

DISTRICT OF COLUMBIA

Behavioral Risk Factor Surveillance System



2019 | ANNUAL HEALTH REPORT

ACKNOWLEDGMENT

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EXECUTIVE SUMMARY

The Behavioral Risk Factor Surveillance System (BRFSS) is a continuous data source that collects state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.

The BRFSS is guided by health objectives and collaborative relationships with key stakeholders that frame the surveillance tool. One of the major gaps in effective

surveillance stems from programs' capacity to convert data into usable information to develop and implement critical policy changes.

Information from the Behavioral Risk Factor Surveillance System (BRFSS) Annual Health Report was obtained almost entirely from data captured and collected from the 2019 BRFSS survey.

HIGHLIGHTS

Median Income² (2013-2019)

- Wards 7 and 8 had a household median income less than \$41,000 compared to all other wards whose household median income is greater than \$60,000. Wards 2 and 3 had a household median income greater than \$100,000

Mortality³

- Heart disease and cancer were the top 2 leading causes of death
- Alzheimer's was among the top 10 leading causes of death in Wards 1, 2, 3, 4, 5 and 6
- HIV was among the top 10 leading causes of death in Wards 5, 7 and 8
- Diabetes was among the top 10 leading causes of death in all wards

WARD

Ward 1 residents were more likely to try smoking a hookah

Ward 2 residents were more likely to have met aerobic and strengthening guidelines and classified as binge drinkers

Ward 3 residents were more likely to have health care coverage, did not use a condom, never tested for HIV, diagnosed with cancer

Ward 4 residents were more likely to be classified as overweight, did not use a condom, be classified as a heavy drinker, and diagnosed with heart disease

Ward 5 residents were more likely to be diagnosed with heart disease and suffer a stroke

Ward 6 residents were more likely to have eaten fruit less than one time per day

Ward 7 residents were more likely to be diagnosed with arthritis, COPD, depressive disorder, hypertension, prediabetes, high cholesterol, rate their health as rate or poor, be classified as obese, ate vegetables less than one time per day, and experienced 14+ physical days health was not good

Ward 8 residents were more likely to have had difficulty remembering and concentrating, be a current smoker, have asthma (current), had diabetes, had a heart attack, had no wellness exam within the past year, not engage in physical activity within 30 days, not had a flu shot within the past year, never had a pneumonia shot, and experienced 14+ days where their mental health was not good

INTRODUCTION

The mission of the District of Columbia Department of Health (DC Health) is to promote health, wellness and equity across the District, assist, facilitate and protect the safety of residents, visitors and those doing business in the nation's capital. The BRFSS is a surveillance tool essential to that mission by providing data that aids in public health action, which can measure and assess health-related attitudes, knowledge and behavior that affect the stability of resident's health and increase vulnerability to illness.

The BRFSS is one of many tools that should be used to monitor resident's health and identify areas within the city where adequate and sufficient use of resources would be better served. This effort should make a vast difference in communities with poor social determinants of health such as housing, low income, unsafe neighborhoods, or substandard education. As the department embraces and aligns its efforts towards a Health in All Policies (HiAP) approach,

data-centric, evidence-based practices and synergy among agencies and community partners to create social and economic policies that affect the way residents live should decrease premature illness and death.

Focus areas of this report will include:

- Health Care and Wellbeing, Risk Behaviors, Clinical Practices and Preventive Screenings, Chronic Health Condition
- Leading causes of death
- Leading causes of hospitalizations
- Healthy People 2020 measures where applicable

Results from the 2019 core BRFSS, which includes chronic diseases, risk behaviors and clinical practices are gathered from the survey and aimed at reinforcing the urgency of maintaining healthy behaviors.

DC HEALTH

VISION

To be the healthiest city in America

MISSION

The District of Columbia Department of Health promotes health, wellness and equity across the District and protects the safety of residents, visitors and those doing business in our nation's capital.

FIVE STRATEGIC PRIORITIES



Promote a Culture of Health and Wellness



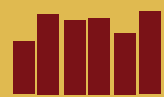
Address the Social Determinants of Health



Strengthen Public-Private Partnerships



Close the Chasm between Clinical Medicine and Public Health



Implement a Data-Driven Outcome Oriented Approach to Program Policy Development

GLOSSARY AND REFERENCE TERMS

Age-Adjusted Rates - A rate that has been statistically modified to eliminate the effect of varying age distributions in different populations. Age adjustment is a statistical method that is used to allow health measures (like rates of disease, death, or injuries) to be compared between communities with different age structures.

American Indian or Alaskan Native – (Federal Definition) A Person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment

Asian - (Federal Definition) A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam. www.census.gov

Behavioral Risk Factor Surveillance System (BRFSS) – A national survey of behavioral risk factors conducted by states with CDC support. www.cdc.gov/brfss

Black or African American – (Federal Definition) A person having origins in any of the black racial groups of Africa www.census.gov

BMI - Body Mass Index, used to define overweight and obesity – Weight (in pounds) divided by the square of height (in inches) times 704.5 <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

Underweight – Less than 18.5

Normal 18.5-24.9

Overweight – 25.0 to 29.9

Obese 30.0 or greater

CATI – Computer-assisted telephone interviewing (manage the sample for each interviewer and collect the respondents' data from the interviewer's direct entry into electronic files)

Confidence Interval 95%: A range that is calculated based on the standard error of a measurement and conveys how precise a measurement is. 95% confidence interval means that that the likelihood of the true mean falling within the interval is 95%. www.cdc.gov

CDC - Centers for Disease Control and Prevention. www.cdc.gov

DC – District of Columbia

DC Health – Also known as District of Columbia Department of Health. www.dchealth.dc.gov

Ethnicity – The classification of a population that shares common characteristics, such as religion, traditions, culture, language and tribal or national origin. www.census.gov

GIS – Geographic Information Systems

Health – A dynamic state of complete physical, mental, spiritual and social well-being and not merely the absence of disease or infirmity. (WHO'S New Proposed Definition. 101st Session of the WHO Executive Board, Geneva; January 1998. Resolution EB101.R2)

Healthy People 2020 – Healthy People is a national health promotion and disease prevention initiative that brings together national, state, and local government agencies; nonprofit, voluntary and professional organizations; business; communities; individuals to improve the health of all Americans, eliminate disparities in health, and improve years and quality of healthy life. www.healthypeople.gov

Hispanic/Latino or Latino – (Federal Definition) A person of Mexican, Puerto Rican, Cuban, South or Central American or other Spanish culture or origin regardless of race. www.census.gov

Morbidity – Illness or lack of health caused by disease, disability or injury

Mortality – A measure of the incidence of deaths in a population

Mortality rate - The number of deaths attributed to a disease during a specific period of time divided by the size of the population during that period of time. The result is often multiplied by a base number, such as 1,000 or 100,000

Native Hawaiian or Other Pacific Islander - (Federal definition) A person having origins in any of the original peoples of Hawaii, Guam, Samoa or other Pacific Islands. www.census.gov

Percentage - A ration where the value for the numerator is included in the total denominator. Prevalence is a percentage. The prevalence of diabetes is the number of people with diabetes divided by the entire population, with and without diabetes.

Prevalence – The proportion of people in a population who have a particular disease or attribute at the specified point in time or over a specified period of time. <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

GLOSSARY AND REFERENCE TERMS

Race - Race is a sociological characteristic: generally thought of as a characteristic by which one is identified by others. Often these characteristics are related to skin color or facial features. Genetic studies have thoroughly discredited the concept of race as a biological characteristic.

Race/Ethnicity “Other” – related to the BRFSS annual report, “other” includes Alaskan Native, Hawaiian Native, Asian, multiracial, Pacific Islander and American Indian.

Random Sample – A process where members or items are chosen from a group (population) in no order or pattern – www.cdc.gov

Relative Standard Error - The RSE is defined as the standard error of the estimate divided by the estimate itself. Estimates with RSEs from 30% through 50% are considered statistically unreliable and are indicated with an asterisk (*). Estimates with RSEs more than 50% were suppressed, with estimates replaced by (**). www.cdc.gov

Sample – A small group selected to represent a larger population. www.cdc.gov

SAS – Statistical Analysis System. www.sas.com

Significant – In normal English, “significant” means important, while in Statistics “significant” means probably true (not due to chance). Research finding may be true without being important. When statisticians say a result is “significant” they mean it is very probably true. They do not (necessarily) mean it is highly important. <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

IBM SPSS – International Business Machines, Statistical Package for Social Sciences. www.ibm.com

Suppression - Data suppression refers to the various methods or restrictions that are applied to estimates to limit the disclosure of information about individual respondents and to reduce the number of estimates with unacceptable levels of statistical reliability. www.census.gov

Surveillance – The ongoing systematic collection, analysis and interpretation of data (e.g., regarding agent/hazard, risk factor, exposure, health event) essential to the planning, implementation and evaluation of public health practices, closely integrated with the timely dissemination of these data to those responsible for prevention and control

Surveillance system(s) – A program that conducts public health surveillance and supplies information products on the magnitude and patterns of death, disease or health risks to national and local surveillance efforts, public health professionals and the public.

Ward Exclusion – Ward maps are suppressed if the sample size denominator is less than 50 or if the Relative Standard Error (RSE) is greater than 30

White or Caucasian - Federal definition: A person having origins in any of the original peoples of Europe, the Middle East, or North Africa. www.census.gov

BRFSS SURVEY METHODOLOGY

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest health-risk behavior database in the world and provides the only nationwide health-risk data in the country. All 50 U.S. states, the District of Columbia, and three territories independently carry the BRFSS survey, sponsored by the Centers for Disease Control and Prevention (CDC).

Survey Questionnaire

The “core” questionnaire consists of a standard set of questions, designed by the CDC, that are included in the survey for every state. Core modules administered for the 2019 District of Columbia BRFSS were:

- Alcohol Consumption
- Arthritis
- Cholesterol Awareness
- Chronic Health Status
- Demographics
- Exercise (Physical Activity)
- Fruits and Vegetables
- Health Care Access
- Healthy Days
- Health Status
- HIV/AIDS
- Hypertension Awareness
- Immunization
- Tobacco Use

The CDC also designs “optional” modules. These modules consist of standardized questions on various topics and may be selected by any state for inclusion as a part of their questionnaire. However, a selected module must be used in its entirety and asked of all eligible residents. If an optional module is modified in any way, then the questions are treated as “state-added” questions. Optional modules included in the 2019 District of Columbia BRFSS were:

- Childhood Asthma Prevalence
- Cognitive Decline
- Home/Self Measured Blood Pressure
- Random Child Selection

State-added questions are developed or acquired by individual states. Individual states have the option to add questions to their BRFSS questionnaires that are not currently part of the CDC core questionnaire or an available optional module.

The survey was programmed and administered using the Computer-Assisted Telephone Interviewing (CATI) software designed specifically for telephone survey research.

The survey consisted of **187** questions. Not all questions were administered to all residents; however, some questions were administered only to residents with certain characteristics, determined by responses to previous questions. The CATI

software system controls this survey logic. The average survey length in 2019 was **32** minutes.

Data Processing

Data for the 2019 District of Columbia BRFSS were delivered to the CDC each month. The data were then aggregated and weighted after interviewing was completed for the year. Data were weighted to adjust for differences in the probabilities of selection of each respondent. This weight accounted for the probability of selection of a telephone number, the number of adults in a household, and the number of telephones in a household. An additional post-stratification adjustment was also made to ensure that the sample proportions of selected demographic characteristics (e.g., gender, age, and race) were equal to the estimated sample proportions in the population, and to make the sum of the weights equal to the population of the District of Columbia. In this report, all data are weighted unless otherwise noted.

Data Analysis

Data analysis in the 2019 DC BRFSS report contains tables that have been combined with 2018 data to increase sample size for reporting specifically for age, race/ethnicity, income and ward.

The following variables have been combined with 2019 survey data to increase the sample size:

- Asthma
- Binge Drinking
- Cancer
- Difficulty Concentrating and Remembering
- Current Tobacco Use
- Disability
- General Health Status
- Heart Attack
- Health Care Coverage
- Heart Disease
- HIV and STI Risk
- HIV Status of Partner
- Hookah
- Mental Health Days
- Prediabetes
- Physical Health Days
- Stroke

Data not combined either contained sufficient sample for reporting or due to trend breaks made is statistically impossible to combine prior survey years.

Prevalence

Overall prevalence presented by infographics in this report displays 2019 data results and are not affected by sample size constraints.

BRFSS SURVEY METHODOLOGY

Trend Break Analysis

Trend breaks are caused by a change in the wording of a question. Trend analyses are based on data collected between 2011 and 2019. Listed below are variables that have a trend break.

- Arthritis
- Cholesterol Awareness
- Chronic Obstructive Pulmonary Disease (COPD)
- Depressive Disorder
- Diabetes
- Flu Shot
- Heavy Drinker
- HIV Testing
- Kidney Disease
- Pneumonia Shot

Topic areas asked on odd and even years

Even Years

- Breast and Cervical Cancer Screening
- Colorectal Cancer Screening
- Prostate Cancer Screening

Odd Years

- Aerobic and Strengthening Guidelines
- Cholesterol screening
- Hypertension screening

Unweighted Number

Unweighted Number (UNW) is the number of District residents who responded to a particular question. The percentage estimates displayed are weighted and based on the District of Columbia's adult population.

Relative Standard Error

The Relative Standard Error (RSE) is the standard error expressed as a fraction of the estimate and is usually displayed as a percentage. Estimates with a RSE of 30% or greater are subject to high sampling error and have been suppressed from data results.

Race/Ethnicity

- Race/Ethnicity-White/Caucasian, African American/Black and Other all refer to non-Hispanic/Latino
- Race/Ethnic group "Other"= American Indian, Alaska Native, Asian, Native Hawaiian, Pacific Islander, multiracial and other (unspecified)
- African American refers to African American/Black
- Respondents who identified as Hispanic/Latino were noted as Hispanic/Latino regardless of whether or not additional racial information was provided.

Limitations of the Data

As with any sample survey, factoring in the confidence limit selected, the results of the DC BRFSS can vary from those that would have been obtained with a census of all adults living in telephone-equipped households. The results of this sample survey could differ from the "true" figures because some households cannot be reached at all and others refused to participate. These non-responding households may differ from residents (those who actually participate in the survey) in terms of attributes relevant to the study.

The sample-design used in the DC BRFSS results in a 95% confidence interval. In other words, 95 times out of 100, the BRFSS results will vary no more than a given number of percentage points from the figure that would have been obtained if data had been collected for all adults in District of Columbia households with telephones.

Small Numbers

Small numbers of respondents are also an issue when analyzing data. A difference in the responses of only a few individuals can result in a large difference in percentage of the total for that group. Small numbers of respondents in a group generally occur in one of two ways. First, very few respondents in the total sample have a particular characteristic under analysis. Second, the survey logic limits the number of respondents receiving a particular question, thereby reducing the number of residents in each analytical unit from that item. Where total counts are less than 50 respondents per subgroup and relative standard error is greater than 30%, results are suppressed.

The survey population excludes adults:

- Who do not reside in the District
- In penal, mental, or other institutions
- Contacted at a second home during a stay of less than 30 days
- Who do not speak English well enough to be interviewed (language proficiency)
- Living in households without a land-line or cellular phone

DISTRICT OF COLUMBIA POPULATION

According to the 2015-2019 American Community Survey (ACS) Census population estimates, there were 682,683 people living in the District of Columbia (DC).

Table 1. District of Columbia Population, Race and Income by Ward 2015-2019 US Census¹

Ward	Population	Median Income	Caucasian/ White	African American/ Black	Asian	Hispanic/ Latinos*	Native Hawaiian and other Pacific Islander	American Indian and Alaska Native	Some Other Race	Two or More Races
Ward 1	83,811	\$102,882	52.6%	27.8%	5.3%	18.7%	0.1%	0.2%	10.2%	3.9%
Ward 2	77,855	\$111,064	73.3%	9.6%	10.0%	12.1%	0.1%	0.3%	3.2%	3.5%
Ward 3	82,737	\$128,670	78.6%	7.7%	7.3%	11.2%	0.0%	0.2%	2.2%	4.0%
Ward 4	89,992	\$94,810	30.2%	49.4%	2.2%	21.8%	0.0%	0.2%	14.5%	3.4%
Ward 5	90,172	\$71,782	26.8%	62.9%	2.6%	9.6%	0.1%	0.7%	3.9%	3.0%
Ward 6	99,786	\$114,363	60.7%	29.7%	4.2%	7.4%	0.0%	0.2%	1.7%	3.4%
Ward 7	81,946	\$45,318	3.0%	92.4%	0.7%	3.1%	0.0%	0.4%	1.6%	1.9%
Ward 8	86,384	\$35,245	6.1%	89.2%	0.4%	4.2%	0.0%	0.1%	2.4%	1.6%

Note: *Hispanics/Latinos can be of any race.

Source: District of Columbia Office of Planning

INPATIENT HOSPITALIZATIONS

The extent and capacity of how hospitalization data are being collected and utilized varies by state. Many states utilize inpatient hospitalization data to estimate the financial burden of specific diseases and/or conditions. Yet, the discharge data contains an abundance of information that transcends financial cost and more importantly provides information that could be utilized to promote effective preventive methods such as a shift in diet, exercise, screening and checkups. Hospital Inpa-

tient data (Table 2) can also be used to determine if individuals are subsidizing hospitals as a source of general health care services. Repeated admissions could be used as an opportunity to direct patients to a more centralized care or direct them to a primary care physician. States that utilize hospital discharge data to full capacity are better equipped to make informed decisions on how to better utilize limited fixed resources especially during times of economic hardship.

Table 2. Leading Causes of Inpatient Hospitalization among DC Residents in 2019, DC Hospital Discharge Data			
Ranking	Cause	N	Avg. Length of Stay (Days)
1	Diseases of the Circulatory System	8,835	7.0
2	Complications of Pregnancy, Childbirth and Puerperium	8,758	2.9
3	Mental Disorders	5,489	6.5
4	Injury and Poisoning	4,893	7.3
5	Diseases of the Respiratory System	4,696	5.0
6	Diseases of the Digestive System	4,556	5.5
7	Infectious and Parasitic Diseases	4,334	10.0
8	Endocrine, Nutritional and Metabolic Diseases and Immunity	2,680	5.7
9	Diseases of the Genitourinary System	2,246	5.5
10	Diseases of the Musculoskeletal System and Connective Tissue	2,203	5.5

Data Source: Inpatient Hospital Discharge Data for 2019, DC Hospital Association. Compiled by State Health Planning and Development Agency (SHPDA), Center for Policy, Planning and Evaluation, DC Department of Health.

MORTALITY

In 2019, there were 6,041¹ deaths to residents of the District of Columbia. Heart disease and cancer were the top two leading causes of death (Table 3). Figures 1-8 show the top 10 leading causes of death by ward.

Mortality data are derived from death certificates, which contain demographic information such as the decedent's sex, race and the time and cause of the death.² Mortality data allows comparability across states and among small geographic areas. The data are used to present the characteristics of the decedent, compare mortality trends and determine life expectancy. When used in conjunction with hospital discharge and risk behavior data, mortality data can be used as a proxy for measures of morbidity, which more accurately reflect the health status of a population.

² National Vital Statistics System - Mortality Data - <http://www.cdc.gov/nchs/deaths.htm>

Table 3. Leading Cause of Death among DC Residents in 2019, DC Mortality Data

DC Rank ^{1, 2}	Cause of Death	Percent
1	Diseases of the Heart	24.08
2	Malignant Neoplasms	20.79
3	Accidents (Unintentional Injuries)	8.86
4	Cerebrovascular Diseases	5.5
5	Assault (Homicide)	3.29
6	Chronic Lower Respiratory Diseases	2.72
7	Diabetes Mellitus	2.62
8	Essential (Primary) Hypertension and Hypertensive Renal Disease	2.25
9	Alzheimer's Disease	1.64
10	Influenza and Pneumonia	1.58
	All others	14.38

¹ Ranking based on number of deaths.

² Based on 113 Select Causes of Death list produced by the National Center for Health Statistics.

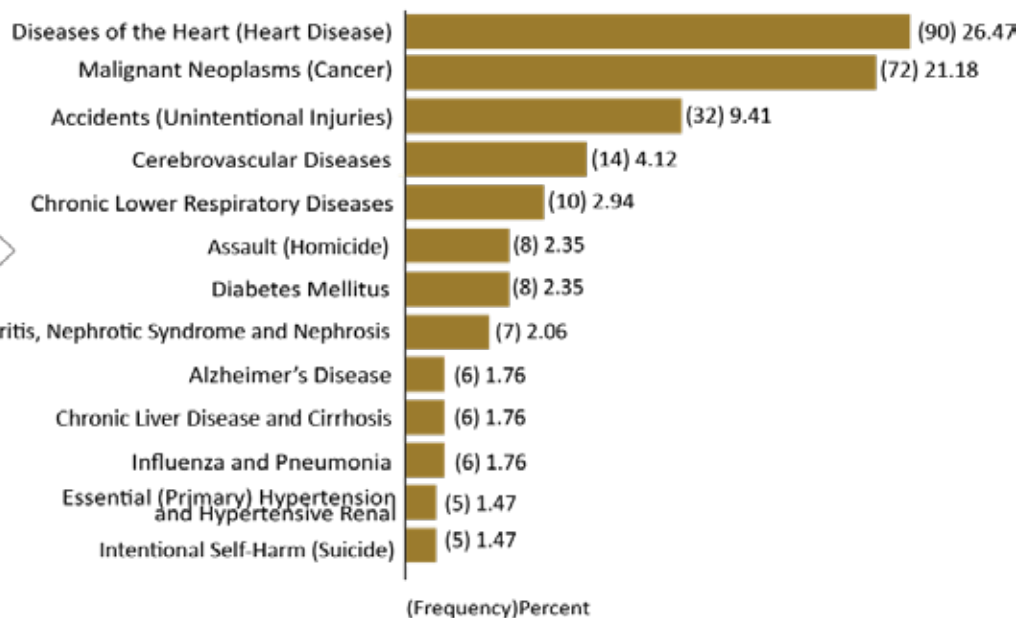
Data Sources: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health;

Annual Estimates of the Resident Population by Sex, Race, and Hispanic Origin for the United States, States, and Counties: April 1, 2010 to July 1, 2019 Source: U.S. Census Bureau, Population Division Release Date: June 2019

Ward 1



Figure 1. Top Ten (10) Leading Causes of Death¹ in Ward 1



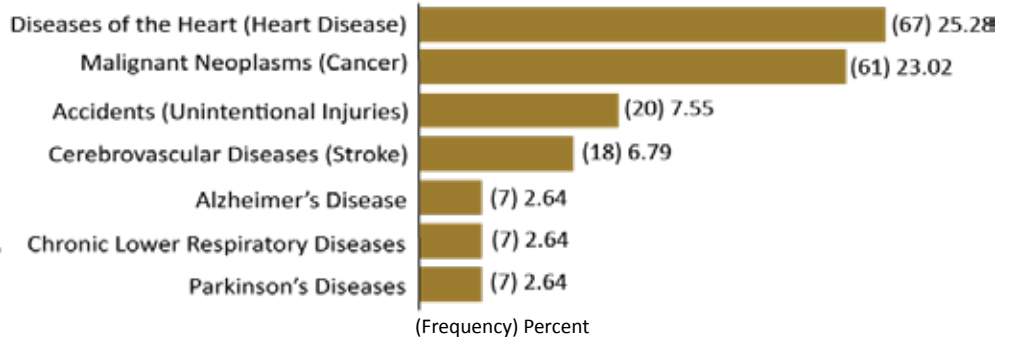
¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics

Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 2



Figure 2. Top Ten (10) Leading Causes of Death¹ in Ward 2

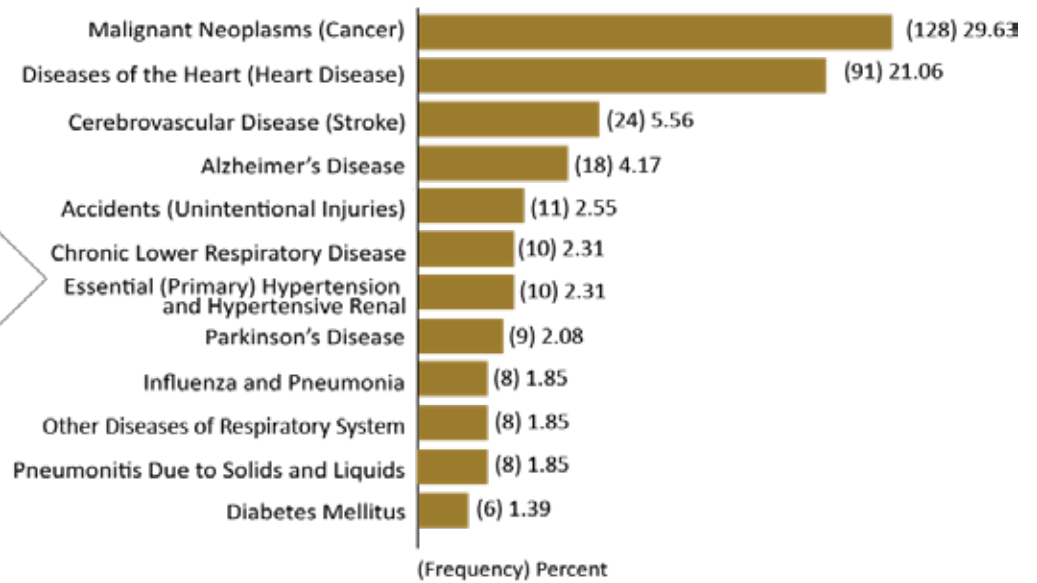


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 3



Figure 3. Top Ten (10) Leading Causes of Death¹ in Ward 3

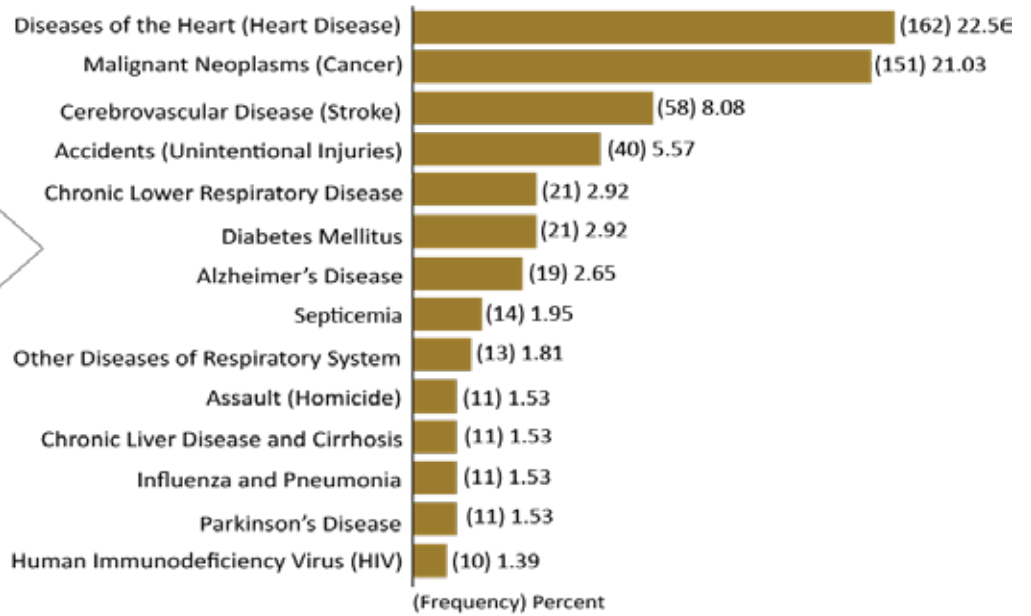


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 4



Figure 4. Top Ten (10) Leading Causes of Death¹ in Ward 4

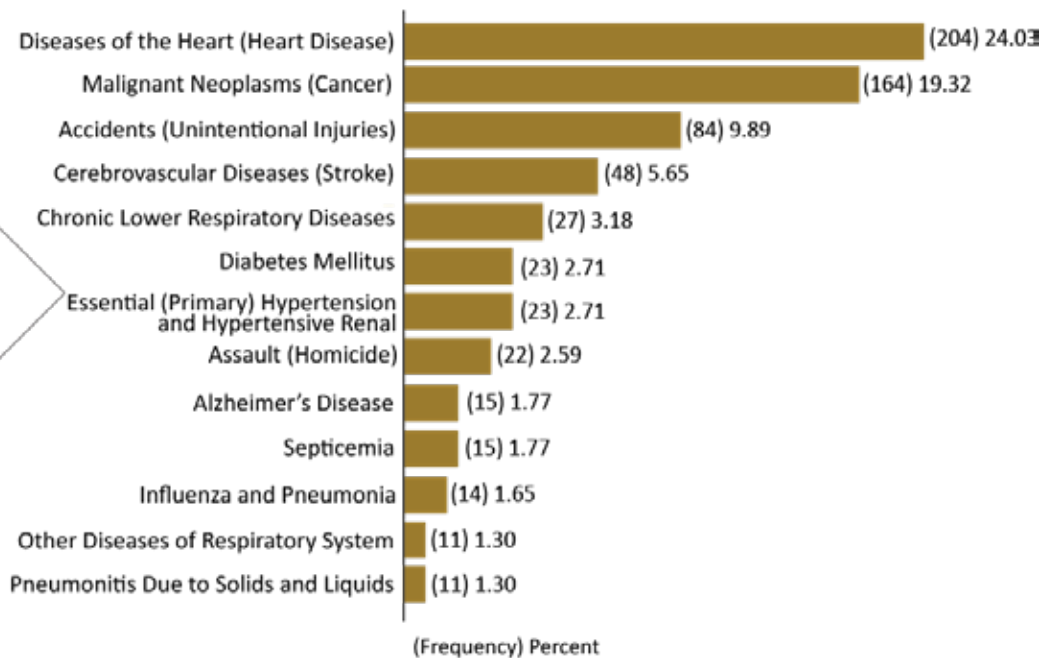


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
 Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 5



Figure 5. Top Ten (10) Leading Causes of Death in Ward 5

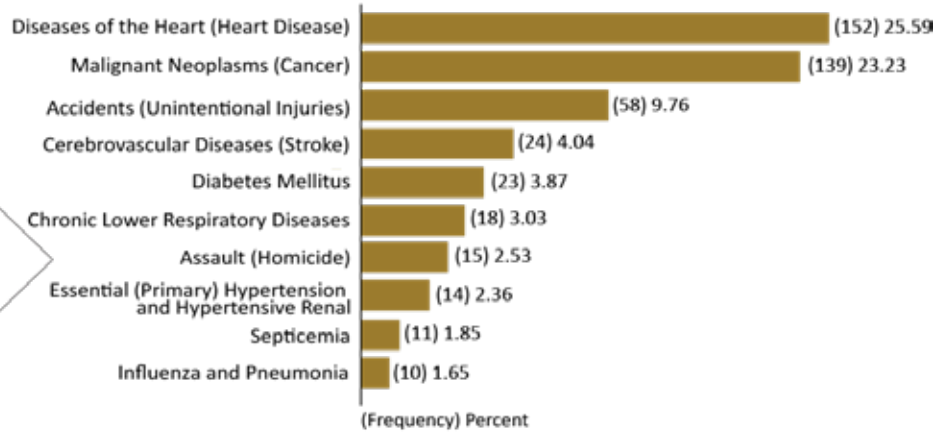


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
 Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 6



Figure 6. Top Ten (10) Leading Causes of Death in Ward 6

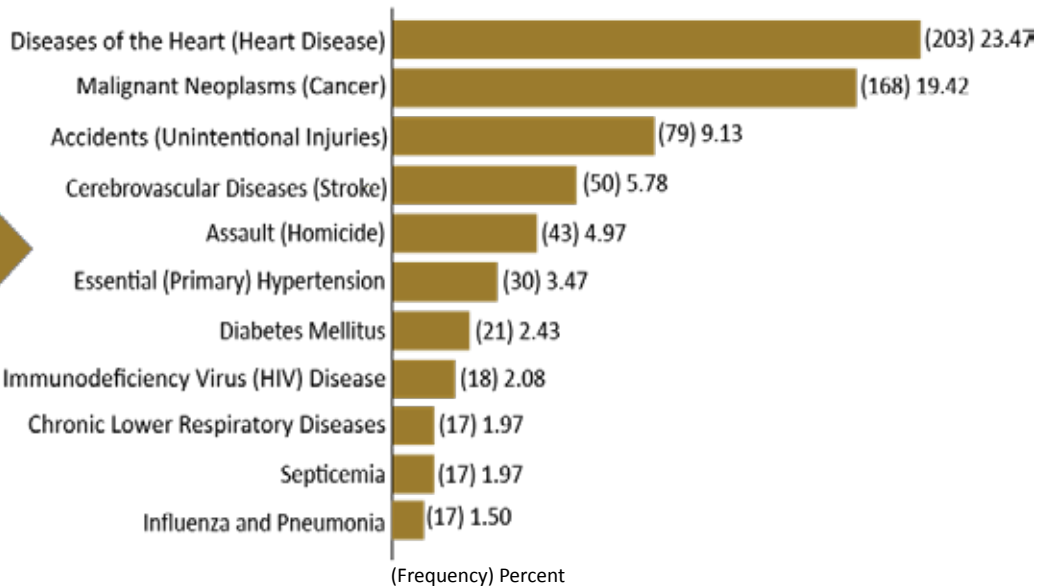


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
 Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 7



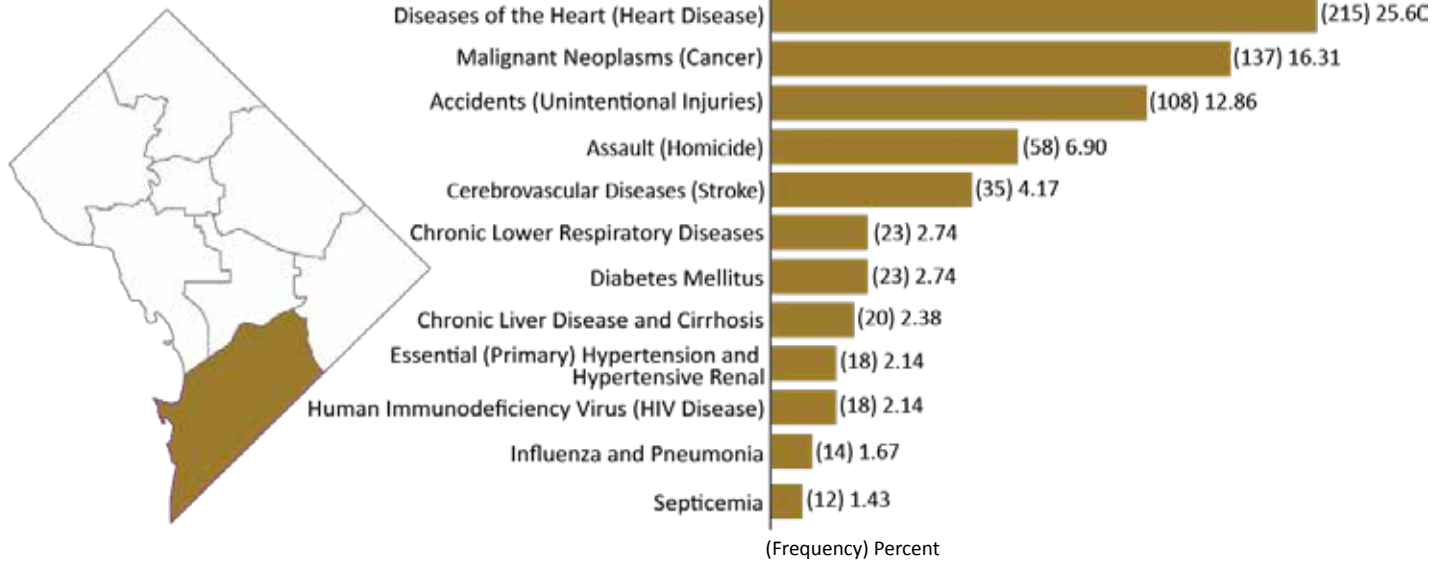
Figure 7. Top Ten (10) Leading Causes of Death in Ward 7



¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics
 Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 8

Figure 8. Top Ten (10) Leading Causes of Death in Ward 8

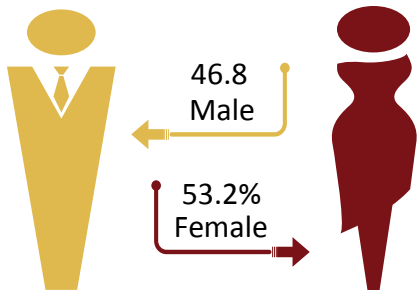


¹Based on 113 Select Causes of Death list produced by the National Center for Health Statistics

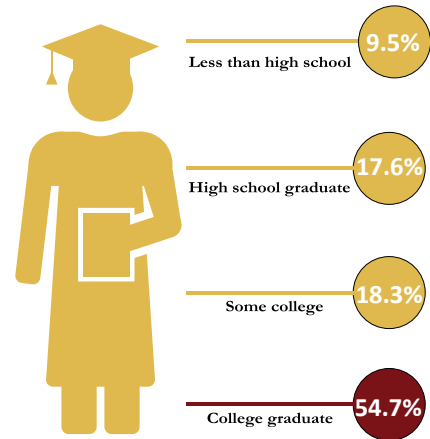
Data Source: 2019 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

DC BRFSS SURVEY POPULATION, 2019

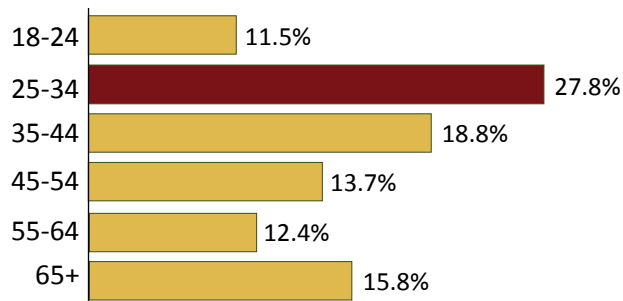
DC BRFSS Survey Population by Gender



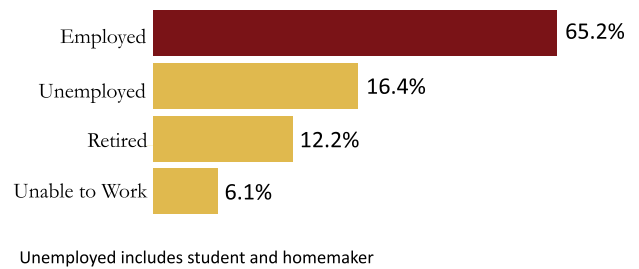
DC BRFSS Survey Population by Education



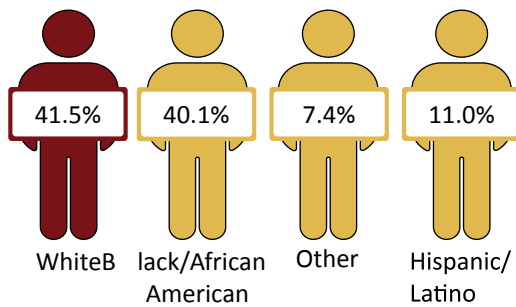
DC BRFSS Survey Population by Age



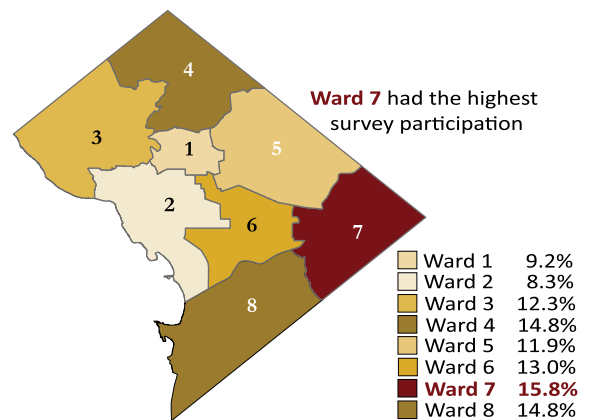
DC BRFSS Survey Population by Employment Status



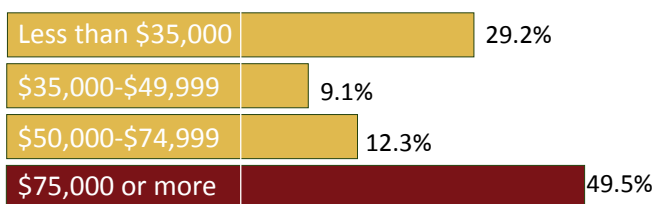
DC BRFSS Survey Population by Race/Ethnicity



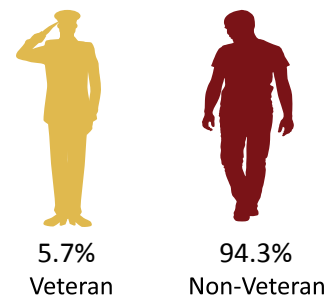
DC BRFSS Survey Population by Ward



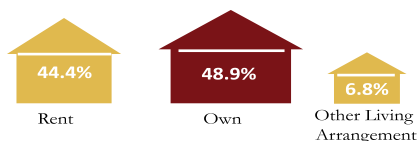
DC BRFSS Survey Population by Income



DC BRFSS Survey Population by Veteran Status



DC BRFSS Survey Population by Home Owner Status



Healthcare and Wellbeing



27.2%

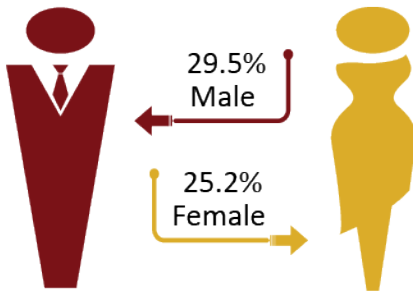
District Adults Who Met Aerobic and Strengthening Guidelines
DC BRFSS 2019



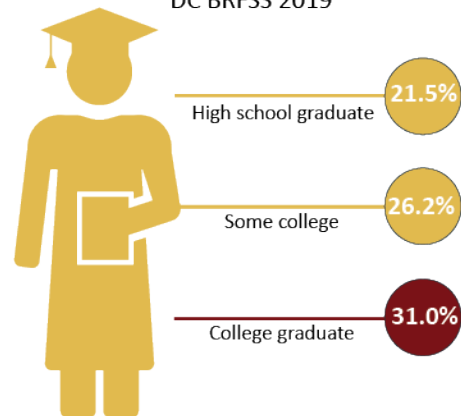
Aerobic and Strengthening Guidelines

Calculated Variable
Met Aerobic and Strengthening Guidelines

District Adults Who Met Aerobic and Strengthening Guidelines by Gender
DC BRFSS 2019

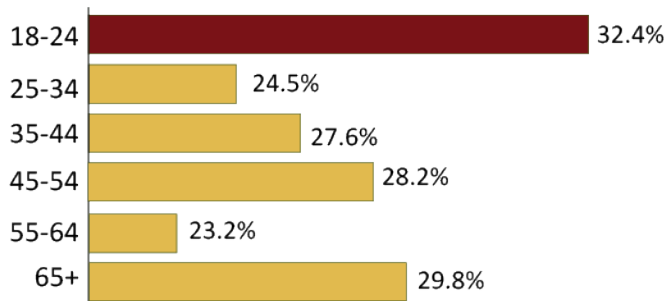


District Adults Who Met Aerobic and Strengthening Guidelines by Education
DC BRFSS 2019

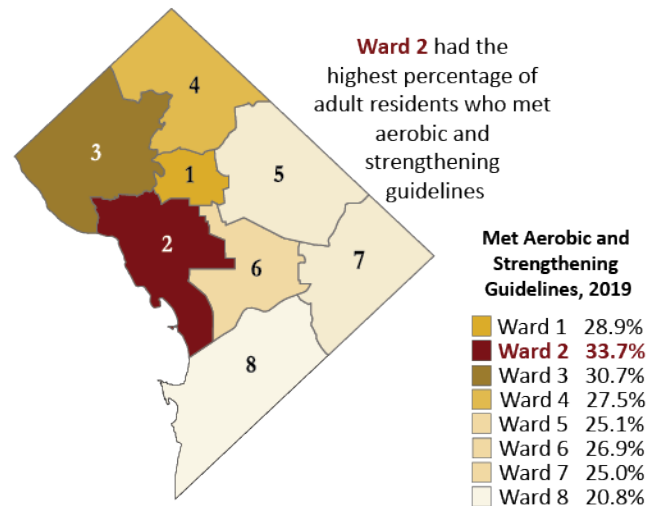


Education level, Less than High School suppressed, RSE >30%

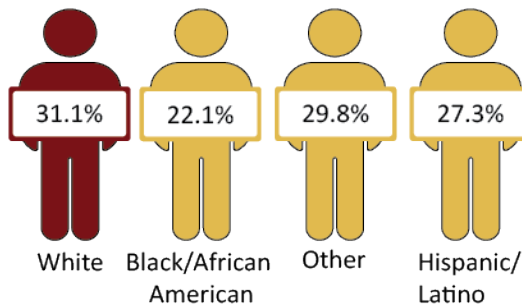
District Adults Who Met Aerobic and Strengthening Guidelines by Age
DC BRFSS 2019



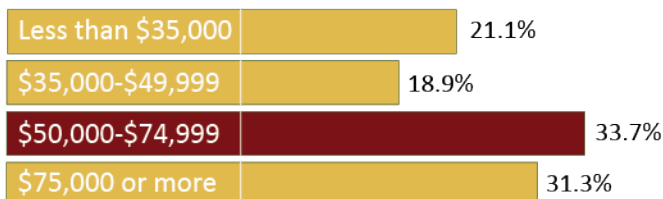
District Adults Who Met Aerobic and Strengthening Guidelines by Ward
DC BRFSS 2019



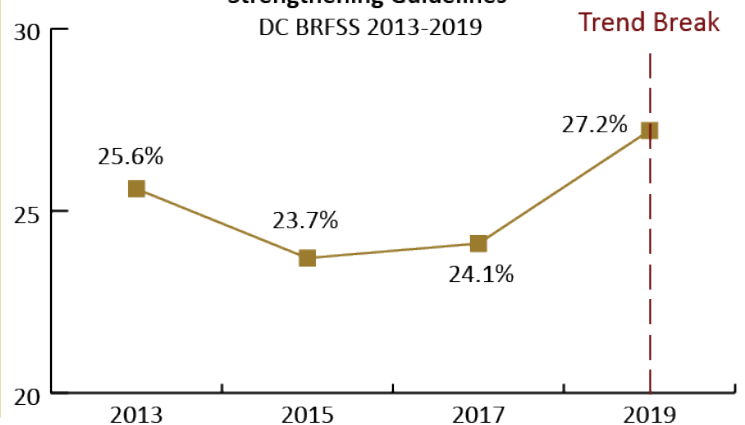
District Adults Who Met Aerobic and Strengthening Guidelines by Race/Ethnicity
DC BRFSS 2019



District Adults Who Met Aerobic and Strengthening Guidelines by Income Status
DC BRFSS 2019



District Adults Who Met Aerobic and Strengthening Guidelines
DC BRFSS 2013-2019



Cholesterol Awareness

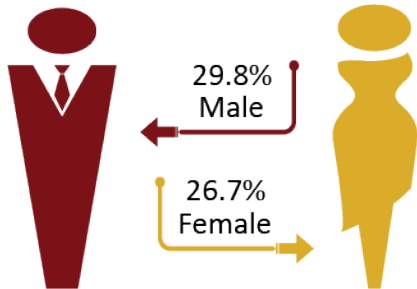
“Have you ever been told by a doctor, nurse or other health professional that your blood cholesterol is high?”



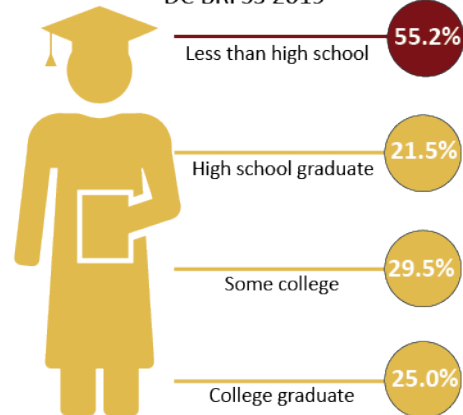
28.2%

District Adults Who Were Diagnosed with High Cholesterol
DC BRFSS 2019

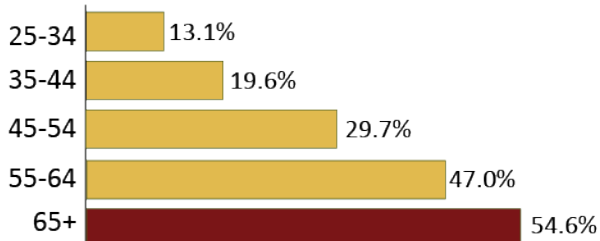
District Adults Who Had High Cholesterol by Gender
DC BRFSS 2019



District Adults Who Had High Cholesterol by Education
DC BRFSS 2019

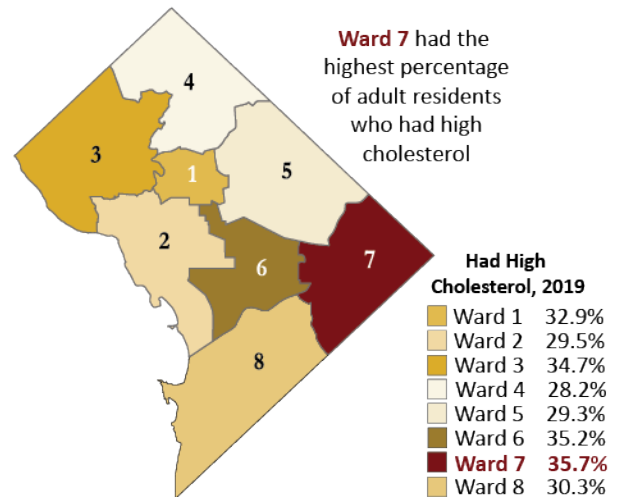


District Adults Who Had High Cholesterol by Age
DC BRFSS 2019

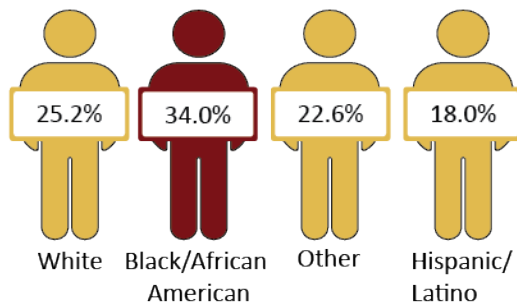


Age group 18-39 suppressed, RSE >30%

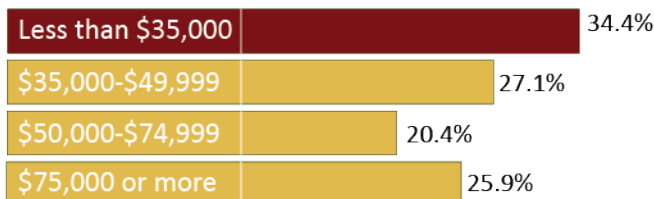
District Adults Who Had High Cholesterol by Ward
DC BRFSS 2019



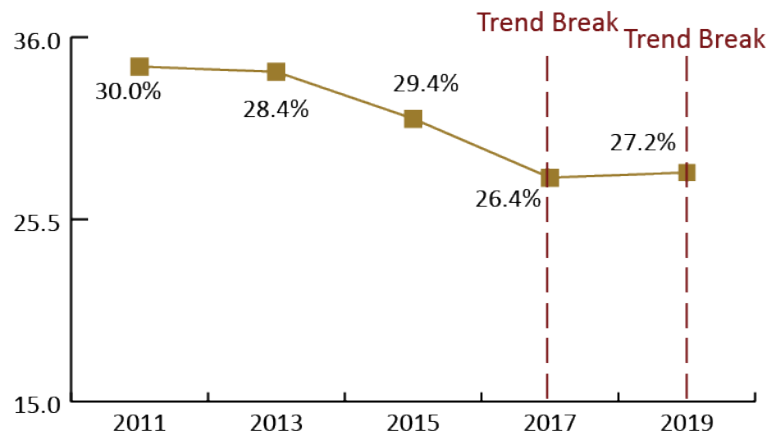
District Adults Who Had High Cholesterol by Race/Ethnicity
DC BRFSS 2019



District Adults Who Had High Cholesterol by Income Status
DC BRFSS 2019



District Adults Who Had High Cholesterol
DC BRFSS 2011-2019



9.5%

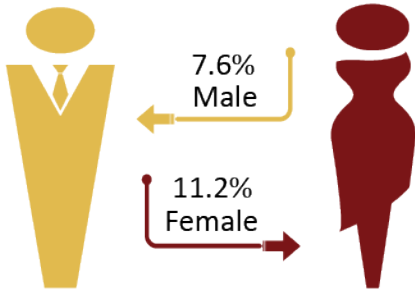
District Adults Who Experienced Difficulty Concentrating and Remembering
DC BRFS 2018 and 2019 (combined)



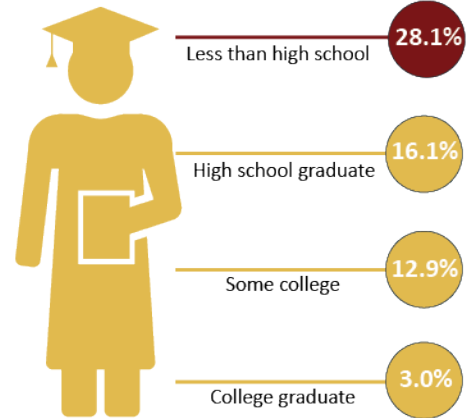
Difficulty Concentrating or Remembering

“Because of a physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?”

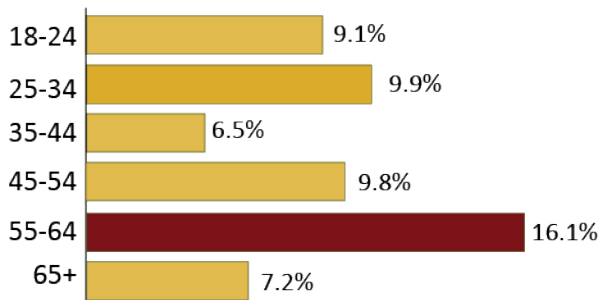
District Adults Who Experienced Difficulty Concentrating and Remembering by Gender
DC BRFS 2018 and 2019 (combined)



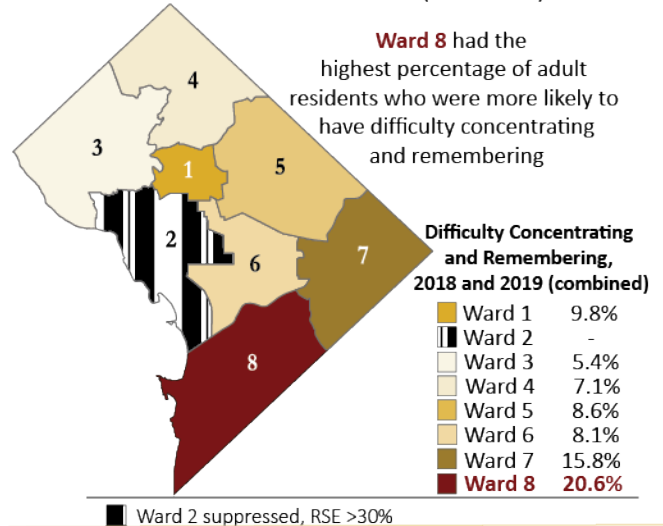
District Adults Who Experienced Difficulty Concentrating and Remembering by Education
DC BRFS 2018 and 2019 (combined)



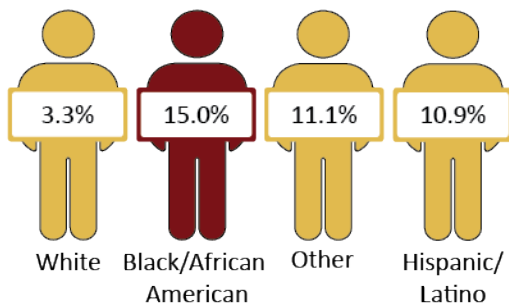
District Adults Who Experienced Difficulty Concentrating and Remembering by Age
DC BRFS 2018 and 2019 (combined)



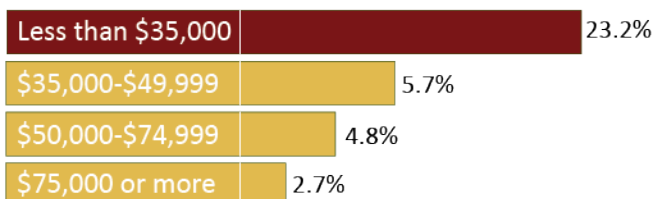
District Adults Who Experienced Difficulty Concentrating and Remembering by Ward
DC BRFS 2018 and 2019 (combined)



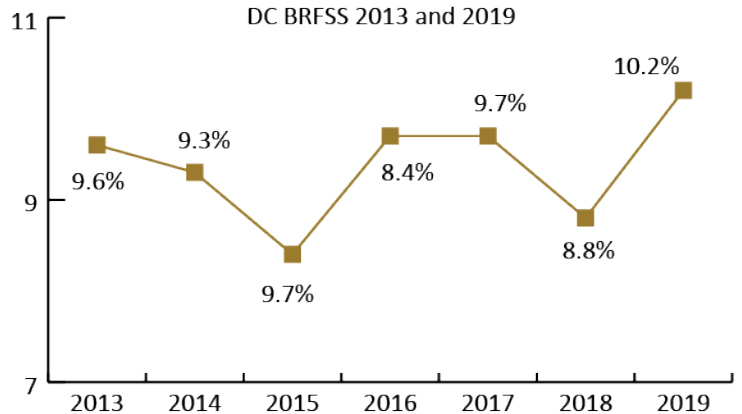
District Adults Who Experienced Difficulty Concentrating and Remembering by Race/Ethnicity
DC BRFS 2018 and 2019 (combined)



District Adults Who Experienced Difficulty Concentrating and Remembering by Income Status
DC BRFS 2018 and 2019 (combined)



Difficulty Concentrating and Remembering
DC BRFS 2013 and 2019



Note: Trend is based on single year estimates

Exercise

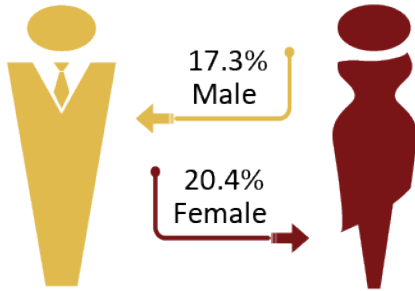
“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening or walking for exercise?”



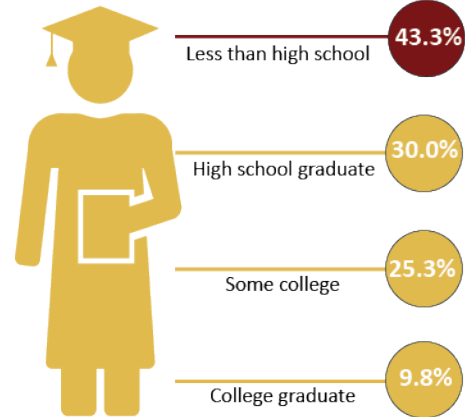
19.0%

District Adults Who Did Not Exercise in the Past 30 Days
DC BRFSS 2019

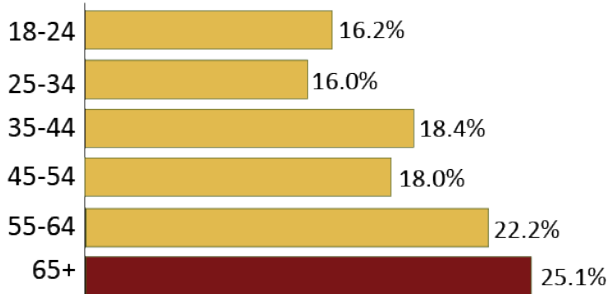
District Adults Who Did Not Exercise in the Past 30 Days by Gender
DC BRFSS 2019



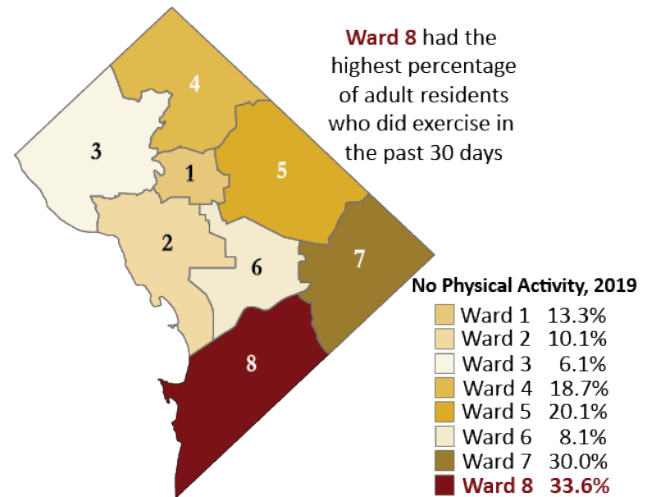
District Adults Who Did Not Exercise in the Past 30 Days by Education
DC BRFSS 2019



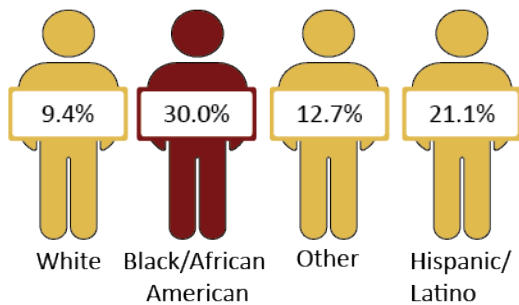
District Adults Who Did Not Exercise in the Past 30 Days by Age
DC BRFSS 2019



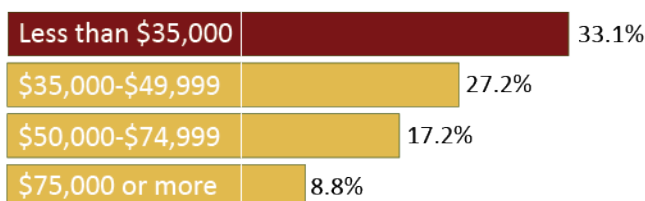
District Adults Who Did Not Exercise in the Past 30 Days by Ward
DC BRFSS 2019



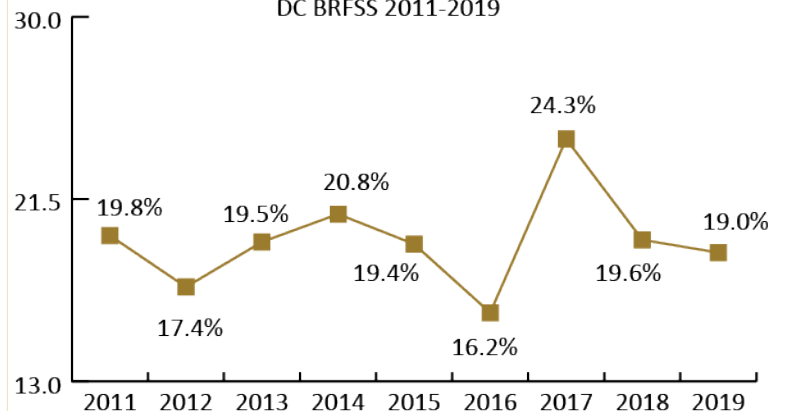
District Adults Who Did Not Exercise in the Past 30 Days by Race/Ethnicity
DC BRFSS 2019



District Adults Who Did Not Exercise in the Past 30 Days by Income Status
DC BRFSS 2019



District Adults Who Did Not Exercise in the Past 30 Days
DC BRFSS 2011-2019



35.6%

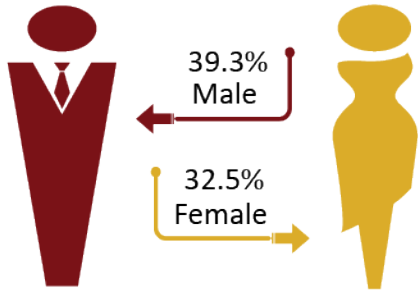
District Adults Who Consumed Fruit Less than One Time Per Day DC BRFSS 2019



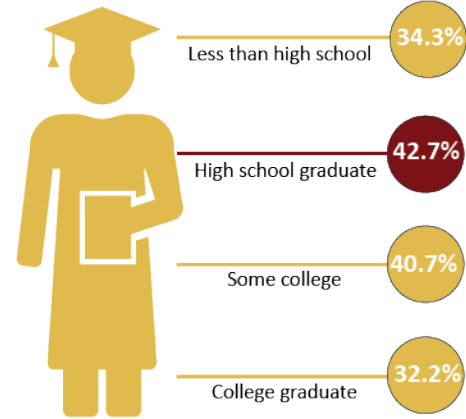
Fruit Consumption

Calculated Variable
Consumed fruit one or more times per day

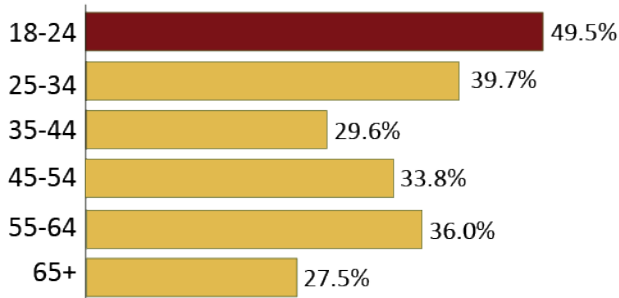
District Adults who Consumed Fruit Less than One Time Per Day by Gender DC BRFSS 2019



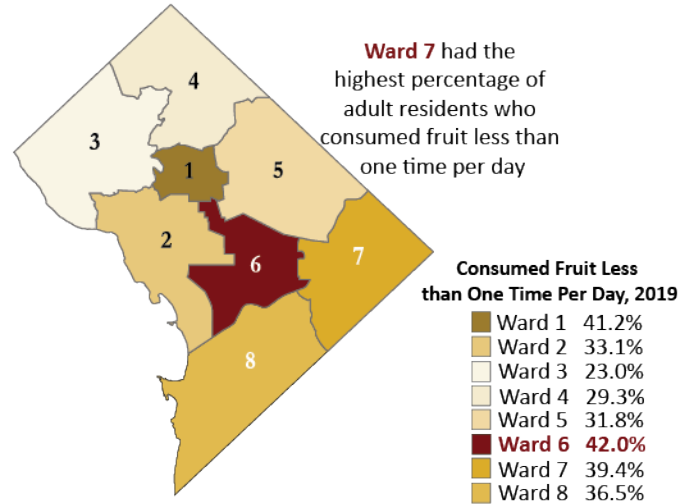
District Adults who Consumed Fruit Less than One Time Per Day by Education DC BRFSS 2019



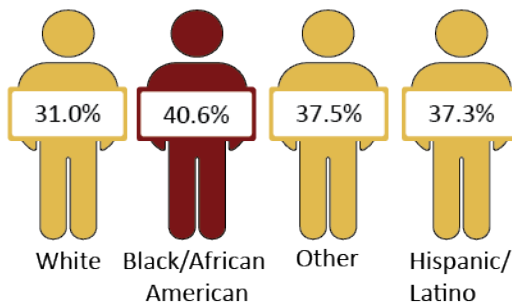
District Adults who Consumed Fruit Less than One Time Per Day by Age DC BRFSS 2019



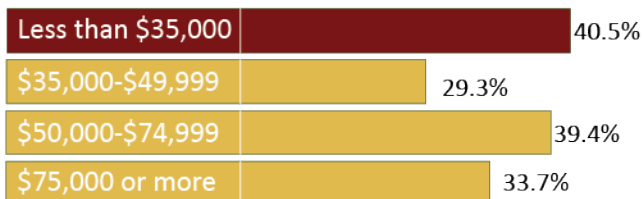
District Adults who Consumed Fruit Less than One Time Per Day by Ward DC BRFSS 2019



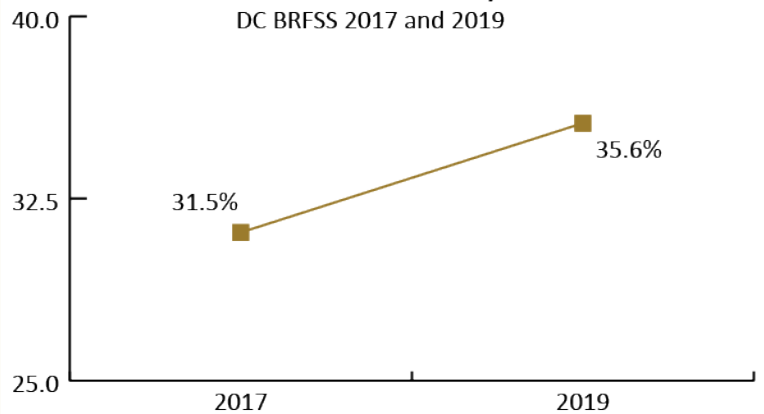
District Adults who Consumed Fruit Less than One Time Per Day by Race/Ethnicity DC BRFSS 2019



District Adults who Consumed Fruit Less than One Time Per Day by Income Status DC BRFSS 2019



District Adults who Consumed Fruit Less than One Time Per Day DC BRFSS 2017 and 2019



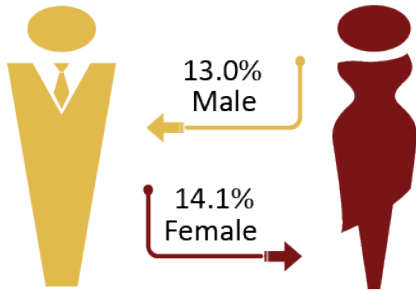
General Health Status

“Would you say that in general your health is excellent, very good, good, fair or poor?”

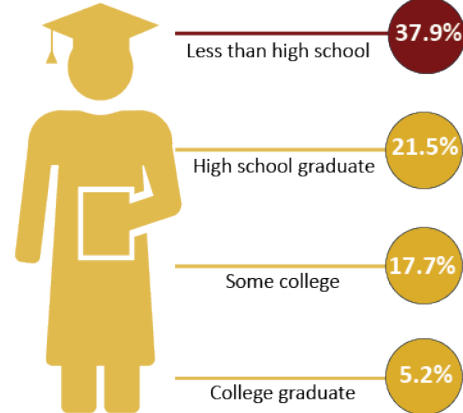


13.5%
District Adults Rated their Health as Fair or Poor
DC BRFSS 2018 and 2019 (combined)

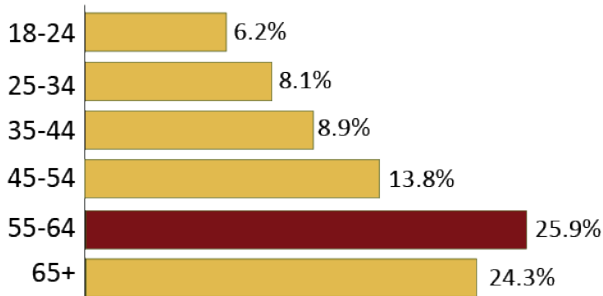
District Adults Who Rated their Health as Fair or Poor by Gender
DC BRFSS 2018 and 2019 (combined)



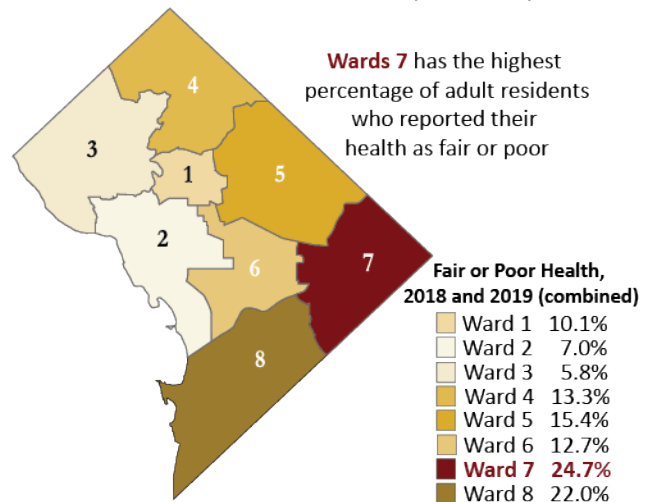
District Adults Who Rated their Health as Fair or Poor by Education
DC BRFSS 2018 and 2019 (combined)



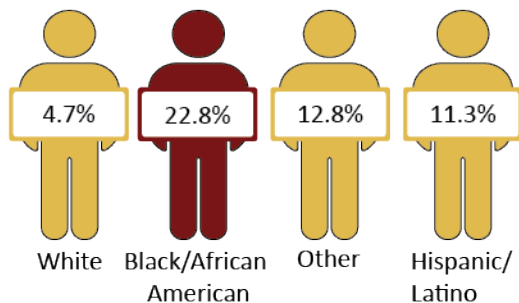
District Adults Who Rated their Health as Fair or Poor by Age
DC BRFSS 2018 and 2019 (combined)



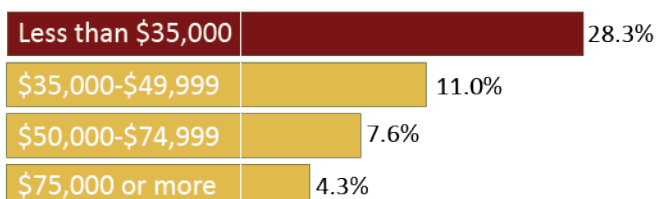
District Adults Who Rated their Health as Fair or Poor by Ward
DC BRFSS 2018 and 2019 (combined)



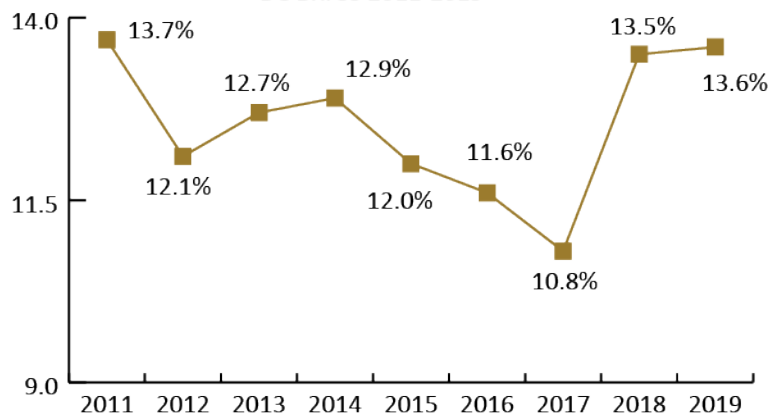
District Adults Who Rated their Health as Fair or Poor by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)



District Adults Who Rated their Health as Fair or Poor by Income Status
DC BRFSS 2018 and 2019 (combined)



District Adults Who Rated their Health as Fair or Poor
DC BRFSS 2011-2019



Note: Trends are based on single year estimates

93.5%

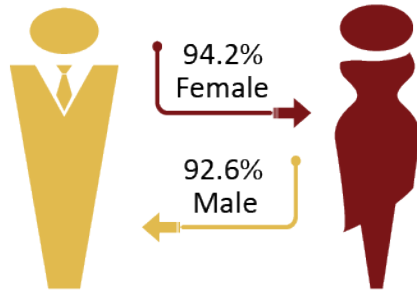
District Adults Who had Healthcare Coverage
DC BRFSS 2018 and 2019
(combined)



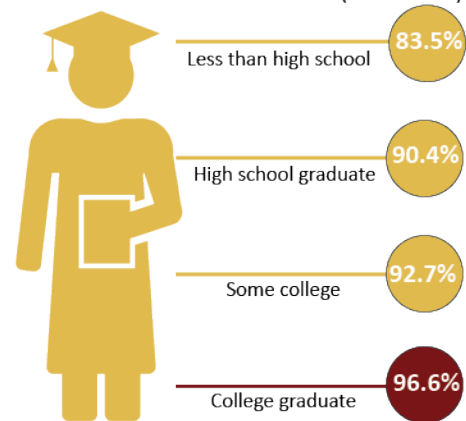
Healthcare Coverage

“Do you have any kind of healthcare coverage, including health insurance, prepaid plans such as HMO’s or government plans such as Medicare or Indian Health Service?”

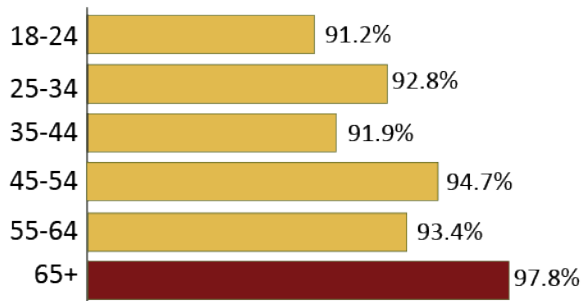
District Adults Who had Healthcare Coverage by Gender DC BRFSS 2018 and 2019 (combined)



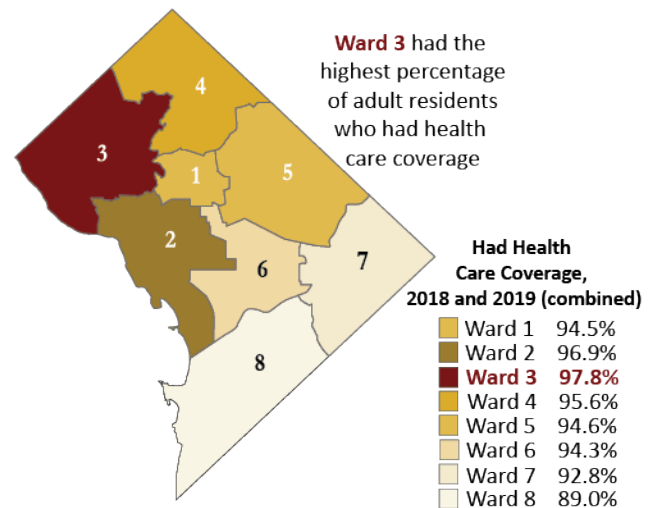
District Adults Who had Healthcare Coverage by Education DC BRFSS 2018 and 2019 (combined)



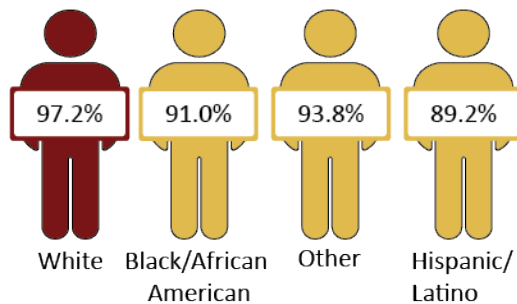
District Adults Who had Healthcare Coverage by Age DC BRFSS 2018 and 2019 (combined)



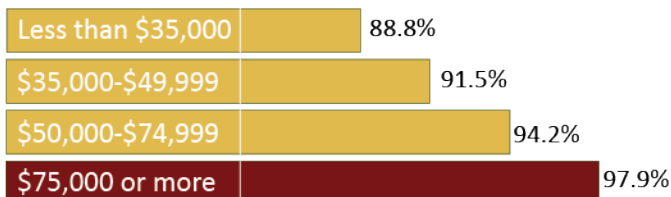
District Adults Who had Healthcare Coverage by Ward DC BRFSS 2018 and 2019 (combined)



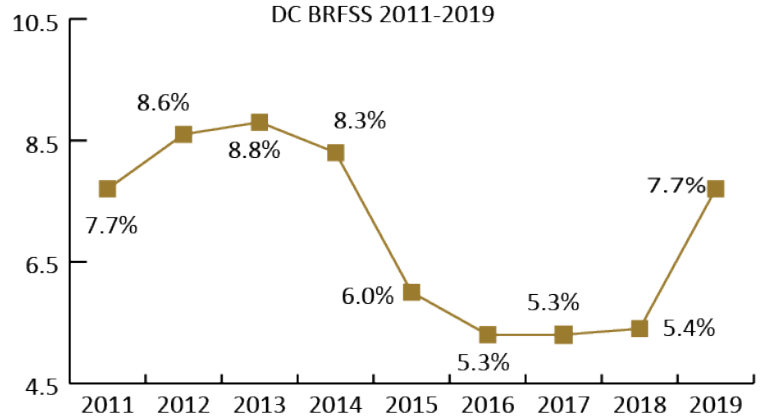
District Adults Who had Healthcare Coverage by Race/Ethnicity DC BRFSS 2018 and 2019 (combined)



District Adults Who had Healthcare Coverage by Income Status DC BRFSS 2018 and 2019 (combined)



District Adults Who had No Healthcare Coverage DC BRFSS 2011-2019



*Trend is based on single year estimates

Hypertension Awareness

“Have ever been told by a doctor, nurse or other health professional that you have high blood pressure?”

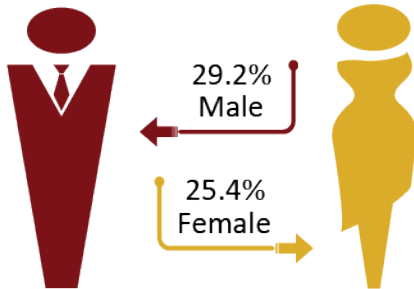


HYPERTENSION

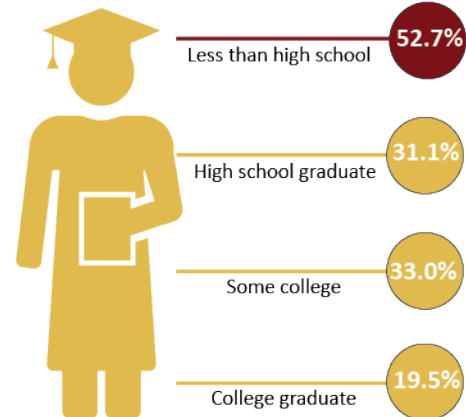
27.2%

District Adults Who Were Diagnosed with High Blood Pressure
DC BRFS 2019

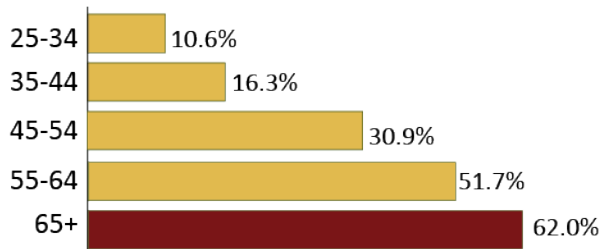
District Adults Who Were Diagnosed with High Blood Pressure by Gender
DC BRFS 2019



District Adults Who Were Diagnosed with High Blood Pressure by Education
DC BRFS 2019

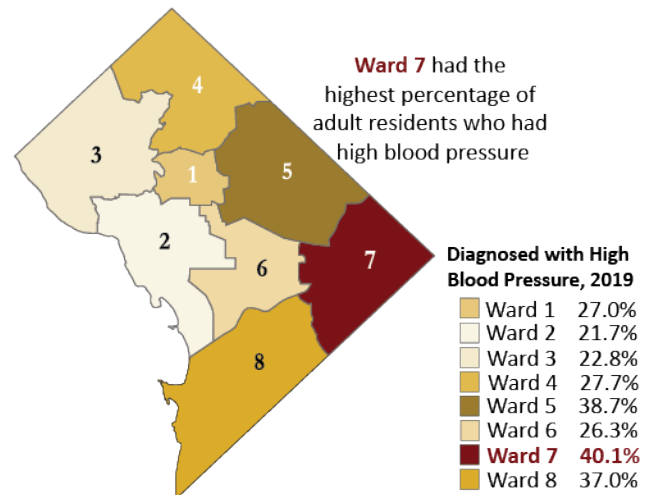


District Adults Who Were Diagnosed with High Blood Pressure by Age
DC BRFS 2019

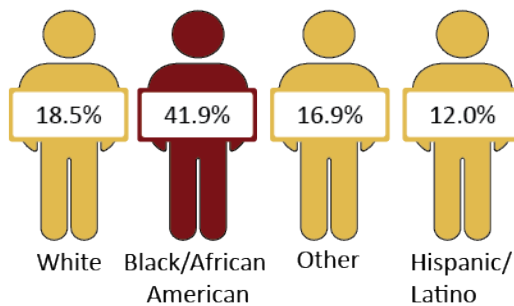


Age 18-39 group suppressed, RSE >30%

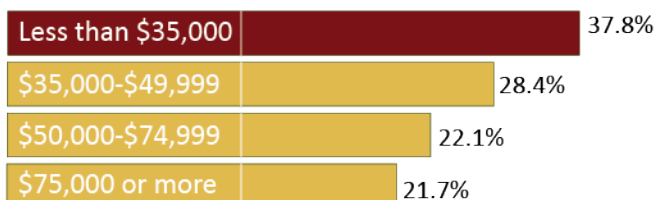
District Adults Who Were Diagnosed with High Blood Pressure by Ward
DC BRFS 2019



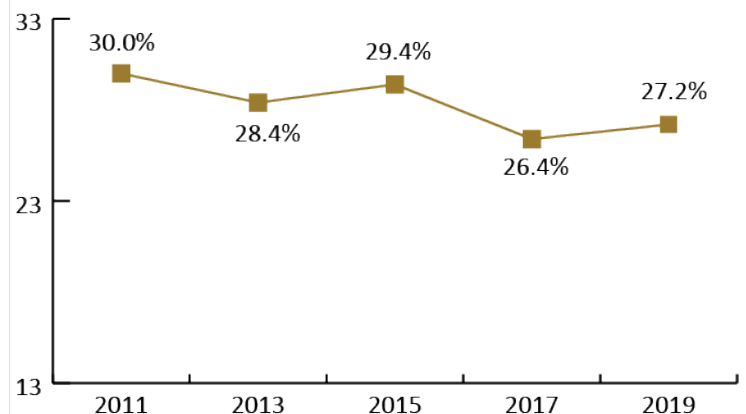
District Adults Who Were Diagnosed with High Blood Pressure by Race/Ethnicity
DC BRFS 2019



District Adults Who Were Diagnosed with High Blood Pressure by Income Status
DC BRFS 2019



Prevalence of High Blood Pressure by Income Status
DC BRFS 2011-2019



12.1%

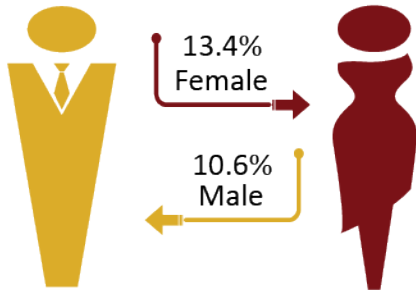
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good
DC BRFSS 2018 and 2019 (combined)

BE KIND TO YOUR MIND

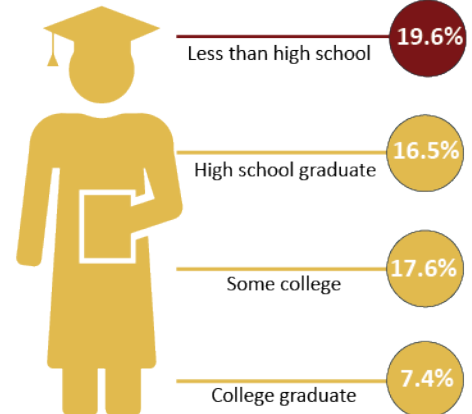
Mental Health Days

“Now thinking about your mental health, which includes stress, depression and problems with emotions, for how many days during the past 30 days was your mental health not good?”

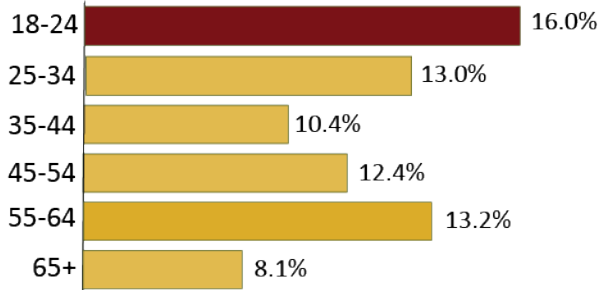
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Gender
DC BRFSS 2018 and 2019 (combined)



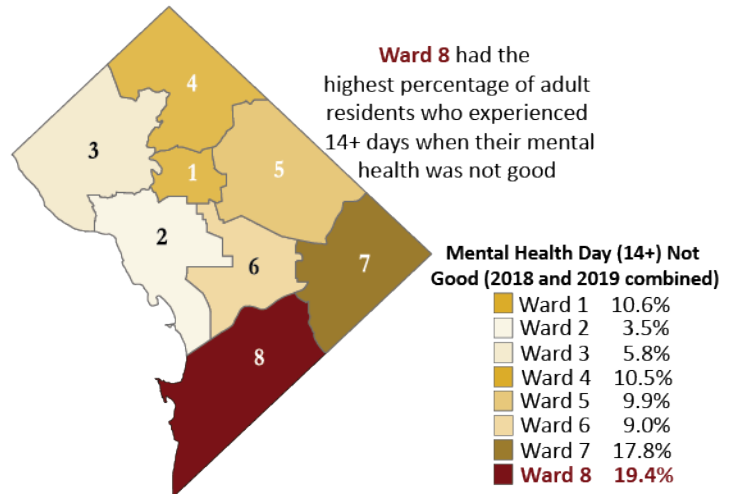
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Education
DC BRFSS 2018 and 2019 (combined)



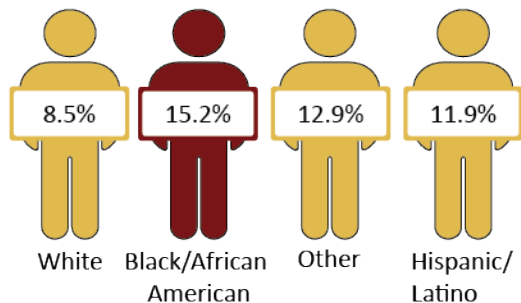
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Age
DC BRFSS 2018 and 2019 (combined)



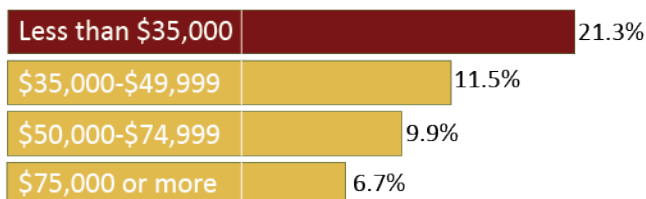
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Ward
DC BRFSS 2018 and 2019 (combined)



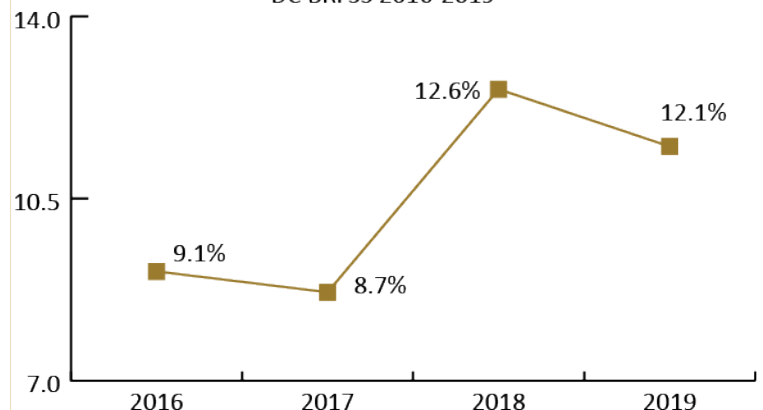
District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)



District Adults Who Experienced 14+ Days Where their Mental Health was Not Good by Income Status
DC BRFSS 2018 and 2019 (combined)



District Adults Who Experienced 14+ Days Where their Mental Health was Not Good
DC BRFSS 2016-2019



Note: Trend is based on single year estimates

Obesity

Calculated Variable

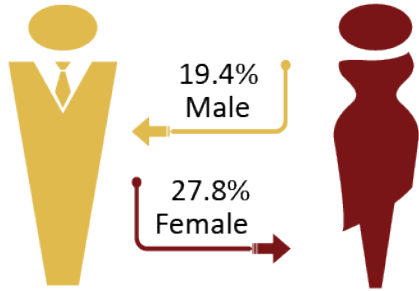
“About how much do you weigh without shoes?” and
“About how tall are you without shoes?”



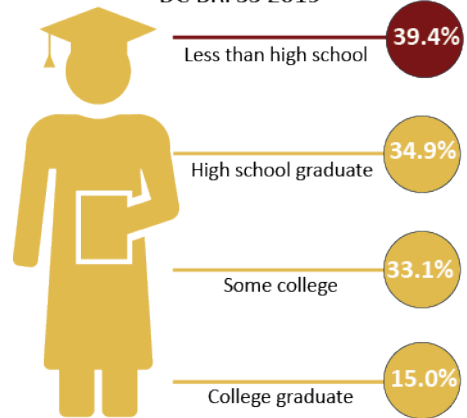
23.8%

District Adults Who
Were Classified as Obese
DC BRFSS 2019

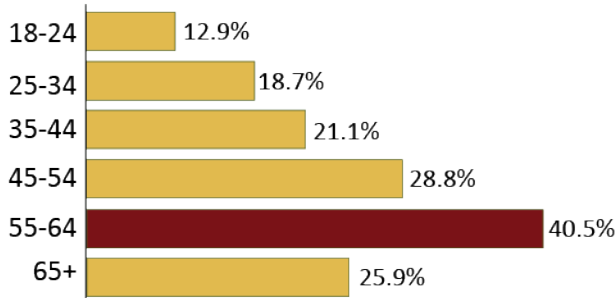
**District Adults Who Were
Classified as Obese by Gender**
DC BRFSS 2019



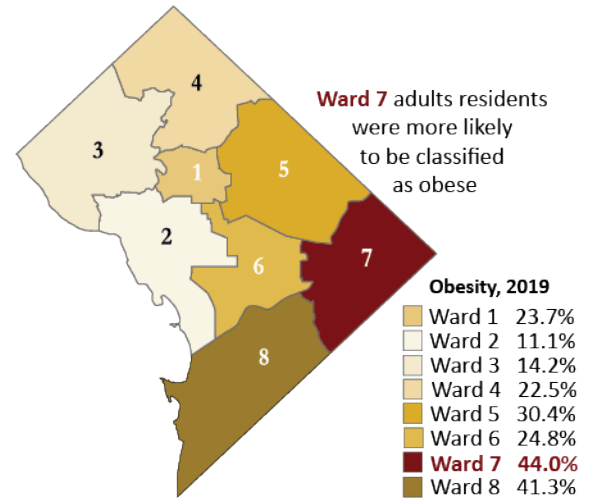
**District Adults Who Were
Classified as Obese by Education**
DC BRFSS 2019



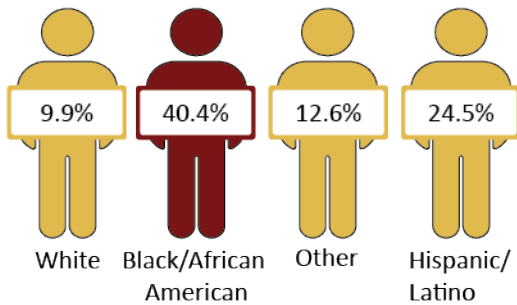
**District Adults Who Were
Classified as Obese by Age**
DC BRFSS 2019



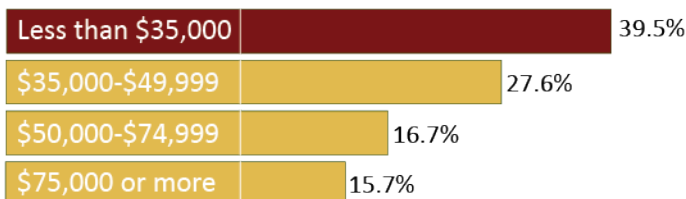
**District Adults Who Were
Classified as Obese by Ward**
DC BRFSS 2019



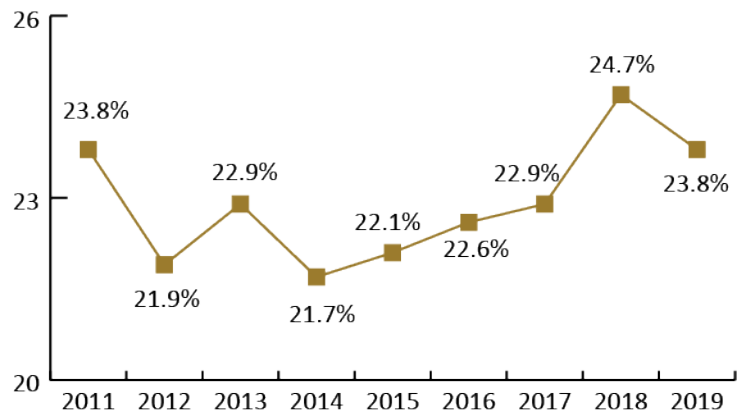
**District Adults Who Were
Classified as Obese by Race/Ethnicity**
DC BRFSS 2019



**District Adults Who Were
Classified as Obese by Income Status**
DC BRFSS 2019



District Adults Who Were Classified as Obese
DC BRFSS 2011-2019



32.1%

District Adults Who Were Classified as Overweight
DC BRFSS 2019

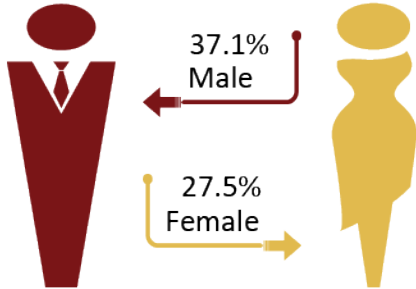


Overweight

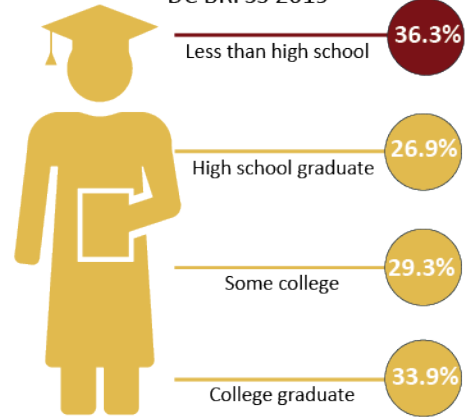
Calculated Variable

“About how much do you weigh without shoes?” and
“About how tall are you without shoes?”

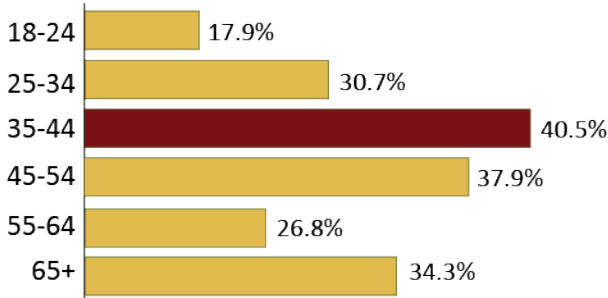
District Adults Who Were Classified as Overweight by Gender
DC BRFSS 2019



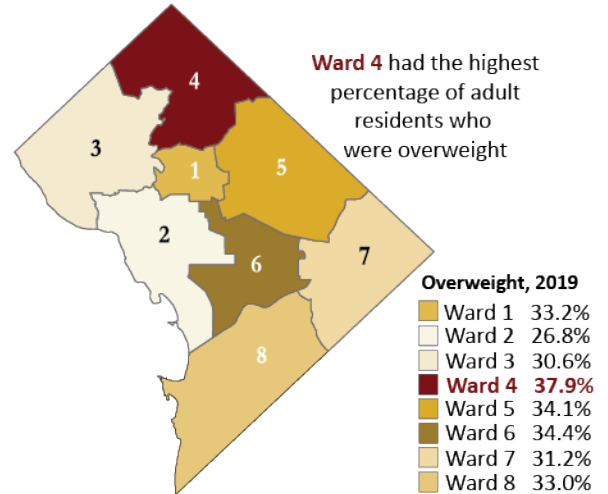
District Adults Who Were Classified as Overweight by Education
DC BRFSS 2019



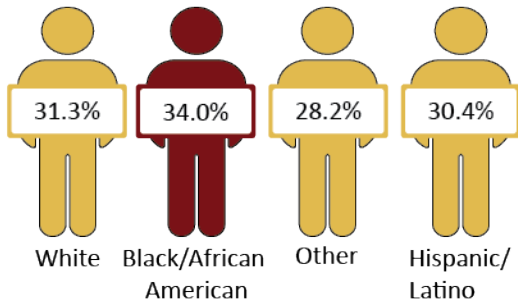
District Adults Who Were Classified as Overweight by Age
DC BRFSS 2019



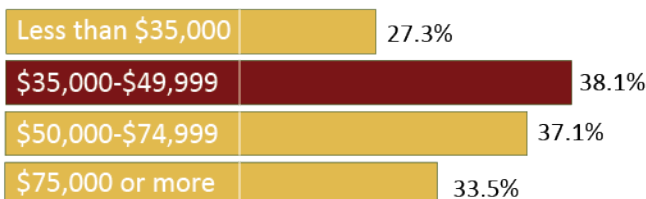
District Adults Who Were Classified as Overweight by Ward
DC BRFSS 2019



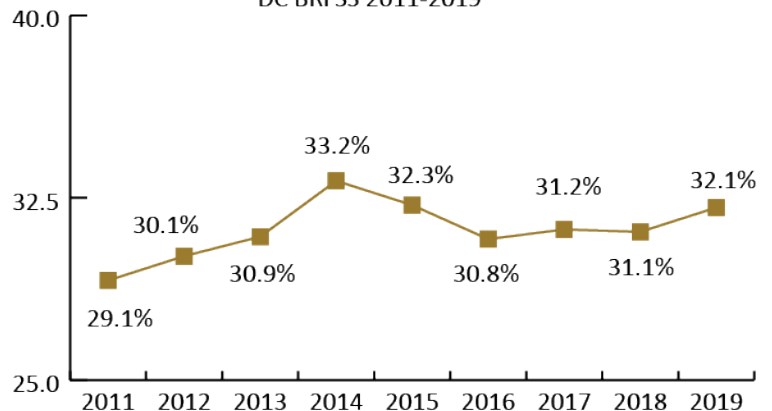
District Adults Who Were Classified as Overweight by Race/Ethnicity
DC BRFSS 2019



District Adults Who Were Classified as Overweight by Income Status
DC BRFSS 2019



District Adults Who Were Classified as Overweight
DC BRFSS 2011-2019



Physical Health Days

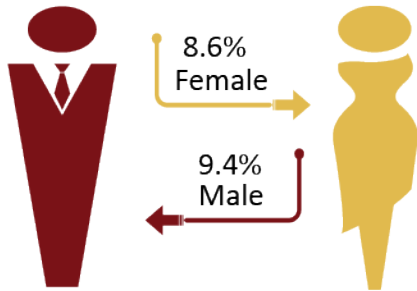
“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?”



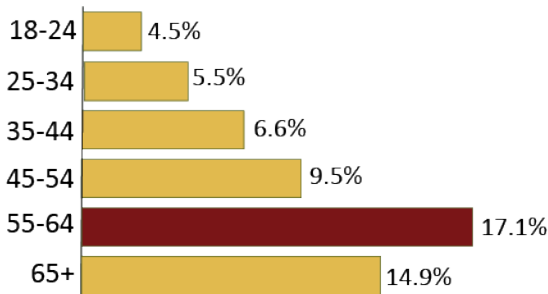
9.0%

District Adults Who Reported 14+ Days Where their Physical Health Was Not Good DC BRFSS 2018 and 2019 (combined)

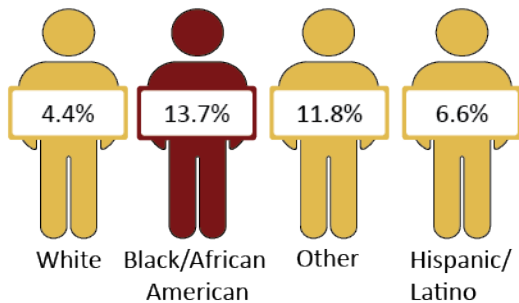
District Adults Who Reported 14+ Days Where their Physical Health was Not Good by Gender
DC BRFSS 2018 and 2019 (combined)



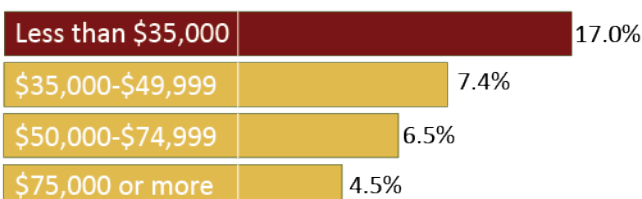
District residents with 14+ Days when Physical Health was not Good by Age
DC BRFSS 2018 and 2019 (combined)



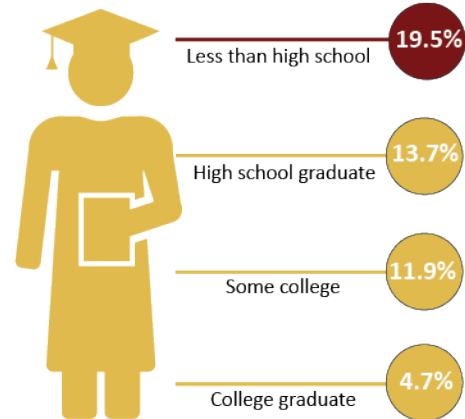
District Adults Who Reported 14+ Days Where their Physical Health was Not Good by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)



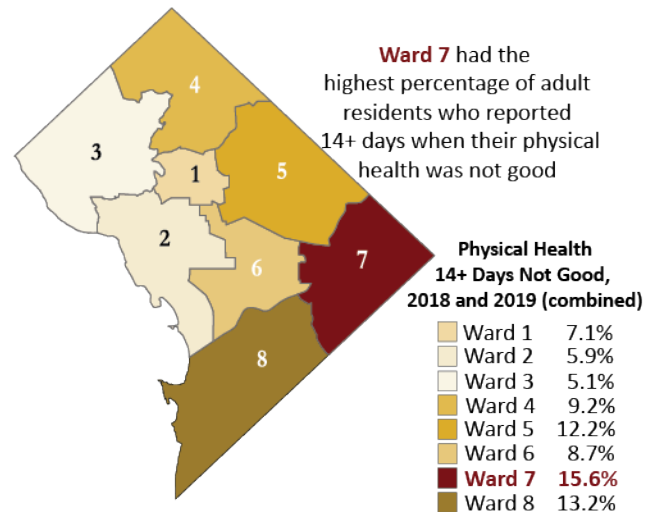
District Adults Who Reported 14+ Days Where their Physical Health was Not Good by Income Status
DC BRFSS 2018 and 2019 (combined)



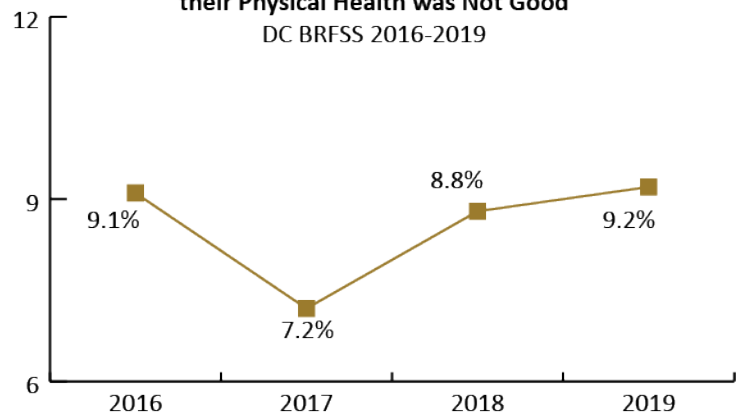
District Adults Who Reported 14+ Days Where their Physical Health was Not Good by Education
DC BRFSS 2018 and 2019 (combined)



District Adults Who Reported 14+ Days Where their Physical Health was Not Good by Ward
DC BRFSS 2018 and 2019 (combined)



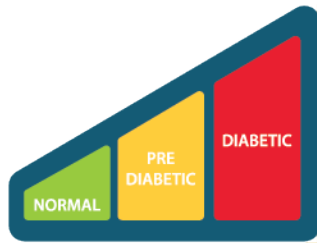
District Adults Who Reported 14+ Days Where their Physical Health was Not Good
DC BRFSS 2016-2019



Note: Trend is based on single year estimates

11.5%

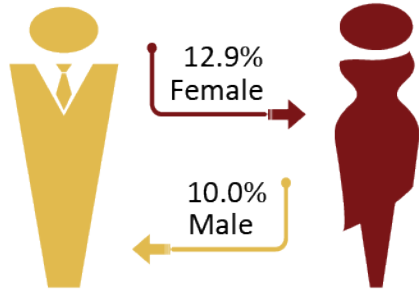
District Adult Who Were Diagnosed with Prediabetes
DC BRFSS 2018 and 2019
(combined)



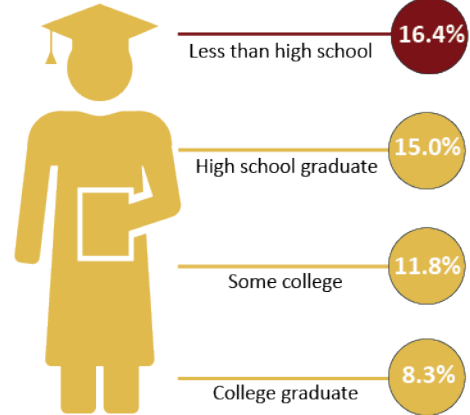
Prediabetes

“Have you ever been told by a doctor or other health professional that you have prediabetes or borderline diabetes?”

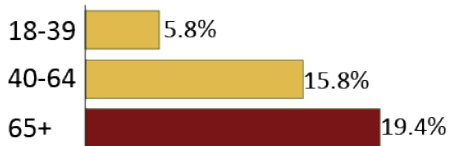
District Adults Who Were Diagnosed with Prediabetes by Gender
DC BRFSS 2018 and 2019 (combined)



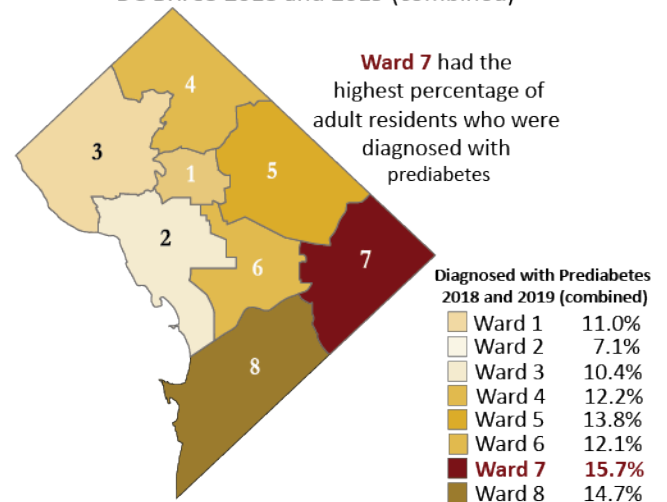
District Adults Who Were Diagnosed with Prediabetes by Education
DC BRFSS 2018 and 2019 (combined)



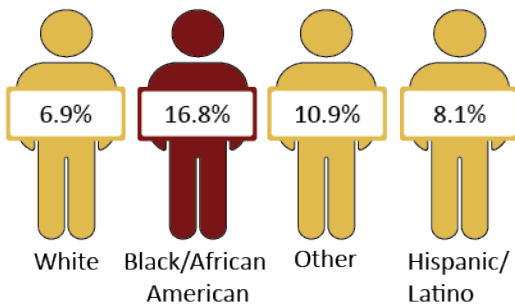
District Adults Who Were Diagnosed with Prediabetes by Age
DC BRFSS 2018 and 2019 (combined)



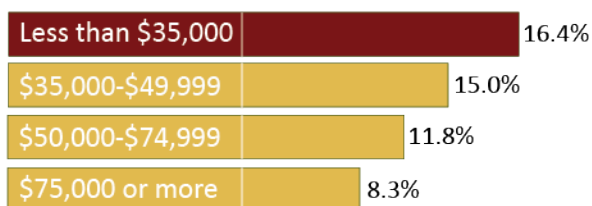
District Adults Who Were Diagnosed with Prediabetes by Ward
DC BRFSS 2018 and 2019 (combined)



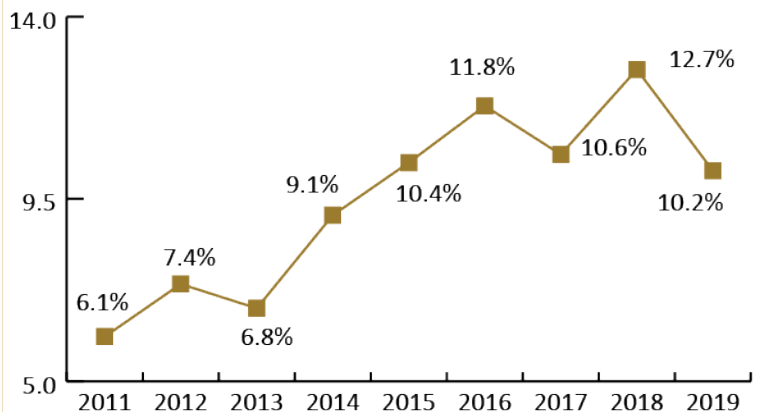
District Adults Who Were Diagnosed with Prediabetes by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)



District Adults Who Were Diagnosed with Prediabetes by Income Status
DC BRFSS 2018 and 2019 (combined)



District Adults Who Were Diagnosed with Prediabetes
DC BRFSS 2011-2019



Vegetable Consumption

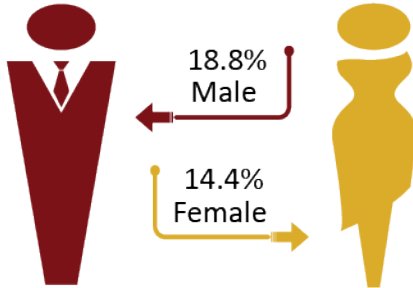
Calculated Variable
Consumed vegetables less than one time per day



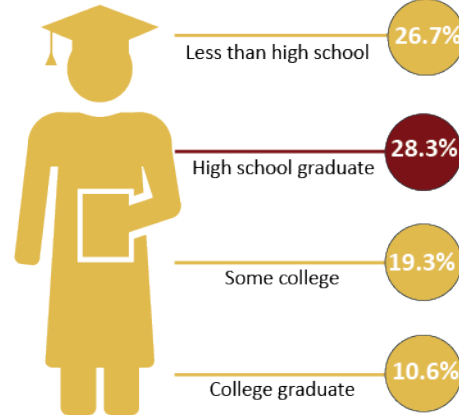
16.5%

District Adults Who Consumed Vegetables Less than One Time Per Day
DC BRFSS 2019

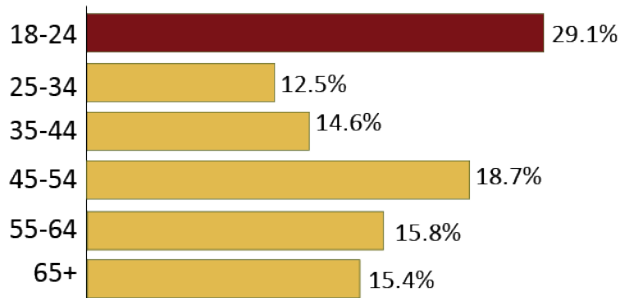
District Adults who Consumed Vegetables Less than One Time Per Day by Gender
DC BRFSS 2019



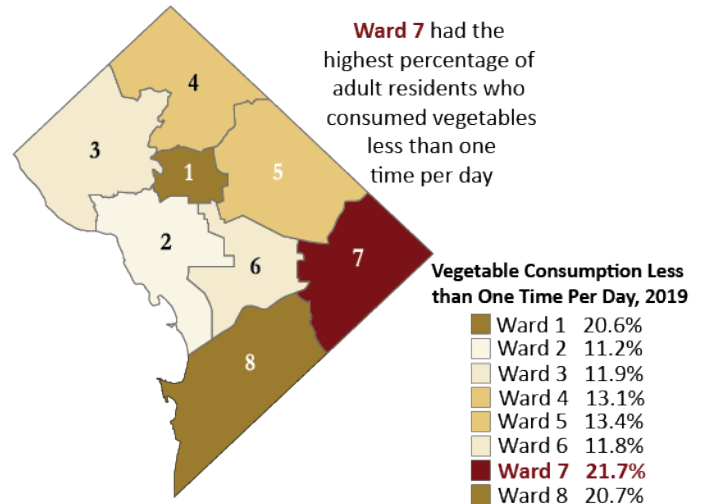
District Adults who Consumed Vegetables Less than One Time Per Day by Education
DC BRFSS 2019



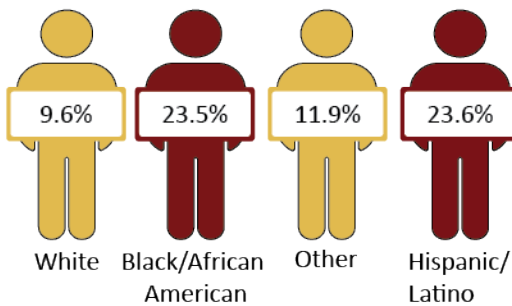
District Adults who Consumed Vegetables Less than One Time Per Day by Age
DC BRFSS 2019



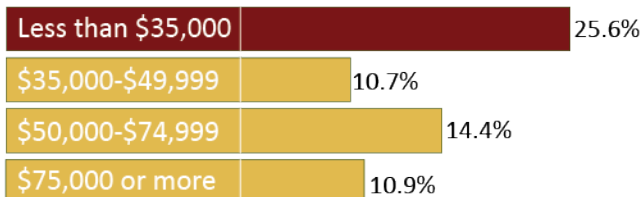
District Adults who Consumed Vegetables Less than One Time Per Day by Ward
DC BRFSS 2019



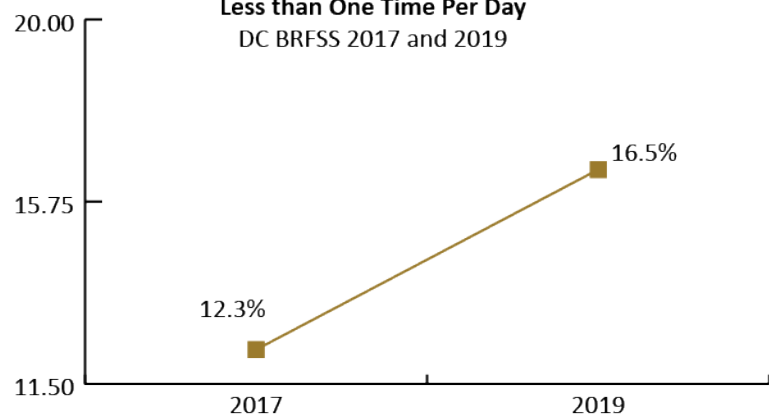
District Adults who Consumed Vegetables Less than One Time Per Day by Race/Ethnicity
DC BRFSS 2019



District Adults who Consumed Vegetables Less than One Time Per Day by Income Status
DC BRFSS 2019



District Adults who Consumed Vegetables Less than One Time Per Day
DC BRFSS 2017 and 2019



78.7%

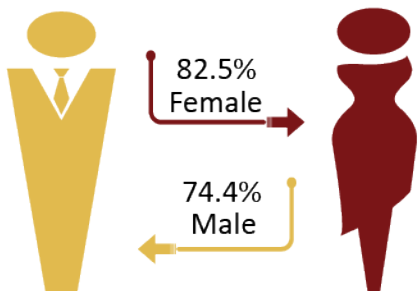
District Adults Who Visited a Doctor for a Routine Checkup in the Past Year
DC BRFSS 2018 and 2019 (combined)



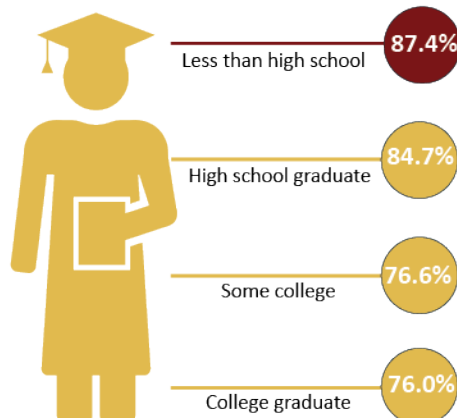
Wellness Exam

“About how long had it been since you last visited a doctor for a routine checkup?”

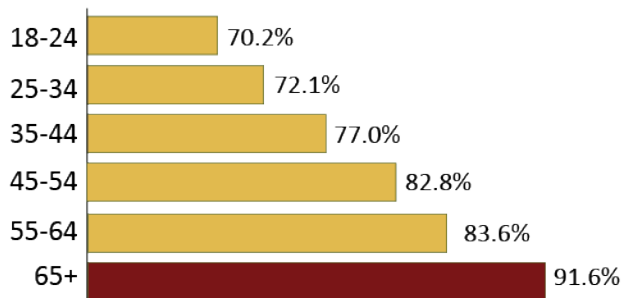
District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Gender
DC BRFSS 2018 and 2019 (combined)



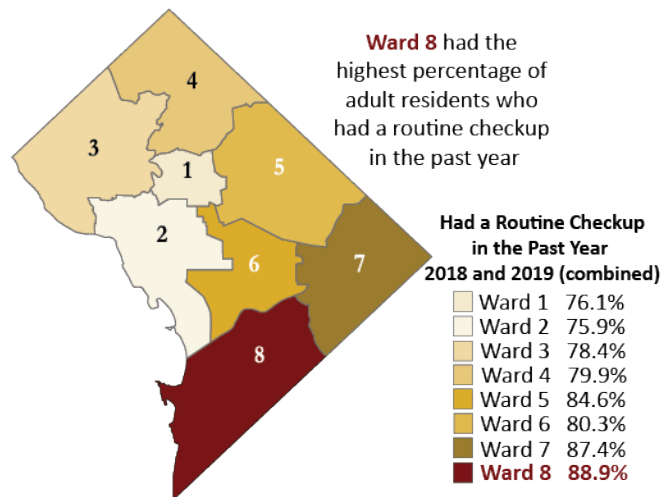
District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Education
DC BRFSS 2018 and 2019 (combined)



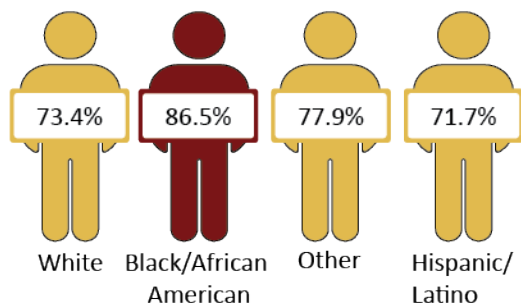
District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Age
DC BRFSS 2018 and 2019 (combined)



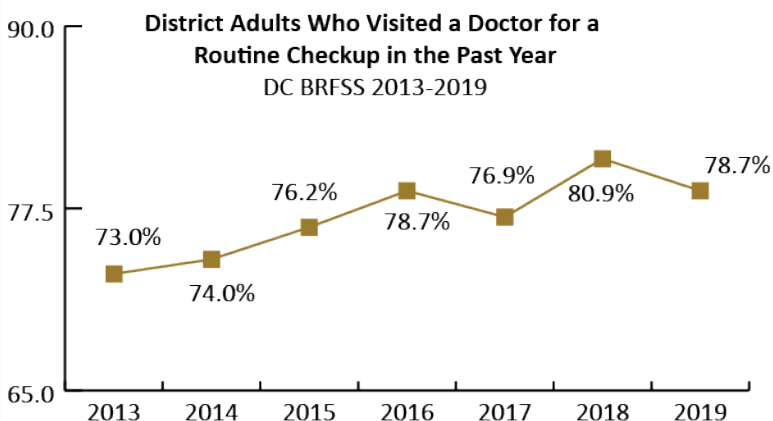
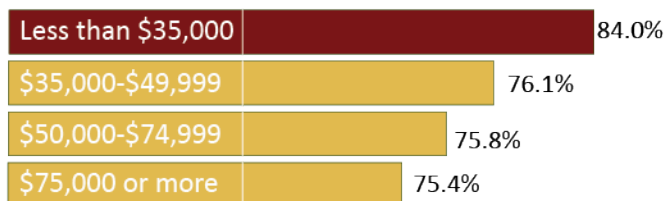
District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Ward
DC BRFSS 2018 and 2019 (combined)



District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)

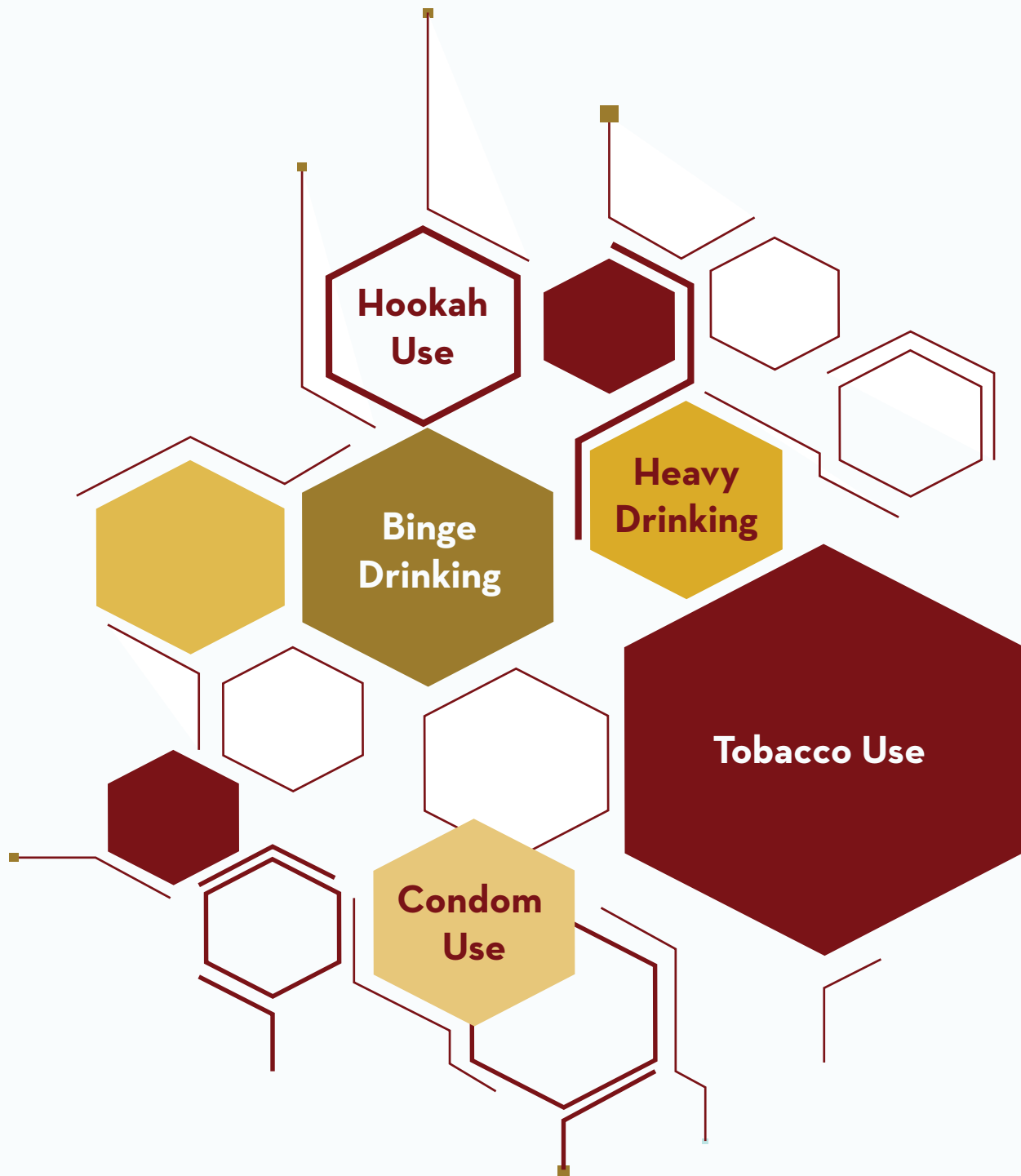


District Adults Who Visited a Doctor for a Routine Checkup in the Past Year by Income Status
DC BRFSS 2018 and 2019 (combined)



Note: Trends are based on single year estimates

Risk Behaviors



24.6%

District Adults Who Were Classified as Binge Drinkers DC BRFS 2018 and 2019 (combined)

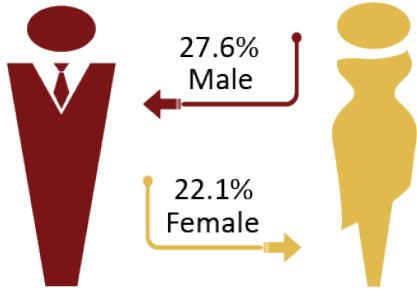


Binge Drinker

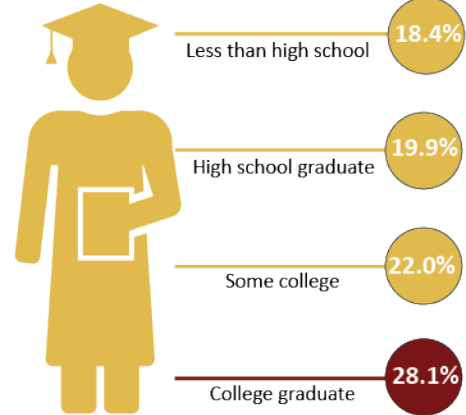
Calculated Variable

Males having five or more drinks on one occasion, females having four or more drinks on one occasion

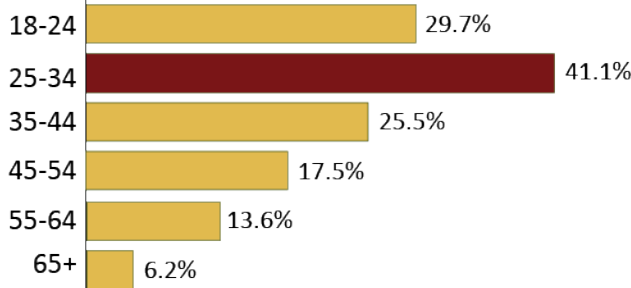
District Adults Who Were Classified as Binge Drinkers by Gender
DC BRFS 2018 and 2019 (combined)



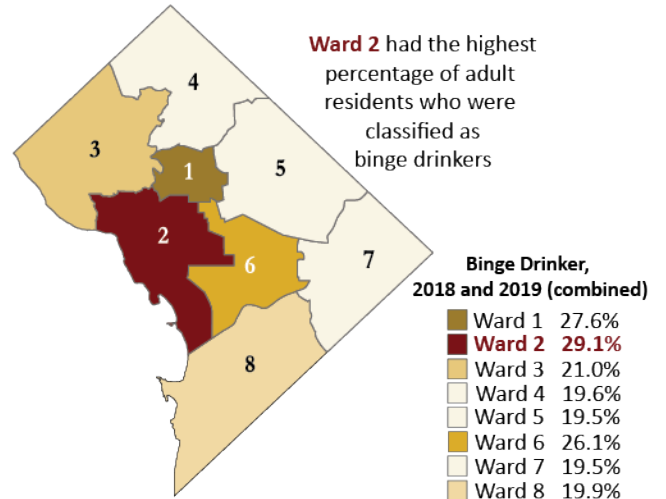
District Adults Who Were Classified as Binge Drinkers by Education
DC BRFS 2018 and 2019 (combined)



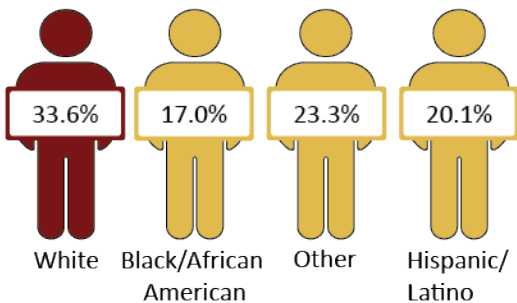
District Adults Who Were Classified as Binge Drinkers by Age
DC BRFS 2018 and 2019 (combined)



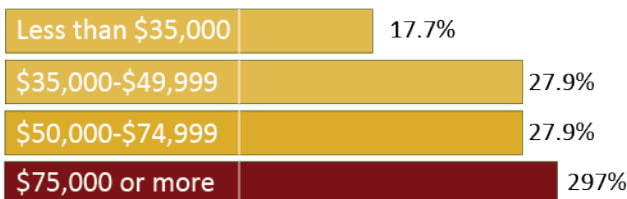
District Adults Who Were Classified as Binge Drinkers by Ward
DC BRFS 2018 and 2019 (combined)



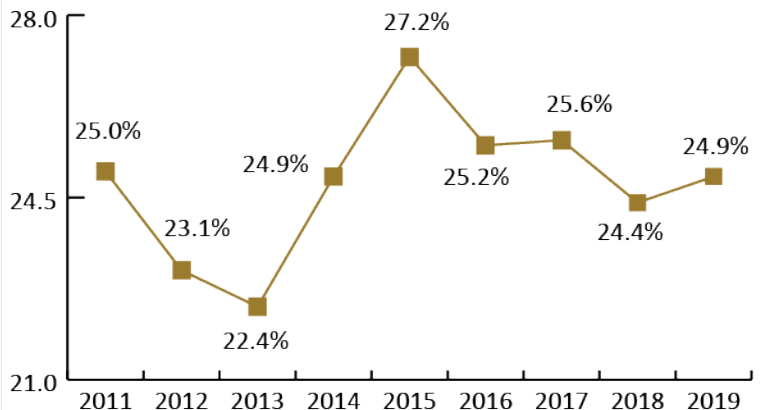
District Adults Who Were Classified as a Binge Drinkers by Race/Ethnicity
DC BRFS 2018 and 2019 (combined)



District Adults Who Were Classified as Binge Drinkers by Income Status
DC BRFS 2018 and 2019 (combined)



Prevalence of Binge Drinking
DC BRFS 2011-2019



Note: Trends are based on single year estimates

Condom Use

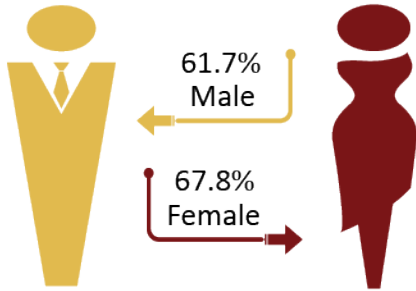
“Did you use a condom the last time you had sexual intercourse?”



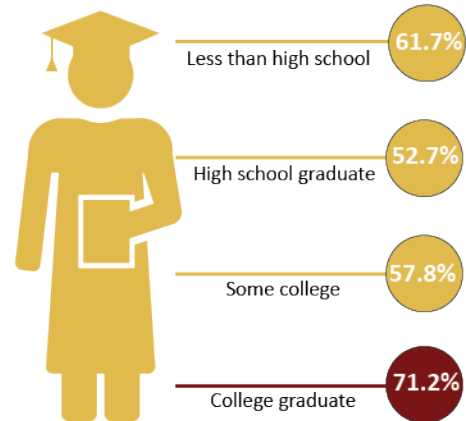
64.8%

District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse
DC BRFSS 2019

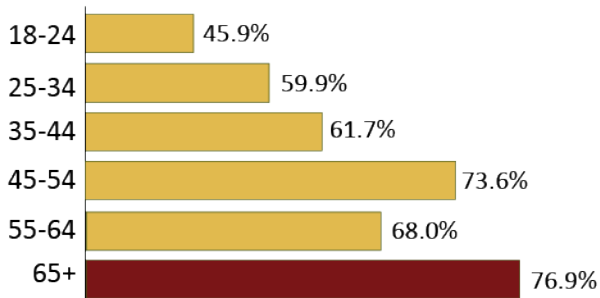
District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Gender
DC BRFSS 2019



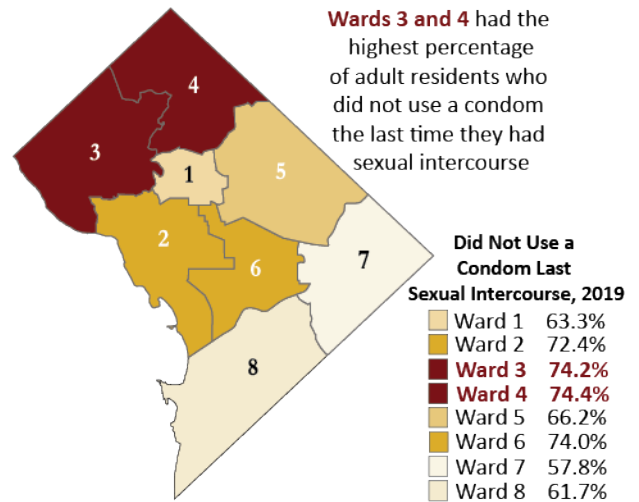
District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Education
DC BRFSS 2019



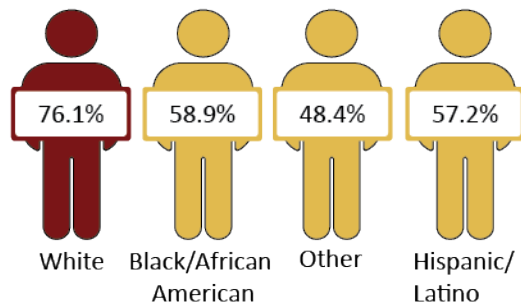
District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Age
DC BRFSS 2019



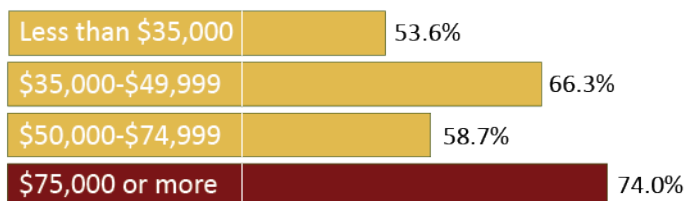
District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Ward
DC BRFSS 2019



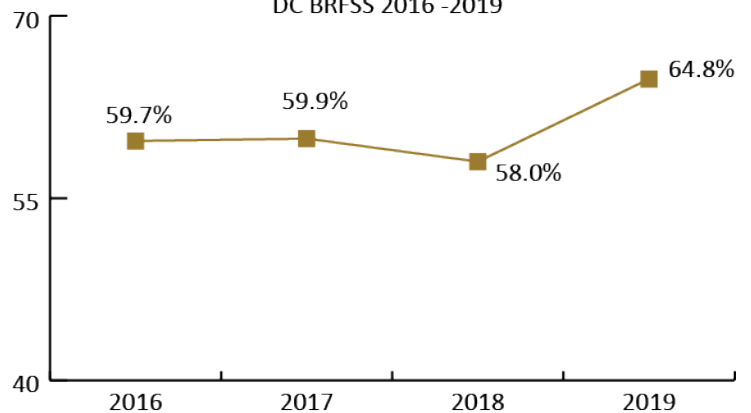
District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Race/Ethnicity
DC BRFSS 2019



District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse by Income Status
DC BRFSS 2019



District Adults Who Did Not Use a Condom the Last Time they had Sexual Intercourse
DC BRFSS 2016 -2019



8.4%

District Adults Who Were Classified as a Heavy Drinker
DC BRFSS 2019

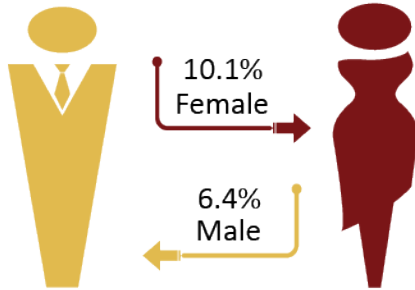


Heavy Drinker

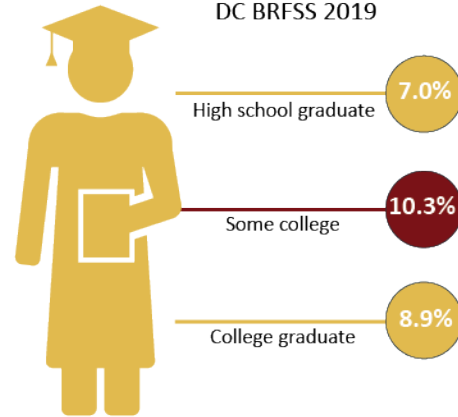
Calculated Variable

Adult males having more than 14 drinks per week and adult women having more than 7 drinks per week

District Adults Who Were Classified as a Heavy Drinker by Gender
DC BRFSS 2019

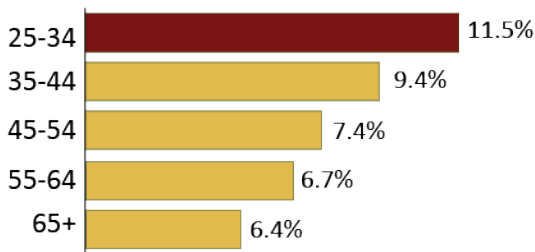


District Adults Who Were Classified as a Heavy Drinker by Education
DC BRFSS 2019



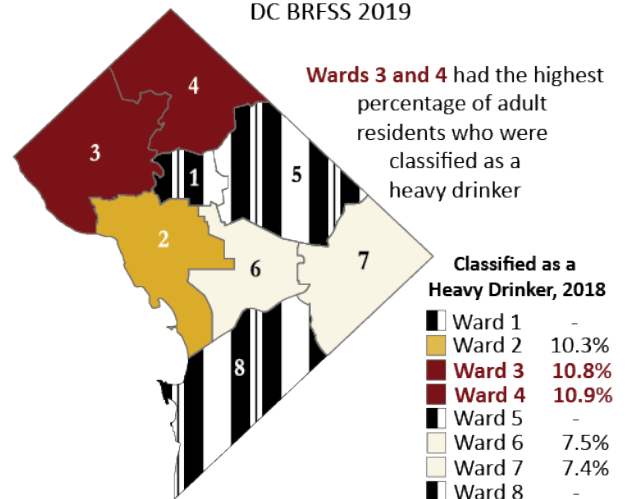
Education Level, Less than High School suppressed, RSE >30%

District Adults Who Were Classified as a Heavy Drinker by Age
DC BRFSS 2019



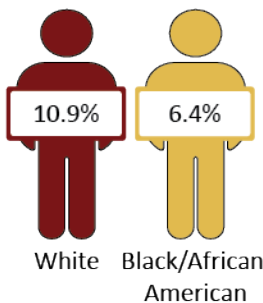
Age group 18-24 suppressed, RSE >30%

District Adults Who Were Classified as a Heavy Drinker by Ward
DC BRFSS 2019



Wards 1, 5 and 8 suppressed, RSE >30%

District Adults Who Were Classified as a Heavy Drinker by Race/Ethnicity
DC BRFSS 2019



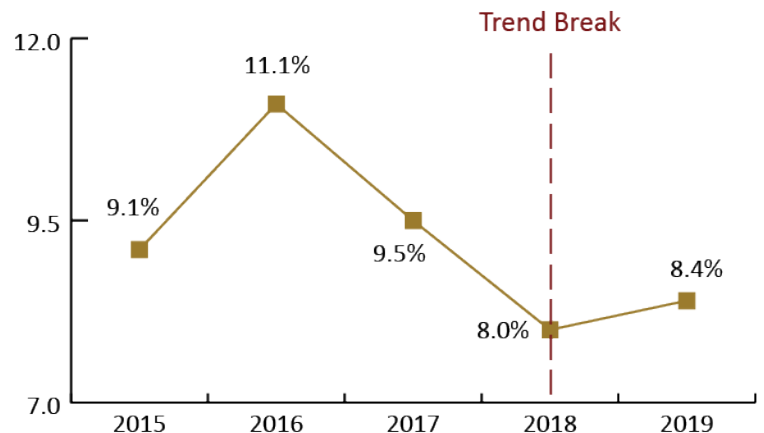
Race/ethnicity Latino/Hispanic and Other suppressed, RSE >30%

District Adults Who Were Classified as a Heavy Drinker by Income Status
DC BRFSS 2019



Income Status, \$35,000-\$74,999 suppressed, RSE >30%

District Adults Who Were Classified as a Heavy Drinker
DC BRFSS 2015-2019



Hookah Use

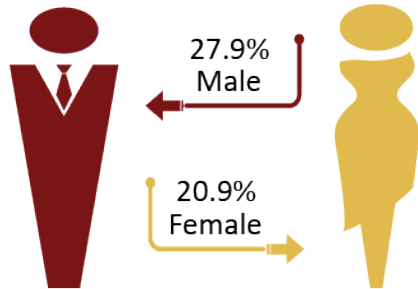
“Have you ever tried smoking tobacco in a water pipe in your entire life, even one or two puff?”



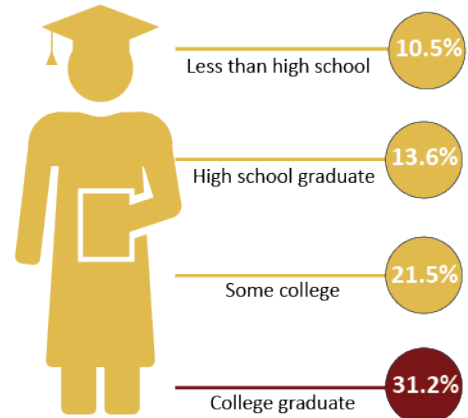
24.2%

District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah)
DC BRFSS 2018 and 2019
(combined)

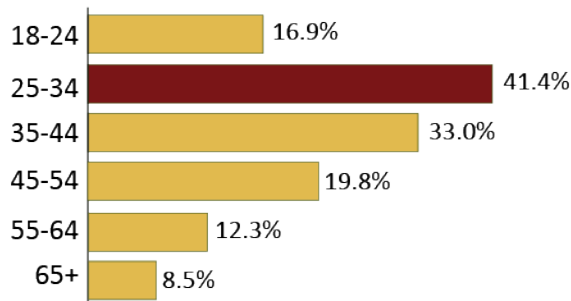
District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Gender
DC BRFSS 2018 and 2019 (combined)



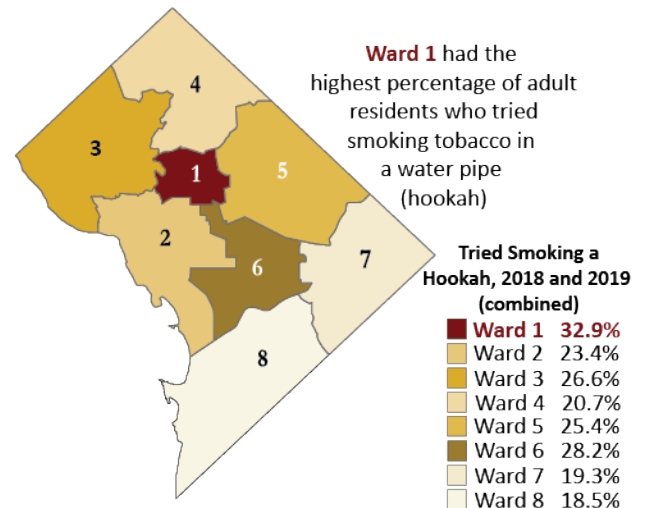
District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Education
DC BRFSS 2018 and 2019 (combined)



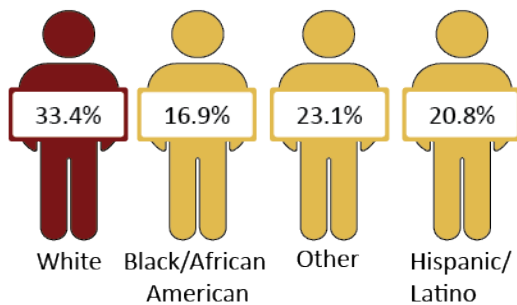
District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Age
DC BRFSS 2018 and 2019 (combined)



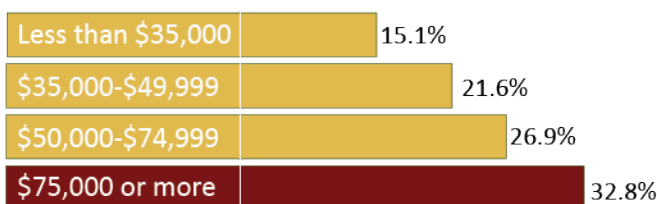
District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Ward
DC BRFSS 2018 and 2019 (combined)



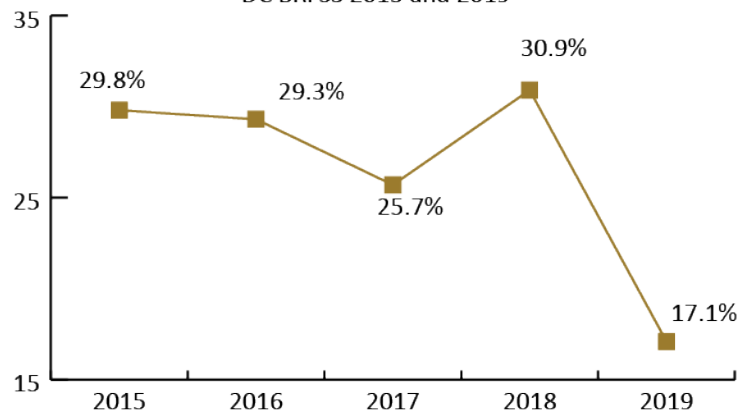
District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)



District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah) by Income Status
DC BRFSS 2018 and 2019 (combined)



District Adults Who Tried Smoking Tobacco in a Water Pipe (Hookah)
DC BRFSS 2015 and 2019



Note: Trends are based on single year estimates

13.3%

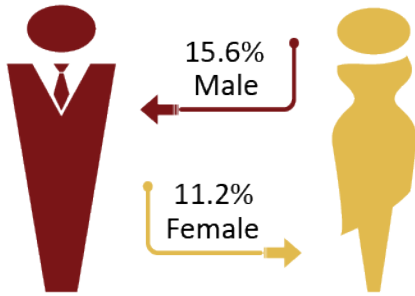
District Adults Who Were Classified as Current Smokers DC BRFSS 2018 and 2019 (combined)



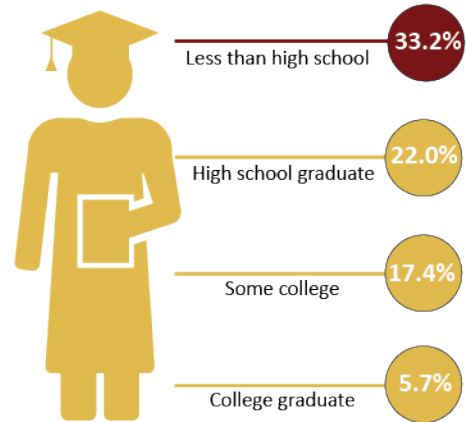
Tobacco Use

Calculated Variable
Adults who are classified as current smokers

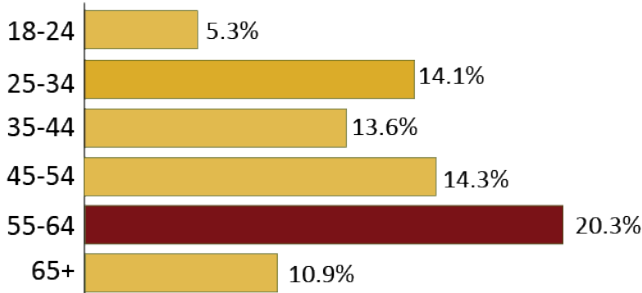
District Adults Who Were Classified as Current Smokers by Gender DC BRFSS 2018 and 2019 (combined)



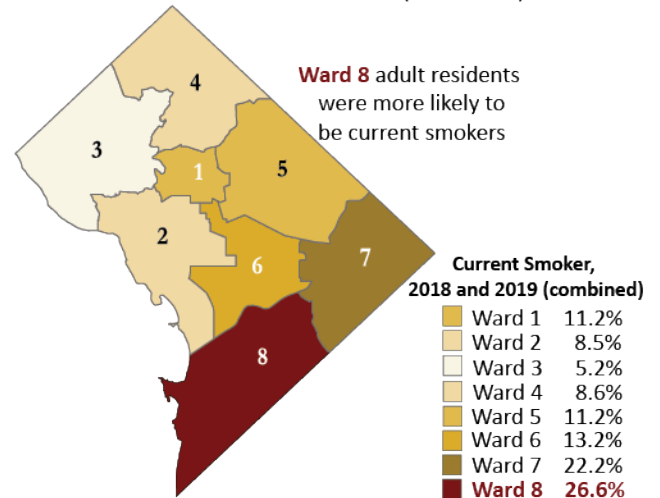
District Adults Who Were Classified as Current Smokers by Education DC BRFSS 2018 and 2019 (combined)



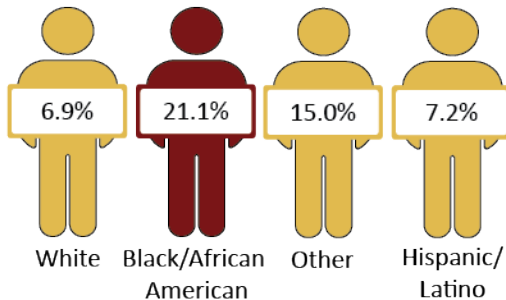
District Adults Who Were Classified as Current Smokers by Age DC BRFSS 2018 and 2019 (combined)



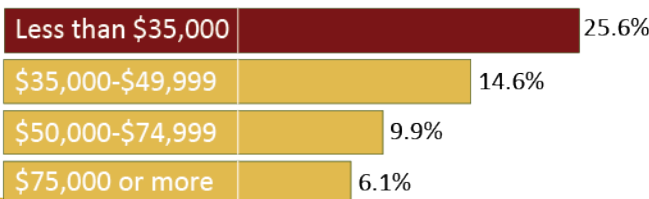
District Adults Who Were Classified as Current Smokers by Ward DC BRFSS 2018 and 2019 (combined)



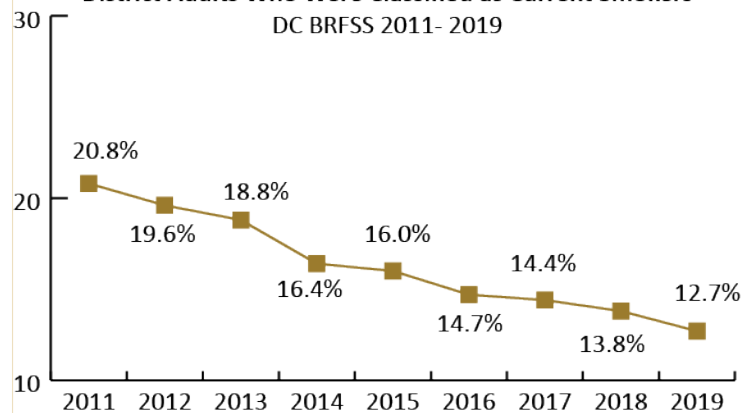
District Adults Who Were Classified as Current Smokers by Race/Ethnicity DC BRFSS 2018 and 2019



District Adults Who Were Classified as Current Smokers by Income Status DC BRFSS 2018 and 2019 (combined)

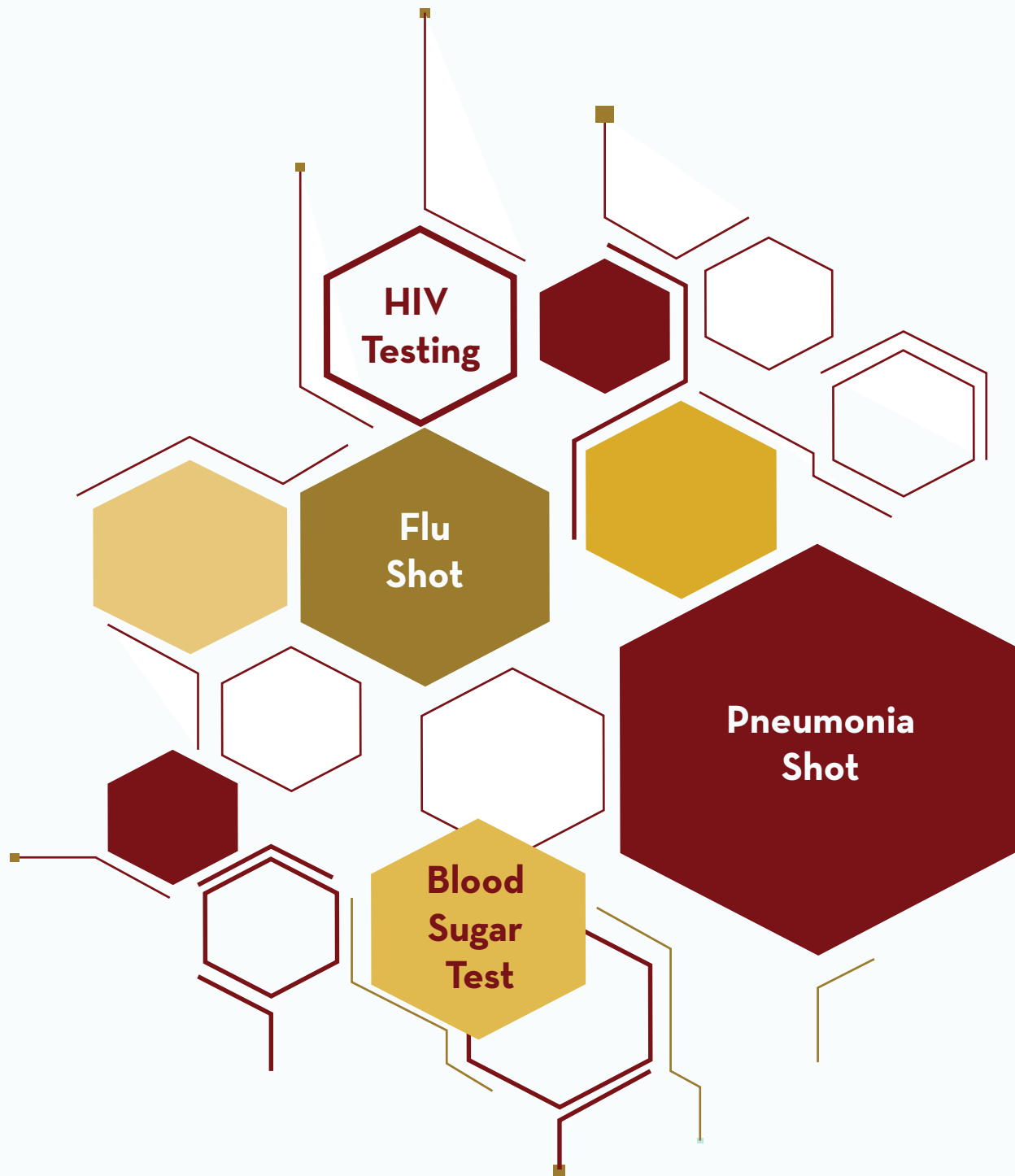


District Adults Who Were Classified as Current Smokers DC BRFSS 2011- 2019



Note: Trends are based on single year estimates

Clinical Practices and Preventive Screenings



35.6%

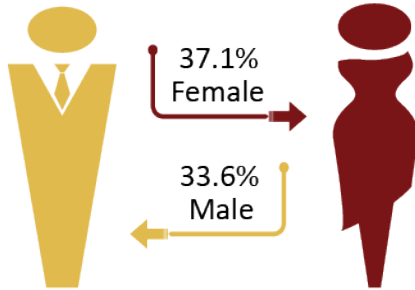
District Adults Who Did Not have a Flu Shot in the Past 12 Months (Aged 65 Years and Older)
DC BRFS 2019



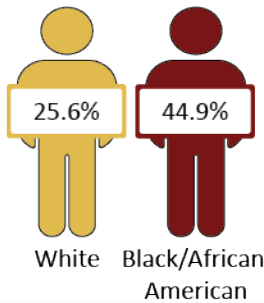
Flu Shot

“During the past 12 months, have you had either flu vaccine that was sprayed to your nose or flu shot injected into your arm?”

District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year by Gender
DC BRFS 2019

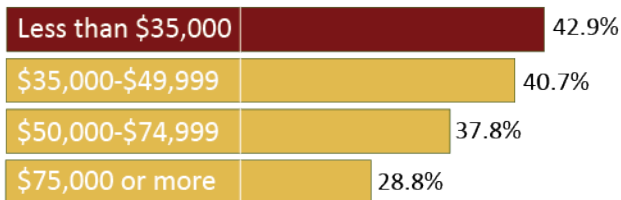


District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year by Race/Ethnicity
DC BRFS 2019

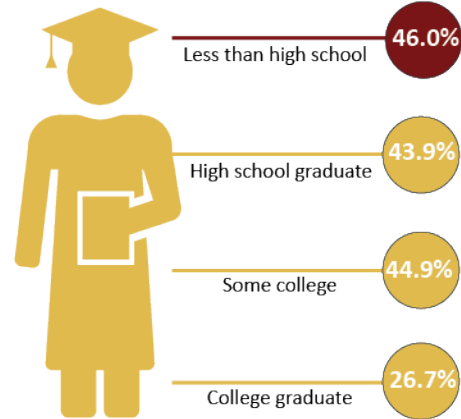


Race/ethnic group Hispanic/Latino and Other suppressed, RSE >30%

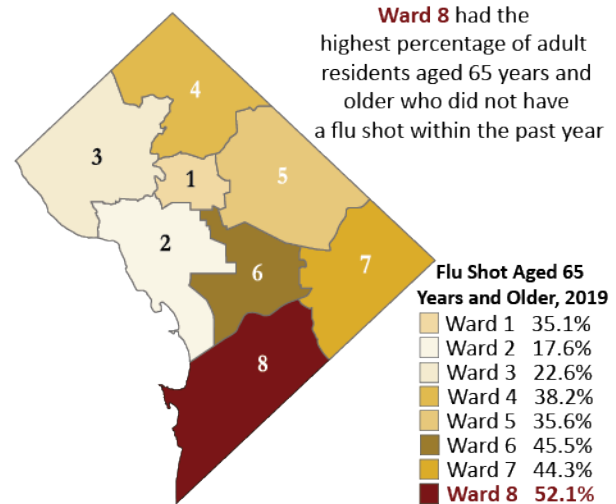
District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year by Income Status
DC BRFS 2019



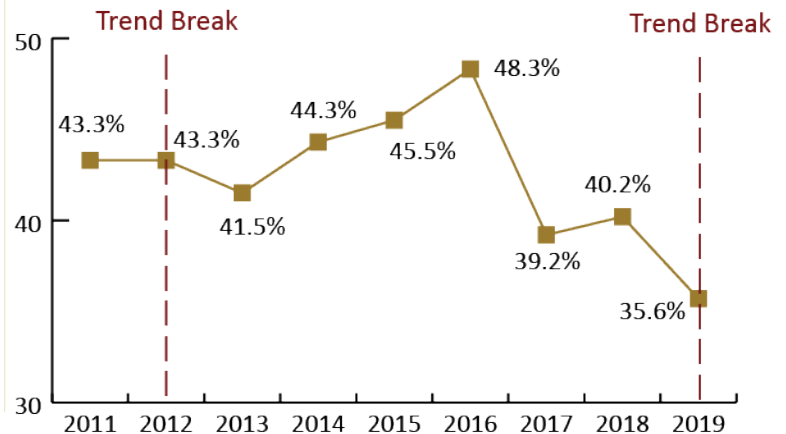
District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year by Education
DC BRFS 2019



District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year by Ward
DC BRFS 2019



District Adults Aged 65 Years and Older who Did Not Have a Flu Shot in the Past Year
DC BRFS 2011 and 2019



HIV Testing

"Have you ever been tested for HIV?"

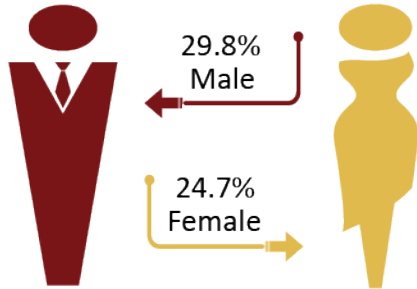


GET TESTED FOR HIV

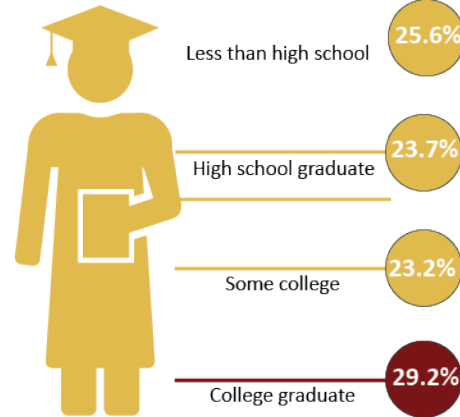
27.1%

District Adults Who Never Had a Test for HIV
DC BRFSS 2019

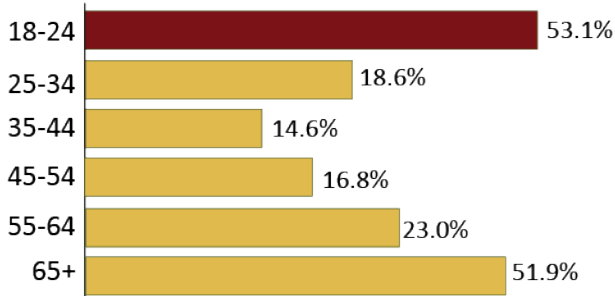
District Adults Who Never Had a Test for HIV by Gender
DC BRFSS 2019



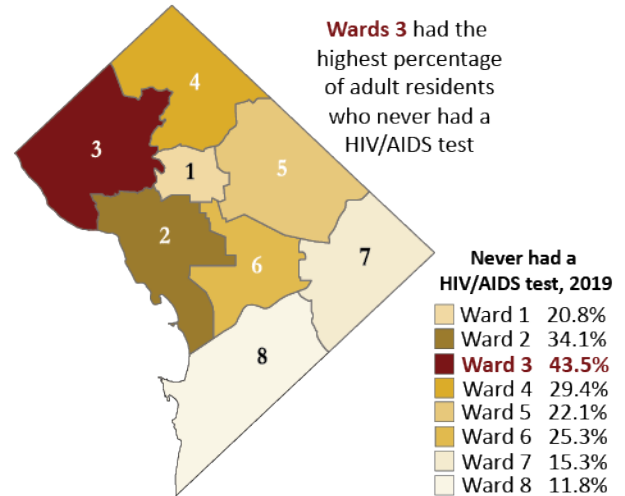
District Adults Who Never Had a Test for HIV by Education
DC BRFSS 2019



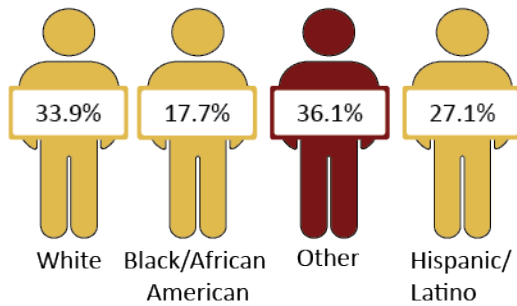
District Adults Who Never Had a Test for HIV by Age
DC BRFSS 2019



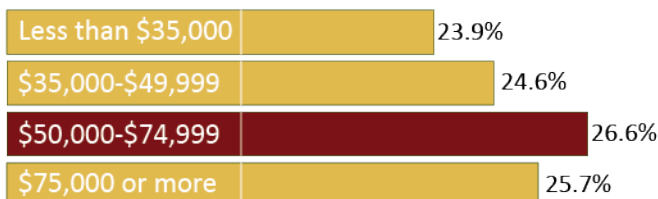
District Adults Who Never Had a Test for HIV by Ward
DC BRFSS 2019



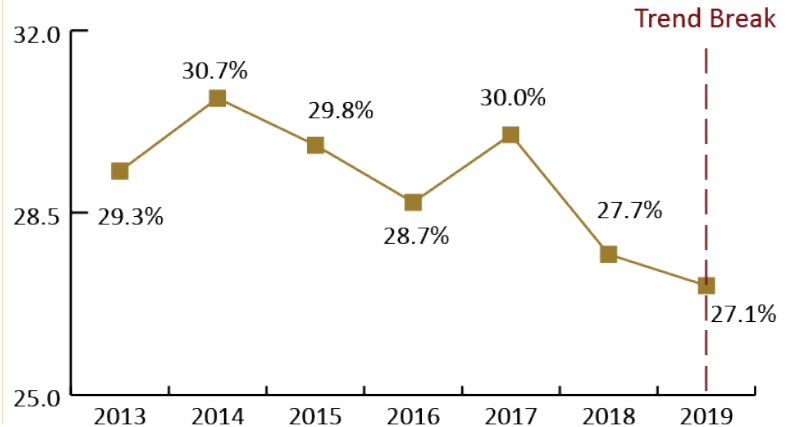
District Adults Who Never Had a Test for HIV by Race/Ethnicity
DC BRFSS 2019



District Adults Who Never Had a Test for HIV by Income Status
DC BRFSS 2019



District Adults Who Never Had a Test for HIV
DC BRFSS 2013-2019



29.3%

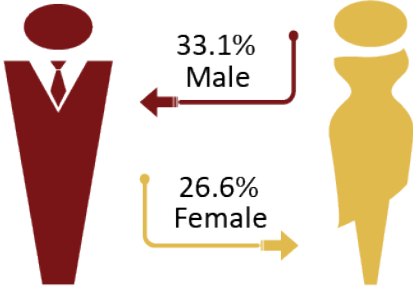
District Adults Who Never had a Pneumonia Shot (Aged 65 Years and Older)
DC BRFS 2018 and 2019 (combined)



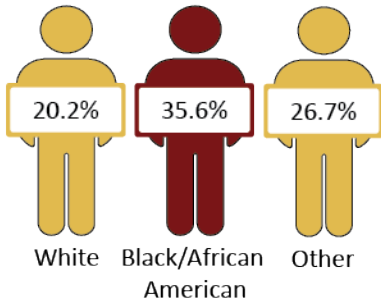
Pneumonia Shot

“Have you ever had a pneumonia shot also known as pneumococcal vaccine?”

District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot by Gender
DC BRFS 2018 and 2019 (combined)

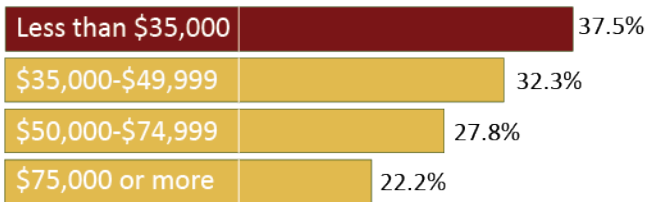


District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot by Race/Ethnicity
DC BRFS 2018 and 2019 (combined)

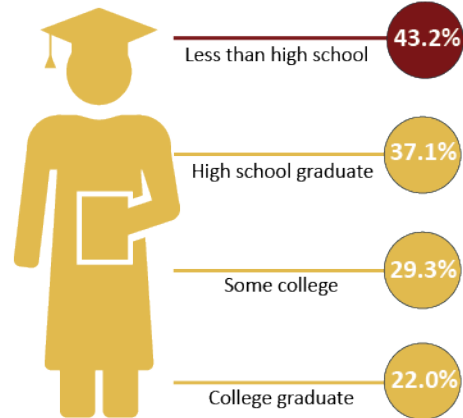


Race/ethnic group Hispanic/Latino suppressed, RSE >30%

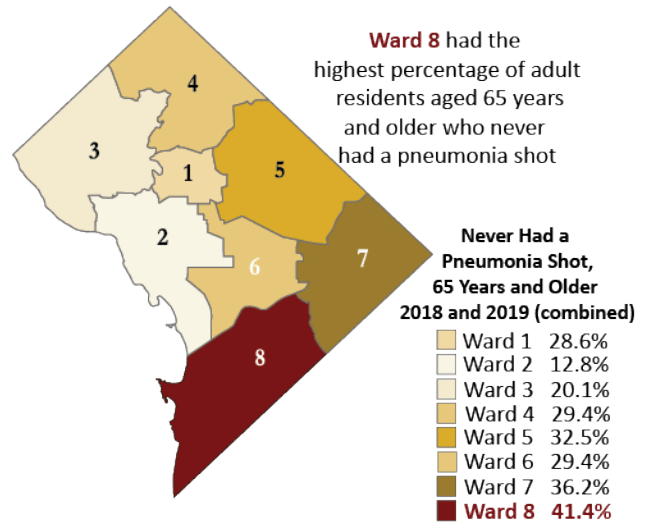
District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot by Income Status
DC BRFS 2018 and 2019 (combined)



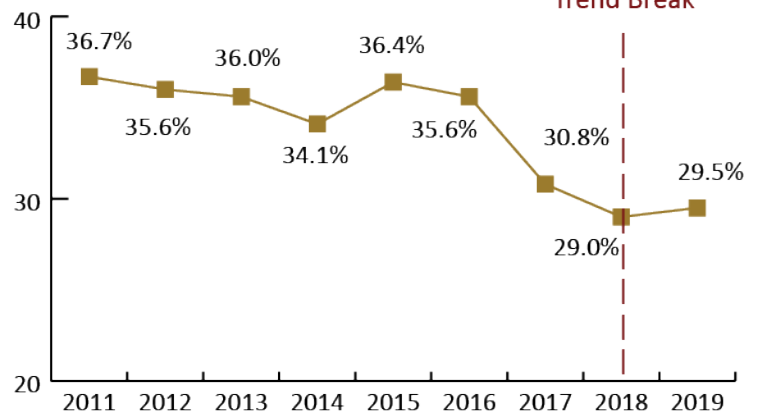
District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot by Education
DC BRFS 2018 and 2019 (combined)



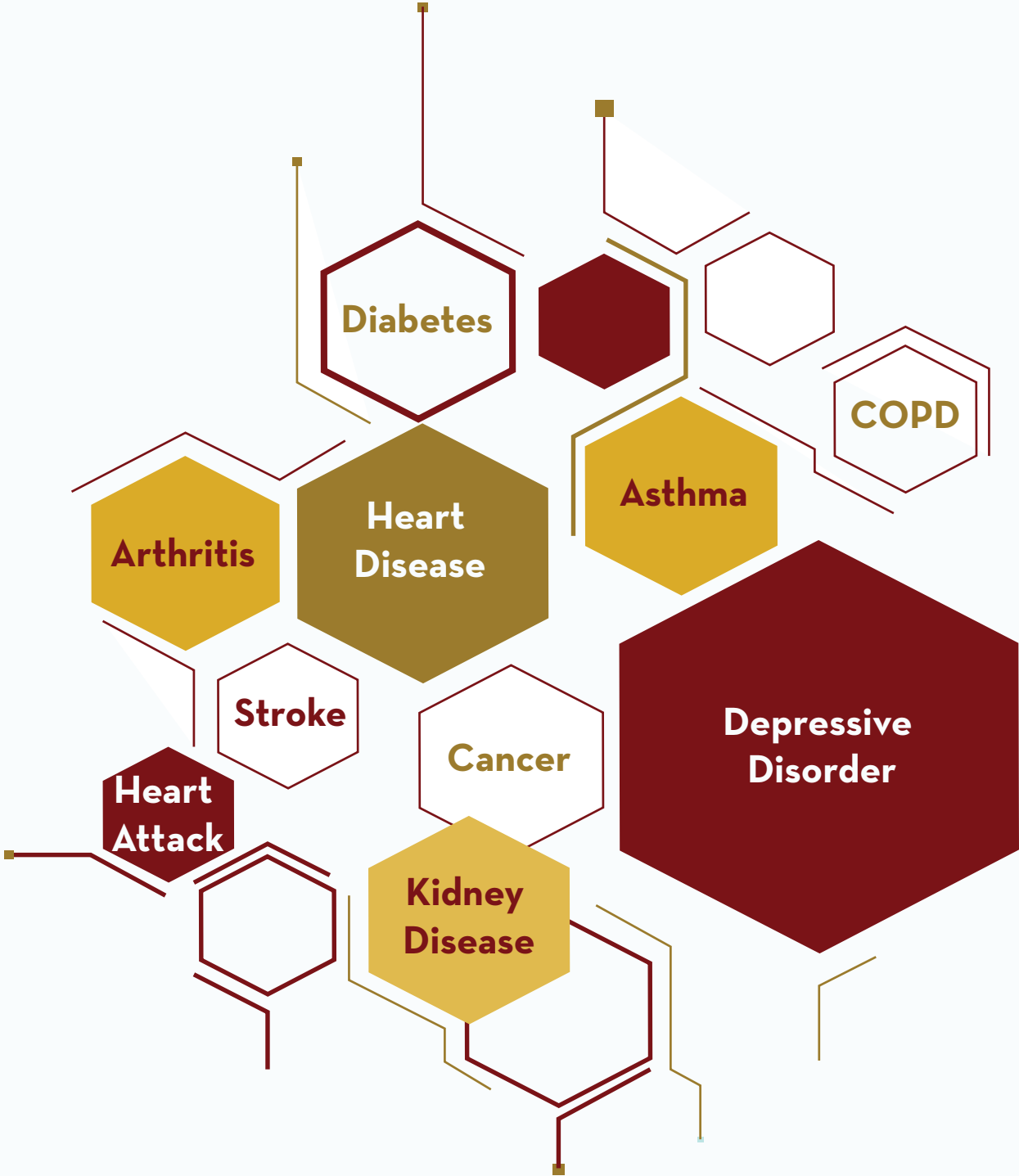
District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot by Ward
DC BRFS 2018 and 2019 (combined)



District Adults Aged 65 Years and Older Who Never Had a Pneumonia Shot
DC BRFS 2011-2019

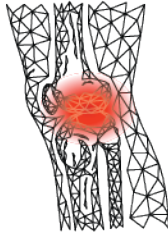


Chronic Health Conditions



17.2

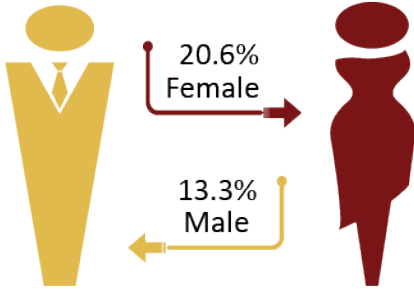
District Adults Who Were Diagnosed with Arthritis
DC BRFSS 2019



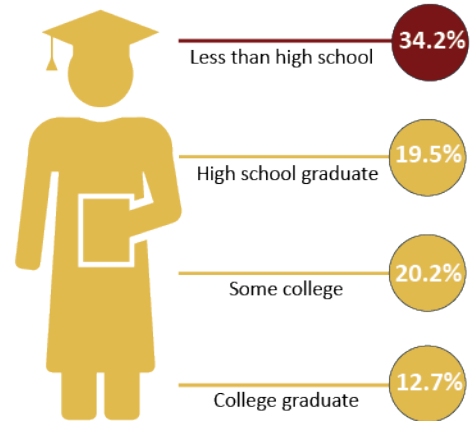
Arthritis

“Has a doctor, nurse or other health professional ever told you, that you had some form of arthritis, rheumatoid arthritis, gout, or fibromyalgia?”

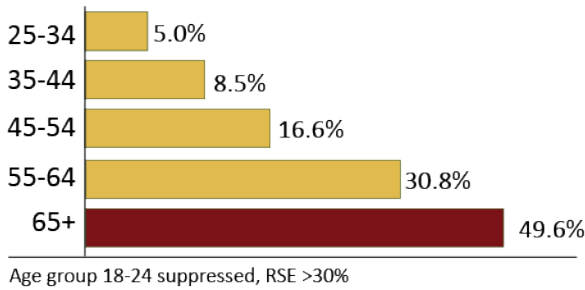
District Adults Who Were Diagnosed with Arthritis by Gender
DC BRFSS 2019



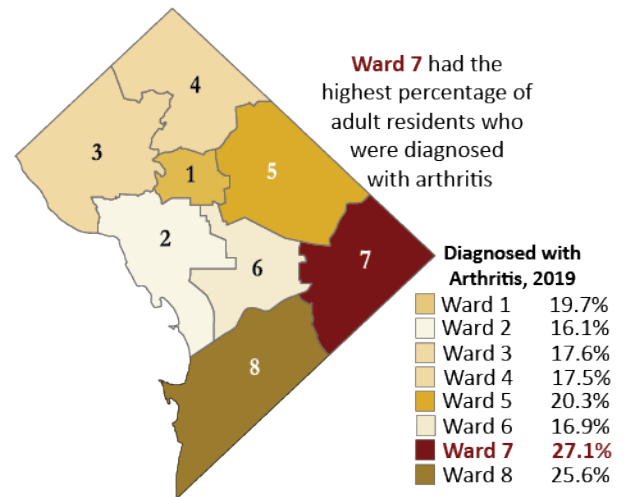
District Adults Who Were Diagnosed with Arthritis by Education
DC BRFSS 2019



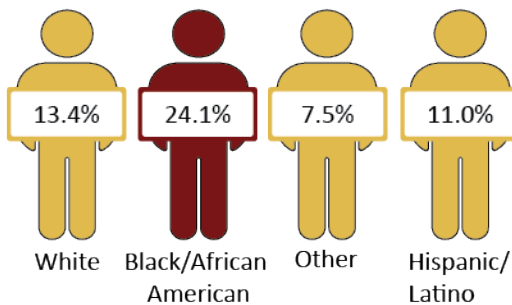
District Adults Who Were Diagnosed with Arthritis by Age
DC BRFSS 2019



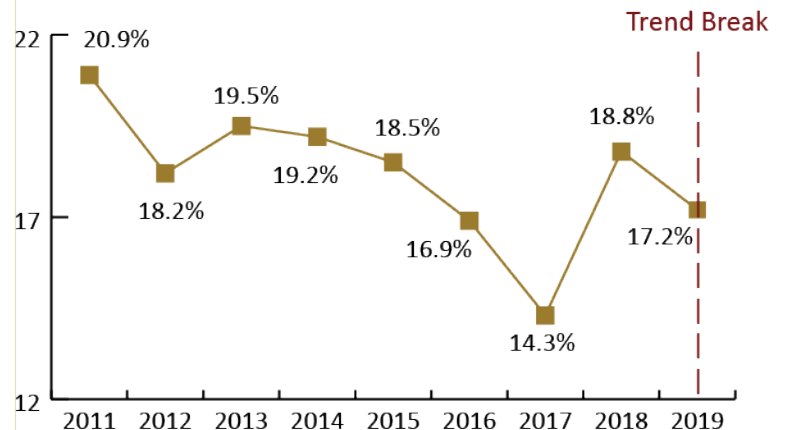
District Adults Who Were Diagnosed with Arthritis by Ward
DC BRFSS 2019



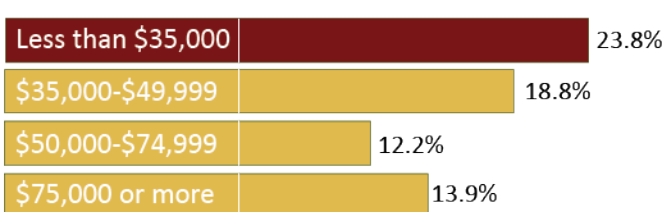
District Adults Who Were Diagnosed with Arthritis by Race/Ethnicity
DC BRFSS 2019



District Adults Who Were Diagnosed with Arthritis
DC BRFSS 2011-2019



District Adults Who Were Diagnosed with Arthritis by Income Status
DC BRFSS 2019



Adult (Current) Asthma

Calculated Variable

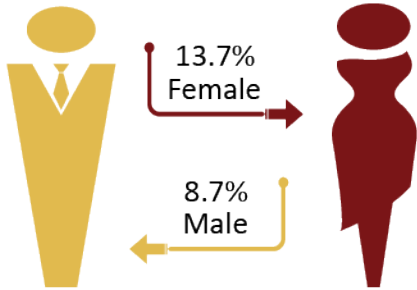
“Has a doctor, nurse or other health professional ever told you, that you had asthma?” and “Do you still have asthma?”



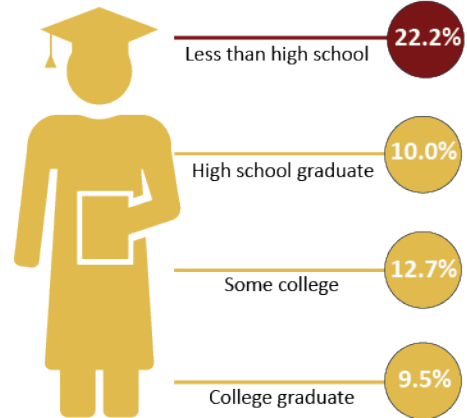
11.5%

District Adults Who Were Diagnosed with (Current) Asthma
DC BRFS 2018 and 2019 (combined)

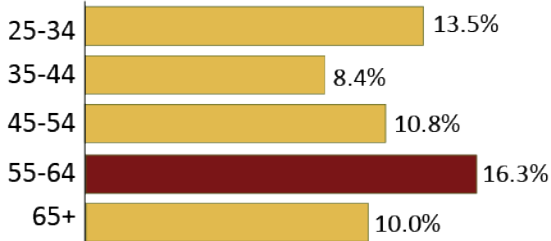
District Adults Who Were Diagnosed with (Current) Asthma by Gender
DC BRFS 2018 and 2019 (combined)



District Adults Who Were Diagnosed with (Current) Asthma by Education
DC BRFS 2018 and 2019 (combined)

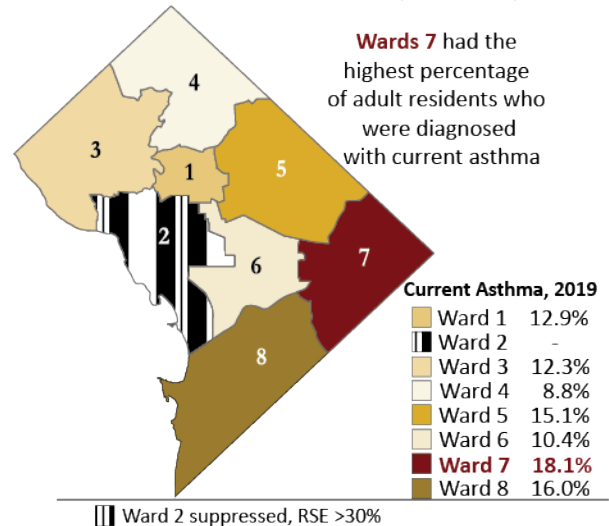


District Adults Who Were Diagnosed with (Current) Asthma by Age
DC BRFS 2018 and 2019 (combined)

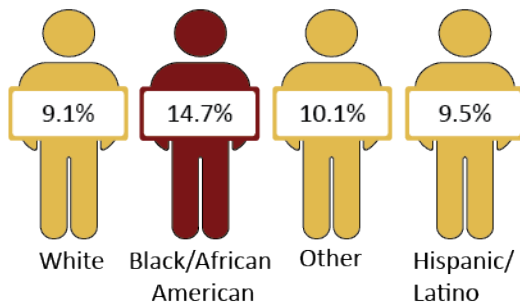


Age group 18-24 suppressed, RSE >30%

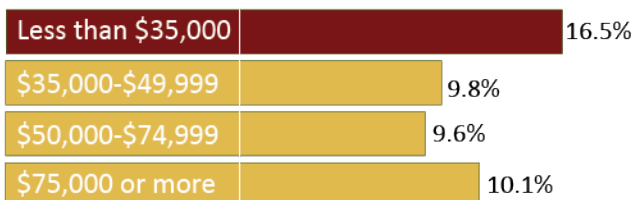
District Adults Who Were Diagnosed with (Current) Asthma by Ward
DC BRFS 2018 and 2019 (combined)



District Adults Who Were Diagnosed with (Current) Asthma by Race/Ethnicity
DC BRFS 2018 and 2019 (combined)

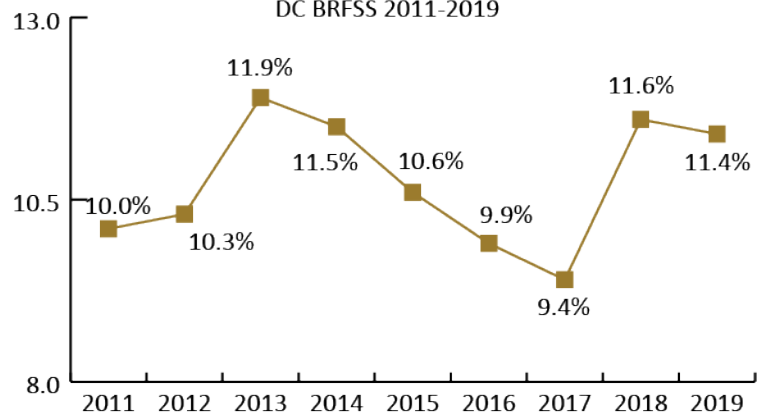


District Adults Who Were Diagnosed with (Current) Asthma by Income Status
DC BRFS 2018 and 2019 (combined)



Prevalence of (Current) Asthma

DC BRFS 2011-2019



Note: Trends are based on single year estimates

5.2%

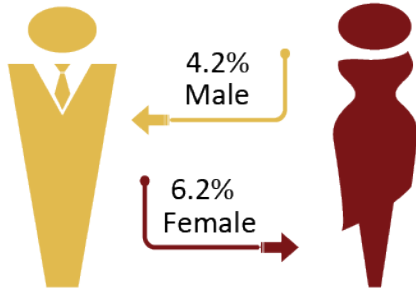
District Adults Who Were Diagnosed with Other Types of Cancer (excludes skin cancer)
DC BRFSS 2018 and 2019 (combined)



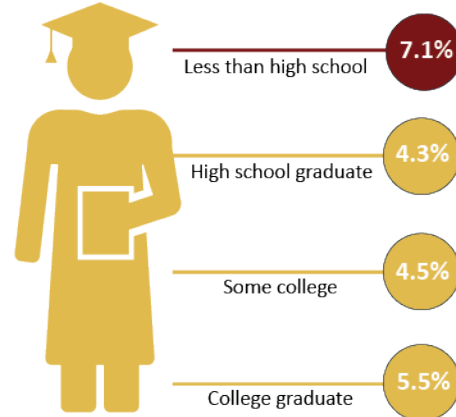
Cancer

“Has a doctor, nurse or other health professional ever told you, had any other types of cancer?”

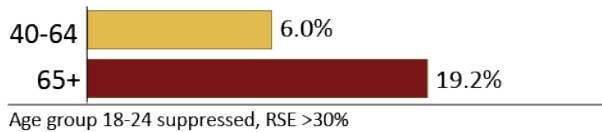
District Adults Who Were Diagnosed with Other Types of Cancer (excludes skin cancer) by Gender
DC BRFSS 2018 and 2019 (combined)



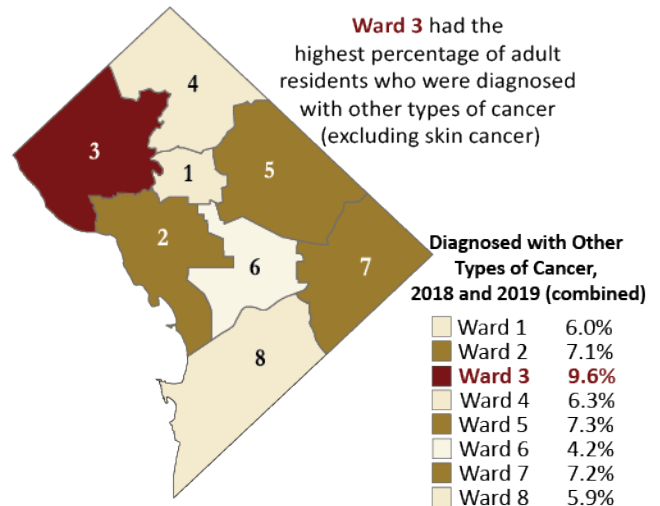
District Adults Who Were Diagnosed with Other Types of Cancer (excludes skin cancer) by Education
DC BRFSS 2018 and 2019 (combined)



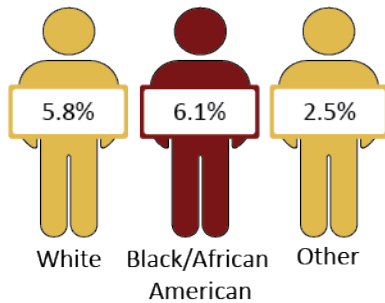
District Adults Who Diagnosed with Other Types of Cancer (excludes skin cancer) by Age
DC BRFSS 2019



District Adults Who Diagnosed with Other Types of Cancer (excludes skin cancer) by Ward
DC BRFSS 2018 and 2019 (combined)

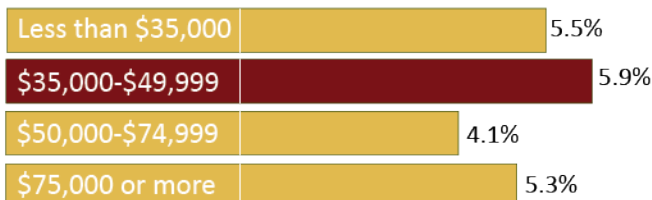


District Adults Who Diagnosed with Other Types of Cancer (excludes skin cancer) by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)

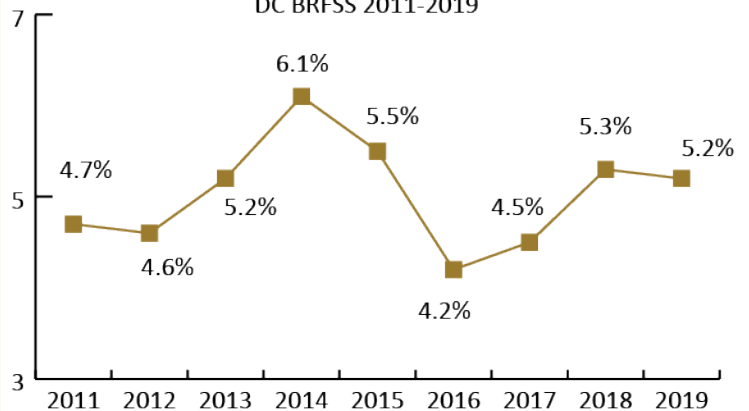


Race/ethnic group Hispanic/Latino suppressed, RSE >30%

District Adults Who Diagnosed with Other Types of Cancer (excludes skin cancer) by Income Status
DC BRFSS 2018 and 2019 (combined)



Prevalence of Other Types of Cancer
DC BRFSS 2011-2019



Note: Trends are based on single year estimates

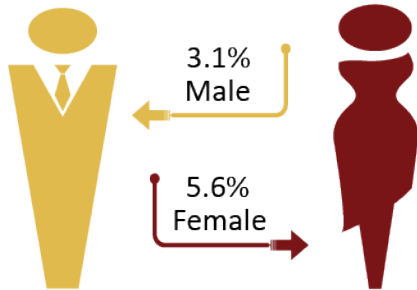
Chronic Obstructive Pulmonary Disease

“Has a doctor, nurse or other health professional ever told you, that you had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis?”

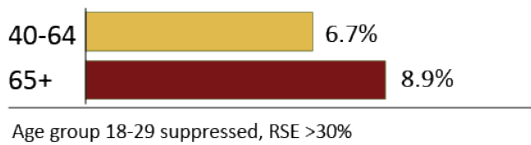


4.5%
District Adults Who Were Diagnosed with COPD
DC BRFSS 2019

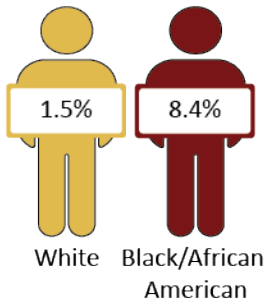
District Adults Who Were Diagnosed with COPD by Gender
DC BRFSS 2019



District Adults Who Were Diagnosed with COPD by Age
DC BRFSS 2019

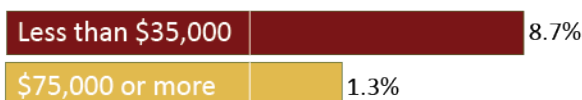


District Adults Who Were Diagnosed with COPD by Race/Ethnicity
DC BRFSS 2019



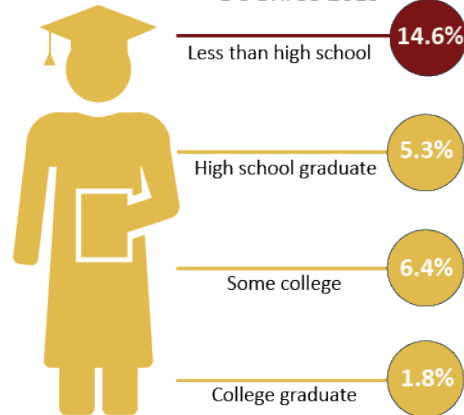
Note: Race/Ethnic group Hispanic excluded, RSE >30%

District Adults Who Were Diagnosed with COPD by Income Status
DC BRFSS 2019

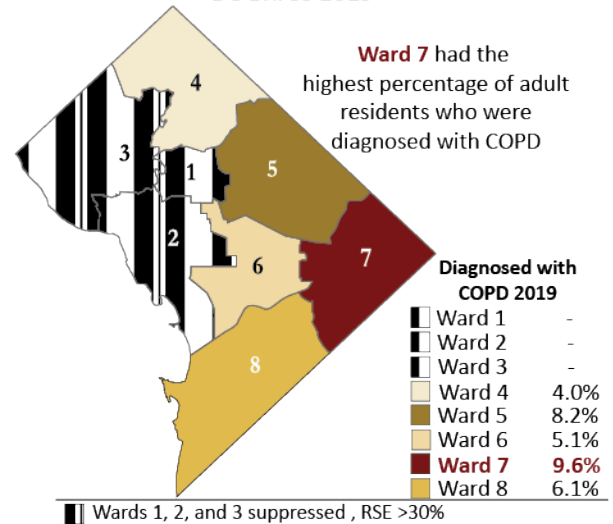


Income level \$35,000-\$74,999 suppressed, RSE >30%

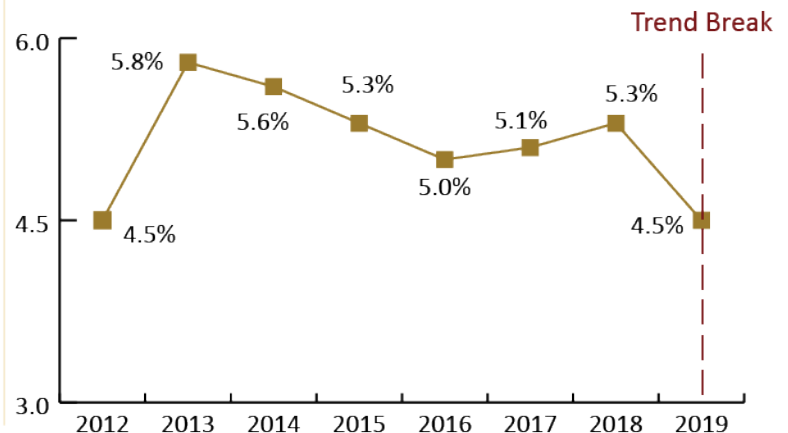
District Adults Who Were Diagnosed with COPD by Education
DC BRFSS 2019



District Adults Who Were Diagnosed with COPD by Ward
DC BRFSS 2019



Prevalence of COPD
DC BRFSS 2012-2019



20.5%

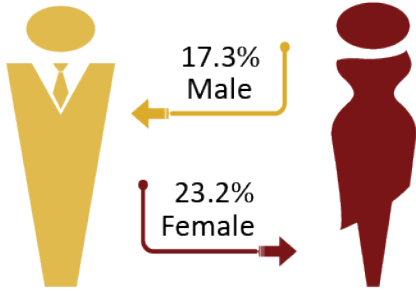
District Adults Who Were Diagnosed with a Depressive Disorder
DC BRFSS 2019



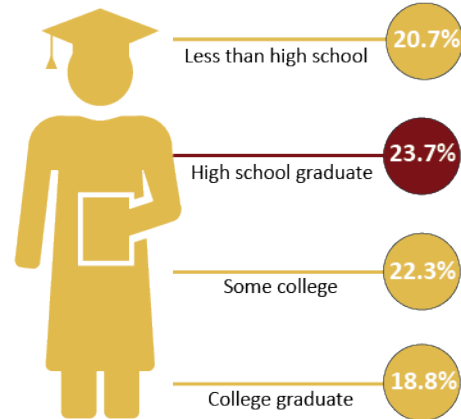
Depressive Disorder

“Has a doctor, nurse or other health professional ever told you, that you had a depressive disorder (including depression, major depression, dysthymia, or minor depression)?”

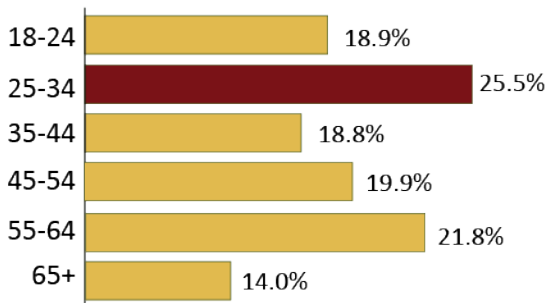
District Adults Who Were Diagnosed with a Depressive Disorder by Gender
DC BRFSS 2019



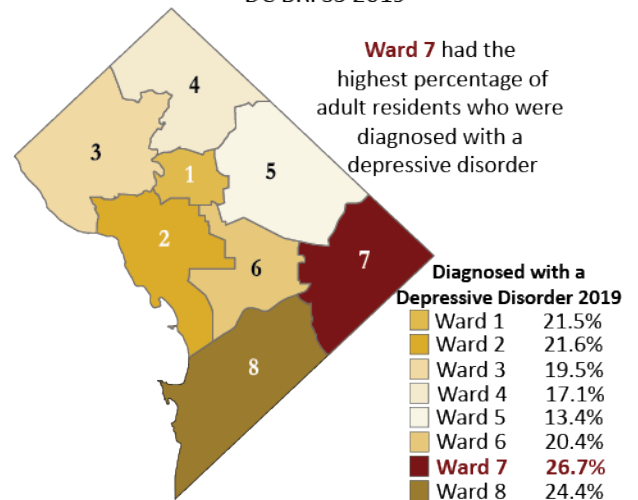
District Adults Who Were Diagnosed with a Depressive Disorder by Education
DC BRFSS 2019



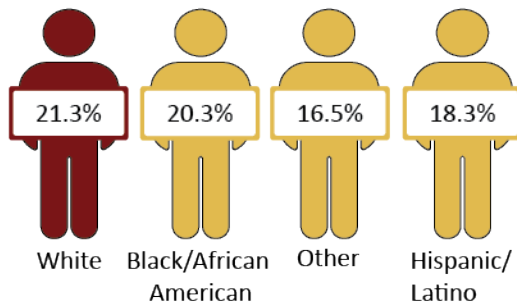
District Adults Who Were Diagnosed with a Depressive Disorder by Age
DC BRFSS 2019



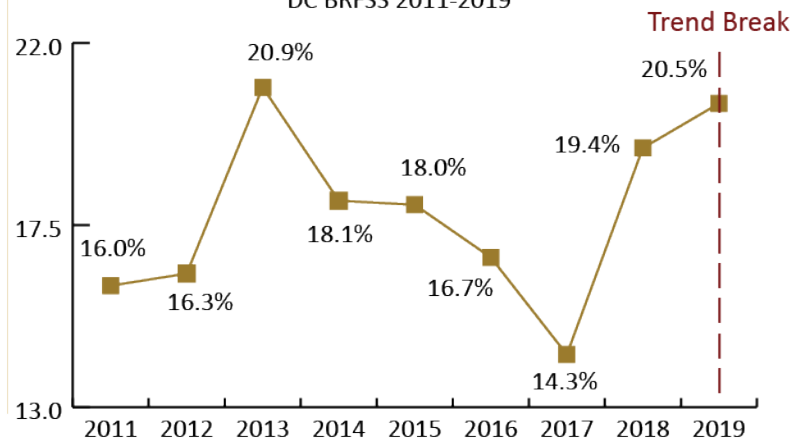
District Adults Who Were Diagnosed with a Depressive Disorder by Ward
DC BRFSS 2019



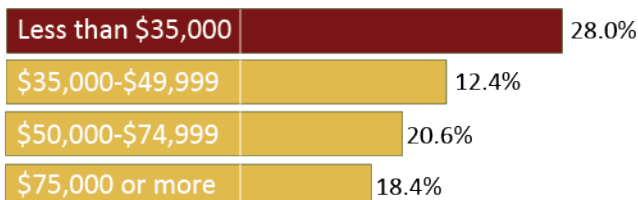
District Adults Who Were Diagnosed with a Depressive Disorder by Race/Ethnicity
DC BRFSS 2019



District Adults Who Were Diagnosed with a Depressive Disorder
DC BRFSS 2011-2019



District Adults Who Were Diagnosed with a Depressive Disorder by Income Status
DC BRFSS 2019



Diabetes

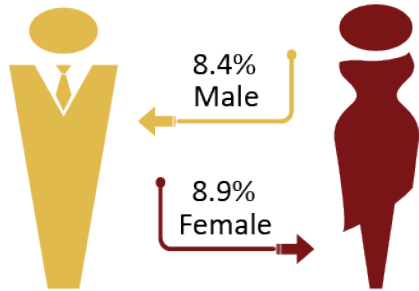
“Has a doctor, nurse or other health professional ever told you, that you had diabetes?”



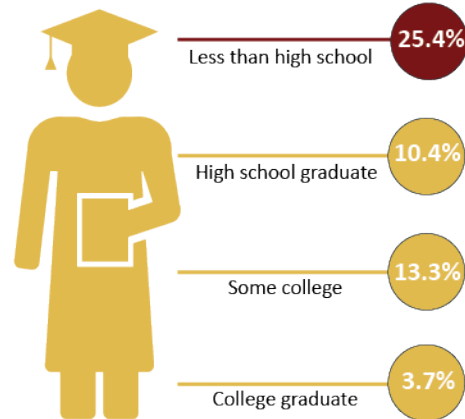
8.7%

District Adults Who Were Diagnosed with Diabetes
DC BRFSS 2019

District Adults Who Were Diagnosed with Diabetes by Gender
DC BRFSS 2018



District Adults Who Were Diagnosed with Diabetes by Education
DC BRFSS 2019

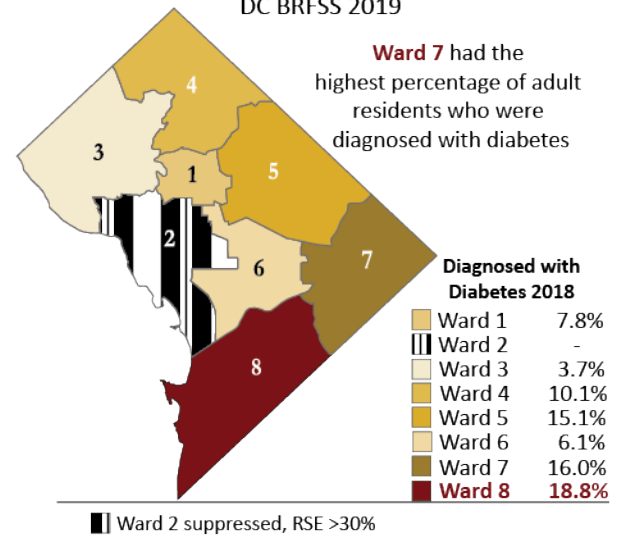


District Adults Who Were Diagnosed with Diabetes by Age
DC BRFSS 2019

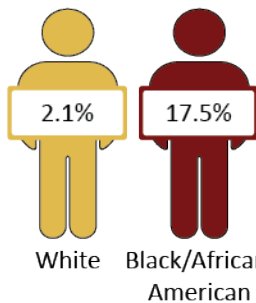


Age group 18-39 suppressed, RSE >30%

District Adults Who Were Diagnosed with Diabetes by Ward
DC BRFSS 2019

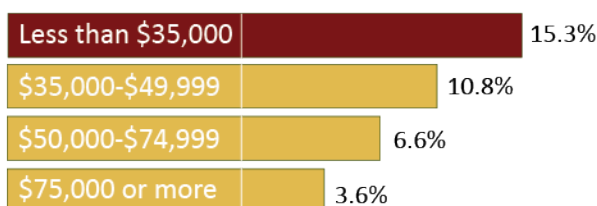


District Adults Who Were Diagnosed with Diabetes by Race/Ethnicity
DC BRFSS 2019

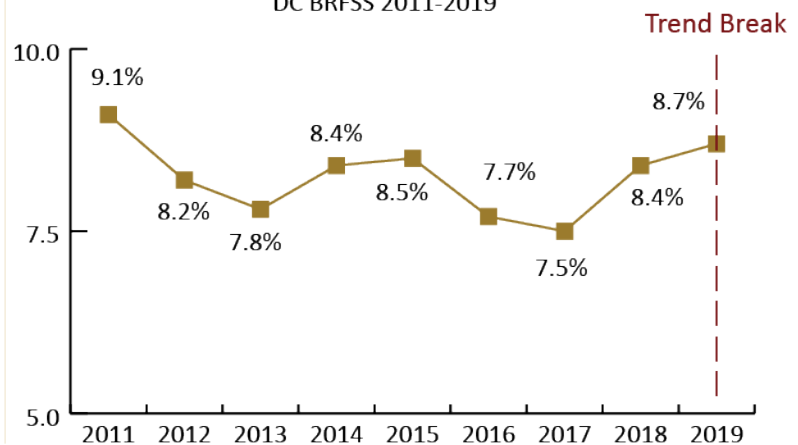


Race/ethnic groups Hispanic/Latino and Other suppressed, RSE >30%

District Adults Who Were Diagnosed with Diabetes by Income Status
DC BRFSS 2019



District Adults Who Were Diagnosed with Diabetes
DC BRFSS 2011-2019



2.6%

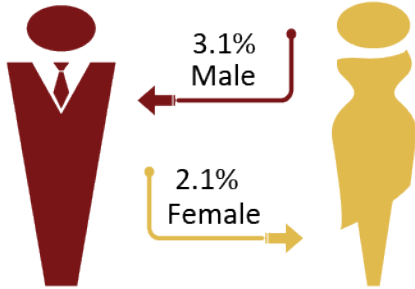
District Adults Who Suffered a Heart Attack
DC BRFSS 2018 and 2019 (combined)



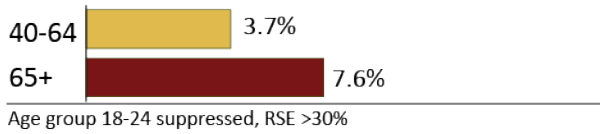
Heart Attack

“Has a doctor, nurse or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

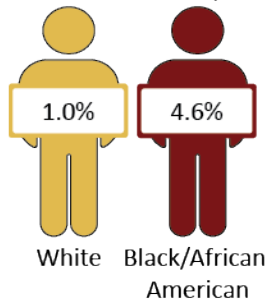
District Adults Who Suffered a Heart Attack by Gender
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Heart Attack by Age
DC BRFSS 2018 and 2019 (combined)

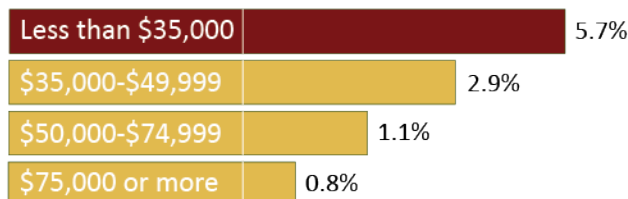


District Adults Who Suffered a Heart Attack by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)

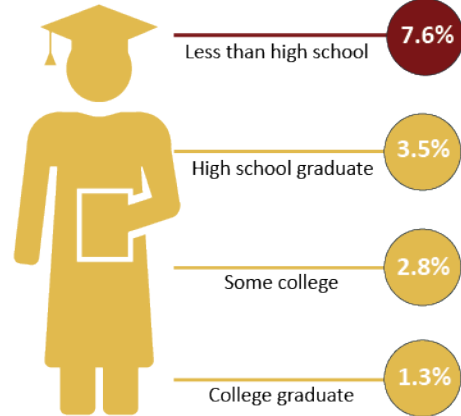


Race/ethnic groups Hispanic/Latino and Other suppressed, RSE >30%

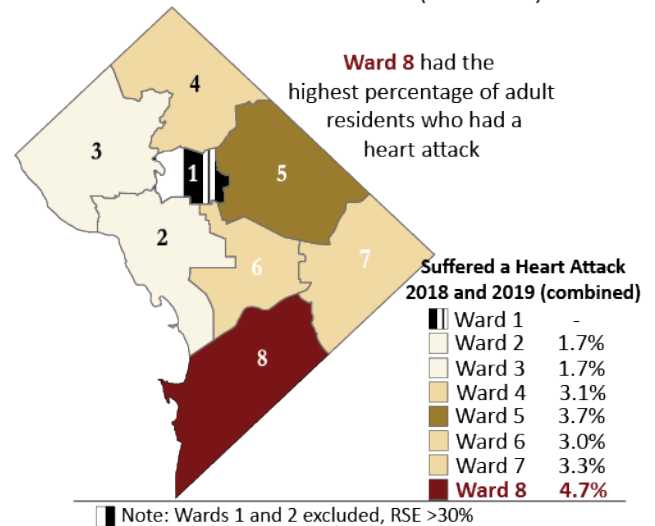
District Adults Who Suffered a Heart Attack by Income Status
DC BRFSS 2018 and 2019 (combined)



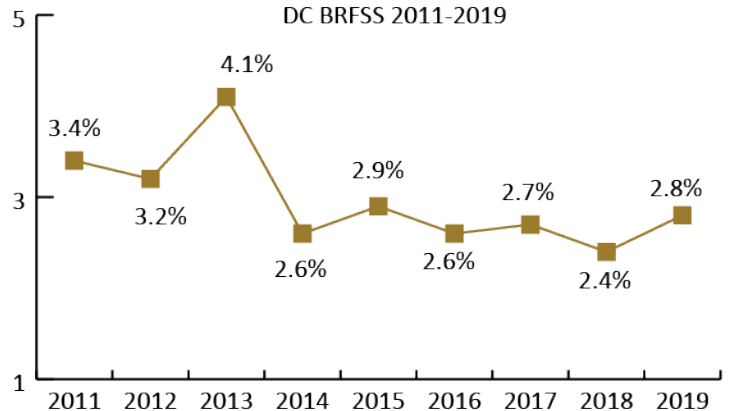
District Adults Who Suffered a Heart Attack by Education
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Heart Attack by Ward
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Heart Attack
DC BRFSS 2011-2019



Note: Trends are based on single year estimates

Heart Disease

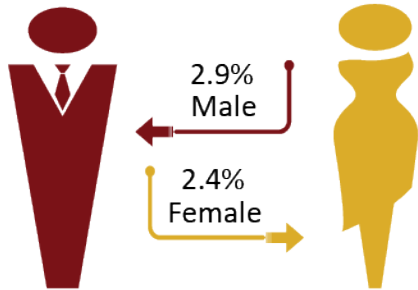
“Has a doctor, nurse or other health professional ever told you, that you had angina or coronary heart disease?”



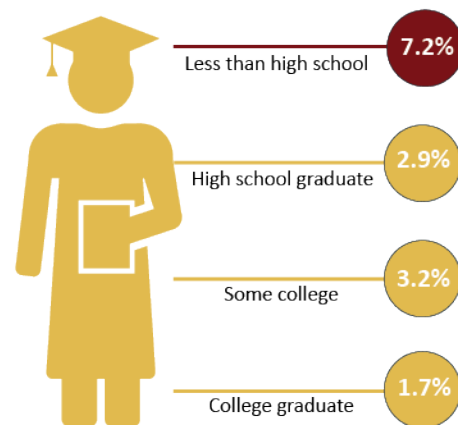
2.7%

District Adults Who Were Diagnosed with Angina or Coronary Heart Disease
DC BRFS 2018 and 2019
(combined)

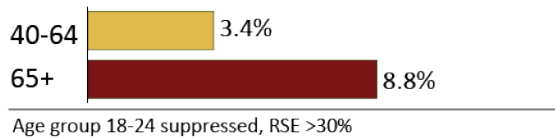
District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Gender
DC BRFS 2018 and 2019 (combined)



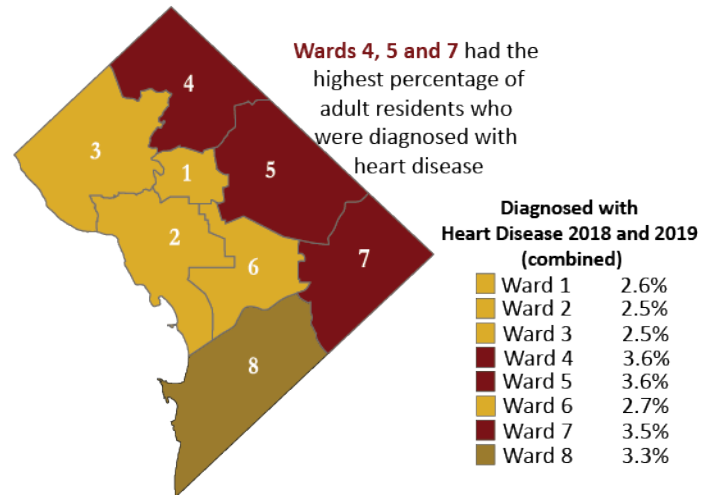
District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Education
DC BRFS 2018 and 2019 (combined)



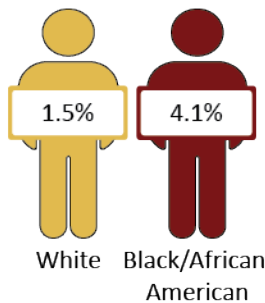
District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Age
DC BRFS 2018 and 2019 (combined)



District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Ward
DC BRFS 2018 and 2019 (combined)

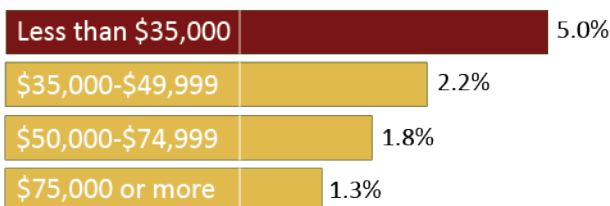


District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Race/Ethnicity
DC BRFS 2018 and 2019 (combined)

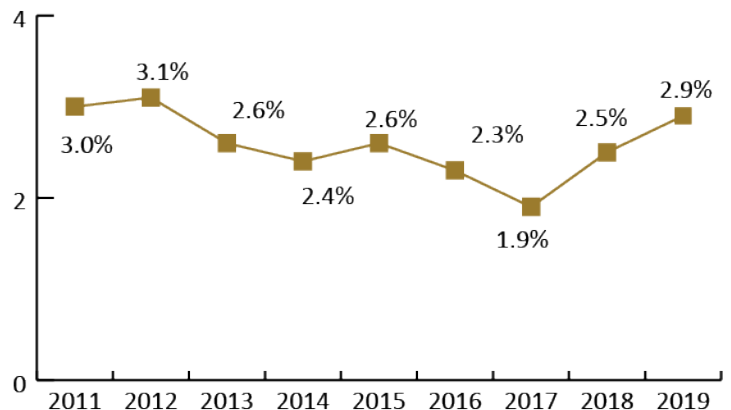


Race/ethnic group Hispanic/Latino and Other suppressed, RSE >30%

District Adults Who Were Diagnosed with Angina or Coronary Heart Disease by Income
DC BRFS 2018 and 2019 (combined)



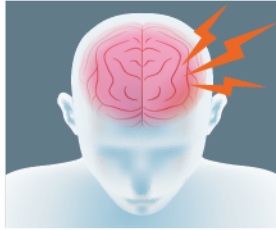
District Adults Who Were Diagnosed with Heart Disease
DC BRFS 2011-2019



Note: Trends are based on single year estimates

3.4%

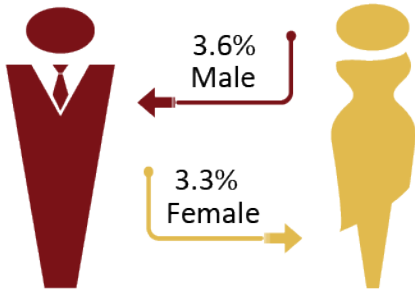
District Adults Who Suffered a Stroke
DC BRFSS 2018 and 2019 (combined)



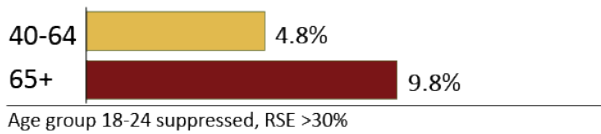
Stroke

“Have a doctor, nurse or other health professional ever told you, that you had a stroke?”

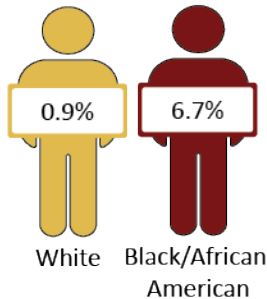
District Adults Who Suffered a Stroke by Gender
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Stroke by Age
DC BRFSS 2018 and 2019 (combined)

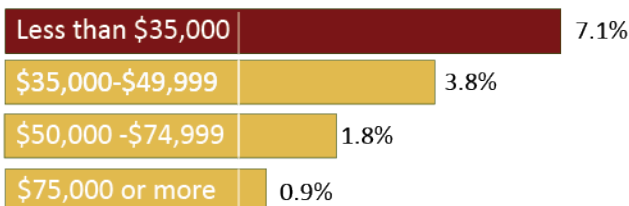


District Adults Who Suffered a Stroke by Race/Ethnicity
DC BRFSS 2018 and 2019 (combined)

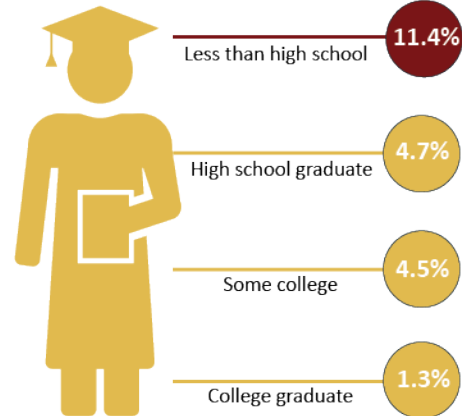


Race/ethnic groups Hispanic/Latino and Other suppressed, RSE >30%

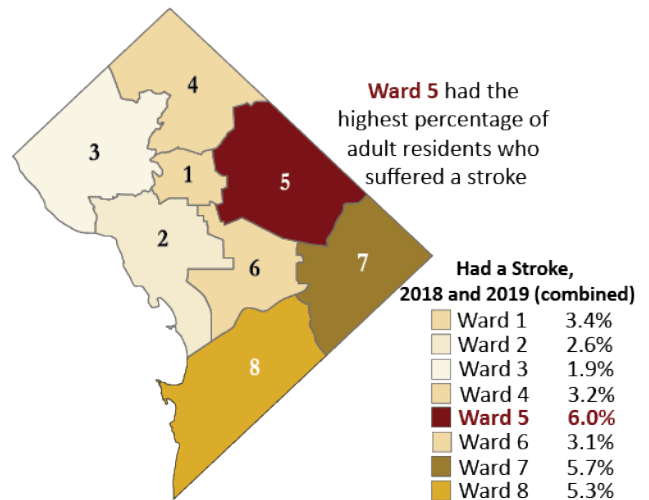
District Adults Who Suffered a Stroke by Income Status
DC BRFSS 2018 and 2019 (combined)



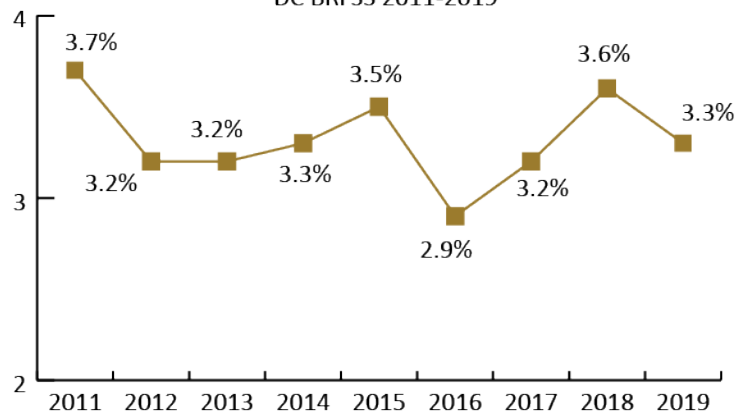
District Adults Who Suffered a Stroke by Education
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Stroke by Ward
DC BRFSS 2018 and 2019 (combined)



District Adults Who Suffered a Stroke
DC BRFSS 2011-2019



Note: Trends are based on single year estimates

DC HEALTHY PEOPLE 2020 UPDATE

The Healthy People 2020 has provided the District of Columbia and the nation with a set of goals to address the rate reduction of health disparities and disease. The Healthy People 2020 can be utilized to develop prevention and intervention strategies designed to decrease chronic disease, injury and disability among vulnerable populations. The BRFSS serves as one of the many tools used to measure and monitor progress of those health objectives.

- Heart Disease and Stroke
- Immunization and Infectious Disease
- Nutrition, Weight State and Physical Activity
- Older Adults
- Sleep Health
- Social Determinants of Health
- Substance Abuse
- Tobacco Use

Healthy People has established benchmarks and monitors progress over time in order to:³

- Encourage collaborations across communities and sectors.
- Empower individuals toward making informed health decisions.
- Measure the impact of prevention activities.

Over the course of the decade, the four (4) foundation health measures will be used to monitor progress toward promoting health, preventing disease and disability, eliminating disparities, and improving quality of life. These broad, cross-cutting measures include:³

- General Health Status
- Health-Related Quality of Life and Well-Being
- Determinants of Health
- Disparities

Where applicable the District of Columbia BRFSS relevant question(s) and data are used to capture Healthy People 2020 goal attainment for the following areas.

- Access to Health Services
- Asthma
- Cancer
- Diabetes

This report includes the DC HP2020 objectives that use BRFSS, relevant survey questions to depict progress over time for each objective. Appendix 1 contains tables with more detailed information about each DC HP2020 that uses BRFSS data.

DC Healthy People Program

The DC Healthy People program with contributions of stakeholders and partners developed the Healthy People 2020 Framework and Annual Report and Action Plan which:

- Support shared goals to achieve collective health improvements
- Facilitate continued cross-sector collaboration to implement and support the recommended evidence-based strategies
- Align our work to achieve health equity by addressing the underlying social and structural determinants of health

For more detailed information about the DC Healthy People program please visit <https://dchealth.dc.gov/page/dc-healthy-people-2020>









Progress Key

Target Met	Improved	Little/No Change	Got Worse	Informational	No Data ⁺⁺	Not Collected
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Baseline is highlighted in 

DC HEALTHY PEOPLE 2020 UPDATE

Objectives	Metric BRFS Related Questions	2011	2012	2013	2014	2015	2016	2017	2018	2019	DC HP 2020 Target	Progress
Access to Health Services												
AHS-1 Reduce the percentage of residents without a usual place of care	When you are sick or need advice about your health, to which one of the following places do you usually go? No place or ER	N/A**	N/A**	N/A**	14.9%	14.5%	12.4%	N/A**	N/A	N/A	13.4%	
AHS-2 Increase the percentage of residents who receive preventive care	About how long has it been since you last visited a doctor for a routine checkup? (1 year)	74.6%	74.1%	73%	74%	76.2%	78.6%	77.0%	80.9	78.7%	80.3%	
Asthma												
A-4 Reduce asthma prevalence	(Current Asthma) Has a doctor, nurse, or other healthcare professional ever told you that you had asthma and do you still have asthma?	10.1%	10.3%	11.9%	11.5%	10.6%	9.8%	9.4%	11.6%	11.4%	10.1%	
A-4.1 Reduce asthma prevalence in adults age 65 and older	(Current Asthma) Has a doctor, nurse, or other healthcare professional ever told you that you had asthma and do you still have asthma?	9.1%	7.4%	9.2%	7.2%	10.1%	8.4%	8.2%	9.3%	10.0%	6.5%	
Cancer												
C-7 Increase the proportion of adults who receive a colorectal cancer screening based on most recent guidelines	Respondents aged 50-75 who have fully met the United States Protective Services Task Force (USPSTF) recommendations for colorectal cancer	N/A**	N/A**	N/A**	67.9%	N/A**	70.4%	N/A**	73.8%	N/A	74.7%	
Diabetes												
D-2 Reduce the number or new cases of diagnosed diabetes in the population	Has a doctor, nurse or other health professional ever told you that you have diabetes?	9.1%	8.2%	7.8%	8.4%	8.5%	7.7%	7.5%	8.4%	8.7%		
D-3.1 Increase the proportion of persons with diagnosed diabetes who have at least an annual eye exam	When was the last time you had an eye exam in which the pupils were dilated?	81.9%	79.1%	74.4%	72.9%	74.8%	77.9%	80.6%	70.6%	70.2%	87.0%	
D-3.2 Increase the proportion of persons with diagnosed diabetes who have at least an annual foot exam	About how many times in the past 12 months has a health professional checked your feet for irritations?	76.9%	71.9%	79.5%	70.6%	80.9%	75%	79%	79.2%	75.2%	84.6%	

Objectives	Metric BRFSS Related Questions	2011	2012	2013	2014	2015	2016	2017	2018	2019	DC HP 2020 Target	Progress
Heart Disease and Stroke												
HDS-4 Reduce the proportion of adults with hypertension	Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?	30%	N/A**	28.4%	N/A**	29.4%	N/A**	26.4%	N/A	27.2%	26.9%	
Immunization and Infectious Disease												
IID-2.3 Increase annual influenza vaccination rate	During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose? (18+ years)	37.7%	36.9%	38.5%	41.3%	40.5%	37.2%	41.3%	44.2%	48.4%	47.9%	
Maternal, Infant and Child Health												
MICH-5.2 Increase well-woman visits	About how long has it been since you last visited a doctor for a routine checkup? (1 year)	N/A**	N/A**	79.4%	76.9%	N/A**	82.7%	79.9%	82.2%	82.5%	87.2%	
Nutrition, Weight Status and Physical Activity												
NWP-1.1 Increase fruit consumption	How many times did you eat fruit? (one or more per day)	N/A**	N/A**	65.2%	N/A**	63%	N/A**	68.9%	N/A	64.4%	71.2%	
NWP-1.2 Increase vegetable consumption	How many times did you eat vegetables? (once or more per day)	N/A**	N/A**	79.1%	N/A**	81%	N/A**	87.7%	N/A	83.5%	83.8%	
NWP-4.2 Reduce the proportion of adults who are obese	About how tall are you and how much do you weigh? (obese)	23.8%	21.9%	22.9%	21.7%	22.1%	22.6%	22.9%	24.7%	23.8%	19.7%	
NWP-6.2 Increase physical activity levels in youth 18-24	During the past month, other than your regular job, did you participate in any physical activities such as running, calisthenics, golf, gardening or walking for exercise?	91.4%	86.7%	79.1%	78.5%	76.2%	86.1%	76.5%	84.1%	83.8%	87%	
NWP-6.3 Increase physical activity levels in adults - 18 years and older	During the past month, other than your regular job, did you participate in any physical activities such as running, calisthenics, golf, gardening or walking for exercise?	80.2%	82.6%	80.5%	79.2%	80.6%	83.8%	75.7%	80.4%	81.0%	88.6%	
Older Adults												
OA-1 Improve overall health of older adults (50+)	Would you say that in general your health is (good, very good or excellent)?	N/A	73.6%	80%	77.6%	78.5%	80%	80%	77.6%	76.0%	90%	
OA-2 Increase seniors who participate in regular physical activity (50+)	During the past month, other than your regular job, did you participate in any physical activities such as running, calisthenics, golf, gardening or walking for exercise?	72.4%	74.5%	76.2%	72.7%	76.1%	79.8%	72.6%	73.8%	77.0%	89.6%	

Objectives	Metric BRFSS Related Questions	2011	2012	2013	2014	2015	2016	2017	2018	2019	DC HP 2020 Target	Progress
Sleep Health												
SH-2 Increase the proportion of adults who get sufficient sleep	On average, how many hours of sleep do you get in a 24-hour period? (7-8 hours) (asked every three years starting in 2014)	N/A**	N/A**	56.5%	59.5%	N/A**	N/A**	N/A**	61.8%	N/A	70.8%	●
Social Determinants of Health												
SDH-5 Decrease economic food insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? (usually or sometimes)	N/A**	N/A**	N/A**	N/A**	N/A**	N/A**	N/A**	6.3%	8.9%	11.6%	●
Substance Abuse												
SU-6 Reduce the proportion of persons engaging in binge drinking during the past 30 days - adults aged 18 years and older	How many times during the past 30 days did you have 4 [for women] or 5 [for men] or more drinks on one occasion? (binge drinking)	25.0%	23.1%	22.4%	24.9%	27.2%	25.6%	25.6%	24.4%	24.6%	20.8%	●
Tobacco Use												
TU-1 Reduce cigarette smoking by adults	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and Have you smoked at least 100 cigarettes in your entire life?	20.8%	19.6%	18.8%	16.4%	16%	14.7%	14.3%	13.8%	13.3%	11.7%	●
TU-1.1 Reduce the proportion of Black/ African American adult smokers	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and Have you smoked at least 100 cigarettes in your entire life?	30.8%	29.1%	28.4%	26%	24.6%	21.8%	22.2%	21.8%	21.1%	19.8%	●
TU-1.2 Reduce the proportion of Hispanic/ Latino/Latino adult smokers	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and Have you smoked at least 100 cigarettes in your entire life?	15.2%	21.7%	14.2%	N/A†	N/A†	8.8%	N/A†	N/A	7.2% ^{cb}	10.7%	●

§ = Monitoring objective for informational purposes only (no established target)

N/A† = Relative Standard Error (RSE) greater than 30 and could not be reported

N/A** = Question not asked in the current year

CB- Combined

OY = Data collected on Odd Year

EY = Data collected on Even Year

Objectives = District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Healthy People 2020 Program

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019 survey

APPENDIX

Table 1. General Health Status (2018 and 2019 combined)

“Would you say that in general your health is, excellent, very good, good, fair or poor?”

	Good or Better Health			Fair or Poor Health			UNW
	%	95% CI		%	95% CI		
TOTAL	86.5%	85.4%	87.5%	13.5%	12.5%	14.6%	6988
GENDER							
Male	87.0%	85.4%	88.5%	13.0%	11.5%	14.6%	3110
Female	85.9%	84.5%	87.3%	14.1%	12.7%	15.5%	3878
AGE							
18-24	93.8%	90.0%	96.2%	6.2%	3.8%	10.0%	318
25-34	91.9%	89.5%	93.8%	8.1%	6.2%	10.5%	817
35-44	91.1%	88.7%	93.0%	8.9%	7.0%	11.3%	898
45-54	86.2%	83.6%	88.4%	13.8%	11.6%	16.4%	1121
55-64	74.1%	70.7%	77.2%	25.9%	22.8%	29.3%	1277
65 or Older	75.7%	73.5%	77.9%	24.3%	22.1%	26.5%	2571
RACE/ETHNICITY							
White	95.3%	94.2%	96.2%	4.7%	3.8%	5.8%	2847
African American/Black	77.2%	75.3%	79.0%	22.8%	21.0%	24.7%	3172
Other	87.2%	82.7%	90.6%	12.8%	9.4%	17.3%	465
Hispanic/Latino	88.7%	84.1%	92.1%	11.3%	7.9%	15.9%	335
EDUCATION							
Less than High School	62.1%	55.8%	68.0%	37.9%	32.0%	44.2%	376
High School	78.5%	75.6%	81.0%	21.5%	19.0%	24.4%	1172
Some College	82.3%	79.3%	84.9%	17.7%	15.1%	20.7%	1097
College Graduate	94.8%	94.0%	95.6%	5.2%	4.4%	6.0%	4310
INCOME							
Less than \$35,000	71.7%	68.8%	74.5%	28.3%	25.5%	31.2%	1682
\$35,000-\$49,999	89.0%	85.9%	91.5%	11.0%	8.5%	14.1%	511
\$50,000-\$74,999	92.4%	89.4%	94.6%	7.6%	5.4%	10.6%	682
\$75,000	95.7%	94.7%	96.6%	4.3%	3.4%	5.3%	3036
EMPLOYMENT STATUS							
Employed	93.5%	92.4%	94.4%	6.5%	5.6%	7.6%	3677
Unemployed	85.7%	82.4%	88.5%	14.3%	11.5%	17.6%	745
Retired	75.5%	72.9%	77.9%	24.5%	22.1%	27.1%	1984
Unable to Work	42.1%	36.1%	48.4%	57.9%	51.6%	63.9%	471
WARD							
Ward 1	89.9%	85.9%	92.9%	10.1%	7.1%	14.1%	496
Ward 2	93.0%	90.1%	95.0%	7.0%	5.0%	9.9%	451
Ward 3	94.2%	91.9%	95.8%	5.8%	4.2%	8.1%	876
Ward 4	86.7%	83.1%	89.6%	13.3%	10.4%	16.9%	864
Ward 5	84.6%	81.1%	87.5%	15.4%	12.5%	18.9%	690
Ward 6	87.3%	84.2%	89.9%	12.7%	10.1%	15.8%	779
Ward 7	75.3%	70.7%	79.4%	24.7%	20.6%	29.3%	688
Ward 8	78.0%	74.0%	81.6%	22.0%	18.4%	26.0%	694

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 2. Healthy Days - Physical Health (2018 and 2019 combined variable)

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?”

	Zero Days when Physical Health Not Good			1-13 Days when Physical Health Not Good			14+ Days when Physical Health Not Good			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	60.6%	59.0%	62.2%	30.4%	28.9%	32.0%	9.0%	8.1%	9.9%	6804
GENDER										
Male	62.6%	60.1%	64.9%	28.0%	25.8%	30.3%	9.4%	8.1%	10.9%	3034
Female	58.9%	56.6%	61.1%	32.5%	30.4%	34.7%	8.6%	7.5%	9.8%	3770
AGE										
18-24	64.3%	58.0%	70.1%	31.2%	25.6%	37.4%	4.5%	2.5%	8.0%	311
25-34	61.5%	57.7%	65.2%	33.0%	29.5%	36.7%	5.5%	3.9%	7.7%	806
35-44	61.7%	58.0%	65.3%	31.7%	28.2%	35.3%	6.6%	5.1%	8.6%	886
45-54	61.1%	57.7%	64.4%	29.4%	26.4%	32.6%	9.5%	7.6%	11.8%	1091
55-64	54.1%	50.6%	57.5%	28.8%	25.8%	32.1%	17.1%	14.5%	20.0%	1247
65 or Older	59.5%	57.0%	61.9%	25.6%	23.5%	27.8%	14.9%	13.1%	16.9%	2477
RACE/ETHNICITY										
White	62.0%	59.3%	64.5%	33.7%	31.1%	36.3%	4.4%	3.5%	5.5%	2815
African American/Black	58.7%	56.4%	61.0%	27.6%	25.5%	29.8%	13.7%	12.2%	15.3%	3056
Other	62.8%	56.7%	68.5%	25.4%	20.6%	30.9%	11.8%	8.2%	16.7%	449
Hispanic/Latino	60.7%	54.2%	66.7%	32.7%	26.9%	39.1%	6.6%	4.3%	10.2%	329
EDUCATION										
Less than High School	46.5%	39.7%	53.4%	34.0%	27.7%	40.9%	19.5%	15.0%	25.0%	351
High School	62.3%	58.5%	65.9%	24.0%	20.8%	27.6%	13.7%	11.5%	16.2%	1108
Some College	59.3%	55.2%	63.4%	28.8%	25.0%	32.9%	11.9%	9.8%	14.4%	1065
College Graduate	62.8%	60.8%	64.8%	32.5%	30.5%	34.5%	4.7%	3.9%	5.6%	4251
INCOME										
Less than \$35,000	52.7%	49.3%	56.1%	30.3%	27.2%	33.6%	17.0%	14.8%	19.5%	1615
\$35,000-\$49,999	65.0%	58.4%	71.0%	27.6%	21.9%	34.3%	7.4%	5.1%	10.5%	493
\$50,000-\$74,999	60.4%	55.1%	65.4%	33.1%	28.2%	38.3%	6.5%	4.6%	9.2%	668
\$75,000	63.9%	61.5%	66.3%	31.6%	29.3%	33.9%	4.5%	3.6%	5.7%	3013
EMPLOYMENT										
Employed	64.2%	62.2%	66.3%	31.1%	29.1%	33.1%	4.7%	3.9%	5.6%	3627
Unemployed	60.1%	55.3%	64.7%	30.4%	26.1%	35.1%	9.5%	7.2%	12.5%	725
Retired	57.9%	55.1%	60.6%	27.8%	25.4%	30.4%	14.3%	12.4%	16.4%	1905
Unable to Work	29.3%	24.0%	35.2%	29.9%	24.2%	36.2%	40.8%	34.8%	47.1%	444
WARD										
Ward 1	57.4%	51.3%	63.3%	35.5%	29.9%	41.6%	7.1%	4.8%	10.4%	490
Ward 2	66.6%	59.8%	72.8%	27.5%	21.6%	34.2%	5.9%	3.9%	9.1%	445
Ward 3	59.6%	54.3%	64.8%	35.3%	30.3%	40.7%	5.1%	3.3%	7.7%	864
Ward 4	59.3%	54.5%	63.9%	31.5%	27.3%	36.1%	9.2%	6.6%	12.7%	844
Ward 5	56.0%	51.2%	60.8%	31.7%	27.3%	36.5%	12.2%	9.5%	15.6%	671
Ward 6	62.3%	57.4%	66.9%	29.0%	24.7%	33.8%	8.7%	6.4%	11.7%	763
Ward 7	55.5%	50.3%	60.6%	28.9%	24.3%	34.0%	15.6%	12.1%	19.9%	671
Ward 8	57.2%	52.2%	62.1%	29.6%	25.2%	34.5%	13.2%	10.4%	16.5%	664

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 3. Healthy Days - Mental Health (2018 and 2019 combined variable)

“Now thinking about your mental health, which includes stress, depression and problems with emotions, for how many days during the past 30 days was your mental health not good?”

	Zero Days when Mental Health Not Good			1-13 Days when Mental Health Not Good			14+ Days when Mental Health Not Good			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	56.8%	55.2%	58.5%	31.1%	29.6%	32.7%	12.1%	11.0%	13.2%	6860
GENDER										
Male	60.6%	58.1%	63.0%	28.8%	26.6%	31.2%	10.6%	9.1%	12.2%	3051
Female	53.5%	51.3%	55.8%	33.1%	31.0%	35.3%	13.4%	11.8%	15.1%	3809
AGE										
18-24	41.6%	35.7%	47.7%	42.4%	36.4%	48.6%	16.0%	11.7%	21.5%	312
25-34	47.5%	43.7%	51.3%	39.5%	35.8%	43.3%	13.0%	10.6%	15.8%	802
35-44	56.9%	53.1%	60.5%	32.8%	29.4%	36.4%	10.4%	8.4%	12.7%	888
45-54	62.1%	58.7%	65.4%	25.5%	22.6%	28.6%	12.4%	10.3%	14.9%	1101
55-64	62.7%	59.3%	66.0%	24.1%	21.2%	27.2%	13.2%	11.0%	15.8%	1249
65 or Older	76.0%	73.8%	78.1%	15.9%	14.2%	17.8%	8.1%	6.8%	9.7%	2521
RACE/ETHNICITY										
White	54.7%	51.9%	57.4%	36.9%	34.2%	39.6%	8.5%	6.9%	10.4%	2816
African American/Black	58.7%	56.4%	61.0%	26.1%	24.0%	28.2%	15.2%	13.5%	17.0%	3097
Other	53.8%	47.7%	59.8%	33.3%	27.7%	39.4%	12.9%	9.7%	16.9%	452
Hispanic/Latino	61.0%	54.7%	66.9%	27.1%	21.9%	33.1%	11.9%	8.4%	16.6%	329
EDUCATION										
Less than High School	56.7%	49.8%	63.3%	23.8%	18.6%	29.9%	19.6%	14.5%	25.9%	362
High School	57.7%	53.7%	61.5%	25.8%	22.4%	29.7%	16.5%	13.8%	19.5%	1134
Some College	51.9%	47.7%	56.0%	30.5%	26.6%	34.7%	17.6%	14.8%	20.9%	1072
College Graduate	58.2%	56.1%	60.3%	34.4%	32.4%	36.5%	7.4%	6.3%	8.6%	4261
INCOME										
Less than \$35,000	52.3%	48.9%	55.7%	26.4%	23.5%	29.6%	21.3%	18.5%	24.3%	1634
\$35,000-\$49,999	60.1%	53.8%	66.2%	28.4%	22.9%	34.6%	11.5%	8.2%	15.9%	501
\$50,000-\$74,999	52.9%	47.7%	58.1%	37.1%	32.2%	42.4%	9.9%	7.1%	13.7%	673
\$75,000	58.9%	56.4%	61.3%	34.4%	32.0%	36.8%	6.7%	5.6%	8.1%	3012
EMPLOYMENT										
Employed	56.3%	54.2%	58.4%	33.8%	31.8%	35.9%	9.8%	8.6%	11.2%	3640
Unemployed	48.6%	43.9%	53.3%	36.5%	32.0%	41.3%	14.9%	11.7%	18.8%	725
Retired	76.7%	74.2%	79.0%	15.6%	13.7%	17.7%	7.7%	6.3%	9.4%	1937
Unable to Work	41.7%	35.8%	47.9%	23.0%	17.8%	29.2%	35.2%	29.3%	41.6%	454
WARD										
Ward 1	50.2%	44.2%	56.2%	39.2%	33.3%	45.4%	10.6%	7.4%	15.0%	489
Ward 2	62.8%	55.5%	69.5%	33.7%	27.0%	41.1%	3.5%	2.1%	5.6%	445
Ward 3	60.9%	55.3%	66.2%	33.2%	27.9%	39.0%	5.8%	4.0%	8.5%	865
Ward 4	61.9%	57.1%	66.5%	27.6%	23.4%	32.2%	10.5%	7.8%	14.1%	849
Ward 5	56.7%	51.8%	61.5%	33.4%	28.7%	38.3%	9.9%	7.4%	13.2%	676
Ward 6	59.7%	54.8%	64.5%	31.2%	26.8%	36.1%	9.0%	6.7%	12.1%	768
Ward 7	53.2%	48.1%	58.3%	29.0%	24.4%	34.0%	17.8%	13.9%	22.5%	674
Ward 8	58.0%	52.9%	63.0%	22.6%	18.7%	27.0%	19.4%	15.1%	24.4%	675

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 4. Health Care Coverage - Coverage (2018 and 2019 combined variable)

“Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs or government plans such as Medicare, or Indian Health Service?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	93.5%	92.5%	94.3%	6.5%	5.7%	7.5%	6966
GENDER							
Male	92.6%	91.1%	93.9%	7.4%	6.1%	8.9%	3094
Female	94.2%	92.8%	95.4%	5.8%	4.6%	7.2%	3872
AGE							
18-24	91.2%	86.4%	94.4%	8.8%	5.6%	13.6%	309
25-34	92.8%	90.5%	94.5%	7.2%	5.5%	9.5%	814
35-44	91.9%	88.9%	94.1%	8.1%	5.9%	11.1%	898
45-54	94.7%	93.0%	95.9%	5.3%	4.1%	7.0%	1119
55-64	93.4%	91.1%	95.1%	6.6%	4.9%	8.9%	1273
65 or Older	97.4%	96.2%	98.2%	2.6%	1.8%	3.8%	2567
RACE/ETHNICITY							
White	97.2%	95.7%	98.2%	2.8%	1.8%	4.3%	2848
African American/Black	91.0%	89.4%	92.4%	9.0%	7.6%	10.6%	3155
Other	93.8%	88.6%	96.7%	6.2%	3.3%	11.4%	462
Hispanic/Latino	89.2%	84.2%	92.7%	10.8%	7.3%	15.8%	332
EDUCATION							
Less than High School	83.5%	76.7%	88.5%	16.5%	11.5%	23.3%	374
High School	90.4%	87.8%	92.4%	9.6%	7.6%	12.2%	1160
Some College	92.7%	90.3%	94.5%	7.3%	5.5%	9.7%	1090
College Graduate	96.6%	95.6%	97.3%	3.4%	2.7%	4.4%	4309
INCOME							
Less than \$35,000	88.8%	86.1%	91.0%	11.2%	9.0%	13.9%	1675
\$35,000-\$49,999	91.5%	87.4%	94.4%	8.5%	5.6%	12.6%	508
\$50,000-\$74,999	94.2%	90.6%	96.5%	5.8%	3.5%	9.4%	681
\$75,000	97.9%	96.9%	98.6%	2.1%	1.4%	3.1%	3037
EMPLOYMENT STATUS							
Employed	93.9%	92.6%	94.9%	6.1%	5.1%	7.4%	3675
Unemployed	89.4%	85.7%	92.2%	10.6%	7.8%	14.3%	735
Retired	98.2%	97.2%	98.8%	1.8%	1.2%	2.8%	1977
Unable to Work	93.0%	89.0%	95.6%	7.0%	4.4%	11.0%	472
WARD							
Ward 1	94.5%	90.8%	96.8%	5.5%	3.2%	9.2%	498
Ward 2	96.9%	91.1%	99.0%	*	1.0%	8.9%	452
Ward 3	97.8%	95.2%	99.0%	*	1.0%	4.8%	877
Ward 4	95.6%	93.1%	97.2%	4.4%	2.8%	6.9%	860
Ward 5	94.6%	91.8%	96.4%	5.4%	3.6%	8.2%	687
Ward 6	94.3%	90.2%	96.7%	5.7%	3.3%	9.8%	775
Ward 7	92.8%	89.7%	95.0%	7.2%	5.0%	10.3%	687
Ward 8	89.0%	84.2%	92.4%	11.0%	7.6%	15.8%	687

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 5. Health Care Access - Multiple Health Care Professionals (2018 and 2019 combined variable)

“Do you have one person you think of as your personal doctor or health care provider?”

	Yes, only one			More than one			No			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	69.5%	67.9%	71.1%	7.8%	7.0%	8.7%	22.7%	21.2%	24.2%	6971
GENDER										
Male	66.5%	64.2%	68.8%	6.6%	5.6%	7.8%	26.8%	24.6%	29.2%	3098
Female	72.1%	69.9%	74.2%	8.9%	7.6%	10.3%	19.0%	17.2%	21.1%	3873
AGE										
18-24	50.7%	44.6%	56.8%	9.5%	6.4%	13.8%	39.8%	33.9%	46.0%	317
25-34	62.1%	58.4%	65.7%	7.5%	5.8%	9.8%	30.3%	27.0%	33.9%	812
35-44	67.1%	63.4%	70.6%	8.1%	6.3%	10.3%	24.8%	21.6%	28.4%	896
45-54	78.1%	75.2%	80.7%	6.0%	4.6%	7.7%	15.9%	13.6%	18.6%	1114
55-64	82.4%	79.5%	84.9%	6.0%	4.6%	7.9%	11.6%	9.5%	14.1%	1273
65 or Older	82.0%	80.0%	83.9%	9.7%	8.4%	11.3%	8.3%	6.9%	9.9%	2573
RACE/ETHNICITY										
White	68.3%	65.6%	70.8%	8.0%	6.7%	9.6%	23.8%	21.4%	26.3%	2846
African American/Black	74.1%	72.0%	76.2%	7.2%	6.2%	8.4%	18.6%	16.7%	20.7%	3163
Other	61.6%	55.6%	67.2%	7.3%	4.6%	11.4%	31.1%	25.8%	37.0%	460
Hispanic/Latino	63.2%	56.9%	69.2%	9.1%	6.0%	13.6%	27.7%	22.3%	33.8%	331
EDUCATION										
Less than High School	70.5%	63.6%	76.6%	5.9%	3.9%	8.9%	23.6%	17.7%	30.6%	378
High School	68.1%	64.3%	71.7%	8.6%	6.6%	11.2%	23.3%	20.1%	26.9%	1164
Some College	67.8%	63.7%	71.7%	8.7%	6.6%	11.3%	23.5%	20.0%	27.4%	1094
College Graduate	70.4%	68.4%	72.3%	7.6%	6.5%	8.8%	22.0%	20.2%	23.9%	4303
INCOME										
Less than \$35,000	67.0%	63.7%	70.2%	8.1%	6.5%	10.1%	24.9%	21.9%	28.1%	1676
\$35,000-\$49,999	66.3%	59.9%	72.2%	7.9%	5.2%	12.0%	25.7%	20.3%	32.1%	507
\$50,000-\$74,999	69.5%	64.2%	74.3%	7.1%	4.7%	10.4%	23.4%	19.0%	28.5%	681
\$75,000	73.5%	71.2%	75.7%	7.3%	6.2%	8.7%	19.1%	17.1%	21.3%	3035
EMPLOYMENT STATUS										
Employed	69.6%	67.5%	71.5%	7.3%	6.3%	8.4%	23.2%	21.4%	25.1%	3668
Unemployed	57.0%	52.2%	61.6%	8.3%	5.9%	11.5%	34.8%	30.3%	39.5%	744
Retired	84.2%	82.0%	86.1%	9.2%	7.7%	10.9%	6.6%	5.3%	8.2%	1982
Unable to Work	74.3%	68.1%	79.7%	9.2%	6.3%	13.3%	16.5%	11.8%	22.5%	472
WARD										
Ward 1	71.5%	65.4%	76.9%	9.8%	6.5%	14.7%	18.7%	14.2%	24.2%	495
Ward 2	76.5%	69.6%	82.3%	5.2%	3.2%	8.6%	18.2%	12.9%	25.1%	450
Ward 3	79.7%	74.7%	83.8%	7.3%	4.9%	10.7%	13.1%	9.6%	17.5%	876
Ward 4	78.7%	74.4%	82.5%	6.9%	4.9%	9.7%	14.3%	11.1%	18.3%	860
Ward 5	74.3%	69.8%	78.3%	6.6%	4.7%	9.1%	19.1%	15.5%	23.4%	686
Ward 6	74.8%	70.0%	79.0%	8.8%	6.4%	12.0%	16.4%	12.8%	20.9%	778
Ward 7	72.4%	67.4%	76.9%	7.5%	5.4%	10.4%	20.2%	16.0%	25.0%	690
Ward 8	73.4%	68.3%	77.9%	6.5%	4.5%	9.4%	20.1%	15.9%	25.1%	690

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 6. Health Care Access - Could Not See a Doctor Because of Cost (2018 and 2019 combined variable)

“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	9.1%	8.2%	10.2%	90.9%	89.8%	91.8%	6981
GENDER							
Male	8.4%	7.1%	9.9%	91.6%	90.1%	92.9%	3104
Female	9.8%	8.4%	11.3%	90.2%	88.7%	91.6%	3877
AGE							
18-24	11.7%	8.3%	16.2%	88.3%	83.8%	91.7%	317
25-34	12.1%	9.9%	14.8%	87.9%	85.2%	90.1%	817
35-44	8.1%	6.2%	10.5%	91.9%	89.5%	93.8%	894
45-54	8.6%	6.7%	10.9%	91.4%	89.1%	93.3%	1117
55-64	8.7%	6.8%	11.0%	91.3%	89.0%	93.2%	1271
65 or Older	4.0%	3.1%	5.1%	96.0%	94.9%	96.9%	2579
RACE/ETHNICITY							
White	6.4%	5.0%	8.0%	93.6%	92.0%	95.0%	2851
African American/Black	10.4%	9.0%	11.9%	89.6%	88.1%	91.0%	3165
Other	10.6%	7.5%	14.8%	89.4%	85.2%	92.5%	463
Hispanic/Latino	14.2%	10.2%	19.4%	85.8%	80.6%	89.8%	331
EDUCATION							
Less than High School	11.1%	7.6%	15.9%	88.9%	84.1%	92.4%	376
High School	11.4%	9.0%	14.4%	88.6%	85.6%	91.0%	1167
Some College	12.1%	9.7%	15.0%	87.9%	85.0%	90.3%	1096
College Graduate	6.9%	5.8%	8.1%	93.1%	91.9%	94.2%	4308
INCOME							
Less than \$35,000	14.5%	12.3%	17.1%	85.5%	82.9%	87.7%	1678
\$35,000-\$49,999	8.4%	5.6%	12.6%	91.6%	87.4%	94.4%	509
\$50,000-\$74,999	10.5%	7.6%	14.3%	89.5%	85.7%	92.4%	683
\$75,000	4.8%	3.7%	6.1%	95.2%	93.9%	96.3%	3037
EMPLOYMENT STATUS							
Employed	8.4%	7.2%	9.7%	91.6%	90.3%	92.8%	3674
Unemployed	12.9%	10.1%	16.4%	87.1%	83.6%	89.9%	743
Retired	3.8%	2.8%	5.1%	96.2%	94.9%	97.2%	1985
Unable to Work	14.5%	10.6%	19.5%	85.5%	80.5%	89.4%	471
WARD							
Ward 1	8.4%	5.3%	13.2%	91.6%	86.8%	94.7%	497
Ward 2	6.9%	4.0%	11.6%	93.1%	88.4%	96.0%	452
Ward 3	7.7%	5.0%	11.9%	92.3%	88.1%	95.0%	877
Ward 4	8.6%	5.9%	12.4%	91.4%	87.6%	94.1%	862
Ward 5	6.9%	4.7%	9.9%	93.1%	90.1%	95.3%	689
Ward 6	5.6%	3.7%	8.3%	94.4%	91.7%	96.3%	779
Ward 7	8.7%	6.3%	12.0%	91.3%	88.0%	93.7%	690
Ward 8	9.3%	6.7%	12.8%	90.7%	87.2%	93.3%	688

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 7. Health Care Access - Length of Time since Last Routine Checkup
 “About how long has it been since you last visited a doctor for a routine checkup?”

	Within the Past Year			Within Past 2 Years			UNW
	%	95% CI		%	95% CI		
TOTAL	78.7%	76.5%	80.8%	13.7%	12.0%	15.7%	2596
GENDER							
Male	74.4%	70.8%	77.7%	15.8%	13.0%	19.0%	1136
Female	82.5%	79.7%	85.0%	11.9%	9.8%	14.5%	1460
AGE							
18-24	70.2%	60.8%	78.2%	23.1%	15.8%	32.3%	131
25-34	72.1%	66.7%	76.9%	17.9%	13.9%	22.7%	346
35-44	77.0%	71.7%	81.4%	14.6%	11.1%	19.1%	336
45-54	82.8%	78.1%	86.6%	11.0%	8.0%	14.9%	396
55-64	83.6%	78.9%	87.5%	8.3%	5.8%	11.7%	451
65 years and older	91.6%	88.9%	93.6%	5.2%	3.6%	7.4%	936
RACE/ETHNICITY							
White	73.4%	69.4%	77.0%	17.9%	14.8%	21.6%	972
African American/Black	86.5%	83.9%	88.8%	7.9%	6.2%	10.1%	1233
Other	77.9%	68.9%	84.9%	12.6%	7.7%	19.9%	178
Hispanic/Latino	71.7%	62.6%	79.3%	18.9%	12.7%	27.3%	145
EDUCATION							
Less than High School	87.4%	80.2%	92.2%	*	*	*	129
High School	84.7%	79.3%	88.9%	9.6%	6.3%	14.3%	424
Some College	76.6%	70.1%	82.1%	15.4%	10.7%	21.7%	443
College Graduate	76.0%	73.1%	78.8%	16.1%	13.8%	18.7%	1582
INCOME							
Less than \$35,000	84.0%	79.8%	87.5%	8.4%	5.9%	11.7%	609
\$35,000-\$49,999	76.1%	65.7%	84.2%	20.1%	12.5%	30.6%	194
\$50,000-\$74,999	75.8%	68.1%	82.2%	15.8%	10.6%	22.8%	264
\$75,000 or more	75.4%	71.8%	78.7%	16.5%	13.6%	19.7%	1127
EMPLOYMENT STATUS							
Employed	75.6%	72.6%	78.3%	16.3%	14.0%	18.9%	1404
Unemployed	77.8%	70.8%	83.5%	13.8%	9.0%	20.5%	284
Retired	92.8%	90.0%	94.9%	4.0%	2.6%	6.1%	697
Unable to Work	89.2%	81.7%	93.9%	*	*	*	154
WARD							
Ward 1	76.1%	65.2%	84.3%	17.1%	10.0%	27.7%	167
Ward 2	75.9%	65.8%	83.7%	17.9%	10.9%	28.0%	169
Ward 3	78.4%	69.3%	85.3%	15.3%	9.0%	24.7%	287
Ward 4	79.9%	73.2%	85.3%	14.9%	10.3%	21.1%	330
Ward 5	84.6%	78.1%	89.5%	11.6%	7.5%	17.6%	264
Ward 6	80.3%	73.2%	85.9%	10.2%	6.4%	15.8%	267
Ward 7	87.4%	81.9%	91.4%	9.5%	6.1%	14.6%	285
Ward 8	88.9%	83.0%	92.9%	5.6%	3.1%	9.8%	276

Note: Within Past 5 years and Never excluded various demographic categories have a RSE greater than 30%

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 8. Hypertension Awareness - Ever Told Blood Pressure High

"Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?"

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	72.8%	70.8%	74.8%	27.2%	25.2%	29.2%	2610
GENDER							
Male	70.8%	67.6%	73.9%	29.2%	26.1%	32.4%	1141
Female	74.6%	72.0%	77.0%	25.4%	23.0%	28.0%	1469
AGE							
18-24	93.3%	87.6%	96.5%	*	*	*	133
25-34	89.4%	85.3%	92.5%	10.6%	7.5%	14.7%	351
35-44	83.7%	79.2%	87.4%	16.3%	12.6%	20.8%	337
45-54	69.1%	63.9%	73.9%	30.9%	26.1%	36.1%	397
55-64	48.3%	42.8%	53.9%	51.7%	46.1%	57.2%	453
65 years and older	38.0%	34.3%	41.8%	62.0%	58.2%	65.7%	939
RACE/ETHNICITY							
White	81.5%	78.7%	84.1%	18.5%	15.9%	21.3%	970
African American/Black	58.1%	54.6%	61.4%	41.9%	38.6%	45.4%	1245
Other	83.1%	76.1%	88.4%	16.9%	11.6%	23.9%	177
Hispanic/Latino	88.0%	81.8%	92.3%	12.0%	7.7%	18.2%	147
EDUCATION							
Less than High School	47.3%	37.1%	57.8%	52.7%	42.2%	62.9%	134
High School	68.9%	63.7%	73.6%	31.1%	26.4%	36.3%	429
Some College	67.0%	61.6%	72.0%	33.0%	28.0%	38.4%	442
College Graduate	80.5%	78.3%	82.5%	19.5%	17.5%	21.7%	1586
INCOME							
Less than \$35,000	62.2%	57.3%	66.9%	37.8%	33.1%	42.7%	612
\$35,000-\$49,999	71.6%	62.8%	78.9%	28.4%	21.1%	37.2%	197
\$50,000-\$74,999	77.9%	72.1%	82.8%	22.1%	17.2%	27.9%	262
\$75,000 or more	78.3%	75.5%	80.8%	21.7%	19.2%	24.5%	1128
EMPLOYMENT STATUS							
Employed	80.7%	78.4%	82.8%	19.3%	17.2%	21.6%	1412
Unemployed	81.5%	76.1%	85.9%	18.5%	14.1%	23.9%	286
Retired	35.6%	31.4%	40.0%	64.4%	60.0%	68.6%	694
Unable to Work	36.8%	27.1%	47.8%	63.2%	52.2%	72.9%	157
WARD							
Ward 1	73.0%	64.8%	79.8%	27.0%	20.2%	35.2%	167
Ward 2	78.3%	71.0%	84.2%	21.7%	15.8%	29.0%	167
Ward 3	77.2%	71.3%	82.2%	22.8%	17.8%	28.7%	286
Ward 4	72.3%	66.3%	77.6%	27.7%	22.4%	33.7%	334
Ward 5	61.3%	54.2%	68.0%	38.7%	32.0%	45.8%	266
Ward 6	73.7%	67.2%	79.3%	26.3%	20.7%	32.8%	268
Ward 7	59.9%	52.5%	66.8%	40.1%	33.2%	47.5%	287
Ward 8	63.0%	55.9%	69.6%	37.0%	30.4%	44.1%	278

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 9. Social Determinants of Health - Neighborhood Crime

“How safe do you consider your neighborhood to be?”

	Extremely/Somewhat Safe			Extremely/Somewhat Unsafe			UNW
	%	95% CI		%	95% CI		
TOTAL	83.1%	80.7%	85.2%	16.9%	14.8%	19.3%	1902
GENDER							
Male	84.3%	80.7%	87.3%	15.7%	12.7%	19.3%	830
Female	82.0%	78.8%	84.8%	18.0%	15.2%	21.2%	1072
AGE							
18-24	76.8%	65.8%	85.1%	23.2%	14.9%	34.2%	76
25-34	79.9%	73.3%	85.2%	20.1%	14.8%	26.7%	192
35-44	80.6%	74.9%	85.3%	19.4%	14.7%	25.1%	246
45-54	86.5%	81.9%	90.0%	13.5%	10.0%	18.1%	299
55-64	84.3%	78.5%	88.7%	15.7%	11.3%	21.5%	353
65 years and older	89.1%	86.2%	91.5%	10.9%	8.5%	13.8%	736
RACE/ETHNICITY							
White	91.9%	88.7%	94.3%	8.1%	5.7%	11.3%	731
African American/Black	74.3%	70.5%	77.8%	25.7%	22.2%	29.5%	906
Other	83.9%	75.2%	89.9%	16.1%	10.1%	24.8%	124
Hispanic/Latino	84.4%	73.4%	91.4%	15.6%	8.6%	26.6%	101
EDUCATION							
Less than High School	80.5%	69.9%	88.0%	19.5%	12.0%	30.1%	81
High School	67.3%	60.2%	73.6%	32.7%	26.4%	39.8%	299
Some College	77.3%	71.0%	82.7%	22.7%	17.3%	29.0%	317
College Graduate	90.8%	88.3%	92.7%	9.2%	7.3%	11.7%	1201
INCOME							
Less than \$35,000	72.2%	66.8%	77.1%	27.8%	22.9%	33.2%	455
\$35,000-\$49,999	79.0%	68.5%	86.7%	21.0%	13.3%	31.5%	137
\$50,000-\$74,999	81.8%	72.8%	88.3%	18.2%	11.7%	27.2%	185
\$75,000 or more	90.9%	87.9%	93.2%	9.1%	6.8%	12.1%	899
EMPLOYMENT STATUS							
Employed	84.8%	81.8%	87.4%	15.2%	12.6%	18.2%	1014
Unemployed	77.8%	70.8%	83.6%	22.2%	16.4%	29.2%	202
Retired	88.7%	85.1%	91.6%	11.3%	8.4%	14.9%	564
Unable to Work	64.8%	52.9%	75.1%	35.2%	24.9%	47.1%	109
WARD							
Ward 1	82.3%	71.5%	89.5%	17.7%	10.5%	28.5%	139
Ward 2	93.8%	86.8%	97.2%	*	*	*	146
Ward 3	98.5%	93.6%	99.7%	*	*	*	238
Ward 4	92.9%	87.2%	96.1%	*	*	*	263
Ward 5	87.8%	80.8%	92.5%	12.2%	7.5%	19.2%	210
Ward 6	90.1%	84.1%	94.0%	9.9%	6.0%	15.9%	212
Ward 7	66.5%	58.1%	73.9%	33.5%	26.1%	41.9%	215
Ward 8	52.4%	43.9%	60.8%	47.6%	39.2%	56.1%	202

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 10. Reaction to Race - Emotionally Upset Based on Race

"Within the past 30 days, have you felt emotionally upset, for example angry, sad, or frustrated, as a result of how you were treated based on your race?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	13.9%	12.0%	16.1%	86.1%	83.9%	88.0%	1905
GENDER							
Male	13.0%	10.2%	16.4%	87.0%	83.6%	89.8%	829
Female	14.7%	12.2%	17.7%	85.3%	82.3%	87.8%	1076
AGE							
18-24	*	*	*	86.2%	76.0%	92.5%	74
25-34	18.0%	13.0%	24.4%	82.0%	75.6%	87.0%	192
35-44	12.5%	8.9%	17.3%	87.5%	82.7%	91.1%	248
45-54	18.1%	13.4%	23.9%	81.9%	76.1%	86.6%	294
55-64	13.2%	9.3%	18.5%	86.8%	81.5%	90.7%	354
65 years and older	7.8%	5.8%	10.4%	92.2%	89.6%	94.2%	743
RACE/ETHNICITY							
White	7.2%	5.0%	10.1%	92.8%	89.9%	95.0%	729
African American/Black	18.6%	15.6%	21.9%	81.4%	78.1%	84.4%	911
Other	15.8%	9.0%	26.2%	84.2%	73.8%	91.0%	121
Hispanic/Latino	18.7%	11.2%	29.4%	81.3%	70.6%	88.8%	103
EDUCATION							
Less than High School	16.8%	9.6%	27.8%	83.2%	72.2%	90.4%	85
High School	14.7%	10.2%	20.8%	85.3%	79.2%	89.8%	299
Some College	18.7%	13.9%	24.8%	81.3%	75.2%	86.1%	323
College Graduate	11.6%	9.4%	14.1%	88.4%	85.9%	90.6%	1193
INCOME							
Less than \$35,000	20.6%	16.1%	26.0%	79.4%	74.0%	83.9%	460
\$35,000-\$49,999	13.8%	7.7%	23.7%	86.2%	76.3%	92.3%	135
\$50,000-\$74,999	13.0%	7.9%	20.7%	87.0%	79.3%	92.1%	185
\$75,000 or more	11.4%	9.0%	14.4%	88.6%	85.6%	91.0%	898
EMPLOYMENT STATUS							
Employed	13.9%	11.5%	16.8%	86.1%	83.2%	88.5%	1014
Unemployed	15.6%	10.6%	22.3%	84.4%	77.7%	89.4%	198
Retired	6.5%	4.6%	9.0%	93.5%	91.0%	95.4%	568
Unable to Work	26.8%	17.4%	38.8%	73.2%	61.2%	82.6%	110
WARD							
Ward 1	20.3%	12.5%	31.2%	79.7%	68.8%	87.5%	142
Ward 2	*	*	*	93.1%	86.1%	96.8%	144
Ward 3	5.1%	2.8%	9.1%	94.9%	90.9%	97.2%	237
Ward 4	9.2%	5.8%	14.3%	90.8%	85.7%	94.2%	265
Ward 5	12.7%	8.1%	19.5%	87.3%	80.5%	91.9%	210
Ward 6	17.5%	11.7%	25.3%	82.5%	74.7%	88.3%	213
Ward 7	20.2%	14.3%	27.6%	79.8%	72.4%	85.7%	216
Ward 8	19.5%	13.7%	26.9%	80.5%	73.1%	86.3%	202

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 11. Demographics - Weight Status

Calculated Variable - "About how much do you weigh without shoes?" and "About how tall are you without shoes?"

	Normal Weight			Overweight			Obese			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	42.4%	39.8%	45.0%	32.1%	29.7%	34.6%	23.8%	21.7%	25.9%	2367
GENDER										
Male	42.4%	38.6%	46.3%	37.1%	33.5%	40.9%	19.4%	16.7%	22.5%	1066
Female	42.4%	38.9%	45.9%	27.5%	24.5%	30.7%	27.8%	24.9%	30.9%	1301
AGE										
18-24	63.8%	54.1%	72.6%	17.9%	11.8%	26.3%	12.9%	7.8%	20.7%	117
25-34	49.0%	43.1%	55.0%	30.7%	25.4%	36.5%	18.7%	14.6%	23.6%	316
35-44	37.6%	32.0%	43.6%	40.5%	34.6%	46.6%	21.1%	16.7%	26.2%	301
45-54	32.6%	27.6%	38.0%	37.9%	32.5%	43.6%	28.8%	23.9%	34.3%	354
55-64	32.1%	26.9%	37.8%	26.8%	22.1%	32.0%	40.5%	34.9%	46.4%	415
65 years and older	37.8%	33.9%	41.9%	34.3%	30.6%	38.1%	25.9%	22.5%	29.5%	864
RACE/ETHNICITY										
White	56.7%	52.6%	60.7%	31.3%	27.7%	35.1%	9.9%	7.9%	12.3%	910
African American/Black	25.1%	22.1%	28.4%	34.0%	30.6%	37.7%	40.4%	36.8%	44.1%	1125
Other	52.6%	42.6%	62.3%	28.2%	20.1%	38.0%	12.6%	8.1%	19.1%	154
Hispanic/Latino	43.2%	33.6%	53.3%	30.4%	21.9%	40.4%	24.5%	17.1%	33.9%	131
EDUCATION										
Less than High School	23.6%	16.4%	32.7%	36.3%	26.5%	47.5%	39.4%	29.8%	49.9%	121
High School	35.6%	29.5%	42.2%	26.9%	21.7%	32.7%	34.9%	29.4%	40.8%	384
Some College	36.3%	29.9%	43.1%	29.3%	23.9%	35.3%	33.1%	27.6%	39.1%	400
College Graduate	49.4%	46.1%	52.7%	33.9%	30.9%	37.1%	15.0%	13.0%	17.2%	1452
INCOME										
Less than \$35,000	31.0%	26.2%	36.2%	27.3%	22.8%	32.4%	39.5%	34.4%	44.8%	573
\$35,000-\$49,999	32.7%	23.7%	43.3%	38.1%	28.7%	48.5%	27.6%	20.6%	36.0%	182
\$50,000-\$74,999	43.5%	35.6%	51.7%	37.1%	29.8%	45.0%	16.7%	12.2%	22.4%	251
\$75,000 or more	50.1%	46.3%	53.9%	33.5%	30.1%	37.0%	15.7%	13.4%	18.3%	1076
EMPLOYMENT STATUS										
Employed	45.1%	41.9%	48.5%	34.2%	31.1%	37.3%	19.4%	17.1%	21.9%	1301
Unemployed	41.6%	34.3%	49.4%	25.2%	19.3%	32.3%	29.4%	23.2%	36.3%	253
Retired	37.5%	33.0%	42.2%	33.5%	29.3%	38.0%	27.7%	23.7%	32.0%	653
Unable to Work	26.3%	18.3%	36.2%	24.6%	15.8%	36.3%	48.3%	37.6%	59.2%	147
WARD										
Ward 1	40.3%	30.6%	50.8%	33.2%	24.5%	43.2%	23.7%	16.1%	33.5%	154
Ward 2	61.1%	50.8%	70.6%	26.8%	18.8%	36.6%	11.1%	6.2%	19.1%	155
Ward 3	54.0%	45.9%	61.9%	30.6%	24.0%	38.2%	14.2%	9.3%	20.9%	270
Ward 4	38.3%	31.4%	45.8%	37.9%	31.1%	45.3%	22.5%	17.3%	28.8%	299
Ward 5	34.6%	27.5%	42.5%	34.1%	27.1%	41.8%	30.4%	24.1%	37.4%	252
Ward 6	39.2%	31.7%	47.1%	34.4%	27.4%	42.1%	24.8%	18.9%	31.7%	247
Ward 7	24.8%	18.6%	32.3%	31.2%	24.0%	39.5%	44.0%	36.3%	52.0%	254
Ward 8	25.2%	19.0%	32.5%	33.0%	26.0%	40.7%	41.3%	34.0%	49.0%	251

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 12. Hypertension Awareness - Blood Pressure Medication (2017 and 2019 combined variable)

"Are you currently taking prescription medication for your high blood pressure?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	73.2%	70.6%	75.7%	26.8%	24.3%	29.4%	2541
GENDER							
Male	66.9%	62.7%	70.9%	33.1%	29.1%	37.3%	1068
Female	79.2%	76.0%	82.1%	20.8%	17.9%	24.0%	1473
AGE							
18-39	29.1%	22.5%	36.7%	70.9%	63.3%	77.5%	213
40-64	77.9%	74.6%	80.9%	22.1%	19.1%	25.4%	1020
65 and older	90.8%	88.6%	92.7%	9.2%	7.3%	11.4%	1254
RACE/ETHNICITY							
White	65.1%	59.4%	70.5%	34.9%	29.5%	40.6%	597
African American/Black	80.1%	77.2%	82.7%	19.9%	17.3%	22.8%	1712
Other	55.7%	43.0%	67.6%	44.3%	32.4%	57.0%	122
Hispanic/Latino	48.4%	33.2%	64.0%	51.6%	36.0%	66.8%	61
EDUCATION							
Less than high school	85.5%	77.6%	90.9%	14.5%	9.1%	22.4%	211
High School Graduate	73.8%	68.0%	78.8%	26.2%	21.2%	32.0%	606
Some College	74.5%	68.7%	79.5%	25.5%	20.5%	31.3%	560
College Graduate	66.7%	62.5%	70.6%	33.3%	29.4%	37.5%	1146
INCOME							
Less than \$35,000	77.3%	72.7%	81.4%	22.7%	18.6%	27.3%	838
\$35,000-\$49,999	80.2%	70.2%	87.4%	19.8%	12.6%	29.8%	215
\$50,000-\$74,999	64.2%	53.8%	73.3%	35.8%	26.7%	46.2%	225
\$75,000+	66.0%	61.2%	70.6%	34.0%	29.4%	38.8%	772
EMPLOYMENT STATUS							
Employed	59.4%	55.1%	63.6%	40.6%	36.4%	44.9%	937
Unemployed	68.0%	58.8%	76.0%	32.0%	24.0%	41.2%	209
Unable to Work	90.6%	88.1%	92.5%	9.4%	7.5%	11.9%	1078
Retired	84.2%	75.7%	90.2%	15.8%	9.8%	24.3%	281
WARD							
Ward 1	70.7%	59.5%	79.9%	29.3%	20.1%	40.5%	154
Ward 2	80.6%	70.2%	88.0%	19.4%	12.0%	29.8%	121
Ward 3	78.6%	70.6%	84.9%	21.4%	15.1%	29.4%	226
Ward 4	70.8%	62.7%	77.8%	29.2%	22.2%	37.3%	350
Ward 5	74.6%	67.6%	80.6%	25.4%	19.4%	32.4%	346
Ward 6	78.9%	70.2%	85.6%	21.1%	14.4%	29.8%	248
Ward 7	80.5%	72.5%	86.6%	19.5%	13.4%	27.5%	370
Ward 8	78.8%	73.1%	83.6%	21.2%	16.4%	26.9%	365

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2017 and 2019 (combined)

Table 13. Cholesterol Awareness - Cholesterol Checked

Calculated Variable - "About how long has it been since you last had your blood cholesterol checked?"

	Had Cholesterol Checked in Past 5 Years			Did not Have Cholesterol Checked in Past 5 Years			Have Never Had Cholesterol Checked			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	92.2%	90.4%	93.6%	2.0%	1.4%	2.8%	5.9%	4.6%	7.5%	2461
GENDER										
Male	90.5%	87.5%	92.9%	2.2%	1.3%	3.7%	7.3%	5.1%	10.2%	1084
Female	93.6%	91.6%	95.2%	1.7%	1.0%	2.9%	4.6%	3.2%	6.5%	1377
AGE										
18-39	87.3%	83.8%	90.1%	2.5%	1.4%	4.3%	10.2%	7.7%	13.5%	557
40-64	95.6%	93.6%	97.0%	1.9%	1.1%	3.1%	2.5%	1.5%	4.3%	962
65 years or older	98.0%	96.3%	99.0%	*	*	*	*	*	*	878
RACE/ETHNICITY										
White	90.5%	87.1%	93.0%	3.2%	2.1%	5.0%	6.3%	4.1%	9.6%	925
African American/Black	94.6%	92.6%	96.1%	*	*	*	4.4%	3.0%	6.3%	1174
Other	85.9%	76.8%	91.8%	*	*	*	*	*	*	164
Hispanic/Latino	93.7%	87.1%	97.0%	*	*	*	*	*	*	138
EDUCATION										
Less than High School	94.8%	88.7%	97.7%	-	-	-	*	*	*	119
High School	90.8%	86.2%	94.0%	*	*	*	6.6%	3.9%	10.7%	396
Some College	88.7%	82.3%	93.0%	*	*	*	10.0%	5.9%	16.5%	414
College Graduate	93.2%	91.1%	94.8%	2.3%	1.5%	3.6%	4.5%	3.1%	6.4%	1518
INCOME										
Less than \$35,000	90.7%	87.0%	93.4%	*	*	*	7.5%	5.1%	11.1%	568
\$35,000-\$49,999	90.5%	81.1%	95.5%	*	*	*	*	*	*	191
\$50,000-\$74,999	93.5%	87.9%	96.6%	*	*	*	*	*	*	248
\$75,000 or more	93.1%	90.2%	95.2%	2.5%	1.4%	4.2%	4.4%	2.7%	7.2%	1087
EMPLOYMENT STATUS										
Employed	92.2%	90.0%	93.9%	2.6%	1.7%	3.9%	5.2%	3.8%	7.2%	1325
Unemployed	83.5%	76.4%	88.7%	*	*	*	15.0%	9.9%	22.1%	263
Retired	98.6%	96.6%	99.4%	*	*	*	*	*	*	678
Unable to Work	99.4%	96.0%	99.9%	-	-	-	*	*	*	146
WARD										
Ward 1	97.6%	91.5%	99.4%	*	*	*	*	*	*	159
Ward 2	86.6%	76.7%	92.7%	*	*	*	*	*	*	163
Ward 3	91.8%	81.3%	96.7%	*	*	*	*	*	*	275
Ward 4	94.8%	89.0%	97.7%	*	*	*	*	*	*	321
Ward 5	93.8%	88.0%	96.9%	*	*	*	*	*	*	255
Ward 6	93.0%	86.9%	96.4%	*	*	*	*	*	*	256
Ward 7	95.1%	90.7%	97.4%	*	*	*	*	*	*	271
Ward 8	93.6%	87.8%	96.8%	*	*	*	*	*	*	261

- no responses for this category

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 14. Cholesterol Awareness - Ever Told Blood Cholesterol High

Calculated Variable - "Have you ever been told by a doctor, nurse or other health professional that your blood cholesterol is high?"

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	71.8%	69.6%	74.0%	28.2%	26.0%	30.4%	2363
GENDER							
Male	70.2%	66.6%	73.5%	29.8%	26.5%	33.4%	1034
Female	73.3%	70.3%	76.1%	26.7%	23.9%	29.7%	1329
AGE							
18-24	90.0%	80.4%	95.2%	*	*	*	80
25-34	86.9%	81.5%	90.9%	13.1%	9.1%	18.5%	289
35-44	80.4%	75.1%	84.8%	19.6%	15.2%	24.9%	302
45-54	70.3%	64.9%	75.1%	29.7%	24.9%	35.1%	376
55-64	53.0%	47.3%	58.6%	47.0%	41.4%	52.7%	428
65 years and older	45.4%	41.5%	49.4%	54.6%	50.6%	58.5%	888
RACE/ETHNICITY							
White	74.8%	71.4%	77.9%	25.2%	22.1%	28.6%	892
African American/Black	66.0%	62.4%	69.5%	34.0%	30.5%	37.6%	1132
Other	77.4%	67.7%	84.9%	22.6%	15.1%	32.3%	151
Hispanic/Latino	82.0%	73.3%	88.4%	18.0%	11.6%	26.7%	131
EDUCATION							
Less than High School	44.8%	33.8%	56.4%	55.2%	43.6%	66.2%	113
High School	78.5%	73.3%	83.0%	21.5%	17.0%	26.7%	377
Some College	70.5%	64.9%	75.5%	29.5%	24.5%	35.1%	388
College Graduate	75.0%	72.4%	77.5%	25.0%	22.5%	27.6%	1471
INCOME							
Less than \$35,000	65.6%	60.1%	70.8%	34.4%	29.2%	39.9%	538
\$35,000-\$49,999	72.9%	64.0%	80.2%	27.1%	19.8%	36.0%	180
\$50,000-\$74,999	79.6%	73.4%	84.7%	20.4%	15.3%	26.6%	241
\$75,000 or more	74.1%	70.9%	77.0%	25.9%	23.0%	29.1%	1058
EMPLOYMENT STATUS							
Employed	79.4%	76.8%	81.7%	20.6%	18.3%	23.2%	1271
Unemployed	74.9%	67.3%	81.3%	25.1%	18.7%	32.7%	236
Retired	44.0%	39.5%	48.6%	56.0%	51.4%	60.5%	666
Unable to Work	43.5%	33.1%	54.4%	56.5%	45.6%	66.9%	142
WARD							
Ward 1	67.1%	57.2%	75.6%	32.9%	24.4%	42.8%	157
Ward 2	70.5%	60.9%	78.6%	29.5%	21.4%	39.1%	154
Ward 3	65.3%	57.9%	72.0%	34.7%	28.0%	42.1%	266
Ward 4	71.8%	64.9%	77.8%	28.2%	22.2%	35.1%	313
Ward 5	70.7%	63.6%	77.0%	29.3%	23.0%	36.4%	247
Ward 6	64.8%	57.6%	71.4%	35.2%	28.6%	42.4%	250
Ward 7	64.3%	56.1%	71.8%	35.7%	28.2%	43.9%	260
Ward 8	69.7%	62.2%	76.3%	30.3%	23.7%	37.8%	256

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 15. Cholesterol Awareness - Currently Taking Medicine for High Cholesterol

Calculated Variable - "Are you currently taking medicine prescribed by your doctor or other health professional for your blood cholesterol?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	50.0%	45.6%	54.4%	50.0%	45.6%	54.4%	891
GENDER							
Male	50.9%	44.3%	57.4%	49.1%	42.6%	55.7%	402
Female	49.2%	43.2%	55.1%	50.8%	44.9%	56.8%	489
AGE							
18-39	*	*	*	92.9%	84.3%	97.0%	67
40-64	48.8%	42.5%	55.1%	51.2%	44.9%	57.5%	339
65 years or older	80.8%	76.4%	84.6%	19.2%	15.4%	23.6%	467
RACE/ETHNICITY							
White	46.3%	39.7%	52.9%	53.7%	47.1%	60.3%	337
African American/Black	61.0%	54.4%	67.3%	39.0%	32.7%	45.6%	447
EDUCATION							
Less than High School	65.5%	49.6%	78.6%	34.5%	21.4%	50.4%	70
High School	52.0%	40.2%	63.6%	48.0%	36.4%	59.8%	127
Some College	50.9%	40.8%	61.0%	49.1%	39.0%	59.2%	158
College Graduate	44.2%	39.0%	49.6%	55.8%	50.4%	61.0%	525
INCOME							
Less than \$35,000	56.1%	46.5%	65.3%	43.9%	34.7%	53.5%	230
\$35,000-\$49,999	57.0%	39.9%	72.5%	43.0%	27.5%	60.1%	67
\$50,000-\$74,999	36.7%	25.4%	49.6%	63.3%	50.4%	74.6%	82
\$75,000 or more	42.8%	36.8%	49.0%	57.2%	51.0%	63.2%	374
EMPLOYMENT STATUS							
Employed	35.1%	29.8%	40.8%	64.9%	59.2%	70.2%	368
Unemployed	31.4%	19.7%	46.0%	68.6%	54.0%	80.3%	63
Retired	78.6%	73.0%	83.4%	21.4%	16.6%	27.0%	364
Unable to Work	65.4%	47.2%	80.0%	34.6%	20.0%	52.8%	80
WARD							
Ward 1	52.7%	36.4%	68.5%	47.3%	31.5%	63.6%	62
Ward 2	56.3%	38.4%	72.6%	43.7%	27.4%	61.6%	58
Ward 3	49.1%	37.7%	60.7%	50.9%	39.3%	62.3%	115
Ward 4	54.2%	40.9%	66.9%	45.8%	33.1%	59.1%	121
Ward 5	58.7%	45.5%	70.7%	41.3%	29.3%	54.5%	92
Ward 6	44.4%	33.1%	56.3%	55.6%	43.7%	66.9%	107
Ward 7	56.2%	41.3%	70.0%	43.8%	30.0%	58.7%	108
Ward 8	50.0%	37.0%	63.0%	50.0%	37.0%	63.0%	92

Note: Race/ethnic category Other and Hispanic/Latino excluded unweighted total count

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 16. Chronic Health Conditions - Ever Diagnosed with a Heart Attack (2018 and 2019 combined variable)							
"Has a doctor, nurse or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"							
	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	2.6%	2.2%	3.0%	97.4%	97.0%	97.8%	6951
GENDER							
Male	3.1%	2.5%	3.8%	96.9%	96.2%	97.5%	3094
Female	2.1%	1.7%	2.6%	97.9%	97.4%	98.3%	3857
AGE							
18-39	*	*	*	99.7%	99.3%	99.9%	1571
40-64	3.7%	2.9%	4.6%	96.3%	95.4%	97.1%	2726
65 years or older	7.6%	6.3%	9.0%	92.4%	91.0%	93.7%	2472
RACE/ETHNICITY							
White	1.0%	0.8%	1.4%	99.0%	98.6%	99.2%	2851
African American/Black	4.6%	3.8%	5.5%	95.4%	94.5%	96.2%	3144
Other	*	*	*	98.7%	97.5%	99.3%	458
Hispanic/Latino	*	*	*	98.7%	97.2%	99.5%	331
EDUCATION							
Less than High School	7.6%	5.2%	10.9%	92.4%	89.1%	94.8%	372
High School	3.5%	2.6%	4.6%	96.5%	95.4%	97.4%	1151
Some College	2.8%	2.0%	3.8%	97.2%	96.2%	98.0%	1090
College Graduate	1.3%	1.0%	1.7%	98.7%	98.3%	99.0%	4307
INCOME							
Less than \$35,000	5.7%	4.6%	7.0%	94.3%	93.0%	95.4%	1664
\$35,000-\$49,999	2.9%	1.8%	4.5%	97.1%	95.5%	98.2%	508
\$50,000-\$74,999	1.1%	0.6%	1.9%	98.9%	98.1%	99.4%	677
\$75,000 or more	0.8%	0.6%	1.2%	99.2%	98.8%	99.4%	3037
EMPLOYMENT STATUS							
Employed	0.8%	0.6%	1.1%	99.2%	98.9%	99.4%	3668
Unemployed	*	*	*	98.5%	97.1%	99.2%	738
Retired	7.2%	5.9%	8.9%	92.8%	91.1%	94.1%	1975
Unable to Work	12.7%	9.6%	16.6%	87.3%	83.4%	90.4%	464
WARD							
Ward 1	*	*	*	98.7%	97.5%	99.4%	495
Ward 2	1.7%	1.0%	3.0%	98.3%	97.0%	99.0%	449
Ward 3	1.7%	1.0%	2.8%	98.3%	97.2%	99.0%	876
Ward 4	3.1%	1.9%	4.8%	96.9%	95.2%	98.1%	855
Ward 5	3.7%	2.3%	5.8%	96.3%	94.2%	97.7%	688
Ward 6	3.0%	2.0%	4.6%	97.0%	95.4%	98.0%	778
Ward 7	3.3%	2.2%	4.9%	96.7%	95.1%	97.8%	687
Ward 8	4.7%	3.2%	6.8%	95.3%	93.2%	96.8%	686

Note: Table displays 2018 and 2019 data to increase sample size for reporting

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 17. Chronic Health Conditions - Diagnosed with Angina or Coronary Heart Disease (2018 and 2019 combined variable)
 “Ever told you had angina or coronary heart disease?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	2.7%	2.3%	3.1%	97.3%	96.9%	97.7%	6950
GENDER							
Male	2.9%	2.4%	3.6%	97.1%	96.4%	97.6%	3096
Female	2.4%	2.0%	3.0%	97.6%	97.0%	98.0%	3854
AGE							
18-39	*	*	*	99.6%	99.3%	99.8%	1578
40-64	3.4%	2.6%	4.4%	96.6%	95.6%	97.4%	2725
65 years or older	8.8%	7.5%	10.3%	91.2%	89.7%	92.5%	2465
RACE/ETHNICITY							
White	1.5%	1.2%	1.8%	98.5%	98.2%	98.8%	2845
African American/Black	4.1%	3.4%	4.9%	95.9%	95.1%	96.6%	3148
Other	*	*	*	97.5%	94.2%	98.9%	463
Hispanic/Latino	*	*	*	99.1%	97.6%	99.7%	330
EDUCATION							
Less than High School	7.2%	4.8%	10.7%	92.8%	89.3%	95.2%	368
High School	2.9%	2.1%	4.0%	97.1%	96.0%	97.9%	1160
Some College	3.2%	2.4%	4.3%	96.8%	95.7%	97.6%	1091
College Graduate	1.7%	1.4%	2.0%	98.3%	98.0%	98.6%	4302
INCOME							
Less than \$35,000	5.0%	4.0%	6.4%	95.0%	93.6%	96.0%	1659
\$35,000-\$49,999	2.2%	1.3%	3.8%	97.8%	96.2%	98.7%	509
\$50,000-\$74,999	1.8%	1.1%	2.9%	98.2%	97.1%	98.9%	680
\$75,000 or more	1.3%	1.0%	1.6%	98.7%	98.4%	99.0%	3031
EMPLOYMENT STATUS							
Employed	1.0%	0.7%	1.3%	99.0%	98.7%	99.3%	3666
Unemployed	*	*	*	98.9%	97.9%	99.5%	739
Retired	7.8%	6.4%	9.4%	92.2%	90.6%	93.6%	1972
Unable to Work	13.3%	9.8%	17.8%	86.7%	82.2%	90.2%	465
WARD							
Ward 1	2.6%	1.6%	4.3%	97.4%	95.7%	98.4%	495
Ward 2	2.5%	1.5%	4.3%	97.5%	95.7%	98.5%	449
Ward 3	2.5%	1.8%	3.6%	97.5%	96.4%	98.2%	873
Ward 4	3.6%	2.4%	5.2%	96.4%	94.8%	97.6%	858
Ward 5	3.6%	2.3%	5.7%	96.4%	94.3%	97.7%	687
Ward 6	2.7%	1.8%	4.0%	97.3%	96.0%	98.2%	776
Ward 7	3.5%	2.3%	5.2%	96.5%	94.8%	97.7%	688
Ward 8	3.3%	2.1%	5.0%	96.7%	95.0%	97.9%	682

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 18. Chronic Health Conditions - Ever Diagnosed with a Stroke (2018 and 2019 combined variable)

"Ever told you had a stroke?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	3.4%	3.0%	4.0%	96.6%	96.0%	97.0%	6982
GENDER							
Male	3.6%	2.9%	4.4%	96.4%	95.6%	97.1%	3106
Female	3.3%	2.8%	4.0%	96.7%	96.0%	97.2%	3876
AGE							
18-39	*	*	*	99.4%	98.8%	99.7%	1582
40-64	4.8%	3.8%	5.9%	95.2%	94.1%	96.2%	2735
65 years or older	9.8%	8.3%	11.4%	90.2%	88.6%	91.7%	2483
RACE/ETHNICITY							
White	0.9%	0.7%	1.2%	99.1%	98.8%	99.3%	2852
African American/Black	6.7%	5.8%	7.9%	93.3%	92.1%	94.2%	3167
Other	*	*	*	97.3%	94.2%	98.7%	465
Hispanic/Latino	*	*	*	98.9%	97.6%	99.5%	333
EDUCATION							
Less than High School	11.4%	8.2%	15.7%	88.6%	84.3%	91.8%	376
High School	4.7%	3.7%	5.9%	95.3%	94.1%	96.3%	1168
Some College	4.5%	3.5%	5.8%	95.5%	94.2%	96.5%	1095
College Graduate	1.3%	1.0%	1.6%	98.7%	98.4%	99.0%	4312
INCOME							
Less than \$35,000	7.1%	5.8%	8.6%	92.9%	91.4%	94.2%	1679
\$35,000-\$49,999	3.8%	2.3%	6.1%	96.2%	93.9%	97.7%	511
\$50,000-\$74,999	1.8%	1.1%	2.9%	98.2%	97.1%	98.9%	683
\$75,000 or more	0.9%	0.7%	1.2%	99.1%	98.8%	99.3%	3035
EMPLOYMENT STATUS							
Employed	1.1%	0.8%	1.5%	98.9%	98.5%	99.2%	3675
Unemployed	1.9%	1.1%	3.4%	98.1%	96.6%	98.9%	745
Retired	9.1%	7.6%	10.9%	90.9%	89.1%	92.4%	1983
Unable to Work	19.5%	15.3%	24.6%	80.5%	75.4%	84.7%	472
WARD							
Ward 1	3.4%	1.9%	5.8%	96.6%	94.2%	98.1%	498
Ward 2	2.6%	1.6%	4.3%	97.4%	95.7%	98.4%	449
Ward 3	1.9%	1.1%	3.0%	98.1%	97.0%	98.9%	876
Ward 4	3.2%	2.3%	4.5%	96.8%	95.5%	97.7%	862
Ward 5	6.0%	4.2%	8.5%	94.0%	91.5%	95.8%	690
Ward 6	3.1%	2.0%	4.8%	96.9%	95.2%	98.0%	777
Ward 7	5.7%	3.9%	8.2%	94.3%	91.8%	96.1%	690
Ward 8	5.3%	3.8%	7.4%	94.7%	92.6%	96.2%	691

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 19. Chronic Health Conditions - Currently Have Asthma (2018 and 2019 combined variable)

Calculated Variable “Ever told you had asthma?” and “Do you still have asthma?”

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	88.5%	87.4%	89.5%	11.5%	10.5%	12.6%	6933
GENDER							
Male	91.6%	90.0%	93.0%	8.4%	7.0%	10.0%	3079
Female	85.8%	84.2%	87.3%	14.2%	12.7%	15.8%	3854
AGE							
18-24	90.2%	85.5%	93.6%	9.8%	6.4%	14.5%	311
25-34	88.1%	85.4%	90.3%	11.9%	9.7%	14.6%	808
35-44	89.7%	87.2%	91.8%	10.3%	8.2%	12.8%	894
45-54	87.6%	85.2%	89.7%	12.4%	10.3%	14.8%	1114
55-64	84.7%	81.7%	87.3%	15.3%	12.7%	18.3%	1264
65 or Older	90.4%	88.7%	91.8%	9.6%	8.2%	11.3%	2556
RACE/ETHNICITY							
White	91.0%	89.2%	92.5%	9.0%	7.5%	10.8%	2832
African American/Black	85.3%	83.5%	86.9%	14.7%	13.1%	16.5%	3146
Other	90.4%	86.4%	93.3%	9.6%	6.7%	13.6%	458
Hispanic/Latino	89.8%	85.3%	93.0%	10.2%	7.0%	14.7%	332
EDUCATION							
Less than High School	77.2%	71.4%	82.1%	22.8%	17.9%	28.6%	376
High School	89.1%	86.8%	91.0%	10.9%	9.0%	13.2%	1160
Some College	87.4%	84.2%	90.0%	12.6%	10.0%	15.8%	1089
College Graduate	90.7%	89.4%	91.9%	9.3%	8.1%	10.6%	4278
INCOME							
Less than \$35,000	83.4%	80.7%	85.7%	16.6%	14.3%	19.3%	1669
\$35,000-\$49,999	90.8%	86.7%	93.8%	9.2%	6.2%	13.3%	505
\$50,000-\$74,999	89.6%	85.9%	92.4%	10.4%	7.6%	14.1%	677
\$75,000	90.7%	89.0%	92.1%	9.3%	7.9%	11.0%	3014
EMPLOYMENT							
Employed	90.2%	88.8%	91.3%	9.8%	8.7%	11.2%	3645
Unemployed	87.1%	83.4%	90.1%	12.9%	9.9%	16.6%	742
Retired	89.3%	87.3%	91.1%	10.7%	8.9%	12.7%	1973
Unable to Work	72.6%	66.4%	78.1%	27.4%	21.9%	33.6%	466
WARD							
Ward 1	89.1%	84.9%	92.2%	10.9%	7.8%	15.1%	494
Ward 2	92.5%	88.1%	95.4%	7.5%	4.6%	11.9%	446
Ward 3	90.0%	84.7%	93.6%	10.0%	6.4%	15.3%	865
Ward 4	90.4%	87.5%	92.6%	9.6%	7.4%	12.5%	859
Ward 5	85.2%	81.2%	88.5%	14.8%	11.5%	18.8%	686
Ward 6	88.2%	84.7%	91.0%	11.8%	9.0%	15.3%	778
Ward 7	82.9%	78.3%	86.6%	17.1%	13.4%	21.7%	687
Ward 8	82.7%	78.7%	86.1%	17.3%	13.9%	21.3%	683

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 20. Chronic Health Conditions - Ever Told You Had Any Other Types of Cancer (2018 and 2019 combined variable)

"Ever told yo had any other types of cancer? (excludes skin cancer)"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	5.2%	4.8%	5.8%	94.8%	94.2%	95.2%	6974
GENDER							
Male	4.2%	3.6%	4.9%	95.8%	95.1%	96.4%	3109
Female	6.2%	5.5%	7.0%	93.8%	93.0%	94.5%	3865
AGE							
18-39	*	*	*	99.5%	99.0%	99.8%	1584
40-64	6.0%	5.1%	7.0%	94.0%	93.0%	94.9%	2732
65 and Older	19.2%	17.3%	21.2%	80.8%	78.8%	82.7%	2478
RACE/ETHNICITY							
White	5.8%	5.0%	6.6%	94.2%	93.4%	95.0%	2842
African American/Black	6.1%	5.3%	7.1%	93.9%	92.9%	94.7%	3168
Other	2.5%	1.5%	4.0%	97.5%	96.0%	98.5%	462
Hispanic/Latino	*	*	*	98.3%	96.4%	99.2%	334
EDUCATION							
Less than High School	7.1%	4.9%	10.4%	92.9%	89.6%	95.1%	380
High School	4.3%	3.4%	5.5%	95.7%	94.5%	96.6%	1164
Some College	4.5%	3.5%	5.7%	95.5%	94.3%	96.5%	1096
College Graduate	5.5%	4.9%	6.2%	94.5%	93.8%	95.1%	4303
INCOME							
Less than \$35,000	5.5%	4.5%	6.7%	94.5%	93.3%	95.5%	1677
\$35,000-\$49,999	5.9%	4.0%	8.5%	94.1%	91.5%	96.0%	508
\$50,000-\$74,999	4.1%	3.0%	5.5%	95.9%	94.5%	97.0%	682
\$75,000	5.3%	4.6%	6.2%	94.7%	93.8%	95.4%	3034
EMPLOYMENT STATUS							
Employed	3.1%	2.6%	3.6%	96.9%	96.4%	97.4%	3673
Unemployed	2.2%	1.5%	3.2%	97.8%	96.8%	98.5%	745
Retired	18.0%	16.0%	20.3%	82.0%	79.7%	84.0%	1978
Unable to Work	9.7%	7.1%	13.0%	90.3%	87.0%	92.9%	470
WARD							
Ward 1	6.0%	4.4%	8.3%	94.0%	91.7%	95.6%	498
Ward 2	7.1%	5.2%	9.7%	92.9%	90.3%	94.8%	451
Ward 3	9.6%	7.7%	11.8%	90.4%	88.2%	92.3%	869
Ward 4	6.3%	4.9%	7.9%	93.7%	92.1%	95.1%	861
Ward 5	7.3%	5.5%	9.6%	92.7%	90.4%	94.5%	689
Ward 6	4.2%	3.1%	5.5%	95.8%	94.5%	96.9%	773
Ward 7	7.2%	5.0%	10.0%	92.8%	90.0%	95.0%	692
Ward 8	5.9%	4.3%	8.0%	94.1%	92.0%	95.7%	691

*Unweighted sample <50 or RSE > 30%,

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 21. Chronic Health Conditions - Ever Told You Had COPD

"Ever told you had chronic obstructive pulmonary disease, COPD, emphysema or chronic bronchitis?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	4.5%	3.7%	5.4%	95.5%	94.6%	96.3%	2603
GENDER							
Male	3.1%	2.2%	4.4%	96.9%	95.6%	97.8%	1138
Female	5.6%	4.5%	7.1%	94.4%	92.9%	95.5%	1465
AGE							
18-39	*	*	*	98.5%	97.3%	99.2%	637
40-64	6.7%	5.1%	8.9%	93.3%	91.1%	94.9%	990
65 years or older	8.9%	6.9%	11.5%	91.1%	88.5%	93.1%	904
RACE/ETHNICITY							
White	1.5%	0.9%	2.6%	98.5%	97.4%	99.1%	974
African American/Black	8.4%	6.7%	10.5%	91.6%	89.5%	93.3%	1236
Other	*	*	*	95.0%	90.0%	97.6%	178
Hispanic/Latino	*	*	*	99.0%	97.4%	99.6%	147
EDUCATION							
Less than High School	14.6%	9.5%	21.8%	85.4%	78.2%	90.5%	131
High School	5.3%	3.6%	7.7%	94.7%	92.3%	96.4%	425
Some College	6.4%	4.4%	9.1%	93.6%	90.9%	95.6%	443
College Graduate	1.8%	1.2%	2.6%	98.2%	97.4%	98.8%	1589
INCOME							
Less than \$35,000	8.7%	6.5%	11.4%	91.3%	88.6%	93.5%	606
\$35,000-\$49,999	*	*	*	97.4%	95.0%	98.6%	195
\$50,000-\$74,999	*	*	*	94.9%	90.8%	97.2%	263
\$75,000 or more	1.3%	0.7%	2.3%	98.7%	97.7%	99.3%	1130
EMPLOYMENT STATUS							
Employed	1.4%	0.9%	2.2%	98.6%	97.8%	99.1%	1411
Unemployed	*	*	*	95.6%	91.9%	97.7%	286
Retired	10.2%	7.7%	13.2%	89.8%	86.8%	92.3%	693
Unable to Work	24.0%	16.8%	33.0%	76.0%	67.0%	83.2%	156
WARD							
Ward 1	*	*	*	95.0%	89.0%	97.8%	167
Ward 2	*	*	*	99.1%	96.9%	99.7%	168
Ward 3	*	*	*	98.2%	95.6%	99.3%	284
Ward 4	4.0%	2.4%	6.8%	96.0%	93.2%	97.6%	334
Ward 5	8.2%	4.9%	13.5%	91.8%	86.5%	95.1%	264
Ward 6	5.1%	2.9%	9.1%	94.9%	90.9%	97.1%	268
Ward 7	9.6%	6.4%	14.3%	90.4%	85.7%	93.6%	285
Ward 8	6.1%	3.6%	10.4%	93.9%	89.6%	96.4%	276

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 22. Chronic Health Conditions - Ever Told You Had a Depressive Disorder

"Ever told you had a depressive disorder (including depression, major depression, dysthymia, or minor depression)?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	20.5%	18.5%	22.6%	79.5%	77.4%	81.5%	2597
GENDER							
Male	17.3%	14.5%	20.5%	82.7%	79.5%	85.5%	1134
Female	23.2%	20.5%	26.2%	76.8%	73.8%	79.5%	1463
AGE							
18-24	18.9%	12.5%	27.4%	81.1%	72.6%	87.5%	131
25-34	25.5%	20.8%	30.9%	74.5%	69.1%	79.2%	349
35-44	18.8%	14.8%	23.5%	81.2%	76.5%	85.2%	336
45-54	19.9%	15.8%	24.7%	80.1%	75.3%	84.2%	394
55-64	21.8%	17.6%	26.7%	78.2%	73.3%	82.4%	451
65 years and older	14.0%	11.5%	16.9%	86.0%	83.1%	88.5%	936
RACE/ETHNICITY							
White	21.3%	18.2%	24.9%	78.7%	75.1%	81.8%	969
African American/Black	20.3%	17.5%	23.4%	79.7%	76.6%	82.5%	1241
Other	16.5%	10.5%	25.0%	83.5%	75.0%	89.5%	175
Hispanic/Latino	18.3%	12.0%	26.9%	81.7%	73.1%	88.0%	146
EDUCATION							
Less than High School	20.7%	13.5%	30.4%	79.3%	69.6%	86.5%	132
High School	23.7%	18.8%	29.5%	76.3%	70.5%	81.2%	426
Some College	22.3%	17.6%	27.9%	77.7%	72.1%	82.4%	443
College Graduate	18.8%	16.4%	21.5%	81.2%	78.5%	83.6%	1580
INCOME							
Less than \$35,000	28.0%	23.4%	33.1%	72.0%	66.9%	76.6%	604
\$35,000-\$49,999	12.4%	7.8%	19.1%	87.6%	80.9%	92.2%	194
\$50,000-\$74,999	20.6%	14.7%	28.1%	79.4%	71.9%	85.3%	263
\$75,000 or more	18.4%	15.6%	21.5%	81.6%	78.5%	84.4%	1128
EMPLOYMENT STATUS							
Employed	18.1%	15.8%	20.8%	81.9%	79.2%	84.2%	1406
Unemployed	26.9%	21.0%	33.9%	73.1%	66.1%	79.0%	283
Retired	13.8%	11.1%	17.1%	86.2%	82.9%	88.9%	696
Unable to Work	40.7%	30.8%	51.5%	59.3%	48.5%	69.2%	155
WARD							
Ward 1	21.5%	14.0%	31.6%	78.5%	68.4%	86.0%	166
Ward 2	21.6%	14.3%	31.4%	78.4%	68.6%	85.7%	167
Ward 3	19.5%	13.6%	27.3%	80.5%	72.7%	86.4%	286
Ward 4	17.1%	12.6%	22.8%	82.9%	77.2%	87.4%	335
Ward 5	13.4%	9.3%	19.0%	86.6%	81.0%	90.7%	263
Ward 6	20.4%	14.7%	27.7%	79.6%	72.3%	85.3%	264
Ward 7	26.7%	20.2%	34.3%	73.3%	65.7%	79.8%	287
Ward 8	24.4%	18.3%	31.6%	75.6%	68.4%	81.7%	276

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 23. Chronic Health Conditions - Ever Told You Had Diabetes

"Ever told you had diabetes?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	8.7%	7.6%	9.9%	89.4%	88.1%	90.6%	2613
GENDER							
Male	8.4%	6.9%	10.2%	90.8%	88.9%	92.4%	1144
Female	8.9%	7.4%	10.6%	88.2%	86.3%	89.9%	1469
AGE							
18-39	*	*	*	97.9%	96.5%	98.7%	641
40-64	12.4%	10.2%	15.0%	84.7%	81.9%	87.2%	991
65 years or older	23.2%	19.9%	26.8%	73.5%	69.8%	76.9%	909
RACE/ETHNICITY							
White	2.1%	1.5%	3.0%	97.1%	96.1%	97.9%	973
African American/Black	17.5%	15.2%	20.1%	79.1%	76.3%	81.6%	1247
Other	*	*	*	94.4%	88.5%	97.4%	178
Hispanic/Latino	*	*	*	96.4%	92.6%	98.3%	147
EDUCATION							
Less than High School	25.4%	18.3%	34.1%	70.0%	60.8%	77.9%	132
High School	10.4%	8.0%	13.5%	87.0%	83.5%	89.8%	430
Some College	13.3%	10.4%	16.8%	84.3%	80.5%	87.4%	446
College Graduate	3.7%	2.9%	4.6%	95.3%	94.2%	96.1%	1589
INCOME							
Less than \$35,000	15.3%	12.4%	18.7%	81.6%	77.8%	84.8%	610
\$35,000-\$49,999	10.8%	7.1%	16.0%	87.7%	82.2%	91.7%	197
\$50,000-\$74,999	6.6%	4.4%	9.9%	91.8%	88.3%	94.3%	264
\$75,000 or more	3.6%	2.8%	4.7%	95.5%	94.4%	96.5%	1131
EMPLOYMENT STATUS							
Employed	3.5%	2.7%	4.4%	95.1%	94.0%	96.1%	1414
Unemployed	5.3%	3.2%	8.8%	92.4%	88.5%	95.1%	287
Retired	25.1%	21.3%	29.3%	71.7%	67.4%	75.6%	699
Unable to Work	41.0%	31.3%	51.5%	54.5%	43.9%	64.6%	155
WARD							
Ward 1	7.8%	4.6%	13.1%	90.0%	84.5%	93.7%	167
Ward 2	*	*	*	94.9%	90.6%	97.3%	169
Ward 3	3.7%	2.0%	6.7%	94.8%	91.3%	96.9%	286
Ward 4	10.1%	7.3%	13.9%	87.6%	83.4%	90.8%	335
Ward 5	15.1%	10.8%	20.6%	82.5%	76.6%	87.1%	266
Ward 6	6.1%	3.8%	9.8%	90.9%	86.5%	93.9%	267
Ward 7	16.0%	11.8%	21.5%	81.3%	75.5%	86.0%	288
Ward 8	18.8%	13.8%	25.0%	78.1%	71.6%	83.4%	278

Category diabetes during pregnancy and no prediabetes excluded RSE was >30%

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 24. Prediabetes - Blood Sugar Test							
"Have you had a test for high blood sugar or diabetes within the past three years?"							
	Yes			No			
	%	95% CI		%	95% CI		UNW
TOTAL	56.3%	53.4%	59.2%	43.7%	40.8%	46.6%	1979
GENDER							
Male	51.5%	47.1%	55.8%	48.5%	44.2%	52.9%	855
Female	60.6%	56.6%	64.3%	39.4%	35.7%	43.4%	1124
AGE							
18-24	30.6%	21.1%	42.1%	69.4%	57.9%	78.9%	95
25-34	49.1%	42.3%	55.9%	50.9%	44.1%	57.7%	249
35-44	55.6%	49.1%	61.9%	44.4%	38.1%	50.9%	285
45-54	65.6%	59.7%	71.0%	34.4%	29.0%	40.3%	331
55-64	65.2%	58.4%	71.4%	34.8%	28.6%	41.6%	328
65 years and older	72.3%	67.9%	76.3%	27.7%	23.7%	32.1%	691
RACE/ETHNICITY							
White	58.5%	53.7%	63.2%	41.5%	36.8%	46.3%	749
African American/Black	57.0%	52.8%	61.1%	43.0%	38.9%	47.2%	919
Other	48.0%	37.8%	58.4%	52.0%	41.6%	62.2%	147
Hispanic/Latino	53.5%	42.6%	64.0%	46.5%	36.0%	57.4%	114
EDUCATION							
Less than High School	39.3%	27.7%	52.3%	60.7%	47.7%	72.3%	87
High School	51.9%	45.1%	58.6%	48.1%	41.4%	54.9%	325
Some College	54.9%	47.6%	62.1%	45.1%	37.9%	52.4%	321
College Graduate	61.3%	57.7%	64.8%	38.7%	35.2%	42.3%	1232
INCOME							
Less than \$35,000	50.4%	44.2%	56.6%	49.6%	43.4%	55.8%	442
\$35,000-\$49,999	62.1%	50.7%	72.3%	37.9%	27.7%	49.3%	141
\$50,000-\$74,999	53.2%	43.7%	62.5%	46.8%	37.5%	56.3%	187
\$75,000 or more	62.2%	58.0%	66.3%	37.8%	33.7%	42.0%	901
EMPLOYMENT STATUS							
Employed	56.2%	52.5%	59.7%	43.8%	40.3%	47.5%	1110
Unemployed	48.6%	40.8%	56.5%	51.4%	43.5%	59.2%	243
Retired	72.4%	67.1%	77.1%	27.6%	22.9%	32.9%	496
Unable to Work	52.1%	36.9%	66.9%	47.9%	33.1%	63.1%	84
WARD							
Ward 1	55.4%	44.3%	66.0%	44.6%	34.0%	55.7%	137
Ward 2	53.8%	42.7%	64.5%	46.2%	35.5%	57.3%	140
Ward 3	63.2%	54.0%	71.5%	36.8%	28.5%	46.0%	251
Ward 4	56.1%	47.6%	64.2%	43.9%	35.8%	52.4%	259
Ward 5	59.7%	50.8%	68.0%	40.3%	32.0%	49.2%	204
Ward 6	54.4%	46.1%	62.4%	45.6%	37.6%	53.9%	222
Ward 7	64.2%	55.0%	72.4%	35.8%	27.6%	45.0%	217
Ward 8	59.4%	50.2%	68.0%	40.6%	32.0%	49.8%	209

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 25. Prediabetes - Diagnosed with Prediabetes (2018 and 2019 combined variable)

“Have you ever been told by a doctor or other health professional that you have prediabetes or borderline diabetes?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	11.5%	10.5%	12.5%	87.6%	86.6%	88.6%	5746
GENDER							
Male	10.0%	8.7%	11.4%	90.0%	88.6%	91.3%	2557
Female	12.9%	11.5%	14.3%	85.4%	83.9%	86.9%	3189
AGE							
18-39	5.8%	4.6%	7.2%	93.1%	91.5%	94.4%	1291
40-64	15.8%	14.1%	17.7%	83.5%	81.6%	85.2%	2311
65 and Older	19.4%	17.4%	21.7%	80.1%	77.9%	82.2%	1983
RACE/ETHNICITY							
White	6.9%	5.9%	8.2%	92.8%	91.5%	93.9%	2491
African American/Black	16.8%	15.1%	18.6%	81.8%	80.0%	83.6%	2435
Other	10.9%	7.6%	15.3%	86.9%	81.8%	90.7%	390
Hispanic/Latino	8.1%	5.3%	12.2%	91.7%	87.5%	94.5%	288
EDUCATION							
Less than High School	15.3%	11.0%	21.0%	83.5%	77.7%	87.9%	266
High School	13.8%	11.6%	16.4%	84.9%	82.2%	87.2%	907
Some College	14.4%	12.0%	17.3%	84.7%	81.8%	87.2%	825
College Graduate	9.0%	8.0%	10.2%	90.2%	89.0%	91.3%	3715
INCOME							
Less than \$35,000	16.4%	14.0%	19.1%	82.1%	79.3%	84.6%	1270
\$35,000-\$49,999	15.0%	11.3%	19.6%	85.0%	80.3%	88.6%	399
\$50,000-\$74,999	11.8%	9.0%	15.1%	87.9%	84.5%	90.7%	548
\$75,000	8.3%	7.2%	9.5%	91.0%	89.7%	92.1%	2651
EMPLOYMENT							
Employed	10.2%	9.0%	11.4%	89.2%	87.9%	90.4%	3169
Unemployed	9.1%	7.0%	11.8%	89.0%	86.0%	91.5%	644
Retired	19.6%	17.3%	22.2%	80.1%	77.5%	82.4%	1542
Unable to Work	20.3%	15.1%	26.8%	77.1%	70.4%	82.6%	294
WARD							
Ward 1	11.0%	8.0%	14.9%	88.3%	84.3%	91.4%	448
Ward 2	7.1%	4.8%	10.3%	92.9%	89.7%	95.2%	410
Ward 3	10.4%	7.9%	13.7%	89.0%	85.7%	91.6%	824
Ward 4	12.2%	9.9%	15.0%	86.6%	83.5%	89.3%	741
Ward 5	13.8%	10.8%	17.3%	85.7%	82.1%	88.7%	564
Ward 6	12.1%	9.7%	15.0%	86.7%	83.6%	89.3%	678
Ward 7	15.7%	12.5%	19.7%	82.4%	78.2%	85.9%	540
Ward 8	14.7%	11.7%	18.3%	83.7%	80.0%	86.9%	545

Note: 2018 and 2019 prediabetes variable combined to increase sample size for reporting and Response category diagnosed with prediabetes during pregnancy excluded RSE greater than 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 26. Chronic Health Conditions - Told Had Arthritis

"Ever told you had some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	17.2%	15.7%	18.8%	82.8%	81.2%	84.3%	2600
GENDER							
Male	13.3%	11.3%	15.6%	86.7%	84.4%	88.7%	1138
Female	20.6%	18.4%	23.0%	79.4%	77.0%	81.6%	1462
AGE							
18-24	*	*	*	96.9%	91.3%	98.9%	133
25-34	5.0%	3.0%	8.2%	95.0%	91.8%	97.0%	351
35-44	8.5%	6.0%	11.9%	91.5%	88.1%	94.0%	335
45-54	16.6%	12.9%	21.2%	83.4%	78.8%	87.1%	396
55-64	30.8%	25.9%	36.2%	69.2%	63.8%	74.1%	450
65 years and older	49.6%	45.7%	53.5%	50.4%	46.5%	54.3%	935
RACE/ETHNICITY							
White	13.4%	11.4%	15.7%	86.6%	84.3%	88.6%	969
African American/Black	24.1%	21.5%	27.0%	75.9%	73.0%	78.5%	1241
Other	7.5%	4.8%	11.6%	92.5%	88.4%	95.2%	178
Hispanic/Latino	11.0%	6.4%	18.3%	89.0%	81.7%	93.6%	146
EDUCATION							
Less than High School	34.2%	25.8%	43.6%	65.8%	56.4%	74.2%	130
High School	19.5%	15.7%	24.0%	80.5%	76.0%	84.3%	428
Some College	20.2%	16.3%	24.7%	79.8%	75.3%	83.7%	444
College Graduate	12.7%	11.2%	14.4%	87.3%	85.6%	88.8%	1582
INCOME							
Less than \$35,000	23.8%	20.1%	27.9%	76.2%	72.1%	79.9%	612
\$35,000-\$49,999	18.8%	13.4%	25.8%	81.2%	74.2%	86.6%	195
\$50,000-\$74,999	12.2%	8.5%	17.3%	87.8%	82.7%	91.5%	263
\$75,000 or more	13.9%	11.9%	16.2%	86.1%	83.8%	88.1%	1125
EMPLOYMENT STATUS							
Employed	11.0%	9.3%	12.9%	89.0%	87.1%	90.7%	1404
Unemployed	10.3%	7.4%	14.2%	89.7%	85.8%	92.6%	287
Retired	50.5%	46.0%	55.0%	49.5%	45.0%	54.0%	695
Unable to Work	34.9%	26.3%	44.6%	65.1%	55.4%	73.7%	156
WARD							
Ward 1	19.7%	13.7%	27.6%	80.3%	72.4%	86.3%	166
Ward 2	16.1%	11.2%	22.7%	83.9%	77.3%	88.8%	167
Ward 3	17.6%	13.5%	22.6%	82.4%	77.4%	86.5%	285
Ward 4	17.5%	13.6%	22.2%	82.5%	77.8%	86.4%	332
Ward 5	20.3%	15.4%	26.2%	79.7%	73.8%	84.6%	266
Ward 6	16.9%	12.7%	22.2%	83.1%	77.8%	87.3%	268
Ward 7	27.1%	21.7%	33.3%	72.9%	66.7%	78.3%	288
Ward 8	25.6%	19.6%	32.7%	74.4%	67.3%	80.4%	275

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 27. Disability - Difficult Concentrating or Remembering (2018 and 2019 variable combined)

“Because of Physical, mental or emotional conditions, do you have serious difficulty concentrating, remembering or making decisions?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	9.5%	8.5%	10.6%	90.5%	89.4%	91.5%	6754
GENDER							
Male	7.6%	6.3%	9.1%	92.4%	90.9%	93.7%	3000
Female	11.2%	9.7%	12.8%	88.8%	87.2%	90.3%	3754
AGE							
18-24	9.1%	5.8%	14.0%	90.9%	86.0%	94.2%	305
25-34	9.9%	7.7%	12.7%	90.1%	87.3%	92.3%	777
35-44	6.5%	5.0%	8.5%	93.5%	91.5%	95.0%	869
45-54	9.8%	7.8%	12.2%	90.2%	87.8%	92.2%	1084
55-64	16.1%	13.2%	19.4%	83.9%	80.6%	86.8%	1220
65 or Older	7.2%	6.0%	8.6%	92.8%	91.4%	94.0%	2512
RACE/ETHNICITY							
White	3.3%	2.2%	4.7%	96.7%	95.3%	97.8%	2800
African American/Black	15.0%	13.2%	16.9%	85.0%	83.1%	86.8%	3034
Other	11.1%	7.9%	15.3%	88.9%	84.7%	92.1%	450
Hispanic/Latino	10.9%	7.4%	15.9%	89.1%	84.1%	92.6%	319
EDUCATION							
Less than High School	28.1%	22.2%	34.9%	71.9%	65.1%	77.8%	358
High School	16.1%	13.4%	19.3%	83.9%	80.7%	86.6%	1102
Some College	12.9%	10.5%	15.7%	87.1%	84.3%	89.5%	1054
College Graduate	3.0%	2.4%	3.8%	97.0%	96.2%	97.6%	4216
INCOME							
Less than \$35,000	23.2%	20.3%	26.5%	76.8%	73.5%	79.7%	1632
\$35,000-\$49,999	5.7%	3.8%	8.6%	94.3%	91.4%	96.2%	505
\$50,000-\$74,999	4.8%	3.1%	7.3%	95.2%	92.7%	96.9%	670
\$75,000	2.7%	2.0%	3.6%	97.3%	96.4%	98.0%	3001
EMPLOYMENT STATUS							
Employed	6.0%	5.0%	7.2%	94.0%	92.8%	95.0%	3580
Unemployed	13.0%	10.0%	16.8%	87.0%	83.2%	90.0%	717
Retired	7.3%	5.9%	9.0%	92.7%	91.0%	94.1%	1945
Unable to Work	39.9%	33.7%	46.6%	60.1%	53.4%	66.3%	448
WARD							
Ward 1	9.8%	6.4%	14.5%	90.2%	85.5%	93.6%	486
Ward 2	*	*	*	97.2%	94.8%	98.5%	441
Ward 3	5.4%	3.1%	9.5%	94.6%	90.5%	96.9%	864
Ward 4	7.1%	4.9%	10.1%	92.9%	89.9%	95.1%	843
Ward 5	8.6%	6.3%	11.5%	91.4%	88.5%	93.7%	667
Ward 6	8.1%	5.9%	11.1%	91.9%	88.9%	94.1%	759
Ward 7	15.8%	11.8%	20.8%	84.2%	79.2%	88.2%	652
Ward 8	20.6%	16.1%	26.0%	79.4%	74.0%	83.9%	662

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 28. Disability - Difficulty Walking or Climbing Stairs (2018 and 2019 combined variable)

“Do you have serious difficulty walking or climbing stairs?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	11.3%	10.4%	12.3%	88.7%	87.7%	89.6%	6753
GENDER							
Male	9.3%	8.1%	10.7%	90.7%	89.3%	91.9%	3005
Female	13.1%	11.8%	14.5%	86.9%	85.5%	88.2%	3748
AGE							
18-24	*	*	*	97.3%	93.9%	98.8%	304
25-34	4.5%	3.1%	6.6%	95.5%	93.4%	96.9%	777
35-44	5.8%	4.1%	8.0%	94.2%	92.0%	95.9%	869
45-54	10.8%	8.8%	13.3%	89.2%	86.7%	91.2%	1080
55-64	24.3%	21.2%	27.6%	75.7%	72.4%	78.8%	1221
65 or Older	26.5%	24.3%	28.9%	73.5%	71.1%	75.7%	2514
RACE/ETHNICITY							
White	3.5%	2.9%	4.4%	96.5%	95.6%	97.1%	2797
African American	21.0%	19.2%	22.9%	79.0%	77.1%	80.8%	3041
Other	7.3%	5.3%	10.0%	92.7%	90.0%	94.7%	444
Hispanic	7.2%	4.4%	11.4%	92.8%	88.6%	95.6%	318
EDUCATION							
Less than High School	35.2%	29.3%	41.5%	64.8%	58.5%	70.7%	358
High School	17.3%	15.0%	19.9%	82.7%	80.1%	85.0%	1106
Some College	14.7%	12.4%	17.4%	85.3%	82.6%	87.6%	1050
College Graduate	4.2%	3.6%	4.8%	95.8%	95.2%	96.4%	4211
INCOME							
Less than \$35,000	24.7%	22.1%	27.4%	75.3%	72.6%	77.9%	1633
\$35,000-\$49,999	12.0%	9.0%	15.9%	88.0%	84.1%	91.0%	504
\$50,000-\$74,999	7.2%	5.4%	9.6%	92.8%	90.4%	94.6%	673
\$75,000	2.6%	2.0%	3.4%	97.4%	96.6%	98.0%	2995
EMPLOYMENT STATUS							
Employed	3.9%	3.2%	4.7%	96.1%	95.3%	96.8%	3570
Unemployed	8.9%	6.8%	11.6%	91.1%	88.4%	93.2%	717
Retired	27.0%	24.5%	29.7%	73.0%	70.3%	75.5%	1949
Unable to Work	58.8%	52.3%	65.0%	41.2%	35.0%	47.7%	451
WARD							
Ward 1	10.0%	7.0%	14.1%	90.0%	85.9%	93.0%	482
Ward 2	4.6%	2.8%	7.4%	95.4%	92.6%	97.2%	439
Ward 3	5.3%	3.9%	7.2%	94.7%	92.8%	96.1%	865
Ward 4	10.1%	7.6%	13.3%	89.9%	86.7%	92.4%	839
Ward 5	14.6%	11.7%	17.9%	85.4%	82.1%	88.3%	671
Ward 6	12.0%	9.6%	14.9%	88.0%	85.1%	90.4%	758
Ward 7	23.1%	19.0%	27.8%	76.9%	72.2%	81.0%	653
Ward 8	20.7%	17.3%	24.6%	79.3%	75.4%	82.7%	670

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 29. Disability - Difficulty Doing Errands Alone (2018 and 2019 combined variable)

“Because of a physical, mental or emotional conditions, do you have difficulty doing errands alone such as visiting a doctor’s office or shopping?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	5.9%	5.2%	6.6%	94.1%	93.4%	94.8%	6728
GENDER							
Male	5.3%	4.3%	6.5%	94.7%	93.5%	95.7%	2991
Female	6.4%	5.5%	7.4%	93.6%	92.6%	94.5%	3737
AGE							
18-24	*	*	*	97.6%	94.4%	99.0%	303
25-34	3.4%	2.2%	5.3%	96.6%	94.7%	97.8%	773
35-44	4.2%	3.0%	6.0%	95.8%	94.0%	97.0%	865
45-54	5.4%	3.9%	7.3%	94.6%	92.7%	96.1%	1073
55-64	11.3%	9.0%	14.0%	88.7%	86.0%	91.0%	1225
65 or Older	10.7%	9.2%	12.4%	89.3%	87.6%	90.8%	2502
RACE/ETHNICITY							
White	1.9%	1.3%	2.7%	98.1%	97.3%	98.7%	2792
African American/Black	10.6%	9.2%	12.1%	89.4%	87.9%	90.8%	3024
Other	5.5%	3.3%	9.0%	94.5%	91.0%	96.7%	444
Hispanic/Latino	3.2%	1.5%	6.5%	96.8%	93.5%	98.5%	316
EDUCATION							
Less than High School	18.0%	13.7%	23.3%	82.0%	76.7%	86.3%	357
High School	8.6%	7.0%	10.6%	91.4%	89.4%	93.0%	1098
Some College	8.6%	6.7%	11.0%	91.4%	89.0%	93.3%	1048
College Graduate	1.9%	1.5%	2.4%	98.1%	97.6%	98.5%	4199
INCOME							
Less than \$35,000	14.0%	12.0%	16.4%	86.0%	83.6%	88.0%	1627
\$35,000-\$49,999	3.1%	1.9%	5.1%	96.9%	94.9%	98.1%	498
\$50,000-\$74,999	2.4%	1.3%	4.4%	97.6%	95.6%	98.7%	669
\$75,000	1.5%	1.0%	2.2%	98.5%	97.8%	99.0%	2993
EMPLOYMENT STATUS							
Employed	1.8%	1.3%	2.5%	98.2%	97.5%	98.7%	3558
Unemployed	5.1%	3.5%	7.2%	94.9%	92.8%	96.5%	714
Retired	9.9%	8.3%	11.7%	90.1%	88.3%	91.7%	1941
Unable to Work	40.5%	34.4%	46.9%	59.5%	53.1%	65.6%	448
WARD							
Ward 1	4.0%	2.4%	6.6%	96.0%	93.4%	97.6%	482
Ward 2	*	*	*	98.1%	96.5%	99.0%	439
Ward 3	2.4%	1.3%	4.3%	97.6%	95.7%	98.7%	862
Ward 4	5.1%	3.4%	7.7%	94.9%	92.3%	96.6%	839
Ward 5	8.1%	6.0%	10.7%	91.9%	89.3%	94.0%	668
Ward 6	5.0%	3.5%	7.2%	95.0%	92.8%	96.5%	753
Ward 7	13.2%	9.8%	17.5%	86.8%	82.5%	90.2%	648
Ward 8	10.6%	7.9%	14.1%	89.4%	85.9%	92.1%	663

*Unweighted sample <50 or RSE > 30%

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 30. Tobacco Use - Smoked at Least 100 Cigarettes

"Have you smoked at least 100 cigarettes in your entire life?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	33.5%	31.1%	35.9%	66.5%	64.1%	68.9%	2423
GENDER							
Male	38.3%	34.6%	42.1%	61.7%	57.9%	65.4%	1060
Female	29.3%	26.3%	32.5%	70.7%	67.5%	73.7%	1363
AGE							
18-24	*	*	*	89.0%	78.6%	94.7%	122
25-34	27.0%	21.9%	32.8%	73.0%	67.2%	78.1%	316
35-44	36.3%	30.7%	42.2%	63.7%	57.8%	69.3%	317
45-54	33.2%	28.0%	38.8%	66.8%	61.2%	72.0%	365
55-64	44.0%	38.3%	49.7%	56.0%	50.3%	61.7%	420
65 years and older	49.3%	45.3%	53.3%	50.7%	46.7%	54.7%	883
RACE/ETHNICITY							
White	30.4%	26.8%	34.3%	69.6%	65.7%	73.2%	930
African American/Black	40.5%	36.9%	44.2%	59.5%	55.8%	63.1%	1144
Other	23.5%	15.8%	33.6%	76.5%	66.4%	84.2%	160
Hispanic/Latino	23.9%	16.7%	32.9%	76.1%	67.1%	83.3%	133
EDUCATION							
Less than High School	60.3%	49.3%	70.3%	39.7%	29.7%	50.7%	117
High School	36.9%	31.2%	43.0%	63.1%	57.0%	68.8%	384
Some College	38.7%	32.8%	44.9%	61.3%	55.1%	67.2%	413
College Graduate	26.3%	23.7%	29.1%	73.7%	70.9%	76.3%	1500
INCOME							
Less than \$35,000	45.4%	40.0%	51.0%	54.6%	49.0%	60.0%	579
\$35,000-\$49,999	31.5%	23.6%	40.7%	68.5%	59.3%	76.4%	180
\$50,000-\$74,999	25.1%	19.4%	31.9%	74.9%	68.1%	80.6%	256
\$75,000 or more	30.3%	27.0%	33.8%	69.7%	66.2%	73.0%	1090
EMPLOYMENT STATUS							
Employed	29.6%	26.8%	32.7%	70.4%	67.3%	73.2%	1326
Unemployed	25.0%	19.0%	32.2%	75.0%	67.8%	81.0%	264
Retired	49.5%	44.8%	54.1%	50.5%	45.9%	55.2%	670
Unable to Work	63.0%	52.5%	72.4%	37.0%	27.6%	47.5%	143
WARD							
Ward 1	29.8%	21.9%	39.3%	70.2%	60.7%	78.1%	156
Ward 2	30.6%	22.6%	40.1%	69.4%	59.9%	77.4%	160
Ward 3	34.2%	27.3%	41.9%	65.8%	58.1%	72.7%	270
Ward 4	32.3%	26.2%	38.9%	67.7%	61.1%	73.8%	317
Ward 5	28.1%	22.0%	35.2%	71.9%	64.8%	78.0%	251
Ward 6	39.1%	31.8%	46.9%	60.9%	53.1%	68.2%	248
Ward 7	40.6%	32.8%	48.8%	59.4%	51.2%	67.2%	257
Ward 8	47.6%	39.3%	56.0%	52.4%	44.0%	60.7%	253

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 31. Tobacco Use - Current Smoker (2018 and 2019 combined variable)

Calculated Variable - Adults who are current smokers

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	86.7%	85.5%	87.9%	13.3%	12.1%	14.5%	6552
GENDER							
Male	84.4%	82.4%	86.2%	15.6%	13.8%	17.6%	2921
Female	88.8%	87.3%	90.1%	11.2%	9.9%	12.7%	3631
AGE							
18-24	94.7%	90.9%	96.9%	5.3%	3.1%	9.1%	296
25-34	85.9%	82.7%	88.6%	14.1%	11.4%	17.3%	751
35-44	86.4%	83.4%	88.9%	13.6%	11.1%	16.6%	850
45-54	85.7%	83.0%	87.9%	14.3%	12.1%	17.0%	1042
55-64	79.7%	76.6%	82.4%	20.3%	17.6%	23.4%	1199
65 or Older	89.1%	87.2%	90.8%	10.9%	9.2%	12.8%	2419
RACE/ETHNICITY							
White	93.1%	91.5%	94.4%	6.9%	5.6%	8.5%	2741
African American/Black	78.9%	76.7%	80.9%	21.1%	19.1%	23.3%	2932
Other	85.0%	79.2%	89.5%	15.0%	10.5%	20.8%	432
Hispanic/Latino	92.8%	88.7%	95.5%	7.2%	4.5%	11.3%	306
EDUCATION							
Less than High School	66.8%	59.8%	73.1%	33.2%	26.9%	40.2%	344
High School	78.0%	74.7%	81.1%	22.0%	18.9%	25.3%	1064
Some College	82.6%	79.4%	85.4%	17.4%	14.6%	20.6%	1020
College Graduate	94.3%	93.2%	95.2%	5.7%	4.8%	6.8%	4101
INCOME							
Less than \$35,000	74.4%	71.2%	77.3%	25.6%	22.7%	28.8%	1597
\$35,000-\$49,999	85.4%	80.4%	89.3%	14.6%	10.7%	19.6%	476
\$50,000-\$74,999	90.1%	86.5%	92.8%	9.9%	7.2%	13.5%	659
\$75,000	93.9%	92.6%	95.0%	6.1%	5.0%	7.4%	2934
EMPLOYMENT STATUS							
Employed	89.8%	88.4%	91.1%	10.2%	8.9%	11.6%	3467
Unemployed	83.6%	79.9%	86.7%	16.4%	13.3%	20.1%	697
Retired	87.2%	84.8%	89.2%	12.8%	10.8%	15.2%	1883
Unable to Work	64.9%	58.1%	71.2%	35.1%	28.8%	41.9%	443
WARD							
Ward 1	88.8%	84.3%	92.2%	11.2%	7.8%	15.7%	471
Ward 2	91.5%	86.8%	94.6%	8.5%	5.4%	13.2%	427
Ward 3	94.8%	92.1%	96.7%	5.2%	3.3%	7.9%	835
Ward 4	91.4%	88.4%	93.6%	8.6%	6.4%	11.6%	812
Ward 5	88.8%	85.6%	91.4%	11.2%	8.6%	14.4%	653
Ward 6	86.8%	82.5%	90.2%	13.2%	9.8%	17.5%	735
Ward 7	77.8%	72.3%	82.4%	22.2%	17.6%	27.7%	628
Ward 8	73.4%	68.7%	77.6%	26.6%	22.4%	31.3%	645

Note: 2018 and 2019 data were combined to increase sample size for reporting

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 32. Tobacco Use - E-Cigarette

“Have you ever used an e-cigarette or other electronic “vaping” product, even just one time, in your entire life?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	21.1%	18.8%	23.7%	78.9%	76.3%	81.2%	1998
GENDER							
Male	27.2%	23.3%	31.3%	72.8%	68.7%	76.7%	871
Female	15.9%	13.2%	19.0%	84.1%	81.0%	86.8%	1127
AGE							
18-24	27.9%	18.6%	39.7%	72.1%	60.3%	81.4%	80
25-34	35.8%	29.1%	43.0%	64.2%	57.0%	70.9%	209
35-44	23.0%	18.1%	28.9%	77.0%	71.1%	81.9%	255
45-54	18.9%	14.5%	24.2%	81.1%	75.8%	85.5%	307
55-64	11.9%	8.2%	16.8%	88.1%	83.2%	91.8%	374
65 years and older	6.2%	4.5%	8.5%	93.8%	91.5%	95.5%	773
RACE/ETHNICITY							
White	21.8%	17.9%	26.2%	78.2%	73.8%	82.1%	744
African American/Black	19.1%	16.1%	22.5%	80.9%	77.5%	83.9%	975
Other	24.2%	15.9%	35.0%	75.8%	65.0%	84.1%	129
Hispanic/Latino	25.8%	17.2%	36.7%	74.2%	63.3%	82.8%	107
EDUCATION							
Less than High School	*	*	*	91.4%	82.1%	96.1%	92
High School	22.9%	17.2%	29.7%	77.1%	70.3%	82.8%	316
Some College	24.8%	19.0%	31.7%	75.2%	68.3%	81.0%	344
College Graduate	21.3%	18.4%	24.6%	78.7%	75.4%	81.6%	1239
INCOME							
Less than \$35,000	22.2%	17.6%	27.5%	77.8%	72.5%	82.4%	489
\$35,000-\$49,999	21.6%	14.2%	31.6%	78.4%	68.4%	85.8%	149
\$50,000-\$74,999	19.9%	12.7%	29.9%	80.1%	70.1%	87.3%	195
\$75,000 or more	22.8%	19.4%	26.7%	77.2%	73.3%	80.6%	917
EMPLOYMENT STATUS							
Employed	25.0%	21.8%	28.5%	75.0%	71.5%	78.2%	1063
Unemployed	18.3%	12.9%	25.4%	81.7%	74.6%	87.1%	212
Retired	7.9%	5.6%	11.1%	92.1%	88.9%	94.4%	593
Unable to Work	18.3%	10.5%	30.1%	81.7%	69.9%	89.5%	114
WARD							
Ward 1	21.0%	13.2%	31.6%	79.0%	68.4%	86.8%	146
Ward 2	26.3%	17.6%	37.4%	73.7%	62.6%	82.4%	149
Ward 3	18.3%	11.7%	27.4%	81.7%	72.6%	88.3%	239
Ward 4	18.0%	12.4%	25.3%	82.0%	74.7%	87.6%	277
Ward 5	16.7%	11.3%	24.1%	83.3%	75.9%	88.7%	220
Ward 6	23.7%	16.9%	32.2%	76.3%	67.8%	83.1%	226
Ward 7	25.6%	19.2%	33.3%	74.4%	66.7%	80.8%	227
Ward 8	19.3%	13.2%	27.4%	80.7%	72.6%	86.8%	216

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 33. Tobacco Use - Hookah (2018 and 2019 combined variable)

"Have you ever tried smoking tobacco in a water pipe in your entire life, even one or two puffs?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	24.2%	22.6%	25.8%	75.8%	74.2%	77.4%	5509
GENDER							
Male	27.9%	25.5%	30.4%	72.1%	69.6%	74.5%	2432
Female	20.9%	18.8%	23.2%	79.1%	76.8%	81.2%	3077
AGE							
18-24	16.9%	12.0%	23.2%	83.1%	76.8%	88.0%	203
25-34	41.4%	36.8%	46.2%	58.6%	53.8%	63.2%	510
35-44	33.0%	29.3%	36.9%	67.0%	63.1%	70.7%	707
45-54	19.8%	17.0%	22.9%	80.2%	77.1%	83.0%	881
55-64	12.3%	10.3%	14.7%	87.7%	85.3%	89.7%	1051
65 or Older	8.5%	7.3%	9.9%	91.5%	90.1%	92.7%	2161
RACE/ETHNICITY							
White	33.4%	30.7%	36.3%	66.6%	63.7%	69.3%	2290
African American/Black	16.9%	15.0%	19.1%	83.1%	80.9%	85.0%	2520
Other	23.1%	17.9%	29.3%	76.9%	70.7%	82.1%	345
Hispanic/Latino	20.8%	15.7%	27.2%	79.2%	72.8%	84.3%	247
EDUCATION							
Less than High School	10.5%	6.5%	16.4%	89.5%	83.6%	93.5%	292
High School	13.6%	10.8%	17.1%	86.4%	82.9%	89.2%	883
Some College	21.5%	17.7%	25.8%	78.5%	74.2%	82.3%	850
College Graduate	31.2%	29.1%	33.4%	68.8%	66.6%	70.9%	3466
INCOME							
Less than \$35,000	15.1%	12.6%	18.1%	84.9%	81.9%	87.4%	1348
\$35,000-\$49,999	21.6%	16.4%	27.8%	78.4%	72.2%	83.6%	400
\$50,000-\$74,999	26.9%	21.5%	32.9%	73.1%	67.1%	78.5%	539
\$75,000	32.8%	30.3%	35.4%	67.2%	64.6%	69.7%	2485
EMPLOYMENT STATUS							
Employed	30.1%	27.9%	32.3%	69.9%	67.7%	72.1%	2838
Unemployed	20.9%	16.9%	25.6%	79.1%	74.4%	83.1%	564
Retired	8.9%	7.5%	10.5%	91.1%	89.5%	92.5%	1681
Unable to Work	9.9%	6.7%	14.4%	90.1%	85.6%	93.3%	371
WARD							
Ward 1	32.9%	27.1%	39.3%	67.1%	60.7%	72.9%	439
Ward 2	23.4%	17.9%	30.1%	76.6%	69.9%	82.1%	398
Ward 3	26.6%	21.8%	32.1%	73.4%	67.9%	78.2%	769
Ward 4	20.7%	16.7%	25.3%	79.3%	74.7%	83.3%	732
Ward 5	25.4%	20.8%	30.5%	74.6%	69.5%	79.2%	585
Ward 6	28.2%	23.5%	33.4%	71.8%	66.6%	76.5%	668
Ward 7	19.3%	15.2%	24.2%	80.7%	75.8%	84.8%	566
Ward 8	18.5%	14.7%	23.1%	81.5%	76.9%	85.3%	577

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 34. Alcohol Consumption - Days in Past 30 Days Had Alcoholic Beverage

“During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverages such as beer, wine, a malt beverage or liquor?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	68.6%	66.1%	71.0%	31.4%	29.0%	33.9%	2387
GENDER							
Male	71.2%	67.6%	74.6%	28.8%	25.4%	32.4%	1049
Female	66.3%	62.9%	69.6%	33.7%	30.4%	37.1%	1338
AGE							
18-24	63.5%	53.4%	72.6%	36.5%	27.4%	46.6%	120
25-34	81.1%	75.9%	85.4%	18.9%	14.6%	24.1%	309
35-44	72.3%	65.9%	77.9%	27.7%	22.1%	34.1%	312
45-54	69.3%	63.9%	74.3%	30.7%	25.7%	36.1%	363
55-64	61.0%	55.1%	66.6%	39.0%	33.4%	44.9%	415
65 years and older	51.5%	47.5%	55.5%	48.5%	44.5%	52.5%	868
RACE/ETHNICITY							
White	84.3%	80.9%	87.2%	15.7%	12.8%	19.1%	922
African American/Black	55.0%	51.3%	58.6%	45.0%	41.4%	48.7%	1119
Other	55.7%	45.4%	65.5%	44.3%	34.5%	54.6%	159
Hispanic/Latino	65.5%	55.1%	74.6%	34.5%	25.4%	44.9%	133
EDUCATION							
Less than High School	35.1%	25.3%	46.4%	64.9%	53.6%	74.7%	117
High School	58.0%	51.5%	64.1%	42.0%	35.9%	48.5%	370
Some College	57.7%	51.3%	63.8%	42.3%	36.2%	48.7%	406
College Graduate	80.9%	78.4%	83.1%	19.1%	16.9%	21.6%	1485
INCOME							
Less than \$35,000	52.0%	46.5%	57.5%	48.0%	42.5%	53.5%	566
\$35,000-\$49,999	61.8%	51.6%	71.0%	38.2%	29.0%	48.4%	179
\$50,000-\$74,999	75.5%	69.0%	81.0%	24.5%	19.0%	31.0%	253
\$75,000 or more	82.2%	79.4%	84.8%	17.8%	15.2%	20.6%	1085
EMPLOYMENT STATUS							
Employed	76.7%	73.8%	79.5%	23.3%	20.5%	26.2%	1311
Unemployed	59.1%	51.4%	66.5%	40.9%	33.5%	48.6%	259
Retired	51.2%	46.6%	55.8%	48.8%	44.2%	53.4%	658
Unable to Work	42.2%	31.1%	54.1%	57.8%	45.9%	68.9%	141
WARD							
Ward 1	70.2%	60.1%	78.6%	29.8%	21.4%	39.9%	151
Ward 2	82.9%	75.1%	88.6%	17.1%	11.4%	24.9%	160
Ward 3	85.5%	80.0%	89.7%	14.5%	10.3%	20.0%	268
Ward 4	64.9%	57.4%	71.8%	35.1%	28.2%	42.6%	311
Ward 5	62.4%	54.9%	69.4%	37.6%	30.6%	45.1%	245
Ward 6	71.3%	63.5%	78.1%	28.7%	21.9%	36.5%	248
Ward 7	58.2%	50.4%	65.6%	41.8%	34.4%	49.6%	254
Ward 8	55.0%	46.5%	63.3%	45.0%	36.7%	53.5%	249

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 35. Alcohol Consumption - Binge Drinker (2018 and 2019 combined variable)

Calculated Variable - Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	75.4%	73.7%	76.9%	24.6%	23.1%	26.3%	6376
GENDER							
Male	72.4%	70.0%	74.7%	27.6%	25.3%	30.0%	2826
Female	77.9%	75.7%	80.0%	22.1%	20.0%	24.3%	3550
AGE							
18-24	70.3%	64.0%	75.9%	29.7%	24.1%	36.0%	284
25-34	58.9%	54.9%	62.8%	41.1%	37.2%	45.1%	725
35-44	74.5%	71.1%	77.6%	25.5%	22.4%	28.9%	828
45-54	82.5%	79.7%	85.1%	17.5%	14.9%	20.3%	1027
55-64	86.4%	83.6%	88.7%	13.6%	11.3%	16.4%	1165
65 or Older	93.8%	92.5%	94.9%	6.2%	5.1%	7.5%	2352
RACE/ETHNICITY							
White	66.4%	63.6%	69.1%	33.6%	30.9%	36.4%	2702
African American/Black	83.0%	80.9%	85.0%	17.0%	15.0%	19.1%	2828
Other	76.7%	71.0%	81.7%	23.3%	18.3%	29.0%	419
Hispanic/Latino	79.9%	74.2%	84.6%	20.1%	15.4%	25.8%	297
EDUCATION							
Less than High School	81.6%	74.9%	86.8%	18.4%	13.2%	25.1%	330
High School	80.1%	76.4%	83.4%	19.9%	16.6%	23.6%	1014
Some College	78.0%	73.7%	81.8%	22.0%	18.2%	26.3%	975
College Graduate	71.9%	69.8%	73.9%	28.1%	26.1%	30.2%	4036
INCOME							
Less than \$35,000	82.3%	79.2%	85.0%	17.7%	15.0%	20.8%	1537
\$35,000-\$49,999	72.1%	65.3%	78.1%	27.9%	21.9%	34.7%	465
\$50,000-\$74,999	72.1%	66.6%	77.0%	27.9%	23.0%	33.4%	643
\$75,000	70.3%	67.8%	72.6%	29.7%	27.4%	32.2%	2906
EMPLOYMENT							
Employed	70.2%	68.1%	72.2%	29.8%	27.8%	31.9%	3397
Unemployed	77.2%	72.5%	81.4%	22.8%	18.6%	27.5%	669
Retired	92.5%	90.8%	93.9%	7.5%	6.1%	9.2%	1828
Unable to Work	86.8%	80.0%	91.5%	13.2%	8.5%	20.0%	426
WARD							
Ward 1	72.4%	66.4%	77.7%	27.6%	22.3%	33.6%	458
Ward 2	70.9%	63.3%	77.5%	29.1%	22.5%	36.7%	419
Ward 3	79.0%	73.7%	83.6%	21.0%	16.4%	26.3%	820
Ward 4	80.4%	75.8%	84.3%	19.6%	15.7%	24.2%	796
Ward 5	80.5%	75.7%	84.6%	19.5%	15.4%	24.3%	636
Ward 6	73.9%	68.8%	78.5%	26.1%	21.5%	31.2%	714
Ward 7	80.5%	75.3%	84.9%	19.5%	15.1%	24.7%	604
Ward 8	80.1%	75.2%	84.2%	19.9%	15.8%	24.8%	621

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 36. Alcohol Consumption - Heavy Drinker

Calculative Variable - Heavy drinkers (adult men having more than 14 drinks per week and adult women having more than 7 drinks per week)

	No			Yes			UNW
	%	95% CI		%	95% CI		
TOTAL	91.6%	90.0%	93.0%	8.4%	7.0%	10.0%	2340
GENDER							
Male	93.6%	91.2%	95.4%	6.4%	4.6%	8.8%	1031
Female	89.9%	87.5%	91.8%	10.1%	8.2%	12.5%	1309
AGE							
18-24	94.8%	88.0%	97.9%	*	*	*	116
25-34	88.5%	83.8%	91.9%	11.5%	8.1%	16.2%	301
35-44	90.6%	86.6%	93.5%	9.4%	6.5%	13.4%	305
45-54	92.6%	89.1%	95.1%	7.4%	4.9%	10.9%	357
55-64	93.3%	90.3%	95.5%	6.7%	4.5%	9.7%	405
65 years and older	93.6%	91.4%	95.3%	6.4%	4.7%	8.6%	856
RACE/ETHNICITY							
White	89.1%	86.1%	91.5%	10.9%	8.5%	13.9%	917
African American/Black	93.6%	91.5%	95.2%	6.4%	4.8%	8.5%	1085
Other	94.2%	88.7%	97.1%	*	*	*	154
Hispanic/Latino	92.0%	84.2%	96.2%	*	*	*	131
EDUCATION							
Less than High School	96.5%	91.0%	98.7%	*	*	*	111
High School	93.0%	88.8%	95.7%	7.0%	4.3%	11.2%	358
Some College	89.7%	84.5%	93.3%	10.3%	6.7%	15.5%	396
College Graduate	91.1%	88.9%	92.9%	8.9%	7.1%	11.1%	1466
INCOME							
Less than \$35,000	93.0%	89.7%	95.3%	7.0%	4.7%	10.3%	552
\$35,000-\$49,999	87.1%	76.8%	93.3%	*	*	*	176
\$50,000-\$74,999	94.1%	88.2%	97.2%	*	*	*	250
\$75,000 or more	90.1%	87.5%	92.1%	9.9%	7.9%	12.5%	1069
EMPLOYMENT STATUS							
Employed	90.0%	87.7%	91.9%	10.0%	8.1%	12.3%	1286
Unemployed	95.4%	91.5%	97.6%	*	*	*	250
Retired	93.6%	91.2%	95.4%	6.4%	4.6%	8.8%	652
Unable to Work	93.9%	86.4%	97.4%	*	*	*	135
WARD							
Ward 1	92.8%	85.5%	96.5%	*	*	*	151
Ward 2	89.7%	82.2%	94.3%	10.3%	5.7%	17.8%	157
Ward 3	89.2%	83.3%	93.2%	10.8%	6.8%	16.7%	267
Ward 4	89.1%	83.2%	93.0%	10.9%	7.0%	16.8%	302
Ward 5	94.6%	88.6%	97.6%	*	2.4%	11.4%	237
Ward 6	92.5%	87.5%	95.6%	7.5%	4.4%	12.5%	241
Ward 7	92.6%	87.7%	95.6%	7.4%	4.4%	12.3%	248
Ward 8	91.2%	84.2%	95.3%	*	4.7%	15.8%	244

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 37. Exercise - Exercise in Past 30 Days

“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, gold, gardening or walking for exercise?”

	Had Physical Activity or Exercise			No Physical Activity or Exercise			UNW
	%	95% CI		%	95% CI		
TOTAL	81.0%	78.8%	83.0%	19.0%	17.0%	21.2%	2397
GENDER							
Male	82.7%	79.3%	85.6%	17.3%	14.4%	20.7%	1045
Female	79.6%	76.6%	82.3%	20.4%	17.7%	23.4%	1352
AGE							
18-24	83.8%	74.8%	90.0%	16.2%	10.0%	25.2%	120
25-34	84.0%	79.0%	87.9%	16.0%	12.1%	21.0%	313
35-44	81.6%	75.8%	86.4%	18.4%	13.6%	24.2%	316
45-54	82.0%	77.0%	86.1%	18.0%	13.9%	23.0%	364
55-64	77.8%	72.2%	82.5%	22.2%	17.5%	27.8%	412
65 years and older	74.9%	71.0%	78.4%	25.1%	21.6%	29.0%	872
RACE/ETHNICITY							
White	90.6%	87.6%	92.9%	9.4%	7.1%	12.4%	925
African American/Black	70.0%	66.5%	73.3%	30.0%	26.7%	33.5%	1125
Other	87.3%	77.5%	93.1%	12.7%	6.9%	22.5%	161
Hispanic/Latino	78.9%	68.6%	86.4%	21.1%	13.6%	31.4%	132
EDUCATION							
Less than High School	56.7%	45.3%	67.4%	43.3%	32.6%	54.7%	114
High School	70.0%	63.7%	75.6%	30.0%	24.4%	36.3%	375
Some College	74.7%	68.8%	79.8%	25.3%	20.2%	31.2%	408
College Graduate	90.2%	88.3%	91.8%	9.8%	8.2%	11.7%	1490
INCOME							
Less than \$35,000	66.9%	61.6%	71.8%	33.1%	28.2%	38.4%	566
\$35,000-\$49,999	72.8%	62.8%	80.9%	27.2%	19.1%	37.2%	179
\$50,000-\$74,999	82.8%	76.5%	87.7%	17.2%	12.3%	23.5%	252
\$75,000 or more	91.2%	88.9%	93.1%	8.8%	6.9%	11.1%	1085
EMPLOYMENT STATUS							
Employed	84.4%	81.7%	86.8%	15.6%	13.2%	18.3%	1316
Unemployed	82.4%	76.1%	87.4%	17.6%	12.6%	23.9%	261
Retired	73.5%	69.0%	77.6%	26.5%	22.4%	31.0%	665
Unable to Work	53.9%	42.7%	64.8%	46.1%	35.2%	57.3%	133
WARD							
Ward 1	86.7%	77.8%	92.4%	13.3%	7.6%	22.2%	154
Ward 2	89.9%	83.0%	94.3%	10.1%	5.7%	17.0%	161
Ward 3	93.9%	90.1%	96.3%	6.1%	3.7%	9.9%	268
Ward 4	81.3%	74.8%	86.5%	18.7%	13.5%	25.2%	310
Ward 5	79.9%	73.2%	85.2%	20.1%	14.8%	26.8%	246
Ward 6	91.9%	87.5%	94.9%	8.1%	5.1%	12.5%	248
Ward 7	70.0%	62.1%	76.9%	30.0%	23.1%	37.9%	251
Ward 8	66.4%	58.4%	73.5%	33.6%	26.5%	41.6%	252

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 38. Exercise - Aerobic and Strengthening Guidelines

Calculated variable - Aerobic and Strengthening Guidelines

	Met Both Guidelines			Met Aerobic Guidelines Only			Met Strengthening Guidelines Only			Did not Meet Either Guidelines			UNW
	%	95% CI		%	95% CI		%	95% CI		%	95% CI		
TOTAL	27.2%	24.8%	29.7%	27.7%	25.4%	30.3%	13.7%	11.9%	15.8%	31.4%	28.8%	34.0%	2139
GENDER													
Male	29.5%	26.0%	33.2%	25.8%	22.5%	29.4%	16.2%	13.3%	19.7%	28.5%	24.7%	32.6%	946
Female	25.2%	22.0%	28.7%	29.4%	26.2%	33.0%	11.5%	9.3%	14.1%	33.9%	30.4%	37.5%	1193
AGE													
18-24	32.4%	23.7%	42.5%	25.8%	18.2%	35.3%	*	*	*	32.9%	24.2%	43.1%	118
25-34	24.5%	19.6%	30.1%	26.5%	21.4%	32.4%	18.6%	14.3%	23.8%	30.4%	24.9%	36.5%	290
35-44	27.6%	22.5%	33.3%	26.9%	21.6%	32.9%	15.3%	11.1%	20.8%	30.2%	24.6%	36.6%	287
45-54	28.2%	23.0%	34.1%	28.7%	23.5%	34.6%	12.3%	8.7%	17.2%	30.7%	25.4%	36.7%	308
55-64	23.2%	18.9%	28.2%	29.4%	24.4%	34.9%	13.3%	9.6%	18.2%	34.1%	28.3%	40.4%	374
65 years and older	29.8%	26.2%	33.7%	30.6%	26.9%	34.5%	7.9%	6.0%	10.4%	31.7%	27.8%	35.9%	762
RACE/ETHNICITY													
White	31.1%	27.3%	35.2%	33.6%	29.8%	37.7%	15.2%	12.2%	18.8%	20.1%	16.7%	24.0%	858
African American/Black	22.1%	19.1%	25.5%	22.3%	19.3%	25.7%	13.3%	10.8%	16.2%	42.3%	38.4%	46.2%	982
Other	29.8%	21.6%	39.6%	21.1%	14.2%	30.3%	16.6%	9.5%	27.4%	32.4%	23.2%	43.3%	145
Hispanic/Latino	27.3%	19.0%	37.7%	25.8%	17.6%	36.2%	*	*	*	39.9%	29.8%	50.9%	118
EDUCATION													
Less than High School	*	*	*	18.8%	10.9%	30.5%	*	*	*	53.1%	40.0%	65.8%	91
High School	21.5%	16.4%	27.7%	25.5%	19.8%	32.1%	11.5%	8.0%	16.1%	41.6%	34.9%	48.6%	327
Some College	26.2%	20.7%	32.6%	21.3%	16.3%	27.3%	14.7%	10.2%	20.9%	37.7%	31.2%	44.7%	354
College Graduate	31.0%	28.0%	34.2%	31.3%	28.2%	34.5%	14.2%	11.9%	16.9%	23.5%	20.7%	26.5%	1359
INCOME													
Less than \$35,000	21.1%	16.3%	26.7%	20.7%	16.5%	25.6%	13.7%	10.0%	18.4%	44.6%	38.9%	50.5%	498
\$35,000-\$49,999	18.9%	12.4%	27.8%	27.7%	19.0%	38.5%	16.7%	9.4%	28.0%	36.6%	27.2%	47.2%	159
\$50,000-\$74,999	33.7%	26.2%	42.0%	19.2%	13.4%	26.7%	11.9%	7.3%	18.7%	35.2%	27.8%	43.4%	233
\$75,000 or more	31.3%	27.9%	35.0%	32.5%	29.0%	36.2%	14.0%	11.5%	17.0%	22.2%	18.9%	25.9%	1011
EMPLOYMENT													
Employed	28.5%	25.5%	31.7%	28.3%	25.3%	31.5%	15.2%	12.8%	17.9%	28.0%	24.9%	31.2%	1198
Unemployed	25.0%	18.4%	33.0%	28.7%	22.2%	36.3%	11.4%	7.1%	17.7%	34.9%	27.5%	43.0%	227
Retired	29.0%	24.9%	33.4%	29.3%	25.2%	33.7%	8.3%	6.1%	11.3%	33.4%	28.9%	38.2%	590
Unable to Work	9.3%	5.5%	15.1%	13.5%	7.5%	22.9%	16.4%	9.4%	27.2%	60.8%	48.7%	71.7%	109
WARD													
Ward 1	28.9%	21.0%	38.4%	27.1%	18.9%	37.4%	*	*	*	32.1%	22.6%	43.5%	142
Ward 2	33.7%	24.8%	43.9%	32.4%	22.8%	43.8%	*	*	*	20.6%	12.7%	31.7%	144
Ward 3	30.7%	23.9%	38.4%	40.0%	32.0%	48.6%	13.0%	8.2%	20.0%	16.3%	10.0%	25.4%	248
Ward 4	27.5%	21.2%	34.8%	26.9%	20.7%	34.1%	10.3%	6.6%	15.8%	35.3%	27.9%	43.5%	276
Ward 5	25.1%	18.8%	32.7%	27.1%	20.4%	35.0%	14.3%	9.2%	21.4%	33.5%	26.3%	41.6%	219
Ward 6	26.9%	20.3%	34.7%	36.6%	29.3%	44.6%	13.7%	8.8%	20.6%	22.8%	17.0%	29.9%	228
Ward 7	25.0%	18.6%	32.7%	21.5%	15.8%	28.6%	10.6%	6.8%	16.2%	42.9%	34.8%	51.4%	225
Ward 8	20.8%	13.2%	31.2%	19.0%	13.4%	26.0%	13.8%	9.0%	20.8%	46.4%	37.6%	55.5%	210

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 39. Fruits and Vegetables - Fruit Consumption

"Not including juices, how often did you eat fruit?"

	Consumed Fruit One or More Times Per Day			Consumed Fruit Less than One Time Per Day			UNW
	%	95% CI		%	95% CI		
TOTAL	64.4%	61.7%	67.0%	35.6%	33.0%	38.3%	2232
GENDER							
Male	60.7%	56.7%	64.7%	39.3%	35.3%	43.3%	973
Female	67.5%	64.0%	70.8%	32.5%	29.2%	36.0%	1259
AGE							
18-24	50.5%	40.6%	60.4%	49.5%	39.6%	59.4%	113
25-34	60.3%	54.1%	66.1%	39.7%	33.9%	45.9%	288
35-44	70.4%	64.3%	75.8%	29.6%	24.2%	35.7%	290
45-54	66.2%	60.5%	71.5%	33.8%	28.5%	39.5%	337
55-64	64.0%	58.1%	69.5%	36.0%	30.5%	41.9%	385
65 years and older	72.5%	68.5%	76.1%	27.5%	23.9%	31.5%	819
RACE/ETHNICITY							
White	69.0%	64.8%	72.9%	31.0%	27.1%	35.2%	882
African American/Black	59.4%	55.6%	63.1%	40.6%	36.9%	44.4%	1023
Other	62.5%	51.6%	72.3%	37.5%	27.7%	48.4%	152
Hispanic/Latino	62.7%	52.6%	71.9%	37.3%	28.1%	47.4%	129
EDUCATION							
Less than High School	65.7%	54.1%	75.8%	34.3%	24.2%	45.9%	97
High School	57.3%	50.5%	63.9%	42.7%	36.1%	49.5%	341
Some College	59.3%	52.5%	65.9%	40.7%	34.1%	47.5%	368
College Graduate	67.8%	64.5%	70.9%	32.2%	29.1%	35.5%	1416
INCOME							
Less than \$35,000	59.5%	53.9%	64.8%	40.5%	35.2%	46.1%	519
\$35,000-\$49,999	70.7%	61.2%	78.7%	29.3%	21.3%	38.8%	164
\$50,000-\$74,999	60.6%	52.3%	68.2%	39.4%	31.8%	47.7%	239
\$75,000 or more	66.3%	62.4%	70.0%	33.7%	30.0%	37.6%	1040
EMPLOYMENT STATUS							
Employed	64.4%	61.1%	67.6%	35.6%	32.4%	38.9%	1233
Unemployed	60.1%	52.2%	67.5%	39.9%	32.5%	47.8%	236
Retired	72.9%	68.3%	77.0%	27.1%	23.0%	31.7%	629
Unable to Work	58.3%	47.0%	68.8%	41.7%	31.2%	53.0%	118
WARD							
Ward 1	58.8%	47.7%	69.0%	41.2%	31.0%	52.3%	145
Ward 2	66.9%	56.0%	76.2%	33.1%	23.8%	44.0%	153
Ward 3	77.0%	68.0%	84.0%	23.0%	16.0%	32.0%	258
Ward 4	70.7%	63.5%	77.1%	29.3%	22.9%	36.5%	289
Ward 5	68.2%	60.2%	75.2%	31.8%	24.8%	39.8%	221
Ward 6	58.0%	49.7%	65.9%	42.0%	34.1%	50.3%	235
Ward 7	60.6%	52.7%	68.0%	39.4%	32.0%	47.3%	233
Ward 8	63.5%	55.6%	70.6%	36.5%	29.4%	44.4%	229

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 40. Fruits and Vegetables - Vegetable Consumption

"Not including juices, how often did you eat vegetables?"

	Consumed Vegetables One or More Times Per Day			Consumed Vegetables Less than One Time Per Day			UNW
	%	95% CI		%	95% CI		
TOTAL	83.5%	81.4%	85.5%	16.5%	14.5%	18.6%	2160
GENDER							
Male	81.2%	77.7%	84.2%	18.8%	15.8%	22.3%	942
Female	85.6%	82.8%	88.0%	14.4%	12.0%	17.2%	1218
AGE							
18-24	70.9%	60.4%	79.6%	29.1%	20.4%	39.6%	108
25-34	87.5%	83.0%	90.9%	12.5%	9.1%	17.0%	285
35-44	85.4%	80.1%	89.5%	14.6%	10.5%	19.9%	282
45-54	81.3%	76.2%	85.6%	18.7%	14.4%	23.8%	331
55-64	84.2%	79.2%	88.1%	15.8%	11.9%	20.8%	379
65 years and older	84.6%	81.1%	87.5%	15.4%	12.5%	18.9%	775
RACE/ETHNICITY							
White	90.4%	87.3%	92.8%	9.6%	7.2%	12.7%	861
African American/Black	76.5%	73.0%	79.6%	23.5%	20.4%	27.0%	982
Other	88.1%	80.2%	93.1%	11.9%	6.9%	19.8%	149
Hispanic/Latino	76.4%	66.0%	84.4%	23.6%	15.6%	34.0%	122
EDUCATION							
Less than High School	73.3%	61.9%	82.3%	26.7%	17.7%	38.1%	90
High School	71.7%	64.7%	77.8%	28.3%	22.2%	35.3%	323
Some College	80.7%	74.5%	85.6%	19.3%	14.4%	25.5%	357
College Graduate	89.4%	87.2%	91.2%	10.6%	8.8%	12.8%	1380
INCOME							
Less than \$35,000	74.4%	69.3%	78.9%	25.6%	21.1%	30.7%	496
\$35,000-\$49,999	89.3%	81.7%	93.9%	10.7%	6.1%	18.3%	158
\$50,000-\$74,999	85.6%	79.1%	90.3%	14.4%	9.7%	20.9%	234
\$75,000 or more	89.1%	86.3%	91.4%	10.9%	8.6%	13.7%	1018
EMPLOYMENT STATUS							
Employed	86.1%	83.6%	88.3%	13.9%	11.7%	16.4%	1210
Unemployed	76.0%	67.8%	82.7%	24.0%	17.3%	32.2%	222
Retired	85.8%	81.9%	89.0%	14.2%	11.0%	18.1%	598
Unable to Work	68.8%	57.5%	78.3%	31.2%	21.7%	42.5%	115
WARD							
Ward 1	79.4%	68.6%	87.2%	20.6%	12.8%	31.4%	142
Ward 2	88.8%	81.1%	93.6%	11.2%	6.4%	18.9%	152
Ward 3	88.1%	78.2%	93.8%	11.9%	6.2%	21.8%	250
Ward 4	86.9%	79.8%	91.7%	13.1%	8.3%	20.2%	276
Ward 5	86.6%	80.8%	90.8%	13.4%	9.2%	19.2%	218
Ward 6	88.2%	82.4%	92.3%	11.8%	7.7%	17.6%	227
Ward 7	78.3%	70.9%	84.2%	21.7%	15.8%	29.1%	225
Ward 8	79.3%	72.2%	84.9%	20.7%	15.1%	27.8%	218

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 41. Immunization - Flu Shot (Aged 18 Years and Older)

"During the past 12 months, have you had either flu vaccine that was sprayed in your nose or flu shot injected into your arm?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	48.4%	45.7%	51.0%	51.6%	49.0%	54.3%	2274
GENDER							
Male	46.9%	43.0%	50.9%	53.1%	49.1%	57.0%	998
Female	49.7%	46.1%	53.3%	50.3%	46.7%	53.9%	1276
AGE							
18-24	32.9%	24.3%	42.7%	67.1%	57.3%	75.7%	115
25-34	43.7%	37.7%	49.9%	56.3%	50.1%	62.3%	293
35-44	50.1%	43.9%	56.4%	49.9%	43.6%	56.1%	299
45-54	44.8%	39.1%	50.6%	55.2%	49.4%	60.9%	341
55-64	53.6%	47.7%	59.5%	46.4%	40.5%	52.3%	399
65 years and older	63.6%	59.5%	67.6%	36.4%	32.4%	40.5%	827
RACE/ETHNICITY							
White	61.7%	57.4%	65.8%	38.3%	34.2%	42.6%	878
African American/Black	36.6%	33.2%	40.2%	63.4%	59.8%	66.8%	1064
Other	41.7%	32.3%	51.9%	58.3%	48.1%	67.7%	155
Hispanic/Latino	43.4%	33.5%	53.8%	56.6%	46.2%	66.5%	128
EDUCATION							
Less than High School	44.1%	33.5%	55.2%	55.9%	44.8%	66.5%	107
High School	36.4%	30.3%	43.0%	63.6%	57.0%	69.7%	354
Some College	32.7%	26.9%	39.1%	67.3%	60.9%	73.1%	375
College Graduate	57.3%	54.0%	60.6%	42.7%	39.4%	46.0%	1429
INCOME							
Less than \$35,000	35.3%	30.4%	40.5%	64.7%	59.5%	69.6%	540
\$35,000-\$49,999	38.2%	28.9%	48.5%	61.8%	51.5%	71.1%	172
\$50,000-\$74,999	45.3%	37.3%	53.6%	54.7%	46.4%	62.7%	238
\$75,000 or more	58.9%	55.0%	62.7%	41.1%	37.3%	45.0%	1042
EMPLOYMENT STATUS							
Employed	48.6%	45.3%	52.0%	51.4%	48.0%	54.7%	1254
Unemployed	35.2%	28.3%	42.8%	64.8%	57.2%	71.7%	240
Retired	66.4%	61.6%	70.8%	33.6%	29.2%	38.4%	635
Unable to Work	41.0%	31.0%	51.8%	59.0%	48.2%	69.0%	128
WARD							
Ward 1	56.8%	46.2%	66.9%	43.2%	33.1%	53.8%	151
Ward 2	63.4%	52.8%	72.9%	36.6%	27.1%	47.2%	154
Ward 3	61.2%	52.0%	69.7%	38.8%	30.3%	48.0%	258
Ward 4	52.3%	44.6%	59.9%	47.7%	40.1%	55.4%	288
Ward 5	48.4%	40.5%	56.5%	51.6%	43.5%	59.5%	230
Ward 6	56.6%	48.6%	64.4%	43.4%	35.6%	51.4%	239
Ward 7	34.2%	27.3%	41.8%	65.8%	58.2%	72.7%	238
Ward 8	31.6%	24.9%	39.2%	68.4%	60.8%	75.1%	234

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 42. Immunization - Flu Shot (Aged 65 Years and Older)							
"During the past 12 months, have you had either flu vaccine that was sprayed in your nose or flu shot injected into your arm?"							
	Yes			No			
	%	95% CI		%	95% CI		UNW
TOTAL	64.4%	60.2%	68.3%	35.6%	31.7%	39.8%	799
GENDER							
Male	66.4%	60.1%	72.1%	33.6%	27.9%	39.9%	340
Female	62.9%	57.3%	68.2%	37.1%	31.8%	42.7%	459
RACE/ETHNICITY							
White	74.4%	68.8%	79.3%	25.6%	20.7%	31.2%	336
African American/Black	55.1%	48.7%	61.3%	44.9%	38.7%	51.3%	395
EDUCATION							
Less than High School	54.0%	39.6%	67.8%	46.0%	32.2%	60.4%	54
High School	56.1%	45.5%	66.2%	43.9%	33.8%	54.5%	107
Some College	55.1%	45.8%	64.1%	44.9%	35.9%	54.2%	141
College Graduate	73.3%	68.8%	77.4%	26.7%	22.6%	31.2%	497
INCOME							
Less than \$35,000	57.1%	47.9%	65.8%	42.9%	34.2%	52.1%	194
\$35,000-\$49,999	59.3%	46.1%	71.4%	40.7%	28.6%	53.9%	76
\$50,000-\$74,999	62.2%	49.7%	73.4%	37.8%	26.6%	50.3%	83
\$75,000 or more	71.2%	65.2%	76.5%	28.8%	23.5%	34.8%	319
EMPLOYMENT STATUS							
Employed	57.6%	49.5%	65.4%	42.4%	34.6%	50.5%	183
Retired	67.5%	62.4%	72.2%	32.5%	27.8%	37.6%	556
WARD							
Ward 1	64.9%	50.1%	77.4%	35.1%	22.6%	49.9%	56
Ward 2	82.4%	70.1%	90.3%	17.6%	9.7%	29.9%	69
Ward 3	77.4%	68.2%	84.5%	22.6%	15.5%	31.8%	136
Ward 4	61.8%	51.5%	71.1%	38.2%	28.9%	48.5%	120
Ward 5	64.4%	49.8%	76.7%	35.6%	23.3%	50.2%	82
Ward 6	54.5%	42.4%	66.1%	45.5%	33.9%	57.6%	93
Ward 7	55.7%	41.2%	69.4%	44.3%	30.6%	58.8%	84
Ward 8	47.9%	34.2%	61.9%	52.1%	38.1%	65.8%	70

Note: Race/ethnic group Hispanic/Latino and Other were excluded total unweighted number less than 50

Employment status group unemployed and unable to work excluded total unweighted number less than 50

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 43. Immunization - Pneumonia Shot (Aged 18 Years and Older)

“Have you ever had a pneumonia shot also known as a pneumococcal vaccine?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	37.2%	34.4%	40.0%	62.8%	60.0%	65.6%	1940
GENDER							
Male	34.7%	30.7%	38.9%	65.3%	61.1%	69.3%	834
Female	39.3%	35.6%	43.1%	60.7%	56.9%	64.4%	1106
AGE							
18-24	44.6%	33.2%	56.5%	55.4%	43.5%	66.8%	83
25-34	32.0%	25.5%	39.2%	68.0%	60.8%	74.5%	202
35-44	20.8%	15.8%	26.9%	79.2%	73.1%	84.2%	234
45-54	22.7%	17.7%	28.6%	77.3%	71.4%	82.3%	273
55-64	33.3%	27.6%	39.5%	66.7%	60.5%	72.4%	365
65 years and older	69.6%	65.3%	73.5%	30.4%	26.5%	34.7%	783
RACE/ETHNICITY							
White	41.9%	37.3%	46.7%	58.1%	53.3%	62.7%	724
African American/Black	36.2%	32.6%	40.0%	63.8%	60.0%	67.4%	953
Other	30.1%	20.4%	42.1%	69.9%	57.9%	79.6%	118
Hispanic/Latino	27.0%	18.2%	38.1%	73.0%	61.9%	81.8%	103
EDUCATION							
Less than High School	38.2%	28.2%	49.3%	61.8%	50.7%	71.8%	100
High School	29.1%	23.1%	35.8%	70.9%	64.2%	76.9%	321
Some College	37.9%	31.2%	45.1%	62.1%	54.9%	68.8%	335
College Graduate	39.6%	36.1%	43.2%	60.4%	56.8%	63.9%	1177
INCOME							
Less than \$35,000	34.4%	29.4%	39.9%	65.6%	60.1%	70.6%	492
\$35,000-\$49,999	31.8%	23.0%	42.1%	68.2%	57.9%	77.0%	152
\$50,000-\$74,999	38.6%	30.1%	47.8%	61.4%	52.2%	69.9%	203
\$75,000 or more	37.8%	33.8%	42.1%	62.2%	57.9%	66.2%	848
EMPLOYMENT STATUS							
Employed	30.2%	26.8%	33.8%	69.8%	66.2%	73.2%	1008
Unemployed	28.7%	21.1%	37.7%	71.3%	62.3%	78.9%	201
Retired	71.5%	66.5%	76.1%	28.5%	23.9%	33.5%	595
Unable to Work	49.3%	38.5%	60.2%	50.7%	39.8%	61.5%	119
WARD							
Ward 1	45.8%	34.6%	57.5%	54.2%	42.5%	65.4%	124
Ward 2	43.4%	32.8%	54.6%	56.6%	45.4%	67.2%	134
Ward 3	45.5%	36.5%	54.7%	54.5%	45.3%	63.5%	226
Ward 4	35.4%	28.5%	43.0%	64.6%	57.0%	71.5%	250
Ward 5	36.4%	28.7%	44.9%	63.6%	55.1%	71.3%	209
Ward 6	28.4%	22.0%	35.7%	71.6%	64.3%	78.0%	204
Ward 7	38.1%	30.5%	46.5%	61.9%	53.5%	69.5%	210
Ward 8	27.1%	21.0%	34.2%	72.9%	65.8%	79.0%	212

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 44. Immunization - Pneumonia Shot (Aged 65 Years and Older) - 2018 and 2019 variable combined

"Have you ever had a pneumonia shot also known as a pneumococcal vaccine?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	70.7%	68.2%	73.1%	29.3%	26.9%	31.8%	2182
GENDER							
Male	66.9%	62.7%	70.8%	33.1%	29.2%	37.3%	907
Female	73.4%	70.1%	76.4%	26.6%	23.6%	29.9%	1275
RACE/ETHNICITY							
White	79.8%	76.5%	82.8%	20.2%	17.2%	23.5%	1000
African American	64.4%	60.5%	68.0%	35.6%	32.0%	39.5%	1021
Other	73.3%	60.0%	83.4%	26.7%	16.6%	40.0%	85
EDUCATION							
Less than High School	56.8%	47.4%	65.7%	43.2%	34.3%	52.6%	155
High School	62.9%	56.5%	68.8%	37.1%	31.2%	43.5%	311
Some College	70.7%	64.9%	75.8%	29.3%	24.2%	35.1%	350
College Graduate	78.0%	75.3%	80.4%	22.0%	19.6%	24.7%	1363
INCOME							
Less than \$35,000	62.5%	57.1%	67.7%	37.5%	32.3%	42.9%	554
\$35,000-\$49,999	67.7%	59.5%	75.0%	32.3%	25.0%	40.5%	195
\$50,000-\$74,999	72.2%	64.5%	78.8%	27.8%	21.2%	35.5%	236
\$75,000	77.8%	74.1%	81.1%	22.2%	18.9%	25.9%	835
EMPLOYMENT							
Employed	62.4%	56.9%	67.7%	37.6%	32.3%	43.1%	474
Unemployed	55.8%	40.8%	69.8%	44.2%	30.2%	59.2%	73
Retired	75.3%	72.2%	78.0%	24.7%	22.0%	27.8%	1523
Unable to Work	62.7%	50.5%	73.5%	37.3%	26.5%	49.5%	98
WARD							
Ward 1	71.4%	62.0%	79.3%	28.6%	20.7%	38.0%	150
Ward 2	87.2%	80.7%	91.8%	12.8%	8.2%	19.3%	179
Ward 3	79.9%	74.7%	84.3%	20.1%	15.7%	25.3%	425
Ward 4	70.6%	64.3%	76.2%	29.4%	23.8%	35.7%	314
Ward 5	67.5%	59.7%	74.3%	32.5%	25.7%	40.3%	219
Ward 6	70.6%	63.2%	77.1%	29.4%	22.9%	36.8%	278
Ward 7	63.8%	54.0%	72.5%	36.2%	27.5%	46.0%	210
Ward 8	58.6%	49.2%	67.4%	41.4%	32.6%	50.8%	173

Race/ethnic group Hispanic/Latino suppressed total unweighted count <50

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 45. Immunization - Received Tetanus

“Have you received a tetanus shot in the past 10 years?”

	Yes			Yes, Received Tetanus shot, but not Tdap			Yes, Received Tetanus Shot but not Sure What Type			No Did Not Receive any Tetanus Shot in the Past 10 Years			UNW
	%	95% CI		%	95% CI		%	95% CI		%	95% CI		
TOTAL	32.3%	29.7%	35.0%	5.9%	4.7%	7.4%	32.0%	29.4%	34.7%	29.8%	27.3%	32.4%	2044
GENDER													
Male	31.9%	28.1%	35.9%	6.3%	4.4%	9.0%	33.2%	29.3%	37.3%	28.6%	25.1%	32.5%	897
Female	32.7%	29.2%	36.4%	5.5%	4.1%	7.4%	31.0%	27.6%	34.6%	30.8%	27.4%	34.3%	1147
AGE													
18-39	38.2%	33.6%	43.0%	5.2%	3.3%	8.1%	32.1%	27.6%	36.9%	24.5%	20.7%	28.9%	483
40-64	29.4%	25.9%	33.2%	7.0%	5.2%	9.4%	30.7%	27.1%	34.5%	32.9%	29.1%	37.0%	790
65 years or older	22.0%	18.7%	25.7%	6.0%	4.2%	8.4%	34.1%	30.1%	38.2%	38.0%	33.6%	42.5%	726
RACE/ETHNICITY													
White	42.4%	37.9%	46.9%	6.1%	4.4%	8.5%	35.1%	30.8%	39.6%	16.4%	13.5%	19.7%	780
African American/Black	23.7%	20.5%	27.2%	5.9%	4.3%	8.0%	29.2%	25.9%	32.8%	41.2%	37.4%	45.1%	978
Other	32.5%	23.1%	43.6%	*	*	*	28.2%	19.4%	39.0%	34.0%	24.4%	45.0%	131
Hispanic/Latino	27.1%	18.7%	37.5%	*	*	*	33.1%	23.8%	43.8%	34.0%	24.3%	45.3%	114
EDUCATION													
Less than High School	15.0%	8.9%	24.1%	*	*	*	19.2%	12.2%	29.0%	58.7%	47.2%	69.3%	100
High School	22.4%	16.8%	29.2%	5.4%	2.9%	9.8%	32.1%	25.9%	39.0%	40.1%	33.6%	47.0%	322
Some College	27.8%	21.6%	35.0%	5.5%	3.2%	9.2%	32.3%	25.7%	39.7%	34.4%	28.3%	41.0%	335
College Graduate	39.3%	35.9%	42.8%	6.1%	4.6%	8.0%	34.0%	30.7%	37.4%	20.6%	18.1%	23.5%	1279
INCOME													
Less than \$35,000	23.1%	18.7%	28.2%	6.2%	3.6%	10.5%	30.3%	25.3%	35.8%	40.3%	35.0%	45.9%	497
\$35,000-\$49,999	21.5%	13.2%	33.0%	*	*	*	29.8%	21.6%	39.7%	41.3%	31.4%	52.1%	161
\$50,000-\$74,999	31.2%	23.3%	40.4%	*	*	*	32.9%	25.2%	41.8%	33.0%	25.3%	41.8%	206
\$75,000 or more	41.7%	37.7%	45.9%	6.9%	5.1%	9.3%	33.1%	29.2%	37.2%	18.3%	15.5%	21.4%	927
EMPLOYMENT STATUS													
Employed	35.7%	32.4%	39.2%	6.6%	5.0%	8.8%	30.7%	27.5%	34.1%	26.9%	23.9%	30.2%	1117
Unemployed	34.5%	27.1%	42.8%	*	*	*	33.1%	25.5%	41.7%	28.1%	21.6%	35.6%	214
Retired	22.0%	18.3%	26.3%	5.5%	3.7%	8.1%	36.1%	31.6%	40.9%	36.4%	31.4%	41.6%	579
Unable to Work	12.1%	6.8%	20.9%	*	*	*	36.5%	26.2%	48.2%	48.1%	37.3%	59.0%	121
WARD													
Ward 1	35.1%	24.9%	46.9%	*	*	*	36.0%	25.7%	47.7%	25.9%	18.0%	35.8%	130
Ward 2	41.4%	31.0%	52.6%	*	*	*	38.5%	28.3%	49.9%	14.5%	9.1%	22.3%	143
Ward 3	42.9%	34.3%	51.9%	9.8%	5.6%	16.5%	32.9%	24.4%	42.7%	14.4%	9.9%	20.5%	222
Ward 4	32.1%	25.2%	39.9%	*	*	*	33.0%	25.9%	40.9%	31.1%	23.9%	39.4%	262
Ward 5	30.6%	23.3%	39.1%	*	*	*	22.6%	16.8%	29.7%	41.9%	33.9%	50.4%	213
Ward 6	31.1%	23.9%	39.3%	7.1%	3.9%	12.5%	37.1%	29.2%	45.8%	24.7%	18.4%	32.2%	219
Ward 7	28.0%	21.1%	36.2%	*	*	*	27.9%	21.4%	35.6%	38.4%	30.9%	46.4%	222
Ward 8	27.7%	20.7%	36.1%	*	*	*	28.4%	21.8%	36.2%	39.6%	31.8%	47.9%	213

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 46. Cognitive Decline (Aged 45 Years and Older) Memory Loss

"Have you experienced confusion or memory loss that is happening more often or is getting worse?"

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	10.9%	9.1%	13.2%	89.1%	86.8%	90.9%	1458
GENDER							
Male	9.6%	6.9%	13.1%	90.4%	86.9%	93.1%	627
Female	12.1%	9.6%	15.1%	87.9%	84.9%	90.4%	831
RACE/ETHNICITY							
White	7.2%	5.3%	9.6%	92.8%	90.4%	94.7%	587
African American/Black	14.4%	11.2%	18.2%	85.6%	81.8%	88.8%	730
Other	*	*	*	91.2%	78.0%	96.8%	63
EDUCATION							
Less than High School	19.7%	12.0%	30.7%	80.3%	69.3%	88.0%	85
High School	20.8%	15.2%	27.7%	79.2%	72.3%	84.8%	200
Some College	7.7%	4.9%	12.0%	92.3%	88.0%	95.1%	243
College Graduate	7.1%	5.5%	9.1%	92.9%	90.9%	94.5%	927
INCOME							
Less than \$35,000	21.2%	15.9%	27.7%	78.8%	72.3%	84.1%	340
\$35,000-\$49,999	*	*	*	95.0%	90.1%	97.5%	111
\$50,000-\$74,999	11.5%	6.6%	19.4%	88.5%	80.6%	93.4%	146
\$75,000 or more	5.9%	4.2%	8.1%	94.1%	91.9%	95.8%	672
EMPLOYMENT STATUS							
Employed	7.0%	4.9%	9.8%	93.0%	90.2%	95.1%	657
Unemployed	15.4%	8.6%	26.1%	84.6%	73.9%	91.4%	99
Retired	12.6%	9.4%	16.8%	87.4%	83.2%	90.6%	594
Unable to Work	21.9%	14.0%	32.6%	78.1%	67.4%	86.0%	98
WARD							
Ward 1	*	*	*	91.2%	84.3%	95.2%	109
Ward 2	*	*	*	92.9%	86.9%	96.3%	115
Ward 3	4.0%	2.2%	7.3%	96.0%	92.7%	97.8%	205
Ward 4	10.1%	5.8%	16.9%	89.9%	83.1%	94.2%	223
Ward 5	13.4%	7.4%	23.2%	86.6%	76.8%	92.6%	167
Ward 6	9.0%	5.4%	14.5%	91.0%	85.5%	94.6%	168
Ward 7	21.8%	13.7%	32.8%	78.2%	67.2%	86.3%	144
Ward 8	14.9%	9.5%	22.6%	85.1%	77.4%	90.5%	159

Note: Race/ethnic group Hispanic/Latino excluded unweighted sample size >50

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 47. Social Determinants of Health - Worried or Stressed to Buy Nutritious Meals

“How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals?”

	Always/Usually			Sometimes/Rarely			Never			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	8.9%	7.4%	10.8%	25.3%	22.8%	28.1%	65.7%	62.8%	68.5%	1934
GENDER										
Male	7.4%	5.4%	10.2%	21.4%	17.8%	25.5%	71.1%	66.8%	75.1%	841
Female	10.2%	8.0%	13.0%	28.7%	25.2%	32.5%	61.1%	57.1%	64.9%	1093
AGE										
18-24	*	*	*	35.4%	24.7%	47.7%	60.1%	47.8%	71.3%	75
25-34	13.3%	8.9%	19.5%	33.5%	26.8%	41.1%	53.1%	45.5%	60.6%	196
35-44	7.9%	5.3%	11.7%	27.5%	21.7%	34.3%	64.6%	57.7%	70.9%	251
45-54	6.9%	4.3%	10.9%	18.0%	13.7%	23.3%	75.1%	69.3%	80.1%	304
55-64	12.8%	8.5%	18.7%	21.8%	17.2%	27.1%	65.5%	59.2%	71.3%	357
65 years and older	5.6%	3.5%	8.7%	16.3%	13.2%	19.8%	78.2%	74.0%	81.8%	751
RACE/ETHNICITY										
White	*	*	*	14.4%	11.0%	18.6%	83.5%	79.1%	87.1%	736
African American/Black	13.9%	11.3%	17.1%	36.0%	32.2%	40.0%	50.1%	46.1%	54.1%	927
Other	*	*	*	22.7%	14.5%	33.8%	67.1%	55.5%	77.0%	123
Hispanic/Latino	*	*	*	27.2%	17.8%	39.3%	60.6%	48.7%	71.4%	106
EDUCATION										
Less than High School	22.7%	14.6%	33.7%	25.8%	16.2%	38.4%	51.5%	39.1%	63.7%	85
High School	13.7%	9.6%	19.0%	42.5%	35.5%	49.8%	43.8%	36.9%	51.1%	304
Some College	14.2%	9.8%	20.2%	37.2%	30.5%	44.5%	48.5%	41.4%	55.8%	328
College Graduate	3.3%	2.2%	5.0%	15.5%	13.0%	18.4%	81.2%	78.0%	83.9%	1210
INCOME										
Less than \$35,000	23.0%	18.4%	28.4%	36.5%	31.0%	42.4%	40.5%	34.8%	46.5%	465
\$35,000-\$49,999	*	*	*	33.1%	22.7%	45.5%	55.5%	43.5%	67.0%	139
\$50,000-\$74,999	*	*	*	38.9%	29.7%	48.8%	57.4%	47.5%	66.6%	188
\$75,000 or more	*	*	*	12.3%	9.8%	15.4%	86.0%	82.7%	88.7%	903
EMPLOYMENT STATUS										
Employed	6.7%	5.0%	9.1%	23.0%	19.8%	26.4%	70.3%	66.6%	73.7%	1027
Unemployed	12.9%	8.9%	18.5%	37.3%	29.4%	46.0%	49.7%	41.3%	58.2%	203
Retired	3.9%	2.2%	6.9%	18.3%	14.6%	22.7%	77.8%	73.1%	81.9%	572
Unable to Work	34.1%	23.7%	46.3%	34.5%	24.8%	45.8%	31.4%	22.1%	42.5%	115
WARD										
Ward 1	*	*	*	24.0%	15.7%	34.8%	62.6%	51.1%	72.7%	143
Ward 2	*	*	*	18.0%	10.4%	29.3%	80.5%	69.3%	88.3%	145
Ward 3	*	*	*	12.2%	6.9%	20.6%	83.5%	74.2%	89.8%	239
Ward 4	*	*	*	23.3%	16.5%	31.8%	72.7%	64.2%	79.8%	265
Ward 5	7.4%	4.2%	12.8%	26.4%	19.5%	34.8%	66.2%	57.7%	73.7%	216
Ward 6	*	*	*	18.5%	13.0%	25.8%	73.9%	65.9%	80.6%	217
Ward 7	17.8%	12.4%	24.9%	32.7%	25.6%	40.7%	49.5%	41.5%	57.6%	219
Ward 8	16.7%	11.1%	24.4%	41.1%	33.1%	49.7%	42.1%	34.1%	50.7%	206

*Unweighted sample <50 or RSE > 30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 48. HIV/AIDS - Condom Use

Did you use a condom the last time you had sexual intercourse?

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	33.6%	30.7%	36.6%	64.8%	61.7%	67.7%	1624
GENDER							
Male	36.1%	31.9%	40.6%	61.7%	57.2%	66.0%	781
Female	31.1%	27.2%	35.3%	67.8%	63.6%	71.8%	843
AGE							
18-24	52.2%	39.8%	64.4%	45.9%	33.9%	58.4%	70
25-34	38.8%	31.8%	46.2%	59.9%	52.4%	67.0%	205
35-44	37.2%	30.7%	44.1%	61.7%	54.7%	68.1%	249
45-54	24.7%	19.8%	30.3%	73.6%	67.9%	78.6%	293
55-64	31.3%	25.2%	38.1%	68.0%	61.2%	74.1%	300
65 years and older	19.4%	15.6%	23.8%	76.9%	72.2%	81.1%	507
RACE/ETHNICITY							
White	22.6%	18.5%	27.1%	76.1%	71.4%	80.3%	641
African American/Black	39.7%	35.5%	44.1%	58.9%	54.5%	63.2%	746
Other	48.5%	36.5%	60.7%	48.4%	36.4%	60.6%	107
Hispanic/Latino	40.2%	29.5%	52.1%	57.2%	45.5%	68.1%	101
EDUCATION							
Less than High School	36.5%	23.8%	51.5%	61.7%	46.8%	74.7%	58
High School	45.8%	38.2%	53.6%	52.7%	44.9%	60.3%	240
Some College	37.0%	30.0%	44.6%	57.8%	50.1%	65.2%	270
College Graduate	28.3%	24.9%	32.0%	71.2%	67.5%	74.6%	1051
INCOME							
Less than \$35,000	45.3%	39.0%	51.8%	53.6%	47.1%	60.0%	359
\$35,000-\$49,999	28.4%	18.2%	41.4%	66.3%	52.6%	77.7%	117
\$50,000-\$74,999	40.0%	30.5%	50.4%	58.7%	48.5%	68.3%	168
\$75,000 or more	24.8%	21.2%	28.9%	74.0%	69.9%	77.7%	816
EMPLOYMENT STATUS							
Employed	32.0%	28.5%	35.8%	66.9%	63.1%	70.5%	974
Unemployed	45.2%	36.8%	53.9%	51.8%	43.2%	60.3%	178
Retired	21.1%	16.6%	26.4%	74.9%	69.3%	79.7%	384
Unable to Work	45.4%	32.0%	59.6%	54.6%	40.4%	68.0%	76
WARD							
Ward 1	35.9%	25.1%	48.5%	63.3%	50.8%	74.2%	120
Ward 2	25.6%	16.6%	37.3%	72.4%	60.7%	81.6%	119
Ward 3	25.8%	17.9%	35.7%	74.2%	64.3%	82.1%	192
Ward 4	24.4%	18.0%	32.2%	74.4%	66.6%	80.9%	219
Ward 5	32.4%	24.5%	41.4%	66.2%	57.1%	74.1%	178
Ward 6	25.5%	18.5%	34.0%	74.0%	65.4%	81.0%	193
Ward 7	40.6%	32.4%	49.3%	57.8%	49.1%	66.0%	187
Ward 8	37.8%	29.7%	46.8%	61.7%	52.8%	69.9%	175

Note: Category Not Sexually Active excluded due to RSE >30%

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 49. HIV/AIDS - HIV Partner Status (2018 and 2019 combined variable)

“Do you know the HIV status of your primary partner?”

	Yes			No			No Primary Partner			UNW
	%	95% CI		%	95% CI		%	95% CI		
TOTAL	78.8%	77.2%	80.4%	11.9%	10.7%	13.3%	9.2%	8.2%	10.4%	4486
GENDER										
Male	78.1%	75.6%	80.4%	14.3%	12.4%	16.5%	7.5%	6.2%	9.2%	2182
Female	79.5%	77.3%	81.6%	9.5%	8.0%	11.3%	10.9%	9.5%	12.6%	2304
AGE										
18-24	70.1%	61.9%	77.1%	19.2%	13.6%	26.5%	10.7%	6.4%	17.4%	163
25-34	83.9%	79.9%	87.2%	9.2%	6.7%	12.4%	7.0%	4.9%	9.9%	501
35-44	84.2%	80.9%	87.1%	10.4%	8.0%	13.4%	5.3%	3.8%	7.5%	691
45-54	81.7%	78.3%	84.7%	10.3%	7.9%	13.2%	8.0%	6.1%	10.5%	813
55-64	74.3%	70.3%	77.9%	14.1%	11.0%	17.9%	11.6%	9.4%	14.2%	866
65 or Older	67.0%	63.8%	70.1%	14.8%	12.3%	17.7%	18.1%	15.9%	20.7%	1455
RACE/ETHNICITY										
White	84.2%	81.8%	86.3%	6.4%	5.1%	8.0%	9.4%	7.7%	11.4%	1974
African American/Black	74.5%	72.0%	76.9%	15.1%	13.1%	17.4%	10.3%	8.9%	12.0%	1934
Other	77.6%	70.4%	83.4%	14.9%	10.0%	21.7%	7.5%	4.6%	12.1%	286
Hispanic/Latino	76.1%	68.6%	82.2%	18.7%	13.2%	25.9%	*	*	*	215
EDUCATION										
Less than High School	59.2%	50.5%	67.4%	30.1%	22.8%	38.6%	10.6%	6.9%	15.9%	188
High School	72.7%	68.3%	76.7%	17.1%	13.8%	21.0%	10.2%	7.8%	13.2%	670
Some College	75.0%	70.4%	79.1%	13.3%	10.2%	17.0%	11.7%	8.9%	15.4%	644
College Graduate	84.6%	82.8%	86.3%	7.4%	6.2%	8.8%	8.0%	6.8%	9.4%	2971
INCOME										
Less than \$35,000	67.2%	63.2%	71.0%	21.5%	18.1%	25.2%	11.3%	9.2%	13.8%	1003
\$35,000-\$49,999	73.1%	66.3%	78.9%	14.3%	9.8%	20.4%	12.6%	9.0%	17.4%	295
\$50,000-\$74,999	76.2%	70.1%	81.4%	12.1%	8.4%	17.1%	11.7%	8.0%	16.8%	442
\$75,000	87.7%	85.7%	89.4%	5.9%	4.8%	7.4%	6.4%	5.2%	7.9%	2233
EMPLOYMENT STATUS										
Employed	83.8%	81.8%	85.6%	9.3%	7.9%	11.0%	6.9%	5.8%	8.2%	2607
Unemployed	74.2%	68.9%	79.0%	15.3%	11.6%	20.0%	10.4%	7.5%	14.4%	462
Retired	65.7%	61.9%	69.2%	15.0%	12.2%	18.3%	19.4%	16.6%	22.4%	1114
Unable to Work	65.9%	58.3%	72.8%	21.3%	15.6%	28.2%	12.8%	8.7%	18.6%	258
WARD										
Ward 1	80.9%	74.8%	85.8%	8.8%	5.4%	14.1%	10.3%	7.0%	14.9%	363
Ward 2	81.7%	75.2%	86.9%	9.9%	5.8%	16.5%	8.4%	5.8%	11.9%	317
Ward 3	82.5%	77.3%	86.7%	7.8%	5.0%	11.9%	9.8%	6.6%	14.1%	638
Ward 4	80.5%	75.7%	84.5%	13.0%	9.5%	17.6%	6.5%	4.6%	9.2%	589
Ward 5	79.3%	74.4%	83.4%	8.4%	5.9%	11.8%	12.3%	9.0%	16.6%	473
Ward 6	83.9%	79.8%	87.3%	7.5%	5.2%	10.6%	8.6%	6.2%	11.9%	566
Ward 7	77.0%	71.7%	81.5%	16.0%	11.9%	21.1%	7.1%	5.1%	9.8%	453
Ward 8	80.3%	75.6%	84.2%	12.5%	9.2%	16.8%	7.3%	5.2%	10.1%	449

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

Table 50. HIV/AIDS - Media Advertisement

“In the past twelve months, have you heard or seen any DC ads on HIV testing or treatment, condoms or PrEP (Such as DC Take on, PrEp for Her, The Rubber Revolution)?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	47.8%	44.9%	50.7%	52.2%	49.3%	55.1%	1937
GENDER							
Male	45.9%	41.5%	50.3%	54.1%	49.7%	58.5%	831
Female	49.4%	45.6%	53.3%	50.6%	46.7%	54.4%	1106
AGE							
18-24	46.3%	34.5%	58.4%	53.7%	41.6%	65.5%	77
25-34	57.5%	50.0%	64.6%	42.5%	35.4%	50.0%	204
35-44	52.9%	46.0%	59.8%	47.1%	40.2%	54.0%	246
45-54	52.9%	46.6%	59.1%	47.1%	40.9%	53.4%	298
55-64	39.7%	34.1%	45.7%	60.3%	54.3%	65.9%	367
65 years and older	32.9%	29.0%	37.0%	67.1%	63.0%	71.0%	745
RACE/ETHNICITY							
White	49.8%	45.0%	54.6%	50.2%	45.4%	55.0%	696
African American/Black	50.9%	47.0%	54.8%	49.1%	45.2%	53.0%	972
Other	31.3%	21.9%	42.4%	68.7%	57.6%	78.1%	124
Hispanic/Latino	38.5%	27.9%	50.3%	61.5%	49.7%	72.1%	103
EDUCATION							
Less than High School	14.2%	8.4%	23.0%	85.8%	77.0%	91.6%	96
High School	51.1%	44.2%	58.0%	48.9%	42.0%	55.8%	319
Some College	52.9%	45.8%	59.9%	47.1%	40.1%	54.2%	337
College Graduate	50.8%	47.1%	54.4%	49.2%	45.6%	52.9%	1177
INCOME							
Less than \$35,000	40.3%	34.9%	46.0%	59.7%	54.0%	65.1%	493
\$35,000-\$49,999	48.6%	37.5%	59.8%	51.4%	40.2%	62.5%	148
\$50,000-\$74,999	53.9%	44.5%	62.9%	46.1%	37.1%	55.5%	193
\$75,000 or more	55.2%	51.0%	59.4%	44.8%	40.6%	49.0%	862
EMPLOYMENT STATUS							
Employed	54.6%	50.8%	58.3%	45.4%	41.7%	49.2%	1023
Unemployed	42.3%	34.3%	50.6%	57.7%	49.4%	65.7%	211
Retired	31.4%	27.0%	36.1%	68.6%	63.9%	73.0%	569
Unable to Work	34.1%	24.8%	44.8%	65.9%	55.2%	75.2%	117
WARD							
Ward 1	60.9%	50.1%	70.7%	39.1%	29.3%	49.9%	143
Ward 2	54.9%	43.4%	65.8%	45.1%	34.2%	56.6%	134
Ward 3	49.5%	40.4%	58.6%	50.5%	41.4%	59.6%	225
Ward 4	48.1%	40.1%	56.1%	51.9%	43.9%	59.9%	267
Ward 5	59.9%	51.6%	67.6%	40.1%	32.4%	48.4%	215
Ward 6	51.6%	43.5%	59.7%	48.4%	40.3%	56.5%	221
Ward 7	54.1%	46.0%	61.9%	45.9%	38.1%	54.0%	225
Ward 8	50.0%	41.9%	58.2%	50.0%	41.8%	58.1%	222

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 51. HIV/AIDS - Ever Tested for HIV

“Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for HIV?”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	72.9%	70.5%	75.3%	27.1%	24.7%	29.5%	2166
GENDER							
Male	70.2%	66.3%	73.8%	29.8%	26.2%	33.7%	952
Female	75.3%	72.1%	78.3%	24.7%	21.7%	27.9%	1214
AGE							
18-24	46.9%	37.0%	57.1%	53.1%	42.9%	63.0%	109
25-34	81.4%	76.0%	85.8%	18.6%	14.2%	24.0%	286
35-44	85.4%	80.2%	89.3%	14.6%	10.7%	19.8%	292
45-54	83.2%	78.4%	87.1%	16.8%	12.9%	21.6%	329
55-64	77.0%	71.5%	81.7%	23.0%	18.3%	28.5%	387
65 years and older	48.1%	43.8%	52.4%	51.9%	47.6%	56.2%	763
RACE/ETHNICITY							
White	66.1%	61.9%	70.0%	33.9%	30.0%	38.1%	830
African American/Black	82.3%	79.4%	84.8%	17.7%	15.2%	20.6%	1021
Other	63.9%	53.2%	73.4%	36.1%	26.6%	46.8%	147
Hispanic/Latino	72.9%	62.6%	81.2%	27.1%	18.8%	37.4%	122
EDUCATION							
Less than High School	74.4%	63.7%	82.8%	25.6%	17.2%	36.3%	104
High School	76.3%	69.9%	81.7%	23.7%	18.3%	30.1%	344
Some College	76.8%	69.9%	82.6%	23.2%	17.4%	30.1%	357
College Graduate	70.8%	67.7%	73.7%	29.2%	26.3%	32.3%	1353
INCOME							
Less than \$35,000	76.1%	71.0%	80.6%	23.9%	19.4%	29.0%	525
\$35,000-\$49,999	75.4%	66.0%	82.9%	24.6%	17.1%	34.0%	156
\$50,000-\$74,999	73.4%	65.6%	79.9%	26.6%	20.1%	34.4%	225
\$75,000 or more	74.3%	70.7%	77.6%	25.7%	22.4%	29.3%	996
EMPLOYMENT STATUS							
Employed	78.6%	75.7%	81.3%	21.4%	18.7%	24.3%	1200
Unemployed	65.9%	57.7%	73.2%	34.1%	26.8%	42.3%	233
Retired	48.7%	43.8%	53.7%	51.3%	46.3%	56.2%	590
Unable to Work	82.2%	71.7%	89.4%	17.8%	10.6%	28.3%	125
WARD							
Ward 1	79.2%	70.5%	85.9%	20.8%	14.1%	29.5%	144
Ward 2	65.9%	55.4%	75.1%	34.1%	24.9%	44.6%	150
Ward 3	56.5%	47.5%	65.2%	43.5%	34.8%	52.5%	236
Ward 4	70.6%	63.0%	77.1%	29.4%	22.9%	37.0%	272
Ward 5	77.9%	70.6%	83.8%	22.1%	16.2%	29.4%	225
Ward 6	74.7%	67.8%	80.5%	25.3%	19.5%	32.2%	225
Ward 7	84.7%	78.4%	89.5%	15.3%	10.5%	21.6%	228
Ward 8	88.2%	82.5%	92.2%	11.8%	7.8%	17.5%	228

UNW - Unweighted Number of total sample

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2019

Table 52. HIV/AIDS - Do Any High Risk Situations Apply (combined variable 2018 and 2019)

“I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one. You have injected any drug other than those prescribed for you in the past year. You have been treated for a sexually transmitted disease or STD in the past year. You have given or received money or drugs in exchange for sex in the past year.”

	Yes			No			UNW
	%	95% CI		%	95% CI		
TOTAL	12.6%	11.3%	14.0%	87.4%	86.0%	88.7%	6194
GENDER							
Male	16.9%	14.9%	19.1%	83.1%	80.9%	85.1%	2750
Female	8.8%	7.4%	10.5%	91.2%	89.5%	92.6%	3444
AGE							
18-24	17.6%	13.1%	23.3%	82.4%	76.7%	86.9%	281
25-34	22.9%	19.6%	26.6%	77.1%	73.4%	80.4%	706
35-44	11.3%	9.1%	13.9%	88.7%	86.1%	90.9%	806
45-54	7.8%	6.0%	10.0%	92.2%	90.0%	94.0%	980
55-64	6.2%	4.7%	8.1%	93.8%	91.9%	95.3%	1132
65 or Older	1.7%	1.2%	2.6%	98.3%	97.4%	98.8%	2293
RACE/ETHNICITY							
White	13.7%	11.6%	16.1%	86.3%	83.9%	88.4%	2626
African American/Black	11.8%	10.1%	13.6%	88.2%	86.4%	89.9%	2743
Other	13.2%	9.4%	18.2%	86.8%	81.8%	90.6%	411
Hispanic/Latino	11.5%	7.7%	16.7%	88.5%	83.3%	92.3%	289
EDUCATION							
Less than High School	10.5%	6.9%	15.6%	89.5%	84.4%	93.1%	322
High School	13.4%	10.4%	17.2%	86.6%	82.8%	89.6%	979
Some College	16.3%	12.9%	20.4%	83.7%	79.6%	87.1%	944
College Graduate	11.4%	10.0%	13.1%	88.6%	86.9%	90.0%	3928
INCOME							
Less than \$35,000	11.8%	9.5%	14.5%	88.2%	85.5%	90.5%	1483
\$35,000-\$49,999	17.5%	12.4%	24.1%	82.5%	75.9%	87.6%	449
\$50,000-\$74,999	16.3%	12.2%	21.5%	83.7%	78.5%	87.8%	621
\$75,000	12.6%	10.8%	14.7%	87.4%	85.3%	89.2%	2825
EMPLOYMENT STATUS							
Employed	14.7%	13.0%	16.6%	85.3%	83.4%	87.0%	3290
Unemployed	13.7%	10.5%	17.6%	86.3%	82.4%	89.5%	649
Retired	2.1%	1.4%	3.3%	97.9%	96.7%	98.6%	1788
Unable to Work	9.6%	6.2%	14.5%	90.4%	85.5%	93.8%	408
WARD							
Ward 1	15.9%	11.4%	21.9%	84.1%	78.1%	88.6%	451
Ward 2	17.9%	12.3%	25.4%	82.1%	74.6%	87.7%	411
Ward 3	4.1%	2.1%	8.0%	95.9%	92.0%	97.9%	799
Ward 4	7.6%	5.1%	11.2%	92.4%	88.8%	94.9%	764
Ward 5	9.7%	6.8%	13.7%	90.3%	86.3%	93.2%	610
Ward 6	10.5%	7.2%	15.1%	89.5%	84.9%	92.8%	689
Ward 7	14.3%	10.6%	19.1%	85.7%	80.9%	89.4%	584
Ward 8	11.2%	8.2%	15.2%	88.8%	84.8%	91.8%	606

Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2018 and 2019 (combined)

