, David Catania. *Meet him on page 4.*
- Welcome to Ms. Aisha Nixon to the "A" team. Ms. Nixon joined the BOC team in November as a health licensing

specialist. Prior to joining the Board, Aisha was the program manager for a rehabilitation department in a long term care facility. *Meet her on page 7.*

RENEWAL UPDATES 2014

During the 2014 renewal cycle, 80% of licensed Chiropractors renewed their licenses. I would like to apologize for the delays many of you experienced in obtaining your license in the mail during this cycle. We have been undergoing major IT system upgrades and work behind the scenes was responsible, in large part, for the challenges during this cycle. However, I am confident that the improvements made to our system will ultimately allow us to serve you better in the future.

CE AUDITS

Random audits will be conducted following the renewal period. All chiropractors are required to complete 24 CEUs. Please visit our website at <http://doh.dc.gov/node/397772>.

BOC POLICY GUIDELINES

The Board has posted to its website, www.doh.dc.gov/boc, several policy guidelines for licensees to utilize, including a policy on continuing education credits. DC Board of Chiropractic Policy Statements are intended to aid healthcare practitioners in the practice of their profession, the public when interacting with health care professionals, and Board staff when processing licenses, complaints or performing enforcement responsibilities. Policy statements are meant to assist in the administration or application of law or regulations. Please visit <http://doh.dc.gov/node/397772> to keep abreast of the policy statements.

CHIROPRACTIC MONTH AND OPEN HOUSE

The Board hosted a highly successful Open House event in September 2014 at the John Wilson Building. There were live demonstrations, facilitated by members of the Board, and presentations from key members of the chiropractic community and representatives from Councilmember Yvette Alexander. Senior Vice President for Government Relations, American Chiropractic Association, Mr. John Falardeau gave a presentation on The Patient Protection Affordable Care Act (PPACA): Challenges and Opportunities for the Chiropractic Profession. Mr. Falardeau identified the key areas under the PPACA that will have the biggest impact on chiropractors in the new

healthcare environment. Feedback on the event was extremely positive and the Board has committed to hosting an annual open house in the month of September to celebrate Chiropractic Month in the District. Stay tuned for information on BOC September 2015 open house.

STRATEGIC PLANNING RETREAT

The Board held its strategic planning retreat in September. The Board reviewed the goals it set and accomplished since the last retreat and committed to the following goals for FY2015:

- **Open House:** The Board will host an annual open house event that will provide chiropractors with a CE opportunity.
- **Workforce Capacity Report:** The Board will produce a second workforce capacity report. The next survey will be taken during the 2016 renewal period. A taskforce will be assembled to guide the development and implementation steps.
- **BOC Exam content and frequency:** The Board will continue to administer the jurisprudence exam three times in a fiscal year, with an optional fourth at the discretion of the Board. New formats for administering the exam will be explored.
- **International chiropractors:** A taskforce will be developed to explore opportunities and potential policies/regulations that need to be put in place to facilitate qualified international chiropractors practicing for limited periods of time, under supervision, in the District. If you are interested in joining the taskforce, send an email to marvin.romero.dc.gov.

ANNUAL CONFERENCE

The Federation of Chiropractic Licensing Boards (FCLB) will host its 89th Annual Educational Congress, May 6-10, 2015 in New Orleans—Big Ideas in the Big Easy. Dr. Vanterpool (voting delegate) and Dr. Miya Bazley (alternate delegate) will represent the Board.

FAREWELL

We are sad to say goodbye to Board member Dr. Carol Hopson. Dr. Hopson was appointed to the Board in 2013 and was an enthusiastic and committed member of the Board. In December, Dr. Hopson relocated with her family out of the country. She will be missed and we wish her well.

That's all for now. Our next issue will be in Fall. Until then, Be Well!

DR. JACQUELINE WATSON PROMOTED TO CHIEF OF STAFF FOR DOH

Dr. Jacqueline Watson has been promoted to Chief of Staff for the DC Department of Health. Congratulations to Dr. Watson on her promotion. The Board of Chiropractic is grateful for the many years of dedicated service that Dr. Watson has given to the Board.

In farewell remarks, Dr. Watson said: "It has been a privilege and an honor to have served as the Executive Director of the DC Board of Chiropractic for the past six years and to have worked with my esteemed colleagues on the Board and within HRLA. I am especially proud of the numerous accomplishments we have achieved together which have been both personally and professionally rewarding. I also thank my staff, 'Team Awesome,' for all of their hard work. I will miss each and every one of them. It is a great honor to have been selected to assist with guiding the Department in a new direction that aligns with both Mayor Bowser's and Dr. Nesbitt's health priorities for the District."

MEET THE DIRECTOR OF THE DEPARTMENT OF HEALTH DR. LAQUANDRA S. NESBITT

The Board of Chiropractic welcomes the new DOH Director, Dr. LaQuandra S. Nesbitt, a board-certified family physician who most formerly served as the Director of the Louisville Metro Department of Public Health and Wellness in Louisville, KY. Dr. Nesbitt is returning to DOH; she previously served as a Senior Deputy Director for the Community Health Administration, and Senior Deputy Director for the Center for Policy, Planning, and Evaluation at DOH. Prior to joining the DC DOH, Dr. Nesbitt was an Assistant Professor at the University of Maryland School of Medicine.



Dr. Nesbitt received her Bachelor of Science degree in Biochemistry from the University of Michigan-Ann Arbor, her medical degree from Wayne State University School of Medicine, and a Master of Public Health in Health Care Management and Policy from the Harvard School of Public Health. Dr. Nesbitt completed her fellowship training with the Commonwealth Fund Harvard University Fellowship in Minority Health Policy.

BOC STATS AS OF MARCH 13, 2015

# of Chiropractors	78
with PT privileges	70
ACU privileges	0
# of licenses issued	9 since April 29, 2014
# of disciplinary orders	0

The DC BOC is establishing a taskforce to examine criteria for **International Chiropractor Licensure** in the District. If you are interested in participating in this taskforce, please send an email to: marvin.romero@dc.gov

LETTER FROM THE CHAIR (continued from page 1)

Each year, members of the Board have the opportunity to meet with the FCLB (Federation of Chiropractic Licensing Board). Regulators across the nation discuss various issues; come to the table to find solutions and create policy and/or regulation that best suits the needs of their Board.

The National Board of Chiropractic Examiners (NBCE) is also instrumental in the profession in that it qualifies and nationally certifies doctors of chiropractic to enter the profession. Our goal is to continue to increase awareness and access to chiropractic care in our communities to ensure the public can make informed decisions about the type of care they would like to partake in to improve their quality of life.

Finally, we welcome your input, comments and suggestions and invite you to our Board open house meetings. To keep current on issues related to the Board, feel free to contact us via our website, phone and or social media.

Make it a FANTASTIC Year!

Dr. Keita Vanterpool
Chairperson
DC Board of Chiropractic



JUSTIN J. PALMER, MPA

Justin Palmer is the Chief Government Relations and Health Policy Officer for the DC Hospital Association. Prior to joining the DC Hospital Association in 2013, he served as the Committee Director for the Committee on Health of the Council of the District of Columbia under Chairman David A. Catania. Mr. Palmer began working for the Committee on Health following a two-year tenure as Legislative Assistant for former Congressman John Boccieri of Ohio focusing on health care policy, the Affordable Care Act, and agriculture policy. Justin Palmer is a graduate of The University of Akron (Master of Public Administration 2007) and Loyola University Chicago (B.A. 2005).

MEET NEW BOARD OF CHIROPRACTIC CONSUMER MEMBER JUSTIN PALMER

"The Board of Chiropractic is approachable and willing to work with licensees on a myriad of issues. In the coming years, we will be seeking input from licensees on several important policy areas and look forward to their participation in workgroups and taskforces."

When were you appointed to the Board?

May 2, 2014.

Why and how did you get involved with the Board? What sparked your interest in serving as a Board member?

Prior to applying to be a member of the Board, I was familiar with its work and had been impressed with the Board's commitment to regulating the profession in a fair, consistent, and progressive manner. I also saw it as an opportunity to be civically engaged.

Is there any aspect of your service as a Board member, thus far, that has surprised you (or has the experience been what you expected it to be)?

The experience has been largely what I expected, but I continue to be impressed with the dedication and commitment to protecting and advancing the profession that is exhibited by all the members of the Board.

What unique perspective do you bring to the Board (if any)? How do you think your life experiences or career experiences have helped prepare you to become an effective Board member?

As the consumer representative to the Board, my prospective comes from being a consumer of Chiropractic services in the District and ensuring the safest and best possible care is available to residents. While I have been a consumer of Chiropractic care for most of my life, I also have the unique perspective of being the child of a Chiropractor (not

licensed or practicing in the District of Columbia) and I have been able to see the impact of regulations on her practice.

What Board-related issues interest you most?

The marketing and advertising policies the Board has considered during my first year have been some of the most interesting topics we have handled. I think we have struck a balance between the ever changing landscape of marketing and protecting the consumer.

In recent years, what do you feel is the greatest accomplishment of the Board?

I think the *Chiropractic Workforce Report* is one of the Board's greatest accomplishments in recent years. I look forward to participating and working with the Board on the second report.

What would you tell someone who is thinking about applying to serve on your Board?

I would encourage them to apply and become a member of this dynamic and progressive Board. The Board members work in a collegial manner that creates an open and welcoming atmosphere.

Any message you would like to convey to licensees?

The District of Columbia Board of Chiropractic is approachable and willing to work with licensees on a myriad of issues. In the coming years, we will be seeking input from licensees on several important policy areas and look forward to their participation in workgroups and taskforces.

Counsel's Column

FAREWELL, PATIENT

By

Brian G. Kim, Esq.
Board Counsel

This will be my last column as Counsel to the Board of Chiropractic, as I will focus all of my time for the Board of Medicine henceforward. You will also have learned in this issue that our Executive Director, Dr. Jaqueline A. Watson, DO, MBA, has been appointed as the Chief of Staff to the Director of the Department of Health. We wish Dr. Watson well, and offer our heartfelt congratulations. We know that the Department will be in good hands with Dr. Watson alongside our Director, Dr. LaQuandra Nesbitt.

Since I embarked on the subject of departures at the beginning of this article, I would like to offer some thoughts on terminating the chiropractor and patient relationship. According to the chiropractic regulations at 17 DCMR § 4809.12, **"A licensee shall terminate a professional relationship with a patient in an appropriate and timely manner so as not to adversely impact the health of the patient."** What does this mean?

There are several elements to how a chiropractor might terminate his or her relationship with a patient. First, the relationship must be a professional one; that is, there must be a bona fide chiropractor and patient relationship. Second, the termination of the relationship must be appropriate and timely; that is, the notice to the patient must be one that the patient has reasonably received and can understand, and the patient must

"The notice to the patient must be one that the patient has reasonably received and can understand, and the patient must be provided with sufficient time to find alternative chiropractic services."

be provided with sufficient time to find alternative chiropractic services. In this regard, the chiropractor may have to assist the patient (in some cases) in finding alternative treatment services. Third, a patient cannot suffer an adverse impact because of a failure to provide adequate notice of terminating the chiropractor and patient relationship; that is, a chiropractor

may not leave a patient in a worse position by terminating the relationship. Therefore, even when terminating the chiropractor and patient relationship, the chiropractor must have patient safety in mind.

The primary mission of the Board of Chiropractic is to serve and protect the public and ensure high standards of chiropractic care and professionalism through best-practices in regulation, education and outreach. Following the guidelines outlined in this article will achieve not only the Board's mission, but the chiropractor's first duty of maintaining patient safety.

It has been my pleasure to serve the Board and the chiropractic community as Board Counsel. Under the leadership of Dr. Keita Vanterpool, the Board has made significant strides in enhancing the practice of chiropractic in the District, and has made a mark on the national chiropractic stage. I am honored to have served under Dr. Vanterpool's leadership along with all of the dedicated Board members. Best wishes and farewell.

THE BOARD OF CHIROPRACTIC WELCOMES NEW LICENSEES

Chiropractic only:
Chin-Wan Cho
Camille D'Amato
Jennifer Miller
Zachary Urben

Chiropractic & Physiotherapy:
George Freeman
Michael Gibson
Jaejung Kim
Patricia Richart
Andrew Toth

DC BOARD OF CHIROPRACTIC OPEN HOUSE

SEPTEMBER 2015

IN RECOGNITION OF
DC CHIROPRACTIC
REGULATION MONTH

STAY TUNED FOR
FURTHER DETAILS!

DC BOARD OF CHIROPRACTIC OPEN HOUSE



John Falardeau



Chiropractic Demonstration



Keita Vanterpool

CHIROPRACTIC OPEN HOUSE

The Board of Chiropractic held an "Open House" event in the Mayor's Press Room at the John Wilson Building on September 19, 2014. Board Chairperson **Keita Vanterpool, DC**, Executive Director **Jacqueline Watson, DO, MBA**, and Senior Deputy Director of the Health Regulation Licensing Administration **Rikin Mehta, PharmD, JD, LL.M.**, offered opening remarks, and the Board shared the findings of its publication: **DC Board of Chiropractic Workforce Capacity Report – 2014**, the first report of its kind for a chiropractic regulatory board. **John Falardeau**, Senior Vice President for Government Relations for the American Chiropractic Association, also gave remarks and Board members provided live demonstrations of Chiropractic practice.



Educational Outreach

K. Vanterpool and Board Member Miya Bazley visit Council offices.



J. Falardeau, K. Vanterpool, and R. Mehta



Board Staff



Chiro Board

BOARD WELCOMES HEALTH LICENSING SPECIALIST AND THANKS ASSISTANTS!



Aisha Nixon joined the team in November 2014. Ms. Nixon holds both a Bachelor of Science degree in Health Science and a Masters in Physical Therapy from Howard University.

Before joining the Board staff, she worked as a Program Manager for the rehabilitation department in a long term care facility.



The Board says "thank you" and "farewell" to **Hanna Minaye** and **Cameron Windham** who worked on behalf of the board for many months and helped organize the Board's Open House.

Outgoing Health Licensing Assistant Ms. Minaye is a graduate of Queens University of Charlotte where she earned a Bachelor's degree in Communication Studies and Environmental Studies. Originally from the Addis Abeba, Hanna returned to HRLA after extended travels in Asia and Ethiopia. Ms. Minaye will now pursue a Master of Public Health degree.

Outgoing Health Licensing Assistant Mr. Windham, is a recent graduate of Amherst College, where he earned a BA degree in English and was the pitcher of the varsity baseball team for four years. Cameron attended St. Albans School in the District and is currently studying for the Law School Admission Test (LSAT) in anticipation of pursuing a career in the legal field.

DC COUNCIL OVERSIGHT HEARING



Board Chair **Dr. Keita Vanterpool**, provides testimony to DC Council's Committee on Health Chair Yvette Alexander at Health Professional Board Oversight Hearing at the Wilson Building.

BOARD MEETING OPEN SESSION



Thomas Connelly, DC, Vice President of the DC Chiropractic Association, addressed the Board during the January 2015 meeting. Dr. Connelly presented information for the Board's review, and he requested that the number of Jurisprudence examinations administered in the District of Columbia be increased. Currently, the Board meets 6 times a year and offers the Jurisprudence examination 3-4 times a year. Regulations require that the exam is offered twice a year. The Board currently exceeds the expectation of the law.

THANKS TO OUTGOING BOARD MEMBER CAROL HOPSON, DC

The Board of Chiropractic would like to express its gratitude to **Carol Hopson, DC**, for serving on the Board from the fall of 2013 to the winter of 2015. Dr. Hopson brought a wealth of knowledge to the Board and she made important contributions, including playing a significant role in the Board's first Open House event. Dr. Hopson has left the Washington metropolitan area; she will be missed by her former colleagues on the Board.



Carol Hopson, DC

FILING A COMPLAINT WITH THE BOARD

To file a complaint against a licensed DC Chiropractor, go to www.doh.dc.gov/boc to download and complete the complaint form and mail to:

DC Board of Chiropractic
899 North Capitol Street NE
First Floor
Washington, DC 20002

You can also fax the complaint to the Board at (202) 442-8117.

If your complaint alleges unlicensed activity, address your complaint to:

Timothy Handy, Esq., Supervisory Investigator
Health Regulation and Licensing Administration
899 North Capitol Street NE, First Floor
Washington, DC 20002

You can also fax the complaint to the investigator at (202) 442-4924.

Please be advised that the health professional licensing boards do not have jurisdiction over fee disputes, except for billing for services that were not provided. If you have a fee dispute with a health professional, you can seek redress through the civil courts.

BOARD PUBLIC ORDERS

April 30, 2014 - March 13, 2015

There were no public orders issued against licensees during this period.



Government of the District of Columbia
Muriel Bowser, Mayor



HEALTH PROFESSIONAL LICENSING ADMINISTRATION

Address

DC Board of Chiropractic
899 North Capitol Street, NE
First Floor
Washington, DC 20002

Board phone number
(202) 724-8800

Fax number
(202) 442-8117

BOARD OF CHIROPRACTIC
WEB PAGE
www.doh.dc.gov/boc

BOARD OF CHIROPRACTIC MEMBERS

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Chairperson

Miya Bazley, DC
Board Member

Carol Hopson, DC
Board Member

Justin J. Palmer, MPA
Consumer Board Member

Sajeed Popat, JD
Statutory Member

Director, Department of Health
LaQuandra S. Nesbitt, MD, MPH

**Senior Deputy Director, Health Regulation
and Licensing Administration**
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