

Access to Recovery (ATR) Highlights Quarterly Profiles

WASHINGTON DC ATR HIGHLIGHTS

Program at a Glance

3-Year Total Grant Amount:	\$10,392,756
Target Population:	Persons re-entering the community after being incarcerated, women, women with dependent children, young adults and methamphetamine users
Target Areas:	District-wide.

DC Clients Strongly Utilize Aftercare Support

The District of Columbia's Choosing Options for Recovery and Empowerment (CORE) ATR spans all eight wards of the Nation's capital. The program targets persons re-entering the community after being incarcerated; women, including those with dependent children; youth and young adults; and methamphetamine users.

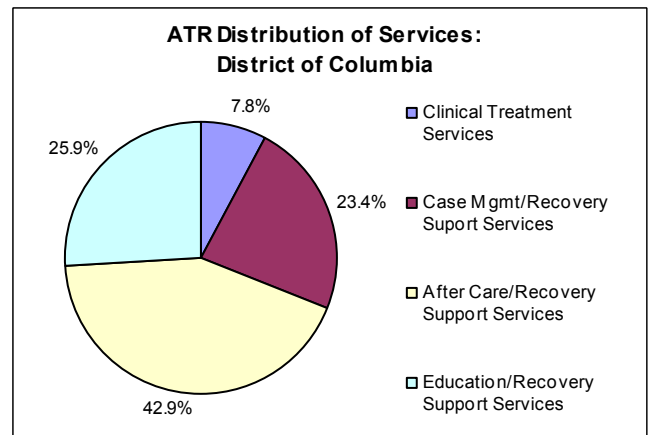
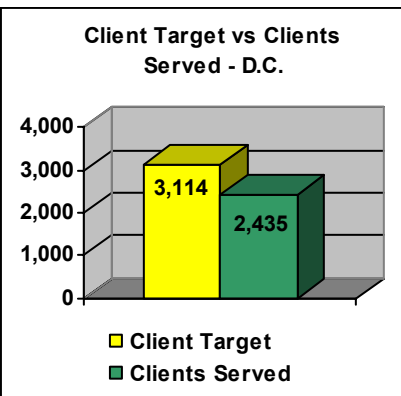
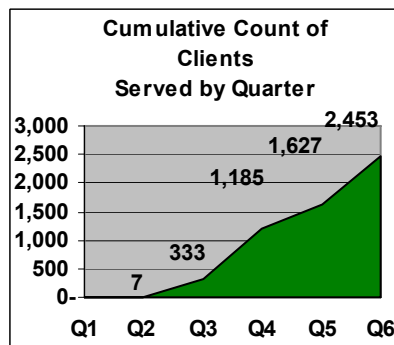


Chart depicts percent of clients that received each service. SAIS: March 31, 2009



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Recovery support services (RSS) are the main focus of the CORE program and comprise more than 90% of total services provided. SAIS distribution data show that after care support, the most utilized service at 42.9%, represented nearly half of total services. Education support (25.9%) and case management services (23.4%) were evenly divided between the remaining RSS. Clinical treatment services

accounted for 7.8% of services.

The program served 2,453 clients this quarter. Although this was short of its target goal by 661, it still represents a significant increase over last quarter's total enrollees. The staff's outreach to methamphetamine users through advertisements and efforts to forge new strategic partner-

ships is expected to positively impact future enrollment.

Follow-up with participants after their discharge from the program has shown that CORE is affecting its clients in a positive way. The rate of abstinence from use at discharge increased by 34.5% when measured against data obtained at intake.

DC STRENGTHENS ITS PARTNERSHIPS AND ENHANCES SERVICE ARRAY

During the quarter, DC CORE ATR sponsored focus groups to foster discussions at the community level regarding methamphetamine use and abuse. Participants include active meth users as well as those in recovery and their families. This effort is necessary as the District's research and ongoing community outreach indicate that the methamphetamine-using

population tends to be in underground or undisclosed areas and are reluctant to seek treatment. With this new initiative, DC CORE ATR is better positioned to reach meth users where they are and reach their meth client targets.

Also this quarter, DC CORE ATR teamed up with a network provider to develop a

mobile outreach and counseling component to their program. This service provides mobile recovery support to individuals in halfway houses and residential recovery programs as well as incarcerated individuals within 30-60 days of release. With this enhancement, the project is also laying a foundation for expanding the array of services offered to clients. DC CORE anticipates this mobile

DC STRENGTHENS ITS PARTNERSHIPS AND ENHANCES SERVICE ARRAY (CONT.)

Program Contacts	
Project Name:	Choosing Options for Recovery & Empowerment (CORE)
Project Director:	Valerie Robinson (202) 727-9032
Government Project Officer:	Roula Sweis (240) 276-1574
Single State Authority:	Tori Fernandez Whitney (202) 727-8941
Mayor:	Adrian Fenty (202) 727-2980

component will be available district wide within the year.

Additionally, the project continues to sharpen its marketing strategies through local community sites. It continues to employ social website, message boards and mental health drop-in centers as vehicles of spreading awareness about ATR to the community.

Also this quarter, ATR project staff maintained its pres-

ence in DC's Crystal Clean Recovery Network's Capital Meth Workgroup meetings, LGBTQ, and faith-based community events in an effort to increase the exposure of ATR's available services and treatment options throughout the district. DC CORE ATR hopes that partnerships like this, along with Transgender Health Empowerment Group will aid them in increasing client enrollment.

DC CORE ATR has developed a checks-and-balances system

to detect fraud, waste and abuse among providers including invoice reviews by the Voucher management Coordinator and project manager prior to submission for payment by the fiscal management office. The District's programmatic monitoring efforts have included fiscal audits, several cross-checking systems for duplicate payments, reviews of provider billing practices, electronic tracking and client surveys. No instances of fraud, waste or abuse occurred this quarter.

"This program helped prepare me for success in this walk of life."

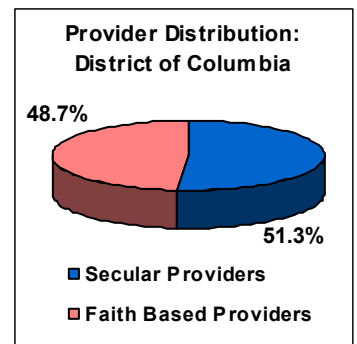
Faith- and Community - based Provider Updates

Based on the data ending March 31, 2009, 48.7% of the providers who have received and redeemed vouchers were faith-based organizations. This is an increase from the 20.9 % reported just last quarter.

DC CORE ATR continues to forge interagency partnerships with local human service agencies and faith- and community-based or-

ganizations.

This quarter, ATR staff have provided ongoing technical assistance to its network providers on GPRA, client locators, the client program referral voucher, client verification of services forms and Addiction Prevention and Recovery Administration's ATR billing process.



SAIS: March 31, 2009

Success Story: ATR Services Help Reggie Restore His Life

Reggie grew up in a middle class neighborhood, but peer pressure and the desire to be with the "in-crowd" started him on his journey of drug use and shortly thereafter an addiction that he could no longer control. He began sleeping on a different friend's couch every night until he became homeless.

He heard of House of Help City of Hope, an ATR network provider, through a

friend who had successfully utilized their services. Her recovery sparked his desire for change.

Reggie was presented not only with treatment options through ATR's service array, but with a host of recovery support services that both he and his family could employ, such as marriage counseling, family parenting, child care, life skills and HIV

education. He says, "This program helped prepare me for success in this walk of life." "ATR also provides a way for me to be empowered to support my family," he happily says.

Today Reggie is no longer pursuing popularity, but sobriety. Through ATR he was able to achieve his goal of sobriety and a support system to help him maintain his new way of sober living.