

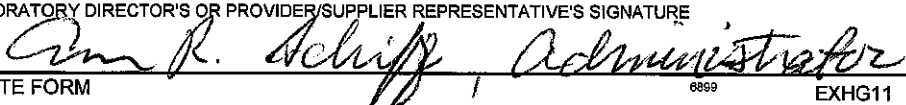
Health Regulation & Licensing Administration

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HFD02-0008	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 08/21/2015
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NAME OF PROVIDER OR SUPPLIER INGLESIDE AT ROCK CREEK	STREET ADDRESS, CITY, STATE, ZIP CODE 3050 MILITARY ROAD NW WASHINGTON, DC 20015
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L 000	<p>Initial Comments</p> <p>The Annual Licensure Survey was conducted at your facility on August 17 through August 21, 2015. The following deficiencies are based on observations, record reviews, resident and staff interviews for 24 sampled residents.</p> <p>The following is a directory of abbreviations and/or acronyms that may be utilized in the report:</p> <p>Abbreviations AMS - Altered Mental Status ARD - assessment reference date BID - Twice- a-day B/P - Blood Pressure cm - Centimeter CMS - Centers for Medicare and Medicaid Services CNA- Certified Nurse Aide CRF - Community Residential Facility D.C. - District of Columbia DCMR- District of Columbia Municipal Regulations D/C Discontinue DI - deciliter DMH - Department of Mental Health EKG - 12 lead Electrocardiogram EMS - Emergency Medical Services (911) G-tube Gastrostomy tube HVAC - Heating ventilation/Air conditioning ID - Intellectual disability IDT - interdisciplinary team L - Liter Lbs - Pounds (unit of mass) MAR - Medication Administration Record MD- Medical Doctor MDS - Minimum Data Set Mg - milligram (metric system unit of mass)</p>	L 000		
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Health Regulation & Licensing Administration LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE 	TITLE 	(X6) DATE 10/16/2015
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L 000	Continued From page 1 mL - milliliter (metric system measure of volume) mg/dl - milligram per deciliter mm/Hg - millimeter of mercury Neuro - Neurological NP - Nurse Practitioner PASRR - Preadmission screen and Resident Review Peg tube - Percutaneous Endoscopic Gastrostomy PO- by mouth POS - physician ' s order sheet Prn - As needed Pt - Patient Q- Every QIS - Quality Indicator Survey Rp, R/P- Responsible party Sol- Solution TAR - Treatment Administration Record	L 000	L052 1. No resident was affected by the findings. 2. All residents with diagnosis of Diabetic Mellitus receiving a finger stick were assessed. There were no glycermic reactions. 3. All licensed staff will be in-serviced on the care and use, including programming, of glucose machines. Demonstration will show nursing understanding of machine operations. 4. Daily audit of staff technique and records of glucometer was conducted by night Supervisor for one month.	8/21/2015 9/15/2015 9/30/2015
L 052	3211.1 Nursing Facilities Sufficient nursing time shall be given to each resident to ensure that the resident receives the following: (a)Treatment, medications, diet and nutritional supplements and fluids as prescribed, and rehabilitative nursing care as needed; (b)Proper care to minimize pressure ulcers and contractures and to promote the healing of ulcers: (c)Assistants in daily personal grooming so that the resident is comfortable, clean, and neat as evidenced by freedom from body odor, cleaned and trimmed nails, and clean, neat and well-groomed hair;	L 052	Random weekly audits by Unit Manager/Designee will be done to monitor compliance. All findings will be brought to the QA committee for review.	

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L 052	<p>Continued From page 2</p> <p>(d) Protection from accident, injury, and infection;</p> <p>(e) Encouragement, assistance, and training in self-care and group activities;</p> <p>(f) Encouragement and assistance to:</p> <p>(1) Get out of the bed and dress or be dressed in his or her own clothing; and shoes or slippers, which shall be clean and in good repair;</p> <p>(2) Use the dining room if he or she is able; and</p> <p>(3) Participate in meaningful social and recreational activities; with eating;</p> <p>(g) Prompt, unhurried assistance if he or she requires or request help with eating;</p> <p>(h) Prescribed adaptive self-help devices to assist him or her in eating independently;</p> <p>(i) Assistance, if needed, with daily hygiene, including oral care; and</p> <p>j) Prompt response to an activated call bell or call for help.</p> <p>This Statute is not met as evidenced by:</p> <p>A. Based on record review and staff interview for one (1) of 15 sampled residents identified with a diagnosis of Diabetes Mellitus, it was determined that sufficient nursing time was not given to notify the physician when Resident #117's fingerstick blood glucose levels exceeded prescribed parameters [greater than 250 mg/dl]. Resident #117</p> <p>The findings include:</p>	L 052		

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L 052	<p>Continued From page 3</p> <p>The August 2015 Physician's Orders signed [unable to read date] directed the following insulin: Novolog R 100 Unit/ML Unit; Inject SQ (subcutaneously) per sliding scale:</p> <p>Check blood sugar twice daily [administer insulin coverage in units as follows]</p> <p>[Blood glucose level] 0 -150 = [administer] 0 unit; 151-200 =2 units; 201-250=4 units; 251-300 =6 units</p> <p>For blood glucose levels less than 70 or greater than 250 call MD [medical doctor]</p> <p>A review of the August 2015 Medication Administration Record revealed:</p> <p>August 1, 2015 at 4:30 PM Blood Glucose result - 257 mg/dl, 6 units of insulin was administered;</p> <p>August 2, 2015 at 4:30 PM Blood Glucose result - 300 mg/dl, 6 units of insulin was administered;</p> <p>August 3, 2015 at 4:30 PM Blood Glucose result - 260mg/dl, 6 units of insulin was administered;</p> <p>August 4, 2015 at 4:30 PM Blood Glucose result - 297mg/dl, 6 units of insulin was administered;</p> <p>August 5, 2015 at 4:30 PM Blood Glucose result - 278 mg/dl, 6 units of insulin was administered;</p> <p>August 6, 2015 at 4:30 PM Blood Glucose result - 283 mg/dl, 6 units of insulin was administered;</p> <p>August 8, 2015 at 4:30 PM Blood Glucose result - 279 mg/dl, 6 units of insulin was administered;</p>	L 052		

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L 052	<p>Continued From page 4</p> <p>August 9, 2015 at 4:30 PM Blood Glucose result - 285 mg/dl, 6 units of insulin was administered;</p> <p>August 10, 2015 at 4:30 PM Blood Glucose result - 297 mg/dl, 6 units of insulin was administered;</p> <p>August 12, 2015 at 4:30 PM Blood Glucose result - 298 mg/dl, 6 units of insulin was administered;</p> <p>August 13, 2015 at 4:30 PM Blood Glucose result - 286 mg/dl, 6 units of insulin was administered;</p> <p>August 14, 2015 at 4:30 PM Blood Glucose result - 295 mg/dl, 6 units of insulin was administered;</p> <p>August 16, 2015 at 4:30 PM Blood Glucose result - 280 mg/dl, 6 units of insulin was administered;</p> <p>August 17, 2015 at 4:30 PM Blood Glucose result - 293mg/dl, 6 units of insulin was administered;</p> <p>August 18, 2015 at 4:30 PM Blood Glucose result - 268 mg/dl, 6 units of insulin was administered;</p> <p>August 19, 2015 at 4:30 PM Blood Glucose result - 297mg/dl, 6 units of insulin was administered.</p> <p>After a review of the August 2015 Medication Administration Record and the Resident's clinical record, there was no documented evidence that the physician was notified when residents fingerstick blood glucose levels exceeded 250 mg/dl as prescribed.</p> <p>A face-to-face interview was conducted with Employee #3 on August 20, 2015 at approximately 4:15 PM. He/she acknowledged the findings. The record was reviewed on August 20, 2015.</p>	L 052		

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L 052	<p>Continued From page 5</p> <p>B. Based on observation, record review and staff interview for two (2) of two (2) glucometers (blood glucose measuring devices), it was determined that sufficient nursing time was not given to consistently record residents blood glucose test results on the Medication Administration Record and/or clinical record.</p> <p>The findings include:</p> <p>On August 20, 2015 between 3:00 PM and 4:30 PM glucometers from nursing units: Upper level and Lower Level were reviewed. During the review of the glucometer "memory readings" [stored blood glucose values in the glucometer] it was noted that the devices lacked the feature to enter resident identifiers.</p> <p>The following represents the blood glucose values in glucometers (memory readings) that could not be correlated to a specific resident.</p> <p>A review of the Glucometer for the Upper Level:</p> <p>"January 15, 2015 at 6:00 AM: Blood glucose value was 98 mg/dl (milligrams/deciliter)"</p> <p>"January 15, 2015 [time not indicated]: Blood glucose value 244 mg/dl (milligrams/deciliter)"</p> <p>"January 15, 2015 [time not indicated]: Blood glucose value 279 mg/dl (milligrams/deciliter)"</p> <p>"January 15, 2015 [time not indicated]: Blood glucose value 473 mg/dl (milligrams/deciliter)"</p> <p>There was no documented evidence that the aforementioned blood glucose values were associated with specific residents' on the Upper</p>	L 052		

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L 052	<p>Continued From page 6</p> <p>Level nursing unit. In addition, the date displayed on the glucometer was January 15, 2015, however the date of the review was August 20, 2015.</p> <p>A review of the Glucometer for the Lower Level:</p> <p>August 14, 2015:</p> <p>5:21 AM - 224 mg/dl; 5:26 AM - 174 mg/dl; 6:32 AM -137 mg/dl; 8:18 AM - 104 mg/dl; 11:03 AM - 179 mg/dl; 1:06 PM -132 mg/dl; 4:10 PM - 184 mg/dl; 4:13 PM - 181 mg/dl; 4:16 PM -256 mg/dl</p> <p>August 15, 2015:</p> <p>6:24 AM - 160 mg/dl; 6:48 AM 165 mg/dl; 12:02 PM-189 mg/dl; 2:58 PM-380 mg/dl</p> <p>August 16, 2015:</p> <p>6:55 AM - 167 mg/dl;</p>	L 052		

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L 052	<p>Continued From page 7</p> <p>8:12 AM -51 mg/dl;</p> <p>12:05 PM - 108 mg/dl</p> <p>August 17, 2015 at 6:35 AM - 164 mg/dl</p> <p>August 18, 2015:</p> <p>7:47 AM - 106 mg/dl;</p> <p>4:07 PM -285 mg/dl</p> <p>August 19, 2015 at 6:18 AM - 144 mg/dl</p> <p>August 20, 2015 at 6:29 AM - 129 mg/dl</p> <p>There was no documented evidence that the aforementioned blood glucose values were associated with specific residents' on-the Lower Level nursing unit.</p> <p>A face-to-face interview was conducted on August 20, 2015 at approximately 4:30 PM with Employee #3 and Employee #5. After a review of the aforementioned, both employees acknowledged the findings.</p>	L 052		
L 108	<p>3220.2 Nursing Facilities</p> <p>The temperature for cold foods shall not exceed forty-five degrees (45°F) Fahrenheit, and for hot foods shall be above one hundred and forty degrees (140°F) Fahrenheit at the point of delivery to the resident.</p> <p>This Statute is not met as evidenced by:</p> <p>Based on observation and staff interview for one (1) test tray conducted, it was determined that</p>	L 108		

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L 108	<p>Continued From page 8</p> <p>facility staff to maintain temperature holdings for cold foods below 45 degrees. First floor kitchen.</p> <p>The findings include:</p> <p>According to 3220.2 of the District of Columbia Municipal Regulations titled, " General Dietary Requirement, " "The Temperature for cold foods shall not exceed forty-five degrees (45 [degrees]) Fahrenheit at the point of delivery to the resident ... "</p> <p>A test tray was conducted on August 21, 2015 at approximately 1:26 PM. The temperature of the chicken salad was noted at 50 degrees Fahrenheit.</p> <p>There was no evidence that facility staff maintained the holding temperature of 45 degrees Fahrenheit for the chicken salad. This observation was conducted in the presence of Employee #6.</p>	L 108	<p>L108</p> <ol style="list-style-type: none"> 1. No residents were affected by the findings. 2. Chicken salad was put on ice to bring down temperature to proper range. 3. Staff was reeducated on how to proper ice down cold foods and the need to refill ice during service to ensure container holding cold food is always in contact with ice to keep temperature from rising. Staff was also reeducated to have cold plates in the refrigerator to ensure cold food remains cold. 4. Daily audits of food temperatures will be conducted by Supervisor for one month. <p>Random weekly audits by Director and/or designee will be done to monitor compliance. All findings will be brought to the QA committee for review.</p>	<p>8/21/2015</p> <p>8/21/2015</p> <p>ongoing</p>