

Influenza Surveillance Report

Division of Epidemiology - Disease Surveillance and Investigation
District of Columbia Department of Health

2019-2020 Influenza Season Week 40 (September 29, 2019 – October 05, 2019)

(All data are preliminary and may change as more reports are received)

SUMMARY

- 3 new cases of influenza were reported by hospitals during this reporting period
- Zero pediatric deaths were reported during this period
- For the 2019-2020 influenza season to-date, 3 positive influenza cases have been reported
- DC Public Health Laboratory completed testing for 33 specimens during week 40
- Flu activity at the start of the season remains low and steady coming in from the off season

INFLUENZA SURVEILLANCE FROM HOSPITALS & AMBULATORY CARE FACILITIES

District of Columbia hospitals and laboratories report detailed information on cases of Influenza on a daily basis. However, in accordance with CDC guidelines, only Influenza-associated deaths in cases <18 years of age and Novel Influenza A infections are reportable. We also request that Influenza hospitalizations be reported if possible.

The table below summarizes weekly and cumulative cases of Influenza for the 2019-2020 Season. Data are also presented by age group and by number of cases reported weekly. During week 40 (September 29th, 2019 –October 5th, 2019), there were 3 new cases of influenza reported. A total of 298 tests were performed during week 40. To date, the District has received 3 positive influenza cases reported by all eight hospitals.

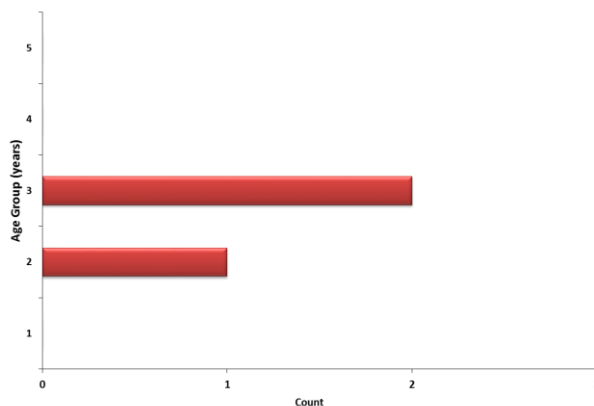
Surveillance of Influenza Cases Reported By Influenza Type

	Week 40 (September 29,2019- October 5,2019)		Cumulative Positive Cases for Weeks 40–20 (September 29, 2019–May 16, 2019)	
	Count	Percentage	Count	Percentage
Influenza A	1	(33.33 %)	1	(33.33%)
Influenza B	2	(66.66%)	2	(66.66%)
Influenza A/B	0	(0.00 %)	0	(5.88%)
Influenza (not typed)	0	(0.00%)	0	(0.00%)
Total	3*	(100.00%)	3*	(100.00%)

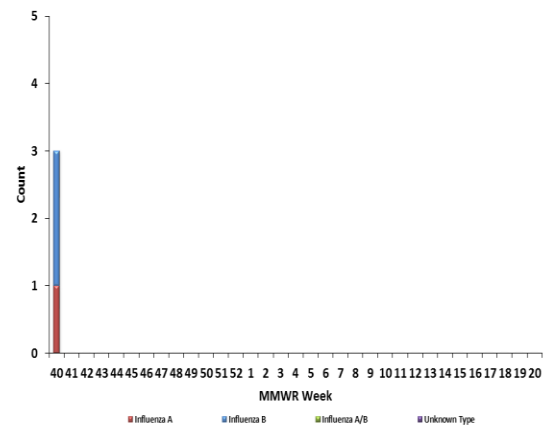
*Includes results from Rapid Diagnostic Testing, Viral Culture, RT-PCR, Serology, and Immunofluorescence.

**Age groups are classified as 1(0-4 years), 2 (5-24 years), 3(25-64 years), 4 (>64 years) & 5 (age not specified)

Positive Influenza Tests, by Age Group
Week 40 (29thSep19-5thOct19)



Positive Influenza Tests by Reporting Week
September 29, 2019- May 16, 2020



RAPID DIAGNOSTIC TESTING

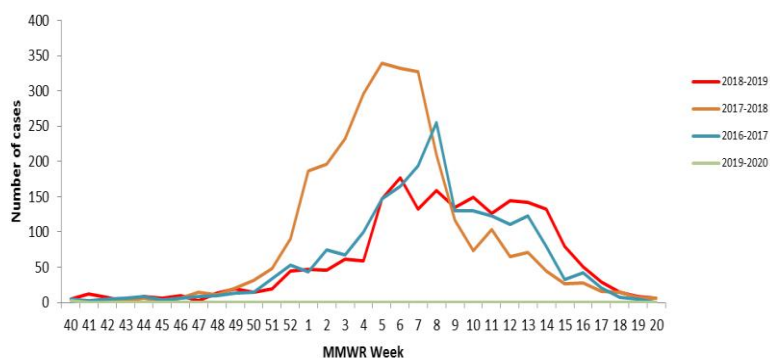
Rapid Diagnostic Tests are screening tests used to detect the Influenza virus in a short period of time. While initially less accurate than PCR and viral culture, rapid diagnostics are more accurate as the Influenza season progresses. During week 40, 73 out of a total of 298 tests were performed using rapid diagnostic testing in clinical laboratories. Of these, 1 (1.37%) positive Influenza specimen was identified using rapid diagnostics.

Week: 40 (September 29, 2019 – October 05, 2019)	
No. of specimens tested Rapid Diagnostics	73
No. of positive specimens (%)	1 (1.37%)
Positive specimens by type/subtype	
Influenza A	1 (100.00%)
Influenza B	0 (0.00%)
Influenza A/B	0 (0.00%)
Influenza – unknown type	0 (0.00%)

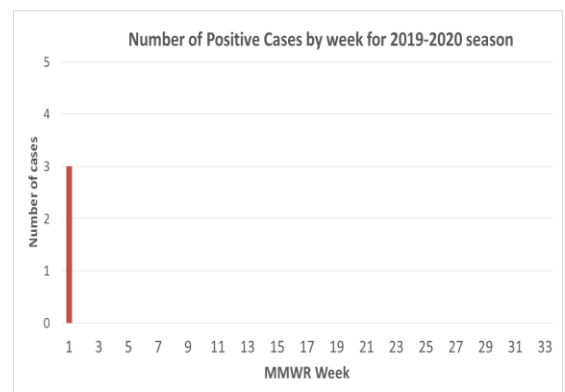
WEEK 40 COMPARISON WITH PREVIOUS SEASONS

For week 40, there were 3 new cases reported in the current 2019-2020 season, 5 cases in last year's 2018-2019 season, 4 cases in the 2017-2018 season, 5 cases in the 2016-2017 season and 4 in the 2015-2016 season.

Number of Positive Cases as of Week 40 by year, 2016-2019



Number of Positive Cases by week for 2019-2020 season



Cumulatively, there are a total of 3 cases in the District up to week 40 for the current season, 5 during the 2018-2019 season, 4 during the 2017-2018 season, 5 in the 2016-2017 season and 4 in the 2015-2016 season.

INFLUENZA-LIKE ILLNESS (ILI) SURVEILLANCE

Sentinel surveillance for ILI consists of five outpatient reporting sites for the District of Columbia. The sentinel surveillance sites report the total number of ILI cases encountered per week and the total number of patients seen at the clinic during that same week. For this system, ILI is defined as the existence of fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat in the absence of a known cause other than Influenza.

For week 40, sentinel providers reported 67 out of 11885 visits (0.56 %) that met the criteria for ILI.

Geographic Spread of Influenza for Washington, DC

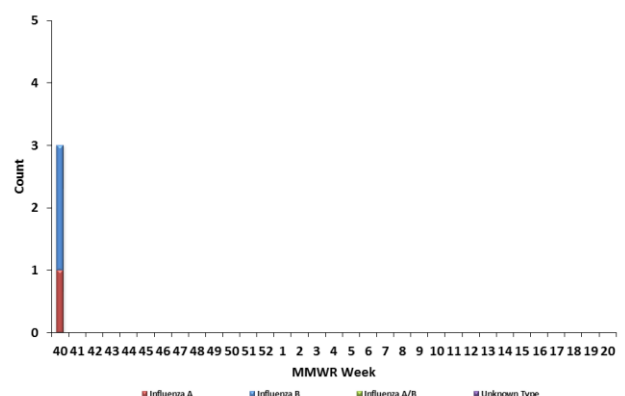
Week of	Activity *
Sep 29- Oct 05	<i>Sporadic</i>

***No Activity** – overall clinical activity remains low and there are no lab confirmed Influenza cases;

Sporadic – isolated lab confirmed Influenza cases reported and ILI activity is not increased;

Local – increased ILI activity and recent lab confirmed Influenza cases. As the District of Columbia is not a state, this is the highest level of ILI activity it can report.

Positive Influenza Tests by Reporting Week
September 29, 2019- May 16, 2020



INFLUENZA TESTING BY THE DISTRICT OF COLUMBIA PUBLIC HEALTH LABORATORY (DC PHL)

The DC PHL subtypes human isolates to monitor the circulating strains of Influenza. The isolates are submitted to the DC PHL by hospitals and commercial laboratories on a monthly basis. DC PHL completed testing for 33 specimens during week 40.

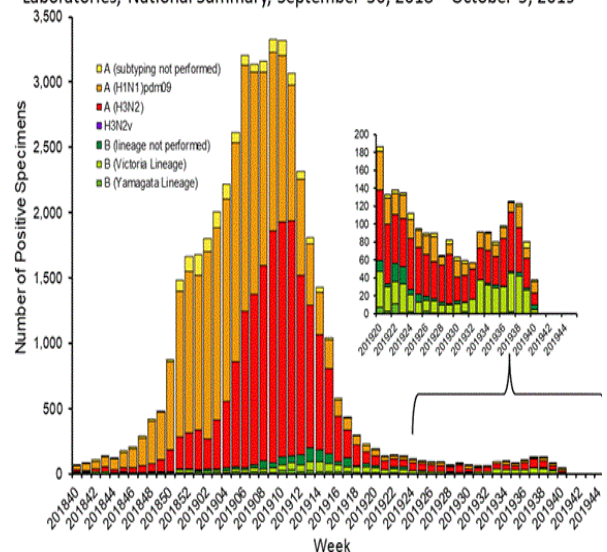
DC PHL Surveillance of Influenza Cases Reported By Influenza Subtype

DC PHL Influenza Testing	Sep 29,2019 – Oct 05 ,2019	Sep 29, 2019 -May 16, 2020
Number of specimens tested	33	33
Number of positive specimens	0	0
Influenza A	0(0.00%)	0 (0.00%)
A(H1N1)pdm09	0	0
H3N2	0	0
Influenza B	0 (0.00%)	0 (0.00%)
Yamagata lineage	0	0
Victoria lineage	0	0

NATIONAL INFLUENZA ASSESSMENT

Influenza activity remains low in the United States. The proportion of deaths attributed to pneumonia and influenza (P&I) was below the system-specific epidemic threshold. No influenza-associated pediatric deaths occurring during the 2019-2020 season have been reported to CDC. Two influenza-associated pediatric deaths were reported to CDC during week 40. Both occurred during the 2018-2019 season, weeks 9 and 36, associated with influenza A(H3) virus infection. The total number of deaths occurring during the 2018-2019 season is 138. During week 40, 352 specimens were tested by public health laboratories, of which 38 were positive. Of the 38 respiratory specimens that tested positive during week 40, 28 (73.6%) were Influenza A and 10 (26.3%) were Influenza B. Of the Influenza A samples, 13 (50.0%) were 2009 H1N1, 13 (50.0%) were H3N2, and 2 were un-typed. Of the Influenza B samples, 1 (20.0%) was of the Yamagata lineage, 4(80.0%) were of the Victoria lineage and 5 for which no lineage was performed.

Influenza Positive Tests Reported to CDC by U.S. Public Health Laboratories, National Summary, September 30, 2018 – October 5, 2019



Get Vaccinated!

To find an Influenza vaccine provider, visit the District of Columbia Immunization Resource Center at <http://doh.dc.gov/node/190532>



For additional information about Influenza and Influenza activity in the United States, please visit: <http://www.cdc.gov/flu/index.htm>. Questions about Influenza in the District of Columbia or this report should be directed to the Division of Epidemiology - Disease Surveillance and Investigation at (202) 442-8141 or email flu.epi@dc.gov