



WELLNESS GUIDE

(Transgender, Gender Non-Conforming, Gender Non-Binary, Two-Spirit and Gender Fluid People)

Transgender Resource Guide DC, Maryland & Virginia



DC | **HEALTH**
GOVERNMENT OF THE DISTRICT OF COLUMBIA



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DC Health is committed to supporting the overall health of the transgender community. It is our goal to improve equity, access and experience for all transgender people. We believe that by creating opportunity through community collaboration we will realize improved health for our transgender community.

Michael Kharfen,
Senior Deputy Director
HAHSTA

About This Guide

The following list is provided for informational purposes only for Transgender, Gender Non-Conforming, Gender Non-Binary, Two- Spirit and Gender Fluid People. Many of these providers have been recommended by those in the community who have received their services, or by those with knowledge of culturally sensitive providers. This guide is intended to provide information about where to go and how to seek services related to health-care, behavioral health, education, and employment, housing, faith-based and youth centered needs that have been identified as Trans-friendly and/or culturally sensitive.

As a result, this is a living document that will be continually amended and updated. We welcome feedback on this guide and hope that as you come across services or providers who are friendly, informed, and affirming, you will share this information with us so we can enhance this list of referrals. If you operate a business or service that is not included in this guide, we apologize for the oversight and invite you to contact us so we can update this guide.

We hope that this collection of resources will be useful to you on your journey!

If you have feedback on this document, please email **Diedre Gray**, *Transgender Health Coordinator*, at diedre.gray@dc.gov or (202) 671-4817



HAHSTA HIV/AIDS, Hepatitis, STD and TB Administration

The HIV/AIDS, Hepatitis, STD and TB Administration (HAHSTA) is the core District government agency to prevent HIV/AIDS, STDs, Tuberculosis and Hepatitis, reduce transmission of the diseases and provide care and treatment to persons with the diseases. HAHSTA partners with health and community-based organizations to offer testing and counseling, prevention education and intervention, free condoms, medical support, free medication and insurance, housing, nutrition, personal care, emergency services, and direct services at its STD and TB Clinics and more for residents of the District and the metropolitan region. HAHSTA administers the District's budget for HIV/AIDS, STD, Tuberculosis, and Hepatitis programs, provides grants to service providers, monitors programs, and tracks the incidence of HIV, AIDS, STDs, Tuberculosis, and Hepatitis in the District of Columbia.

Michael Kharfen, *Senior Deputy Director of HIV/AIDS, Hepatitis, STD, and TB Administration (HAHSTA), DC Health* - michael.kharfen@dc.gov



GENDER AFFIRMING HEALTH AND WELLNESS

- Sensitivity and Cultural sensitivity trainings
- Professional and leadership group
- Advocate and Strategize to create transgender programs
- Create Campaigns for PrEP and HIV Prevention
- Conferences
- Transgender Wellness Guide and Toll Kit
- Partnership with transgender led organizations and CBO's who serve trans community
- IMPACT DMV

Brief Description: In the *Transgender Health & Wellness Program*, we create trainings; provide capacity building as well as consulting for any organization that may provide services directly or indirectly to the transgender community. The objective is to ensure that each transgender, gender non-conforming and gender non-binary person receives a dignified and culturally competent experience.

The objective is to raise the voice of the TGNC & GNB community by bringing cohorts to feed with their knowledge and voices to the decision making table.

Diedre Gray, *Transgender Health Coordinator, DC Health* - diedre.gray@dc.gov



ADVOCACY AND POLICY ORGANIZATIONS

Advocates for Youth

1325 G Street NW, Suite 980 Washington, DC 20005

(202) 419-3420

www.advocatesforyouth.org

Brief Description: Adolescent Contraceptive Access Initiative, South Carolina Emergency Contraception Initiative, Cultural Advocacy and Mobilization Initiative, Future of Sex Education (FoSE), Gay, Lesbian, Bisexual, Transgender, and Questioning (GLBTQ) Youth Initiative, Anti-Homophobia/Transphobia Project, HIV/STI Prevention Programs, International Initiatives, Let's Talk About Sex, Public Policy Initiatives, Rights, Respect, Responsibility, Campaign, School Health Equity, Teen Pregnancy Prevention Initiative, Young Women of Color Initiative, Youth Activist Network, 1 in 3 Campaign Campus Organizers, International Youth Leadership Council, State Activists, Young Women of Color Leadership Council, Youth Resource, Youth Leadership Program, Youth of Color Initiative, The Muslim Youth Project

- Language English

DCATS (DC Area Transmasculine Society)

<http://www.dcats.org>

Brief Description: Trans-led organization that serves to advance the lives of Transmasculine folk by providing resources that help overcome the social, economic, and health-related barriers to living authentically. Founded in the late 1990s as a monthly support group, DCATS has transformed into an organization that offers a variety of services to meet our community's needs. Discord Chat Serve, Binder Exchange, Needle Exchange, Resource Directory



Trans-Wellness

DCTC (DC Trans Coalition)

(202) 681-3282

dctranscoalition@gmail.com

Brief Description: The DC Trans Coalition (DCTC) is a volunteer, grassroots, community-based organization dedicated to fighting for human rights, dignity, and liberation for transgender, transsexual, and gender-diverse (hereafter: trans) people in the District of Columbia

Human Rights Campaign

1640 Rhode Island Ave NW, Washington, DC 20036

(202) 628-4160

<https://www.hrc.org/>

Brief Description: The Human Rights Campaign and the Human Rights Campaign Foundation together serve as America's largest civil rights organization working to achieve LGBTQ equality

Metro DC PFLAG

1518 U St NW 2nd floor, Washington, DC 20009

(202) 638-3852

<http://pflagdc.org>

Brief Description: Metro DC PFLAG helps keep families together and promotes equality and the well-being of lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) people and their families through support, education, and advocacy. Founded in 1983, WE are a nonprofit, nonpartisan, volunteer organization

- Volunteering Opportunities
- Language Spanish and English



Trans-Wellness

National Center for Transgender Equality

1015 18th St. NW #1100, Washington, DC 20036

(202) 642-4542

<https://transequality.org/>

Brief Description: NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, DC

Trans-Latinx DMV

(202) 459-3252

<https://www.translatinxdmv.org>

Brief Description: A Two-Spirit led organization that centers the needs of Black & Indigenous Trans-Latinx people living in Washington DC, Maryland and Virginia. Advocates for the needs that specifically affect the Trans-Latinx community and strategizes ways to improve the community's quality of life in DC, Maryland and Virginia (DMV) while working to amplify educational resources promoting Trans leader empowerment, peer navigation and referrals

Whitman Walker

1525 14th St. NW, Washington, DC 20005

(202) 745-7000

<https://www.whitman-walker.org/>

Brief Description: At Whitman-Walker, we see you. To us this means that regardless of how or why you came to us, we will welcome you with open arms and treat you with the dignity, respect and love that you deserve



COMMUNITY BASED ORGANIZATIONS

Casa Ruby

7530 Georgia Ave NW, Washington, DC 20012

(202) 355-5155

<http://casaruby.org>

Brief Description: Drop-In Center, Housing Services, Social Services, Latino Immigration Services, Support Services for Victims of Violence and more

- Volunteering Opportunities
- Language Spanish and English

Damien Ministries

2200 Rhode Island Ave NE, Washington, DC 20018

(202) 526-3020

<http://www.damienministries.org>

Brief Description: Food Bank, Medical Case Management, Medical Nutritional Therapy & Spiritual Retreats, HIV/STI testing and Referrals

- Volunteering Opportunities
- Language Spanish and English

DC Center

2000 14th St. NW #105 Washington, DC 20009

(202) 682-2245

<http://thedccenter.org/>

Brief Description: The DC LGBT Center educates, empowers, celebrates, and connects the lesbian, gay, bisexual, and transgender communities



Trans-Wellness

Heart to Hand

9701 Apollo Dr #400, Largo, MD 20774

(301) 772-0103

<http://www.hearttohandinc.org/>

Brief Description: Heart to Hand supports those infected and affected by sexually transmitted infections, including HIV, in Prince George’s County. Find out how we can help you reach optimum health today

HIPS

906 H St NE, Washington, DC 20002

(202) 232-8150

<http://www.hips.org/>

Brief Description: Drop-In Center, Syringe Access and Disposal, Safer Sex Materials, Harm Reduction Counseling, Linkage to Care, Medication Assisted Treatment for Opioid Use Disorder Clinic (MAT Clinic) Infectious Disease Clinic (HCV Treatment), First Aid and Emergency Response, Housing Navigation, Legal Clinic, Shower, Laundry, Community Lunch, Clothing Closet, Support Groups, Syringe exchange, services are free of charge and more

- Language English
- Volunteering Opportunities

Latin American Youth Center (LAYC)

1419 Columbia Rd NW, Washington, DC 20009

(202) 319-2225

www.layc-dc.org

Brief Description: After School Programs, Arts and Media, Career Exploration, College Prep, Community Service Hours, Emergency Housing, Foster Care, GED, Health Promotion, Homeless Services, Homework and Tutoring, Internships, Job Training, Mental Health Counseling, Programs in Schools, Recreation, Runaway Services, Scholarships, Sexual Health, STI/HIV Testing, Substance Abuse Treatment, Transitional Living, Young Families

- Volunteering Opportunities
- Language Spanish and English



Trans-Wellness

Metro Health DC

1012 14th St. NW, Washington DC 20005

(202) 638-0750

<https://metrohealthdc.org/>

Brief Description: Metro Health strives to build healthier communities, one person at a time. We accomplish this by *joyfully* providing high quality health services with a commitment to excellence. Our services include multidisciplinary and integrated primary healthcare, behavioral health and nutrition services.

SMYAL (Supporting and Mentoring Youth Advocates and Leaders)

410 7th St SE, Washington, DC 20003

(202) 546-5940

www.smyal.org

Brief Description: SMYAL Library, Housing program & Referrals

- Volunteering Opportunities
- Language English

Us Helping Us People Into Living

3636 Georgia Ave NW, Washington DC 20010

(202) 446-1100

<https://www.ushelpingus.org/>

Brief Description: Us Helping Us, People into living, Inc. is committed to improving the health and well-being of communities of color through innovative programs and services and – through a vision of inclusiveness – to reducing the impact of HIV/AIDS in the entire BLACK community

Whitman-Walker

1525 14th St. NW, Washington, DC 20005

(202) 745-7000

<https://www.whitman-walker.org/>

Brief Description: At Whitman-Walker, we see you. To us this means that regardless of how or why you came to us, we will welcome you with open arms and treat you with the dignity, respect and love that you deserve



COMMUNITY HEALTH CLINICS (Behavioral Health Services)

MedStar Washington Hospital Center Behavioral Services

Trinity Square 216 Michigan Ave Ne, Washington, DC 20017

(202) 877-6321

<https://www.medstarwashington.org/our-services/mental-health/>

Brief Description: MedStar Washington Hospital Center, a valued member of MedStar Health, is dedicated to delivering exceptional PATIENT FIRST health care. We provide the region with the highest quality and latest medical advances through excellence in patient care, education and research

Bridge & Anchor

474 Ridge Rd NW, Washington, DC 20001

(202) 904-1338

<http://www.bridgeandanchor.org/>

Brief Description: At bridge and anchor our vision is to facilitate a seamless connection from individuals, families and friends affected by mental illnesses to reliable and trusted professional healthcare providers, while nurturing the transition of rehabilitation, thus anchoring family units in the community through our services. In this endeavor, we seek to prevent unnecessary, painful and sometimes catastrophic effects when it comes to getting the needed care and attention for mental illness

MBI Health Services

4130 Hunt Place, NE

Washington, DC 20019

(202) 388-9202

<http://www.mbihs.com/>

Brief Description: The mission of MBI Health Services, LLC (MBI) is to embrace, advocate, and empower the minds and lives of men, women, and children throughout the Washington, DC Metropolitan Area



Trans-Wellness

A Quiet Journey Counseling

10000 Colesville Road

Silver Spring, MD 20901

(301) 370-6613

<http://www.aquietjourney.com/>

Brief Description: A Quiet Journey Counseling & Associate in Silver Spring, MD. Specializes in reaching out to the LGBTQ Community and offer a safe, supportive and confidential environment for you to explore and understand what being Lesbian, Gay, Bisexual, Transgender or Questioning means to you! We are here to help YOU define who you are so that you don't have to look to others to use labels that may not feel right to you

Lia Bostian LCPC-S

50 W. Montgomery Ave, Suite 320

Rockville, MD 20850

(301) 678-3385

www.liabostian.com

Brief Description: I am a Licensed Clinical Professional Counselor with an office in Rockville, MD. I help individuals and families with a wide range of emotional problems and decisions, with a special focus on the LGBT community. My goal is to enable people to resolve their issues with lasting results and to live more satisfying, healthier lives



COMMUNITY HEALTH CLINICS (Medical Services)

DC Health and Wellness Center

77 P St NE, Washington, DC 20002

(202) 741-7692

<https://dchealth.dc.gov/dc-health-and-wellness-center>

Brief Description: The new clinic offers easy and affordable sexual health care with a bilingual staff, a convenient location, and same-day appointments. Our caring professionals offer expert services, including: Health screenings, HIV and STD prevention resources, STD Testing and Treatment, Pre-Exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (PEP), Hepatitis care, Sexual health counseling and education, Sexual Health and other Reproductive Health Services, Immunizations, Free Condoms, and more

- Language English
- No Insurance is needed if qualified

George Washington Hospital

900 23rd St. NW Washington, DC 20037

(202) 715-4000

<https://www.gwhospital.com/>

Brief Description: The mission of GW hospital is to provide the highest quality healthcare, advanced technology and world class service to our patients in an academic medical center dedicated to education and research

La Clinica Del Pueblo/Empoderate Program

2831 15th Street NW Washington, DC 20009 (Medical Services)

3166 Mt Pleasant St NW, Washington, DC 20010 (LGBT Services)

(202) 507-4800

7411 Riggs Rd #308, Hyattsville, MD 20783 (LGBT Services)

(301) 264-8200

www.lcdp.org/our-services/community-health-action/empoderate-youth-center



Trans-Wellness

Brief Description: Medical Preventive Care, HIV/STI Care, Navigation and Health Education

- Insurance is needed to get health or Scale Fee Program if qualify
- Volunteering Opportunities
- Language Spanish and English

Mary's Center

3912 Georgia Ave NW, Washington, DC 20011

(202) 483-8196

<https://www.maryscenter.org>

Brief Description: *MEDICAL SERVICES:* Mary's Center Pharmacy, Dental Care, Pediatric Care, Senior Care, Sonography Clinic, *SOCIAL SERVICES:* Domestic Violence Support, Home Visiting, Teen Program, School Based Mental Health, WIC, *EDUCATION SERVICES:* Briya Public Charter School, Child Development Associate Classes, Medical Assistant Program, Adolescent Education Program

- Language English & Spanish
- Insurance is required, scale fee if qualify
- Volunteering Opportunities

Whitman Walker Health

1525 14th St NW, Washington, DC 20005

(202) 745-7000

<https://www.whitman-walker.org/>

Brief Description: Provides with Replacement Hormone Therapy, HIV/STI Care, Mental health, Gender Affirming Program, Pharmacy, Legal Services and More

- Insurance is needed to get Health or Scale Fee program if qualified
- Volunteer Opportunities
- Language Spanish and English



GENDER AFFIRMING DOCTORS

Deb Dunn, P.A.

Chase Brexton

1111 N Charles St, Baltimore, MD 21201

(410) 837-2050

<https://www.chasebrexton.org/>

Gabriel Del Corral, M.D., F.A.C.S.

MedStar Health

193 Stoner Ave #310, Westminster, MD 21157

(443) 777-7631

<https://www.drdelcorral.com/>

Dr. Derek L. Masden, M.D.

MedStar Health

106 Irving Street Northwest, Suite 3400, Washington, DC 20010

(202) 877-3303

<https://www.medstarhealth.org/doctor/dr-derek-l-masden-md/#q={>

May Lin Chin, M.D.

George Washington University Hospital

900 23rd St., NW, Washington, DC 20037

(202) 715-4000

<https://www.gwhospital.com/conditions-services/spine-center/may-lin-chin>

Kelly Bolden, M.D.

Howard University Hospital

2041 Georgia Ave, NW

Towers Building 4100 Washington, DC 20060

(202) 865-1286

<http://huhealthcare.com/find-a-doctor/kelly-bolden>



HEALTH EQUITY LEADERS

(According to HRC Health Equity Index Leader 2018)

DISTRICT OF COLUMBIA

Whitman-Walker Health - Washington D.C.

MARYLAND

Chase Brexton Health Services - Baltimore

Planned Parenthood of Maryland-Baltimore

Sinai Hospital of Baltimore - Baltimore

VA Baltimore Medical Center - Maryland Health Care System - Baltimore

Walter Reed National Military Medical Center - Bethesda

University Health Center - University of Maryland College Park Northwest Hospital -
Randallstown

VIRGINIA

VA Hampton Medical Center - Hampton

Novant Health UVA Health System Haymarket Medical Center - Haymarket

Novant Health UVA Health System Prince William Medical Center - Manassas



HEALTH INSURANCES

Kaiser Permanente

<https://healthy.kaiserpermanente.org/shop-plans#individual-and-family-plans>

(800) 788-0710

Care-First Blue Cross Blue Shield

<https://member.carefirst.com/members/home.page>

(202) 479-8000

AETNA

<https://www.cigna.com>

(800) 997-1654

DC HEALTH LINK

<https://dchealthlink.com>

(855) 532-5465

Maryland Health Connection

<https://www.marylandhealthconnection.gov>

(855) 642-8572

Virginia Medicaid

<https://www.viriniamedicaid.dmas.virginia.gov>

Federal Exchange

<https://www.healthcare.gov>

OUT2EnRoll (LGBTIQ+)

<https://out2enroll.org>



HOSPITALS

(Gender Affirming Care and Services)

George Washington University Hospital

900 23rd St NW, Washington, DC 20037

(202) 715-4000

<https://www.gwhospital.com>

Howard University Hospital

2041 Georgia Ave NW, Washington, DC 20059

(202) 865-6100

<http://huhealthcare.com/healthcare/hospital>

Johns Hopkins Hospital

1800 Orleans St, Baltimore, MD 21287

(410) 995-5000

https://www.hopkinsmedicine.org/center_transgender_health/index.html

MedStar Washington Hospital Center

106 Irving St NW Suite 1200, Washington, DC 20010

(202) 877-6309

<https://www.medstarwashington.org/>

Brief Description: Transgender Affirming Care Services Provide in this location

Insurance and Referrals as need it

- Language English
- Language access Line for other languages



LEGAL SERVICES

National Center for Transgender Equality

1133 19th St NW
Suite 302
Washington D.C. 20036
(202) 642-4542
ncte@transequality.org

Brief Description: The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice

TransLAW (Trans Legal Advocates of Washington)

info@translawdc.org

Brief Description: Founded in 2012 by community legal advocates in Washington, DC to better serve the legal needs of transgender people in the Metro Washington, DC area, which includes the immediate areas of Maryland and Virginia

Equality Virginia

(804) 643-4816
<http://www.equalityvirginia.org/resources/legal-resources/>

Brief Description: Local law firms specializing in the needs of the LGBT community are encouraged to list their services on this legal resources page. Equality Virginia provides this complimentary service to LGBT Virginians seeking legal representation and to attorneys working with the LGBT community

Whitman-Walker

1525 14th St., NW Washington, DC 20005 or
2301 MLK Jr., Ave. SE, Washington DC 20020
(202) 939-7630
<https://www.whitman-walker.org/legal-services>



Trans-Wellness

Brief Description: Our legal team is here to help you break down barriers and achieve improved health and wellness. We work with patients, people living with HIV, and members of the Lesbian, Gay, Bisexual, Transgender, and Queer communities

ACLU of the District of Columbia

915 15th St. NW, 2nd Floor
Washington, D.C. 20005
(202) 457-0800
info@acludc.org

Brief Description: ACLU-DC pursues its mission through legal action, legislative advocacy, and public education. In addition to representing clients in court, sometimes we work with government agencies to defend liberty without litigation

FreeState Justice

2526 Paul St.
Baltimore, MD 21218
(410) 625-5428
<http://freestate-justice.org/>

Brief Description: FreeState Justice is a legal advocacy organization that seeks to improve the lives of low-income lesbian, gay, bisexual, transgender, and queer (“LGBTQ”) Marylanders



REHAB AND PHYSICAL THERAPY

Coastal Healthcare Services

3801 Connecticut Ave NW #100, Washington, DC 20008

(202) 525-1641

<http://www.moveplayspeak.com>

Brief Description: Private pediatric practice, serving children and their families in the D.C. metro area, multidisciplinary team of professionals offer evaluations and assessments, as well as occupational, physical, speech-language, and feeding therapy services for children from birth through childhood. Work with children to help them move, play, and speak—with the goal of achieving the best possible outcomes

RETAIL SERVICES

Alternative Health Associates (Hair Removal)

215 N Washington St., Alexandria, VA 22314

(703) 638-5736

<https://althhealthassociates.com/>



SEXUAL ASSAULT AND INTIMATE PARTNER VIOLENCE

DC Rape Crisis Center

5321 1st PI NE, Washington, DC 20011

(202) 232-0789

www.dcrcc.org

- Language English

FORGE Transgender Sexual Violence Project

www.forge-forward.org/anti-violence/for-survivors

(414) 559-2123

Brief Description: FORGE is a national transgender anti-violence organization, founded in 1994. Since 2009, we have been federally funded to provide direct services to transgender, gender non-conforming and gender non-binary survivors of sexual assault

RAINN (Rape, Abuse & Incest National Network)

www.rainn.org

(800) 656-4673

Brief Description: National Sexual Assault Hotline

SAGE LGBT Elder Hotline

www.sageusa.org/programs/hotline.cfm

(888) 234-SAGE or sage@GLBThotline.org

Brief Description: Peer-to-peer support. No judgment. Listening and caring

- Language English

National Domestic Violence Hotline

www.thehotline.org

(800) 799-7233



Trans-Wellness

Brief Description: We answer the call to support and shift power back to people affected by relationship abuse

Veterans Crisis Line

www.veteranscrisisline.net

(800) 273-8255 & Press 1

Brief Description: For veterans, military personnel, and their families



SPIRITUAL AND RELIGIOUS

Celebration Center for Spiritual Living

2840 Graham Rd, Falls Church, VA 22042

(703) 560-2030

<http://celebrationcenter.org>

Brief Description: The Science of Mind is the core teaching of Centers for Spiritual Living; it is a philosophy that integrates spiritual truths with science and physics. Simply put, the Science of Mind teaches the unity of all life

Church of the Pilgrims

2201 P Street, NW, Wash, DC

(202) 387-6615

www.churchofthepilgrims.org

Brief Description: We are pilgrims, together on a spiritual journey, trusting God to show us the way. We follow Jesus, seeing God's image in every face, inviting all people into the circle of God's grace

Empowerment Liberation Cathedral

5301 North Capitol St NE, Washington, DC 20011

(240) 720-7605

<https://www.empowermentliberationcathedral.org/>

Brief Description: At Empowerment Liberation Cathedral we celebrate our church being a welcoming and affirming, radically inclusive, LGBTQIA celebrated congregation, where ALL of God's children are welcomed

Faith Temple

1313 New York Ave NW, Washington, DC 20005

(202) 232-4911

<https://lgbtq.dc.gov/page/faith-temple>



Trans-Wellness

Brief Description: Faith Temple is a nondenominational charismatic, liberationist church founded in 1982 with a special ministry to gay, lesbian, bisexual and transgender people of color. But all are welcome and encouraged to attend

First Congregational UCC

945 G St. NW, Washington, DC 20001

(202) 628-4317

<https://www.firstuccdc.org/>

Brief Description: We are a UCC congregation in the heart of Washington, D.C., led by the Spirit and in covenant with God and each other. We seek to understand and experience God and respond to the call of Christ as reflected in our heritage and today's experiences

Inner Light Ministries

1231 Good Hope Rd. SE, Washington, DC 20020

(202) 332-7750

<http://www.innerlightministries-dc.org/>

Brief Description: We are a Christ centered, inclusive and diverse community that follow the teachings of Christ. We first love God, ourselves and then our neighbors. We proudly embrace and celebrate our African Heritage in all its positive forms

MCC Baltimore (Metropolitan Community Church of Baltimore)

405 W. Monument St. Baltimore, MD 21201

(410) 669-6222

<https://www.mccbaltimore.org/>

Brief Description: MCC Baltimore is a resource and worship center that seeks to engage, equip, and empower God's people to make a difference in the world

MCCDC (Metropolitan Community Church of Washington, DC)

474 Ridge St. NW, Washington, DC 20001

(202) 538-7373

www.mccdc.com

Brief Description: Welcome to a determined church that is seeking to overcome all obstacles to discover a renewed vision. Though we have a storied and colorful past, today we are about renewed growth, renewed programs, and renewed opportunities



MCC NOVA (Metropolitan Community Church of Northern Virginia)

10383 Democracy Lane, Fairfax, VA, 22030

(703) 691-0930

www.mccnova.com

Brief Description: Welcoming and affirming progressive spiritual community with a specific outreach to LGBTQI people and our allies who are seeking authentic spirituality and renewal through varied celebration experiences, educational and social enrichment opportunities, and tangible expressions of love through social justice and outreach opportunities

National City Christian Church

5 Thomas Cir. NW, Washington, DC 20005

(202) 232-0323

<https://nationalcitycc.org/>

Brief Description: We are Disciples of Christ, a movement for wholeness in a fragmented world. As part of the one body of Christ, we welcome all to the Lord's Table as God has welcomed us

New Hope Baptist UCC

309 E St. NW, Washington, DC

Brief Description: To become a great cloud of witnesses, representing every nation and tribe, by seizing this opportunity of fellowship, and standing in the boldness of God's love, daring to have HOPE

New Light MCC Hagerstown

40 W Church St. Hagerstown, MD 21740

(301) 797-5698

<http://www.newlightmcc.com>

Brief Description: New Light MCC is deliberately striving to be the passionately authentic and spiritual presence of Christ in the world excluding no one



Ravensworth Baptist Church

5100 Ravensworth Rd, Annandale, VA 22003

(703) 941-4113

<http://www.ravensworthbaptist.org/>

Brief Description: Ravensworth Baptist Church is an inclusive and welcoming Christian community where expressing the love of God to all people is central to our worship, study, and service

Silver Spring UMC

8900 Georgia Ave, Silver Spring, MD 20910

(301) 587-1215

<https://silverspringumc.org/>

Brief Description: We are a movement of Christ's love, feeding all of God's people – body, mind and spirit – so no one goes hungry

St. Thomas Parish

1772 Church St. NW, Washington, DC 20036

(202) 332-0607

<https://stthomasdc.org/>

Brief Description: We are a community that unconditionally welcomes people of all sexual orientations, gender identities, immigration status, economic realities, and political persuasions

Washington National Cathedral

3101 Wisconsin Ave NW, Washington, DC 20016

(202) 537-6200

<https://cathedral.org/>

Brief Description: Washington National Cathedral is dedicated to serve as a house of prayer for all people and a spiritual home for the nation



Westminster Presbyterian

400 I St. SW, Washington, DC 20024

(202) 484-7700

<https://www.westminsterdc.org/>

Brief Description: Westminster is a multicultural, open minded, Christian congregation. We serve the community in body, mind and soul, 7 days a week, 365 days a year

Westmoreland Congregational

1 Westmoreland Cir NW, Bethesda, MD 20816

(301) 229-7766

<http://www.westmorelanducc.org/>

Brief Description: While each of us comes to Westmoreland with unique perspectives on faith and life, the statements below give you some idea of what we value as a community of faith. Whoever you are, and wherever you are on life's journey, you are welcome here

SUICIDE AND CRISIS PREVENTION RESOURCES

Crisis Text Line

www.crisistextline.org

Text HOME to 741741 in the US

Brief Description: Crisis Text Line is free, 24/7 for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

(800) 273-8255

Brief Description: We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals

The Trevor Project

www.thetrevorproject.org

(866) 488-7386

Brief Description: Crisis intervention and suicide prevention services for LGBTQ+ youth ages 13-24.

Trans Lifeline

www.translifeline.org

(877) 565-8860

Brief Description: Free crisis hotline staffed by transgender people, for transgender people



SUPPORT GROUPS

MAGIC DC (Metro Area Gender Identity Connection of Washington DC)

<http://www.magicdc.org>

info@magicdc.org

Brief Description: Peer support group for Transsexual, Gender Queer and other Gender Identity Questioning people living in the greater Washington DC Metropolitan Area. Active for over 25 years, we discuss everything from philosophy and feelings to practical matters such as legal issues and medical problems and solutions.

Maryland Trans*Unity

9601 Cedar Ln Bethesda, MD 20814

www.transunity.net

info@transunity.net

Brief Description: Volunteer run, peer-facilitated support group and community building organization serving trans* people of all identities – including those who identify as transgender, transsexual, non-binary, genderqueer, crossdressers, non-transitioners, de-transitioners, re-transitioners, agender, bi-gender, gender fluid, pangender, or any other identity under the trans* umbrella. We also encourage and welcome participation from those who stand in solidarity with Trans* communities.

TGEA (Transgender Education Association of Greater Washington)

5765 F Burke Centre Parkway, Suite 167, Burke, VA 22015.

tgeagw@gmail.com

<http://www.tgeagw.org>

Brief Description: Individuals transitioning in their communities. Communities preparing for transitioning individuals



YOUTH CENTERED

Children's Hospital

2220 11th St. NW, Washington, DC 20001

(202) 476-5000

<https://childrensnational.org/>

Brief Description: As the nation's children's hospital, the mission of Children's National Health System is to excel in Care, Advocacy, Research and Education

Coastal Healthcare Services

3801 Connecticut Ave NW #100, Washington, DC 20008

(202) 525-1641

<http://www.moveplayspeak.com/>

Brief Description: We are a private pediatric practice, serving children and their families in the D.C. metro area since 2006. Our multidisciplinary team of professionals offers evaluations and assessments, as well as occupational, physical, speech-language, and feeding therapy services for children from birth through childhood. We work with children to help them move, play, and speak—with the goal of achieving the best possible outcomes

George Mason University Health Services

4400 University Dr, Fairfax, VA 22030

(703) 993-2831

<https://shs.gmu.edu/>

Brief Description: Student Health Services provides accessible and affordable health care to all currently enrolled Mason students in a caring and confidential environment. We offer a wide variety of services to keep our community healthy



Health Services for Children

1101 Vermont Ave NW, Washington, DC 20005

(202) 467-2737

<https://hschealth.org/health-plan>

Brief Description: The HSC Health System is a nonprofit health care organization committed to serving people with complex health care needs and eliminating barriers to health services. The System combines the resources of a health plan, pediatric specialty hospital, home health agency and parent foundation to offer a comprehensive approach to caring, serving and empowering people with disabilities

Sasha Bruce Network

1312 East Capitol St. NE, Washington, DC 20003

(202) 675-9375

<http://www.sashabruce.org/>

Brief Description: The mission of Sasha Bruce Youthwork is to improve the lives of runaway, homeless, abused, and neglected at-risk youth and their families in the Washington area. We achieve this by providing shelter, counseling, life skills training and positive youth development activities to approximately 1,500 youth and 5,000 family members each year

School-Based Health Alliance

1010 Vermont Ave NW #600, Washington, DC 20005

<https://www.sbh4all.org/>

Brief Description: School-based health care is a powerful tool for achieving health equity among children and adolescents who unjustly experience disparities in outcomes simply because of their race, ethnicity, or family income. It's also a commonsense idea gaining currency across the country: place critically needed services like medical, behavioral, dental, and vision care directly in schools so that all young people, no matter their zip code, have equal opportunity to learn and grow



SMYAL

410 7th St. SE, Washington, DC 20003

(202) 546-5940

<https://www.smyal.org/>

Brief Description: SMYAL Library, Housing program & Referrals

- Volunteering Opportunities
- Language English

UHU DENIM

8240 Professional Place

Landover, MD

(240) 465-8794

<https://www.ushelpingus.org/denim>

Brief Description: The DENIM Collection is an innovative care coordination model of culturally-appropriate, co-located clinical, behavioral, and social services for young Black MSM and transgender women, aged 13-34 years, in the Washington, DC area

Wanda Alston

300 New Jersey Ave NW, Washington, DC 20001

(202) 733-3643

<http://wandaalstonfoundation.org/>

Brief Description: The Wanda Alston House is the first and only housing program in Washington DC that is solely dedicated to offering pre-independent living services to homeless LGBTQ youth ages 16-24

LGBT Equity Center at University Maryland, College Park Campus

2218 Marie Mount Hall

College Park, MD 20742

(301) 405-8720

<https://lgbt.umd.edu/>



Trans-Wellness

Brief Description: We envision the University of Maryland as a fully equitable community that empowers innovators and agents of social justice for lesbian, gay, bisexual, transgender, and queer people

Gender and Sexual Diversities Resource Center at Bowie State University

Martin Luther King Communications Building Rm. 301
14000 Jericho Park Rd. Bowie, MD 20715
(301) 860-4000
Dr. Horacio Sierra
hsierra@bowiestate.edu

Brief Description: The Resource Center works with faculty, staff and students to increase awareness and affirmation of LGBTQIA individuals to reduce discrimination and harassment based on sexual orientation and gender identity

George Washington University LGBTQIA Community MSSC

2127 G Street, NW
Washington, DC 20052
(202) 994-6772
<https://mssc.gwu.edu/lgbtqia-community>
mssc@gwu.edu

Brief Description: The Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and Asexual (LGBTQIA) community at the George Washington University (GW) is a diverse group of students, faculty and staff, who represent a variety of gender and sexual identities unified under the goal of awareness and education

HAHSTA
(HIV/AIDS, Hepatitis, STD, Tuberculosis Administration)
899 North Capitol Street NE
Washington, DC 20002
(202) 671-4900
<https://dchealth.dc.gov/>