FOREST HILLS of DC

INCLUSIVE SENIOR LIVING

August 2, 2016

Veronica Longstreth. RN. MS
Interim Program Manager, Health Facilities Division
Department of Health
899 North Capitol Street, NE
Washington. DC 20002

Dear Ms. Longstreth:

Enclosed please find the Plan of Correction for the Federal QIS Survey, conducted June 27 through July 1, 2016 at Forest Hills of DC. The Statement of Deficiencies (2567) associated with this Plan was received today. Although you have advised that our date for submission of this Plan is not until August 12, we are responding immediately to avoid any concerns about denial of payment. This Plan of Correction is separate and in addition to our August 1 submission, which responded to the Statement of Deficiencies identified during our licensure survey and which was provided to Forest Hills on July 22, 2016.

This Plan of Correction is submitted for purposes of regulatory compliance and as part of Forest Hills of DC's ongoing efforts to continuously maintain the high quality of care and services provided. As such, it does not constitute an admission of the facts or conclusions cited in the survey report for any purpose whatsoever.

If you have any questions, feel free to contact me directly at 202-777-3320, or by e-mail at msavoy@foresthillsdc.org. Thank you.

Sincere

Mary Savoy, KN, MS, LNHA

Administrator

Enclosure (CMS-2567)

PRINTED: 08/02/2016 FORM APPROVED OMB NO. 0938-0391

| | OF DEFICIENCIES CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | l ` ´ | | CONSTRUCTION | (X3) DATE SURVEY COMPLETED | |
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| F 000 | An unannounced Of Survey was conduct June 27 through July Survey activities corresidents' clinical recreview of 20 clinical The following deficie facilityobservations of facility's operating presidents, families a of the fiudings, it was was not in compliant CFR Part 483, Subp Long Term Care Factor The following is a diacronyms that may be assessed as a session of the fiudings of | stuality Indicator Recertification and at Forest Hills of DC from y 01, 2016. Insisted of a review of 30 cords during Stage 1 and a records during Stage 2. Incies are based on of staff practices; review of the rocedures and interviews with and facility staff. After analysis is determined that the facility ce with the requirements of 42 and B, and Requirements for cilities. In the report: Mental Status ment reference date a-day Pressure | | 0000 | | | |
| AROPATORY | DCMR- District Regulations D/C Discontinue DI - decilite DMH - Departr | of Columbia Municipal e | | | | | AVGI DA VII |
| - John College | THE STORE OF THE VIDEO | OUT THE NET PERSONATURE | | | TITLE | | (X6) DATE |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| F 000 | EMS - Emerg G-tube Gastro HSC Healt HVAC - Heating ID - Intelle IDT - Intelle IDT - Liter Lbs - Pound MAR - Medica MD - Medica MD - Medica MD - Minim Mg - milligmass) mL - milligmass) mJ - mill | d Electrocardiogram ency Medical Services (911) estomy tube h Service Center ventilation/Air conditioning ectual disability sciplinary team Ids (unit of mass) ation Administration Record cal Doctor num Data Set grams (metric system unit of iters (metric system measure of rams per deciliter ters of mercury ght logical e Practitioner ission screen and Resident ineous Endoscopic Gastrostomy ician 's order sheet needed ient ity Indicator Survey nsible party cial Care Center e | FO | | | |
| F 162 | 483.10(c)(8) LIMITA | TION ON CHARGES TO | F 1 | 62 | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | | (X2) MULT A. BUILDII | FIPLE CONSTRUCTION NG | | (X3) DATE SURVEY COMPLETED | | |
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| F 162 SS=D | PERSONAL FUNDS The facility may not personal funds of a for which payment is Medicare (except fo coinsurance amoun the resident for requexpensive than or in accordance with §44 (This does not affect charges for items and has paid. See §44 in the Medicaid progras payment in full, Medicaid stay, facility for the following cate Nursing services as subpart. Dietary services as subpart. An activities programatic subpart. Room/bed maintent Routine personal hy required to meet the but not limited to, has brush, bath soap, dicleansing agents whis skin problems or to | impose a charge against the resident for any item or services is made under Medicaid or rapplicable deductible and its). The facility may charge rested services that are more rexcess of covered services in 89.32 of this chapter. It the prohibition on facility and services for which Medicaid 47.15, which limits participation for an to providers who accept, Medicaid payment plus any ance, or copayment required by by the individual.) If a covered Medicare or ties may not charge a resident required at §483.30 of this required at §483.30 of this required at §483.35 of this are required at §483.35 of this required at §483.15(f) of ance services. If a covered Medicare or services are required at §483.35 of this required at § | F1 | 162 | | | |

| | OF DEFICIENCIES CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATÉ SURVEY COMPLETED | |
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| F 162 | moisturizing lotion, to swabs, deodorant, in sanitary napkins and washcloths, hospital hair and nail hygiene personal laundry. Medically-related so §483.15(g) of this substitute to substitute the facility informs charge, and if paymous the facility informs charge, and if paymous medicaid: Telephone. Television/radio for personal comfort ite materials, notions and cosmetic and groom excess of those for widelicaid or Medicaid or Medicaid or Medicaid or Medicaid or Medicaid or Medicaid personal clothing. Personal reading madifts purchased on the scope of the activities §483.15(f) of this su Noncovered special hired nurses or aide Private room, excep (for example, isolatic Specially prepared constead of the food growth and the food growth a | issues, cotton balls, cotton incontinence care and supplies, direlated supplies, towels, direlated supplies, and basic cial services as required at subpart. Increal categories and examples is that the facility may charge to ey are requested by a resident, the resident that there will be a cent is not made by Medicare or personal use. Increal categories and examples is not made by Medicare or personal use. Increasing the made is made under the cent is not made in a confections. The made is made under the cent is made under the cent is program, provided under the part. Increasing the made is provided under the cent is not made outside the cent is program, provided under the part. Increasing the made is provided under the part. Increasing the made is provided under the cent is program, provided under the part. | F | 162 | | | |
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| F 162 | The facility must not representative) for a requested by the restrequire a resident (or request any item or admission or continuinform the resident (requesting an item of be made that there service and what the Service and what the Service and what the Service and a list of and would not be chandled a Medicaid Resident The findings included A family interview wat approximately 3:1 regarding if the residual regarding if the residua | charge a resident (or his or her my item or service not sident. The facility must not or his or her representative) to services as a condition of used stay. The facility must or his or her representative) or service for which a charge will will be a charge for the item or e charge will be. IT is not met as evidenced by: eview, staff and family interview mpled Stage 2 residents, it was lity staff failed to ensure that representative was given a list of items that the resident would harged for if his/her relative was t. Resident #36. Example 19 PM. A query was made dent is on Medicaid, did the staff of a list of services and items that d not be charged for. The | | Failure to Ensure that 1 Resident's Representative Was Given a List of Services and a List of Items that the Resident Would and Would Not be Gor if His/her Relative Was A Medica Resident. 1. Corrective Action for Resident Deficient Practice. A list of items and services was provid resident's daughter that detailed each item/service available to the resident a charges for each, if any. 2. How Residents Potentially Affect the Same Deficient Practice Will Be Identified, and What Corrective Acti Be Taken. A listing available from the Accounting that identified Medicaid residents was obtained. These residents and /or responsities were provided the list of items services available to the resident and charges for each, if any 3. Measures or Systemic Changes Made to Ensure Deficient Practice Deficient P | Charged id With ed to the and the 7/5/16 Cted by on Will Office consible and 7/15/16 the arc to be coes Not ment fitems dithe es as part Make ements 5 and 7/28/16 |

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| F 162 | providers/vendors. " | ge 5 Methodist Home or directly to However, the sheet did not ne items listed on the sheet. | F | 162 | | | |
| | Employee #11 on Ju 11:30 AM, who ackr admissions process and would not be ch | riew was conducted with ally 1, 2016 at approximately nowledged that during the items that the resident would parged for were discussed, at a list containing the cost of the | | | | | |
| | Employee #12 on Ju | riew was conducted with uly 1, 2016 at approximately owledged the findings. | | | | | |
| F 309 SS=D | 483.25 PROVIDE C HIGHEST WELL BE | ARE/SERVICES FOR EING | F | 309 | | | |
| | provide the necessa maintain the highest and psychosocial we | receive and the facility must by care and services to attain or t practicable physical, mental, ell-being, in accordance with the essment and plan of care. | | | | | |
| | This REQUIREMEN | T is not met as evidenced by: | | | | | |
| | three (3) of 20 samp that facility staff faile accordance with phy | eview and staff interviews for oled residents, it was determined ed to: monitor blood pressure in sysician 's orders for one (1) by conduct evaluation and in for one (1) | | | | | |

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| F 309 | resident and apply a management of ede Residents #17, 22 a The findings include 1. Facility staff failed application of adapticedema of Resident and According to the Hissigned by the physic revealed that Reside HTN (Hypertension) Depression, and Ede Physician's orders order dated 4/7/14] of splint on left hand wof bed. Check skin irritation; Elevate left OOB [out of bed] for Resident #17 was of 29, 2016 at approximation of Employee's #5 are evidence that the control the left hand/arm was Employee #13 state the resident required arm. Employee #5 wone for the resident failed to Facility staff failed to Facility staf | daptive devices for the ma for one (1) resident. and 23 to follow physician orders for we devices for the treatment for 's left upper extremity. tory and Physical examination sian on September 29, 2015 ent #17 's diagnoses included: HLD (Hyperlipidemia), ema. dated June 16, 2016 [original directed: Patient to wear cone then in bed. Remove when out on left hand for any redness or arm on pillow when in bed and edema. " beserved lying in bed on June mately 4:30 PM in the company and #13. There was no ne hand splint was applied and as not elevated on pillows. d, he/she was not aware that d a cone or elevation of the left was unsuccessful in locating the devices for the treatment of | F 30 | Failure to follow physician orders fapplication of adaptive devices for treatment of edema of Resident #13 upper extremity. 1. Corrective Action for Resident Deficient Practice. A thorough search resident's adaptive device was conduinclude the resident's room, laundry fa and the Therapy Department. Adaptive was not located. Therapy provided replacement device for the resident. 2. How Residents Potentially Affethe Same Deficient Practice Will Be Identified, and What Corrective Act Be Taken. Residents who have adaptevices of any type have been identified. Therapy. All have been assessed to hassistive devices, as ordered. Staff hainformed of the devices that are to be and the wearing/usage schedule orders. Measures or Systemic Change Made to Ensure Deficient Practice Recur. Charge Nurses will ensure addevices required for each resident are indicated on the CNAs' Daily Assignm Sheet. Use of adaptive devices will be in the CNAs' documentation (e.g., Cathracker) and on the TAR completed the CNAs' documentation (e.g., Cathracker) and on the TAR completed the CNAs will be audited monthly by Medical Records Secretary for complications and TARs will be reported quarterly to the Committee. | With h for cted to acilities, e device cted by ion Will tive ed by ave been in place red. s to be Does Not aptive elent included re by nurses. o Make a Tracker the ance. | 6/29/16 7/5/16 7/27/16 | |



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| F 309 | 2. Facility staff failed blood pressure in adorders. According to the fact Blood Pressure Mor 04/30/15 stipulates, A. Monitoring Protoc Residents- 2. If the pressure is greater Mercury) or less that blood pressure is grater is additional reading of than 60mmHg the reabnormal. The resid additional reading of than 2 hours apart will be notified if the three (3) consecutive. The physician's ordeindicated], directed: [times] a day on Tue Saturdays to determ pressure medication if SBP (Systolic Blood 160 or < [less than] Blood Pressure) [grate 60mmHg [times] 3 (1) The June 2016 MAFRecord) revealed Record and the pressure of the nurse 28, 2016 at 100 A review of the nurse | It to monitor Resident #22 's cordance to physician 's sility 's policy "Protocol for nitoring," revised date: " II. Policy Implementation: col for Hypertensive resident 's systolic blood than 160mmHg (millimeters of n 100mmHg and the diastolic eater than 100mmHg or less eading will be considered tent must be monitored and two btained at intervals not longer3. The resident 's physician blood pressure is abnormal for | F 3 | Failure to monitor Resident #2 Pressure in Accord with Phys 2. Corrective Action for Res Deficient Practice. Employee involved in the deficie was educated on the Blood Pres The meaning of the word "conse also clarified with this employee 5. How Residents Potentiall the Same Deficient Practice W Identified, and What Correctiv Be Taken. Medical charts and MARs of res receiving B/P medications were Based on this documentation re residents experienced the defici Documentation was consistent of Physician's Order. 6. Measures or Systemic Che Made to Ensure Deficient Prace Recur. Staff received Training/Education and Procedure for abnormal Blovalues. Special emphasis was pemployees' comprehension of to included in the policy. 7. Plan to Monitor Performa Sure Solutions Are Sustained MARs will be audited by Nurse compliance. Results will be repot to the QAPI Committee | ician's Order. ident With ent practice ssure policy. ecutive" was y Affected by Vill Be re Action Will sidents reviewed. eview, no other ient practice. with the entanges to be ctice Does Nor on on the Policy od Pressure placed on erminology nce to Make l. Manager for | |

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| F 309 | of three consecutive determine the effect medications based of the physician. A face-to-face interved Employees # 3 and approximately 2:00 aforementioned find consecutive blood pobtained. The clinical 30, 2016. 3. Facility staff failed evaluation and reassintensity of pain for Maccording to the face Assessment and Ma 6/1/16 stipulates, "using the assessment protocol 2. Review medication regiment degree of relief experiment of the pain Maccording to the face Assessment and Ma 6/1/16 stipulates, "using the assessment and Maccording to the face Assessmen | blood pressure readings to iveness of the blood pressure on the parameters defined by iew was conducted with #7 on June 30, 2016 at PM regarding the ings. Both acknowledged that ressure readings were not all record was reviewed on June I to consistently conduct sessment of pain to include the Resident #23. Ility 's policy "Pain inagement, " revised dated 1. Perform a pain assessment in form that is part of the vithe resident 's current pain in to determine the following: 2 C. erienced from this medication lanagement Risk Assessment "Pain Intensity: 0- No pain; ort on scale of 10), 2 Moderate cale of 10), 3-Severe (7-10 of 10)" Sician 's Order Form signed and (order originated February 24, cetaminophen 500mg (RPL th)- 2 (two) tabs (tablets)- (1000 6 hours as needed for body | F 30 | 9 A (3): Failure to Consistently (Evaluation and Reassessmen Include the Intensity of Pain for #23. 1. Corrective Action for Res Deficient Practice. Corrective a indicated, as pain medication habeen administered and docume effective post administration. 2. How Residents Potentially the Same Deficient Practice Wildentified, and What Corrective Be Taken. Residents receiving medication (regularly scheduled identified based on physician or Corrective action taken to ensur assessments are conducted befadministration of analgesic incluthe facility's current pain policy/passessment tool to address intenducate all staff on the correct in the policy and use of the tool. 3. Measures or Systemic Child Made to Ensure Deficient Practice Recur. Monthly audits of the MARecords will be conducted to decompliance with the revised policimplementation of the training process of the solutions Are Sustained chart audits will be reported qual QAPI Committee. | ident With action is not ad already nted as y Affected by /ill Be re Action Will pain and PRN) are ders. re pain fore and after ide a) updating protocol and nsity, and 2) interpretation of the anges to be carried by Medical stermine icy and rovided. | 6/30/16 7/15/16 7/18/16 | |

| AND PLAN OF CORRECTION IDENTIFICATION NUMBER | | (X2) MULT A. BUILDIN | PLE CONSTRUCTION | (X3) DATE SURVEY COMPLETED | | |
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| F 314 | Tylenol- 2 tablets on pain: March 4, 2016 - 12A March 13, 2016- 1:3 March 31, 2016- 1:0 March 16, 2016- 2:00A April 19, 2016- 2:00A April 19, 2016 - 1:30 There was no evider conducted an asses description of the int scale) before and af Strength Tylenol for A face-to-face intervent Employees # 3 and approximately 2:30 faforementioned finding reviewed on June 30 face-to-face intervent Employees # 3 and approximately 2:30 faforementioned finding reviewed on June 30 face-to-face intervent Employees # 3 and approximately 2:30 faforementioned finding reviewed on June 30 face-to-face intervent Employees # 3 and 3 face-to-face intervent Employees # 3 face-to-face int | ent #23 received Extra Strength the following dates for body M - result: effective 0 PM- result: helpful 0 PM- result: effective 0 AM - result: effective M- result: effective PM - result: helpful PM- result: helpful PM- result: helpful PM- result: helpful PM- result: effective nce that facility staff consistently sment that included a ensity of the pain (e.g. numeric ter the administration of Extra Resident #23. iew was conducted with #7 on June 30, 2016 at PM. Both acknowledged the ings. The clinical record was 0, 2016. | F3 | | | |
| 55=G | Based on the compresident, the facility with develop pressure so clinical condition der unavoidable; and a receives necessary | ehensive assessment of a must ensure that a resident who hout pressure sores does not bres unless the individual's monstrates that they were resident having pressure sores treatment and services to event infection and prevent new | | | | |

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| F 314 | This REQUIREMEN Based on record re (1) of 20 Stage 2 sad determined that facil assess and monitor ensure that necessa provided. Subseque Unstageable Pressu identified at an adva The findings include Policy: Skin Impairment, Eff Revisions: May 16, 2 Statement: All reside admission and then Skin impairment incl tears, Pressure Ulce Policy Interpretation Prevention (b) For th (a score of 18 or bel will be instituted: (2) repositioned every 2 will be kept off mattr at least twice a day must have pericare to per shift. Licensed s document weekly The History and Phy dated by the physici revealed that Reside | view and staff interview for one impled residents, it was lity staff failed to consistently Resident #17's right heel to any treatment and services were intly, the resident developed an ire Ulcer that was initially inced stage. Resident #17. : fective Date May 13, 2010, 2016 stipulated: "Policy ents will be assessed upon routinely for skin impairment. udes, but not restricted to: Skin ers, Vascular Ulcers and Implementation: 1. nose residents who are at Risk ow) the following intervention Resident will be turned and hours while in bed (5) heels ess, (6) Skin will be moisturized (7) Incontinent residents with skin barrier at least once taff will assess skin and ." risical examination signed and an on September 29, 2015 ent #17 diagnoses included: , HLD (Hyperlipidemia), | F3 | 314 | Failure to Consistently Assess and Resident #17's Right Heel to Ensure Necessary Treatment and Services V Provided. Subsequently, the Resider Developed an Unstageable Pressure that was Initially Identified at an Advistage. 1. Corrective Action for Resident V Deficient Practice. Total body assessment was completed resident and related documentation up accordingly. 2. How Residents Potentially Affect the Same Deficient Practice Will Be Identified, and What Corrective Action Be Taken. Skin Sheets and other documentation (Braden Scale, Weekly Skin Checklist) v reviewed for all residents identified with pressure ulcers. Where necessary, the documents were updated and/or revise 3. Measures or Systemic Changes Made to Ensure Deficient Practice Defici | that Vere nt Ulcer anced Vith d for the dated ted by e.g., were d. to be | 7/5/16 7/5/16 7/18/16 |

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| | ROVIDER OR SUPPLIER | | | STREET ADDRESS, CITY, STATE, ZIP CO 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | | |
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| F 314 | According to the quadated February 3, 2 Section C (Cognitive impaired; Section G Status) the resident dependent, requiring people for bed mobilization; Section revealed resident w M (Skin Condition), at risk for developin 0210 (Current Numbullers) the resident that the resident did pressure ulcer. A review of the subsemble MDS dated May 3, 3 Skin Conditions, Reone (1) Unstageable The "Pressure Ulceremain free of skin Approach: Air a Body/skin audit at le Braden Scale asses needed), Assess all prn, notify nurse/ME areas " A review of the clini Pressure Ulcer Risk the "Braden Scale asses needed Scale asse | arterly Minimum Data Set (MDS) 016, Resident #17 was coded in a Patterns) as severely 0110 and G0120 (Functional was coded as totally g assistance of one or two dility, transfer, dressing, personal d wheelchair dependent for n H0300 (Urinary Continence) as always incontinent. Section the resident was coded as being g pressure ulcers. In Section M ber of Unhealed Pressure was coded as "0" indicating not have any unhealed sequent, Significant Change 2016 revealed under Section M, sident #17 was coded as having a pressure ulcer. cer " care plan updated evealed "Goal: Resident will breakdown through next review; liternating pad on mattress, east biweekly on bath days, sment quarterly and PRN (as a skin during AM/PM care and of for any open or discolored cal record revealed the facility 's a Assessment tool combined with For Predicting Pressure Sore ed by health professionals, | | 314 | | | |

| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER | | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATE SURVEY COMPLETED | | |
|--|--|--|--|---------------------------------|---|------------|--|
| | | 095038 | B. WING_ | | _ | 07/01/2016 | |
| | ROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZIP CODE 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | ATEMENT OF DEFICIENCIES F BE PRECEDED BY FULL REGULATORY ENTIFYING INFORMATION) | ID PREFI) TAG | ((EACH CORREC CROSS-REFEREN | PLAN OF CORRECTION CTIVE ACTION SHOULD BE NCED TO THE APPROPRIAT DEFICIENCY) | | |
| F 314 | patient's risk of deve | eloping a pressure ulcer) signed | F 3 | 314 | | | |
| | 2016, revealed Resi | egistered Nurse on February 24, ident #17 was assessed as essure ulcer development. | | | | | |
| | February 2, 2016 re skin integrity was in | ary Progress Notes dated vealed that Resident #17 's " tact " and that the resident was re ulcer(s) [secondary] to | | | | | |
| | A review of nurse 's notes revealed the following: | | | | | | |
| | | 1:00 PM Turned and ery 2 hours] as as needed | | | | | |
| | | 52 AM skin warm and dry to es of daily living] provided, ed as needed | | | | | |
| | | 35 PM Turning and occl. No skin breakdown noted. | | | | | |
| | March 21, 2016- 11 done | :18 PM incontinent care | | | | | |
| | | M Turned and repositioned on other needed ADL's and attended to | | | | | |
| | March 22, 2016- 11 done | :20 PM incontinent care | | | | | |
| | March 23, 2016- 7:0 done | 02 AM incontinent care | | | | | |
| | March 23, 2016- 11 | :00 PM incontinent care | | | | | |
| | | | 1 | ŀ | | | |

| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER: | | (X2) MULTI A, BUILDIN | PLE CONSTRUCTION G | | (X3) DATE SURVEY COMPLETED | | |
|---|--|--|--|---|-------------------------------|----------------------------|--|
| | | 095038 | B. WING _ | | 07 | /01/2016 | |
| NAME OF PROVIDER OR SUPPLIER FOREST HILLS OF DC | | | STREET ADDRESS, CITY, STATE, ZIP CODE 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | ATEMENT OF DEFICIENCIES BE PRECEDED BY FULL REGULATORY INTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPR DEFICIENCY) | JLD BE | (X5) COMPLETION DATE | |
| F 314 | done The clinical record la progress notes for the through March 27, 2 March 28, 2016 7:30 [Certified Nursing Anoted on the right hassessment area not discoloration with in [centimeters] x [by] noted with redness noted on palpitation noted on the area. order in place to apply daily, and float the hassesure relieving horder in place to turt two [2] hours. Resito self. No change baseline notedski ordered. " The clinical record laconducted body/ski biweekly in accorda staff interview, it was were to utilize the faction of the checklist forms were to design the faction of the sesses ments that we shower days. Howe Resident #17 's clir Checklist forms were revealed nursing staff in the control of the province of the pro | acked evidence of nurse 's ne period of March 23, 2016 2016. D AM nurse 's entry: CNA sistant] reported black area seel during care. On oted with grayish black tact skin measuring 2.3cm 1.8 cm. Surrounding area No facial expression of pain to the area and no warmness MD [Medical Doctor] updated, oly skin prep to the area twice seel with Prevalon boot neel protector] on while in bed. In and reposition resident every ident remains alert and oriented or deviation from [his/her] in prep applied to right heel as acked evidence that facility staff in assessments 'at least' noce to the care plan. Through a determined that nursing staff scility 's "Weekly Skin record weekly skin ere usually conducted on ver, there was no evidence in nical records that Weekly Skin | F3 | 14 | | | |

| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER | | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | (X3) DATE SURVEY COMPLETED | | |
|--|--|---|---------------------|---|--|----------------------------|
| | | 095038 | B. WING | | | /01/2016 |
| FOREST HILLS OF DC | | | | STREET ADDRESS, CITY, STATE, ZIP C 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | ATEMENT OF DEFICIENCIES BE PRECEDED BY FULL REGULATORY NTIFYING INFORMATION) | ID PREFIX TAG | PREFIX (EACH CORRECTIVE ACTION SHOULD BE | | (X5) COMPLETION DATE |
| F 314 | SDTI (Suspected Degrayish/black, Size: No, Drainage: No, Control of the state of the wound then once the scab Stage III pressure u stated, the resident and Thursdays. A telephone interview 2016 with Employee #13 indic resident on the 7:00 day he/she saw the 28, 2016] was the demployee #13 also not open, it was dar at telephone interview 2016 with Employee #14 indic evening shift from 3 that he/she was assevening of March 2016 with Employee #14 indic evening shift from 3 that he/she was assevening of March 2016 with Employee #14 indic evening shift from 3 that he/she was assevening of March 2016 with Employee #14 indic evening shift from 3 that he/she was assevening of March 2016 with Employee #14 indic evening shift we put remove any clothes morning. In response whether or not the response whether or n | eed: March 28, 2016, Stage: eep Tissue Injury), Color: 2.3 cm x 1.8 cm, Granulation: dor: No " view was conducted with ne 29, 2016 at approximately was made regarding the skin sident 's right heel. He/she was first found unstageable came off, it was assessed as a lcer. "The employee further 's shower days were Mondays w was conducted on July 1, e #13 at approximately 4:15 PM. ated that he/she works with the AM to 3:00 PM shift and the wound on the right heel [March ay he/she reported it. reported that the right heel was k and was getting to be black. w was conducted on July 1, e #14 at approximately 4:30 PM. ated that he/she works the con PM to 11:00 PM and agreed igned to Resident #17 the 7, 2016. Employee #14 stated of the resident to bedwe and wash the stockings for the lonse to a query regarding lesident was observed with any kin of the right heel, he/she loration or abnormality was oyee could not recall if the | F3 | 314 | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | (X3) DATE SURVEY COMPLETED | |
|---|--|---|--|--|-------------------------------|---------|
| | | 095038 | B. WING | | | 01/2016 |
| NAME OF PROVIDER OR SUPPLIER FOREST HILLS OF DC | | | 4 | TREET ADDRESS, CITY, STATE, ZIP CODE 901 CONNECTICUT AVENUE, NW VASHINGTON, DC 20008 | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | ATEMENT OF DEFICIENCIES I BE PRECEDED BY FULL REGULATORY NTIFYING INFORMATION) | ID PREFIX TAG | PREFIX (EACH CORRECTIVE ACTION SHOULD BE | | |
| F 314 | Employee #1 on Jul PM. who stated "sheets [Weekly Skir Resident #17 was a unstageable pressu March 28, 2016, chadiscoloration." The high risk "for develoced for the Braevidence that facility and/or monitored the subsequently, he/shacquired pressure unidentified at an advance to face inter Employees #1 #2 and approximately 5:00 record, all acknowle findings. The clinical 2016. | riew was conducted with y 1, 2016 at approximately 3:00 there are no shower/skin a Checklist] for the resident. " ssessed with a facility acquired, re ulcer of the right heel on a aracterized as "grayish black a resident was assessed as "eloping skin impairment aden Scale. There was no y staff consistently assessed a resident 's skin and he was assessed with a facility anced stage [unstageable]. view was conducted with the hid #3 on July 1, 2016 at PM. After review of the clinical adged the aforementioned all record was reviewed on July 1, | F 314 | | | |
| F 371 SS=D | The facility must - (1) Procure food fro considered satisfact authorities; and | MOCURE, SERVE - SANITARY m sources approved or tory by Federal, State or local distribute and serve food under | F 371 | | | |

| | OF DEFICIENCIES CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATE COM | SURVEY MPLETED |
|--|---|---|--|-----|---|---|----------------------------|
| | | 095038 | B. WING | | 07/0 | 01/2016 | |
| NAME OF PROVIDER OR SUPPLIER FOREST HILLS OF DC | | | STREET ADDRESS, CITY, STATE, ZIP CODE 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | ATEMENT OF DEFICIENCIES BE PRECEDED BY FULL REGULATORY NTIFYING INFORMATION) | ID PREFI) TAG | K | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY) | | (X5) COMPLETION DATE |
| F 371 | | ge 16 T is not met as evidenced by: | F3 | 371 | A (1): Failure to Store Foods Under S Conditions as Evidenced by Two (2) (2) Soiled Food Warmers in the Main Kitchen. | of Two | |
| | Based on observati approximately 9:05 a facility failed to store | ions made on June 27, 2016 at AM it was determined that the a foods under sanitary aced by two (2) of two (2) soiled | | | Corrective Action for Deficient Practice. Two of two warmer units were cleaned 28, 2016. | l June | 6/28/16 |
| | The findings include | : od warmers located in the main | | | How Potential for the Same Defice Practice Will Be Identified, and V Corrective Action Will Be Taken. No resident or equipment was affected practice. | Vhat | 6/28/16 |
| F 456 | Employee #9 who ad 483.70(c)(2) ESSEN OPERATING COND. The facility must ma electrical, and patier operating condition. This REQUIREMEN Based on observation approximately 9:05 facility failed to main | intain all essential mechanical, nt care equipment in safe | | | Measures or Systemic Changes Made to Ensure Deficient Practice De Policy will be updated to include respon of Dining Services Management Team inspect the warmer equipment, as part Safety and sanitation audit. The Maste cleaning schedule has been updated at cleaning has been increased from bi-we weekly or as needed. Weekly cleaning warmer has been placed on the product master cleaning schedule effective July 2016. Plan to Monitor Performance to Sure Solutions Are Sustained. The director of dining services will monit Results of the monthly Safety and sanit Audit will be reported quarterly to the O | oes Not asibility to of the er and eekly to g of the tion 1, Make cor the ation | 7/1/16 |
| | one (1) dishwashing minimum of 180 deg consecutive final rin | machine that failed to reach a grees Fahrenheit during five (5) se cycles and a broken in one (1) of two (2) food | | | Audit will be reported quarterly to the Q Committee. | API | |

| AND PLAN OF CORRECTION IDENTIFICATION NUMBER | | | E CONSTRUCTION : | (X3) DATE SURVEY COMPLETED | | | |
|--|---|--|--|---|---|--|--|
| | | 095038 | B. WING | ······ | 07/01/2016 | | |
| FOREST HILLS OF DC | | | STREET ADDRESS, CITY, STATE, ZIP CODE 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008 | | | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY MUST | TEMENT OF DEFICIENCIES BÉ PRECEDED BY FULL REGULATORY NTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY) | | | |
| F 456 | 1. The dishwashing minimum final rinse Fahrenheit in five (5 cycles. 2. The built-in tempe (2) food warmers wat to be replaced. These observations | machine failed to reach a temperature of 180 degrees of five (5) consecutive wash trature gauge to one (1) of two is stuck and needed | F 456 | Failure to Maintain All Essential Mechanical, Electrical, and Patient Ca Equipment in a Safe Operating Condi (1) Dishwashing machine failed to rea minimum final rinse temperature of 1 degrees F ⁰ in five (5) of five (5) conse rinse cycles. 1. Corrective Action for Resident W Deficient Practice. Manual sanitation policy was put into pla Service company was called and came | ition. ach a 80 cutive ith ace. 6/27/16 | | |
| F 514 SS=D | 483.75(I)(1) RES RECORDS-COMPL The facility must ma resident in accordan standards and pract accurately documen systematically organ The clinical record in | ETE/ACCURATE/ACCESSIBLE intain clinical records on each ce with accepted professional ices that are complete; ted; readily accessible; and ized. nust contain sufficient by the resident; a record of the | | immediately. 2. How Residents Potentially Affect the Same Deficient Practice Will Be Identified, and What Corrective Action Be Taken. No resident or equipment was affected practice. 3. Measures or Systemic Changes of Made to Ensure Deficient Practice Do Recur. The dish machine log will be reviewed by | n Will by 6/27/16 to be ses Not | | |
| | resident's assessme services provided; the screening conducted notes. | nts; the plan of care and ne results of any preadmission d by the State; and progress T is not met as evidenced by: | | Management team before each meal. Manager will initial by each temp taken. 4. Plan to Monitor Performance to Its Sure Solutions Are Sustained. Director of Dining Service will track any findings and report results to quarterly to QAPI Committee. | 7/5/16 Make 7/28/16 | | |
| | (1) of five (5) sample Hospice services, it failed to maintain an | iew and staff interview for one ed residents who received was determined that facility staff accurate clinical record as ck of complete documentation on of Hospice | | | | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATE SURVEY COMPLETED | |
|--|---|--|--|-----|--|--|------------------------------|
| | | 095038 | B. WING_ | | | 07/ | 01/2016 |
| PREST HILLS OF DC (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY TAG OR LSC IDENTIFYING INFORMATION) | | ID PREFI) TAG | PREFIX (EACH CORRECTIVE ACTION SHOU | | | (X5) COMPLETION DATE | |
| F 514 | care and services. F The findings include Resident #52 was a December 28, 2015 conducted with Emp 2:30PM on June 30, employee was queri visits by the Hospice responded, "Nursi each week [three to nurse visits at least" A review of the Hospice revealed that the do weekly visits by the documentation for th Hospice Nurse's not May 16, 2016. Rev revealed documenta June 13. There wa 01, June 20, and/or A face-to-face interv Employee #11 [Hos 10:30AM on July 1, week; sometimes to always write a sumr copy on the chart be copy for myself. I de employee opened h of Hospice Nursing and June 27, 2016. don't know what has them in the chart. | dmitted to Hospice Care on A face-to-face interview was aloyee #5 at approximately 2016. During the interview the ed regarding the frequency of a Nursing staff. The employee and Assistants visit several times four days per week] and the conce a week; sometimes twice. Dice section of the clinical record cumentation did not reflect Hospice Nurse. Review of the month of May revealed the dated May 06, 2016 and the view of the notes for June attion for June 6, June 10 and is no note for the week of June June 27, 2016. The diew was conducted with pice nurse at approximately | F | 514 | Failure to Maintain an Accurate Clini Record as Evidenced by the Lack of Complete Documentation Related to Provision of Hospice Care and Servi Resident #52. 1. Corrective Action for Resident V Deficient Practice. The hospice documentation in question was retrieve the Hospice provider and placed in the resident's record. 2. How Residents Potentially Affect the Same Deficient Practice Will Be Identified, and What Corrective Actions Be Taken. All residents receiving hospic will be identified. Their charts will be not onsure that documentation by hospic providers has been placed in the chart reflect visit dates and services provided. 3. Measures or Systemic Changes Made to Ensure Deficient Practice Documentation of Recur. Medical charts of residents receive hospice care will be audited monthly by Medical Records Secretary to determing presence of hospice documentation of made during the month. If documentatification to be missing, the hospice provides contacted and requested to deliver the missing documentation. 4. Plan to Monitor Performance to Sure Solutions Are Sustained. Result monthly audits will be reported quarterle QAP! Committee. | the ces for Vith ed from ted by on Will ice care eviewed ce to d. to be oes Not eiving y the ne visits on is der will the Make ts of the | 7/5/16 7/15/16 7/25/16 |

| NAME OF PROVIDER OR SUPPLIER FOREST HILLS OF DC SUMMAY STATEMENT OF DEPOSITION OF ALL REGULATORY TAG (EACH DEPICIENCY MIST BE PRECEDED OF YALL REGULATORY TAG (EACH DEPICIENCY MIST BE PRECEDED OF YALL REGULATORY OR LSC JOENTEYNIS INFORMATION) F 514 Continued From page 19 with Employees #1, 2 and 3 at approximately 12:00 PM on July 1, 2016. The employees acknowledged that the resident's clinical record tacked complete documentation of the provision of Hospice care and services. The record was reviewed on June 30, 2016. | STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER | | l ' ' | PLE CONSTRUCTION G | (X3) DATE SURVEY COMPLETED | | |
|--|---|---|--|---------------------|--|----|------------|
| FOREST HILLS OF DC SUMMARY STATEMENT OF DEFICIENCIES PREFIX TAG (X4) ID PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 514 Continued From page 19 with Employees #1, 2 and 3 at approximately 12:00 PM on July 1, 2016. The employees acknowledged that the resident's clinical record lacked complete documentation of the provision of Hospice care and services. The record was | | | 095038 | 011 | | | 1/2016 |
| F 514 Continued From page 19 with Employees #1, 2 and 3 at approximately 12:00 PM on July 1, 2016. The employees acknowledged that the resident's clinical record lacked complete documentation of the provision of Hospice care and services. The record was | | | | | 4901 CONNECTICUT AVENUE, NW | | |
| with Employees #1, 2 and 3 at approximately 12:00 PM on July 1, 2016. The employees acknowledged that the resident 's clinical record lacked complete documentation of the provision of Hospice care and services. The record was | PREFIX | (EACH DEFICIENCY MUST | BE PRECEDED BY FULL REGULATORY | PREFIX | (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR | BE | COMPLETION |
| | F 514 | with Employees #1, PM on July 1, 2016. acknowledged that it lacked complete doo Hospice care and se | 2 and 3 at approximately 12:00 The employees the resident 's clinical record cumentation of the provision of ervices. The record was | F 5 | 14 | | |