## DISTRICT OF COLUMBIA ATR HIGHLIGHTS

#### Program at a Glance

3-Year Total

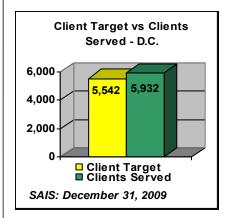
Grant Amount: \$10,392,756

Target Population:

Persons re-entering the community after being incarcerated, women, women with dependent children, young adults and methamphetamine users

Target Areas:

District-wide.



## DC CORE Continues Upward Trend in Enrollment

The District of Columbia's Choosing Options for Recovery and Empowerment (CORE) ATR spans all eight wards of the Nation's capital. The program targets persons re-entering the community after being incarcerated; women, including those with dependent children; youth and young adults; and methamphetamine users.

Recovery support services (RSS) are the main focus of the DC CORE program and comprise 100% of total services provided. SAIS distribution data show that after care support, the most utilized service at 74.8%, accounted for nearly three-quarters of total services. Case management (25.2%) comprised the remaining RSS.

The project served 5,932 clients this quarter, surpassing its target of 5,542.

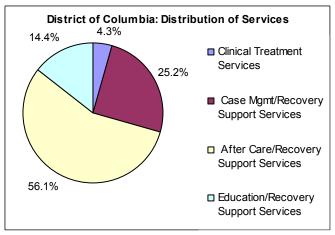


Chart depicts percentage of clients that received each service.

SAIS: December 31, 2009

This represents a significant increase over last quarter's total enrollees. The staff's outreach to opioid users through advertisements and efforts to forge new strategic partnerships continues to positively impact enrollment.

Follow-up with participants after their discharge from the program has shown that DC CORE is affecting its clients

in a positive way. The rate of abstinence from use at discharge increased by 5.3%, as measured by comparing data at intake.

# Cumulative Count of Clients 6,000 Served by Quarter 5,932 4,000 4,068 2,453 2,000 1,185 7333 Q1 Q2 Q3 Q4 Q5 Q6 Q7 Q8 Q9 SAIS: December 31, 2009

## **DC CORE Emphasizes Outreach and Expands Client Enrollment**

Throughout this quarter, DC CORE continued implementing its successful action plan for meeting its Year 3 client target. A major factor in this success is the DC CORE Outreach Team's participation in city-wide community events and targeting of specific populations. Staff especially focused on in-

creasing client enrollment and marketing efforts among methamphetamine users. They will also begin outreach to expand recovery services to men and women within the criminal justice system, including those in the Court Supervision and Offender Agency and Pretrial and Family Court Services.

DC CORE also expanded its service options to include environmental stability RSS, a provision that includes housing for up to 6 months and intensive case management.

DC CORE continues vigorous efforts to bring their GPRA follow-up rate up to the 80% standard. DC

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# DC CORE Emphasizes Outreach and Expands Client Enrollment (CONT.)

#### **Program Contacts**

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"The drugs and alcohol made me feel like it was not really happening to me, but instead happening to someone else."

CORE's service providers are assisting in these efforts by providing transportation assistance to clients in order to complete their follow-up interviews at the DC CORE central office.

In Year 3, the program will focus on completing 6-month GPRA follow-up interviews, increasing program sustainability, and making quality assurance a priority. In this quarter,

DC CORE also instituted a new electronic client intake and billing system, added additional clinical treatment and residential services, and continued community outreach.

Partnerships are also key to DC CORE's success. DC CORE continues its work through the DC Department of Health's Addiction Prevention & Recovery Administration as well as the

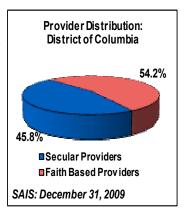
DC Superior Court, the DC Department of Corrections, and the Child and Family Services Agency to refer clients to the ATR program. To reach out to methamphetamine users, they are also collaborating with the Whitman Walker Clinic, Psychiatric Institute of Washington, and the District of Columbia Crystal Clean Recovery Network.

## Faith- and Community - based Provider Updates

Based on the data ending December 31, 2009, 54.2% of the providers that have received and redeemed vouchers were faith-based organizations, a 3% increase from last quarter. 45.8% of redeeming providers were secular.

The DC CORE ATR program continued to develop new interagency partnerships with other District human services agencies, faith – and

community-based organizations including a new collaboration with the Department of Child and Family Services.
Staff continues to develop and strengthen relationships within community programs to recruit from non traditional programs that provide recovery support services. DC CORE also maintained its participation in citywide recruitment of clients and provided assessments and enrollment into the project.



## Success Story: ATR Helps Deena Turn Her Life Around

Deena grew up dreaming of going to college and becoming a lawyer. She worked diligently to bring home good grades so that her family would be proud of her.

However, between the ages of 11 – 14, Deena was molested by her uncle, bringing her dreams to a halt. She says she dealt with the abuse by using drugs. "The drugs and alcohol made me feel like it

was not really happening to me, but instead happening to someone else."

Deena continued to use drugs, even while pregnant with her first child. She soon started using heroin after her son was born. Wanting to get sober, Deena took the first step by contacting on of DC CORE's ATR providers, Fulton House of Hope, online.

Today Deena has been reconnected with her children and received closure from the abuse of her past. She is attending college and working fulltime. She says because of the tools she received and the support from Fulton House of Hope and ATR, she had the opportunity to turn her life around and become a productive member of society.