

2012

Behavioral Risk Factor Surveillance System Questionnaire



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Interviewer's Script

HELLO, I am calling for the <u>(health department)</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>(state)</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Core Sections

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call **(give appropriate state telephone number)**.

Section 1: Health Status

1.1 Would you say that in general your health is—

(73)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74 - 75)

- _ _ Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76-77)

- _ _ Number of days
- $\overline{8}$ 8 None [If Q2.1 and Q2.2 = 88 (None), go to next section]
- 7 7 Don't know / Not sure
- 9 9 Refused
- During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

- Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 3: Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

(80)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **3.2** Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

(81)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused
- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(82)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(83)

- 1 Within past year (anytime less than 12 months ago)
- 2 Within past 2 years (1 year but less than 2 years ago)
- Within past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

Section 4: Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(84)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 5: Chronic Health Conditions

Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

5.1 (Ever told) you that you had a heart attack also called a myocardial infarction?

(85)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

5.2 (Ever told) you had angina or coronary heart disease?

(86)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



5.3	(Ever told) you had a stroke?	(07)
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(87)
5.4	(Ever told) you had asthma?	(88)
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	[Go to Q5.6] [Go to Q5.6] [Go to Q5.6]
5.5	Do you still have asthma?	(89)
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
5.6	(Ever told) you had skin cancer?	
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(90)
5.7	(Ever told) you had any other types of o	ancer?
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(91)
5.8	(Ever told) you have Chronic Obstructive chronic bronchitis?	re Pulmonary Disease or COPD, emphysema or
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(92)



5.9	(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?	
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(93)
	INTERVIEWER NOTE: Arthritis diagnoses include:	
	 rheumatism, polymyalgia rheumatica osteoarthritis (not osteoporosis) tendonitis, bursitis, bunion, tennis elbow carpal tunnel syndrome, tarsal tunnel syndrome joint infection, Reiter's syndrome ankylosing spondylitis; spondylosis rotator cuff syndrome connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa) 	
5.10	(Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	(94)
5.11	(Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.	
	INTERVIEWER NOTE: Incontinence is not being able to control urine flow.	(95)
	1 Yes 2 No 7 Don't know / Not sure 9 Refused	90)



5.12 Do you have any trouble seeing, even when wearing glasses or contact lenses?

(96)

- 1 Yes
- 2 No
- 3 Not applicable (blind)
- 7 Don't know / Not sure
- 9 Refused
- **5.13** (Ever told) you have diabetes?

(97)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Q5.13 = 1 (Yes), go to Diabetes Optional Module (if used). If any other response to Q5.13, go to Pre-Diabetes Optional Module (if used), otherwise, go to next section.

Section 6: Oral Health

How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

(98)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused



How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.

NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.

(99)

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 Don't know / Not sure
- 9 Refused

Section 7: Demographics

7.1 What is your age?

(100-101)

- Code age in years

 Don't know / Not sure
- 0 9 Refused
- **7.2** Are you Hispanic or Latino?

(102)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **7.3** Which one or more of the following would you say is your race?

(103 - 108)

(Check all that apply)

Please read:

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian or Alaska Native

Or

6 Other [specify]_____



Do not read:

- 8 No additional choices
- 7 Don't know / Not sure
- 9 Refused

CATI note: If	more th	an one response to Q7.3; continue. Otherwise, go to Q7.5.	
7.4	Which	one of these groups would you say best represents your race?	(4.06)
	Please	e read:	(109)
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaska Native	
	Or		
	6	Other [specify]	
	Do no	t read:	
	7 9	Don't know / Not sure Refused	
the regular military or in a National Guard or military reserve u		you ever served on active duty in the United States Armed Forces, either in gular military or in a National Guard or military reserve unit? Active duty do e training for the Reserves or National Guard, but DOES include activationale, for the Persian Gulf War.	es not
	1 2	Yes No	
	Do no	t read:	
	7 9	Don't know / Not sure Refused	
7.6	Are yo	ou?	(111)
	Please	e read:	
	1 2 3 4 5	Married Divorced Widowed Separated Never married	



•		_
ı	,	r

6 A member of an unmarried couple

Do not read:

- 9 Refused
- 7.7 How many children less than 18 years of age live in your household?

(112-113)

- _ _ Number of children
- 8 8 None
- 9 9 Refused
- **7.8** What is the highest grade or year of school you completed?

(114)

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

- 9 Refused
- **7.9** Are you currently...?

(115)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

8 Unable to work

Do not read:

9 Refused



7.10 Is your annual household income from all sources—

(116-117)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

- 0 4 Less than \$25,000 **If "no," ask 05; if "yes," ask 03** (\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 **If "no," code 04; if "yes," ask 02** (\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 **If "no," code 03; if "yes," ask 01** (\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 If "no," code 02
- 0 5 Less than \$35,000 **If "no," ask 06** (\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 **If "no," ask 07** (\$35,000 to less than \$50,000)
- 0 7 Less than \$75,000 **If "no," code 08** (\$50,000 to less than \$75,000)
- 0 8 \$75,000 or more

Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

7.11 About how much do you weigh without shoes?

(118-121)

NOTE: If respondent answers in metrics, put "9" in column 118.

Round fractions up

_ _ _ Weight (pounds/kilograms)

7 7 7 7 Don't know / Not sure

9 9 9 9 Refused



7.12 About how tall are you without shoes?

(122-125)

NOTE: If respondent answers in metrics, put "9" in column 122.

Round fractions down

Height

(ft/inches/meters/centimeters)

Don't know / Not sure 77/77

99/99 Refused

7.13 What county do you live in? (126-128)

ANSI County Code (formerly FIPS county code)

 $\overline{7}$ $\overline{7}$ $\overline{7}$ Don't know / Not sure

9 9 9 Refused

- 7.15 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (134)
 - Yes

2 No [Go to Q7.17] 7 [Go to Q7.17] Don't know / Not sure

9 Refused [Go to Q7.17]

7.16 How many of these telephone numbers are residential numbers?

(135)

Residential telephone numbers [6 = 6 or more]

- 7 Don't know / Not sure
- 9 Refused
- 7.17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

(136)

- 1 Yes [Go to Q7.19]
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 7.18 Do you share a cell phone for personal use, at least one-third of the time, with other adults?

(137)

1	Yes	[Go to Q7.20]
2	No	[Go to Q7.21]
7	Don't know / Not sure	[Go to Q7.21]
9	Refused	[Go to Q7.21]



7.19	Do you usually share this cell phone, at least one-third of the time, with any other adults' (138		ilts? (138)
	1 2 7 9	Yes No Don't know / Not sure Refused	
7.20		ng about all the phone calls that you receive on your landline and cell phone, w t, between 0 and 100, are received on your cell phone? (139-	
	888 777 999	Enter percent (1 to 100) Zero Don't know / Not sure Refused	
7.21	Do you	own or rent your home?	(142)
	1 2 3 7 9	Own Rent Other arrangement Don't know / Not sure Refused	
INTERVIEWER family without		"Other arrangement" may include group home, staying with friends or rent.	
NOTE: Home	is define	ed as the place where you live most of the time/the majority of the year.	
7.22	Indicate	re sex of respondent. Ask only if necessary.	[143)
	1 2	Male [Go to next section] Female [If respondent is 45 years old or older, go to next section]	1]
7.23	To your	r knowledge, are you now pregnant?	(144)
	1 2 7 9	Yes No Don't know / Not sure Refused	



Section 8: Disability

The following questions are about health problems or impairments you may have.

8.1 Are you limited in any way in any activities because of physical, mental, or emotional problems?

(145)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused
- Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(146)

Include occasional use or use in certain circumstances.

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

Section 9: Tobacco Use

9.1 Have you smoked at least 100 cigarettes in your entire life?

(147)

NOTE: 5 packs = 100 cigarettes

- 1 Yes
- No [Go to Q9.5]
 Don't know / Not sure [Go to Q9.5]
 Refused [Go to Q9.5]
- **9.2** Do you now smoke cigarettes every day, some days, or not at all?

(148)

- 1 Every day
- 2 Some days
- Not at all [Go to Q9.4]
 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]



9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

(149)

1	Yes	[Go to Q9.5]
2	No	[Go to Q9.5]
7	Don't know / Not sure	[Go to Q9.5]
9	Refused	[Go to Q9.5]

9.4 How long has it been since you last smoked a cigarette, even one or two puffs?

(150-151)

- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 0 7 10 years or more
- 7 7 Don't know / Not sure
- 9.9 Refused
- **9.5** Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum. (152)

- 1 Every day
- 2 Some days
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 10: Alcohol Consumption

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

(153-155)

1 Days per week

2 _ _ Days in past 30 days

8 8 8 No drinks in past 30 days [Go to next section]



777 Don't know / Not sure

999 Refused

[Go to next section]
[Go to next section]

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(156-157)

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

Number of drinks

- 77 Don't know / Not sure
- 9 9 Refused
- 10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X** [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion? (158-159)

Number of times

- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused
- During the past 30 days, what is the largest number of drinks you had on any occasion? (160-161)

Number of drinks

- 77 Don't know / Not sure
- 9 9 Refused

Section 11: Immunization

Now I will ask you questions about the seasonal flu vaccine. There are two ways to get the seasonal flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™. During the past 12 months, have you had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose?

(162)

READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1 Yes

No [Go to Q11.4]
 Don't know / Not sure [Go to Q11.4]
 Refused [Go to Q11.4]

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

(163-168)



__/__ Month / Year 7 7 / 7 7 7 Don't know / Not sure

99/999 Refused

11.3 At what kind of place did you get your last flu shot/vaccine?

(169-170)

- 0 1 A doctor's office or health maintenance organization (HMO)
- 0 2 A health department
- 0 3 Another type of clinic or health center (Example: a community health center)
- 0 4 A senior, recreation, or community center
- 0 5 A store (Examples: supermarket, drug store)
- 0 6 A hospital (Example: inpatient)
- 0 7 An emergency room
- 0 8 Workplace
- 0 9 Some other kind of place
- 1 0 Received vaccination in Canada/Mexico (Volunteered Do not read)
- 11 A school
- 7 7 Don't know / Not sure (*Probe:* "How would you describe the place where you went to get your most recent flu vaccine?"

Do not read:

- 9 9 Refused
- A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

 (171)

 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 12: Falls

If respondent is 45 years or older continue, otherwise go to next section.

Next, I will ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

12.1 In the past 12 months, how many times have you fallen?

(172-173)

8 8	Number of times None	[76 = 76 or more] [Go to next section]
7 7	Don't know / Not sure	[Go to next section]
9 9	Refused	[Go to nex

12.2 [Fill in "Did this fall (from Q12.1) cause an injury?"]. If only one fall from Q12.1 and response is "Yes" (caused an injury); code 01. If response is "No," code 88.



How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

(174-175)

Number of falls [76 = 76 or more] None

7 7 Don't know / Not sure 9 9 Refused

Section 13: Seatbelt Use

13.1 How often do you use seat belts when you drive or ride in a car? Would you say—

(176)

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

CATI note: If Q13.1 = 8 (Never drive or ride in a car), go to Section 15; otherwise continue.

Section 14: Drinking and Driving

CATI note: If Q10.1 = 888 (No drinks in the past 30 days); go to next section.

The next question is about drinking and driving.

During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

(177-178)

Number of times

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



Section 15: Breast and Cervical Cancer Screening

CATI note: If respondent is male, go to the next section.

The next questions are about breast and cervical cancer.

15.1 A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

(179)

- 1 Yes
- 2 No [Go to Q15.3]
- 7 Don't know / Not sure [Go to Q15.3]
- 9 Refused [Go to Q15.3]

15.2 How long has it been since you had your last mammogram?

(180)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

(181)

- 1 Yes
- No [Go to Q15.5]
 Don't know / Not sure [Go to Q15.5]
 Refused [Go to Q15.5]
- 15.4 How long has it been since your last breast exam?

(182)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)



- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- **15.5** A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

(183)

- 1 Yes
- No [Go to Q15.7]
 Don't know / Not sure [Go to Q15.7]
 Refused [Go to Q15.7]
- 15.6 How long has it been since you had your last Pap test?

(184)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

CATI note: If response to Core Q7.23 = 1 (is pregnant); then go to next section.

15.7 Have you had a hysterectomy?

(185)

Read only if necessary: A hysterectomy is an operation to remove the uterus (womb).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 16: Prostate Cancer Screening

CATI note: If respondent is <39 years of age, or is female, go to next section.

Now, I will ask you some questions about prostate cancer screening.



16.1 A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Has a doctor, nurse, or other health professional EVER talked with you about the advantages of the PSA test? (186)1 Yes 2 Nο 7 Don't Know / Not sure 9 Refused 16.2 Has a doctor, nurse, or other health professional EVER talked with you about the disadvantages of the PSA test? (187)1 Yes 2 No 7 Don't Know / Not sure 9 Refused 16.3 Has a doctor, nurse, or other health professional EVER recommended that you have a PSA test? (188)1 Yes 2 Nο 7 Don't Know / Not sure 9 Refused 16.4 Have you EVER HAD a PSA test? (189)Yes 2 No [Go to next section] 7 Don't Know / Not sure [Go to next section] 9 Refused [Go to next section] 16.5 How long has it been since you had your last PSA test? (190)Read only if necessary: Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years) 3 Within the past 3 years (2 years but less than 3 years) 4 Within the past 5 years (3 years but less than 5 years) 5 5 or more years ago Do not read: 7 Don't know / Not sure 9 Refused



16.6 What was the MAIN reason you had this PSA test – was it …?

(191)

- 1 Part of a routine exam
- 2 Because of a prostate problem
- 3 Because of a family history of prostate cancer
- 4 Because you were told you had prostate cancer
- 5 Some other reason

Do Not Read:

- 7 Don't know / Not sure
- 9 Refused

Section 17: Colorectal Cancer Screening

CATI note: If respondent is \leq 49 years of age, go to next section.

The next questions are about colorectal cancer screening.

17.1 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

(192)

- 1 Yes
- No [Go to Q17.3]
 Don't know / Not sure [Go to Q17.3]
- 9 Refused **[Go to Q17.3]**

17.2 How long has it been since you had your last blood stool test using a home kit?

(193)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- 17.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

(194)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]



9 Refused [Go to next section]

For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy?

(195)

- 1 Sigmoidoscopy
- 2 Colonoscopy
- 7 Don't know / Not sure
- 9 Refused
- 17.5 How long has it been since you had your last sigmoidoscopy or colonoscopy?

(196)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 18: HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(197)

- 1 Yes
- 2 No [Go to Q18.3] 7 Don't know / Not sure [Go to Q18.3]
- 9 Refused [Go to Q18.3]
- 18.2 Not including blood donations, in what month and year was your last HIV test?

(198-203)

NOTE: If response is before January 1985, code "Don't know."



CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

__/__ Code month and year 77/7777 Don't know / Not sure 9 9/ 9 9 9 9 Refused / Not sure

- 18.3 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one.
 - You have used intravenous drugs in the past year.
 - You have been treated for a sexually transmitted or venereal disease in the past year.
 - You have given or received money or drugs in exchange for sex in the past year.
 - You had anal sex without a condom in the past year.

Do any of these situations apply to you?

(204)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Closing Statement or Transition to Modules and/or State-Added Questions

Closing statement

Please read:

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.

Or

Transition to modules and/or state-added questions

Please read:

Finally, I have just a few questions left about some other health topics.



Optional Modules

Module 1: Pre-Diabetes

NOTE: Only asked of those not responding "Yes" (code = 1) to Core Q5.13 (Diabetes awareness question).

1. Have you had a test for high blood sugar or diabetes within the past three years?

(210)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Core Q5.13 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 "Yes" (code = 1).

2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

(211)

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

Module 2: Diabetes

To be asked following Core Q5.13; if response is "Yes" (code = 1)

1. How old were you when you were told you have diabetes?

(212-213)

- Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 9 9 Refused



(214)

- 1 Yes
- 2 No
- Refused
- 3. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(215-217)

1	Times per day
2	Times per week
3	Times per month
4	Times per year
8 8 8	Never
777	Don't know / Not sui

Don't know / Not sure

9 9 9 Refused

About how often do you check your feet for any sores or irritations? Include times when 4. checked by a family member or friend, but do NOT include times when checked by a health professional.

(218-220)

1	_	_	Times per day
2	_	_	Times per week
3	_		Times per month
4			Times per year
5	5	5	No feet
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

About how many times in the past 12 months have you seen a doctor, nurse, or other 5. health professional for your diabetes?

(221-222)

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Number of times [76 = 76 or more]
```

- 8 8 None
- Don't know / Not sure 7 7
- 9 9 Refused
- A test for "A one C" measures the average level of blood sugar over the past three 6. months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(223-224)

Number of times [76 = 76 or more]

- $\frac{\overline{8}}{8}$
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused



CATI note: If Q4 = 555 (No feet), go to Q8.

7.	About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (225-226)				
	8 8 7 7 9 9	Number of times [76 = 76 or more] None Don't know / Not sure Refused			
8.		was the last time you had an eye exam in which the pupils were dilated? The made you temporarily sensitive to bright light.	his		
	Read o	only if necessary:	(227)		
	1 2 3 4	Within the past month (anytime less than 1 month ago) Within the past year (1 month but less than 12 months ago) Within the past 2 years (1 year but less than 2 years ago) 2 or more years ago			
	Do not	Do not read:			
	7 8 9	Don't know / Not sure Never Refused			
9.	Has a c retinopa	doctor ever told you that diabetes has affected your eyes or that you had athy?	(228)		
	1 2 7 9	Yes No Don't know / Not sure Refused			
10.	Have you ever taken a course or class in how to manage your diabetes yourself?				
	1 2 7	Yes No Don't know / Not sure	(229)		

Refused



Module 23: Random Child Selection

CATI note: If Core Q7.7 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If Core Q7.7 = 1, Interviewer please read: "Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." [Go to Q1]

If Core Q7.7 is >1 and Core Q7.7 does not equal 88 or 99, Interviewer please read: "Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth."

CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the "Xth" child. Please substitute "Xth" child's number in all questions below.

INTERVIEWER PLEASE READ:

I have some additional questions about one specific child. The child I will be referring to is the "Xth" **[CATI: please fill in correct number]** child in your household. All following questions about children will be about the "Xth" **[CATI: please fill in]** child.

1. What is the birth month and year of the "**Xth**" child?

(392-397)

___/__ Code month and year 7 7 / 7 7 7 Don't know / Not sure 9 9 / 9 9 9 9 Refused

CATI INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is \geq 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

2. Is the child a boy or a girl?

(398)

- 1 Boy 2 Girl
- 9 Refused
- **3.** Is the child Hispanic or Latino?

(399)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



4.	Which one or more of the following would you say is the race of the child?		(400-405		
	[Check all that apply]				
	Please read:				
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native			
	Or				
	6	Other [specify]			
	Do not read:				
	8 7 9	No additional choices Don't know / Not sure Refused			
CATI note: If	more tha	an one response to Q4, continue. Otherwise, go to Q6.			
5.	Which one of these groups would you say best represents the child's race?				
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian, Alaska Native			
	6 7 9	Other Don't know / Not sure Refused			
6.	How are you related to the child?				
	Please read:				
	1 2 3 4 5	Parent (include biologic, step, or adoptive parent) Grandparent Foster parent or guardian Sibling (include biologic, step, and adoptive sibling) Other relative			

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Do not read:

Not related in any way

Don't know / Not sure



Module 24: Childhood Asthma Prevalence

Refused

CATI note: If response to Core Q7.7 = 88 (None) or 99 (Refused), go to next module.

The next two questions are about the "Xth" [CATI: please fill in correct number] child.

- **1.** Has a doctor, nurse or other health professional EVER said that the child has asthma? (408)
 - 1 Yes

9

- 2 No [Go to next module]
 7 Don't know / Not sure [Go to next module]
 9 Refused [Go to next module]
- **2.** Does the child still have asthma?

(409)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

(422)