

Access to Recovery (ATR) Highlights Quarterly Profiles

WASHINGTON DC ATR HIGHLIGHTS

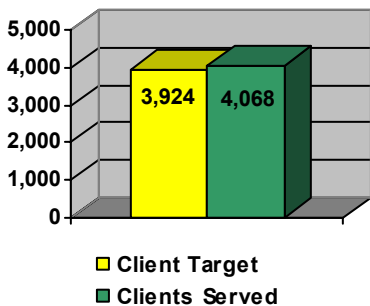
Program at a Glance

3-Year Total Grant Amount: \$10,392,756

Target Population: Persons re-entering the community after being incarcerated, women, women with dependent children, young adults and methamphetamine users

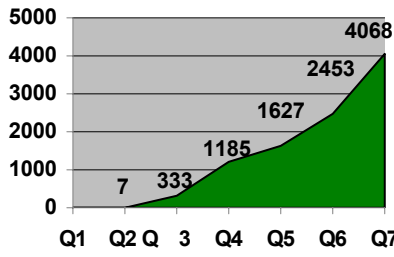
Target Areas: District-wide.

Client Target vs Clients Served - D.C.



SAIS: June 30, 2009

Cumulative Count of Clients Served by Quarter



SAIS: June 30, 2009

DC Exceeds Client Enrollment Goal

The District of Columbia's Choosing Options for Recovery and Empowerment (CORE) ATR spans all eight wards of the Nation's capital. The program targets persons re-entering the community after being incarcerated; women, including those with dependent children; youth and young adults; and methamphetamine users.

Recovery support services (RSS) are the main focus of the CORE program and comprise more than 90% of total services provided. SAIS distribution data show that after care support, the most utilized service at 49.4%, made up nearly half of total services. Education support (21.6%) and case management services (22.5%) comprised the remaining RSS. Clinical treatment services ac-

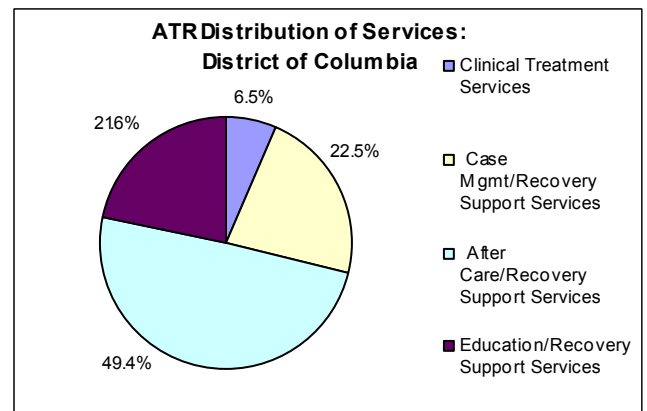


Chart depicts percent of clients that received each service. SAIS: June 30, 2009

counted for 6.5% of all those provided.

The program served 4,068 clients this quarter, exceeding the target goal of 3,924, which represents a significant increase over last quarter's total enrollees. The staff's outreach to methamphetamine users through advertisements and efforts to forge new strategic partnerships continues to positively impact enrollment.

Follow-up with participants after their discharge from the program has shown that CORE is affecting its clients in a positive way. The rate of abstinence from use at discharge increased by 12.3%, as measured data by comparing intake.

CORE Successful with Enrolling Clients in Need of RSS

The District of Columbia's ATR project, Choosing Options for Recovery and Empowerment (CORE) posted impressive increases in client enrollment and participation in RSS this quarter. This success was due to an active citywide community outreach effort coupled with the restructuring of Out-

reach Team protocols to identify populations that need RSS. The Outreach Team began with persons currently in DC opioid treatment programs, and enrolled 965 opioid clients into its RSS program. These clients received a full array of services including mentoring and coaching, educational and employment ser-

vices, family and marital support, transportation services, and life skills training. Next, the Outreach Team will focus on women within the criminal justice system and persons who use amphetamines. The program also made excellent use of CSAT- sponsored technical assistance to develop strategies for en-

CORE Successful with Enrolling Clients in Need of RSS (CONT.)

rolling hard-to-locate methamphetamine users.

duction to aid with management and administration functions.

The DC CORE ATR team has developed an efficient check-and-balance system to detect fraud, waste, and abuse. The Voucher Management Coordinator and Project Manager review all client service invoices before submitting payment. There were no instances of fraud, waste, or abuse this reporting period.

Also this quarter, ATR staff eliminated delays in data transmission by making significant improvements to the voucher management system (VMS). Future enhancements to the VMS will include implementation of a new automation design for the ATR submission process and more custom report pro-

Although the GPRA follow-up rate has not yet reached 80%, staff is aggressively providing outreach and follow-up interviews to clients. The program has also partnered with contract Outreach Specialists and expects increases in follow-up by the next quarter.

Program Contacts	
Project Name:	Choosing Options for Recovery & Empowerment (CORE)
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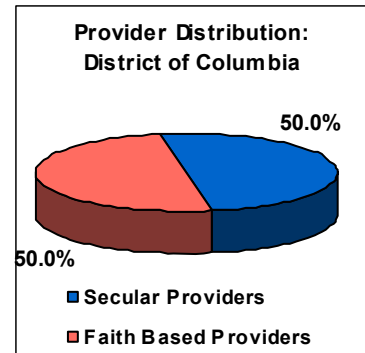
“Through recovery support services, she says she was able to reunite with her family ...”

Faith- and Community - based Provider Updates

Based on the data ending June 30, 2009, 50% of the providers that have received and redeemed vouchers were faith-based organizations. This represents a 1.3% increase from last quarter.

CORE ATR providers on how to better use the Client Locator forms to increase their GPRA follow-up rate.

In an effort to recruit more RSS providers, staff cultivated relationships with community programs to better position themselves to recruit from non-traditional programs that provide recovery support services.



SAIS: June 30, 2009

During this quarter, the DC CORE ATR Program staff continued to provide training and onsite technical assistance to all DC

Success Story: ATR Services Help Lois Turn Her Life Around

Lois' first encounter with drugs was as a dealer. She began selling marijuana at the age of 14. By 19 she was selling cocaine. Initially she was happy; she had money, clothes, and many friends. Then she began noticing that her clients were thin. Wanting to lose weight, she decided to try cocaine. She says from the very first time she took it, she was addicted.

Lois quickly began using the drugs that she was supposed to be selling. She began alienating everyone by her drug use. She says drugs made her life unmanageable. She says she “forgot about reality and fell into depression.” She was sent to prison for the sale of a large quantity of cocaine.

Upon her release from prison, she enrolled in Access to Recovery.

Through recovery support services, she says she was able to reunite with her family and find support from what she calls her “church family.”

Today she celebrates her sobriety and is “loving every minute of it.” She lives in a sober housing environment and credits ATR with helping her turn her life around.