

**DISTRICT OF COLUMBIA ~ DEPARTMENT OF HEALTH ~ ADAP**  
**Dronabinol capsule (Marinol®) and Dronabinol oral solution (Syndros®)**  
**PRIOR AUTHORIZATION PROGRAM Request Form- Initial Request 12 weeks**

CLIENT'S NAME: \_\_\_\_\_ ADAP ID: \_\_\_\_\_  
CLIENT'S DATE OF BIRTH: \_\_\_\_\_ ADAP Pharmacy: \_\_\_\_\_

**DC ADAP Policy: Marinol®** (dronabinol capsule) is an orally acting cannabinoid and like other cannabinoids has complex central nervous system (CNS) effects, including central sympathomimetic activity. The capsules are available as 2mg, 5mg and 10mg. **Syndros®**(dronabinol oral solution) contains dronabinol 5mg/mL and includes inactive ingredients of 50% (w/w) dehydrated alcohol and polyethylene glycol 400. It is available in a multi-dose, amber 30mL glass bottle.

**Marinol® and Syndros® require prior approval for coverage. Allow up to 96 hours for completion of request.**

**Indication for Use:**

Dronabinol capsules and dronabinol oral solution have been approved for use in adults for the treatment of anorexia associated with weight loss in patients with acquired immune deficiency syndrome (AIDS). Both dronabinol capsules and oral solution are also indicated for the treatment of nausea and vomiting associated with cancer chemotherapy in patients who have failed to respond adequately to conventional antiemetic treatments.

**Criteria for use:**

*Please complete and check all that apply:*

1. Medical provider meets qualifications to prescribe dronabinol capsules and oral solution.  
(Federal, State, Local)  
YES  NO
2. Client has a history of substance abuse or dependence, e.g. cocaine, marijuana, alcohol.  
YES  NO
3. Client has a history of hypersensitivity to alcohol.  
YES  NO
4. Client is currently or has received disulfiram- or metronidazole- containing products within 14 days. YES  NO
5. Client is currently receiving anticholinergic medications, e.g. tricyclic antidepressants, antihistamines.  
YES  NO
6. Client has been educated of the risks associated with using dronabinol with other CNS depressants, e.g., alcohol, benzodiazepines.  
YES  NO
7. Client has been screened for psychiatric conditions, e.g. depression, schizophrenia and if present, will be monitored for new or worsening symptoms during dronabinol treatment.  
YES  NO
8. Client of childbearing potential has signed Dronabinol Informed Consent To Take Dronabinol Form. YES  NO
9. Client is not pregnant and has a negative pregnancy test.  
YES  NO

10. Client has been educated on the appropriate storage, handling and administration of dronabinol capsules or dronabinol oral solution.

YES  NO

11. Client has been informed of potential benefits and risks associated with dronabinol use.

YES  NO

12. Client's anticipated start date of dronabinol is \_\_\_\_\_

13. Client's anticipated duration of treatment is \_\_\_\_\_ months.

14. Please provide the following information:

Drug: \_\_\_\_\_  capsules  oral solution Initial Dose: \_\_\_\_\_

**Recommended dosage and administration:** The recommended dose of dronabinol for treatment of anorexia associated with weight loss in patients with acquired immune deficiency syndrome (AIDS) is shown in the table below. CNS symptoms, e.g. feeling high, dizziness, confusion, somnolence generally resolve within 1 to 3 days with continued dosage if they occur. Dose reduction may be required for severe or persistent CNS symptoms.

Patients should be counseled on appropriate storage, handling, and administration of dronabinol.

| Drug                                       | Special Instructions   | Initial Dose   | Dose Titration*- increase gradually to therapeutic effect if tolerated   |
|--|--|--|--|
| <b>Dronabinol capsules - Marinol®</b>      | None   | ➤ 2.5 mg before lunch and 2.5 mg before dinner       | ➤ 2.5 mg before lunch and 5 mg before dinner<br>➤ 5 mg before lunch & dinner                                       |
| <b>Dronabinol oral solution - Syndros®</b> | ➤ Always administer directly from the provided calibrated oral dosing syringe to ensure accuracy;<br>➤ Follow immediately with 6 to 8 ounces of water after the dose | ➤ 2.1 mg twice daily- 1 hour before lunch and dinner | ➤ 2.1 mg 1 hour before lunch & 4.2 mg 1 hour before dinner<br>➤ 4.2 mg twice daily- 1 hour before lunch and dinner |

\*Maximum dose limit = capsules: 20 mg daily in 2 divided doses; oral solution: 16.8 mg daily in 2 divided doses

Physician's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name (Print): \_\_\_\_\_ Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

**Fax Completed Form to Clinical Pharmacy Associates, Inc.**

**Fax: 1 (888) 971-7229 Phone: 1 (800) 745-0434 ext. 150 Attention: Prior Approval Program**

Approval: YES  NO  Date \_\_\_\_\_ Initials \_\_\_\_\_ Office use only  
Reason for denial \_\_\_\_\_

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