

STEPS FOR PARENTS & GUARDIANS

Parents and guardians need to evaluate each child every day before sending the child out of the house by asking two questions: **Is the child sick? AND Has the child had close contact with someone who has COVID-19 in the last 14 days?** If the answer to both questions is 'No', then the child can go to school or childcare or any other planned activities for the day.

Remember that it is important for everyone to follow everyday prevention measures (like wearing a mask, hand hygiene, and staying 6 feet away from those outside your household).

If the answer to either question is 'Yes', then the child should be kept at home. Next steps in assessing the child will depend on symptoms and/or possible exposure to the virus. These steps are described in the graphic section on 'Steps for Parents/Guardians, School & Childcare Personnel'.



★ Close Contact is defined as being within 6 feet of a person with COVID-19 infection for 15 minutes or more within a 24 hour period OR having direct exposure to respiratory secretions.

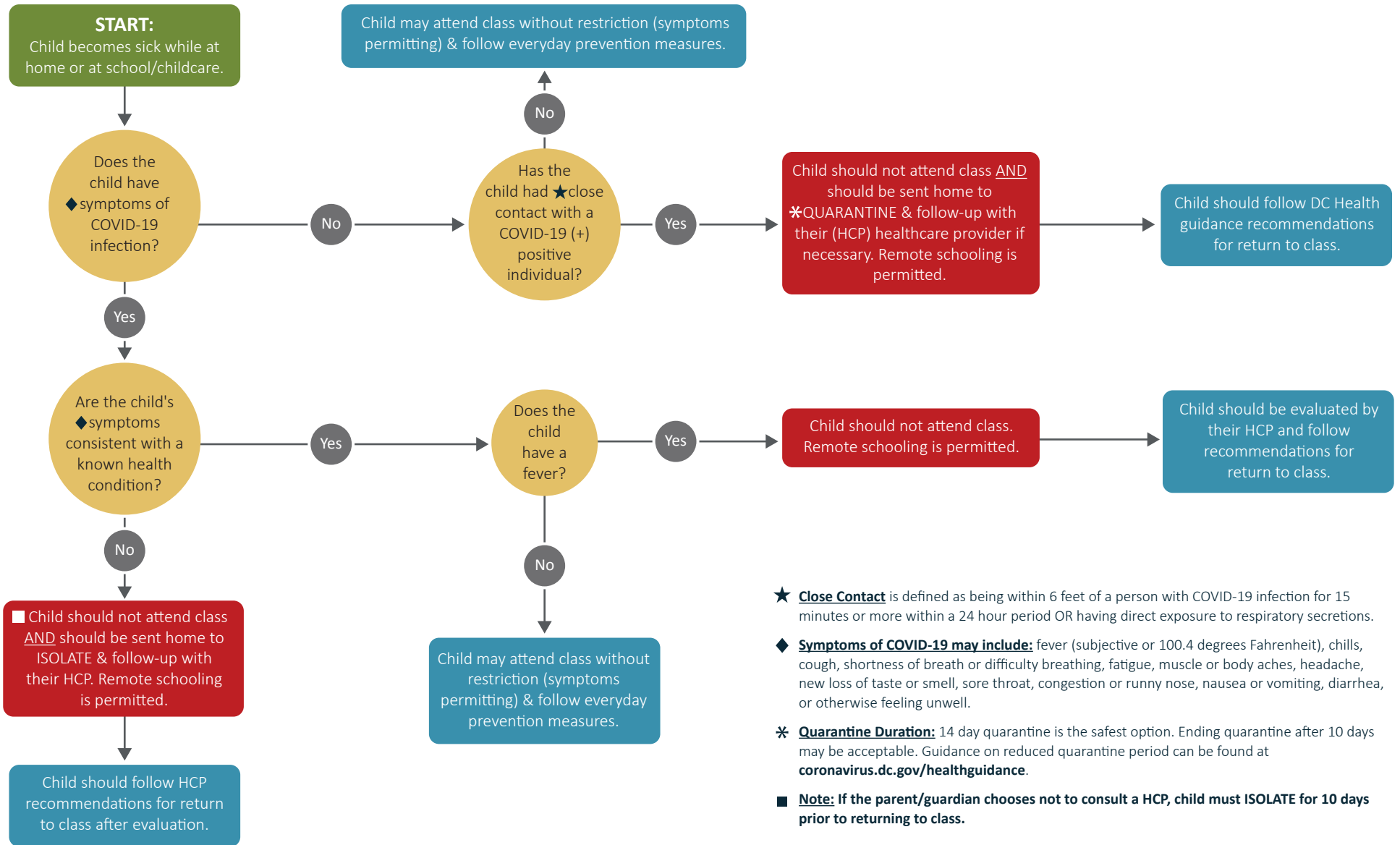
Screen Your Child Daily By Asking These Two Questions

If 'YES' to either question, keep your child home. Talk with your healthcare provider and/or school about when your child may return.

- 1 Is your child sick?
- 2 Has your child been in ★close contact with someone with COVID-19 in the last 14 days?

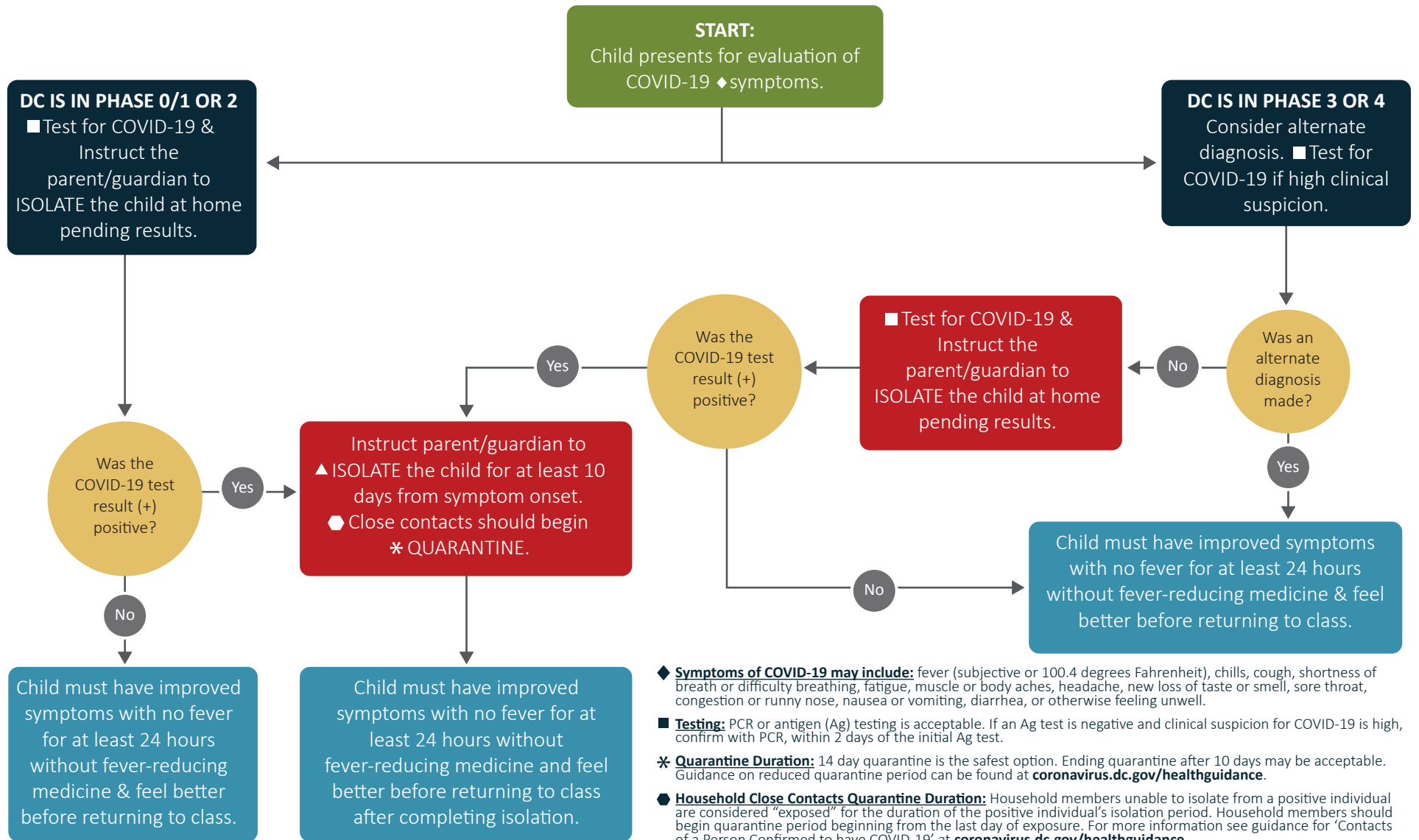
If **BOTH** answers are 'NO',
it's **OK to GO!**

STEPS FOR PARENTS/GUARDIANS, SCHOOL & CHILDCARE PERSONNEL



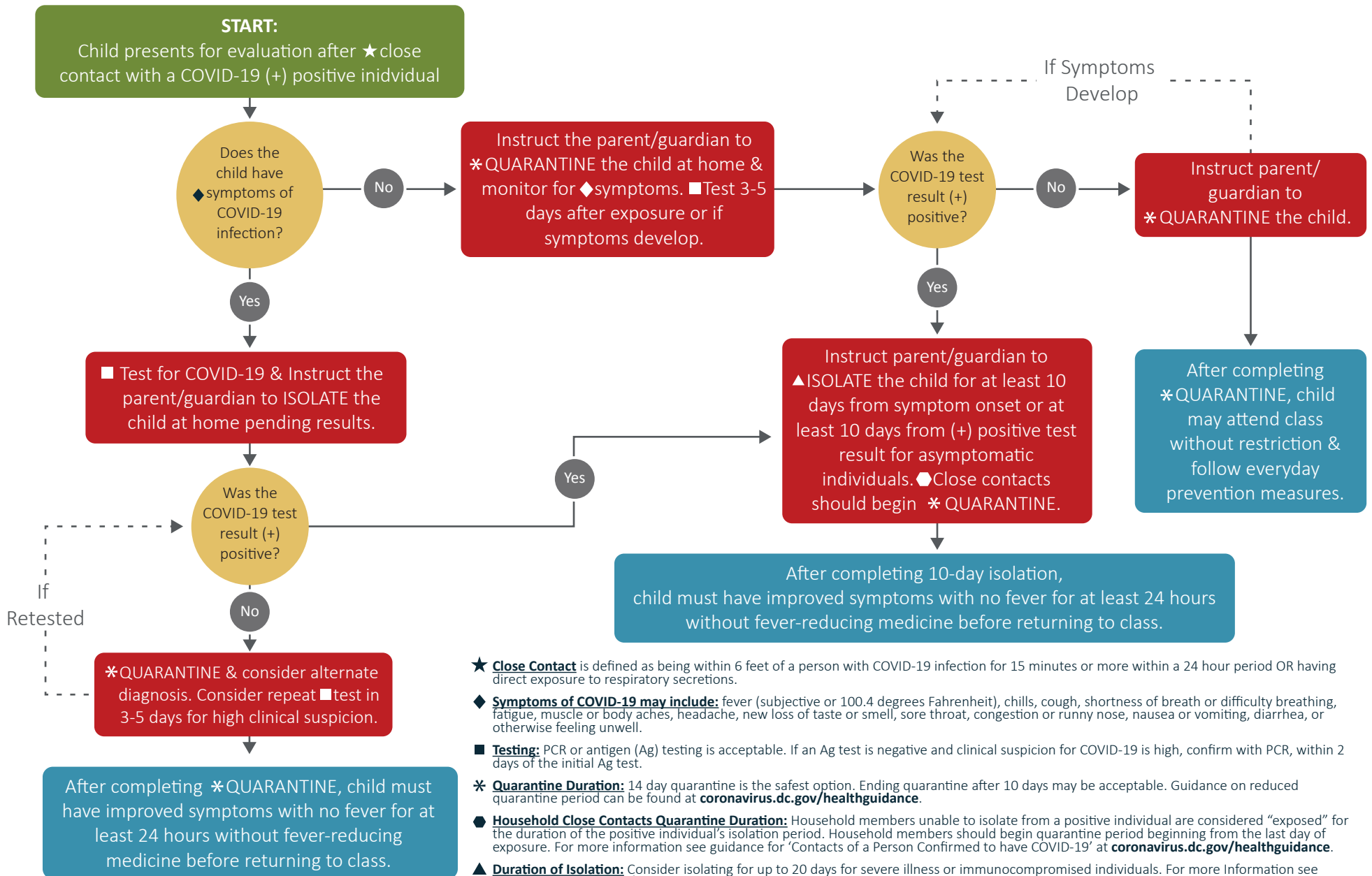
- ★ **Close Contact** is defined as being within 6 feet of a person with COVID-19 infection for 15 minutes or more within a 24 hour period OR having direct exposure to respiratory secretions.
- ◆ **Symptoms of COVID-19 may include:** fever (subjective or 100.4 degrees Fahrenheit), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or otherwise feeling unwell.
- * **Quarantine Duration:** 14 day quarantine is the safest option. Ending quarantine after 10 days may be acceptable. Guidance on reduced quarantine period can be found at coronavirus.dc.gov/healthguidance.
- **Note:** If the parent/guardian chooses not to consult a HCP, child must ISOLATE for 10 days prior to returning to class.

STEPS FOR HEALTHCARE PROVIDERS: CHILD WITH SYMPTOMS & NO KNOWN EXPOSURE



- ◆ **Symptoms of COVID-19 may include:** fever (subjective or 100.4 degrees Fahrenheit), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or otherwise feeling unwell.
- **Testing:** PCR or antigen (Ag) testing is acceptable. If an Ag test is negative and clinical suspicion for COVID-19 is high, confirm with PCR, within 2 days of the initial Ag test.
- * **Quarantine Duration:** 14 day quarantine is the safest option. Ending quarantine after 10 days may be acceptable. Guidance on reduced quarantine period can be found at coronavirus.dc.gov/healthguidance.
- **Household Close Contacts Quarantine Duration:** Household members unable to isolate from a positive individual are considered “exposed” for the duration of the positive individual’s isolation period. Household members should begin quarantine period beginning from the last day of exposure. For more information see guidance for ‘Contacts of a Person Confirmed to have COVID-19’ at coronavirus.dc.gov/healthguidance.
- ▲ **Duration of Isolation:** Consider isolating for up to 20 days for severe illness or immunocompromised individuals. For more information see dchealth.dc.gov/node/1490616.

STEPS FOR HEALTHCARE PROVIDERS: CHILD WITH ★CLOSE CONTACT EXPOSURE TO CONFIRMED COVID-19 CASE



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