

**Board of Nursing**

**Home Health Aide Bridge Curriculum**

**Bridge for CNAs: 13 Did + 3 Lab + 16 clinical = 32 hrs**

Content Topic	Content Objectives Upon completion of the unit, the learner will be able to:	Chapter Readings, Student Assignments, Assessment of Learning	Instructional Hours (exclude lab practice time)
1. Role of home health aide: a. Tasks and responsibilities b. Implementation of a plan of care c. Receiving assignments d. Requirements of reporting incidents e. Overview of payment structure of healthcare system	1. Identify the role of the home health aide within the home health team member. 2. Define the home health aide role in implementing a plan of care. 3. Describe duties of the home health aide. 4. Explain the purpose and need for home health care. 5. Identify the role of the supervisor for home health aides. 6. Describe the federal regulations that apply to home health aides, including Americans with Disabilities Act. 7. Describe the purpose of policies and procedures of the home care employing agency. 8. Describe appropriate personal grooming for home health aide. 9. Recognize basic medical terminology and approved abbreviations. 10. Discuss the purpose of reporting incidents. 11. Describe the types of events that require reporting. 12. Demonstrate documentation of reported events. 13. Explain how the home care agency and the home health aide receive payment for care services 14. Explain the relationship of care to payment in the healthcare system.		Classroom:1.0
2. Moral, Legal and ethical considerations for a home health aide Professional boundaries	1. Define a professional relationship for the home health aide with the client. --- 2. Explain why the HHA should not borrow money, nor develop a relationship beyond client and HHA, 3. Define ethical and legal terms that apply to health care and professional behavior. 4. Explain legal issues related to client care		Classroom 0.5

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	5. Recognize signs and symptoms of abuse and neglect 6. Discuss actions made by health care workers that may be perceived as abusive. 7. Describe steps to be taken when abuse is suspected		
3. Foundations for working with the home care client: Family dynamics Maintaining relationships with the client, the client's family, and significant others	1. Define holistic care 2. Discuss family roles and their significance in health care for the client. 3. Describe personal adjustments of the individual and family to illness and disability 4. Identify community resources for individual and family health 5. List ways to respond to the emotional needs of your clients and their families. 6. Explain how to develop effective interpersonal relationships.		Classroom: 0.5
4. Communication with the client, the client's family, and significant others in the home setting: a. Dealing with barriers to communication in the home b. Communication with the home care team	1. Identify barriers to communication in the home 2. List ways to make communication accurate and completely. 3. Explain why documentation is important and describe how to document visit records and incident reports 4. Demonstrate ability to use verbal and written information to assist with the care plan 5. Demonstrate effective telephone communication.		Classroom: 0.5

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5. General safety	<ol style="list-style-type: none"> <li>1. Identify five common types of accidents in the home</li> <li>2. Describe strategies to prevent accidents in the home.</li> <li>3. Discuss guideline for disposal of biohazardous waste from the home.</li> <li>4. Describe personal and community safety for a home health aide</li> <li>5. Describe how emergency procedures learned from the American Red Cross First Aid course would be used.</li> <li>6. Describe how emergency procedures learned from the American Heart Association CPR course would be used.</li> <li>7. Describe appropriate responses to client having a seizure.</li> </ol>		Classroom:0.5
6. Delegated nursing skills: a. Assisting with self-administration of medication	<ol style="list-style-type: none"> <li>1. Identify the role of the home health aide in assisting with scheduled medications</li> <li>2. Identify methods of medication storage</li> <li>3. Describe actions to take in an emergency involving medication</li> </ol>		Classroom: 0.5
Delegated nursing skills: b. Administering enema for bowel evacuation	<ol style="list-style-type: none"> <li>1. Discuss the preparation of the client prior to administering an enema.</li> <li>2. Explain the supplies that are needed for enemas List the various types of commercial enemas.</li> <li>3. Demonstrate the administration of enema.</li> </ol>		Classroom: 0.5 Laboratory: 0.5
Delegated nursing skills: c. Care of ostomy including skin and changing appliance	<ol style="list-style-type: none"> <li>1. Define the term "ostomy."</li> <li>2. Discuss the function of an ostomy and its content.</li> <li>3. Demonstrate emptying and changing the ostomy drainage bag.</li> <li>4. Describe the care and observation of the skin surrounding the ostomy.</li> </ol>		Classroom: 0.5 Laboratory: 0.5

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Delegated nursing skills: d. Administering oxygen therapy	<ol style="list-style-type: none"> <li>1. Explain the use of oxygen equipment in the home.</li> <li>2. Describe guidelines for safe and proper use of oxygen in the home.</li> <li>3. Identify the types of oxygen delivery systems used in the home.</li> </ol>		Classroom: 0.5 Laboratory 0.5
7. Promoting the client's independence with basic restorative skills including safe warm and cold applications, that are appropriate for the home	<ol style="list-style-type: none"> <li>1. Discuss the overall purpose of rehabilitative and restorative care.</li> <li>2. Describe basic restorative care in the home.</li> <li>3. List ways to adapt the environment for people with physical limitations.</li> <li>4. Explain the benefits of warm and cold applications.</li> <li>5. Describe the guidelines for the application of warm and cold to the skin.</li> </ol>		Classroom 0.5
8. Understanding and working with various client populations in home care settings including: a. Introduction to infant and child care	<ol style="list-style-type: none"> <li>1. Identify guidelines for working with children.</li> <li>2. List the signs of child and adult abuse and neglect.</li> <li>3. List symptoms of childhood illnesses and required care.</li> <li>4. Identify common neonatal disorders.</li> <li>5. Identify ways of assisting a new mother with her transition to the home.</li> <li>6. Explain guidelines for safely handling a baby.</li> <li>7. Describe guidelines for assisting with feeding a baby.</li> <li>8. Explain guidelines for bathing and changing a baby.</li> </ol>		Classroom 1.0
9. Emergencies in the home setting including weather related and power outages	<ol style="list-style-type: none"> <li>1. Discuss basic disaster procedures.</li> <li>2. Identify emergency evacuation procedures.</li> <li>9. Demonstrate knowledge of disaster procedures</li> </ol>		Classroom: 0.5

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10. Fire safety in the home setting	<ol style="list-style-type: none"> <li>1. List home fire safety guidelines.</li> <li>2. Describe steps to take in the case of fire to promote safety of the client.</li> <li>3. Demonstrate how to recognize and respond to medical emergencies.</li> </ol>		Classroom: 0.5
11. Meal planning, and meal preparation <ol style="list-style-type: none"> <li>a. food shopping</li> <li>b. storage and handling of food and kitchen utensils</li> </ol>	<ol style="list-style-type: none"> <li>1. Describe how to prepare shopping list and food shopping guidelines.</li> <li>2. Explain how to prepare a basic food plan or menu.</li> <li>3. State guidelines for safe food preparation.</li> <li>4. Identify various methods of food preparation.</li> <li>5. List foods and methods that are low-fat.</li> <li>6. List guidelines for safe food storage.</li> </ol>		Classroom: 1.0 Laboratory: 0.5
12. Maintenance of a clean and healthy environment <ol style="list-style-type: none"> <li>a. Housekeeping, laundering</li> </ol>	<ol style="list-style-type: none"> <li>1. Describe how housekeeping affects physical and psychological well-being.</li> <li>2. Describe general housekeeping guidelines.</li> <li>3. List cleaning products and equipment needed for housekeeping.</li> <li>4. Describe cleaning methods for living areas, kitchen, bathrooms, and storage areas.</li> <li>5. List special housekeeping procedures to use when infection is present.</li> <li>6. Explain guidelines for teaching special housekeeping skills to client's family.</li> <li>7. Explain how to do laundry and care for client's clothes.</li> </ol>		Classroom: 0.5
13. Use and care of medical equipment in the home	<ol style="list-style-type: none"> <li>1. List the name and usage for common medical equipment used in the home.</li> <li>2. Describe the care needed to maintain equipment for optimum use.</li> </ol>		Classroom: 1.0

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14. Simple procedures such as non-sterile dressings	<ol style="list-style-type: none"> <li>1. List reasons that a client may have a non-sterile dressing.</li> <li>2. Demonstrate changing non-sterile dressings.</li> </ol>		Classroom: 0.5 Laboratory: .05
15. Proper use of prosthetic and orthotic devices	<ol style="list-style-type: none"> <li>1. Describe the maintenance care of orthotic and prosthetic devices.</li> <li>2. Explain how to apply and remove orthotic and prosthetic devices.</li> <li>3. Demonstrate the application and removal of orthotic and prosthetic devices.</li> </ol>		Classroom: 1.0 Laboratory: 0.5
16. Care of Self implementing: a. stress-management techniques b. time-management techniques c. personal wellness, including physical and mental resources	<ol style="list-style-type: none"> <li>1. Explain three ways to work more efficiently.</li> <li>2. Describe how to follow an established work plan with the client and family.</li> <li>3. Discuss ways to handle inappropriate requests from client or family.</li> <li>4. Define stress and list examples of stressors.</li> <li>5. Explain ways to manage stress.</li> <li>6. Demonstrate two effective relaxation techniques.</li> <li>7. Describe how to develop a personal stress management plan.</li> <li>8. List guidelines for managing time.</li> <li>9. List ways to remind yourself that your work is Important, valuable, and meaningful</li> </ol>		Classroom: 1.0
17. Preventing fatigue and burn-out	<ol style="list-style-type: none"> <li>1. Discuss conflict resolution.</li> <li>2. Explain ways to manage stress.</li> <li>3. Describe the value of the HHA as a member of the health care team.</li> <li>4. Discuss ways to prevent fatigue and burnout.</li> </ol>		Classroom: 0.5