

DC WIC CERTIFICATION SITES

SOUTHWEST SITES

HUH at Bolling Air Force Base

Parent Support Program
Military Families Only
Building 118
Brookley Ave., SW 20032
202-404-1643
Tues. & Thurs. 9:00 am-3:00 pm

SOUTHEAST SITES

Unity at Anacostia Satellite

1500 Galen St., SE 20020 (202)610-5491 or 5492 Mon.- Fri. 8:15 am-4:45 pm

Children's at MLK - The Big Chair

2101 MLK Jr. Ave., SE 20020 (202)476-6994 Mon. 8:30 am-7:00 pm (except 5th Mon.) Tues-Fri. 8:30 am-5:00 pm

Children's at the ARC

1901 Miss. Ave., SE, 20020 (202)436-3062 Fri. 8:00 am-4:30 pm 1st- two Thurs. 3:00 pm-7:00 pm 1st-two Sat. 8:00 am-12:00 pm



You have everything your baby needs.

Ask us about Breastfeeding.



Eat fruits and vegetables at every meal.



Make water your beverage of choice.



Be physically active every day.

Government of the District of Columbia WIC State Agency

899 North Capitol St., NE • 3rd Floor Washington, DC 20002 (202) 442-9397

The District of Columbia's WIC Program Facts Brochure



Women, Infants & Children Better Nutrition for a Healthy Family















The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides healthy foods, breastfeeding support and nutrition counseling for pregnant women, new mothers, infants and children up to five years old.



ENROLLMENT CRITERIA:

- Live in DC (US citizenship is not required)
- Meet income guidelines
- Annual family incomes must be at or below the following levels indicated in the chart below (Effective until July 1, 2017 to June 30, 2018).

NOTE: Families currently enrolled in Medicaid, TANF (Temporary Assistance for Needy Families), or the Supplemental Nutrition Assistance Program (SNAP) are financially eligible to join the WIC Program.

Family Size	1	2	3	4	5	6	7	8
Annual Family Income	\$22,311	\$30,044	\$37,777	\$45,510	\$53,243	\$60,976	\$68,709	\$76,442

WIC participants receive WIC and Vegetable & Fruit Cash-Value Checks (CVC) starting with their first appointment. The Farmers' Market Nutrition Program (FMNP) checks are given once a year during the months of May through September and can be redeemed until November 30th.

What are the WIC Benefits?

- Nutrition education counseling
- WIC Checks for healthy foods
- Checks for fruits and vegetables
- Farmer's Market checks for fruits & vegetables
- Breastfeeding support and breast pumps

What Should I Bring to My WIC Appointment?

- Proof of DC residency
- Proof of income
- Baby or child and his/her birth certificate or hospital discharge papers
- Proof of pregnancy (i.e. letter from your doctor)
- Proof of identity (i.e. picture ID, drivers license)
- Immunization shot records

DC WIC CERTIFICATION SITES

NORTHEAST SITES

Unity at East of the River

123 45th St., NE 20019 (202) 388-7752 Mon., Tues., Thurs. & Fri. 8:30 am-5:00 pm Wed. 11:00 am-7:30 pm

HUH at Minnesota Avenue

3924 Minnesota Ave., NE 20019 (202)627-7851 Mon.-Fri. 9:00 am-4:30 pm 2nd Sat. 9:00 am-1:00 pm

Mary's Center at Rhode Island

1060 Brentwood Rd., NE 20018 (202)269-0487 Tues. & Thurs. 8:30 am-5:00 pm

Unity at Parkside

765 Kenilworth Ter., NE 20019 (202)388-8177 Mon. - Fri. 8:15 am-4:45 pm

Mary's Center at Ft. Totten

100 Gallatin St., NE, 20011 202-232-6679 Thurs. 8:30 am-5:00 pm

Saturday schedules vary among the locations. Please call the WIC Site of your choice for assistance.

NORTHWEST SITES

Children's National Health Systems

111 Michigan Ave., NW 20010 (202)476-5594 Mon.-Fri. 8:30 am-4:30 pm Wed. 8:00 am-7:00 pm

Unity at Upper Cardozo

3020 14th St., NW 20009 (202)299-1554 Mon.-Fri. 8:30 am-5:00 pm 2nd & 4th Sat. 8:00 am-12:00 pm

Mary's Center at Georgia Avenue

3912 Georgia Ave., NW 20011 (202) 545-8042 Mon.-Fri. 8:30 am-5:00 pm Sat. 9:00 am-1:00 pm by appointment only

Mary's Center at Ontario Road

2333 Ontario Rd., NW 20009 (202)232-6679 or 6721 Mon.-Fri. 8:30 am-5:00 pm Sat. 9:00 am-1:00 pm by appointment only

Howard University Hospital

2041 Georgia Ave., NW 20060 Room- 1 K-103 (202)865-4942 Mon.-Fri. 9:00 am-4:00 pm 4th Sat. 9:00 am-1:00 pm

Children's at Adams Morgan

1630 Euclid St., NW 20009 (202) 476-5479 Mon., Tues. & Fri. 8:30 am-4:30 pm