

# Supervision Experience Document – CAC I FORM C



A minimum of **500** hours of experience performing the following tasks must be documented with at least **forty (40)** hours in each of the twelve core functions is required for a CAC I. Supervisors **must sign the form verifying EACH task completed and the number of hours completed.** Any supervisor that signs for hours on this form must be qualified to be an approved supervisor.

TASKS	# OF HOURS	INSTITUTION OR AGENCY	SUPERVISOR'S SIGNATURE	DATE
1. Understanding the dynamics of human behavior and family systems				
2. Signs and symptoms of substance abuse				
3. Recovery process, stages of change, relapse prevention, treatment approaches, group dynamics and other adjunctive treatment recovery support groups, motivational interviewing and models and theories of addiction				
4. Ethics, rules and regulations				
5. Professional identity in the provision of substance abuse services				
6. Crisis intervention				
7. Substance abuse counseling treatment planning and research				
8. Counseling skills for individual and group, motivational interviewing				
9. Cultural factors and competencies in addiction				
10. Co-occurring disorders and interdisciplinary treatment				
11. Diagnostic and screening criteria in addictions				
12. Psychopharmacology resources in the treatment of addictions				

**NOTE: Supervision requirements are outlined in the Addiction Counseling Regulations in Section 8715. Supervisors must complete the Verification of Appropriate Supervision Form to complete the Certification Application.**

