

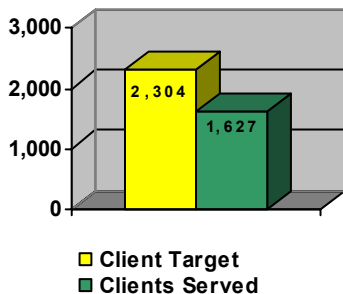
Access to Recovery (ATR) Highlights Quarterly Profiles

# WASHINGTON DC ATR HIGHLIGHTS

## Program at a Glance

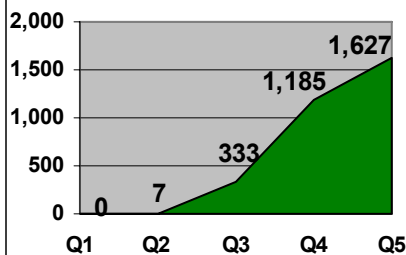
<b>3-Year Total Grant Amount:</b>	\$10,392,756
<b>Target Population:</b>	Persons re-entering the community after being incarcerated, women, women with dependent children, young adults and methamphetamine users
<b>Target Areas:</b>	District-wide.

### Client Target vs Clients Served



SAIS: December 31, 2008

### Cumulative Count of Clients Served by Quarter



SAIS: December 31, 2008 (9/7-12/08)

## DC's CORE Offers Balanced Set of Recovery Services

The District of Columbia's Choosing Options for Recovery and Empowerment (CORE) ATR program spans all eight Wards of the District of Columbia. The program targets persons re-entering the community after being incarcerated, women including those with dependent children, youth and young adults, and methamphetamine users.

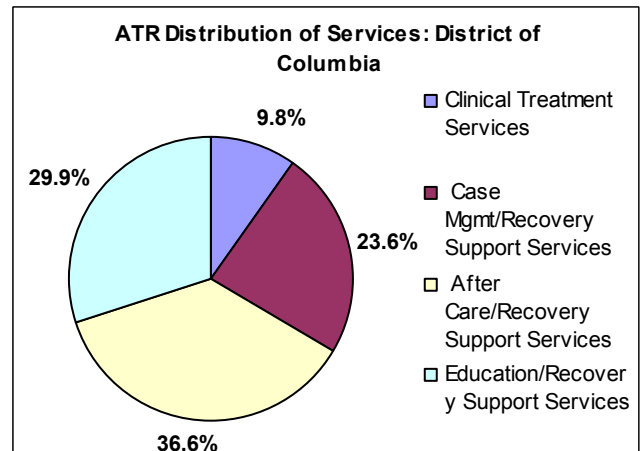


Chart depicts percent of clients that received each service. SAIS: December 31, 2008.

This quarter, the program delivered a majority of recovery support services. SAIS data indicate that 36.6% of services delivered were after care recovery support services, followed closely by education (29.9%) and case management (23.6%). Clinical treatment services, which are also available, accounted for 9.8% of the total services delivered this quarter.

To date, the program has served 1,627 clients, falling

short of its client target number by approximately 600. However, an intensive street outreach to methamphetamine users along with a continuing trend of increasing recruitment numbers every quarter are indicators that CORE is moving in the right direction toward meeting future recruitment goals.

The CORE program has had a positive impact on the clients it serves as indicated by outcome measures. The rate of abstinence from substance use at discharge increased by 17.7% when measured against data obtained at intake.

## DC FOCUSES ON STRENGTHENING PROVIDERS AND OUTREACH TO METH-USERS

During this quarter, DC CORE focused on three key programmatic areas: increasing client numbers, achieving GPRA data collection requirements, and accomplishing the methamphetamine target.

In terms of increasing its client numbers, CORE

took a community approach and worked closely and collaboratively with its referral source representatives and its network of providers to clarify and strengthen the referral process into the program. The CORE program also offered its partners individualized technical assistance to support their successful

participation in the program by focusing on billing practices, data collection, documentation, and quality improvement efforts associated with service delivery.

In terms of the program's GPRA data, CORE also conducted training and on site technical assistance sessions

## DC FOCUSES ON STRENGTHENING PROVIDERS AND OUTREACH TO METH-USERS (CONT.)

Program Contacts	
<b>Project Name:</b>	Choosing Options for Recovery & Empowerment (CORE)
<b>Project Director:</b>	Valerie Robinson (202) 727-9032
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to its providers on the GPR data collection tool and strategies for locating clients six months post intake. This training came in response to declining GPR follow up rates. The training also covered comprehensive reviews of program transaction forms and invoices.

Also this quarter, DC CORE launched an aggressive ad campaign designed to bring more meth users into the ATR program.

The ads, outlining the recovery support services available to meth clients, were distributed by CORE's Outreach Team at local nightclubs, bars, doctor's offices and community centers.

CORE also worked closely with two enrolled providers, Psychiatric Institute of Washington and Whitman Walker Clinic, who are also partners with the DC Cryst-

al Meth Workgroup, provide RSS to meth clients. CORE participated in meetings with the DC Crystal Clean Recovery Network who has a strong internet audience on YouTube and FaceBook. CORE hopes that these strategic partnerships will increase meth client enrollment and help them further tap into undisclosed areas within the District.

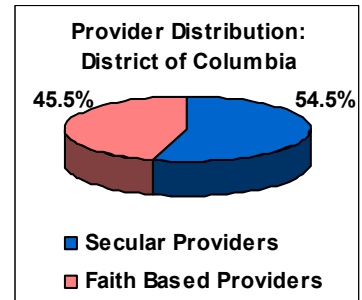
*"...she found herself seemingly alone, until she entered the ATR program."*

## Faith- and Community - based Provider Updates

This quarter, the CORE program has shown success in terms of conducting outreach and engaging community and faith-based providers in its network. Specifically, by December 31, 2008, approximately 46% of providers that have redeemed vouchers were faith-based organizations which is an increase from last quarter. Approxi-

mately 55% of providers that have redeemed vouchers were secular suggesting a solid balance of choices for clients.

This quarter, the program enrolled new faith- and community-based organizations to continue growing and diversifying its network.



SAIS: December 31, 2008

## Success Story: ATR Services Help Janine Restore Her Life

Janine came from a good, middle class home with a strong church background. She always had a good job and even worked for the government. However, bad choices caused her to lose all she had attained and achieved. Janine became addicted to both heroin and crack cocaine.

Janine says of her drug addiction, "It all started as a recreational thing at first,

but soon escalated into an everyday thing. Not having any control over my addiction, I lost my job, my family found out and the bottom of my world fell out." After losing her job, Janine needed a way to support her drug habit. She soon began stealing, selling drugs and even prostituting.

With the trust and support of her family eroded by addiction, she found herself seemingly alone, until

she entered the ATR program.

After leaving the program three times, she was grateful they allowed her to come back. That's when she says she "got serious" about her recovery. Today, Janine is sober, working again and "giving back" as a volunteer in an ATR Recovery Support Services program.