



Spring 2017



Government of the District of Columbia  
Muriel Bowser, Mayor



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## 2017 BOARD MEETINGS

**January 10, 2017**

**March 14, 2017**

**May 9, 2017**

**July 11, 2017**

**September 12, 2017**

**November 14, 2017**

**The Board of Chiropractic meets on the second Tuesday every other month.**

**OPEN SESSION IS AT 1:30 PM**

## LETTER FROM THE CHAIR

Happy Spring!!!

The DC Board of Chiropractic is happy to announce its newsletter rebirth in 2017. There are many transitions that have taken place since our last issue [Winter/Spring 2015] and we hope to continue our efforts to keep you informed and abreast of our activities and events.

As we embark on a new year, we look forward to our future as a Board and working on how we may improve our initiatives and communication with the public.

In other news, I am pleased to announce my election as District III Director of the Federation of Chiropractic Licensing Boards (FCLB) at our 2016 Congress held in Phoenix, Arizona. This enormous responsibility affords me the opportunity to manage and act as the liaison between 18 states and provinces throughout the US and Canada.

As Director, I have the pleasure of conveying information to our Board on best practices in regulation, the ability to update our language through the model practice act, and other ideas—from discipline, travel-to-treat and other areas that involve public protection. I am truly blessed and thankful for the support of the Department of Health (DOH) and its leaders in our efforts.

Our Board has been working tirelessly and is cognizant of the importance of staying current with the times, hence our ongoing efforts to update policy and regulation. To ensure safe and ethical practices as well as regulatory assurance, the Board and staff members regularly attend the annual and district meetings of the Federation of Chiropractic Licensing Boards (FCLB), and collaborates with the National Board of Chiropractic Examiners (NBCE). This year's Annual Congress will meet on May 3-7, 2017 in Orlando, Florida.



*Keita Vanterpool, DC  
Chairperson, DC Board of Chiropractic*

*(continued on page 2)*

## MISSION STATEMENT

**To serve and protect the public and ensure high standards of chiropractic care and professionalism through best-practices in regulation, education and outreach.**

## The DC Board of Chiropractic

MEETS

**THE 2<sup>ND</sup> TUESDAY  
EVERY OTHER MONTH.**

**OPEN SESSION AT  
1:30 PM**

**at  
899 N. Capitol Street NE  
Second Floor  
Washington, DC 20002**

**Time is allocated to allow the public an opportunity to speak to the Board. Please notify us in advance if you plan to attend a meeting by sending an email to [dcboc@dc.gov](mailto:dcboc@dc.gov).**

## ADDRESS CHANGES, PRACTICE CLOSURE AND LOCATION OF RECORDS

Pursuant to DC Official Code § 3-1205.13, all licensees of the Board are required to notify the Board in writing of any: (a) **change of address** of place of residence or place of business or employment within 30 days after the change of address; or (b) legal **change of name** within 30 days after the change.

Failure to do so may result in the initiation of disciplinary proceedings against the licensee. Please keep in mind the address you provide will be viewable by the public on the Board's website.

## LETTER FROM THE CHAIR (continued from page 1)

In keeping up with our mission to "serve and protect the public and ensure high standards of chiropractic care and professionalism through best practices in regulation, education and outreach," the Board is focusing on the following goals this year:

1. Update policy and regulatory language (ongoing).
2. Complete and publish a workforce capacity report.
3. Launch education and outreach initiatives with DOH and other agencies.
4. Host an Open House "Chiropractic Regulation Day," providing continuing education (CE) credits to engage and assist our doctors in fulfilling the new 30-hour CE requirement per renewal cycle.
5. Seek equality in access to care for all District residents.
6. Hold a strategic planning meeting to update and renew goals and progress.

We will be reaching out to our licensees as we continue the process of updating our policy and regulatory language. If you would like to participate in a subcommittee in this process, please contact the Board.

In closing, we invite the public and our licensees to attend our open session meetings which occur the second Tuesday of every other month. It is here that you will get a bird's-eye view of what is discussed. If you would like to speak at our sessions, please contact the Board in advance so that you may be placed on the agenda.

Have a safe and prosperous year!!!

Sincerely,

Dr. Keita Vanterpool  
Chairperson

## BOARD CHAIR TESTIFIES AT COUNCIL HEARING



On March 1, 2017, Chiropractic Board Chair Dr. Keita Vanterpool testified before the DC Council's Committee on Health and answered questions posed by Committee Chair Councilmember Vincent C. Gray (D-Ward 7). Dr. Vanterpool provided information about the Board's activities and provided the statistics regarding the professionals under the Board's purview.

Visit the DC Board of Chiropractic's webpage at:

[www.doh.dc.gov/boc](http://www.doh.dc.gov/boc)



## BOARD OF CHIROPRACTIC'S NEW EXECUTIVE DIRECTOR: MEET FRANK B. MEYERS, JD

The Board of Chiropractic welcomes Frank B. Meyers, JD, who serves as the Executive Director for the Board of Chiropractic, as well as the Board of Medicine. Mr. Meyers comes to DOH's Health Regulation and Licensing Administration after serving as legal counsel for the Missouri State Board of Registration for the Healing Arts for the past four years.

Mr. Meyers earned his bachelor's degree in 2004 from Rockhurst University, majoring in History with minors in Political Science and Theology. Following completion of his undergraduate studies, Mr. Meyers went to law school at the University of Missouri-Kansas City, where he earned his law degree in 2008.

Mr. Meyers spent several years in private practice in Kansas City, Missouri, before transitioning to state government in 2012 when he began working for the Missouri Department of Social Services as an administrative hearing officer. Ultimately, Mr. Meyers joined the Missouri State Board of Registration for the Healing Arts in late 2012, where he first served as Associate General Counsel and then General Counsel for the Missouri Board.

Mr. Meyers is a transplant to the DC area, moving from Jefferson City, Missouri, and is an avid St. Louis Cardinals fan.



## BOARD OF CHIROPRACTIC AND BOARD STAFF

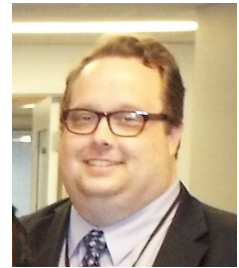


Board Investigator, Mark Donatelli; Consumer Board Member, Justin J. Palmer, MPA; Board Chairperson, Keita Vanterpool, DC; Senior Deputy Director of DOH's Health Regulation and Licensing Administration, Sharon Williams Lewis, DHA, RN-BC, CPM; Former/Interim Board Executive Director, Robin Jenkins; Board Health Licensing Specialist, Angela Braxton; Board Health Licensing Specialist, Mary Harris; current Board Executive Director, Frank B. Meyers, JD; and Board Attorney, Ajay Gohil, Esq. Not pictured: Board Member, Miya Bazley, DC; Statutory Board Member, Torey Mack, MD; and Health Licensing Specialist, Aisha Nixon.

## BOARD OF CHIROPRACTIC EXECUTIVE DIRECTOR'S COLUMN

By

Frank B. Meyers, JD, Executive Director  
DC Board of Chiropractic



### Introduction

With a new year comes new changes and the DC Board of Chiropractic is no exception. The past year has brought with it licensure renewals, a new workforce survey, new regulations and even new staff. The Board is focused on making sure that 2017 will continue to bring positive change to both its licensees and to the District's residents it's sworn to protect.

### Renewals

Beginning in October of 2016, the Board began accepting applications from DC licensed chiropractors for renewal of their licenses. This process continued until December 31, 2016, at which point any license that was not renewed became expired. We are happy to report the Board had a nearly 100% renewal rate for the 2017-2018 renewal cycle.

These new licenses will be valid until December 31, 2018. As the next expiration date approaches, the Board will send out renewal reminders to the address of record on file for each licensee. This reminder will include information on how to renew your license, as well as how to contact us with any questions regarding your renewal. If your address changes at any point between now and the next renewal cycle, you are required to provide your new address to the Board. This allows the Board to maintain active communication with its licensees, including providing up to date information on the legal requirements for practicing chiropractic within the District of Columbia.

### Workforce Survey

As part of the recent renewal cycle, licensees were also asked to complete a Workforce Survey. The responses each of you submitted will be used in compiling the next Workforce Capacity Report, which is utilized by both the Board and other governmental agencies in addressing various issues regarding the chiropractic workforce. This includes identifying areas of provider shortage, common issues of concern in providing chiropractic care, and even identifying changing methods to the scope of chiropractic practice. You can find a copy of the 2014 Workforce Capacity Report online at <http://doh.dc.gov/node/901812>.

As for the most recent survey, the Board hopes to have the Workforce Report compiled and published before the end of the year. Shortly thereafter, the Board will also put on a symposium to discuss the issues identified and obtain input on ways to solve those issues. Keep an eye out in the near future for more information regarding the next Workforce Capacity Report, as well as the next Board of Chiropractic Symposium.

### Conclusion

I want to thank the wonderful staff and members of the Board for the excellent work they do. Without the hard work and dedication of these amazing people, the Board would not be able to fulfill its purpose of patient protection. The Board is always looking for talented people to assist in its mission, whether that be providing feedback on regulations, participating in workgroups, or just providing information on topics of interest. If you or someone you know is interested in helping the Board, you can have them reach out to us via email at [dcvoc@dc.gov](mailto:dcvoc@dc.gov). Here's to an exciting and positive 2017!

Sincerely,

Frank B. Meyers, JD  
Executive Director  
DC Board of Chiropractic



## COUNSEL'S COLUMN: REGULATIONS UPDATE

By

Ajay Gohil, Esq., Assistant General Counsel  
Board Attorney, DC Board of Chiropractic



The DC Board of Chiropractic was very active in amending and updating its regulations in 2016. It set forth rule amendments regarding educational requirements, licensure requirements, examination, continuing education requirements, standards of conduct, and scope of practice.

**It is important that chiropractors licensed in the District be aware of these amendments, specifically the changes to Continuing Education requirements beginning with the 2017-2018 license cycle.**

Specifically, the rule amendments will:

- Change the description of one of the areas of the District examination for licensure from "Medical ethics" to "**Ethics and boundaries**";
- Require applicants for licensure who fail to obtain a score of at least 75% on two successive District examinations to appear before the Board before being permitted to **retake the examination** a third time;
- Allow applicants for licensure awaiting examination to **practice under the direct supervision** of a District licensed chiropractor for a period not to exceed six (6) months unless extended at the discretion of the Board;
- **Increase the number of continuing education credit hours** from the current requirement of twenty-four (24) hours to the new requirement of **thirty (30) hours** beginning with the 2017-2018 license cycle, which shall include three (3) hours in **communicable disease** (including HIV-AIDS), two (2) hours in **cultural competence** and appropriate clinical treatment specifically for individuals who are lesbian, gay, bisexual, transgender, gender nonconforming, queer, or questioning their sexual orientation or gender identity and expression, and five (5) hours in any combination of **ethics, risk management, documentation and record keeping, or cultural competency**;
- Increase the number of continuing education credit hours from the current requirement of twelve (12) hours to the new requirement of fifteen (15) hours for an applicant in **inactive status** who submits an application to reactivate a license;
- Increase the number of continuing education credit hours from the current requirement of twelve (12) hours to the new requirement of fifteen (15) hours for an applicant for **reinstatement** of a license;
- Add the **Federation of Chiropractic Licensing Boards Providers of Approved Continuing Education (PACE) Program** as an entity the Board shall accept for accrediting continuing education programs;
- Prohibit **advertising and marketing** that is false, misleading, or deceptive or contravenes professional ethics or does not conform to the prevailing standards of acceptable chiropractic practice;
- Require that only information that is accurate and truthful be used when describing a chiropractor's **professional education, qualifications, titles, or other professional information** generally relied upon by the public;
- Allow for chiropractors licensed in other states but not in the District to participate in a **clinic or event** in the District under certain conditions; and
- Allow **students** enrolled at approved chiropractic colleges to work in a chiropractic office under the direct supervision of a preceptor or Board-approved licensed practitioner, giving the students an opportunity to obtain practical experience in addition to their classroom education.

Over the course of the next year, the Board will continue to update its laws and rules to **bring the District up to date with current standards and best practices** in the chiropractic profession.

If you have any questions or comments regarding any of the Board's statutes or regulations, please feel free to contact the Board staff or myself at (202) 724-8800.

## BOARD OF CHIROPRACTIC HEALTH LICENSING SPECIALIST ANGELA BRAXTON



**Angela Braxton** joined the team in January 2015. Before joining the Board of Chiropractic staff, she worked for many years as a Health Licensing Assistant with the Board of Nursing.

Before joining DOH, Ms. Braxton was a Program Manager for 14 years with Family Matters, formerly Family and Child Services.

## BOARD OF CHIROPRACTIC *WELCOME, NEW LICENSEES!*

### Chiropractic only:

Timothy E. Hui  
Keith E. Pyne  
Laura Reid

### Chiropractic & Physiotherapy:

Mazen M. Aljutaili  
Burgandi D. Collins  
Manuel J. Compas  
Steven L. Davis  
Derek J. Moore  
Anthony Noya Jr.  
Jiwoon Ryu  
Jason D. Rosenberg  
Andrew T. Sorrento  
Dawn L. Sykes  
Jessica L. Wing

## BOARD STATISTICS

### ACTIVE LICENSEES as of March 1, 2017

	Active
Chiropractor	98
Chiropractor with Ancillary Procedures - PT	71

## VERIFICATION OF LICENSURE

Licensing authorities and some health facilities often require a letter of verification of the licenses you currently hold or have held in the past. These letters of verification are sometimes called "letters of good standing," even though your DC license may have expired. If the jurisdiction or institution to which you wish the letter sent gave you a form, simply forward the form, with a check or money order payable to "DC Treasurer" in the amount of thirty-four dollars (\$34.00) to:

Ms. Shivangi Bhatt  
Health Licensing Specialist  
DC Board of Chiropractic  
899 North Capitol Street NE  
Second Floor  
Washington, DC 20002

On the form, be sure to include your name, along with the name and address where the form is to be sent. If the jurisdiction or institution that you wish the letter sent to did not provide a form, send the payment referenced above and a short note requesting a letter of verification. The note should include your name, along with the name and address of where you want the letter of verification sent.

## MEET SENIOR DEPUTY DIRECTOR DR. SHARON LEWIS

Sharon Lewis, DHA, RN-BC, CPM, is the Senior Deputy Director at the Department of Health, Health Regulation and Licensing Administration (HRLA).

Dr. Lewis is responsible for the oversight of 19 professional boards, 62 health professions, Food Safety for over 7,500 establishments, Rodent and Vector Control, Animal Services, Pharmaceutical Control, Radiation, Health Care Facilities, Clinical Laboratories, Intermediate Care Facilities, Criminal background check and the Compliance and Investigations Division.

Under her leadership, HRLA staff conduct the survey operations for the licensing and certification of facilities and the licensing of professionals.

Dr. Lewis has 30 years of government service. She is a Registered Nurse and has a Doctorate in Health Care Administration.

Dr. Lewis is a Certified Public Manager, and has completed Harvard University's John F. Kennedy School of Government, executive program on Strategic Management of Regulatory and Enforcement Agencies.

She was a clinical investigator for an Infusion Pump study for the Food and Drug Administration and the

Agency for Healthcare Research and Quality's Patient Safety Improvement Corp.

Dr. Lewis is currently pursuing a Certificate in International Health. She is the author of a case study on HIV testing published in a Health Administration Leadership and Management text. Dr. Lewis is an active participant in various health care provider associations.

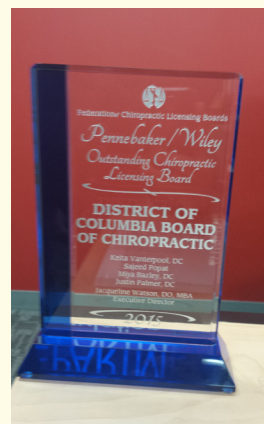
Quilting is a hobby Dr. Lewis enjoys during her spare time. Her focus is to foster quality care for the constituents of the District of Columbia that receive health care services from programs that come under her purview as well the licensing of professionals.



Left to right: Consumer Board Member, Justin J. Palmer, MPA; Dr. Sharon Lewis; Former/Interim Board Executive Director, Robin Jenkins; Health Licensing Specialist, Angela Braxton; and current Board of Chiropractic Executive Director, Frank B. Meyers, JD.

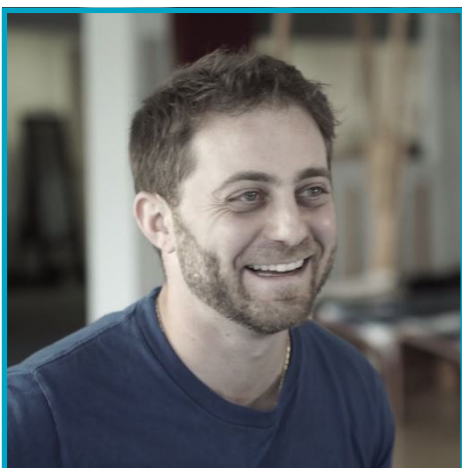
## BOARD RECEIVES AWARD

The District of Columbia Board of Chiropractic received the **2015 Pennebaker/Wiley Outstanding Chiropractic Licensing Board Award** at the Federation of Chiropractic Licensing Boards' (FCLB) 89th Annual Convention in New Orleans, in May 2016. The award recognizes an FCLB member board which has **exemplified standards of excellence, serving as a model for every chiropractic licensing board**. "The recipient of the award should have done something difficult, whether in terms of legislation, internal restructuring, political positions, development of educational materials, or other areas outside the mainstream of everyday operations."



The District of Columbia Board of Chiropractic (BOC), a division within the DC Department of Health, Health Regulation and Licensing Administration (HRLA), has the responsibility to regulate the practice of chiropractic medicine in the District of Columbia. Its mission is to serve and protect the public and ensure high standards of chiropractic care and professionalism through best-practices in regulation, education and outreach. Regulation is achieved through the application process, the disciplinary process and outreach/educational activities.





Justin M. Klein, DC

### When were you appointed to the Board?

I was officially appointed to the Board on December 15, 2016.

### Why and how did you get involved with the Board? What sparked your interest in serving as a Board member?

True story. I visited the Board for a meeting last year and in that meeting there was a guest attending to explain and discuss the SEED Initiative in DC, which was not designed at the time (and still may not be) to include chiropractic services. I had plenty to say about my perspective on the matter and to know that this health care project was only to include medical interventions, because I believe that an overwhelming amount of research in the literature only gives more reason to include preventative and proactive health management like the services chiropractors provide. After that meeting I was asked if I would like to join the Board and I'm excited to have the opportunity to have my voice heard now in the DC Board of Chiropractic.

### Is there any aspect of your service as a Board member, thus far, that has surprised you (or has the experience been what you expected it to be)?

Well, I've only just begun, but it is encouraging to know that now as an active member I am able to propose positive changes that I believe can better the chiropractic

## MEET NEW BOARD OF CHIROPRACTIC MEMBER, JUSTIN M. KLEIN, DC

*"We live in an extremely educated metropolitan area and I believe it is for these reasons that we should really continue to push to educate the medical community about what we do so that we can continue to build bridges between us, rather than continue to misinterpret and misrepresent by remaining uninformed. And that goes for all of us."*

profession, raise standards and protect the public. I believe that this is a time where we really need to educate the general public about our profession, as well as the health and medical communities. With respect to the plethora of research supporting non-invasive and conservative treatment protocols, I believe it is important that we as chiropractors begin to be seen as "health managers," rather than "pain managers," because we as a profession have an opportunity to improve our entire American health care system by improving the perception of ourselves.

### What unique perspective do you bring to the Board? (Tell us about your career.)

I am a Washingtonian, born and raised, and a three-sport athlete growing up (baseball, soccer, wrestling). As a consistent leadoff batter and captain of the wrestling team, my experiences in athletics created my desire to improve, especially with (personal) human performance. I attended the University of Maryland, College Park, earning a BS degree in Kinesiology, after two years of Pre-Med. I was also the president of my fraternity and member of the InterFraternity Council (IFC) Board. I graduated cum laude from the University of Bridgeport, College of Chiropractic, having served as president of the Student Government for two years and was an active Student American Chiropractic Association (SACA) member as well. I've travelled the world in search of knowledge of neurodevelopmental education, healing techniques, movement and body language, and earned a lot of tough love

while travelling on my own, meeting all kinds of new people along the way. I began my career in Silver Spring, MD in 2008, and began my own practice in Spring Valley, NW, DC in the summer of 2010, Got Your Back Chiropractic, now known as Got Your Back Total Health. Over the past seven years, my office has grown from 500 square feet with no windows, to over 3,000 square feet of total health and happiness care, with windows all over and floor space to move to your heart's delight. I now have a team of six friendly and passionate staff, all certified assistants and coaches, and are helpful on the floor as we work on restorative movement with our patients. As a clinician, we focus on the whole patient as an individual powered by their nervous system, and our system is unique in that it combines two structurally restorative techniques. We believe an educated patient will make better healthy changes for themselves, creating better healthy habits, and ultimately becoming more sustainable, healthy individuals. Structural restorative/corrective care, including techniques like Chiropractic BioPhysics practices, special adjustments and traction to strive towards ideal curvatures of the spine, similar to orthodontics of the spine without the use of "braces." We combine our structural chiropractic technique with an education on "physically therapeutic" movement systems, designed specifically to teach each individual sustainable healthy practices. We love to help our patients rediscover their Original Strength<sup>(tm)</sup> and build a healthy MoveMentality<sup>(tm)</sup>...and keep getting healthier and happier along the way!

*"I visited the Board and there was a guest to explain and discuss the SEED Initiative in DC, which was not designed to include Chiropractic services. I had plenty to say ... I believe that an overwhelming amount of research in the literature only gives more reason to include preventative and proactive health management like the services chiropractors provide. After that meeting I was asked if I would like to join the Board, and I'm excited to have the opportunity...."*

We've just begun our newest project, the Got Your Back Foundation, 501(c)(3), and our mission is to level the playing field, creating better access to complementary and alternative health care as well as providing initiatives to bring all of our complementary and alternative health care systems to those who need it, can't afford it, and/or don't have access to it. We aim to create programs that will bring movement, nutrition, chiropractic, rehabilitation, health, wellness and fitness education, jobs and collaborations to those who need it, want it and deserve it, and we are super excited to be starting our programs by Spring 2017!

#### **What issues, related to the regulation of Chiropractic, interest you most?**

I'm interested in learning as much as I can at the moment because I haven't really had an opportunity to learn all of the possibilities yet. With respect to regulations that I think could help ensure quality care, I believe we should have a minimum education level for Chiropractic Assistants because it's important to have the right basic knowledge when handling patients with care.

#### **What knowledge or skills have you developed as a Board member that you had not developed before?**

Since I've only just begun my journey as a Board member on the DC Board of Chiropractic, I would have to say that I am excited for all of the knowledge and skills that I look forward to developing in my tenure. I love networking as well and I'm looking forward to continuing to build bridges with like-minded perspective doctors who want to continue to educate the people. It's been a while since I've been able to get away from

my practice, so it will be really nice to travel and meet more members of Chiropractic Boards around the country.

#### **Is there anything about the District or the DC population that poses a unique challenge regarding the regulation of chiropractic practice?**

Chiropractic has a unique challenge in itself to create a healthy sense of awareness of the services and products we provide to our communities. As Doctors of Chiropractic, we all need to get on the same page with respect to our scopes of practice, regulations and specifications certainly can and will help to improve our standing as health care providers. As we know, there is a wide variety of chiropractic treatments, protocols, services, practitioners, philosophies, etc. I believe that one of our greatest challenges has been the split between ourselves, and, in time, we need to reestablish ourselves as "health managers" rather than "pain managers," as we are the doctors (educators) who enjoy seeing our patients get well, stay well and manage the healing process. We live in an extremely educated metropolitan area and I believe it is for these reasons that we should really continue to push to educate the medical community about what we do so that we can continue to build bridges between us, rather than continue to misinterpret and misrepresent by remaining uninformed. And that goes for all of us.

#### **In recent years, what do you feel is the greatest accomplishment of the Board?**

I'm not sure of all the most recent accomplishments, but I feel that one of the greatest accomplishments that I am aware of is that we have more than

doubled the number of Doctors of Chiropractic in the District now compared to when I moved back to the DC area in 2008. I believe we were under 50 DC's in DC then and now we are at or around 100 active DC's. That is so GREAT because we have more voices to be heard!!!

#### **What challenges do you anticipate that the Board might face in the future?**

One big challenge, as I've mentioned, is going to be bridging the gap between Chiropractic, Medicine and our communities. I never imagine any change happens easily, and it all comes down to perspective and appreciation if we're being proactive. Just as we deal with our patients on a daily basis, pain says a lot. And change can be painful if we allow it to be or if we allow problems to get too big before doing something about it. That's how I see this unknown territory right now. If we're proactive, thinking outside the box, opening our minds to the possibilities rather than the objections (yet keeping those struggles in mind), we can make anything happen. So, in other words, "Challenge Accepted."

#### **What would you tell someone who is thinking about applying to serve on the Board?**

I would say that we could use all the help we can get! As I've mentioned, I'm brand new to the Board and I'm excited to be able to have a voice in our system now. It would be great to have more doctors serve with us to help give us more perspective on possible improvements we can make.

#### **Any message you would like to convey to new licensees?**

I'm looking forward to meeting you!!! Welcome to DC.



# DC BOARD OF CHIROPRACTIC OPEN HOUSE



## CHIROPRACTIC OPEN HOUSE

The DC Board of Chiropractic hosted an "Open House" in the Mayor's Press Room at the John A. Wilson Building in September 2015. Chiropractic Board Chairperson **Keita Vanterpool, DC** offered a general welcome to guests and introduced the speakers. Then-Board Executive Director **Robin Jenkins** also welcomed the public.

### COUNCILMEMBERS SPEAK

Distinguished speakers included then-Councilmember the **Honorable Yvette M. Alexander**, who was Chair of the Committee on Health. Ms. Alexander read from the proclamation naming September 20<sup>th</sup> as "Chiropractic Regulation Day" in the District and she noted that, globally, of all disease burdens, musculoskeletal disease ranked second after mental illness as the primary cause of disability.

Then-Councilmember, the **Honorable LaRuby May** spoke to program attendees and expressed appreciation for the Department of Health (DOH), DOH Director Dr. LaQuandra S. Nesbitt, and the Board of Chiropractic, and applauded our commitment to public health, safety and well being. She thanked the Board for their continued commitment to educating the public. Ms. May also noted that providing spinal manipulation, via chiropractic care, is unique and significant and noted that tens of millions of people have sought chiropractic care for back pain. She also affirmed her commitment to addressing the health-access deficiencies in Ward 8 and ensuring allocation of funding for access to effective and quality services east of the river. Ms. May also noted the importance of LGBTQ rights and access to quality health care that is non-discriminatory.

### MAYORAL PROCLAMATION

Representatives from the Office of the Mayor delivered a new proclamation from **Mayor Bowser**, which stated in part: "It is my pleasure to extend greetings to the [DC] Board of Chiropractic...The [board] has been a trendsetter in excellence and best practices. Thank you for your leadership, consideration of the community and Council's initiatives for providing an integrative and inclusive approach to the public safety, awareness and education."

Photos:

- (1) Board Chair, Keita Vanterpool, DC
- (2) Acting Board Executive Director, Robin Jenkins
- (3) Councilmember Yvette M. Alexander
- (4) Keynote Speaker, Dr. Sean Robinson
- (5) Speaker, John Falardeau
- (6) Councilmember LaRuby May
- (7) Health Licensing Specialist, Mary Harris, and Dr. Vanterpool distribute Board outreach materials;
- (8) Dr. Vanterpool with Maria Tatiana Torres and Dr. Angela Salecdo from the Mayor's Office
- (9) Councilmember Alexander presenting Proclamation
- (10) Open House attendees with speakers, Board staff, and attendees.

See highlights from Open House LGBTQ Cultural Competency panel on page 10.

(Continued on page 9)



(continued from page 8)

### VICE PRESIDENT OF THE AMERICAN CHIROPRACTIC ASSOCIATION

**John Falardeau**, senior vice president for advocacy and public policy at the American Chiropractic Association reminded attendees that October is National Chiropractic Health Month and noted that September 18 is Founders Day for the chiropractic profession. He also spoke about the opioid addiction problem in the country and how the chiropractic profession has been instrumental and effective in the management and treatment of chronic pain. On social media, #painfreenation is an information hub to find a chiropractic doctor as well as useful tools regarding chiropractic care.

### CHIRO DEMONSTRATION

During the Open House, **Dr. Vanterpool** provided the public with an introduction to chiropractic practice (see photos below).

Dr. Vanterpool, with the assistance of HRLA Health Licensing Assistant **David Walker**, demonstrated the Sacral check, Motion palpation of cervical spine and Deerfield leg check.



9



10





## CULTURAL COMPETENCY: PANEL DISCUSSION ON LGBTQ PATIENT CARE



Panel participants:

- a) Eric Ackridge
- b) Bianca Palmisano
- c) Ken Pedigrew
- d) Dr. Sean Robinson

### New LGBTQ Continuing Education Requirement

Health care practitioners in the District will be required to obtain three (3) continuing education credits per renewal cycle on the topic of LGBTQ [Lesbian, Gay, Bisexual, Transgender and Questioning] cultural competence.

At the Open House, the Board of Chiropractic devoted two segments of the program to helping health care providers understand the most basic LGBTQ concepts.

**Dr. Sean Robinson**, Associate Professor, Higher Education & Student Affairs at Morgan State University, provided a presentation entitled "Affirmative Health Care for Lesbian, Gay, Bisexual, and Trans\* (LGBT) People."

#### Basic Terminology

The challenge to health care providers is to create a health care system that does not render LGBTQ patients "invisible". The first step is grasping the basic concepts affecting all patients—gender and sex:

**Sex** – Refers to the presence of specific anatomy. Also may be referred to as 'Assigned Sex at Birth'

**Gender Identity** – What your internal sense tells you your gender is

**Gender Expression** – How you present your gender to society through clothing, mannerisms, etc.

#### Sexual Orientation –

- Whom you are physically and emotionally attracted to
- Whom you have sex with
- How you identify your sexuality

Once a health care professional becomes familiar with the concepts impacting LGBTQ identity, providers can use that knowledge to better serve LGBTQ people. Inclusion can begin with an intake form which recognizes the diversity of identities. Do your intake forms assume that your clients are not part of the LGBTQ community? Forms for new patients can be a means for learning about the person's life and identity:

#### Do you think of yourself as:

- ☐ straight/heterosexual
- ☐ lesbian
- ☐ gay
- ☐ bisexual/pansexual
- ☐ queer
- ☐ questioning
- ☐ don't know \_\_\_\_\_
- ☐ Other \_\_\_\_\_

#### What is your relationship status:

- ☐ Single
- ☐ Married
- ☐ Partnered/Long-Term Partnership
- ☐ Living Together
- ☐ Divorced/Separated
- ☐ Widowed

#### What is your current gender identity? (check ALL that apply)

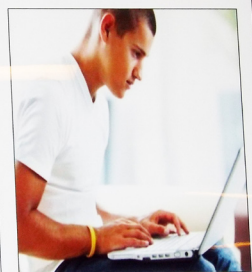
- ☐ Male
- ☐ Female
- ☐ Transgender Male/Trans Man/FTM
- ☐ Transgender Female/Trans Woman/MTF
- ☐ Gender Queer
- ☐ Additional Category (please specify)

#### What sex were you assigned at birth? (Check one)

- ☐ Male
- ☐ Female
- ☐ Decline to answer

#### Collecting Demographic Data on Sexual Orientation/Gender Identity

- What is your current gender identity? (check ALL that apply)
  - ☐ Male
  - ☐ Female
  - ☐ Transgender Male/Trans Man/FTM
  - ☐ Transgender Female/Trans Woman/MTF
  - ☐ Gender Queer
  - ☐ Additional Category (please specify)
- What sex were you assigned at birth? (Check One)
  - ☐ Male
  - ☐ Female
  - ☐ Decline to Answer



Center of Excellence for

(Continued on page 10)

(Cultural Competency continued)

During the discussion, panelists noted considerations health care providers should keep in mind regarding LGBTQ patients:

- LGBTQ persons have historically been a marginalized population.
- It is only recently that homosexuality and gender identity issues have not been labelled psychological disorders.
- 74% of LGBTQ individuals were subjected to **bullying, harassment, or discrimination** during the K-12 years.
- LGBTQ persons may be **isolated**, as they are less likely to have the support of family and community.
- LGBTQ persons have a **higher suicide rate** and higher rate of Sexually Transmitted Disease and homelessness.
- Ask new patients about possible use of **alcohol/recreational drugs**.
- Ask if patients have a history using anti-HIV **Pre-Exposure Prophylaxis (PrEP)**, hormones or puberty blockers.
- Use **inclusive language** on intake forms.
- If your intake interview is the same for all, consider **reframing** what you are asking to ensure inclusivity.
- Your questions about members of the household should be inclusive. If you traditionally ask "What is your wife's/husband's name?," ask for the name of the "husband, wife or long-term partner."
- If you would like to **initiate a discussion** about identity or gender, make room for "other" on the form—with space for the patient to explain their situation. An open form gives the patient permission to talk about themselves and their experiences.
- One **ice breaker** question on the intake form could be "Do you consider yourself to be a part of the LGBTQ community?"
- If a patient indicates that they are **"trans,"** ask them what that designation means to them. Different people may use this term in different ways.
- If you are not sure **which pronoun** to use, ask the patient which they prefer.
- Be affirming—through your actions, the format of your intake forms, and through the **pictures on your website**.
- Engage in outreach; obtain a **vendor table** at LGBTQ community events.
- LGBTQ issues are human issues. LGBT patients have jobs and families.

## LGBTQ CULTURAL COMPETENCE CONTINUING EDUCATION REQUIREMENT

**Once rules are promulgated**, health care professionals in the District of Columbia will be required to obtain LGBTQ cultural competency CE credits. The law has passed but **the following conditions have to be met prior to implementation**:

1. Rules must be promulgated to implement this law.
2. The DOH Director and the Executive Office of the Mayor will not approve rules that would implement the LGBTQ continuing education (CE) requirement in the middle of a CE cycle. The rules will only apply to the next CE cycle after the rules are effective.
3. For most professions, each board needs to recommend for each occupation whether the LGBTQ CE requirement is included in existing CE hour requirements or in addition to existing CE hour requirements.
4. For a health occupation without existing CE requirements, the rules must establish the CE program for at least the LGBTQ CE requirement based on the relevant board's recommendation. More CEs can be established.
5. Rules need to specify subspecialties considered to be exempt under the statutory provision for a rule waiver as they "do not see patients in a clinical setting". For example, radiologists, pathologists, administrative doctors.

**See DC Law 21-95, LGBTQ Cultural Competency Continuing Education Amendment Act of 2016 at: <http://lims.dccouncil.us/Download/33671/B21-0168-SignedAct.pdf>**

## THANKS TO OUR HEALTH LICENSING SPECIALISTS!

Dr. Vanterpool (second from left), thanks the health licensing specialists who helped make the Open House a success! From left to right: Health Licensing Specialists **Shivangi Bhatt**, **Toylanda Brown**, **Fatima Abby**, **David Walker** and **Mary Harris**.





## CHIROPRACTIC BOARD MEMBERS AND STAFF REPRESENTING THE DISTRICT AT NATIONAL/REGIONAL MEETINGS AND CONFERENCES



Federation of Chiropractic Licensing Boards  
Board of Directors Meeting, Greeley, CO  
January 2017



Federation of Chiropractic Licensing Boards  
Board of Directors Meeting, Las Vegas, NV  
January 2016



National  
Board of  
Chiropractic  
Examiners  
Test Committee  
Greeley, Colorado  
June 2016



Federation of Chiropractic Licensing Boards  
District III and V Meeting, Nashville, TN  
September 2016





Federation of Chiropractic Licensing Boards 90th Educational Congress, Phoenix, Arizona (May 2016)  
DC Board Chair Dr. Keita Vanterpool was elected District III Director!



District III and V meeting, Providence, Rhode Island  
September, 2015



National Chiropractic Leadership Conference, Washington, DC, February 2016

## FILING A COMPLAINT WITH THE BOARD

To file a complaint against a licensed DC Chiropractor, go to [www.doh.dc.gov/boc](http://www.doh.dc.gov/boc) to download and complete the complaint form and mail to:

**DC Board of Chiropractic**  
**899 North Capitol Street NE**  
**First Floor**  
**Washington, DC 20002**

You can also fax the complaint to the Board at (202) 442-8117.

**If your complaint alleges unlicensed activity, address your complaint to:**

**Derek Brooks, Supervisory Investigator**  
**Health Regulation and Licensing Administration**  
**899 North Capitol Street NE, First Floor**  
**Washington, DC 20002**

You can also fax the complaint to the investigator at (202) 442-4924.

*Please be advised that the health professional licensing boards do not have jurisdiction over fee disputes, except for billing for services that were not provided. If you have a fee dispute with a health professional, you can seek redress through the civil courts.*

## BOARD PUBLIC ORDERS

There have not been any public consent orders for Board of Chiropractic from Spring 2014 to the present.



**Government of the District of Columbia**  
**Muriel Bowser, Mayor**



### HEALTH PROFESSIONAL LICENSING ADMINISTRATION

#### Address

DC Board of Chiropractic  
899 North Capitol Street, NE  
First Floor  
Washington, DC 20002

#### Board phone number

(202) 724-8800

#### Fax number

(202) 442-8117

#### BOARD OF CHIROPRACTIC WEB PAGE

[www.doh.dc.gov/boc](http://www.doh.dc.gov/boc)

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#### Miya Bazley, DC

Board Member

#### Justin M. Klein, DC

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