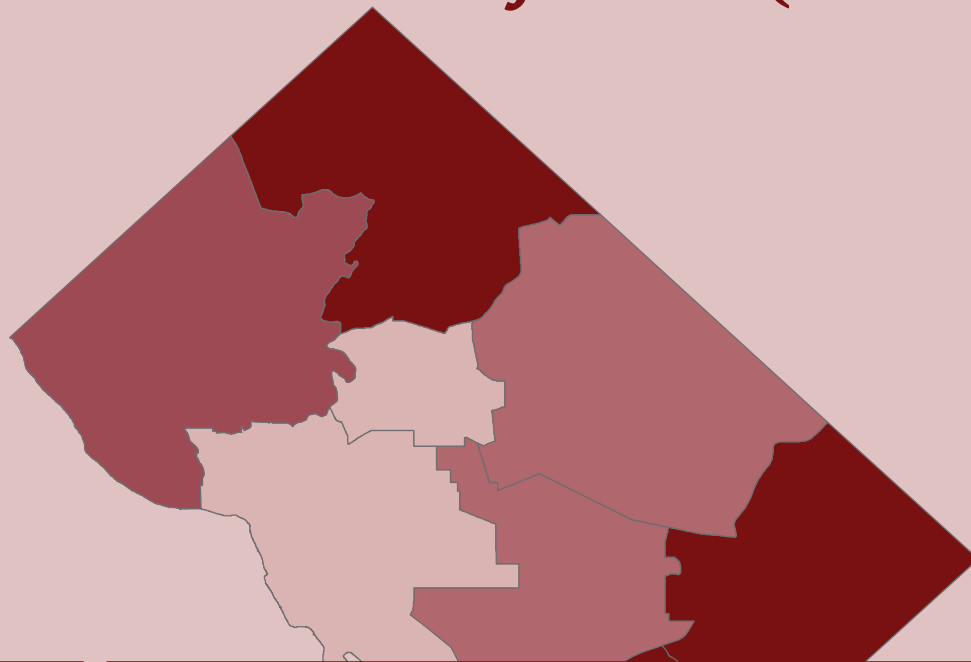


District of Columbia Behavioral Risk Factor Surveillance System (BRFSS)



2016

Annual Health Report



DC | **HEALTH**

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Executive Summary

The health and safety of a community is partially dependent on its ability to identify, address and act upon risk factors that debilitate its growth and development. Efforts to improve the social determinants of health (e.g., increasing family economic stability, increasing educational attainment and reducing racial and ethnic discrimination) have the potential to positively impact an immense amount of health outcomes for individuals and families, especially children.

Information from the BRFSS annual health report was obtained almost entirely from data collected from the 2016 Behavioral Risk Factor Surveillance System (BRFSS) survey. The BRFSS is a Centers for Disease Control and Prevention (CDC) sponsored health-risk landline and cell phone survey. Data collected from the survey are collected monthly in all 50 states, the District of Columbia and U.S. territories.

Highlights - 2016 District of Columbia

Median Income (DC Office of Planning)

- Wards 7 and 8 had a household median income less than \$40,000 compared to all other wards with household median income greater than \$60,000. Wards 2 and 3 had a household median income greater than \$100,000

Mortality (Vital Records)

- Heart disease and cancer were the top two leading causes of death in all wards
- Alzheimers was among the top 10 leading causes of death in Wards 2, 3, 4, 5 and 6
- HIV/AIDS was among the top 10 leading causes of death in Wards 1, 2, 6, 7 and 8
- Diabetes was among the top 10 leading causes of death in all wards

Health Conditions and Risk Factors by Ward (BRFSS)

- Residents who resided in **Ward 1** were more likely to require the use of special equipment, be overweight, be binge drinkers, tried smoking a hookah and never had a pneumonia shot
- Residents who resided in **Ward 2** were more likely to have had health coverage, tried smoking a hookah, be diagnosed with cancer, women were likely to have had a pap test within 3 years, and women 40 years and older were less likely to have had a mammogram
- Residents who resided in **Ward 3** were more likely to be diagnosed with cancer, never tested for HIV, not use a condom, had met the United States Prevention Services Task Force (USPSTF)

It is important to convey the significance of data captured from the BRFSS and how these data should be used to strategically improve the health of District residents and avoid future preventable health challenges. The annual report, can be used by agencies, academia, key stakeholders, elected officials, and community based organizations citywide to identify, address and act upon the underlying factors that contribute to disparities tied to negative health outcomes.

To this end, data should drive decisions and be the foundation for how to best utilize limited resources and close gaps in our public health care system. Many preventive diseases could be reduced if data were used appropriately and applied to determine burden and drive the appropriate policy, intervention, education and program development.

recommendations for colorectal cancer, had health coverage and were limited in their activities

- Residents who resided in **Ward 4** did not rank high in any category captured in this report
- Residents who resided in **Ward 5** were more likely to be overweight, diagnosed with a depressive disorder, have had a heart attack, and males were less likely to have had a Prostate Specific Antigen (PSA) test
- Residents who resided in **Ward 6** were more likely to be binge drinkers, tried smoking a hookah, had a stroke and females were more likely to have had a Pap test within the past three years
- Residents who resided in **Ward 7** were more likely to have had activity limitation, rate their health as poor, be obese, be overweight, diagnosed with prediabetes, arthritis, asthma, depressive disorder, diabetes or heart disease, had a heart attack or stroke, be a current smoker, had a routine checkup in the past year, engaged in no exercise and did not receive a flu shot
- Residents who resided in **Ward 8** were more likely to have had difficulty remembering and concentrating, had limited activity, used special equipment, rated their health fair or poor, had a routine checkup, did not receive a flu shot, never had a pneumonia shot, females had a Pap test, be a current smoker, diagnosed with Chronic Obstructive Pulmonary Disease (COPD), diabetes, arthritis, heart disease or kidney disease, had a heart attack or stroke

Introduction

The mission of the District of Columbia Department of Health (DC Health) is to promote health, wellness and equity across the District, and protect the safety of residents, visitors and those doing business in the nation's capital. The BRFSS is a surveillance tool that aligns with this mission by providing data that aids in public health action, which can measure and assess health-related attitudes, knowledge and behavior that affect the stability of residents' health and increase vulnerability to illnesses.

Despite significant strides made in healthcare the guarantee or benefits associated with having quality and adequate health care has yet to translate into optimal health. Implementing evidence-based strategies that increase residents' ability to obtain his or her potential by eliminating the divide between those who are socially positioned and those who are not would change the trajectory of population health in the District of Columbia.

The BRFSS is one of many tools that should be used to monitor residents' health and identify areas within the

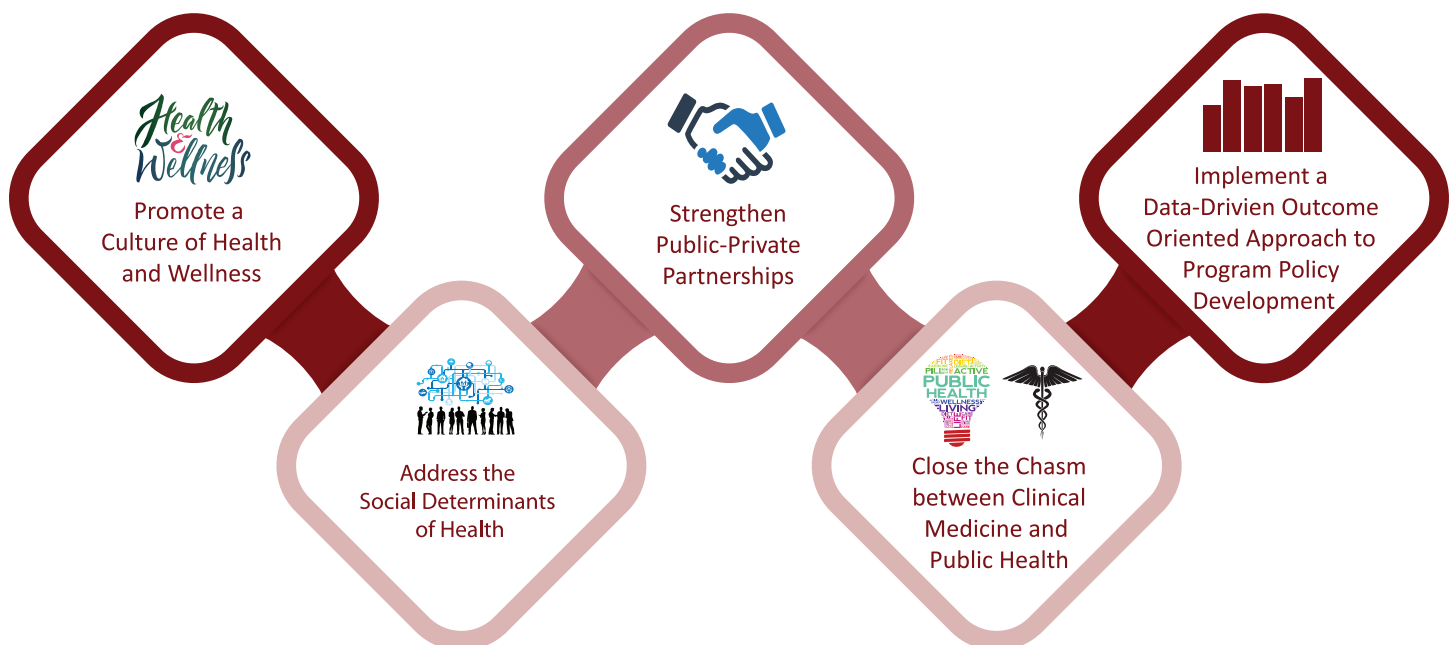
city where adequate and sufficient use of resources would be better served. This effort will make a vast difference in communities with poor social determinants of health outcomes/indicators such as housing, low income, unsafe neighborhoods, or substandard education.

As the department embraces and obligates its efforts towards a Health in All Policies (HiAP) approach; data centric, evidence-based practices and synergy among agencies and community partners to create social and economic policies that affect the way residents live will decrease premature illness and death.

This report includes the leading causes of death, leading causes of hospitalizations in D.C. and Healthy People 2020 measures, where applicable. Results from the 2016 core BRFSS, which includes chronic diseases, risk behaviors and preventive practices are gathered from the survey and aimed at reinforcing the urgency of maintaining healthy behaviors.

District of Columbia Department of Health Five (5) Strategic Priorities

DC Health's five strategic priorities emphasize the department's commitment to collaboration, community engagement and transparency.



Source: Government of the District of Columbia, Department of Health (DC Health)

Glossary and Reference Terms

Age-Adjusted Rates - A rate that has been statistically modified to eliminate the effect of varying age distributions in different populations. Age adjustment is a statistical method that is used to allow health measures (like rates of disease, death, or injuries) to be compared between communities with different age structures.

American Indian or Alaskan Native (Federal Definition) - A Person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment

Asian - (Federal Definition) - A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam. www.census.gov

Behavioral Risk Factor Surveillance System (BRFSS) – A national survey of behavioral risk factors conducted by states with CDC support. www.cdc.gov/brfss

Black or African American (Federal Definition) - A person having origins in any of the black racial groups of Africa. www.census.gov

BMI - Body Mass Index, used to define overweight and obesity – Weight (in pounds) divided by the square of height (in inches) times 704.5. <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

Underweight – Less than 18.5

Normal 18.5-24.9

Overweight – 25.0 to 29.9

Obese 30.0 or greater

CATI – Computer-assisted telephone interviewing (manage the sample for each interviewer and collect the respondents' data from the interviewer's direct entry into electronic files).

95% Confidence Interval: A range that is calculated based on the standard error of a measurement and conveys how precise a measurement is. 95% confidence interval means that the likelihood of the true mean falling within the interval is 95%. www.cdc.gov

CDC - Centers for Disease Control and Prevention. www.cdc.gov

DC – District of Columbia

DC Health – Also known as District of Columbia Department of Health. www.dchealth.dc.gov

Ethnicity – The classification of a population that shares common characteristics, such as religion, traditions, culture, language and tribal or national origin. www.census.gov

GIS – Geographic Information Systems.

Health – A dynamic state of complete physical, mental, spiritual and social well-being and not merely the absence of disease or infirmity. (WHO'S New Proposed Definition. 101st Session of the WHO Executive Board, Geneva; January 1998. Resolution EB101.R2)

Healthy People 2020 – Healthy People is a national health promotion and disease prevention initiative that brings together national, state, and local government agencies; nonprofit, voluntary and professional organizations; business; communities; individuals to improve the health of all Americans, eliminate disparities in health and improve years and quality of healthy life. www.healthypeople.gov

Hispanic/Latino or Latino (Federal Definition) - A person of Mexican, Puerto Rican, Cuban, South or Central American or other Spanish culture or origin regardless of race. www.census.gov

Glossary and Reference Terms

Morbidity – Illness or lack of health caused by disease, disability or injury.

Mortality – A measure of the incidence of deaths in a population.

Mortality rate - The number of deaths attributed to a disease during a specific period of time divided by the size of the population during that period of time. The result is often multiplied by a base number, such as 1,000 or 100,000

Native Hawaiian or Other Pacific Islander - (Federal definition) A person having origins in any of the original peoples of Hawaii, Guam, Samoa or other Pacific Islands. www.census.gov

Percentage - A ratio where the value for the numerator is included in the total denominator. Prevalence is a percentage. The prevalence of diabetes is the number of people with diabetes divided by the entire population, with and without diabetes.

Prevalence – The proportion of people in a population who have a particular disease or attribute at the specified point in time or over a specified period of time <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

Race - Race is a sociological characteristic: generally thought of as a characteristic by which one is identified by others. Often these characteristics are related to skin color and / or facial features. Genetic studies have thoroughly discredited the concept of race as a biological characteristic.

Race/Ethnicity “Other” – related to the BRFSS annual report, “other” includes Alaskan Native, Hawaiian Native, Asian, multiracial, Pacific Islander and American Indian.

Random Sample – A process where members or items are chosen from a group (population) in no order or pattern. www.cdc.gov

Relative Standard Error (RSE) - The RSE is defined as the standard error of the estimate divided by the estimate itself. Estimates with RSEs from 30% through 50% are considered statistically unreliable and are indicated with an asterisk (*). Estimates with RSEs more than 50% were suppressed, with estimates replaced by (**). www.cdc.gov

Sample – A small group selected to represent a larger population. www.cdc.gov

SAS – Statistical Analysis System. www.sas.com

Significant – In normal English, “significant” means important, while in statistics “significant” means probably true (not due to chance). Research finding may be true without being important. When statisticians say a result is “significant” they mean it is very probably true. They do not (necessarily) mean it is highly important. <https://dhhr.wv.gov/hpcd/FocusAreas/WVHealthyLifestyles/Pages/Glossary-of-Terms.aspx>

IBM SPSS – International Business Machines, Statistical Package for Social Sciences. www.ibm.com

Suppression - Data suppression refers to the various methods or restrictions that are applied to estimates to limit the disclosure of information about individual respondents and to reduce the number of estimates with unacceptable levels of statistical reliability. www.census.gov

Surveillance – The ongoing systematic collection, analysis and interpretation of data (e.g., regarding agent/hazard, risk factor, exposure, health event) essential to the planning, implementation and evaluation of public health practices, closely integrated with the timely dissemination of these data to those responsible for prevention and control.

Surveillance system(s) – A program that conducts public health surveillance and supplies information products on the magnitude and patterns of death, disease or health risks to national and local surveillance efforts, public health professionals and the public.

Glossary and Reference Terms

U.S. Preventive Services Task Force: A 20-member non-Federal panel commissioned by the Public Health Services in 1984 to develop recommendations for clinicians on the appropriate use of preventive interventions, based on a systematic review of evidence of clinical effectiveness.

Ward Exclusion – Ward maps are suppressed if the sample size denominator is less than 50 or if the Relative Standard Error (RSE) is greater than 30.

White or Caucasian (Federal Definition) - A person having origins in any of the original peoples of Europe, the Middle East, or North Africa. www.census.gov

BRFSS Survey Methodology

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest health-risk behavior database in the world and provides the only nationwide health-risk data in the country. All 50 U.S. states, the District of Columbia, and three territories independently carry out this ongoing telephone survey, sponsored by the Centers for Disease Control and Prevention (CDC).

Survey Questionnaire

The “core” questionnaire consists of a standard set of questions, designed by the CDC, that are included in the survey for every state. Core modules administered for the 2016 District of Columbia BRFSS were:

- Health Status
- Demographics
- Healthy Days (Quality of Life)
- Health Care Access
- Exercise
- Inadequate Sleep
- Oral Health
- E-Cigarettes
- Exercise
- HIV/AIDS
- Chronic Health Condition
- Falls
- Seatbelt Use
- Drinking and Driving
- Immunization
- Tobacco Use
- Alcohol Consumption
- Breast and Cervical Cancer Screening
- Prostate Cancer Screening
- Colorectal Cancer Screening
- Drinking and Driving

The CDC also designs “optional” modules. These modules consist of standardized questions on various topics and may be selected by any state for inclusion as a part of their questionnaire. However, a selected module must be used in its entirety and asked of all eligible residents. If an optional module is modified in any way, then the questions are treated as “state-added” questions. Optional modules included in the 2016 District of Columbia BRFSS were:

- Health Care Access
- Health Literacy
- Caregiver
- Pre-diabetes
- Diabetes

State-added questions are developed or acquired by individual states. Individual states have the option to add questions to their BRFSS questionnaires that are not currently part of

the CDC core questionnaire or an available optional module. State-added questions for the DC BRFSS 2016 survey were:

- Cancer Survivorship
- Emotional Support and Life Satisfaction
- Disability
- Oral Health
- Tobacco Use
- HIV/AIDS
- Healthcare Utilization and Access

The survey was programmed and administered using the Computer-Assisted Telephone Interviewing (CATI) software designed specifically for telephone survey research.

The survey consisted of 200 questions. Not all questions were administered to all residents; however, some questions were administered only to residents with certain characteristics, determined by responses to previous questions. The CATI software system controls this survey logic. The average survey length in 2016 was 33 minutes.

Response Rates

Response rates for the District of Columbia BRFSS are calculated according to formulas developed by the Council of American Survey Research Organizations (CASRO), as specified by the CDC. The response rate measures how successful interviewers are at completing interviews once a respondent has been contacted and selected.

- The response rate for the 2016 land-line survey was 45% and the cell phone cooperation rate was 66.2%.

Data Analyses

Data for the 2016 District of Columbia BRFSS were delivered to the CDC each month. The data were then aggregated and weighted after interviewing was completed for the year. Data were weighted to adjust for differences in the probabilities of selection of each respondent. This weight accounted for the probability of selection of a telephone number, the number of adults in a household and the number of telephones in a household. An additional post-stratification adjustment was also made to ensure that the sample proportions of selected demographic characteristics (e.g., gender, age and race) were equal to the estimated sample proportions in the population, and to make the sum of the weights equal to the population of the District of Columbia. In this report, all data are weighted unless otherwise noted.

Ward Reporting

Ward maps and tables have been combined to increase the sample size for certain variables, which include remembering and concentrating, exercise, COPD, heart attack, heart disease

BRFSS Survey Methodology

and stroke.

Unweighted Number (UW) number of District residents who responded to a particular question. The percentage estimates displayed are weighted and based on the District of Columbia's adult population.

The Relative Standard Error (RSE) is the standard error expressed as a fraction of the estimate and is usually displayed as a percentage. Estimates with a RSE of 30% or greater are subject to high sampling error and have been suppressed from data results.

Race/Ethnicity-White/Caucasian, African American/Black and Other all refer to non-Hispanic/Latino

Race/Ethnic group "Other" refers to American Indian, Alaska Native, Asian, Native Hawaiian, Pacific Islander, multiracial and other (unspecified)

Respondents who identified as Hispanic/Latino/Latino were noted as Hispanic/Latino regardless of whether or not additional racial information was provided.

Limitations of the Data

As with any sample survey, factoring in the confidence limit selected, the results of the District of Columbia BRFSS can vary from those that would have been obtained with a census of all adults living in telephone-equipped households. The results of this sample survey could differ from the "true" figures because some households cannot be reached at all and others refused to participate. These non-responding households may differ from residents (those who actually participate in the survey) in terms of attributes relevant to the study.

The sample-design used in the District of Columbia BRFSS results in a 95% confidence interval. In other words, 95 times out of 100, the BRFSS results will vary no more than a given number of percentage points from the figure that would have been obtained if data had been collected for all adults in District of Columbia households with telephones.

Small Numbers

Small numbers of residents are also an issue when analyzing data. A difference in the responses of only a few individuals can result in a large difference in percentage of the total for that group. Small numbers of residents in a group generally occur in one of two ways. First, very few residents in the total sample have a particular characteristic under analysis. Second, the survey logic limits the number of residents receiving a particular question, thereby reducing the number of residents in each analytical unit from that item. Where total counts are less than 50 residents per subgroup and relevant standard error is greater than 30%, results are suppressed.

The survey population excludes adults:

- Who do not reside in the District
- In penal, mental, or other institutions
- Contacted at a second home during a stay of less than 30 days
- Who do not speak English well enough to be interviewed (language proficiency)
- Living in households without a land-line or cellular phone

District of Columbia Population

According to the 2012-2016 Census population estimates, there were 659,009 people living in the District of Columbia (DC).

Table 1. District of Columbia Population, Race/Ethnicity and Income by Ward 2012-2016 US Census¹

Ward	Population	Median Income	Caucasian/ White	African American/ Black	Asian	Hispanic/ Latino*	Native Hawaiian and other Pacific Islander	American Indian and Alaska Native	Some Other Race	Two or More Races
Ward 1	82,898	\$87,591	53.5%	30.1%	4.6%	19.8%	0.1%	0.1%	8.2%	3.3%
Ward 2	76,956	\$101,264	73.9%	8.8%	9.1%	11.3%	0.0%	0.2%	4.0%	3.9%
Ward 3	83,237	\$116,341	80.7%	7.0%	6.2%	10.6%	0.0%	0.4%	1.8%	4.0%
Ward 4	84,065	\$76,393	27.1%	55.3%	2.1%	20.3%	0.0%	0.0%	11.9%	2.9%
Ward 5	85,469	\$60,770	22.0%	68.0%	2.2%	9.2%	0.0%	0.5%	4.8%	2.5%
Ward 6	87,480	\$97,764	56.8%	34.1%	4.3%	6.2%	0.0%	0.3%	1.3%	3.1%
Ward 7	75,796	\$38,559	2.4%	93.8%	0.3%	3.5%	0.0%	0.3%	2.1%	1.1%
Ward 8	83,108	\$31,139	5.6%	90.9%	0.4%	2.6%	0.0%	0.1%	1.6%	1.4%

Note: *Hispanic/Latinos can be of any race.

Source: District of Columbia, Office of Planning

Inpatient Hospitalizations

The extent and capacity of how hospitalization data are being collected and utilized varies by state. Many states utilize inpatient hospitalization data to estimate the financial burden of specific diseases and/or conditions. Yet, the discharge data contains an abundance of information that transcends financial cost and more importantly provides information that could be utilized to promote effective preventive methods such as a shift in diet, exercise, screening and checkups. Hospital ad-

missions data can also be used to determine if individuals are subsidizing hospitals as a source of general health care services. Repeated admissions could be used as an opportunity to direct patients to a more centralized care or direct them to a primary care physician. States that utilize hospital discharge data to full capacity are better equipped to make informed decisions on how to better utilize limited fixed resources especially during times of economic hardship.

Table 2. Leading Causes of Inpatient Hospitalization Among DC-residents in 2016, DC Hospital Discharge Data

Ranking	Cause	N	Avg. Length of Stay (Days)
1	Complications of Pregnancy, Childbirth, and Puerperium	9630	2.9
2	Diseases of the Circulatory System	9568	6.7
3	Mental Disorders	6838	6.4
4	Diseases of the Respiratory System	5707	5.3
5	Diseases of the Digestive System	5572	5.6
6	Injury and Poisoning	5214	6.8
7	Infectious and Parasitic Diseases	3933	9.0
8	Diseases of the Musculoskeletal System and Connective Tissue	2952	5.1
9	Diseases of the Genitourinary System	2772	5.2
10	Symptoms, Signs, and Ill-Defined Conditions	2442	4.7

N = Number

Source: District of Columbia Hospital Association (DCHA)

Data analyzed by the District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division

Mortality

In 2016, there were 5,036 deaths of District of Columbia residents. Heart disease and cancer were the top two leading causes of death (Table 2). Figures 1-8, show the top 10 leading causes of death by Ward.

Mortality data are derived from death certificates, which contain demographic information such as the decedent's sex, race and the timing and cause of the death.¹ Mortality data allows comparability across states and among small geographic areas. The data are used to present the characteristics of the decedent, compare mortality trends and determine life expectancy. When used in conjunction with hospital discharge and risk behavior data, mortality data can be used as a proxy for measures of morbidity, which more accurately reflect the health status of a population.

² National Vital Statistics System - Mortality Data - <http://www.cdc.gov/nchs/deaths.htm>

Table 2. Leading Causes of Death and Age-Adjusted Rate Per 100,000 in the District of Columbia, 2016

DC Rank ¹	Cause of Death ²	Age Adjusted Rate ³
1	Heart Disease	211.2
2	Malignant Neoplasms (Cancer)	160.3
3	Accidents (includes falls and overdoses)	58.0
4	Cerebrovascular Disease (Stroke)	38.5
5	Chronic Lower Respiratory Disease	24.0
6	Homicide/Assault	19.7
7	Diabetes Mellitus	16.7
8	Alzheimer's Disease	18.3
9	Human Immunodeficiency Virus (HIV)	12.3
10	Septicemia	12.8

¹ Ranking based on 2016 number of deaths.

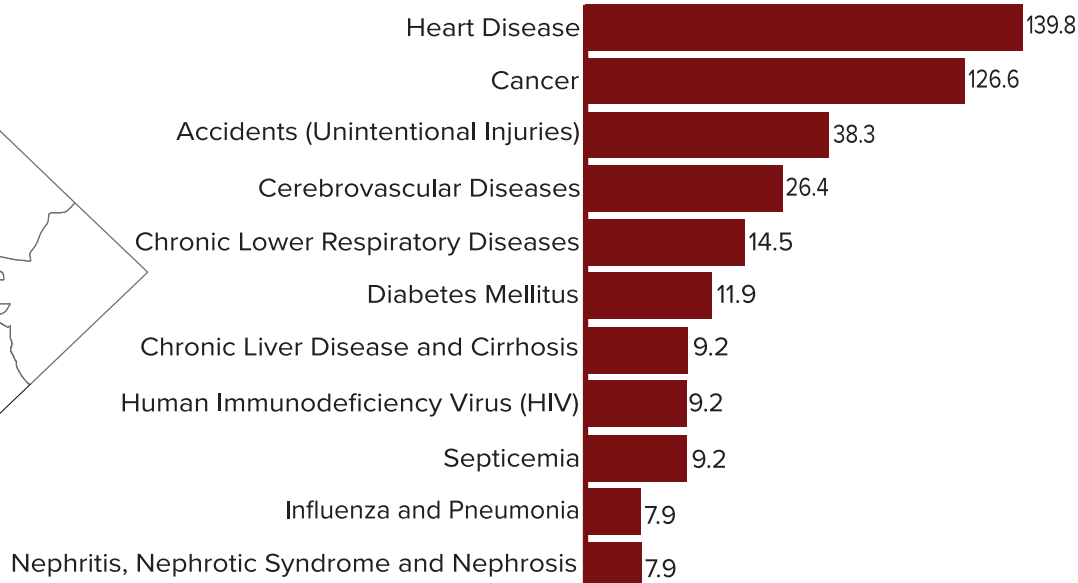
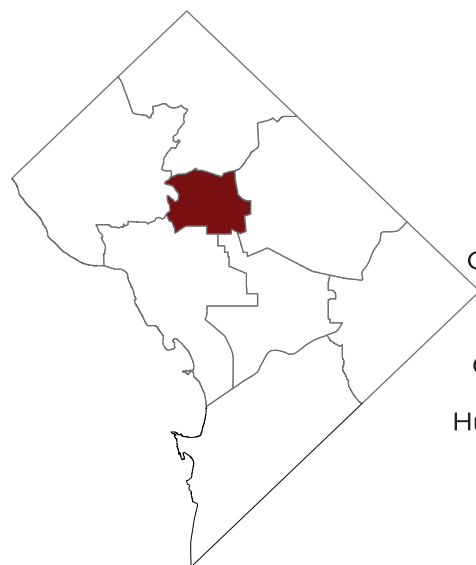
² Based on 113 Select Causes of Death list produced by the National Center for Health Statistics.

³ Population denominator based on the 1-year Annual Estimates of the Resident Population: April 1, 2010 to July 1, 2016; Source: U.S. Census Bureau, Population Division; Release Dates: For the United States, regions, divisions, states, and Puerto Rico Commonwealth, December 2016. For counties, municipalities, metropolitan statistical areas, micropolitan statistical areas, metropolitan divisions, and combined statistical areas, March 2017. For cities and towns (incorporated places and minor civil divisions), May 2017.

Data Source: 2012-2016 Mortality Files, Vital Records Division, Center for Policy, Planning, and Evaluation, D.C. Department of Health

Ward 1

Figure 1. Top Ten (10) Leading Causes of Death in Ward 1

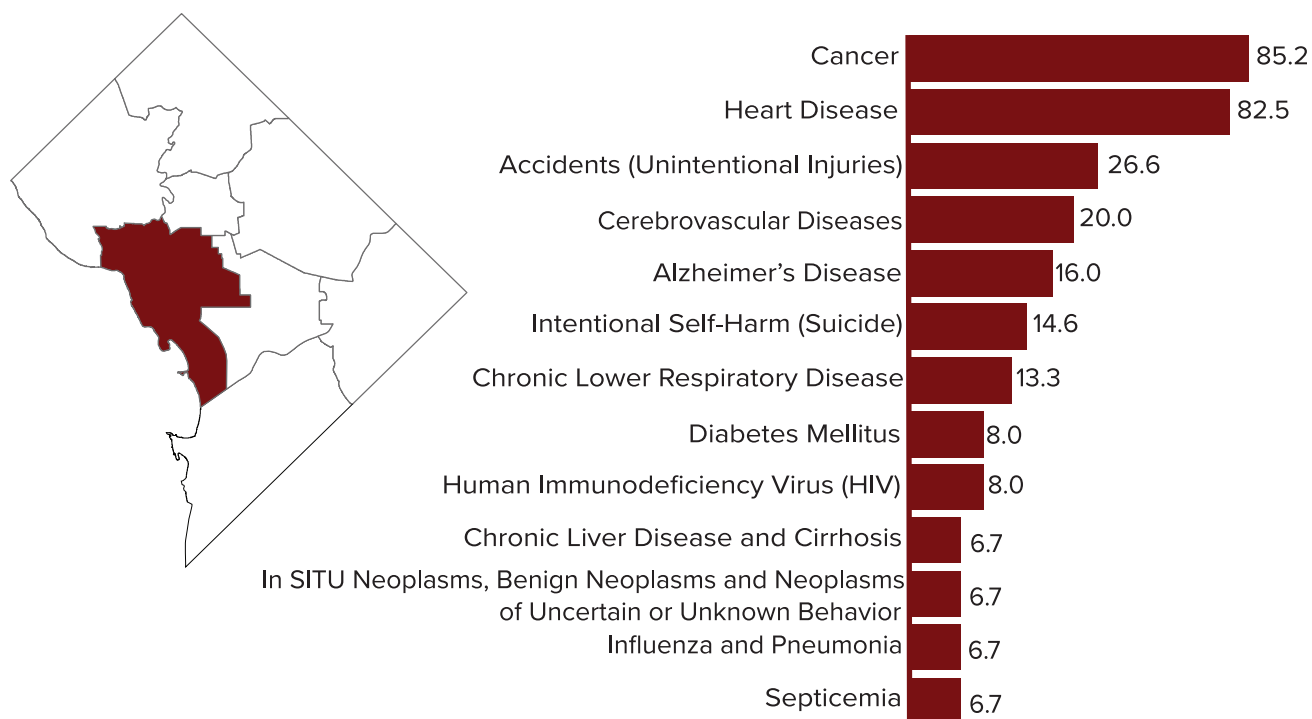


Age-Adjusted Rate by Ward, 2010 Census

Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Ward 2

Figure 2. Top Ten (10) Leading Causes of Death in Ward 2

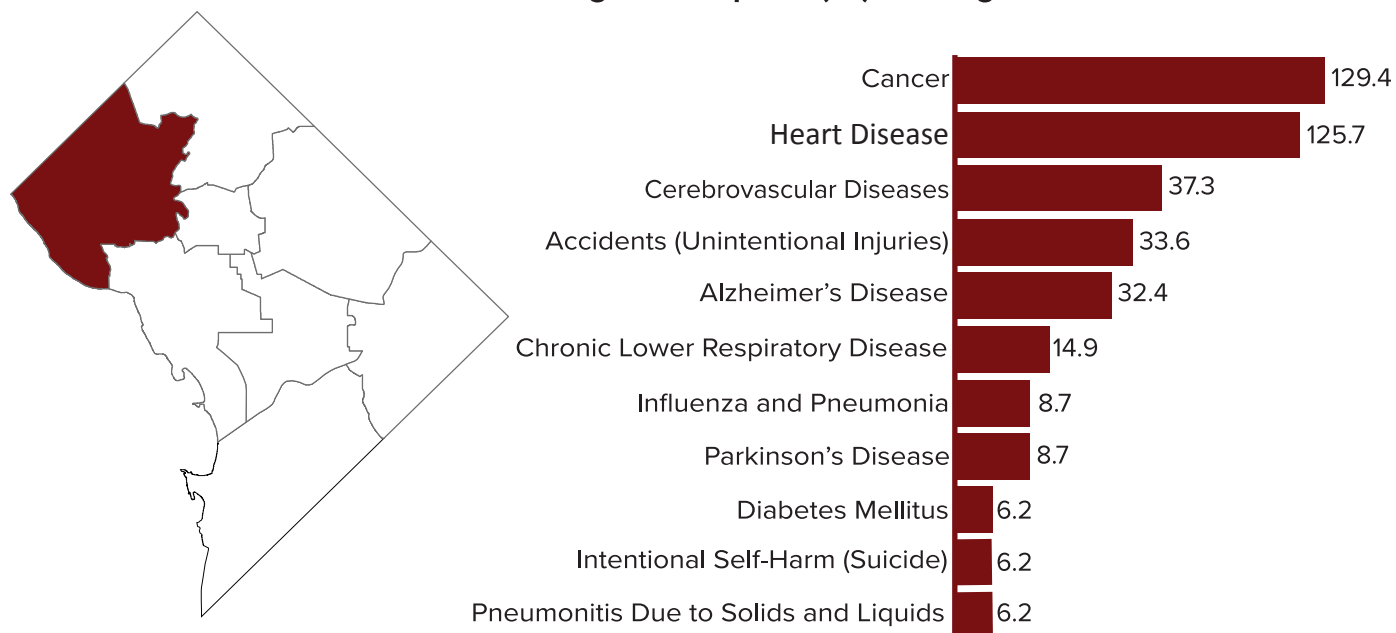


Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Age-Adjusted Rate by Ward, 2010 Census

Ward 3

Figure 3. Top Ten (10) Leading Causes of Death in Ward 3



Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Age-Adjusted Rate by Ward, 2010 Census

Ward 4

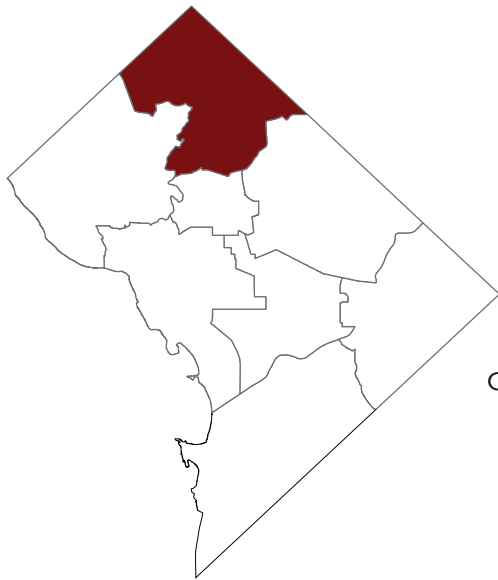
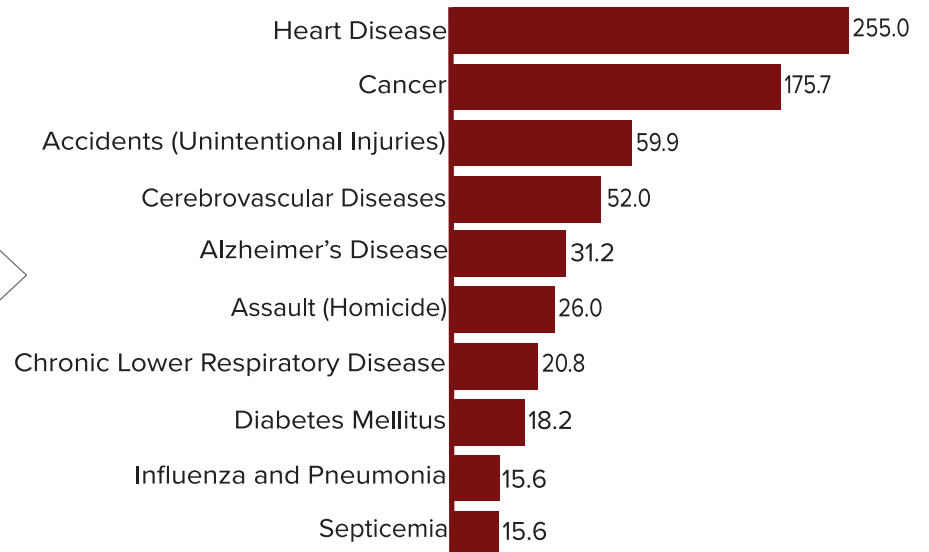


Figure 4. Top Ten (10) Leading Causes of Death in Ward 4



Age-Adjusted Rate by Ward, 2010 Census

Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Ward 5

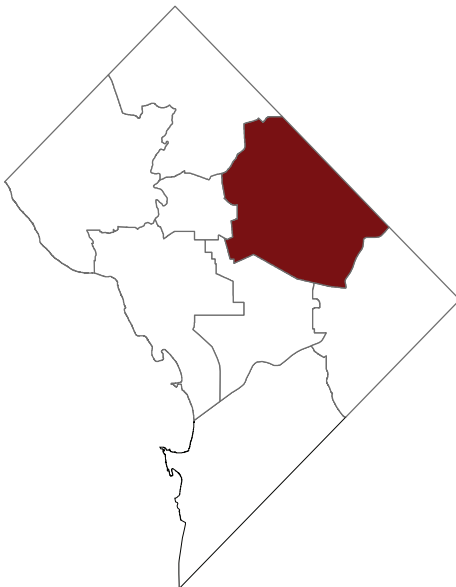
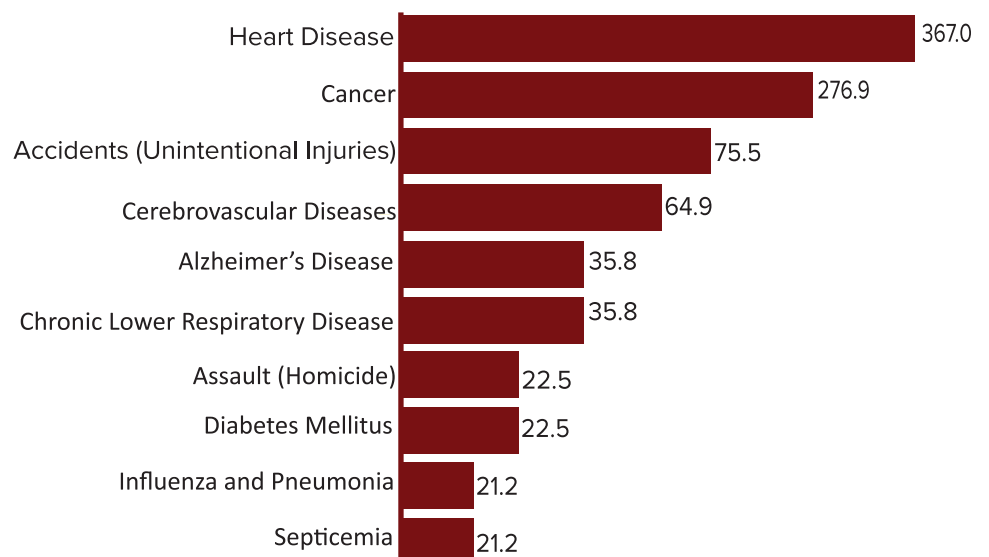


Figure 5. Top Ten (10) Leading Causes of Death in Ward 5



Age-Adjusted Rate by Ward, 2010 Census

Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Ward 6

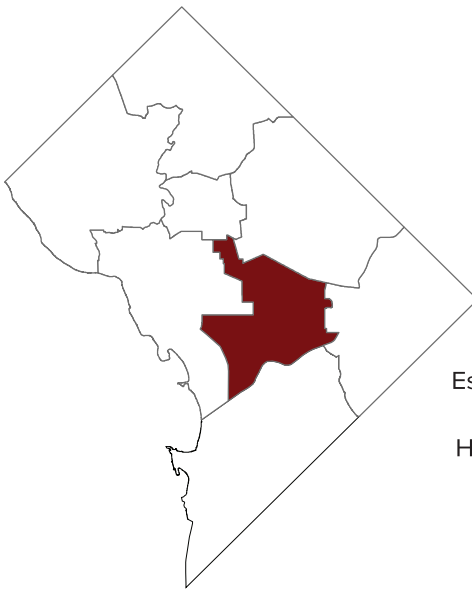
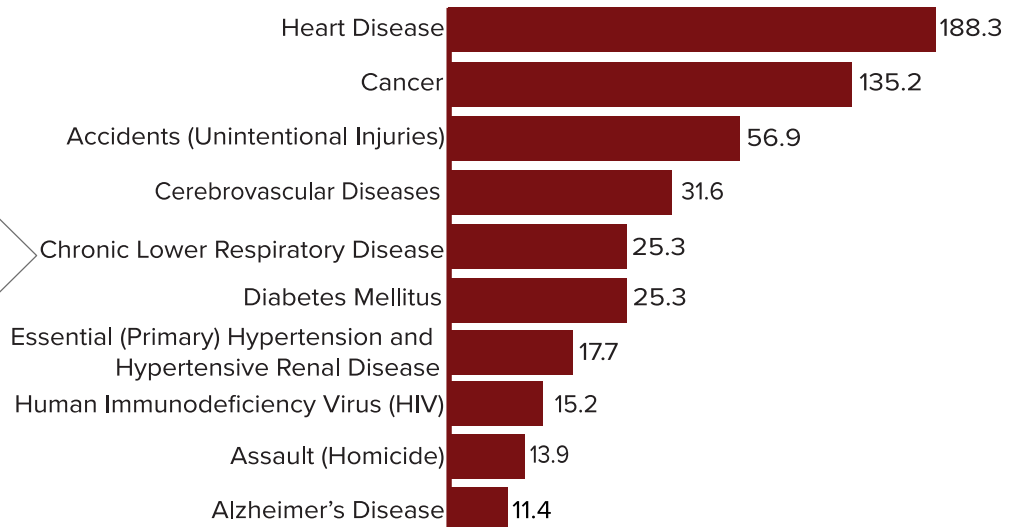


Figure 6. Top Ten (10) Leading Causes of Death in Ward 6



Age-Adjusted Rate by Ward, 2010 Census

Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Ward 7

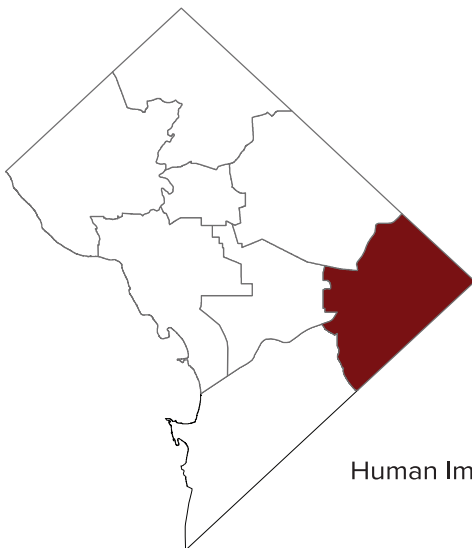
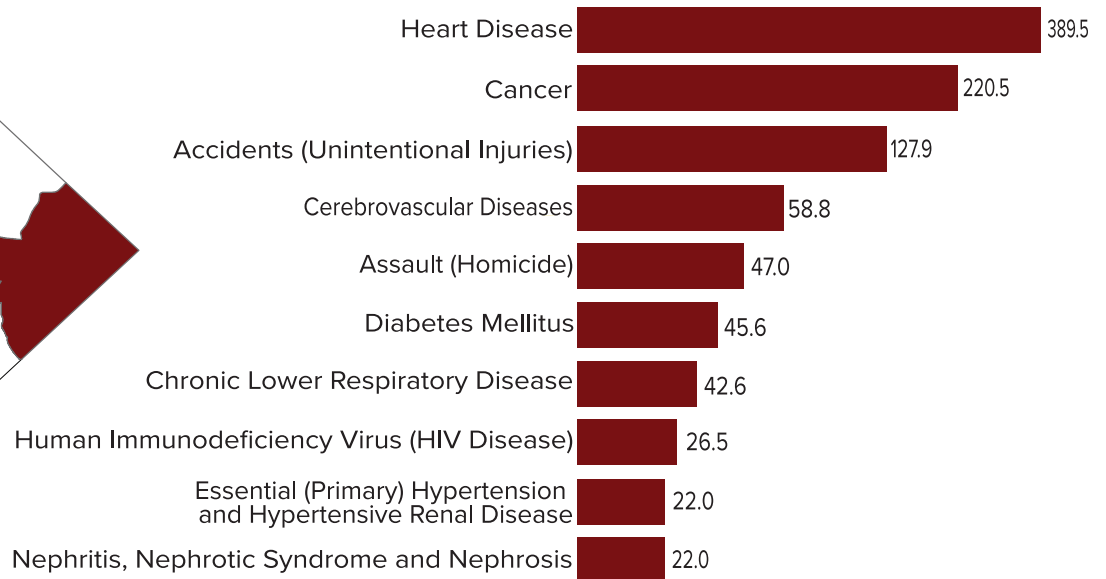


Figure 7. Top Ten (10) Leading Causes of Death in Ward 7

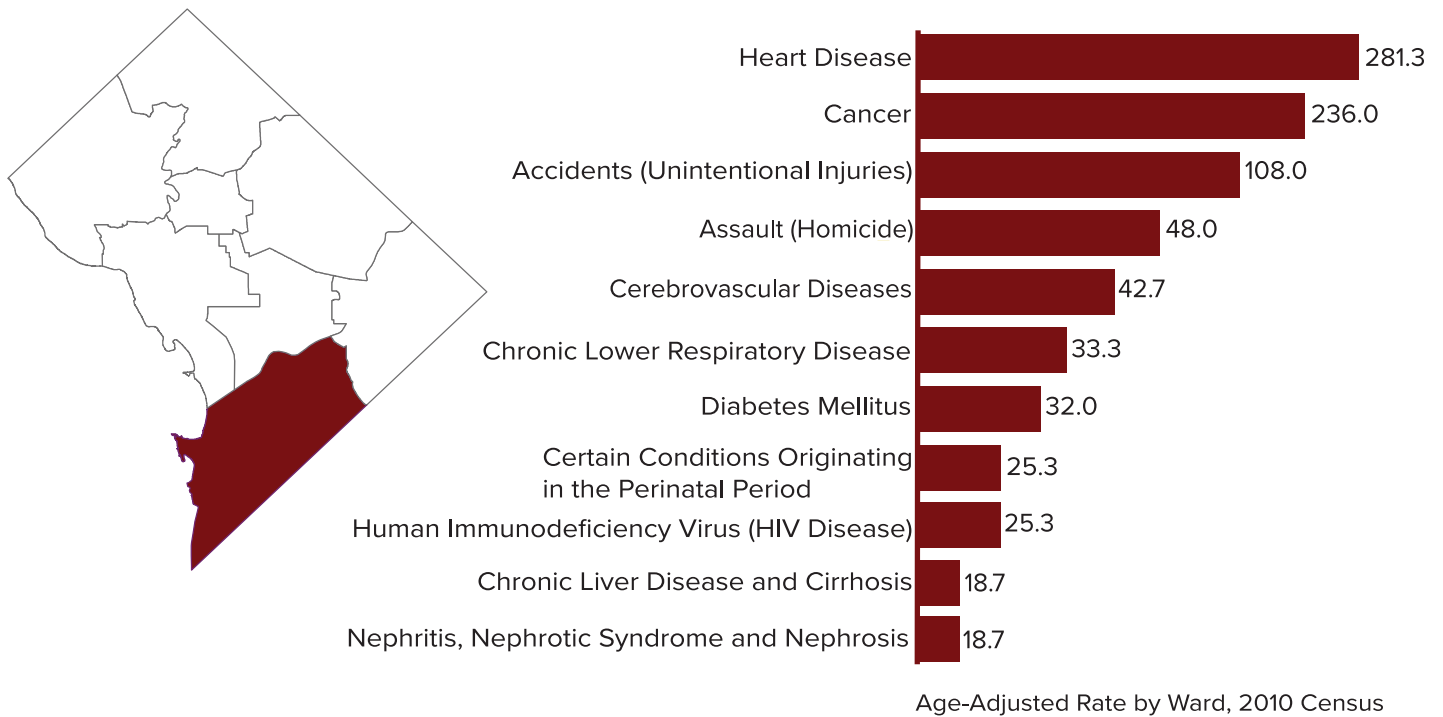


Age-Adjusted Rate by Ward, 2010 Census

Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Ward 8

Figure 8. Top Ten (10) Leading Causes of Death in Ward 8



Source: DC Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

DC Healthy People 2020

The Healthy People 2020 Initiative (HP2020) provides the District of Columbia and the nation with a set of goals to address the rate reduction of health disparities and disease. The HP2020 can be utilized to develop prevention and intervention strategies designed to decrease chronic disease, injury and disability among vulnerable populations. The BRFSS serves as one of the many tools used to measure and monitor progress of those health objectives. As District residents continue to experience high levels of chronic illness, disabilities and premature death from major health problems, it is imperative that BRFSS data are used to track progress towards achieving the Healthy People goals and objectives.

The overarching goals of Healthy People 2020:

- Enable the nation to achieve health equity and eliminate disparities
- Create social and physical environments that promote good health
- Promote quality of life, healthy development and healthy behaviors across life stages

Where applicable, the DC BRFSS relevant question(s) and data are used to capture DC HP2020 goal attainment for the following areas:

- Access to Health Services
- Asthma
- Cancer
- Diabetes
- Heart Disease and Stroke
- Immunization and Infectious Diseases

- Nutrition, Weight State and Physical Activity
- Older Adults
- Sleep Health
- Social Determinants of Health
- Substance Abuse
- Tobacco Use

This report includes the DC HP2020 objectives that use BRFSS, relevant survey questions that measure or show progress over time for each objective. Appendix 1 contains tables with more detailed information about each DC HP2020 objective that uses BRFSS data.







DC Healthy People 2020 Framework

The DC Healthy People 2020 Framework is a shared community agenda for people to:

- Support shared goals to achieve collective health improvements
- Facilitate continued cross-sector collaboration to implement and support the recommended evidence-based strategies
- Align our work to achieve health equity by addressing the underlying social and structural determinants of health

For more detailed information about the DC Healthy People program please visit <https://dchealth.dc.gov/page/dc-healthy-people-2020>








Progress Key











Target Met	Improving	Little/No Change	Getting Worse	No Data	No Data Collected
					







Baseline is highlighted in deep red



DC Healthy People 2020 Update

Objectives	Metric BRFSS Related Questions	2011	2012	2013	2014	2015	2016	DC HP 2020 Target	Progress
Access to Health Services									
AHS-1 Reduce the percentage of residents without a usual place of care	When you are sick or need advice about your health, to which one of the following places do you usually go? No place or ER	N/A ⁺⁺	N/A ⁺⁺	N/A ⁺⁺	14.9%	14.5%	12.4%	13.4%	
AHS-2 Increase the percentage of residents who receive preventive care	About how long has it been since you last visited a doctor for a routine checkup? (1 year)	74.6%	74.1%	73%	74%	76.2%	78.6%	80.3%	
Asthma									
A-4 Reduce asthma prevalence	(Current Asthma) Has a doctor, nurse, or other healthcare professional ever told you that you had asthma and Do you still have asthma?	10.1%	10.3%	11.9%	11.5%	10.6%	9.8%	10.1%	
A-4.1 Reduce asthma prevalence in adults age 65 and older	(Current Asthma) Has a doctor, nurse, or other healthcare professional ever told you that you had asthma and Do you still have asthma?	9.1%	7.4%	9.2%	7.2%	10.1%	8.4%	6.5%	
Cancer									
C-7 Increase the proportion of adults who receive a colorectal cancer screening based on most recent guidelines	Respondents aged 50-75 who have fully met the United States Preventive Services Task Force (USPSTF) recommendations colorectal cancer.	N/A ⁺⁺	N/A ⁺⁺	N/A ⁺⁺	67.9%	N/A ⁺⁺	70.4%	74.7%	
Diabetes									
D-2 Reduce the number or new cases of diagnosed diabetes in the population	Has a doctor, nurse or other health professional ever told you that you have diabetes?	9.1%	8.2%	7.8%	8.4%	8.5%	7.7%		Monitoring [§]
D-3.1 Increase the proportion of persons with diagnosed diabetes who have at least an annual eye exam	When was the last time you had an eye exam in which the pupils were dilated?	81.9%	79.1%	74.4%	72.9%	74.8%	77.9%	87.0%	
D-3.2 Increase the proportion of persons with diagnosed diabetes who have at least an annual foot exam	About how many times in the past 12 months has a health professional checked your feet for irritations?	76.9%	71.9%	79.5%	70.6%	80.9%	75%	84.6%	

Objectives	Metric BRFSS Related Questions	2011	2012	2013	2014	2015	2016	DC HP 2020 Target	Progress
Heart Disease and Stroke									
HDS-4 Reduce the proportion of adults with hypertension	Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?	30%	N/A	28.4%	N/A	29.4%	N/A	26.9%	
Immunization and Infectious Disease									
ID-2.3 Increase annual influenza vaccination rate	During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?	37.7%	36.9%	38.5%	41.3%	40.5%	37.2%	47.9%	
Maternal, Infant and Child Health									
MICH-5.2 Increase well-woman visits	About how long has it been since you last visited a doctor for a routine checkup? (1 year)	N/A	N/A	79.4%	76.9%	81.5%	82.7	87.2%	
Nutrition, Weight Status and Physical Activity									
NWP-1.1 Increase fruit consumption	How many times did you eat fruit? (one or more per day)	N/A ⁺⁺	N/A ⁺⁺	65.2%	N/A ⁺⁺	63%	N/A ⁺⁺	71.2%	
NWP-1.2 Increase vegetable consumption	How many times did you eat vegetables? (once or more per day)	N/A ⁺⁺	N/A ⁺⁺	79.1%	N/A ⁺⁺	81%	N/A ⁺⁺	83.8%	
NWP-5.2 Reduce the proportion of adults who are obese	About how tall are you and how much do you weigh? (obese)	23.8%	21.9%	22.9%	21.7%	22.1%	22.6%	19.7%	
NWP-7.2 Increased physical activity levels in youth 18-24	During the past month, other than your regular job, did you participate in any physical activities such as running calisthenics, golf, gardening or walking for exercise?	91.4%	86.7%	79.1%	78.5%	76.2%	86.1%	87.0%	
NWP-7.3 Increase physical activity levels in adults - 18 years and older	During the past month, other than your regular job, did you participate in any physical activities such as running calisthenics, golf, gardening or walking for exercise?	80.2%	82.6%	80.5%	79.2%	80.6%	83.8%	88.6%	
Older Adults									
OA-1 Improve overall health of older adults (50+)	Would you say that in general your health is (good, very good or excellent)?	N/A	73.6%	80%	77.6%	78.5%	80%	90%	
OA-2 Increase seniors who participate in regular physical activity (50+)	During the past month, other than your regular job, did you participate in any physical activities such as running calisthenics, golf, gardening or walking for exercise?	72.4%	74.5%	76.2%	72.7%	76.1%	79.8%	89.6%	

Objectives	Metric BRFSS Related Questions	2011	2012	2013	2014	2015	2016	DC HP 2020 Target	Progress
Sleep Health									
SH-2 Increase the proportion of adults who get sufficient sleep	On average, how many hours of sleep do you get in a 24-hours period? (7-8 hours) (asked every three years starting in 2014)	N/A ^{††}	N/A ^{††}	56.5%	59.5%	N/A ^{††}	N/A ^{††}	70.8%	
Social Determinants of Health									
SDH-6 Decrease economic food insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? (usually or sometimes)	N/A ^{††}	N/A ^{††}	N/A ^{††}	N/A ^{††}	N/A ^{††}	N/A ^{††}	11.6%	
Substance Abuse									
SA-8 Reduce the proportion of persons engaging in binge drinking during the past 30 days - adults aged 18 years and older	How many times during the past 30 days did you have 4 [for women] or 5 [for men] or more drinks on one occasion? (binge drinking)	25.0%	23.1%	22.4%	24.9%	27.2%	25.6%	20.8%	
Tobacco Use									
TU-1 Reduce cigarette smoking by adults	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and Have you smoked at least 100 cigarettes in your entire life?	20.8%	19.6%	18.8%	16.4%	16%	14.7%	11.7%	
TU-1.1 Reduce the proportion of Black/ African American adult smokers	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and "Have you smoked at least 100 cigarettes in your entire life?"	30.8%	29.1%	28.4%	26%	24.6%	21.8%	19.8%	
TU-1.2 Reduce the proportion of Hispanic/ Latino adult smokers	(Current Smoker) Do you now smoke cigarettes every day, some days or not at all? and Have you smoked at least 100 cigarettes in your entire life?	15.2%	21.7%	14.2%	N/A [†]	N/A [†]	8.8%	10.7%	

§ = Monitoring objective for informational purposes only (no established target)

† = Relative Standard Error (RSE) greater than 30 and could not be reported

†† = Question not asked in the current year

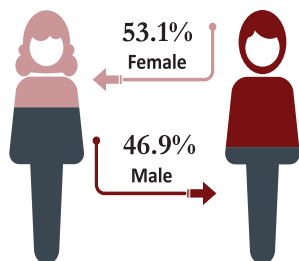
N/A = Question not asked on the DC BRFSS

Objectives = District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Healthy People 2020 Program

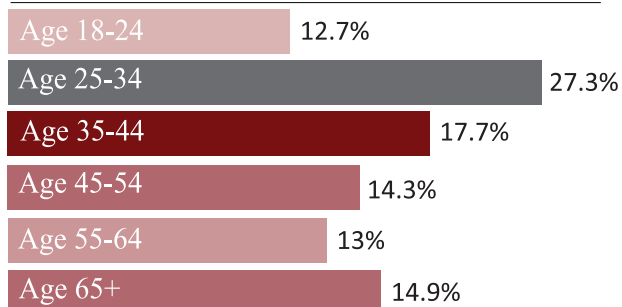
Source: District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Behavioral Risk Factor Surveillance System, 2016 survey

2016 DC BRFSS Survey Population

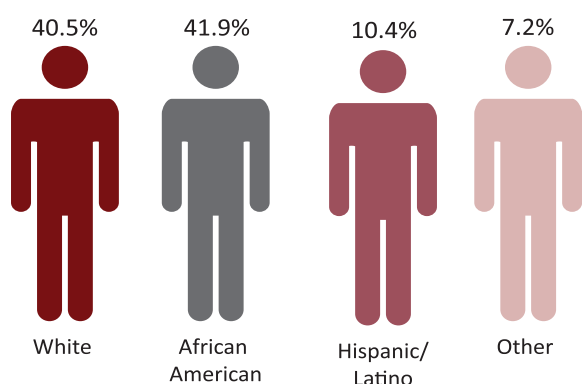
DC BRFSS survey population by gender



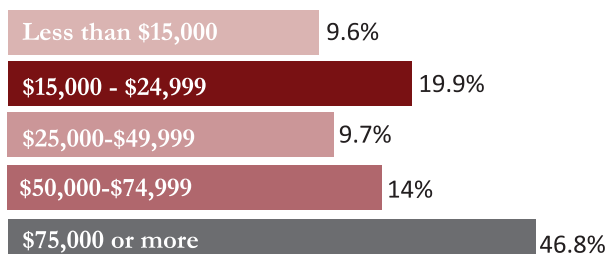
DC BRFSS survey population by age



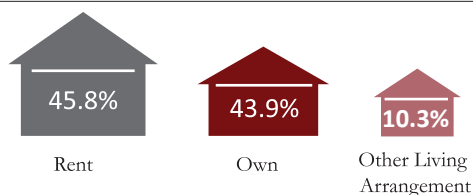
DC BRFSS survey population by race/ethnicity



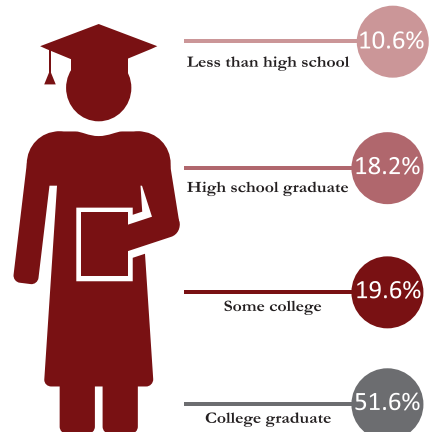
DC BRFSS survey population by income



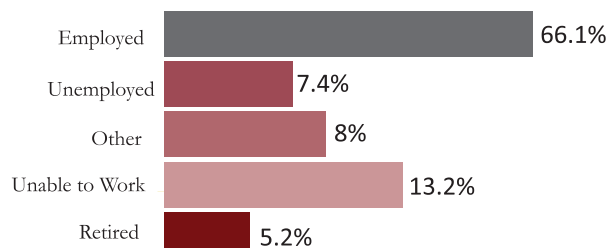
DC BRFSS survey population by housing status



DC BRFSS survey population by education

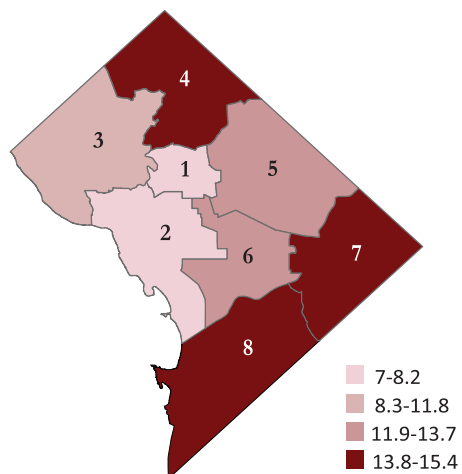


DC BRFSS survey population by employment

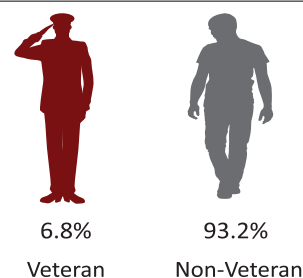


Other= Student and Homemaker

DC BRFSS survey population by ward



DC BRFSS survey population by veteran status





Obese

Health Status Indicators



Health
Insurance

Concentrating and Remembering

Disability (Activity Limitation)

Disability (Special Equipment)

General Health Status

Healthcare Coverage

Overweight

Obesity

Pre-diabetes

Wellness Exam (Doctor's Visit)

Concentrating or Remembering

Brain or cognitive health refers to skills such as remembering, learning new things, planning, concentrating or making decisions, which can affect an individual's everyday life activities.¹ Individuals of all ages can experience cognitive impairment, which can range from mild to severe. An individual with mild cognitive impairment may be aware of increased difficulty to remember, but it may not be obvious to others.¹

Table 3 - Disability - Difficulty Concentrating, Remembering or Making Decisions

"Because of physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?"

	Yes		UW
	%	95% CI	
Total	9.7%	8.4%-11.1%	3758
Gender			
Male	8.6%	6.8%-10.8%	1552
Female	10.6%	8.9%-12.7%	2206
Age			
18-39	9.4%	7.3%-12.1%	990
40-64	10.1%	8.5%-12.1%	1641
65 or older	10.5%	8.2%-13.3%	1008
Race/Ethnicity[§]			
White	3.9%	2.8%-5.4%	1249
African American	13.4%	11.6%-15.4%	2066
Other	12.7%	8.1%-19.2%	195
Hispanic/Latino	15.8%	9.0%-26.1%	153
Education[§]			
Less than high school	30.6%	22.9%-39.5%	206
High school	13.3%	10.8%-16.3%	861
Some college	11.1%	8.3%-14.6%	683
College graduate	3.9%	3.0%-5.1%	1993
Income[§]			
Less than \$15,000	29.3%	22.0%-37.9%	272
\$15,000-\$34,999	12.3%	9.4%-15.7%	606
\$35,000-\$49,999	10.5%	6.0%-17.8%	305
\$50,000-\$74,999	5.8%	3.4%-9.7%	401
\$75,000 or more	2.7%	1.8%-4.0%	1319

UW= Unweighted number of total sample; % are weighted

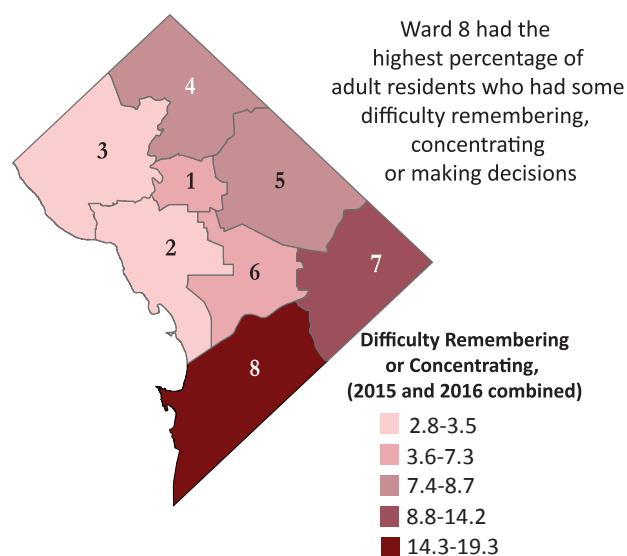
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Warning signs of memory problems or cognitive loss¹

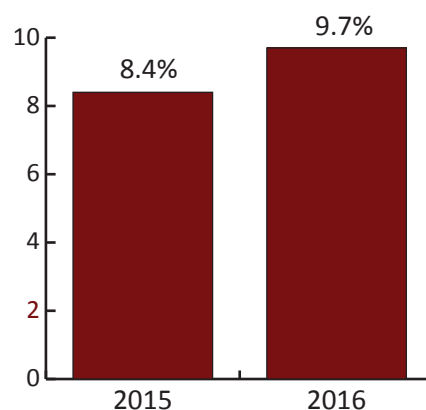
- Memory loss that disrupts daily life, such as getting lost in a familiar place or repeating questions
- Trouble handling money and paying bills
- Difficulty completing familiar tasks at home, at work or at leisure
- Decreased or poor judgment
- Misplaces things and being unable to retrace steps to find them
- Changes in mood, personality or behavioral

District Adults who Experience Difficulty Remembering and Concentrating by Ward, DC BRFSS 2015 and 2016 Combined



[§] Statistically Significant

Difficulty Remembering or Concentrating, DC BRFSS 2015 and 2016



¹CDC. Healthy Brain Initiative: Alzheimer's Disease. <https://www.cdc.gov/aging/aginginfo/alzheimers.htm>

Disability - Activity Limitation

According to the World Health Organization (WHO),¹ disability has three dimensions:

- Impairment in a person's body structure or function, or mental functioning; examples of impairments include loss of a limb, loss of vision or memory loss.
- Activity limitation, such as difficulty seeing, hearing, walking, or problem solving.
- Participation restrictions in normal daily activities, such as working, engaging in social and recreational activities, and obtaining health care and preventive services.

Table 4 - Disability - Activities Limited

"Are you limited in any way in any activities because of physical, mental or emotional problems?"

		Yes	UW
	%	95% CI	
Total	16.4%	14.9%-18.0%	3464
Gender			
Male	14.7%	12.7%-16.9%	1415
Female	17.9%	15.8%-20.3%	2049
Age[§]			
18-39	9.6%	7.3%-12.4%	836
40-64	19.4%	17.2%-21.8%	1560
65 or older	28.7%	25.3%-32.3%	957
Race/Ethnicity			
White	16.8%	14.3%-19.6%	1114
African American	18.4%	16.4%-20.5%	1948
Other	15.5%	10.6%-22.2%	178
Education[§]			
Less than high school	31.1%	23.7%-39.6%	186
High school	13.5%	11.1%-16.3%	815
Some college	17.3%	14.1%-21.1%	649
College graduate	14.4%	12.6%-16.4%	1799
Income[§]			
Less than \$15,000	32.3%	25.6%-39.8%	251
\$15,000-\$34,999	18.7%	15.2%-22.8%	570
\$35,000-\$49,999	16.2%	11.5%-22.5%	289
\$50,000-\$74,999	7.3%	5.2%-10.4%	365
\$75,000 or more	13.1%	10.9%-15.6%	1196

Note: Hispanic/Latino excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

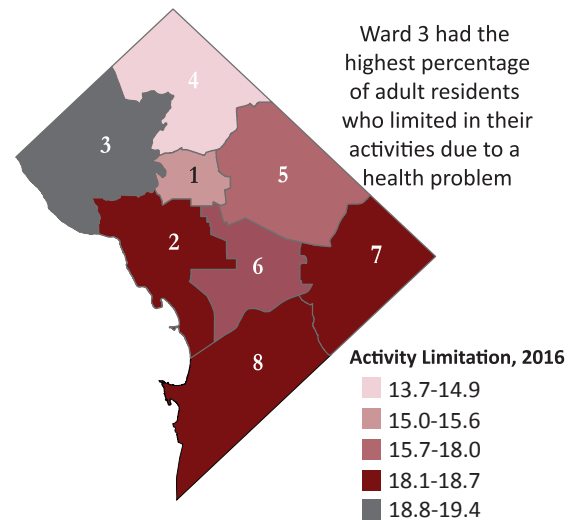
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

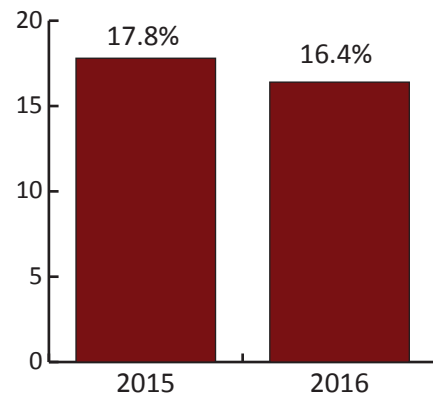
Disability Types¹

- Vision
- Movement
- Thinking
- Remembering
- Learning
- Communicating
- Hearing
- Mental health
- Social relationships

District Adults who were Limited in their Activities Due to a Health Problem by Ward, DC BRFSS 2016



Activity Limitation, DC BRFSS 2015 and 2016



¹Disability and Health. (2017, August 01). Retrieved from <https://www.cdc.gov/ncbddd/disabilityandhealth/disability.html>

Disability - Special Equipment

Individuals who require the use of special equipment such as a cane or wheelchair due to health problems may require accommodations in their home or workplace.¹ According to the 2000 Census, 24.4% of people between the ages of five and 64 have a disability, many of whom live in households with an annual income under \$15,000. Individuals with limited income/resources may have difficulty obtaining the equipment they need for daily activities.¹

Table 5 - Disability - Use of Special Equipment

"Do you have any health problems that requires you to use special equipment?"

	%	Yes 95% CI	UW
Total	9.5%	8.5%-10.6%	3507
Gender[§]			
Male	7.5%	6.2%-9.1%	1433
Female	11.2%	9.7%-12.9%	2074
Age[§]			
18-39	2.4%	1.3%-4.2%	843
40-64	10.9%	9.4%-12.7%	1574
65 or older	25.7%	22.5%-29.2%	977
Race/Ethnicity[§]			
White	5.3%	4.1%-6.8%	1122
African American	14.3%	12.7%-16.1%	1978
Other	7.9%	5.0%-12.3%	181
Education[§]			
Less than high school	22.9%	17.0%-30.0%	194
High school	12.0%	10.0%-14.5%	826
Some college	10.6%	8.5%-13.2%	655
College graduate	5.0%	4.1%-6.0%	1816
Income[§]			
Less than \$15,000	27.1%	21.2%-34.0%	255
\$15,000-\$34,999	14.1%	11.3%-17.4%	579
\$35,000-\$49,999	14.0%	8.8%-21.4%	288
\$50,000-\$74,999	5.2%	3.5%-7.7%	365
\$75,000 or more	3.1%	2.3%-4.2%	1206

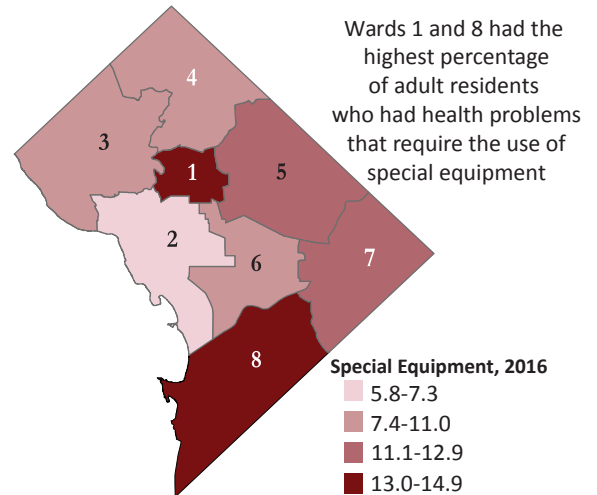
Note: Hispanic/Latino excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

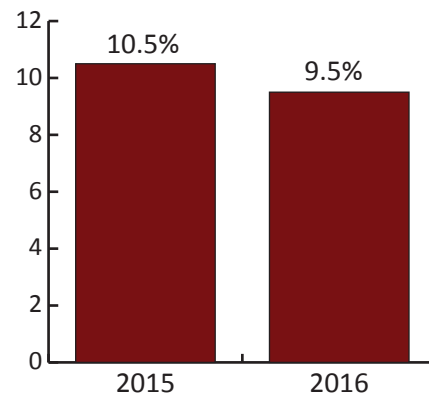
Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

District Adults who Required the Use of Special Equipment Due to a Health Problem by Ward, DC BRFSS 2015 and 2016 combined



§ Statistically Significant

Use of Special Equipment, DC BRFSS 2015 and 2016



General Health Status

Self assessed health status is a measure of how an individual perceives their health and a useful indicator in terms of: 1) absence of physical pain, physical disability or a condition that is likely to cause death; 2) emotional well-being; and 3) satisfactory social functioning.¹

Table 6 - General Health Status

“Would you say that in general your health is excellent, very good, good fair or poor?”

	Fair or poor		UW
	%	95% CI	
Total	11.5%	10.3%-12.8%	3827
Gender[§]			
Male	9.2%	7.7%-10.9%	1585
Female	13.6%	11.8%-15.6%	2242
Age[§]			
25-34	6.4%	4.3%-9.3%	523
35-44	8.3%	6.2%-10.9%	555
45-54	10.2%	8.1%-12.9%	693
55-64	21.3%	18.1%-25.0%	851
65 or older	21.2%	18.2%-24.5%	1023
Race/Ethnicity[§]			
White	3.2%	2.4%-4.3%	1263
African American	19.3%	17.4%-21.4%	2109
Other	13.4%	8.8%-20.1%	200
Education[§]			
Less than high school	34.8%	27.3%-43.1%	216
High school	16.9%	14.4%-19.8%	877
Some college	14.2%	11.5%-17.5%	697
College graduate	4.0%	3.2%-4.9%	2019
Income[§]			
Less than \$15,000	31.5%	24.3%-39.8%	276
\$15,000-\$34,999	19.9%	16.4%-23.9%	616
\$35,000-\$49,999	11.7%	8.4%-16.1%	308
\$50,000-\$74,999	5.5%	3.5%-8.5%	404
\$75,000 or more	3.2%	2.4%-4.4%	1328

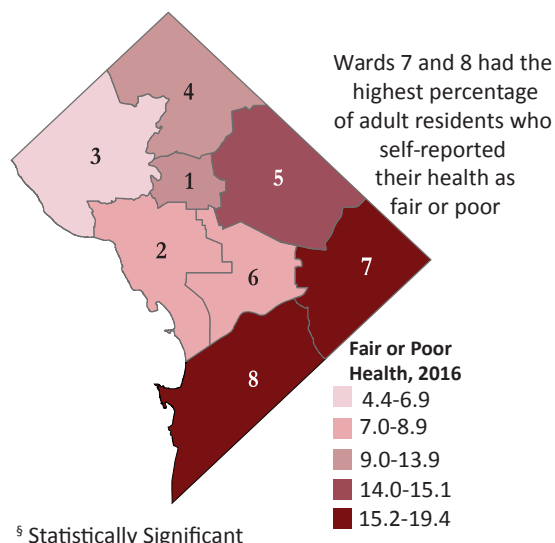
Note: Age category 18-24 and race/ethnicity, Hispanic/Latino were excluded RSE >30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

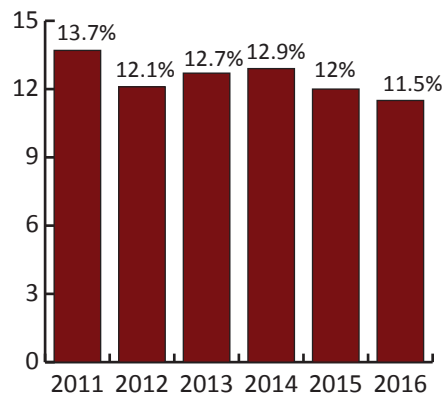
Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

District Adults who Self-Reported their Health as Fair or Poor by Ward, DC BRFSS 2016



§ Statistically Significant

Self-reported Fair or Poor Health, DC BRFSS 2011-2016



¹General Health Status. (n.d.). Retrieved from <https://www.healthypeople.gov/2020/about/foundation-health-measures/General-Health-Status#selfAssessed>

Health Care Coverage

Individuals who do not have health care coverage do not receive annual checkups or critical health screenings¹ in a timely manner, which would detect many chronic diseases such as diabetes and cancer where early detection and treatment is vital. Access to health services means “the timely use of personal health services to achieve the best health outcomes.”¹

Table 7 - Health Care Access - Coverage

“Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?”

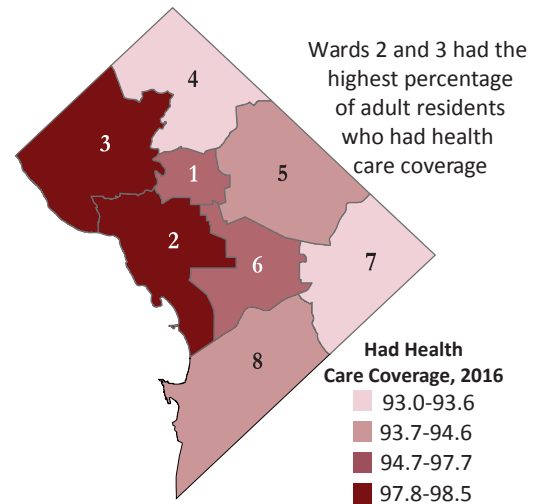
	%	Yes 95% CI	UW
Total	94.7%	93.5%-95.7%	3830
Gender			
Male	93.6%	91.6%-95.1%	1581
Female	95.7%	94.0%-96.9%	2249
Age[§]			
18-24	93.3%	88.8%-96.1%	187
25-34	92.0%	88.4%-94.6%	521
35-44	95.1%	92.5%-96.9%	556
45-54	95.7%	93.1%-97.4%	694
55-64	96.6%	95.0%-97.7%	857
65 or older	97.8%	96.0%-98.8%	1021
Race/Ethnicity[§]			
White	97.8%	96.4%-98.7%	1266
African American	94.6%	93.2%-95.7%	2110
Other	91.7%	85.3%-95.5%	198
Hispanic/Latino	84.5%	75.4%-90.6%	156
Education[§]			
Less than high school	87.7%	79.2%-93.0%	215
High school	89.7%	86.3%-92.2%	878
Some college	95.0%	92.3%-96.8%	697
College graduate	97.9%	96.9%-98.6%	2021
Income[§]			
Less than \$15,000	89.6%	79.8%-95.0%	278
\$15,000-\$34,999	91.8%	88.4%-94.2%	617
\$35,000-\$49,999	89.5%	82.1%-94.1%	309
\$50,000-\$74,999	96.3%	93.0%-98.0%	404
\$75,000 or more	98.5%	97.1%-99.2%	1330

UW= Unweighted number of total sample; % are weighted

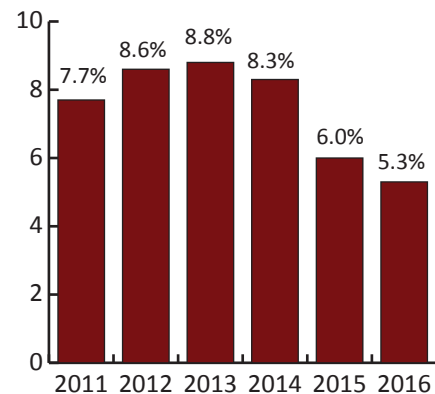
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

District Adults who had Health Care Coverage by Ward, DC BRFSS 2016



No Health Care Coverage, DC BRFSS 2011-2016



¹Access to Health Services. (n.d.). Retrieved from <https://www.healthypeople.gov/2020/topics-objectives/topic/Access-to-Health-Services>

Obesity

In the United States, the prevalence of adult obesity was 39.8%.¹ Obesity is defined as an individual having a Body Mass Index (BMI) of 30 or more. Being obese is known to increase an individual's likelihood of certain diseases and other health problems such as diabetes, heart disease, stroke, sleep apnea and some cancers.¹

Table 8 - Weight Status - BMI

Calculated Variable: Body Mass Index

	Obese		UW
	%	95% CI	
Total	22.6%	21.0%-24.4%	3475
Gender[§]			
Male	18.0%	15.8%-20.4%	1522
Female	27.0%	24.6%-29.6%	1953
Age[§]			
18-24	11.6%	7.4%-17.7%	163
25-34	17.3%	13.9%-21.3%	474
35-44	27.0%	22.9%-31.5%	502
45-54	27.0%	23.4%-31.0%	621
55-64	31.4%	27.6%-35.4%	760
65 or older	24.0%	20.8%-27.5%	959
Race/Ethnicity[§]			
White	9.4%	7.5%-11.6%	1192
African American	37.4%	34.8%-40.0%	1901
Other	18.6%	13.0%-25.9%	181
Hispanic/Latino	20.8%	13.9%-30.1%	139
Education[§]			
Less than high school	40.7%	32.6%-49.4%	191
High school	30.4%	26.7%-34.3%	783
Some college	31.5%	27.3%-36.0%	640
College graduate	13.4%	11.6%-15.3%	1857
Income[§]			
Less than \$15,000	34.9%	28.1%-42.4%	266
\$15,000-\$34,999	35.8%	30.8%-41.1%	585
\$35,000-\$49,999	28.3%	22.5%-35.0%	290
\$50,000-\$74,999	18.7%	14.4%-24.0%	383
\$75,000 or more	14.8%	12.7%-17.2%	1258

UW= Unweighted number of total sample; % are weighted

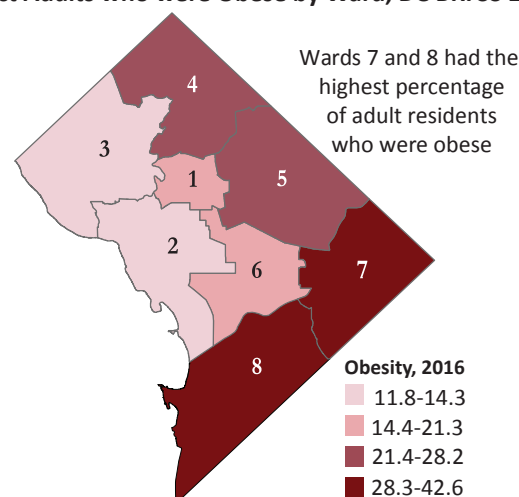
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Consequences of Obesity¹

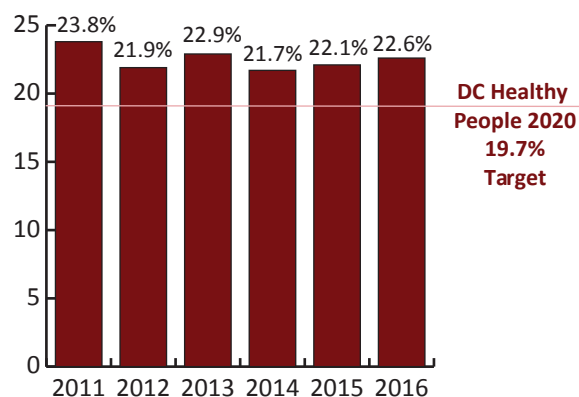
- All-causes of death (mortality)
- High blood pressure (Hypertension)
- High LDL and low HDL cholesterol, or high levels of triglycerides (Dyslipidemia)
- Type 2 diabetes, Coronary heart disease, Stroke
- Gallbladder disease
- Osteoarthritis Sleep apnea and breathing problems
- Some cancers (endometrial, breast, colon, kidney, gallbladder, and liver)
- Low quality of life
- Mental illness such as clinical depression, anxiety, and other mental disorders
- Body pain and difficulty with physical functioning

District Adults who were Obese by Ward, DC BRFSS 2016



§ Statistically Significant

Prevalence of Obesity, DC BRFSS 2011-2016



¹Overweight & Obesity. (2018, August 13). Retrieved from <https://www.cdc.gov/obesity/data/adult.html>

²Nutrition, Physical Activity, and Obesity. (n.d.). Retrieved from <https://www.healthypeople.gov/2020/leading-health-indicators/2020-lhi-topics/Nutrition-Physical-Activity-and-Obesity>

Overweight

Weight that is higher than what is considered as a healthy weight (BMI 18.5 <25) for a given height is described as overweight or obese.¹

Table 9 - Weight Status - BMI

Calculated Variable: Body Mass Index

	Overweight		UW
	%	95% CI	
Total	30.9%	28.9%-32.9%	3475
Gender[§]			
Male	39.7%	36.6%-42.8%	1522
Female	22.5%	20.2%-25.0%	1953
Age[§]			
18-24	21.9%	15.6%-30.0%	163
25-34	27.3%	23.1%-32.0%	474
35-44	33.2%	28.7%-38.2%	502
45-54	34.0%	29.8%-38.4%	621
55-64	36.9%	33.0%-41.0%	760
65 or older	33.3%	30.0%-36.9%	959
Race/Ethnicity[§]			
White	29.8%	26.7%-33.2%	1192
African American	31.3%	28.9%-33.8%	1901
Other	35.0%	27.3%-43.6%	181
Hispanic/Latino	29.8%	21.4%-39.8%	139
Education[§]			
Less than high school	25.2%	17.9%-34.1%	191
High school	34.0%	29.9%-38.2%	783
Some college	27.3%	23.1%-31.8%	640
College graduate	32.2%	29.5%-34.9%	1857
Income[§]			
Less than \$15,000	22.6%	17.3%-29.0%	266
\$15,000-\$34,999	25.5%	21.3%-30.3%	585
\$35,000-\$49,999	34.3%	27.8%-41.6%	290
\$50,000-\$74,999	33.1%	27.4%-39.5%	383
\$75,000 or more	33.5%	30.2%-36.8%	1258

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

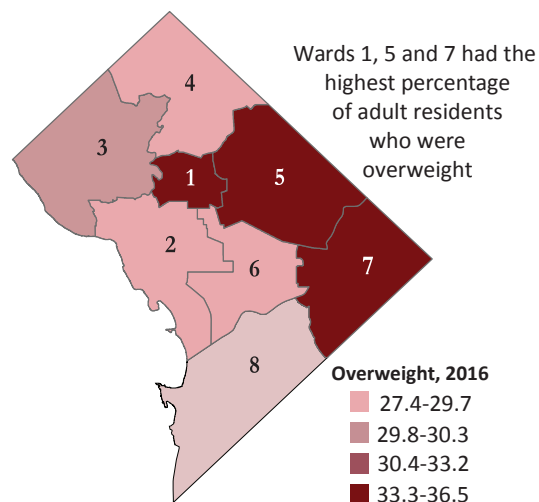
The Body Mass Index (BMI) measures an individual's weight in relation to their height and provides a score to help place you in a category.¹ See table below.

Height	Weight Range	BMI	Considered
5' 9"	124 lbs or less	Below 18.5	Underweight
	125 lbs to 168 lbs	18.5 to 24.9	Healthy weight
	169 lbs to 202 lbs	25.0 to 29.9	Overweight
	203 lbs or more	30 or higher	Obese

Risk Factor¹

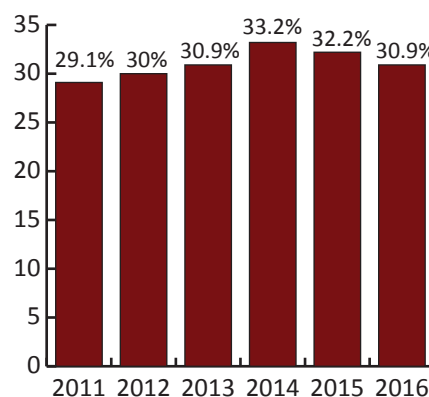
- Genetics, age and family lifestyle
- Inactivity, unhealthy diet and eating habits
- Quitting smoking
- Pregnancy
- Lack of sleep
- Certain medications
- Social and economic issues
- Medical problems

District Adults who were Overweight by Ward, DC BRFSS 2016



§ Statistically Significant

Prevalence of Overweight, DC BRFSS 2011-2016



¹Centers for Disease Control and Prevention. Overweight and Obesity. <https://www.cdc.gov/obesity/data/adult>

Pre-diabetes

More than 84 million adults in the United States have pre-diabetes, where their blood sugar levels are higher than normal but not elevated enough to be diagnosed with diabetes. Without proper lifestyle changes related to diet and exercise, 15% to 30% of individuals with prediabetes will develop type 2 diabetes within five years.¹

Table 10 - Pre-diabetes

"Have you ever been told by a doctor or other health professional that you have prediabetes or borderline diabetes?"

	Yes		UW
	%	95% CI	
Total	11.8%	10.5%-13.2%	3193
Gender[§]			
Male	10.8%	8.9%-13.2%	1348
Female	12.7%	11.1%-14.4%	1845
Age[§]			
18-39	7.4%	5.6%-9.7%	863
40-64	16.1%	14.0%-18.4%	1406
65 or older	16.6%	13.8%-19.8%	815
Race/Ethnicity[§]			
White	6.7%	5.3%-8.5%	1091
African American	17.4%	15.5%-19.6%	1705
Other	9.0%	5.5%-14.4%	173
Education[§]			
Less than high school	21.4%	14.4%-30.4%	162
High school	13.0%	10.7%-15.8%	725
Some college	13.0%	10.5%-16.1%	567
College graduate	9.2%	7.8%-10.8%	1725
Income[§]			
Less than \$15,000	22.9%	16.9%-30.3%	206
\$15,000-\$34,999	13.1%	10.3%-16.5%	491
\$35,000-\$49,999	13.8%	9.9%-18.9%	261
\$50,000-\$74,999	11.0%	7.5%-16.1%	342
\$75,000 or more	9.0%	7.4%-11.0%	1149

Note: Hispanic/Latino excluded, RSE>30%

UW= Unweighted number of total sample; % are weighted

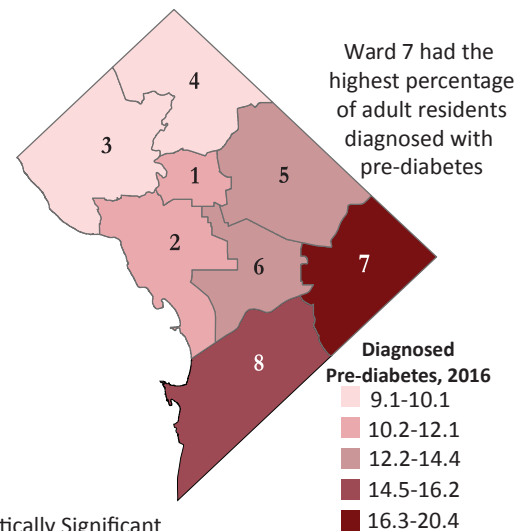
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Prevention¹

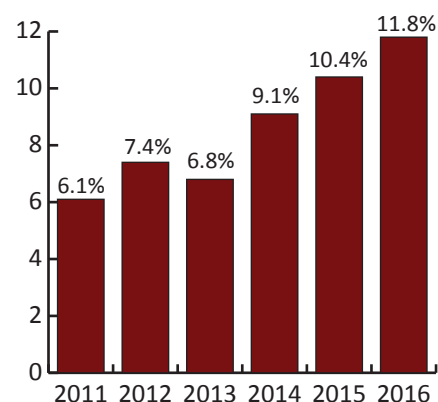
- Being overweight
- Being 45 years or older
- Having a parent, brother or sister with type 2 diabetes
- Being physically active less than 3 times a week
- Ever having gestational diabetes (during pregnancy) or giving birth to a baby who weighed more than 9 pounds
- Having polycystic ovary syndrome
- Race and ethnicity are also a factor: African Americans, Hispanic/Latino/Latino Americans, American Indians, Pacific Islanders and some Asian Americans are at higher risk.

District Adults who were Diagnosed with Pre-diabetes by Ward, DC BRFSS 2016



§ Statistically Significant

Prevalence of Pre-diabetes, DC BRFSS 2011-2016



¹Diabetes Home. (2018, June 25). Retrieved from <https://www.cdc.gov/diabetes/basics/prediabetes.html>

Wellness Exam

Table 11 - Health Care Access - Last Doctor's Visit

"About how long has it been since you last visited a doctor for a routine checkup?"

	Within past year		
	%	95% CI	UW
Total	78.6%	76.7%-80.5%	3793
Gender[§]			
Male	74.0%	70.9%-76.9%	1574
Female	82.7%	80.2%-85.0%	2219
Age[§]			
18-24	73.9%	66.0%-80.5%	184
25-34	73.8%	69.0%-78.0%	518
35-44	75.7%	71.2%-79.7%	548
45-54	76.9%	72.8%-80.6%	683
55-64	87.7%	84.5%-90.3%	849
65 or older	88.9%	86.2%-91.2%	1016
Race/Ethnicity[§]			
White	69.0%	65.5%-72.3%	1252
African American	89.7%	88.0%-91.2%	2092
Other	78.0%	70.3%-84.2%	198
Hispanic/Latino	70.1%	60.5%-78.3%	153
Education[§]			
Less than high school	84.0%	75.8%-89.7%	214
High school	84.0%	80.1%-87.2%	865
Some college	84.5%	79.9%-88.3%	697
College graduate	73.5%	70.7%-76.1%	1999
Income			
Less than \$15,000	82.6%	73.4%-89.1%	275
\$15,000-\$34,999	81.4%	76.6%-85.5%	614
\$35,000-\$49,999	80.8%	73.9%-86.2%	308
\$50,000-\$74,999	79.1%	72.5%-84.4%	401
\$75,000 or more	72.1%	68.6%-75.3%	1316

UW= Unweighted number of total sample; % are weighted

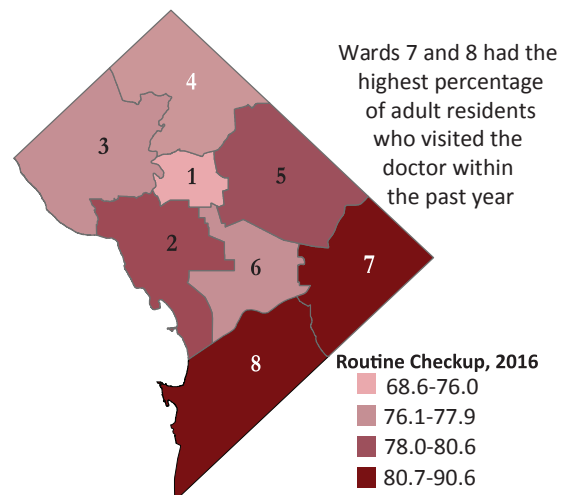
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Importance of Health Exam¹

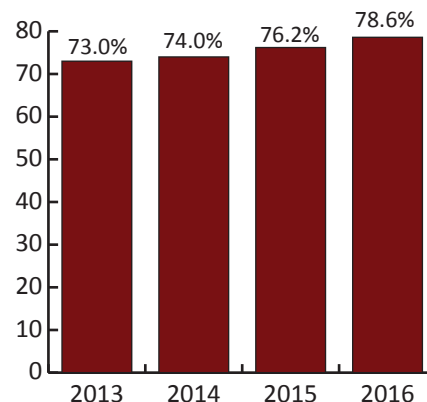
- Early detection when chances for treatment and cure are better
- By getting the right health services, screenings and treatments, you are taking steps that help your chances for living a longer, healthier life. Your age, health and family history, lifestyle choices (i.e., what you eat, how active you are, whether you smoke), and other important factors impact what and how often you need healthcare.
- An ongoing relationship with your clinician
- Continuity of medical records
- Personalized health care

District Adults who Visited a Doctor for a Routine Checkup within the Past Year, DC BRFSS 2016 combined



§ Statistically Significant

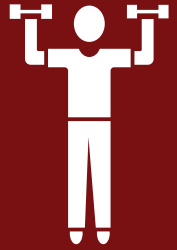
Routine Checkup in the Past Year, DC BRFSS 2013-2016



¹Health Equity. (2017, August 02). Retrieved from <https://www.cdc.gov/family/checkup/index.htm>



Risk Behavior Indicators



PHYSICAL EXERCISE

Binge Drinking

Condom Use

Exercise (Physical Activity)

Hookah Use

Tobacco Use

Binge Drinking

According to CDC, binge drinking is the most common, costly and deadly pattern of excessive alcohol use in the U.S. Binge drinking is defined as consuming 4 or more alcoholic beverages per occasion for women or 5 or more drinks per occasion for men.¹

Excessive drinking contributes to over 54 different injuries and disease including car crashes, violence and sexually-transmitted diseases.¹

Table 12 - Alcohol Consumption - Binge Drinking
Calculated variable: Binge Drinking

	%	Yes 95% CI	UW
Total	25.6%	23.6%-27.7%	3513
Gender[§]			
Male	30.5%	27.4%-33.8%	1435
Female	21.3%	18.8%-24.1%	2078
Age[§]			
18-24	36.0%	28.4%-44.3%	178
25-34	36.1%	31.3%-41.1%	471
35-44	29.8%	25.3%-34.6%	516
45-54	20.3%	16.8%-24.3%	633
55-64	13.0%	10.3%-16.2%	786
65 or older	8.1%	6.2%-10.4%	935
Race/Ethnicity[§]			
White	36.8%	33.2%-40.6%	1187
African American	17.5%	15.4%-19.7%	1915
Other	22.9%	15.9%-31.9%	181
Hispanic/Latino	17.9%	12.0%-25.8%	149
Education[§]			
Less than high school	13.0%	8.5%-19.2%	191
High school	16.8%	13.7%-20.5%	788
Some college	21.6%	17.3%-26.8%	638
College graduate	32.3%	29.4%-35.4%	1881
Income[§]			
Less than \$15,000	17.1%	11.6%-24.4%	251
\$15,000-\$34,999	19.3%	15.0%-24.5%	580
\$35,000-\$49,999	22.5%	16.3%-30.2%	294
\$50,000-\$74,999	33.1%	26.6%-40.3%	371
\$75,000 or more	34.4%	30.9%-38.1%	1242

UW= Unweighted number of total sample; % are weighted

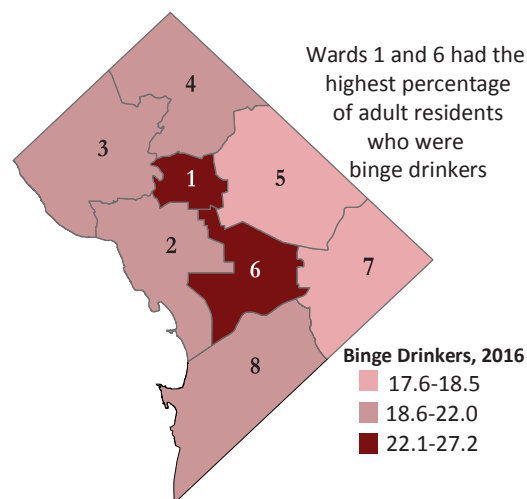
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

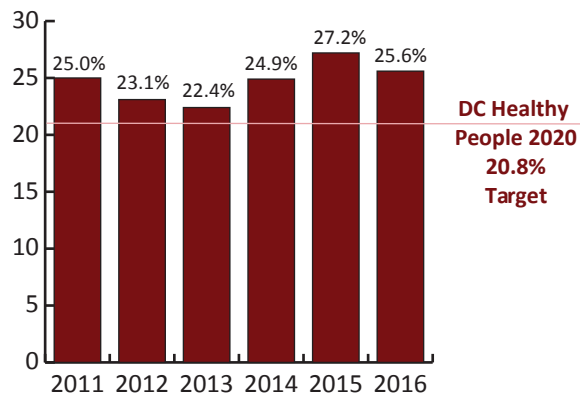
Risk Factor²

- Unintentional injuries such as car crashes, falls, burns, and alcohol poisoning
- Violence including homicide, suicide, intimate partner violence, and sexual assault
- Sexually transmitted diseases
- Unintended pregnancy and poor pregnancy outcomes, including miscarriage and stillbirth
- Fetal alcohol spectrum disorders
- Sudden infant death syndrome
- Chronic diseases such as high blood pressure, stroke, heart disease and liver disease
- Cancer of the breast, mouth, throat, esophagus, liver and colon
- Memory and learning problems
- Alcohol dependence

District Adults who were Binge Drinkers by Ward, DC BRFSS 2016



Prevalence of Binge Drinking, DC BRFSS 2011-2016



¹Alcohol and Public Health. (2018, May 10). Retrieved from <https://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>

²Alcohol and Public Health. (2018, May 10). Retrieved from <https://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>

Condom Use

Individuals correctly using condoms (male and female) and dental dams, every time they engage in a sexual act, can reduce, but not eliminate, the risk of sexually transmitted diseases (STDs), including Human Immunodeficiency Virus (HIV) and viral hepatitis. Condoms also provide protection against other diseases that may be transmitted through sex like Zika and Ebola. Using male and female condoms correctly, whenever engaging in a sexual act, can also help prevent pregnancy.¹

Table 13 - HIV/AIDS - Condom Use

“Did you use a condom the last time you had sexual intercourse?”

	No	UW	
	%	95% CI	
Total	59.7%	57.1%-62.2%	2533
Gender			
Male	56.9%	53.2%-60.5%	1155
Female	62.4%	58.7%-65.9%	1378
Age [§]			
18-24	47.9%	38.1%-57.8%	130
25-34	51.6%	45.8%-57.3%	377
35-44	61.0%	55.7%-66.1%	448
45-54	64.6%	59.9%-69.1%	522
55-64	66.5%	61.8%-70.9%	558
65 or older	75.7%	70.9%-79.9%	500
Race/Ethnicity [§]			
White	67.6%	63.3%-71.7%	868
African American	55.0%	51.8%-58.1%	1361
Other	51.5%	41.6%-61.2%	141
Hispanic/Latino	56.3%	45.3%-66.7%	117
Education [§]			
Less than high school	47.2%	36.5%-58.1%	123
High school	52.7%	47.6%-57.8%	575
Some college	55.7%	49.6%-61.6%	453
College graduate	66.3%	62.9%-69.5%	1378
Income [§]			
Less than \$15,000	44.6%	34.6%-55.0%	165
\$15,000-\$34,999	51.3%	44.7%-57.8%	393
\$35,000-\$49,999	42.4%	34.4%-50.9%	211
\$50,000-\$74,999	53.9%	45.9%-61.7%	269
\$75,000 or more	74.5%	70.9%-77.8%	1009

UW= Unweighted number of total sample; % are weighted

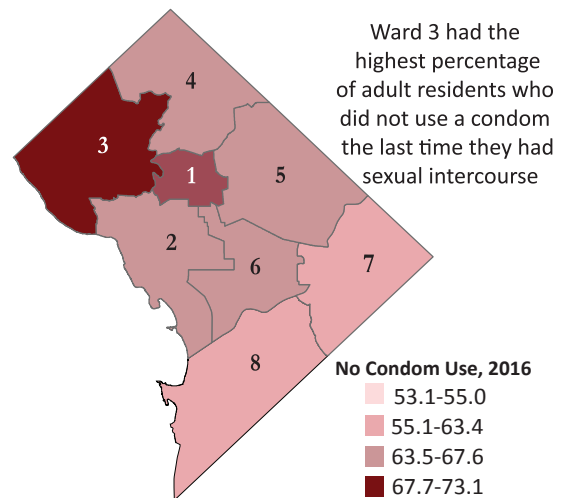
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Recent research reported Condom Distribution as a Structural Level Intervention (CDP)¹ that has been effective.

- Increased condom use, condom acquisition and condom carrying
- Promoted delayed sexual initiation or abstinence among youth
- Provided cost-effective and cost-saving outcomes on future medical care costs by preventing HIV infections
- Significantly affected condom use behaviors and helped reduce HIV/STD risk among a wide range of at-risk groups (i.e., youth, adults, commercial sex workers, high STD populations and males)

District Adults who Did Not Use a Condom the Last Time they had Sexual Intercourse by Ward, DC BRFSS 2016



¹Condom Effectiveness. (2017, September 07). Retrieved from <https://www.cdc.gov/condomeffectiveness/>

²HIV/AIDS. (2018, September 21). Retrieved from <https://www.cdc.gov/hiv/programresources/guidance/condoms/>

Exercise/Physical Activity

Engaging in regular physical activity is vital to individuals improving and sustaining their quality of life, next to eating a healthy nutritious diet high in fruits and vegetables.¹ Individuals who do not engage in regular physical activity increase their risk of chronic diseases associated with a sedentary lifestyle such as heart disease, type 2 diabetes and some cancers.¹

Table 14 - Exercise

“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening or walking for exercise?”

	Did Not Engage in Physical Activity or Exercise		UW
	%	95% CI	
Total	16.2%	14.8%-17.7%	3838
Gender[§]			
Male	11.9%	10.1%-13.9%	1588
Female	20.0%	17.9%-22.2%	2250
Age[§]			
18-24	13.9%	9.4%-20.0%	190
25-34	13.9%	10.9%-17.5%	522
35-44	14.1%	11.3%-17.4%	556
45-54	14.2%	11.6%-17.3%	694
55-64	19.5%	16.5%-22.9%	856
65 or older	23.7%	20.6%-27.1%	1025
Race/Ethnicity[§]			
White	6.1%	4.7%-8.0%	1267
African American	26.0%	23.8%-28.3%	2115
Other	15.2%	10.4%-21.7%	200
Hispanic/Latino	16.5%	10.7%-24.6%	156
Education[§]			
Less than high school	32.4%	25.3%-40.3%	219
High school	28.6%	25.2%-32.4%	879
Some college	17.2%	14.1%-20.8%	699
College graduate	7.8%	6.6%-9.3%	2023
Income[§]			
Less than \$15,000	31.5%	24.1%-40.0%	279
\$15,000-\$34,999	27.5%	23.2%-32.2%	618
\$35,000-\$49,999	22.1%	16.6%-28.9%	308
\$50,000-\$74,999	12.9%	9.6%-17.1%	405
\$75,000 or more	6.3%	5.0%-8.0%	1330

UW= Unweighted number of total sample; % are weighted

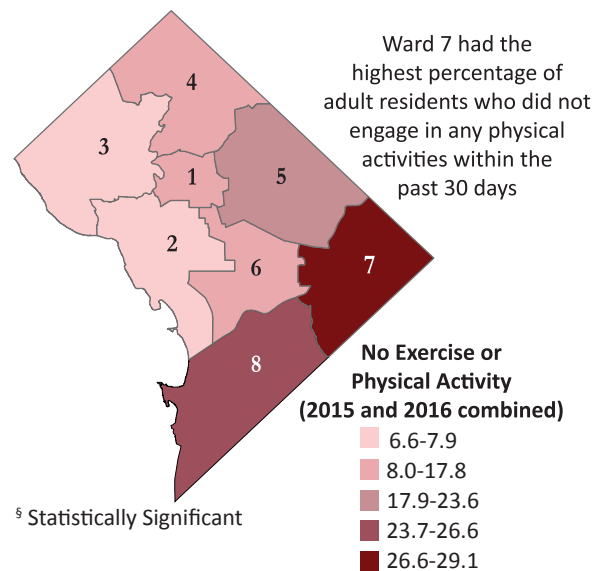
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

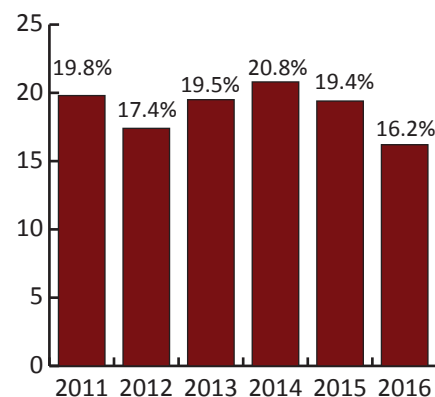
Risks of Physical Inactivity¹

- Contributes to feelings of anxiety and depression
- May increase the risk of certain cancers
- Increases risk of cardiovascular disease
- Increases risk for type 2 diabetes and metabolic syndrome
- Increases risk of high blood pressure
- Increase chances of weight gain (overweight or obese)
- Increases risk for many other chronic conditions

District Adults who did not Exercise in the Past 30 Days by Ward, DC BRFSS 2015 and 2016 combined



No Exercise Within the Past Month, DC BRFSS 2011-2016



¹Physical Activity. (2018, February 13). Retrieved from <https://www.cdc.gov/physicalactivity/basics/pa-health/index.htm>

Hookah Use

Hookah is also called narghile, argileh, shisha, hubble-bubble and goza.¹ Hookah is a water pipe that is used to smoke specially made tobacco that comes in different flavors, such as apple, mint, cherry, chocolate, coconut, licorice, cappuccino and watermelon.¹ Many Hookah users believe it is less harmful than other tobacco products however, hookah smoking has many of the same health risks as cigarette smoking.¹

Table 15 - Tobacco Use - Hookah

“Have you ever tried smoking tobacco in a water pipe in your entire life, even one or two puffs?”

	%	Yes 95% CI	UW
Total	29.3%	27.2%-31.5%	3459
Gender[§]			
Male	33.0%	29.9%-36.3%	1411
Female	26.2%	23.4%-29.1%	2048
Age[§]			
18-24	44.3%	35.5%-53.4%	153
25-34	48.9%	43.4%-54.3%	419
35-44	34.9%	30.2%-39.9%	493
45-54	18.3%	15.0%-22.0%	635
55-64	12.7%	10.1%-15.7%	798
65 or older	8.1%	6.3%-10.3%	965
Race/Ethnicity[§]			
White	36.4%	32.6%-40.4%	1102
African American	23.1%	20.8%-25.6%	1958
Other	36.5%	28.2%-45.8%	179
Hispanic/Latino	27.8%	19.9%-37.5%	134
Education[§]			
Less than high school	10.7%	6.4%-17.5%	192
High school	23.5%	19.7%-27.7%	818
Some college	31.8%	26.8%-37.3%	645
College graduate	34.9%	31.9%-38.1%	1789
Income[§]			
Less than \$15,000	24.6%	17.9%-32.8%	253
\$15,000-\$34,999	22.2%	17.7%-27.5%	574
\$35,000-\$49,999	33.1%	26.0%-41.0%	286
\$50,000-\$74,999	30.0%	23.6%-37.2%	363
\$75,000 or more	35.4%	31.8%-39.2%	1195

UW= Unweighted number of total sample; % are weighted

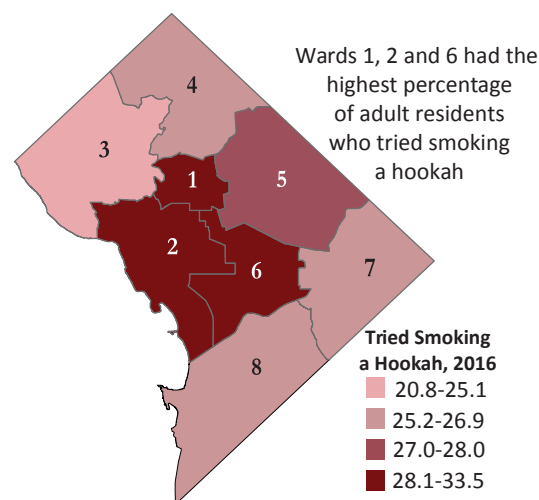
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System (DC BRFS) survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

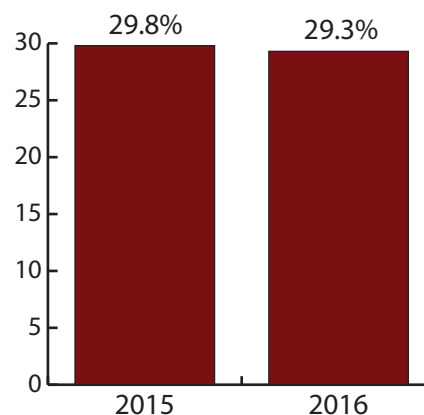
Risk Factors (same diseases as cigarette smoke)¹

- Oral cancer
- Lung cancer
- Stomach cancer
- Cancer of the esophagus
- Reduced lung function
- Decreased fertility

District Adults who had Tried Smoking a Hookah at least Once in their Entire Life by Ward, DC BRFS 2016



Tried Smoking a Hookah, DC BRFS 2015 and 2016



¹Smoking & Tobacco Use. (2016, December 01). Retrieved from https://www.cdc.gov/tobacco/data_statistics/fact_sheets/tobacco_industry/hookahs/index.htm

Tobacco Use

Smoking is the leading cause of preventable death in the United States. Cigarette smoking causes more than 480,000 deaths each year in the U.S., more than HIV, illegal drug use, alcohol use, motor vehicle injuries and fire-arm-related incidents combined.¹

Table 16 - Tobacco Use - Current Cigarette Smoker
Calculated Variable: Current Smoking Status

	Yes		UW
	%	95% CI	
Total	14.7%	13.3%-16.2%	3736
Gender[§]			
Male	17.7%	15.4%-20.2%	1544
Female	12.1%	10.5%-13.9%	2192
Age[§]			
18-24	12.9%	8.5%-19.0%	182
25-34	13.2%	10.4%-16.7%	509
35-44	14.7%	11.7%-18.5%	542
45-54	15.8%	12.9%-19.3%	677
55-64	24.8%	21.3%-28.7%	831
65 or older	9.0%	7.1%-11.3%	1001
Race/Ethnicity[§]			
White	9.3%	7.4%-11.7%	1242
African American	21.8%	19.6%-24.1%	2052
Other	13.0%	8.2%-20.0%	195
Hispanic/Latino	8.8%	5.1%-14.9%	153
Education[§]			
Less than high school	26.2%	19.9%-33.7%	206
High school	23.5%	20.2%-27.1%	852
Some college	19.1%	15.4%-23.3%	678
College graduate	7.8%	6.5%-9.4%	1982
Income[§]			
Less than \$15,000	27.0%	21.1%-34.0%	267
\$15,000-\$34,999	20.1%	16.4%-24.5%	607
\$35,000-\$49,999	12.8%	8.7%-18.4%	304
\$50,000-\$74,999	15.2%	11.0%-20.7%	396
\$75,000 or more	8.4%	6.6%-10.6%	1310

UW= Unweighted number of total sample; % are weighted

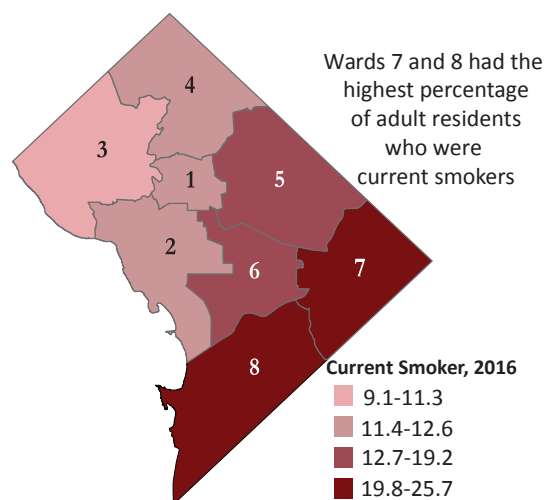
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System (DC BRFSS) survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Smoking causes and increases the risk of:²

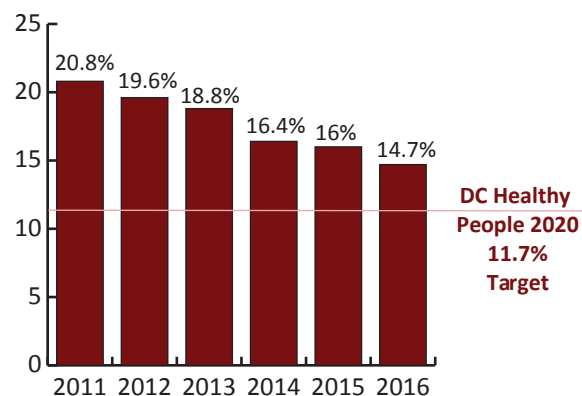
- Chronic Obstructive Pulmonary Disease (COPD)
- Heart disease
- Stroke
- Lung cancer
- Type 2 diabetes
- Rheumatoid arthritis

District Adults who were Current Smokers by Ward, DC BRFSS 2016



[§] Statistically Significant

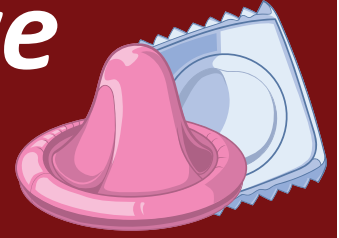
Current Smoker Prevalence, DC BRFSS 2011-2016



¹Smoking & Tobacco Use. (2017, February 09). Retrieved from https://www.cdc.gov/tobacco/basic_information/health_effects/index.htm



Clinical Preventive Practices



Cervical Cancer

Colorectal Cancer Screening

Flu Shot

HIV Testing

Mammography Screening

Pneumonia Shot

Prostate Cancer

Cervical Cancer Screening

A Pap smear, also called a Pap test, is a procedure used to test for cervical cancer in women.¹ Early detection give women a greater chance at a cure. A Pap smear can also detect changes in cervical cells that suggest cancer may develop in the future.¹

Table 17 - Pap Test

Women respondents aged 21-65 who have not had pap test in the past three years

	No Pap Test within the Past 3 Years		UW
	%	95% CI	
Female	14.9%	12.3%-17.9%	1260
Race/Ethnicity[§]			
White	11.6%	8.4%-15.9%	392
African American	11.2%	8.7%-14.3%	714
Hispanic/Latino	40.8%	26.8%-56.5%	61
Education[§]			
Less than high school	39.2%	23.2%-57.9%	52
High school	16.0%	11.2%-22.3%	293
Some college	14.3%	9.3%-21.4%	230
College graduate	11.4%	8.7%-14.8%	684
Income			
\$15,000-\$34,999	17.3%	10.8%-26.6%	225
\$35,000-\$49,999	24.6%	13.7%-40.0%	107
\$50,000-\$74,999	9.1%	4.6%-17.2%	132
\$75,000 or more	7.6%	5.2%-10.8%	463

Note: Race/ethnic group "Other" excluded, RSE >30%

UW= Unweighted number of total sample; % are weighted

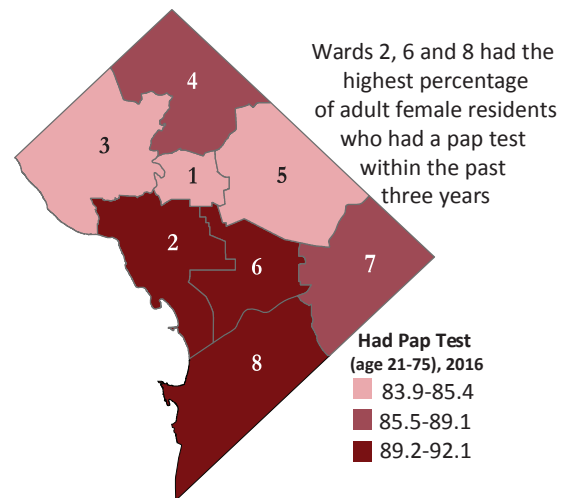
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

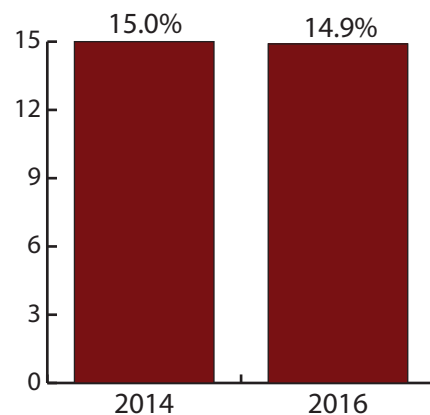
What Are the Risk Factors for Cervical Cancer¹

- Human Papillomavirus (HPV)
- Smoking
- Human Immunodeficiency Virus (HIV)
- Using birth control pills for a long time (five or more years)
- Having given birth to three or more children
- Having several sexual partners

District Female Adults who did not have a Pap Test within the Past Three Years by Ward, DC BRFSS 2016



District Adult Females Had Pap Test, DC BRFSS 2014 and 2016



¹Gynecologic Cancers. (2018, September 12). Retrieved from <https://www.cdc.gov/cancer/gynecologic/>

Colorectal Cancer Screening

A colonoscopy is an exam used to detect changes or abnormalities in the large intestine (colon) and rectum. A flexible sigmoidoscopy is an exam used to evaluate the lower part of the large intestine (colon). Both utilize a tiny video camera that allows the doctor to view inside the rectum (sigmoidoscopy) and colon (colonoscopy)¹

Table 18 - Colorectal Cancer Screening - USPSTF Recommendations

Respondents aged 50-75 who did not fully meet the USPSTF recommendations

	Did Not Receive One or More of the Recommended CRC Tests within the Recommended Time Interval		UW
	%	95% CI	
Total	29.6%	27.0%-32.3%	1686
Gender[§]			
Male	33.6%	29.6%-37.9%	708
Female	25.9%	22.7%-29.4%	978
Race/Ethnicity			
White	26.3%	22.3%-30.7%	600
African American	30.6%	27.2%-34.3%	962
Other	39.7%	26.6%-54.5%	58
Education[§]			
Less than high school	43.6%	33.4%-54.3%	103
High school	38.0%	32.5%-43.9%	354
Some college	27.6%	22.2%-33.7%	303
College graduate	23.7%	20.6%-27.2%	923
Income[§]			
Less than \$15,000	39.6%	30.5%-49.6%	139
\$15,000-\$34,999	39.9%	33.2%-47.0%	271
\$35,000-\$49,999	33.0%	23.2%-44.6%	121
\$50,000-\$74,999	26.3%	18.9%-35.4%	169
\$75,000 or more	21.3%	17.7%-25.5%	639

Note: Hispanic/Latino excluded, RSE >30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

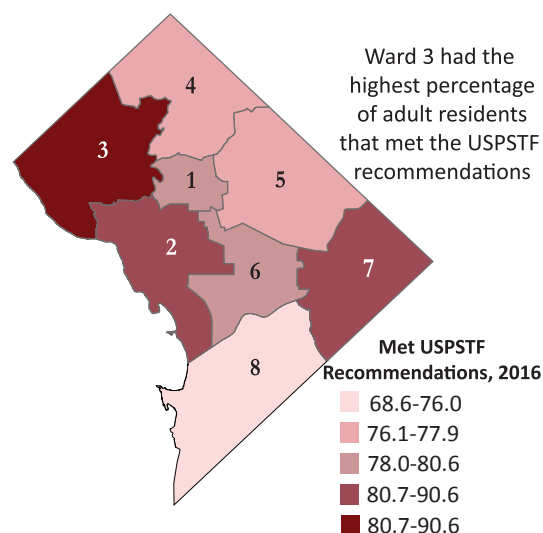
Risk Factors¹

- Family history
- Overweight
- Physically inactive

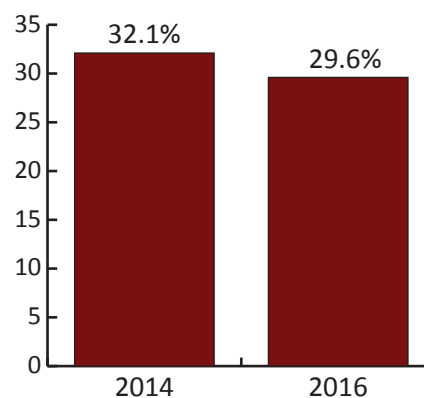
Reduces Risk¹

- Colorectal cancer screening
- Diet
- Aspirin
- Avoiding tobacco
- Limiting alcohol
- Increasing physical activity

District Adults who Met USPSTF Recommendations for Colorectal Cancer Screening by Ward, DC BRFSS 2015-2016 Combined



District Adults who Met USPSTF Recommendations for Colorectal Cancer Screening, DC BRFSS 2014 and 2016



¹Public Health Genomics. (n.d.). Retrieved from <https://www.cdc.gov/genomics/resources/diseases/colorectal.htm>

Flu Shot

The flu vaccine is given to individuals with a needle, usually in their arm or by flu spray in the nose.¹ “Flu season” in the U.S. can begin as early as October and end as late as May. The flu vaccine protects against three or four influenza viruses that have been determined to be the most common during the upcoming season.¹

Table 19 - Immunization - Flu Shot - Aged 18 Years and Older

“During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?”

		No	UW
	%	95% CI	
Total	62.8%	60.8%-64.9%	3720
Gender			
Male	64.9%	61.8%-67.8%	1534
Female	61.1%	58.3%-63.8%	2186
Age[§]			
18-24	74.2%	66.5%-80.6%	180
25-34	67.9%	63.1%-72.3%	506
35-44	61.0%	56.1%-65.7%	540
45-54	64.0%	59.7%-68.0%	673
55-64	59.7%	55.7%-63.5%	830
65 or older	48.3%	44.6%-52.0%	997
Race/Ethnicity[§]			
White	52.5%	48.9%-56.0%	1243
African American	71.0%	68.7%-73.3%	2038
Other	66.9%	58.8%-74.1%	194
Hispanic/Latino	67.4%	58.3%-75.3%	151
Education[§]			
Less than high school	68.2%	60.1%-75.3%	204
High school	71.4%	67.5%-74.9%	846
Some college	71.3%	66.7%-75.5%	681
College graduate	55.6%	52.7%-58.5%	1972
Income[§]			
Less than \$15,000	69.0%	61.4%-75.7%	268
\$15,000-\$34,999	65.8%	60.4%-70.7%	609
\$35,000-\$49,999	73.0%	66.2%-78.8%	302
\$50,000-\$74,999	68.3%	61.8%-74.2%	393
\$75,000 or more	53.3%	49.8%-56.7%	1306

UW= Unweighted number of total sample; % are weighted

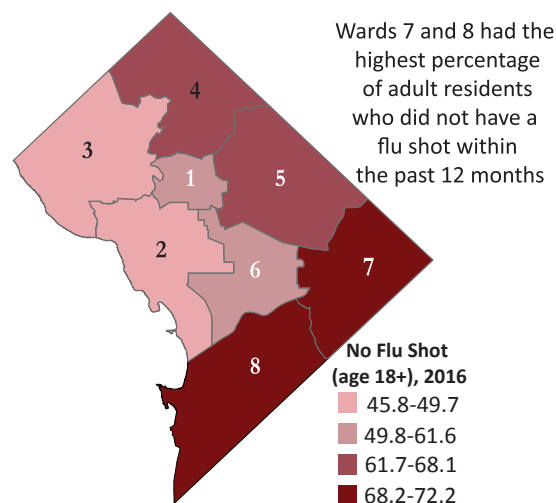
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Everyday Preventive Actions¹

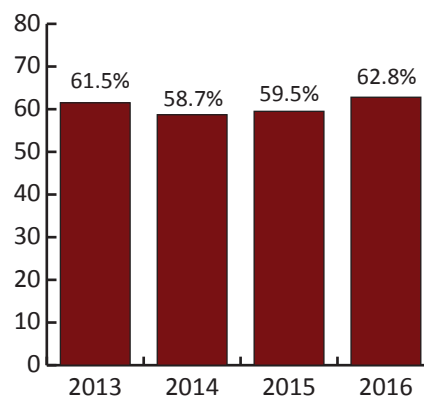
- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)
- Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.
- Wash your hands often with soap and water.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect surfaces and objects.

District Adults who have not had a Flu Shot within the Past 12 Months by Ward, DC BRFSS 2016



[§] Statistically Significant

No Flu Shot, DC BRFSS 2013-2016



¹Influenza (Flu). (2018, August 23). Retrieved from <https://www.cdc.gov/flu/about/index.html>

HIV Testing

Human Immunodeficiency Virus (HIV) is the virus that can lead to Acquired Immunodeficiency Syndrome (AIDS) if untreated.¹ In the United States, more than 1.2 million people are living with HIV and almost 1 in 8 people do not know they have been infected.¹ In 2016, HIV was the ninth leading cause of death in the District of Columbia.²

Table 20 - HIV Screening _ Tested for HIV/AIDS
“Have you ever been tested for HIV?”

	%	No 95% CI	UW
Total	28.7%	26.7%-30.7%	3547
Gender			
Male	27.8%	25.0%-30.9%	1479
Female	29.4%	26.7%-32.3%	2068
Age[§]			
18-24	40.9%	33.0%-49.4%	179
25-34	23.9%	19.7%-28.6%	499
35-44	14.2%	10.9%-18.2%	528
45-54	19.7%	16.4%-23.3%	648
55-64	26.5%	23.0%-30.2%	795
65 or older	56.8%	52.9%-60.7%	903
Race/Ethnicity[§]			
White	34.3%	31.0%-37.8%	1161
African American	20.1%	18.1%-22.2%	1968
Asian	54.1%	40.9%-66.7%	74
Other	23.9%	15.9%-34.3%	116
Hispanic/Latino	36.0%	26.8%-46.3%	144
Education			
Less than high school	30.2%	22.1%-39.6%	191
High school	25.0%	21.2%-29.2%	825
Some college	24.4%	20.1%-29.2%	647
College graduate	31.1%	28.4%-33.8%	1868
Income			
Less than \$15,000	25.2%	17.2%-35.3%	261
\$15,000-\$34,999	23.6%	19.3%-28.6%	589
\$35,000-\$49,999	27.1%	21.0%-34.1%	297
\$50,000-\$74,999	26.8%	21.4%-33.0%	374
\$75,000 or more	29.1%	26.0%-32.4%	1244

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System (DC BRFSS) survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

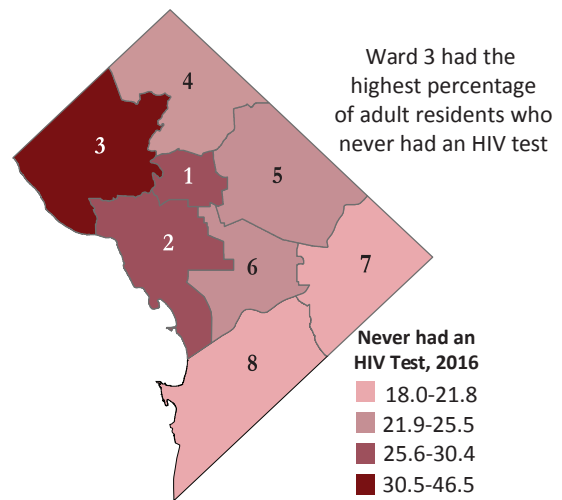
HIV Risk and Prevention

- Anal Sex
- Vaginal Sex
- Oral Sex
- Injection Drug Use

Prevention

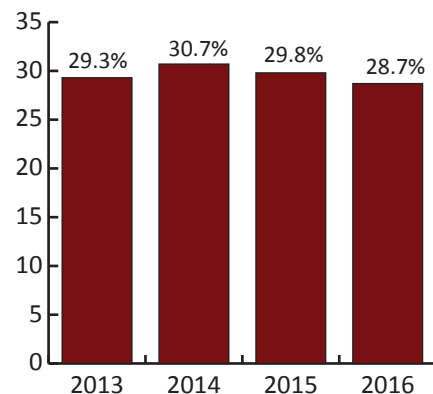
- Condoms (used for prevention)
- HIV Treatment as Prevention
 - Pre-Exposure Prophylaxis (PrEP)
 - Post Exposure Prophylaxis (PEP)

District Adults who Never had an HIV test by Ward, DC BRFSS 2016



§ Statistically Significant

Never had an HIV test, DC BRFSS 2013-2016



¹HIV/AIDS. (2018, August 31). Retrieved from <https://www.cdc.gov/hiv/risk/index.html>

District of Columbia Department of Health Center for Policy, Planning and Evaluation Data Management and Analysis Division

Mammography Screening

A mammogram is an X-ray image of the breast used to screen for breast cancer. The X-ray captures black-and-white images of the breasts that are examined by a doctor who looks for signs of cancer. How often an individual should have a mammogram depends on their age and risk of breast cancer.¹

Table 21 - Mammography Screening - Women Aged 40+
Women respondents age 40+ who have had a mammogram in past two years

	%	No 95% CI	UW
Total (Female)	25.2%	22.5%-28.2%	1493
Race/Ethnicity			
White	30.2%	25.5%-35.4%	487
African American	20.2%	17.1%-23.7%	871
Other	26.1%	15.7%-40.1%	66
Education			
Less than high school	23.6%	15.0%-34.9%	94
High school	23.4%	18.6%-29.0%	325
Some college	20.2%	15.1%-26.4%	281
College graduate	27.8%	24.0%-32.0%	790
Income			
Less than \$15,000	23.9%	15.4%-35.3%	107
\$15,000-\$34,999	26.0%	19.8%-33.3%	260
\$35,000-\$49,999	21.6%	13.4%-33.1%	113
\$50,000-\$74,999	31.4%	23.2%-40.9%	160
\$75,000 or more	26.3%	21.8%-31.3%	523

Note: Race/ethnic group "Other" excluded, RSE >30%

UW= Unweighted number of total sample; % are weighted

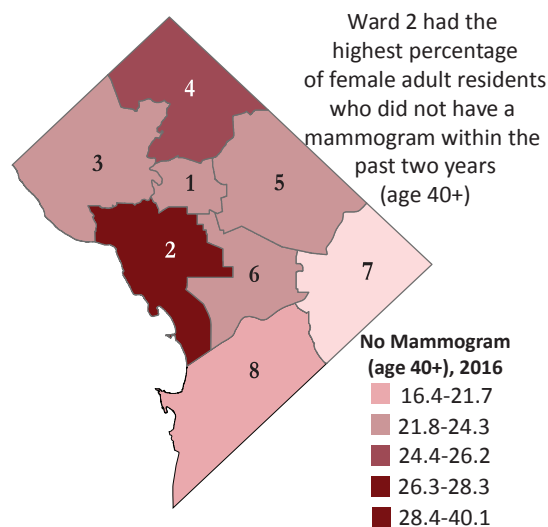
Age - Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

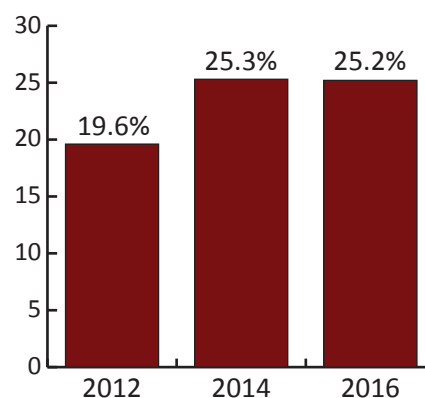
Risk Reduction for Breast Cancer¹

- Keeping a healthy weight
- Exercise regularly
- Don't drink alcohol, or limit alcoholic drinks to no more than one per day
- Understand risk for taking hormone replacement therapy or oral contraceptives (birth control)
- Breastfeed if possible
- Family history of breast cancer or inherited changes in your BRCA1 and BRCA2 genes

District Female Adults Aged 40 Years and Older who did not have a Mammogram Within the Past Two Years by Ward, DC BRFSS 2016



No Mammogram within the Past Two Years, 40 and older, DC BRFSS 2012, 2014 and 2016



¹Breast Cancer. (2018, September 11). Retrieved from https://www.cdc.gov/cancer/breast/basic_info/prevention.htm

Pneumonia Shot

Each year in the U.S., pneumococcal disease causes thousands of cases of meningitis, bloodstream infections, pneumonia and ear infections. The pneumonia vaccine has been effective at preventing severe disease, hospitalizations and death. However, the pneumococcal vaccine does not guarantee to prevent infection and symptoms in all individuals.¹

Table 22 - Immunization - Pneumonia Shot - Age 18 Years and Older

"Have you ever had a pneumonia shot?"

	%	No 95% CI	UW
Total	71.6%	69.6%-73.5%	3409
Gender			
Male	71.3%	68.2%-74.2%	1372
Female	71.8%	69.3%-74.3%	2037
Age[§]			
18-24	68.1%	58.7%-76.2%	147
25-34	83.9%	79.6%-87.5%	434
35-44	85.2%	81.5%-88.4%	495
45-54	79.7%	75.8%-83.1%	610
55-64	65.5%	61.5%-69.4%	780
65 or older	35.6%	31.9%-39.4%	946
Race/Ethnicity			
White	70.3%	66.8%-73.6%	1098
African American	70.7%	68.3%-73.0%	1915
Other	74.4%	65.6%-81.5%	170
Hispanic/Latino	78.4%	69.3%-85.4%	138
Education			
Less than high school	72.8%	65.5%-79.1%	186
High school	72.6%	68.7%-76.2%	801
Some college	66.9%	61.7%-71.7%	630
College graduate	72.6%	70.0%-75.1%	1773
Income[§]			
Less than \$15,000	76.0%	69.6%-81.5%	257
\$15,000-\$34,999	63.5%	58.2%-68.5%	572
\$35,000-\$49,999	74.6%	67.8%-80.4%	278
\$50,000-\$74,999	74.2%	67.8%-79.7%	364
\$75,000 or more	73.7%	70.5%-76.7%	1168

UW= Unweighted number of total sample; % are weighted

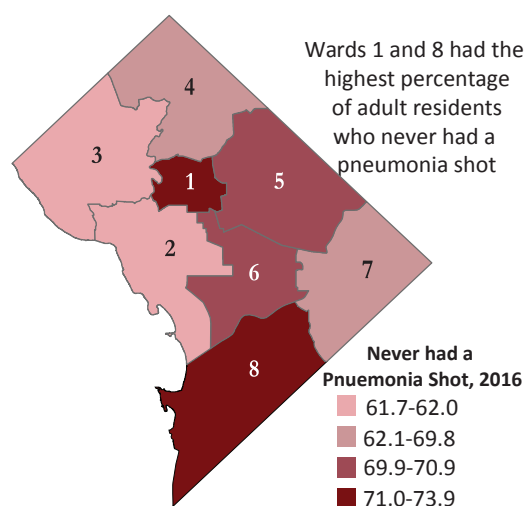
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Risk Factors¹

- Children who are 2 years old or younger
- People who are age 65 or older
- Being hospitalized
- Chronic disease such as asthma, COPD or heart disease
- Smoking
- Weakened or suppressed immune system such as HIV/AIDS, had an organ transplant, received chemotherapy or long-term steroids

District adults who age 18 and Older who Never had a Pneumonia Shot by Ward, DC BRFSS 2016



¹Vaccines and Preventable Diseases. (2017, December 06). Retrieved from <https://www.cdc.gov/vaccines/vpd/pneumo/public/index.html>

Prostate Cancer Screening

Two tests are commonly used to screen for prostate cancer: Digital Rectal Exam (DRE) and a Prostate Specific Antigen (PSA). The DRE allows the doctor to exam the rectum to estimate the size of the prostate and feel for lumps or other abnormalities. The PSA test measures the levels of PSA in the blood. Males with higher levels of PSA in the blood may indicate prostate cancer or maybe elevated in other conditions that affect the prostate.¹

Table 23 - Prostate Cancer Screening PSA

Male respondents aged 40+ who have had a PSA test the past 2 years

		No	
	%	95% CI	UW
Total (Male)	61.4%	57.8%-64.9%	995
Race/Ethnicity			
White	63.6%	58.1%-68.8%	397
African American	59.5%	54.6%-64.2%	523
Education			
Less than high school	66.2%	51.6%-78.3%	52
High school	66.3%	59.1%-72.7%	210
Some college	61.8%	53.2%-69.7%	156
College graduate	58.9%	54.2%-63.5%	576
Income			
Less than \$15,000	64.0%	51.4%-74.9%	78
\$15,000-\$34,999	68.3%	58.4%-76.8%	137
\$35,000-\$49,999	60.4%	47.4%-72.0%	78
\$50,000-\$74,999	64.8%	52.5%-75.5%	95
\$75,000 or more	59.7%	54.3%-64.9%	421

Note: Race/ethnic groups "Other" and Hispanic/Latino excluded, RSE >30%

UW= Unweighted number of total sample; % are weighted

Age - Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

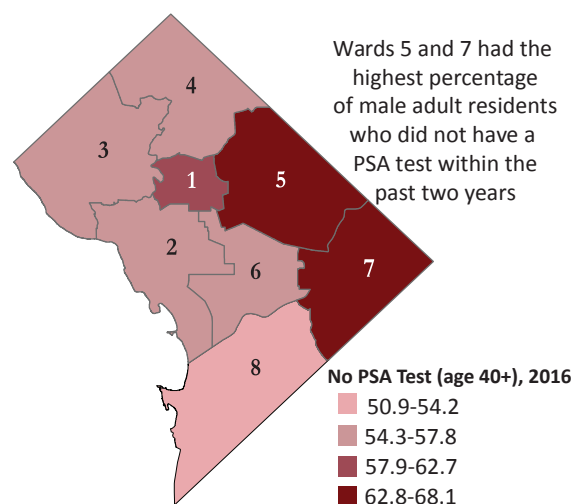
Risk Factor¹

- Age
- Race/Ethnicity
- Family history
- Hereditary Breast and Ovarian Cancer (HBOC) syndrome
- Other genetic changes
- Agent Orange exposure
- Eating habits

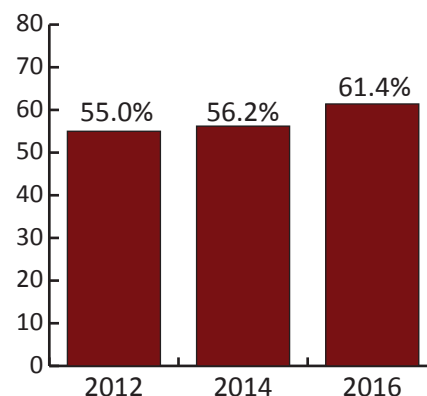
Prevention¹

- Chemotherapy prevention
- Dietary changes

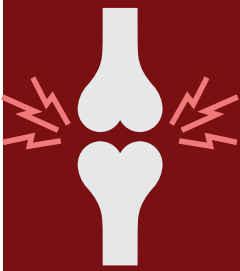
District Male Adults who Did Not have a PSA Test Within the Past Two Years by Ward, DC BRFSS 2016



No Prostate Exam, DC BRFSS 2012, 2014 and 2016

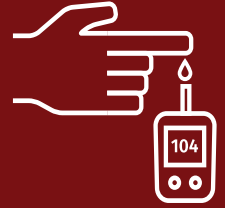


¹Prostate Cancer: Risk Factors and Prevention. (2018, May 11). Retrieved from <https://www.cancer.net/cancer-types/prostate-cancer/risk-factors-and-prevention>



Arthritis

Chronic Health Conditions



DIABETES MELLITUS

Arthritis

Adult Asthma

Cancer

Chronic Obstructive Pulmonary Disease (COPD)

Depressive Disorder

Diabetes

Heart Attack

Heart Disease

Kidney Disease

Stroke

Arthritis

The word arthritis means joint inflammation but describes over 100 rheumatic diseases and conditions that affect joints and tissues.¹ Certain rheumatic conditions can also involve the immune system and various internal organs of the body. Types of arthritis include: Childhood Arthritis, Fibromyalgia, General, Gout, Osteoarthritis, Rheumatoid Arthritis and Systemic Lupus Erythematosus (SLE or lupus).¹

Table 24 - Chronic Health Condition - Arthritis

“Has a doctor, nurse or other health professional ever told you that you have arthritis?”

Diagnosed with Arthritis			
	%	95% CI	UW
Total	16.9%	15.7%-18.2%	3823
Gender[§]			
Male	13.1%	11.4%-14.9%	1582
Female	20.3%	18.5%-22.2%	2241
Age[§]			
18-39	3.1%	2.2%-4.4%	1012
40-64	23.0%	20.8%-25.4%	1665
65 or older	47.9%	44.3%-51.6%	1018
Race/Ethnicity[§]			
White	11.6%	9.9%-13.4%	1257
African American	26.5%	24.4%-28.7%	2109
Other	10.9%	7.5%-15.6%	200
Education[§]			
Less than high school	35.0%	28.2%-42.5%	217
High school	18.9%	16.5%-21.6%	877
Some college	17.1%	14.5%-20.0%	696
College graduate	12.3%	10.9%-13.8%	2012
Income[§]			
Less than \$15,000	30.4%	24.2%-37.3%	276
\$15,000-\$34,999	22.2%	18.6%-26.3%	618
\$35,000-\$49,999	15.4%	11.6%-20.2%	310
\$50,000-\$74,999	12.4%	9.5%-16.0%	400
\$75,000 or more	11.7%	10.0%-13.5%	1324

Note: Hispanic/Latino excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

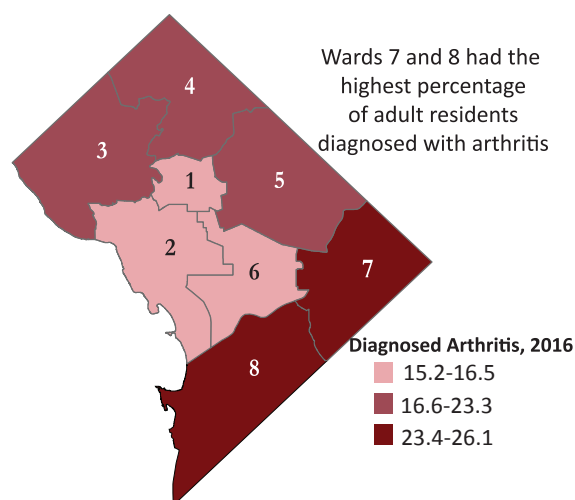
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Risk Factors¹

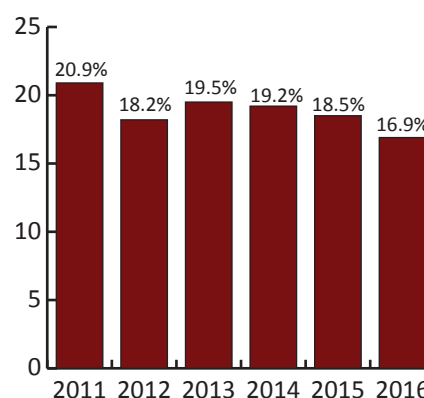
- Age
- Gender
- Genetics
- Overweight and obesity
- Joint injuries
- Infection
- Occupation

District Adults who were Diagnosed with Arthritis by Ward, DC BRFSS 2016



[§] Statistically Significant

Prevalence of Arthritis, DC BRFSS 2011-2016



¹Arthritis. (2018, February 21). Retrieved from <https://www.cdc.gov/arthritis/basics/index.html>

Adult Asthma

Asthma is a disease that affects the lungs. It can cause repeated episodes of wheezing, breathlessness, chest tightness and morning and night-time coughing.¹ Eliminating asthma triggers such as tobacco smoke, secondhand smoke and dust mites are critical in reducing asthma episodes.¹

Table 25 - Chronic Health Conditions - Current Asthma
Calculated Variable: Currently have asthma

	%	Yes 95% CI	UW
Total	9.8%	8.6%-11.1%	3821
Gender[§]			
Male	6.3%	4.9%-8.1%	1584
Female	12.9%	11.1%-14.9%	2237
Age			
18-24	12.3%	7.6%-19.3%	190
25-34	7.7%	5.7%-10.5%	519
35-44	11.7%	8.9%-15.3%	554
45-54	10.0%	7.9%-12.5%	688
55-64	11.2%	8.9%-14.0%	851
65 or older	8.4%	6.4%-10.9%	1023
Race/Ethnicity[§]			
White	6.0%	4.6%-8.0%	1261
African American	13.1%	11.5%-15.0%	2107
Other	7.1%	4.3%-11.5%	198
Hispanic/Latino	13.1%	7.5%-21.9%	155
Education[§]			
Less than high school	19.7%	13.6%-27.7%	216
High school	13.3%	10.9%-16.2%	876
Some college	9.2%	6.8%-12.2%	697
College graduate	7.0%	5.7%-8.5%	2012
Income[§]			
Less than \$15,000	14.3%	9.5%-20.9%	278
\$15,000-\$34,999	16.5%	12.9%-20.8%	615
\$35,000-\$49,999	8.8%	5.5%-13.8%	307
\$50,000-\$74,999	5.2%	3.3%-8.2%	401
\$75,000 or more	6.7%	5.2%-8.6%	1327

UW= Unweighted number of total sample; % are weighted

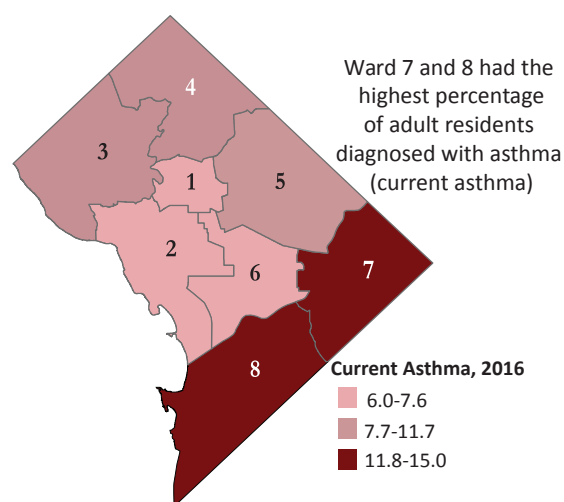
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

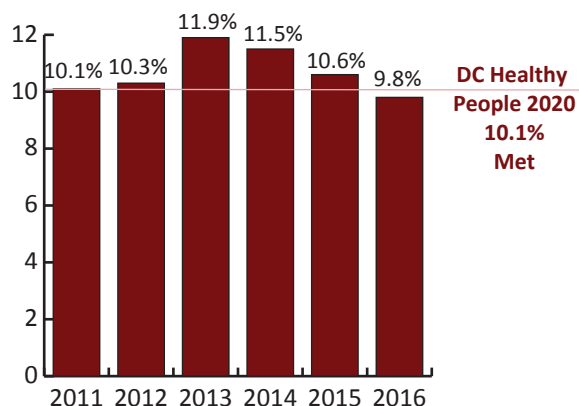
Risk Factors¹

- Family history or being overweight
- Smoker and exposure to secondhand smoke
- Mother smokes while pregnant
- Exposure to exhaust fumes or other types of pollution
- Exposure to occupational triggers, such as chemicals used in farming, hairdressing and manufacturing

District Adults who were Diagnosed with Asthma by Ward, DC BRFSS 2016



Current Asthma, 2011-2016, DC BRFSS



¹Asthma. (2017, January 27). Retrieved from <https://www.cdc.gov/asthma/faqs.htm>

Cancer

Cancer is a term used for diseases in which abnormal cells divide without control and are able to invade other tissues.¹ There are more than 100 different types of cancer. Cancer cells can spread to other parts of the body through the blood and lymph systems.¹ Cancer is the second leading cause of death in the District of Columbia.

Table 26 - Chronic Health Condition - Other Types of Cancer

“Has a doctor, nurse or other health professional ever told you that you have cancer (excluding skin cancer)?”

	Yes		UW
	%	95% CI	
Total	4.2%	3.7%-4.9%	3833
Gender[§]			
Male	3.2%	2.5%-4.1%	1587
Female	5.1%	4.3%-6.1%	2246
Age[§]			
40-64	4.6%	3.7%-5.8%	1670
65 or older	15.4%	13.0%-18.1%	1023
Race/Ethnicity[§]			
White	5.1%	4.1%-6.4%	1263
African American	4.3%	3.5%-5.2%	2112
Education			
Less than high school	4.6%	2.7%-7.7%	216
High school	3.2%	2.3%-4.4%	880
Some college	3.4%	2.4%-4.7%	697
College graduate	4.8%	4.0%-5.8%	2020
Income			
Less than \$15,000	5.2%	3.2%-8.2%	279
\$15,000-\$34,999	4.2%	2.9%-6.1%	616
\$35,000-\$49,999	3.8%	2.4%-6.0%	310
\$50,000-\$74,999	4.2%	2.8%-6.1%	405
\$75,000 or more	4.7%	3.7%-6.0%	1330

Note: Age 18-39, race/ethnic groups “Other” and Hispanic excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

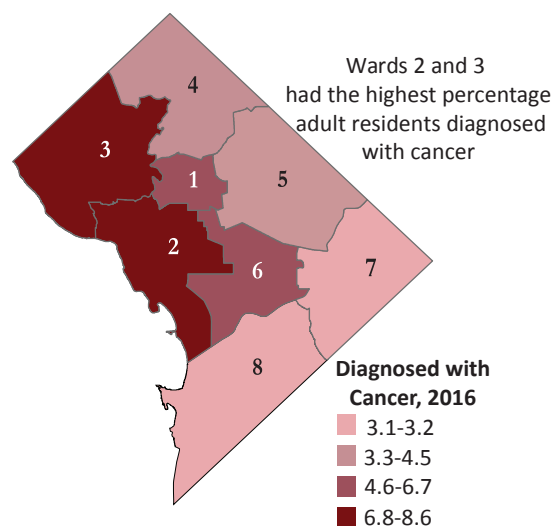
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Risk Factors²

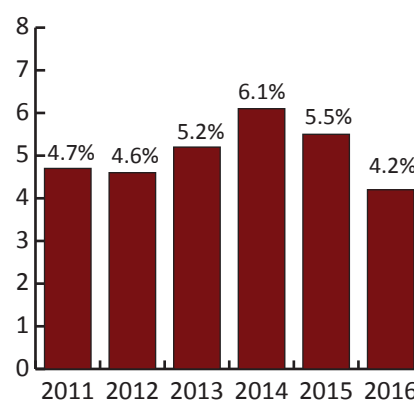
- Genetics and age
- Alcohol and certain chemicals/environment
- Hormones
- Infectious agents, radiation or sunlight
- Tobacco
- Poor diet, lack of physical activity or being overweight

District Adults who were Diagnosed with Cancer by Ward, DC BRFSS 2016



[§] Statistically Significant

Prevalence of Cancer, 2011-2016



¹Cancer Prevention and Control. (2018, July 31). Retrieved from <https://www.cdc.gov/cancer/dcpcc/data/index.htm>

²District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Chronic Obstructive Pulmonary Disease

Chronic Obstructive Pulmonary Disease (COPD) is the name for a group of diseases that restrict air flow and cause trouble breathing which includes emphysema and chronic bronchitis.¹ Fifteen million Americans have been diagnosed with COPD. Chronic lower respiratory disease, including COPD, is the third leading cause of death in the U.S. and the fifth leading cause of death in the District of Columbia, 2016. Tobacco use is the primary cause of COPD in the U.S.¹

Table 27 - Chronic Health Conditions - Chronic Obstructive Pulmonary Disease (COPD)

“Has a doctor, nurse or other health professional ever told you that you have COPD?”

	Yes		UW
	%	95% CI	
Total	5.0%	4.3%-5.8%	3832
Gender			
Male	4.3%	3.3%-5.5%	1587
Female	5.7%	4.7%-6.8%	2245
Age[§]			
18-39	2.7%	1.9%-3.9%	1011
40-64	6.6%	5.4%-8.1%	1671
65 or older	9.4%	7.4%-11.9%	1022
Race/Ethnicity[§]			
White	1.8%	1.2%-2.5%	1262
African American	9.2%	7.8%-10.9%	2113
Education[§]			
Less than high school	13.0%	9.0%-18.5%	218
High school	6.8%	5.2%-8.9%	880
Some college	6.9%	5.3%-9.0%	696
College graduate	2.1%	1.6%-2.7%	2018
Income[§]			
Less than \$15,000	9.4%	6.4%-13.5%	279
\$15,000-\$34,999	10.6%	8.0%-14.0%	619
\$35,000-\$49,999	5.1%	3.0%-8.4%	309
\$50,000-\$74,999	3.7%	2.2%-6.1%	404
\$75,000 or more	1.4%	1.0%-2.1%	1328

Note: Race/ethnic groups “Other” and Hispanic excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

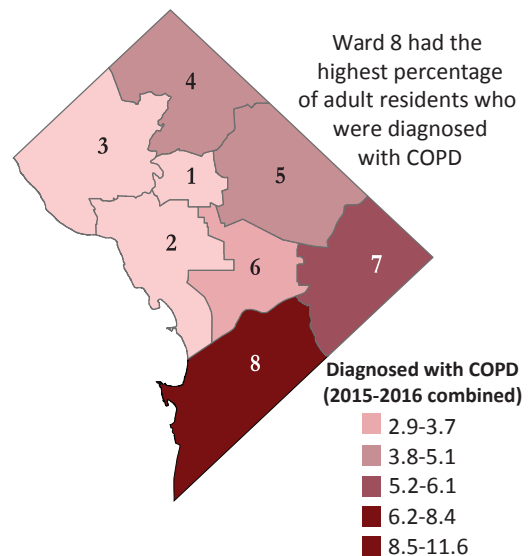
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

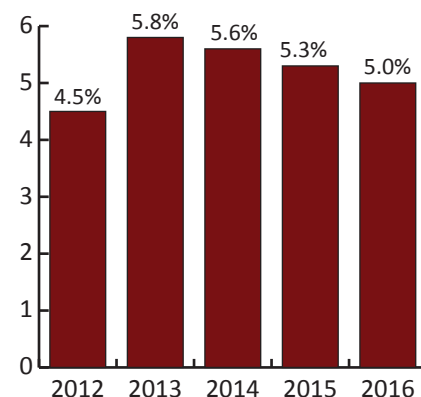
Risk Factors²

- Exposure to tobacco smoke
- People with asthma who smoke
- Occupational exposure to dusts and chemicals
- Age
- Genetics

District Adults who were Diagnosed with COPD by Ward, DC BRFSS 2015 and 2016 combined



Prevalence of COPD, DC BRFSS 2012-2016



¹Chronic Obstructive Pulmonary Disease (COPD). (2018, June 06). Retrieved from <https://www.cdc.gov/copd/index.html>

²District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Depressive Disorder

Major depressive disorder is one of the most common mental disorders in the U.S. Each year an estimated 6.7% of U.S. adults experience major depressive disorder.¹ Women are 70% more likely than men to experience depression during their lifetime. The average age of onset is 32 years old.¹

Table 28 - Chronic Health Condition - Depressive Disorder
“Has a doctor, nurse or other health professional ever told you that you have a depressive disorder?”

		Yes	UW
	%	95% CI	
Total	16.7%	15.1%-18.4%	3815
Gender[§]			
Male	13.1%	11.0%-15.6%	1581
Female	19.8%	17.6%-22.3%	2234
Age			
18-24	22.0%	15.4%-30.3%	190
25-34	15.2%	12.1%-19.0%	522
35-44	16.3%	13.0%-20.2%	551
45-54	14.7%	11.9%-18.0%	687
55-64	20.3%	17.3%-23.7%	850
65 or older	14.2%	11.7%-17.0%	1019
Race/Ethnicity			
White	16.9%	14.4%-19.8%	1253
African American	15.0%	13.2%-17.0%	2108
Other	22.0%	15.7%-29.9%	199
Hispanic/Latino	19.7%	12.7%-29.2%	156
Education			
Less than high school	23.0%	16.3%-31.4%	216
High school	15.4%	12.7%-18.6%	877
Some college	19.0%	15.2%-23.4%	694
College graduate	15.1%	13.1%-17.3%	2009
Income[§]			
Less than \$15,000	31.2%	24.5%-38.8%	277
\$15,000-\$34,999	17.6%	14.1%-21.8%	614
\$35,000-\$49,999	13.5%	9.5%-18.9%	308
\$50,000-\$74,999	14.8%	10.4%-20.7%	404
\$75,000 or more	12.7%	10.6%-15.3%	1324

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

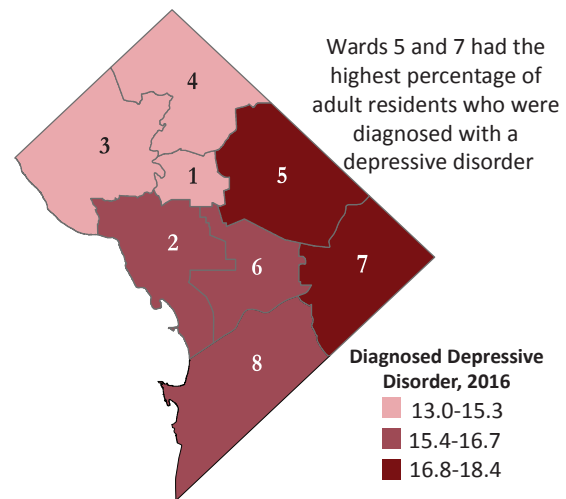
Risk Factors¹

- Genetics
- Death or loss, conflict, abuse or major events
- Serious illness or certain medication
- Substance abuse
- Other personal problems

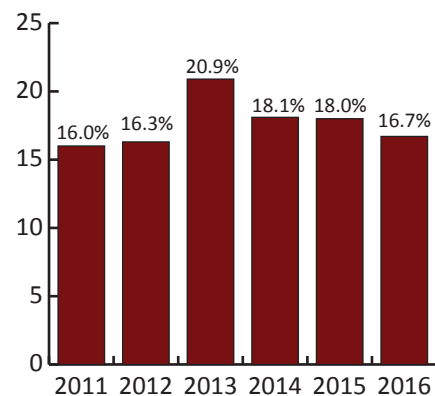
Forms of Depression¹

- Persistent depressive disorder
- Postpartum depression
- Psychotic depression
- Seasonal affective disorder
- Bipolar disorder

District Adults who were Diagnosed with a Depressive Disorder by Ward, DC BRFSS 2016



Prevalence of Depressive Disorder, DC BRFSS 2011-2016



¹Depression. (n.d.). Retrieved from <https://www.nimh.nih.gov/health/topics/depression/index.shtml>

Diabetes

Diabetes is the seventh leading cause of death in the U.S.¹ and the District of Columbia.² Diabetes is a disease in which blood glucose levels are above normal. Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations.¹

Table 29 - Chronic Health Condition - Diabetes

“Has a doctor, nurse or other health professional ever told you that you have diabetes?”

	%	Yes 95% CI	UW
Total	7.7%	6.9%-8.6%	3832
Gender			
Male	6.1%	5.1%-7.4%	1586
Female	9.1%	7.9%-10.4%	2246
Age[§]			
18-39	1.3%	0.8%-2.1%	1011
40-64	11.6%	10.0%-13.4%	1670
65 or older	20.1%	17.2%-23.3%	1024
Race/Ethnicity[§]			
White	2.5%	1.8%-3.4%	1264
African American	14.4%	12.8%-16.1%	2113
Other	5.0%	2.8%-8.6%	200
Education[§]			
Less than high school	17.1%	12.7%-22.7%	217
High school	10.6%	8.8%-12.7%	880
Some college	9.9%	8.0%-12.2%	697
College graduate	3.9%	3.2%-4.7%	2018
Income[§]			
Less than \$15,000	15.0%	11.0%-20.2%	279
\$15,000-\$34,999	13.3%	10.6%-16.5%	616
\$35,000-\$49,999	7.5%	5.0%-11.0%	310
\$50,000-\$74,999	4.5%	2.9%-6.8%	403
\$75,000 or more	3.5%	2.7%-4.5%	1329

Note: Hispanic/Latino excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

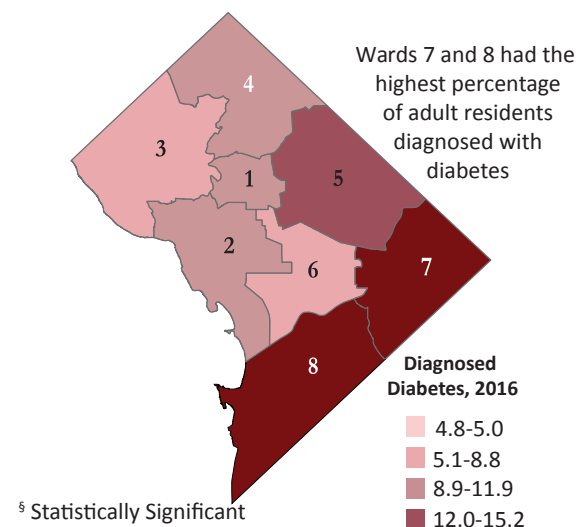
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

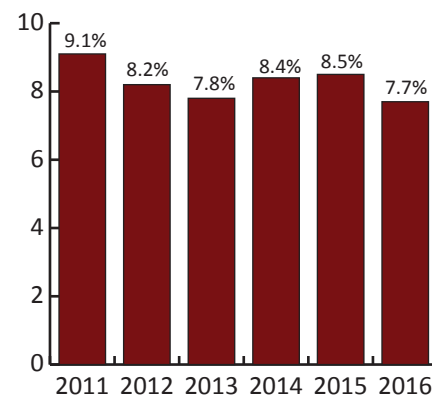
Risk Factors for Type I and II Diabetes¹

- Family history and race
- Environmental factors and geography
- Presence of damaging immune system cells
- Dietary factors, weight and inactivity
- Age gestational diabetes
- Polycystic ovary syndrome
- High blood pressure and abnormal cholesterol and triglyceride levels

District Adults who Diagnosed with Diabetes by Ward, DC BRFSS 2016



Prevalence of Diabetes, DC BRFSS 2011-2016



¹National Center for Health Statistics. (2017, March 17). Retrieved from <https://www.cdc.gov/nchs/fastats/leading-causes-of-death.htm>

²District of Columbia Department of Health, Center for Policy, Planning and Evaluation, Data Management and Analysis Division, 2016

Heart Attack

A heart attack, also called a myocardial infarction, occurs when a segment of the heart muscle dies or is damaged due to reduced blood supply. Coronary Artery Disease (CAD) is the primary cause of heart attacks.¹

Table 30 - Chronic Health Condition - Heart Attack

“Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

	%	Yes 95% CI	UW
Total	2.6%	2.1%-3.1%	3820
Gender			
Male	2.8%	2.1%-3.7%	1581
Female	2.4%	1.8%-3.2%	2239
Age[§]			
40-64	3.5%	2.7%-4.6%	1664
65 or older	6.3%	4.7%-8.5%	1023
Race/Ethnicity[§]			
White	1.0%	0.7%-1.6%	1264
African American	4.7%	3.8%-5.9%	2105
Education[§]			
Less than high school	5.6%	3.3%-9.3%	215
High school	4.2%	3.0%-6.0%	872
Some college	3.4%	2.3%-5.0%	695
College graduate	1.1%	0.8%-1.5%	2020
Income[§]			
Less than \$15,000	6.6%	4.2%-10.4%	276
\$15,000-\$34,999	4.3%	2.8%-6.5%	612
\$75,000 or more	0.9%	0.5%-1.4%	1330

Note: Age 18-34, race/ethnic groups “Other” and Hispanic/Latino and income \$35,000-\$74,999 were excluded due to RSE >30%

UW= Unweighted number of total sample; % are weighted

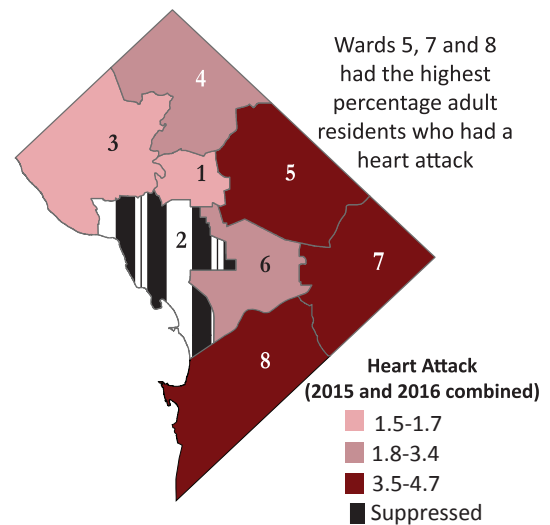
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

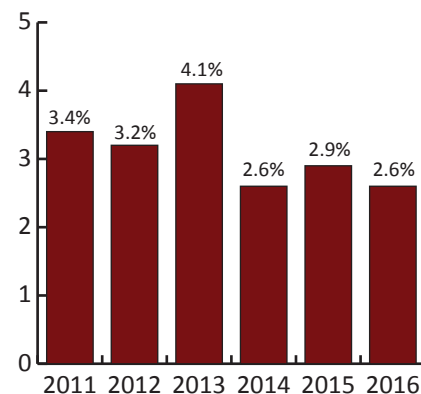
Risk Factors²

- Age or family history of heart attack
- Tobacco or illegal drug use
- High blood pressure, diabetes or high blood cholesterol
- Lack of physical activity or obesity
- Stress
- Metabolic syndrome
- A history of preeclampsia
- A history of an autoimmune condition (rheumatoid arthritis or lupus)

District Adults who had a Heart Attack by Ward, DC BRFSS 2015 and 2016 combined



Prevalence of Heart Attack, DC BRFSS 2011-2016



¹ Conditions That Increase Risk for Heart Disease. (n.d.). Retrieved from <https://www.cdc.gov/heartdisease/conditions.htm>

² Heart attack. (2018, May 30). Retrieved from <https://www.mayoclinic.org/diseases-conditions/heart-attack/symptoms-causes/syc-20373106>

Heart Disease

The term “heart disease,” often used interchangeably with cardiovascular disease, refers to several types of heart conditions. Heart disease is the first leading cause of death in the U.S. and the District of Columbia. The most common type in the U.S. is coronary artery disease, which can cause heart attack, angina, heart failure and arrhythmias.¹

Table 31 - Chronic Health Conditions - Heart Disease

“Has a doctor, nurse or other health professional ever told you that you had heart disease?”

	Yes		UW
	%	95% CI	
Total	2.3%	1.9%-2.9%	3813
Gender			
Male	2.5%	1.9%-3.4%	1576
Female	2.2%	1.7%-3.0%	2237
Age[§]			
40-64	2.4%	1.7%-3.3%	1661
65 or older	8.8%	6.8%-11.3%	1015
Race/Ethnicity[§]			
White	1.6%	1.1%-2.2%	1257
African American	3.7%	2.8%-4.9%	2104
Education			
High school	2.4%	1.7%-3.5%	873
Some college	2.2%	1.4%-3.4%	696
College graduate	1.8%	1.4%-2.4%	2011
Income[§]			
Less than \$15,000	4.4%	2.6%-7.4%	275
\$15,000-\$34,999	3.2%	1.9%-5.2%	611
\$75,000 or more	1.5%	1.0%-2.1%	1327

Note: Age 18-39, race/ethnic groups “Other” and Hispanic/Latino, Less than high school education and income \$35,000-\$74,999 excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

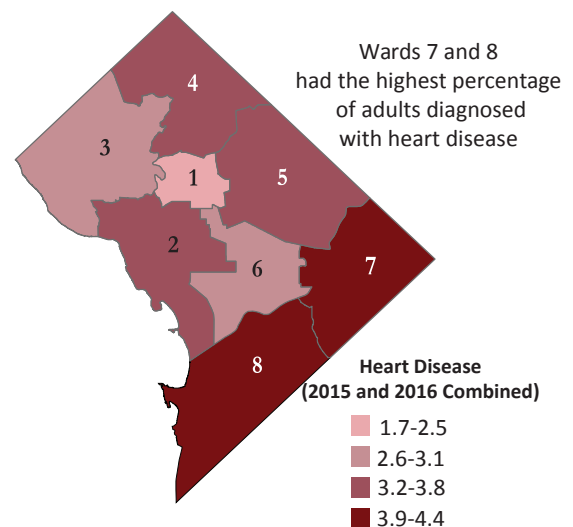
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

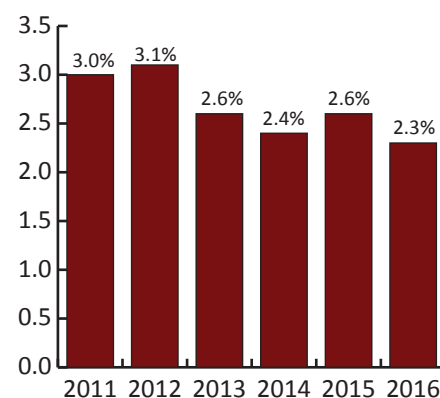
Risk Factors²

- High blood pressure
- High cholesterol
- Tobacco use and excessive alcohol use
- Diabetes
- Overweight and obesity
- Poor diet
- Physical inactivity

District Adults who were Diagnosed with Heart Disease by Ward, DC BRFSS 2015 and 2016 combined



Prevalence of Heart Disease, DC BRFSS 2011-2016



¹Heart Disease. (2017, October 30). Retrieved from <https://www.cdc.gov/heartdisease/conditions.htm>

²Heart Disease Facts & Statistics. (n.d.). Retrieved from <https://www.cdc.gov/heartdisease/facts.htm>

Kidney Disease

More than 20 million U.S. adults are estimated to have chronic kidney disease (CKD), but most are undiagnosed.¹ Kidney disease is the 9th leading cause of death in the U.S. CKD may be caused by diabetes, high blood pressure and other disorders. When kidney disease progresses, it may eventually lead to kidney failure, requiring dialysis or a kidney transplant to maintain life.¹

Table 32 - Chronic Health Condition - Kidney Disease

“Has a doctor, nurse or other health professional ever told you that you have kidney disease?”

	Yes	UW
	%	95% CI
Total	2.5%	1.9%-3.2%
Gender		
Male	2.0%	1.5%-2.8%
Female	2.9%	2.1%-4.0%
Age[§]		
40-64	2.9%	2.0%-4.3%
65 or older	6.1%	4.5%-8.3%
Race/Ethnicity		
White	2.1%	1.4%-3.3%
African American	3.0%	2.3%-3.9%
Education		
Less than high school	4.9%	2.4%-9.6%
High school	2.7%	1.6%-4.5%
Some college	2.7%	1.7%-4.2%
College graduate	1.8%	1.3%-2.6%
Income[§]		
Less than \$15,000	3.3%	1.9%-5.6%
\$15,000-\$34,999	6.0%	3.7%-9.6%
\$75,000 or more	1.6%	1.0%-2.6%

Note: Age 18-39, race/ethnic groups “Other” and Hispanic/Latino, and income \$35,000-\$74,999 excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

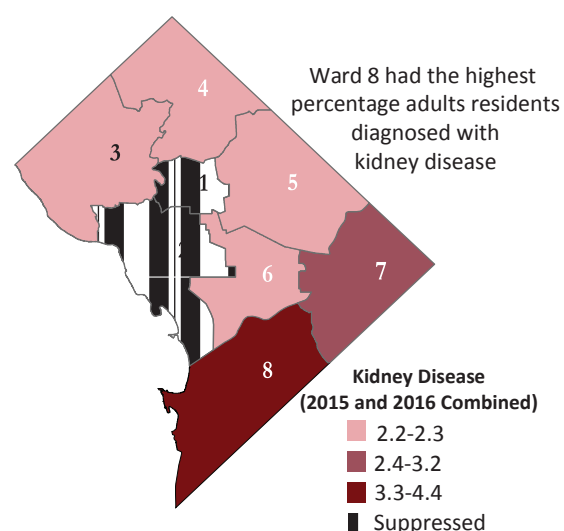
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

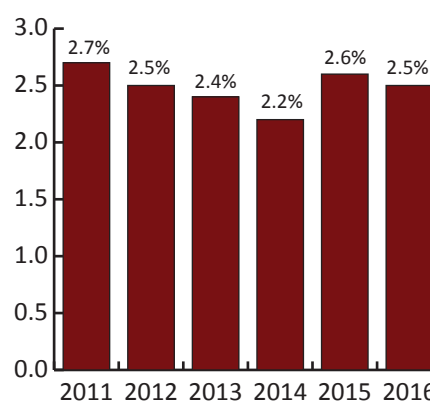
Risk Factors²

- Diabetes
- High blood pressure
- Family history of kidney failure
- Older age
- Race (African American, Hispanic/Latino, Asian, Native American or Pacific Islander)
- Heart disease
- Obesity

District Adults who were Diagnosed with Kidney Disease by Ward, DC BRFSS 2015 and 2016 combined



Prevalence of Kidney Disease, DC BRFSS 2011-2016



¹What Is Chronic Kidney Disease? (2017, June 01). Retrieved from <https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/what-is-chronic-kidney-disease>

²Chronic Kidney Disease (CKD) Surveillance System. (n.d.). Retrieved from <https://nccd.cdc.gov/ckd/>

Stroke

A stroke occurs when the blood flow to the brain is blocked or when a blood vessel in the brain ruptures, causing brain tissue to die.¹ A stroke often starts as a sudden feeling of numbness or weakness on half of the body.¹

Stroke is the fifth leading cause of death in the U.S., and the fourth leading cause of death in the District of Columbia.² About 800,000 people in the U.S. have a stroke each year. On average one American dies from a stroke every 4 minutes.²

Table 33 - Chronic Health Condition - Stroke

“Has a doctor, nurse or other health professional ever told you that you had a stroke?”

	Yes	UW
	%	95% CI
Total	2.9%	2.4%-3.6%
Gender		
Male	2.9%	2.2%-3.8%
Female	2.9%	2.2%-4.0%
Age[§]		
40-64	4.2%	3.1%-5.7%
65 or older	6.7%	5.0%-8.8%
Race/Ethnicity		
White	1.4%	0.9%-2.2%
African American	4.2%	3.4%-5.2%
Education[§]		
Less than high school	6.0%	3.3%-10.8%
High school	4.1%	3.0%-5.7%
Some college	3.5%	2.3%-5.3%
College graduate	1.5%	1.1%-2.1%
Income[§]		
Less than \$15,000	6.1%	3.8%-9.9%
\$15,000-\$34,999	5.8%	3.8%-8.9%
\$35,000-\$49,999	4.7%	2.7%-8.2%

Note: Age 18-39, race/ethnic groups “Other” and Hispanic/Latino, and income \$50,000-\$75,000 or more excluded, RSE > 30%
UW= Unweighted number of total sample; % are weighted

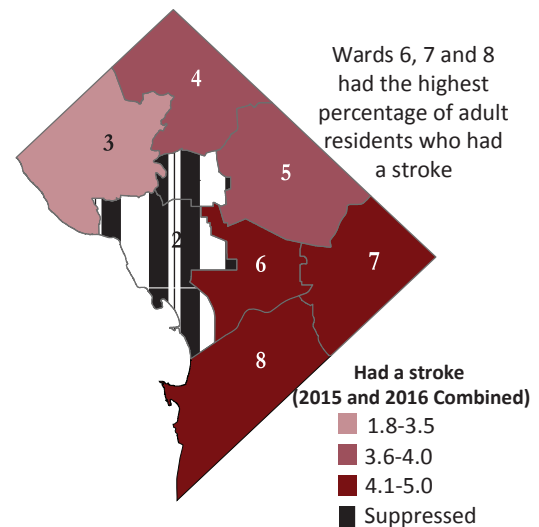
§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

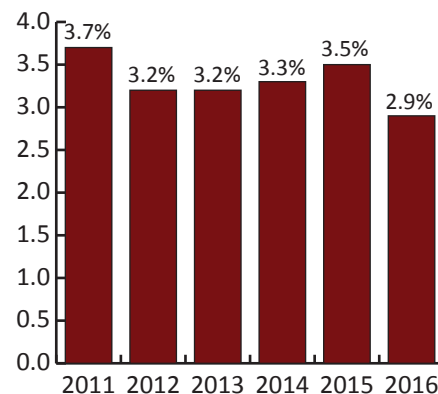
Risk Factors²

- Previous stroke or Transient Ischemic Attack
- Genetics and family history, age, gender or race/ethnicity
- High blood pressure, high cholesterol, heart disease or diabetes
- Sickle Cell Disease
- Unhealthy diet, physical inactivity or obesity
- Too much alcohol or tobacco use

District Adults who Suffered from a Stroke by Ward, DC BRFSS 2015 and 2016 combined



Prevalence of Stroke, DC BRFSS 2011-2016



¹Stroke. (2018, March 27). Retrieved from https://www.cdc.gov/stroke/family_history.htm

²Stroke Risk. (n.d.). Retrieved from https://www.cdc.gov/stroke/risk_factors.htm

Appendix

Appendix Table 1. General Health Status

“Would you say that in general your health is excellent, very good, good, fair or poor?”

	Good or Better		Fair or Poor		UW
	%	95% CI	%	95% CI	
Total	88.5%	87.2%-89.7%	11.5%	10.3%-12.8%	3827
Gender[§]					
Male	90.8%	89.1%-92.3%	9.2%	7.7%-10.9%	1585
Female	86.4%	84.4%-88.2%	13.6%	11.8%-15.6%	2242
Age[§]					
18-24	92.0%	85.1%-95.9%	*	*	188
25-34	93.6%	90.7%-95.7%	6.4%	4.3%-9.3%	523
35-44	91.7%	89.1%-93.8%	8.3%	6.2%-10.9%	555
45-54	89.8%	87.1%-91.9%	10.2%	8.1%-12.9%	693
55-64	78.7%	75.0%-81.9%	21.3%	18.1%-25.0%	851
65 or older	78.8%	75.5%-81.8%	21.2%	18.2%-24.5%	1023
Race/Ethnicity[§]					
White	96.8%	95.7%-97.6%	3.2%	2.4%-4.3%	1263
African American	80.7%	78.6%-82.6%	19.3%	17.4%-21.4%	2109
Other	86.6%	79.9%-91.2%	13.4%	8.8%-20.1%	200
Hispanic/Latino	89.3%	80.0%-94.6%	*	*	155
Education[§]					
Less than high school	65.2%	56.9%-72.7%	34.8%	27.3%-43.1%	216
High school	83.1%	80.2%-85.6%	16.9%	14.4%-19.8%	877
Some college	85.8%	82.5%-88.5%	14.2%	11.5%-17.5%	697
College graduate	96.0%	95.1%-96.8%	4.0%	3.2%-4.9%	2019
Income[§]					
Less than \$15,000	68.5%	60.2%-75.7%	31.5%	24.3%-39.8%	276
\$15,000-\$34,999	80.1%	76.1%-83.6%	19.9%	16.4%-23.9%	616
\$35,000-\$49,999	88.3%	83.9%-91.6%	11.7%	8.4%-16.1%	308
\$50,000-\$74,999	94.5%	91.5%-96.5%	5.5%	3.5%-8.5%	404
\$75,000 or more	96.8%	95.6%-97.6%	3.2%	2.4%-4.4%	1328
Ward					
Ward 1	86.1%	78.8%-91.1%	13.9%	8.9%-21.2%	238
Ward 2	93.0%	88.1%-95.9%	7.0%	4.1%-11.9%	208
Ward 3	95.6%	93.1%-97.2%	4.4%	2.8%-6.9%	393
Ward 4	87.5%	83.0%-90.9%	12.5%	9.1%-17.0%	490
Ward 5	84.9%	80.2%-88.7%	15.1%	11.3%-19.8%	402
Ward 6	91.1%	87.5%-93.8%	8.9%	6.2%-12.5%	382
Ward 7	80.6%	76.3%-84.3%	19.4%	15.7%-23.7%	488
Ward 8	80.6%	75.9%-84.5%	19.4%	15.5%-24.1%	472

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 2. Healthy Days - Health Related Quality of Life - Physical Health

Computed variable: Physical health days not good

	Zero Days Physical Health not Good		1-13 Days Physical Health not Good		14+ Days Physical Health not Good		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	65.6%	63.6%-67.7%	26.3%	24.4%-28.3%	8.1%	7.0%-9.3%	3735
Gender							
Male	68.0%	64.9%-70.9%	25.0%	22.3%-27.9%	7.0%	5.5%-8.9%	1543
Female	63.6%	60.8%-66.3%	27.5%	24.9%-30.2%	9.0%	7.6%-10.6%	2192
Age							
18-24	65.6%	57.2%-73.1%	28.2%	21.4%-36.1%	6.2%	2.7%-13.7%	185
25-34	64.4%	59.6%-68.9%	30.2%	25.9%-34.9%	5.4%	3.6%-7.9%	518
35-44	68.1%	63.4%-72.4%	27.6%	23.5%-32.1%	4.4%	2.9%-6.6%	549
45-54	69.6%	65.6%-73.4%	23.0%	19.7%-26.7%	7.4%	5.4%-9.9%	677
55-64	62.5%	58.6%-66.3%	21.6%	18.6%-25.0%	15.8%	13.0%-19.1%	830
65 or older	63.6%	59.9%-67.2%	22.6%	19.6%-25.9%	13.8%	11.3%-16.7%	982
Race/Ethnicity							
White	61.4%	57.8%-64.9%	33.1%	29.7%-36.6%	5.5%	4.1%-7.4%	1248
African American	67.7%	65.2%-70.1%	21.1%	19.1%-23.3%	11.2%	9.7%-12.9%	2043
Other	66.5%	58.1%-74.0%	24.9%	18.3%-32.9%	8.6%	5.1%-14.3%	193
Hispanic/Latino	72.8%	63.6%-80.4%	21.8%	15.3%-30.2%	5.3%	2.0%-13.6%	154
Education							
Less than high school	62.9%	54.5%-70.6%	16.8%	11.9%-23.1%	20.4%	14.5%-27.9%	200
High school	68.8%	64.8%-72.5%	21.2%	17.9%-24.9%	10.0%	7.9%-12.6%	844
Some college	65.8%	60.8%-70.5%	25.0%	20.7%-29.9%	9.2%	6.7%-12.4%	679
College graduate	64.9%	62.0%-67.6%	30.3%	27.7%-33.2%	4.8%	3.8%-6.0%	1995
Income							
Less than \$15,000	58.9%	50.7%-66.7%	24.0%	17.7%-31.6%	17.1%	12.6%-22.8%	270
\$15,000-\$34,999	61.5%	56.1%-66.6%	28.3%	23.5%-33.6%	10.2%	7.7%-13.4%	602
\$35,000-\$49,999	70.0%	63.1%-76.1%	20.6%	15.3%-27.0%	9.5%	6.4%-13.9%	307
\$50,000-\$74,999	69.5%	63.0%-75.3%	23.9%	18.6%-30.2%	6.6%	4.1%-10.4%	400
\$75,000 or more	65.5%	62.0%-68.8%	30.9%	27.7%-34.4%	3.6%	2.5%-5.3%	1310
Ward							
Ward 1	62.0%	53.5%-69.9%	30.0%	22.6%-38.6%	8.0%	4.8%-13.0%	231
Ward 2	65.1%	55.6%-73.5%	29.2%	21.1%-38.8%	5.7%	3.2%-10.0%	204
Ward 3	64.1%	57.6%-70.1%	32.0%	26.2%-38.5%	3.9%	2.5%-6.1%	386
Ward 4	68.3%	62.2%-73.8%	22.7%	17.7%-28.7%	9.0%	6.4%-12.5%	477
Ward 5	68.9%	62.7%-74.6%	19.6%	14.9%-25.3%	11.5%	8.1%-16.1%	389
Ward 6	66.6%	59.8%-72.8%	25.9%	20.4%-32.3%	7.5%	4.4%-12.6%	370
Ward 7	66.1%	60.0%-71.7%	23.1%	18.6%-28.3%	10.8%	6.8%-16.8%	479
Ward 8	67.4%	61.9%-72.4%	20.3%	16.2%-25.1%	12.3%	9.1%-16.5%	460

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 3. Healthy Days - Health Related Quality of Life - Mental Health

Calculated variable: Mental health days not good

	Zero Days Physical Health not Good		1-13 Days Physical Health not Good		14+ Days Physical Health not Good		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	62.7%	60.6%-64.8%	28.2%	26.2%-30.2%	9.1%	8.0%-10.3%	3763
Gender							
Male	67.4%	64.3%-70.3%	24.6%	21.9%-27.5%	8.1%	6.6%-9.8%	1559
Female	58.7%	55.8%-61.5%	31.4%	28.6%-34.3%	10.0%	8.5%-11.7%	2204
Age							
18-24	49.0%	40.9%-57.1%	41.8%	34.0%-50.0%	9.2%	5.9%-14.2%	185
25-34	56.7%	51.8%-61.5%	34.5%	30.0%-39.4%	8.8%	6.6%-11.7%	511
35-44	61.8%	57.0%-66.3%	29.4%	25.2%-33.9%	8.9%	6.6%-11.8%	546
45-54	66.2%	62.0%-70.2%	24.1%	20.6%-28.0%	9.7%	7.4%-12.6%	681
55-64	67.3%	63.5%-71.0%	20.3%	17.3%-23.7%	12.4%	10.0%-15.3%	844
65 or older	79.0%	75.7%-81.9%	14.3%	11.9%-17.1%	6.7%	4.8%-9.2%	1002
Race/Ethnicity							
White	60.8%	57.1%-64.3%	35.1%	31.7%-38.7%	4.1%	3.0%-5.7%	1255
African American	63.9%	61.3%-66.4%	22.6%	20.4%-24.9%	13.6%	11.8%-15.5%	2071
Other	58.2%	49.4%-66.6%	26.8%	19.5%-35.6%	15.0%	9.9%-21.9%	188
Hispanic/Latino	67.4%	58.0%-75.7%	26.2%	18.6%-35.5%	6.4%	3.3%-12.0%	154
Education							
Less than high school	59.7%	51.2%-67.6%	22.7%	16.1%-31.0%	17.6%	12.6%-24.1%	208
High school	67.6%	63.5%-71.4%	19.5%	16.4%-23.1%	12.9%	10.4%-15.9%	863
Some college	58.8%	53.6%-63.7%	31.0%	26.2%-36.1%	10.3%	7.8%-13.4%	679
College graduate	62.8%	60.0%-65.7%	31.4%	28.7%-34.3%	5.7%	4.6%-7.1%	1995
Income							
Less than \$15,000	53.2%	44.9%-61.4%	26.2%	19.7%-33.9%	20.6%	15.4%-27.0%	273
\$15,000-\$34,999	67.4%	62.4%-72.1%	21.9%	17.9%-26.5%	10.7%	8.0%-14.1%	611
\$35,000-\$49,999	59.1%	51.3%-66.5%	31.2%	24.1%-39.4%	9.6%	6.4%-14.2%	305
\$50,000-\$74,999	61.5%	54.6%-67.9%	30.2%	24.1%-37.0%	8.4%	5.4%-12.6%	398
\$75,000 or more	62.9%	59.3%-66.2%	32.3%	29.0%-35.8%	4.9%	3.6%-6.5%	1318
Ward (2015 and 2016) Combined**							
Ward 1	64.7%	57.2%-71.5%	26.4%	20.1%-33.9%	8.9%	5.8%-13.5%	504
Ward 2	63.3%	55.0%-70.9%	30.1%	22.8%-38.7%	6.5%	3.8%-11.0%	476
Ward 3	68.1%	63.0%-72.8%	27.7%	23.2%-32.7%	4.2%	2.7%-6.4%	982
Ward 4	69.5%	64.1%-74.4%	23.1%	18.6%-28.2%	7.4%	5.0%-10.9%	1016
Ward 5	68.4%	63.2%-73.1%	21.5%	17.3%-26.3%	10.2%	7.7%-13.2%	832
Ward 6	64.0%	58.4%-69.2%	27.1%	22.4%-32.3%	9.0%	5.9%-13.3%	797
Ward 7	60.8%	55.3%-65.9%	26.2%	21.3%-31.8%	13.0%	10.2%-16.5%	829
Ward 8	62.0%	56.5%-67.2%	19.6%	15.8%-24.0%	18.5%	14.3%-23.5%	848

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Note: Ward has been combined to increase the sample size for reporting

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 4. Health Care Access - Coverage

“Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare or Indian Health Service?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	94.7%	93.5%-95.7%	5.3%	4.3%-6.5%	3830
Gender					
Male	93.6%	91.6%-95.1%	6.4%	4.9%-8.4%	1581
Female	95.7%	94.0%-96.9%	4.3%	3.1%-6.0%	2249
Age[§]					
18-24	93.3%	88.8%-96.1%	6.7%	3.9%-11.2%	187
25-34	92.0%	88.4%-94.6%	8.0%	5.4%-11.6%	521
35-44	95.1%	92.5%-96.9%	4.9%	3.1%-7.5%	556
45-54	95.7%	93.1%-97.4%	4.3%	2.6%-6.9%	694
55-64	96.6%	95.0%-97.7%	3.4%	2.3%-5.0%	857
65 or older	97.8%	96.0%-98.8%	*	*	1021
Race/Ethnicity[§]					
White	97.8%	96.4%-98.7%	2.2%	1.3%-3.6%	1266
African American	94.6%	93.2%-95.7%	5.4%	4.3%-6.8%	2110
Other	91.7%	85.3%-95.5%	8.3%	4.5%-14.7%	198
Hispanic/Latino	84.5%	75.4%-90.6%	15.5%	9.4%-24.6%	156
Education[§]					
Less than high school	87.7%	79.2%-93.0%	12.3%	7.0%-20.8%	215
High school	89.7%	86.3%-92.2%	10.3%	7.8%-13.7%	878
Some college	95.0%	92.3%-96.8%	5.0%	3.2%-7.7%	697
College graduate	97.9%	96.9%-98.6%	2.1%	1.4%-3.1%	2021
Income[§]					
Less than \$15,000	89.6%	79.8%-95.0%	*	*	278
\$15,000-\$34,999	91.8%	88.4%-94.2%	8.2%	5.8%-11.6%	617
\$35,000-\$49,999	89.5%	82.1%-94.1%	10.5%	5.9%-17.9%	309
\$50,000-\$74,999	96.3%	93.0%-98.0%	3.7%	2.0%-7.0%	404
\$75,000 or more	98.5%	97.1%-99.2%	1.5%	0.8%-2.9%	1330
Ward					
Ward 1	97.7%	92.6%-99.3%	*	*	239
Ward 2	98.2%	94.6%-99.4%	*	*	208
Ward 3	98.5%	94.6%-99.6%	*	*	397
Ward 4	93.6%	89.4%-96.2%	6.4%	3.8%-10.6%	488
Ward 5	94.2%	89.8%-96.8%	5.8%	3.2%-10.2%	399
Ward 6	95.6%	89.3%-98.3%	*	*	382
Ward 7	93.0%	89.2%-95.6%	7.0%	4.4%-10.8%	490
Ward 8	94.6%	91.3%-96.7%	5.4%	3.3%-8.7%	474

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 5. Health Care Access - Cost

“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	9.2%	7.9%-10.6%	90.8%	89.4%-92.1%	3833
Gender					
Male	7.5%	6.0%-9.4%	92.5%	90.6%-94.0%	1588
Female	10.6%	8.8%-12.9%	89.4%	87.1%-91.2%	2245
Age					
18-24	11.3%	6.9%-18.0%	88.7%	82.0%-93.1%	188
25-34	12.3%	9.3%-16.0%	87.7%	84.0%-90.7%	519
35-44	7.9%	5.8%-10.7%	92.1%	89.3%-94.2%	556
45-54	9.0%	6.7%-12.0%	91.0%	88.0%-93.3%	693
55-64	8.1%	6.3%-10.4%	91.9%	89.6%-93.7%	854
65 or older	5.3%	3.7%-7.5%	94.7%	92.5%-96.3%	1028
Race/Ethnicity					
White	5.9%	4.3%-8.0%	94.1%	92.0%-95.7%	1266
African American	10.6%	9.0%-12.4%	89.4%	87.6%-91.0%	2110
Other	11.4%	7.0%-18.0%	88.6%	82.0%-93.0%	200
Hispanic/Latino	15.4%	9.3%-24.5%	84.6%	75.5%-90.7%	155
Education					
Less than high school	19.0%	12.7%-27.3%	81.0%	72.7%-87.3%	217
High school	10.3%	8.1%-12.9%	89.7%	87.1%-91.9%	877
Some college	12.4%	9.3%-16.4%	87.6%	83.6%-90.7%	698
College graduate	5.8%	4.6%-7.3%	94.2%	92.7%-95.4%	2021
Income					
Less than \$15,000	22.4%	15.2%-31.8%	77.6%	68.2%-84.8%	278
\$15,000-\$34,999	12.2%	9.1%-16.1%	87.8%	83.9%-90.9%	616
\$35,000-\$49,999	16.2%	10.8%-23.6%	83.8%	76.4%-89.2%	309
\$50,000-\$74,999	5.9%	3.6%-9.6%	94.1%	90.4%-96.4%	405
\$75,000 or more	3.5%	2.5%-5.1%	96.5%	94.9%-97.5%	1327
Ward (2015 and 2016) Combined**					
Ward 1	*	*	95.0%	90.2%-97.5%	514
Ward 2	5.2%	2.7%-9.8%	94.8%	90.2%-97.3%	480
Ward 3	4.5%	1.9%-10.3%	95.5%	89.7%-98.1%	998
Ward 4	6.9%	4.6%-10.3%	93.1%	89.7%-95.4%	1037
Ward 5	7.8%	5.0%-11.9%	92.2%	88.1%-95.0%	849
Ward 6	7.5%	5.0%-11.2%	92.5%	88.8%-95.0%	809
Ward 7	11.3%	8.2%-15.5%	88.7%	84.5%-91.8%	845
Ward 8	14.7%	10.6%-19.9%	85.3%	80.1%-89.4%	866

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 6. Health Care Access - Primary Doctor

“Do you have one person you think of as your personal doctor or health care provider?”

	Yes, Only One		More than One		No		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	70.2%	68.1%-72.3%	5.1%	4.2%-6.1%	24.7%	22.7%-26.7%	3822
Gender							
Male	65.8%	62.6%-68.8%	4.7%	3.6%-6.1%	29.5%	26.6%-32.7%	1579
Female	74.2%	71.3%-76.8%	5.5%	4.3%-6.9%	20.4%	17.9%-23.1%	2243
Age							
18-24	46.4%	38.4%-54.5%	*	*	49.8%	41.7%-57.9%	188
25-34	63.1%	58.3%-67.7%	5.6%	3.8%-8.2%	31.3%	26.9%-36.0%	517
35-44	69.6%	65.0%-73.9%	5.0%	3.2%-7.7%	25.4%	21.4%-29.8%	552
45-54	80.8%	77.1%-83.9%	3.3%	2.2%-5.1%	15.9%	13.0%-19.4%	693
55-64	81.6%	78.1%-84.7%	5.5%	3.8%-7.7%	12.9%	10.3%-16.1%	855
65 or older	84.3%	81.3%-86.9%	6.6%	4.9%-.8%	9.1%	7.1%-11.5%	1023
Race/Ethnicity							
White	70.4%	66.9%-73.7%	4.8%	3.5%-6.7%	24.8%	21.6%-28.2%	1262
African American	74.2%	71.8%-76.5%	5.8%	4.7%-7.2%	20.0%	17.9%-22.3%	2111
Other	60.7%	52.1%-68.7%	*	*	34.3%	26.6%-43.0%	195
Hispanic/Latino	60.0%	50.1%-69.1%	*	*	36.2%	27.3%-46.2%	155
Education							
Less than high school	70.5%	61.4%-78.1%	6.4%	3.7%-10.7%	23.2%	15.9%-32.5%	217
High school	65.4%	61.0%-69.5%	5.3%	3.7%-7.5%	29.3%	25.3%-33.7%	876
Some college	67.6%	62.5%-72.3%	3.7%	2.3%-5.8%	28.7%	24.1%-33.8%	694
College graduate	73.1%	70.3%-75.7%	5.2%	4.0%-6.8%	21.7%	19.3%-24.3%	2017
Income							
Less than \$15,000	71.6%	62.8%-79.0%	*	*	23.0%	16.1%-31.9%	276
\$15,000-\$34,999	68.3%	63.1%-73.1%	4.5%	2.9%-6.7%	27.2%	22.6%-32.4%	617
\$35,000-\$49,999	69.7%	62.5%-76.0%	6.4%	3.4%-11.7%	23.9%	18.3%-30.6%	310
\$50,000-\$74,999	68.4%	61.7%-74.5%	6.1%	3.5%-10.2%	25.5%	19.8%-32.1%	402
\$75,000 or more	74.4%	71.0%-77.5%	4.6%	3.3%-6.3%	21.0%	18.1%-24.3%	1327
Ward (2015 and 2016) Combined**							
Ward 1	73.3%	65.9%-79.7%	7.7%	4.7%-12.3%	19.0%	13.3%-26.4%	513
Ward 2	77.4%	69.7%-83.6%	6.9%	3.6%-12.9%	15.6%	10.5%-22.7%	481
Ward 3	80.2%	74.9%-84.6%	5.5%	3.8%-7.8%	14.3%	10.2%-19.7%	998
Ward 4	75.8%	70.3%-80.7%	6.7%	4.0%-10.8%	17.5%	13.3%-22.6%	1035
Ward 5	74.7%	68.9%-79.7%	6.7%	4.3%-10.3%	18.7%	14.1%-24.3%	849
Ward 6	75.6%	70.3%-80.1%	5.1%	3.6%-7.2%	19.4%	15.0%-24.6%	808
Ward 7	74.7%	69.0%-79.7%	4.5%	3.2%-6.4%	20.7%	15.9%-26.7%	843
Ward 8	76.4%	71.3%-80.8%	4.5%	2.9%-7.0%	19.1%	15.1%-24.0%	866

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 7. Health Care Access - Medicare

“Do you have Medicare?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	28.8%	27.0%-30.7%	71.2%	69.3%-73.0%	3488
Gender					
Male	29.2%	26.5%-32.1%	70.8%	67.9%-73.5%	1405
Female	28.5%	26.1%-31.0%	71.5%	69.0%-73.9%	2083
Age					
18-24	21.2%	14.6%-29.8%	78.8%	70.2%-85.4%	144
25-34	15.2%	11.7%-19.4%	84.8%	80.6%-88.3%	402
35-44	11.1%	8.4%-14.5%	88.9%	85.5%-91.6%	495
45-54	16.0%	13.1%-19.5%	84.0%	80.5%-86.9%	640
55-64	25.1%	21.6%-28.8%	74.9%	71.2%-78.4%	816
65 or older	86.4%	83.7%-88.6%	13.6%	11.4%-16.3%	995
Race/Ethnicity					
White	22.4%	19.8%-25.2%	77.6%	74.8%-80.2%	1129
African American	36.9%	34.3%-39.4%	63.1%	60.6%-65.7%	1969
Other	26.2%	19.2%-34.6%	73.8%	65.4%-80.8%	175
Hispanic/Latino	17.4%	10.7%-27.1%	82.6%	72.9%-89.3%	125
Education					
Less than high school	45.0%	36.7%-53.6%	55.0%	46.4%-63.3%	197
High school	37.5%	33.4%-41.7%	62.5%	58.3%-66.6%	790
Some college	32.2%	27.9%-36.9%	67.8%	63.1%-72.1%	651
College graduate	20.6%	18.7%-22.7%	79.4%	77.3%-81.3%	1836
Income					
Less than \$15,000	45.4%	37.4%-53.6%	54.6%	46.4%-62.6%	247
\$15,000-\$34,999	44.9%	39.4%-50.5%	55.1%	49.5%-60.6%	554
\$35,000-\$49,999	27.4%	21.7%-33.9%	72.6%	66.1%-78.3%	275
\$50,000-\$74,999	19.2%	15.2%-24.0%	80.8%	76.0%-84.8%	361
\$75,000 or more	16.5%	14.5%-18.6%	83.5%	81.4%-85.5%	1230
Ward					
Ward 1	21.7%	16.4%-28.1%	78.3%	71.9%-83.6%	233
Ward 2	30.8%	24.0%-38.5%	69.2%	61.5%-76.0%	204
Ward 3	34.0%	28.8%-39.6%	66.0%	60.4%-71.2%	389
Ward 4	30.7%	25.6%-36.3%	69.3%	63.7%-74.4%	462
Ward 5	29.2%	24.1%-34.9%	70.8%	65.1%-75.9%	381
Ward 6	28.0%	22.8%-34.0%	72.0%	66.0%-77.2%	371
Ward 7	33.0%	27.9%-38.6%	67.0%	61.4%-72.1%	458
Ward 8	35.8%	30.5%-41.4%	64.2%	58.6%-69.5%	448

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 8. Health Care Access - Last Doctor's Visit

"About how long has it been since you last visited a doctor for a routine checkup?"

	Within Past Year		Within Past 2 Years		UW
	%	95% CI	%	95% CI	
Total	78.6%	76.7%-80.5%	13.0%	11.6%-14.7%	3793
Gender[§]					
Male	74.0%	70.9%-76.9%	14.6%	12.4%-17.2%	1574
Female	82.7%	80.2%-85.0%	11.7%	9.8%-13.9%	2219
Age[§]					
18-24	73.9%	66.0%-80.5%	16.2%	11.0%-23.1%	184
25-34	73.8%	69.0%-78.0%	16.4%	12.9%-20.6%	518
35-44	75.7%	71.2%-79.7%	12.9%	10.0%-16.5%	548
45-54	76.9%	72.8%-80.6%	15.8%	12.8%-19.5%	683
55-64	87.7%	84.5%-90.3%	7.3%	5.2%-10.1%	849
65 or older	88.9%	86.2%-91.2%	6.7%	5.1%-8.7%	1016
Race/Ethnicity[§]					
White	69.0%	65.5%-72.3%	18.1%	15.5%-21.1%	1252
African American	89.7%	88.0%-91.2%	6.5%	5.3%-8.0%	2092
Other	78.0%	70.3%-84.2%	12.7%	7.9%-19.8%	198
Hispanic/Latino	70.1%	60.5%-78.3%	20.9%	14.1%-29.9%	153
Income[§]					
Less than high school	84.0%	75.8%-89.7%	*	*	214
High school	84.0%	80.1%-87.2%	10.5%	7.9%-14.0%	865
Some college	84.5%	79.9%-88.3%	9.8%	6.8%-13.9%	697
College graduate	73.5%	70.7%-76.1%	16.0%	13.9%-18.4%	1999
Education					
Less than \$15,000	82.6%	73.4%-89.1%	*	*	275
\$15,000-\$34,999	81.4%	76.6%-85.5%	12.9%	9.5%-17.4%	614
\$35,000-\$49,999	80.8%	73.9%-86.2%	12.7%	8.2%-19.2%	308
\$50,000-\$74,999	79.1%	72.5%-84.4%	11.5%	7.6%-17.0%	401
\$75,000 or more	72.1%	68.6%-75.3%	16.4%	13.9%-19.3%	1316
Ward					
Ward 1	68.6%	60.1%-76.1%	20.2%	14.2%-28.1%	236
Ward 2	80.6%	72.1%-87.0%	12.2%	7.0%-20.4%	207
Ward 3	76.2%	69.4%-81.9%	14.8%	10.0%-21.3%	397
Ward 4	77.9%	71.7%-83.0%	15.3%	11.0%-20.9%	484
Ward 5	80.4%	74.1%-85.5%	12.6%	8.9%-17.6%	399
Ward 6	76.1%	69.3%-81.8%	12.0%	8.1%-17.4%	379
Ward 7	87.0%	82.2%-90.6%	5.0%	2.9%-8.6%	487
Ward 8	90.6%	86.6%-93.4%	7.4%	4.9%-10.9%	466

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 9. Health Care Access - Bills

“Do you currently have any health care bills that are being paid off over time?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	12.9%	11.5%-14.5%	87.1%	85.5%-88.5%	3631
Gender					
Male	11.4%	9.4%-13.8%	88.6%	86.2%-90.6%	1486
Female	14.2%	12.3%-16.4%	85.8%	83.6%-87.7%	2145
Age					
18-24	17.5%	11.3%-26.1%	82.5%	73.9%-88.7%	152
25-34	12.1%	9.1%-16.0%	87.9%	84.0%-90.9%	438
35-44	13.5%	10.6%-17.2%	86.5%	82.8%-89.4%	517
45-54	10.7%	8.5%-13.4%	89.3%	86.6%-91.5%	675
55-64	13.6%	11.2%-16.4%	86.4%	83.6%-88.8%	842
65 or older	11.9%	9.6%-14.6%	88.1%	85.4%-90.4%	1011
Race/Ethnicity					
White	6.9%	5.1%-9.4%	93.1%	90.6%-94.9%	1145
African American	16.5%	14.7%-18.5%	83.5%	81.5%-85.3%	2062
Other	15.8%	10.5%-23.1%	84.2%	76.9%-89.5%	186
Hispanic/Latino	15.6%	9.3%-25.0%	84.4%	75.0%-90.7%	142
Education					
Less than high school	16.4%	10.4%-24.8%	83.6%	75.2%-89.6%	210
High school	14.5%	11.9%-17.6%	85.5%	82.4%-88.1%	854
Some college	16.0%	12.7%-20.0%	84.0%	80.0%-87.3%	675
College graduate	10.3%	8.7%-12.0%	89.7%	88.0%-91.3%	1875
Income					
Less than \$15,000	11.8%	8.2%-16.8%	88.2%	83.2%-91.8%	267
\$15,000-\$34,999	16.7%	13.0%-21.2%	83.3%	78.8%-87.0%	597
\$35,000-\$49,999	21.4%	15.3%-29.1%	78.6%	70.9%-84.7%	297
\$50,000-\$74,999	12.0%	8.8%-16.1%	88.0%	83.9%-91.2%	374
\$75,000 or more	8.7%	6.9%-10.9%	91.3%	89.1%-93.1%	1237
Ward					
Ward 1	10.0%	6.3%-15.4%	90.0%	84.6%-93.7%	239
Ward 2	5.0%	2.8%-8.8%	95.0%	91.2%-97.2%	207
Ward 3	6.1%	3.5%-10.5%	93.9%	89.5%-96.5%	396
Ward 4	15.4%	11.7%-20.0%	84.6%	80.0%-88.3%	487
Ward 5	11.7%	8.6%-15.7%	88.3%	84.3%-91.4%	400
Ward 6	10.0%	6.4%-15.1%	90.0%	84.9%-93.6%	379
Ward 7	16.4%	11.9%-22.2%	83.6%	77.8%-88.1%	486
Ward 8	18.0%	14.2%-22.7%	82.0%	77.3%-85.8%	463

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 10. Disability - Activities Limited

“Are you limited in any way in any activities because of physical, mental or emotional problems?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	16.4%	14.9%-18.0%	83.6%	82.0%-85.1%	3464
Gender					
Male	14.7%	12.7%-16.9%	85.3%	83.1%-87.3%	1415
Female	17.9%	15.8%-20.3%	82.1%	79.7%-84.2%	2049
Age[§]					
18-39	9.6%	7.3%-12.4%	90.4%	87.6%-92.7%	836
40-64	19.4%	17.2%-21.8%	80.6%	78.2%-82.8%	1560
65 or older	28.7%	25.3%-32.3%	71.3%	67.7%-74.7%	957
Race/Ethnicity					
White	16.8%	14.3%-19.6%	83.2%	80.4%-85.7%	1114
African American	18.4%	16.4%-20.5%	81.6%	79.5%-83.6%	1948
Other	15.5%	10.6%-22.2%	84.5%	77.8%-89.4%	178
Hispanic/Latino	*	*	92.0%	83.0%-96.4%	134
Education[§]					
Less than high school	31.1%	23.7%-39.6%	68.9%	60.4%-76.3%	186
High school	13.5%	11.1%-16.3%	86.5%	83.7%-88.9%	815
Some college	17.3%	14.1%-21.1%	82.7%	78.9%-85.9%	649
College graduate	14.4%	12.6%-16.4%	85.6%	83.6%-87.4%	1799
Income[§]					
Less than \$15,000	32.3%	25.6%-39.8%	67.7%	60.2%-74.4%	251
\$15,000-\$34,999	18.7%	15.2%-22.8%	81.3%	77.2%-84.8%	570
\$35,000-\$49,999	16.2%	11.5%-22.5%	83.8%	77.5%-88.5%	289
\$50,000-\$74,999	7.3%	5.2%-10.4%	92.7%	89.6%-94.8%	365
\$75,000 or more	13.1%	10.9%-15.6%	86.9%	84.4%-89.1%	1196
Ward					
Ward 1	15.6%	10.9%-21.8%	84.4%	78.2%-89.1%	226
Ward 2	18.5%	13.3%-25.2%	81.5%	74.8%-86.7%	198
Ward 3	19.4%	15.1%-24.7%	80.6%	75.3%-84.9%	386
Ward 4	13.7%	10.4%-18.0%	86.3%	82.0%-89.6%	461
Ward 5	18.0%	13.6%-23.5%	82.0%	76.5%-86.4%	377
Ward 6	15.0%	10.9%-20.3%	85.0%	79.7%-89.1%	369
Ward 7	18.7%	15.0%-23.1%	81.3%	76.9%-85.0%	459
Ward 8	18.6%	14.8%-23.2%	81.4%	76.8%-85.2%	445

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 11. Disability - Difficulty Doing Errands Alone

“Because of physical, mental or emotional condition do you have difficulty doing errands alone?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	5.3%	4.5%-6.3%	94.7%	93.7%-95.5%	3772
Gender					
Male	4.1%	3.0%-5.5%	95.9%	94.5%-97.0%	1562
Female	6.4%	5.3%-7.7%	93.6%	92.3%-94.7%	2210
Age					
18-39	2.4%	1.5%-3.9%	97.6%	96.1%-98.5%	993
40-64	6.5%	5.2%-8.0%	93.5%	92.0%-94.8%	1649
65 or older	12.6%	10.2%-15.5%	87.4%	84.5%-89.8%	1006
Race/Ethnicity					
White	2.3%	1.5%-3.5%	97.7%	96.5%-98.5%	1254
African American	8.7%	7.3%-10.2%	91.3%	89.8%-92.7%	2073
Other	6.2%	3.8%-10.0%	93.8%	90.0%-96.2%	195
Hispanic/Latino	*	*	96.3%	89.8%-98.7%	153
Education					
Less than high school	16.9%	11.8%-23.5%	83.1%	76.5%-88.2%	203
High school	7.4%	5.9%-9.2%	92.6%	90.8%-94.1%	863
Some college	5.2%	3.8%-7.2%	94.8%	92.8%-96.2%	687
College graduate	2.4%	1.7%-3.3%	97.6%	96.7%-98.3%	2000
Income					
Less than \$15,000	17.4%	12.2%-24.3%	82.6%	75.7%-87.8%	270
\$15,000-\$34,999	10.0%	7.5%-13.3%	90.0%	86.7%-92.5%	611
\$35,000-\$49,999	4.7%	2.7%-7.8%	95.3%	92.2%-97.3%	306
\$50,000-\$74,999	*	*	98.4%	96.8%-99.2%	402
\$75,000 or more	1.4%	0.8%-2.5%	98.6%	97.5%-99.2%	1322
Ward (2015 and 2016) Combined**					
Ward 1	4.3%	2.6%-7.0%	95.7%	93.0%-97.4%	504
Ward 2	3.9%	2.4%-6.3%	96.1%	93.7%-97.6%	468
Ward 3	3.5%	2.3%-5.3%	96.5%	94.7%-97.7%	977
Ward 4	8.2%	5.6%-11.9%	91.8%	88.1%-94.4%	1005
Ward 5	6.7%	4.9%-9.0%	93.3%	91.0%-95.1%	818
Ward 6	4.0%	2.5%-6.3%	96.0%	93.7%-97.5%	796
Ward 7	10.3%	7.8%-13.4%	89.7%	86.6%-92.2%	818
Ward 8	11.8%	8.5%-16.1%	88.2%	83.9%-91.5%	835

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 12. Disability - Use of Special Equipment

“Do you have any health problems that requires you to use special equipment?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	9.5%	8.5%-10.6%	90.5%	89.4%-91.5%	3507
Gender[§]					
Male	7.5%	6.2%-9.1%	92.5%	90.9%-93.8%	1433
Female	11.2%	9.7%-12.9%	88.8%	87.1%-90.3%	2074
Age[§]					
18-39	2.4%	1.3%-4.2%	97.6%	95.8%-98.7%	843
40-64	10.9%	9.4%-12.7%	89.1%	87.3%-90.6%	1574
65 or older	25.7%	22.5%-29.2%	74.3%	70.8%-77.5%	977
Race/Ethnicity[§]					
White	5.3%	4.1%-6.8%	94.7%	93.2%-95.9%	1122
African American	14.3%	12.7%-16.1%	85.7%	83.9%-87.3%	1978
Other	7.9%	5.0%-12.3%	92.1%	87.7%-95.0%	181
Hispanic/Latino	*	*	95.0%	86.9%-98.2%	135
Education[§]					
Less than high school	22.9%	17.0%-30.0%	77.1%	70.0%-83.0%	194
High school	12.0%	10.0%-14.5%	88.0%	85.5%-90.0%	826
Some college	10.6%	8.5%-13.2%	89.4%	86.8%-91.5%	655
College graduate	5.0%	4.1%-6.0%	95.0%	94.0%-95.9%	1816
Income[§]					
Less than \$15,000	27.1%	21.2%-34.0%	72.9%	66.0%-78.8%	255
\$15,000-\$34,999	14.1%	11.3%-17.4%	85.9%	82.6%-88.7%	579
\$35,000-\$49,999	14.0%	8.8%-21.4%	86.0%	78.6%-91.2%	288
\$50,000-\$74,999	5.2%	3.5%-7.7%	94.8%	92.3%-96.5%	365
\$75,000 or more	3.1%	2.3%-4.2%	96.9%	95.8%-97.7%	1206
Ward					
Ward 1	14.1%	9.7%-20.0%	85.9%	80.0%-90.3%	229
Ward 2	5.8%	3.5%-9.5%	94.2%	90.5%-96.5%	200
Ward 3	8.3%	5.6%-12.2%	91.7%	87.8%-94.4%	390
Ward 4	7.4%	5.4%-10.0%	92.6%	90.0%-94.6%	465
Ward 5	11.1%	8.2%-14.9%	88.9%	85.1%-91.8%	383
Ward 6	7.8%	5.6%-10.9%	92.2%	89.1%-94.4%	370
Ward 7	12.9%	10.0%-16.3%	87.1%	83.7%-90.0%	464
Ward 8	14.9%	11.6%-18.9%	85.1%	81.1%-88.4%	451

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 13. Disability - Difficulty Hearing
 “Are you deaf or do you have serious difficulty hearing?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	4.3%	3.6%-5.2%	95.7%	94.8%-96.4%	3797
Gender					
Male	4.0%	3.2%-5.1%	96.0%	94.9%-96.8%	1570
Female	4.6%	3.5%-5.9%	95.4%	94.1%-96.5%	2227
Age					
18-39	1.7%	0.9%-3.1%	98.3%	96.9%-99.1%	1001
40-64	4.9%	3.8%-6.2%	95.1%	93.8%-96.2%	1658
65 or older	12.0%	9.7%-14.7%	88.0%	85.3%-90.3%	1014
Race/Ethnicity					
White	3.1%	2.3%-4.1%	96.9%	95.9%-97.7%	1260
African American	6.1%	5.0%-7.5%	93.9%	92.5%-95.0%	2089
Other	*	*	95.5%	91.3%-97.7%	196
Hispanic/Latino	*	*	97.6%	87.6%-99.6%	154
Education					
Less than high school	10.7%	6.6%-17.0%	89.3%	83.0%-93.4%	210
High school	5.1%	3.7%-7.0%	94.9%	93.0%-96.3%	871
Some college	3.8%	2.7%-5.6%	96.2%	94.4%-97.3%	690
College graduate	3.0%	2.4%-3.8%	97.0%	96.2%-97.6%	2008
Income					
Less than \$15,000	9.2%	4.7%-17.2%	90.8%	82.8%-95.3%	275
\$15,000-\$34,999	6.3%	4.4%-9.1%	93.7%	90.9%-95.6%	615
\$35,000-\$49,999	4.7%	2.7%-8.0%	95.3%	92.0%-97.3%	308
\$50,000-\$74,999	*	*	99.3%	98.5%-99.7%	402
\$75,000 or more	3.3%	2.5%-4.3%	96.7%	95.7%-97.5%	1325
Ward					
Ward 1	4.3%	2.3%-7.9%	95.7%	92.1%-97.7%	237
Ward 2	4.4%	2.2%-8.3%	95.6%	91.7%-97.8%	206
Ward 3	4.7%	2.9%-7.4%	95.3%	92.6%-97.1%	395
Ward 4	5.5%	3.8%-7.9%	94.5%	92.1%-96.2%	482
Ward 5	4.5%	2.6%-7.6%	95.5%	92.4%-97.4%	396
Ward 6	3.7%	2.0%-6.5%	96.3%	93.5%-98.0%	382
Ward 7	6.7%	4.6%-9.6%	93.3%	90.4%-95.4%	485
Ward 8	6.3%	4.1%-9.5%	93.7%	90.5%-95.9%	470

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 14. Disability - Difficulty Seeing

"Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	4.9%	4.1%-5.8%	95.1%	94.2%-95.9%	3775
Gender					
Male	4.7%	3.7%-6.0%	95.3%	94.0%-96.3%	1567
Female	5.0%	4.0%-6.3%	95.0%	93.7%-96.0%	2208
Age					
18-39	2.8%	1.8%-4.1%	97.2%	95.9%-98.2%	1000
40-64	6.2%	4.9%-7.9%	93.8%	92.1%-95.1%	1649
65 or older	8.9%	7.0%-11.4%	91.1%	88.6%-93.0%	1006
Race/Ethnicity					
White	2.1%	1.3%-3.3%	97.9%	96.7%-98.7%	1258
African American	7.3%	6.1%-8.8%	92.7%	91.2%-93.9%	2072
Other	*	*	95.2%	91.1%-97.4%	196
Hispanic/Latino	*	*	94.8%	88.9%-97.6%	153
Education					
Less than high school	11.2%	7.2%-17.1%	88.8%	82.9%-92.8%	207
High school	7.2%	5.5%-9.5%	92.8%	90.5%-94.5%	863
Some college	6.4%	4.5%-9.0%	93.6%	91.0%-95.5%	683
College graduate	2.3%	1.7%-3.0%	97.7%	97.0%-98.3%	2004
Income					
Less than \$15,000	10.4%	6.6%-16.0%	89.6%	84.0%-93.4%	271
\$15,000-\$34,999	11.0%	8.0%-14.8%	89.0%	85.2%-92.0%	610
\$35,000-\$49,999	5.6%	3.0%-10.1%	94.4%	89.9%-97.0%	305
\$50,000-\$74,999	*	*	97.4%	95.5%-98.6%	400
\$75,000 or more	1.6%	1.1%-2.4%	98.4%	97.6%-98.9%	1326
Ward (2015 and 2016) Combined**					
Ward 1	3.1%	1.7%-5.6%	96.9%	94.4%-98.3%	506
Ward 2	2.8%	1.5%-5.0%	97.2%	95.0%-98.5%	474
Ward 3	1.6%	1.0%-2.5%	98.4%	97.5%-99.0%	981
Ward 4	5.5%	3.5%-8.6%	94.5%	91.4%-96.5%	1016
Ward 5	5.5%	3.8%-7.8%	94.5%	92.2%-96.2%	826
Ward 6	5.1%	3.1%-8.3%	94.9%	91.7%-96.9%	797
Ward 7	8.0%	5.6%-11.2%	92.0%	88.8%-94.4%	823
Ward 8	6.5%	4.8%-8.8%	93.5%	91.2%-95.2%	836

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 15. Disability - Difficulty Concentrating, Remembering or Making Decisions

“Because of physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	9.7%	8.4%-11.1%	90.3%	88.9%-91.6%	3758
Gender					
Male	8.6%	6.8%-10.8%	91.4%	89.2%-93.2%	1552
Female	10.6%	8.9%-12.7%	89.4%	87.3%-91.1%	2206
Age					
18-39	9.4%	7.3%-12.1%	90.6%	87.9%-92.7%	990
40-64	10.1%	8.5%-12.1%	89.9%	87.9%-91.5%	1641
65 or older	10.5%	8.2%-13.3%	89.5%	86.7%-91.8%	1008
Race/Ethnicity[§]					
White	3.9%	2.8%-5.4%	96.1%	94.6%-97.2%	1249
African American	13.4%	11.6%-15.4%	86.6%	84.6%-88.4%	2066
Other	12.7%	8.1%-19.2%	87.3%	80.8%-91.9%	195
Hispanic/Latino	15.8%	9.0%-26.1%	84.2%	73.9%-91.0%	153
Education[§]					
Less than high school	30.6%	22.9%-39.5%	69.4%	60.5%-77.1%	206
High school	13.3%	10.8%-16.3%	86.7%	83.7%-89.2%	861
Some college	11.1%	8.3%-14.6%	88.9%	85.4%-91.7%	683
College graduate	3.9%	3.0%-5.1%	96.1%	94.9%-97.0%	1993
Income[§]					
Less than \$15,000	29.3%	22.0%-37.9%	70.7%	62.1%-78.0%	272
\$15,000-\$34,999	12.3%	9.4%-15.7%	87.7%	84.3%-90.6%	606
\$35,000-\$49,999	10.5%	6.0%-17.8%	89.5%	82.2%-94.0%	305
\$50,000-\$74,999	5.8%	3.4%-9.7%	94.2%	90.3%-96.6%	401
\$75,000 or more	2.7%	1.8%-4.0%	97.3%	96.0%-98.2%	1319
Ward (2015 and 2016) Combined**					
Ward 1	7.3%	4.7%-11.2%	92.7%	88.8%-95.3%	499
Ward 2	3.5%	2.0%-6.0%	96.5%	94.0%-98.0%	471
Ward 3	2.8%	1.8%-4.5%	97.2%	95.5%-98.2%	974
Ward 4	7.9%	5.3%-11.4%	92.1%	88.6%-94.7%	1012
Ward 5	8.7%	6.4%-11.6%	91.3%	88.4%-93.6%	823
Ward 6	6.5%	4.4%-9.5%	93.5%	90.5%-95.6%	785
Ward 7	14.2%	10.7%-18.6%	85.8%	81.4%-89.3%	816
Ward 8	19.3%	15.0%-24.5%	80.7%	75.5%-85.0%	831

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 16. Disability - Difficulty Walking or Climbing Stairs

“Do you have serious difficulty walking or climbing stairs?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	11.2%	10.1%-12.4%	88.8%	87.6%-89.9%	3774
Gender					
Male	8.7%	7.2%-10.4%	91.3%	89.6%-92.8%	1564
Female	13.4%	11.9%-15.2%	86.6%	84.8%-88.1%	2210
Age					
18-39	3.6%	2.4%-5.4%	96.4%	94.6%-97.6%	997
40-64	15.1%	13.3%-17.1%	84.9%	82.9%-86.7%	1647
65 or older	26.9%	23.6%-30.5%	73.1%	69.5%-76.4%	1009
Race/Ethnicity					
White	4.7%	3.6%-6.0%	95.3%	94.0%-96.4%	1256
African American	19.2%	17.3%-21.3%	80.8%	78.7%-82.7%	2073
Other	10.6%	7.1%-15.5%	89.4%	84.5%-92.9%	197
Hispanic/Latino	6.2%	2.7%-13.6%	93.8%	86.4%-97.3%	154
Education					
Less than high school	33.2%	26.0%-41.1%	66.8%	58.9%-74.0%	206
High school	16.8%	14.4%-19.5%	83.2%	80.5%-85.6%	865
Some college	11.8%	9.6%-14.4%	88.2%	85.6%-90.4%	686
College graduate	4.7%	3.9%-5.7%	95.3%	94.3%-96.1%	2000
Income					
Less than \$15,000	32.5%	25.7%-40.2%	67.5%	59.8%-74.3%	272
\$15,000-\$34,999	18.0%	14.7%-21.7%	82.0%	78.3%-85.3%	610
\$35,000-\$49,999	13.7%	8.9%-20.4%	86.3%	79.6%-91.1%	306
\$50,000-\$74,999	5.5%	3.7%-8.3%	94.5%	91.7%-96.3%	402
\$75,000 or more	3.5%	2.6%-4.5%	96.5%	95.5%-97.4%	1322
Ward					
Ward 1	12.4%	8.6%-17.5%	87.6%	82.5%-91.4%	237
Ward 2	9.9%	6.0%-16.0%	90.1%	84.0%-94.0%	204
Ward 3	8.3%	5.7%-12.0%	91.7%	88.0%-94.3%	395
Ward 4	11.3%	8.0%-15.7%	88.7%	84.3%-92.0%	480
Ward 5	12.4%	9.3%-16.5%	87.6%	83.5%-90.7%	394
Ward 6	8.5%	6.1%-11.8%	91.5%	88.2%-93.9%	380
Ward 7	20.2%	16.4%-24.6%	79.8%	75.4%-83.6%	481
Ward 8	17.8%	14.1%-22.2%	82.2%	77.8%-85.9%	466

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 17. Disability - Difficulty Dressing or Bathing

“Do you have difficulty dressing or bathing?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	2.9%	2.4%-3.6%	97.1%	96.4%-97.6%	3776
Gender					
Male	2.9%	2.0%-4.2%	97.1%	95.8%-98.0%	1566
Female	3.0%	2.3%-3.8%	97.0%	96.2%-97.7%	2210
Age					
18-39	*	*	99.0%	97.9%-99.6%	994
40-64	4.2%	3.3%-5.5%	95.8%	94.5%-96.7%	1649
65 or older	6.7%	4.9%-9.1%	93.3%	90.9%-95.1%	1008
Race/Ethnicity					
White	1.0%	0.6%-1.7%	99.0%	98.3%-99.4%	1254
African American	4.8%	3.9%-6.0%	95.2%	94.0%-96.1%	2076
Other	*	*	94.8%	90.7%-97.1%	196
Hispanic/Latino	*	*	98.4%	89.7%-99.8%	153
Education					
Less than high school	10.0%	6.2%-15.7%	90.0%	84.3%-93.8%	206
High school	5.4%	4.0%-7.2%	94.6%	92.8%-96.0%	865
Some college	2.5%	1.7%-3.6%	97.5%	96.4%-98.3%	686
College graduate	0.9%	0.6%-1.3%	99.1%	98.7%-99.4%	2000
Income					
Less than \$15,000	11.6%	7.3%-17.8%	88.4%	82.2%-92.7%	273
\$15,000-\$34,999	5.4%	3.7%-7.9%	94.6%	92.1%-96.3%	612
\$35,000-\$49,999	*	*	97.0%	94.2%-98.4%	306
\$50,000-\$74,999	*	*	98.9%	97.5%-99.5%	402
\$75,000 or more	0.4%	0.2%-0.9%	99.6%	99.1%-99.8%	1322
Ward (2015 and 2016) Combined**					
Ward 1	3.2%	2.0%-5.2%	96.8%	94.8%-98.0%	507
Ward 2	*	0.8%-2.8%	98.5%	97.2%-99.2%	472
Ward 3	1.3%	0.8%-2.2%	98.7%	97.8%-99.2%	979
Ward 4	5.2%	3.1%-8.7%	94.8%	91.3%-96.9%	1010
Ward 5	3.7%	2.4%-5.6%	96.3%	94.4%-97.6%	823
Ward 6	3.6%	2.1%-6.0%	96.4%	94.0%-97.9%	799
Ward 7	6.7%	4.5%-9.7%	93.3%	90.3%-95.5%	824
Ward 8	6.4%	4.2%-9.8%	93.6%	90.2%-95.8%	839

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 18. Weight Status - BMI

Calculated Variable: Body Mass Index

	Normal Weight		Overweight		Obese		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	44.3%	42.1%-46.5%	30.9%	28.9%-32.9%	22.6%	21.0%-24.4%	3475
Gender[§]							
Male	40.7%	37.5%-44.0%	39.7%	36.6%-42.8%	18.0%	15.8%-20.4%	1522
Female	47.7%	44.7%-50.8%	22.5%	20.2%-25.0%	27.0%	24.6%-29.6%	1953
Age[§]							
18-24	59.5%	50.6%-67.7%	21.9%	15.6%-30.0%	11.6%	7.4%-17.7%	163
25-34	53.7%	48.6%-58.6%	27.3%	23.1%-32.0%	17.3%	13.9%-21.3%	474
35-44	39.1%	34.2%-44.1%	33.2%	28.7%-38.2%	27.0%	22.9%-31.5%	502
45-54	37.7%	33.4%-42.1%	34.0%	29.8%-38.4%	27.0%	23.4%-31.0%	621
55-64	30.4%	26.7%-34.3%	36.9%	33.0%-41.0%	31.4%	27.6%-35.4%	760
65 or older	40.2%	36.6%-44.0%	33.3%	30.0%-36.9%	24.0%	20.8%-27.5%	959
Race/Ethnicity[§]							
White	58.3%	54.7%-61.8%	29.8%	26.7%-33.2%	9.4%	7.5%-11.6%	1192
African American	29.6%	27.1%-32.2%	31.3%	28.9%-33.8%	37.4%	34.8%-40.0%	1901
Other	44.2%	35.6%-53.1%	35.0%	27.3%-43.6%	18.6%	13.0%-25.9%	181
Hispanic/Latino	46.4%	36.7%-56.4%	29.8%	21.4%-39.8%	20.8%	13.9%-30.1%	139
Education[§]							
Less than high school	27.9%	20.8%-36.3%	25.2%	17.9%-34.1%	40.7%	32.6%-49.4%	191
High school	33.9%	29.7%-38.5%	34.0%	29.9%-38.2%	30.4%	26.7%-34.3%	783
Some college	39.1%	33.8%-44.6%	27.3%	23.1%-31.8%	31.5%	27.3%-36.0%	640
College graduate	52.8%	49.8%-55.7%	32.2%	29.5%-34.9%	13.4%	11.6%-15.3%	1857
Income[§]							
Less than \$15,000	39.7%	31.6%-48.4%	22.6%	17.3%-29.0%	34.9%	28.1%-42.4%	266
\$15,000-\$34,999	35.8%	30.6%-41.4%	25.5%	21.3%-30.3%	35.8%	30.8%-41.1%	585
\$35,000-\$49,999	36.1%	29.1%-43.7%	34.3%	27.8%-41.6%	28.3%	22.5%-35.0%	290
\$50,000-\$74,999	46.8%	40.1%-53.7%	33.1%	27.4%-39.5%	18.7%	14.4%-24.0%	383
\$75,000 or more	50.8%	47.2%-54.3%	33.5%	30.2%-36.8%	14.8%	12.7%-17.2%	1258
Ward							
Ward 1	42.6%	34.4%-51.2%	35.1%	27.4%-43.8%	21.3%	15.6%-28.5%	219
Ward 2	54.5%	45.1%-63.5%	29.8%	22.4%-38.5%	14.3%	8.9%-22.2%	197
Ward 3	54.2%	47.6%-60.6%	33.2%	27.5%-39.4%	11.8%	8.2%-16.6%	378
Ward 4	43.1%	36.8%-49.6%	29.8%	24.8%-35.3%	24.9%	20.0%-30.5%	447
Ward 5	33.1%	27.2%-39.7%	36.5%	30.2%-43.2%	28.2%	22.7%-34.4%	360
Ward 6	48.2%	41.3%-55.2%	30.3%	24.7%-36.5%	20.1%	15.6%-25.5%	352
Ward 7	28.9%	23.5%-35.0%	35.0%	29.2%-41.3%	35.0%	29.8%-40.7%	438
Ward 8	29.2%	24.0%-35.0%	27.4%	22.8%-32.5%	42.6%	37.0%-48.5%	427

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 19. Weight Status

Calculated Variable: Overweight or Obese

	No		Yes		UW
	%	95% CI	%	95% CI	
Total	46.5%	44.3%-48.7%	53.5%	51.3%-55.7%	3475
Gender					
Male	42.4%	39.2%-45.6%	57.6%	54.4%-60.8%	1522
Female	50.4%	47.4%-53.5%	49.6%	46.5%-52.6%	1953
Age					
18-24	66.4%	57.9%-74.0%	33.6%	26.0%-42.1%	163
25-34	55.4%	50.4%-60.3%	44.6%	39.7%-49.6%	474
35-44	39.8%	35.0%-44.8%	60.2%	55.2%-65.0%	502
45-54	39.0%	34.7%-43.5%	61.0%	56.5%-65.3%	621
55-64	31.7%	28.0%-35.7%	68.3%	64.3%-72.0%	760
65 or older	42.7%	39.0%-46.5%	57.3%	53.5%-61.0%	959
Race/Ethnicity					
White	60.8%	57.2%-64.2%	39.2%	35.8%-42.8%	1192
African American	31.4%	28.8%-34.0%	68.6%	66.0%-71.2%	1901
Asian	64.8%	51.7%-75.9%	35.2%	24.1%-48.3%	71
Other	33.0%	23.1%-44.8%	67.0%	55.2%-76.9%	110
Hispanic/Latino	49.4%	39.5%-59.3%	50.6%	40.7%-60.5%	139
Education					
Less than high school	34.1%	26.0%-43.2%	65.9%	56.8%-74.0%	191
High school	35.7%	31.4%-40.2%	64.3%	59.8%-68.6%	783
Some college	41.2%	36.0%-46.7%	58.8%	53.3%-64.0%	640
College graduate	54.5%	51.5%-57.4%	45.5%	42.6%-48.5%	1857
Income					
Less than \$15,000	42.5%	34.3%-51.0%	57.5%	49.0%-65.7%	266
\$15,000-\$34,999	38.7%	33.4%-44.3%	61.3%	55.7%-66.6%	585
\$35,000-\$49,999	37.3%	30.3%-44.9%	62.7%	55.1%-69.7%	290
\$50,000-\$74,999	48.2%	41.4%-55.0%	51.8%	45.0%-58.6%	383
\$75,000 or more	51.8%	48.2%-55.3%	48.2%	44.7%-51.8%	1258
Ward					
Ward 1	43.5%	35.3%-52.1%	56.5%	47.9%- 64.7%	219
Ward 2	55.8%	46.5%-64.8%	44.2%	35.2%-53.5%	197
Ward 3	55.1%	48.5%-61.4%	44.9%	38.6%-51.5%	378
Ward 4	45.3%	39.0%-51.7%	54.7%	48.3%-61.0%	447
Ward 5	35.4%	29.3%-42.0%	64.6%	58.0%-70.7%	360
Ward 6	49.6%	42.7%-56.5%	50.4%	43.5%-57.3%	352
Ward 7	29.9%	24.4%-36.1%	70.1%	63.9%-75.6%	438
Ward 8	30.0%	24.7%-35.9%	70.0%	64.1%-75.3%	427

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 20. Diabetes - Blood Sugar Test

“Have you had a test for high blood sugar or diabetes within the past three years?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	56.0%	53.6%-58.4%	44.0%	41.6%-46.4%	3079
Gender					
Male	55.4%	51.8%-58.9%	44.6%	41.1%-48.2%	1295
Female	56.6%	53.4%-59.8%	43.4%	40.2%-46.6%	1784
Age					
18-24	40.2%	31.6%-49.4%	59.8%	50.6%-68.4%	153
25-34	46.7%	41.2%-52.2%	53.3%	47.8%-58.8%	413
35-44	52.5%	47.2%-57.6%	47.5%	42.4%-52.8%	482
45-54	66.4%	61.9%-70.6%	33.6%	29.4%-38.1%	597
55-64	70.6%	66.2%-74.6%	29.4%	25.4%-33.8%	652
65 or older	67.5%	63.4%-71.3%	32.5%	28.7%-36.6%	783
Race/Ethnicity					
White	54.7%	50.7%-58.7%	45.3%	41.3%-49.3%	1018
African American	61.8%	58.9%-64.6%	38.2%	35.4%-41.1%	1673
Other	48.9%	39.9%-57.9%	51.1%	42.1%-60.1%	169
Hispanic/Latino	42.0%	32.3%-52.5%	58.0%	47.5%-67.7%	131
Education					
Less than high school	48.4%	38.7%-58.2%	51.6%	41.8%-61.3%	158
High school	53.6%	49.0%-58.2%	46.4%	41.8%-51.0%	711
Some college	60.5%	54.8%-66.0%	39.5%	34.0%-45.2%	554
College graduate	57.0%	53.8%-60.1%	43.0%	39.9%-46.2%	1639
Income					
Less than \$15,000	60.7%	50.8%-69.8%	39.3%	30.2%-49.2%	201
\$15,000-\$34,999	54.0%	48.0%-59.9%	46.0%	40.1%-52.0%	482
\$35,000-\$49,999	55.2%	47.1%-63.1%	44.8%	36.9%-52.9%	258
\$50,000-\$74,999	48.7%	41.6%-56.0%	51.3%	44.0%-58.4%	330
\$75,000 or more	60.0%	56.1%-63.8%	40.0%	36.2%-43.9%	1091
Ward					
Ward 1	60.8%	51.7%-69.3%	39.2%	30.7%-48.3%	198
Ward 2	62.3%	51.8%-71.8%	37.7%	28.2%-48.2%	174
Ward 3	57.4%	50.2%-64.3%	42.6%	35.7%-49.8%	347
Ward 4	52.6%	45.9%-59.1%	47.4%	40.9%-54.1%	405
Ward 5	59.5%	52.3%-66.2%	40.5%	33.8%-47.7%	325
Ward 6	61.1%	53.7%-68.1%	38.9%	31.9%-46.3%	327
Ward 7	61.6%	55.1%-67.7%	38.4%	32.3%-44.9%	393
Ward 8	56.2%	49.9%-62.2%	43.8%	37.8%-50.1%	381

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 21. Pre-diabetes

“Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	11.8%	10.5%-13.2%	87.6%	86.1%-88.9%	3193
Gender[§]					
Male	10.8%	8.9%-13.2%	89.2%	86.8%-91.1%	1348
Female	12.7%	11.1%-14.4%	86.1%	84.2%-87.8%	1845
Age[§]					
18-39	7.4%	5.6%-9.7%	91.5%	89.1%-93.4%	863
40-64	16.1%	14.0%-18.4%	83.8%	81.5%-85.9%	1406
65 or older	16.6%	13.8%-19.8%	83.1%	79.9%-86.0%	815
Race/Ethnicity[§]					
White	6.7%	5.3%-8.5%	93.1%	91.4%-94.6%	1091
African American	17.4%	15.5%-19.6%	81.4%	79.2%-83.5%	1705
Other	9.0%	5.5%-14.4%	89.5%	83.3%-93.6%	173
Hispanic/Latino	*	*	90.1%	81.2%-95.0%	135
Education[§]					
Less than high school	21.4%	14.4%-30.4%	76.2%	66.9%-83.4%	162
High school	13.0%	10.7%-15.8%	85.9%	83.1%-88.3%	725
Some college	13.0%	10.5%-16.1%	86.3%	83.1%-89.0%	567
College graduate	9.2%	7.8%-10.8%	90.8%	89.1%-92.1%	1725
Income[§]					
Less than \$15,000	22.9%	16.9%-30.3%	74.5%	66.6%-81.0%	206
\$15,000-\$34,999	13.1%	10.3%-16.5%	86.9%	83.5%-89.7%	491
\$35,000-\$49,999	13.8%	9.9%-18.9%	85.5%	80.3%-89.5%	261
\$50,000-\$74,999	11.0%	7.5%-16.1%	88.8%	83.8%-92.4%	342
\$75,000 or more	9.0%	7.4%-11.0%	90.8%	88.9%-92.5%	1149
Ward					
Ward 1	11.1%	7.2%-16.8%	88.9%	83.2%-92.8%	209
Ward 2	12.1%	7.4%-19.2%	87.9%	80.8%-92.6%	183
Ward 3	10.1%	6.9%-14.4%	89.7%	85.3%-92.9%	372
Ward 4	9.1%	6.7%-12.1%	90.9%	87.9%-93.3%	422
Ward 5	14.4%	10.2%-20.0%	85.6%	80.0%-89.8%	332
Ward 6	14.0%	10.5%-18.4%	85.9%	81.5%-89.5%	341
Ward 7	20.4%	15.1%-26.8%	78.2%	71.6%-83.6%	398
Ward 8	16.2%	12.5%-20.8%	81.5%	76.5%-85.6%	389

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 22. Chronic Health Condition - Heart Attack

“Has a doctor, nurse, or other health professional ever tell you that you had a heart attack, also called a myocardial infarction?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	2.6%	2.1%-3.1%	97.4%	96.9%-97.9%	3820
Gender					
Male	2.8%	2.1%-3.7%	97.2%	96.3%-97.9%	1581
Female	2.4%	1.8%-3.2%	97.6%	96.8%-98.2%	2239
Age[§]					
18-39	*	*	99.2%	98.4%-99.6%	1006
40-64	3.5%	2.7%-4.6%	96.5%	95.4%-97.3%	1664
65 or older	6.3%	4.7%-8.5%	93.7%	91.5%-95.3%	1023
Race/Ethnicity[§]					
White	1.0%	0.7%-1.6%	99.0%	98.4%-99.3%	1264
African American	4.7%	3.8%-5.9%	95.3%	94.1%-96.2%	2105
Other	*	*	99.2%	97.5%-99.8%	196
Hispanic/Latino	*	*	99.0%	95.1%-99.8%	155
Education[§]					
Less than high school	5.6%	3.3%-9.3%	94.4%	90.7%-96.7%	215
High school	4.2%	3.0%-6.0%	95.8%	94.0%-97.0%	872
Some college	3.4%	2.3%-5.0%	96.6%	95.0%-97.7%	695
College graduate	1.1%	0.8%-1.5%	98.9%	98.5%-99.2%	2020
Income[§]					
Less than \$15,000	6.6%	4.2%-10.4%	93.4%	89.6%-95.8%	276
\$15,000-\$34,999	4.3%	2.8%-6.5%	95.7%	93.5%-97.2%	612
\$35,000-\$49,999	*	*	96.5%	93.5%-98.2%	308
\$50,000-\$74,999	*	*	98.8%	97.5%-99.4%	405
\$75,000 or more	0.9%	0.5%-1.4%	99.1%	98.6%-99.5%	1330
Ward (2015 and 2016) Combined**					
Ward 1	1.7%	1.0%-3.0%	98.3%	97.0%-99.0%	513
Ward 2	*	0.8%-2.8%	98.5%	97.2%-99.2%	482
Ward 3	1.5%	0.9%-2.5%	98.5%	97.5%-99.1%	996
Ward 4	2.7%	1.7%-4.2%	97.3%	95.8%-98.3%	1035
Ward 5	4.3%	2.7%-6.6%	95.7%	93.4%-97.3%	841
Ward 6	3.4%	2.0%-5.5%	96.6%	94.5%-98.0%	805
Ward 7	4.7%	3.3%-6.7%	95.3%	93.3%-96.7%	846
Ward 8	4.1%	2.7%-6.3%	95.9%	93.7%-97.3%	862

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 23. Chronic Health Conditions - Heart Disease

“Has a doctor, nurse or other health professional ever told you that you had heart disease?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	2.3%	1.9%-2.9%	97.7%	97.1%-98.1%	3813
Gender					
Male	2.5%	1.9%-3.4%	97.5%	96.6%-98.1%	1576
Female	2.2%	1.7%-3.0%	97.8%	97.0%-98.3%	2237
Age[§]					
18-39	*	*	99.7%	98.8%-99.9%	1010
40-64	2.4%	1.7%-3.3%	97.6%	96.7%-98.3%	1661
65 or older	8.8%	6.8%-11.3%	91.2%	88.7%-93.2%	1015
Race/Ethnicity[§]					
White	1.6%	1.1%-2.2%	98.4%	97.8%-98.9%	1257
African American	3.7%	2.8%-4.9%	96.3%	95.1%-97.2%	2104
Other	*	*	97.8%	95.5%-99.0%	196
Hispanic/Latino	*	*	99.7%	98.3%-99.9%	154
Education					
Less than high school	*	*	95.0%	90.7%-97.4%	214
High school	2.4%	1.7%-3.5%	97.6%	96.5%-98.3%	873
Some college	2.2%	1.4%-3.4%	97.8%	96.6%-98.6%	696
College graduate	1.8%	1.4%-2.4%	98.2%	97.6%-98.6%	2011
Income[§]					
Less than \$15,000	4.4%	2.6%-7.4%	95.6%	92.6%-97.4%	275
\$15,000-\$34,999	3.2%	1.9%-5.2%	96.8%	94.8%-98.1%	611
\$35,000-\$49,999	*	*	98.1%	96.1%-99.1%	308
\$50,000-\$74,999	*	*	99.3%	98.4%-99.7%	403
\$75,000 or more	1.5%	1.0%-2.1%	98.5%	97.9%-99.0%	1327
Ward (2015 and 2016) Combined**					
Ward 1	1.7%	1.0%-2.7%	98.3%	97.3%-99.0%	514
Ward 2	3.2%	1.4%-7.1%	96.8%	92.9%-98.6%	479
Ward 3	2.6%	1.8%-3.7%	97.4%	96.3%-98.2%	993
Ward 4	3.3%	2.2%-4.9%	96.7%	95.1%-97.8%	1033
Ward 5	3.3%	2.1%-5.2%	96.7%	94.8%-97.9%	837
Ward 6	2.6%	1.4%-4.5%	97.4%	95.5%-98.6%	806
Ward 7	4.4%	3.1%-6.3%	95.6%	93.7%-96.9%	843
Ward 8	3.9%	2.4%-6.1%	96.1%	93.9%-97.6%	856

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 24. Exercise

“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening or walking for exercise?”

	Engaged in Physical Activity or Exercise		Did Not Engage in Physical Activity or Exercise		UW
	%	95% CI	%	95% CI	
Total	83.8%	82.3%-85.2%	16.2%	14.8%-17.7%	3838
Gender[§]					
Male	88.1%	86.1%-89.9%	11.9%	10.1%-13.9%	1588
Female	80.0%	77.8%-82.1%	20.0%	17.9%-22.2%	2250
Age[§]					
18-24	86.1%	80.0%-90.6%	13.9%	9.4%-20.0%	190
25-34	86.1%	82.5%-89.1%	13.9%	10.9%-17.5%	522
35-44	85.9%	82.6%-88.7%	14.1%	11.3%-17.4%	556
45-54	85.8%	82.7%-88.4%	14.2%	11.6%-17.3%	694
55-64	80.5%	77.1%-83.5%	19.5%	16.5%-22.9%	856
65 or older	76.3%	72.9%-79.4%	23.7%	20.6%-27.1%	1025
Race/Ethnicity[§]					
White	93.9%	92.0%-95.3%	6.1%	4.7%-8.0%	1267
African American	74.0%	71.7%-76.2%	26.0%	23.8%-28.3%	2115
Other	84.8%	78.3%-89.6%	15.2%	10.4%-21.7%	200
Hispanic/Latino	83.5%	75.4%-89.3%	16.5%	10.7%-24.6%	156
Education[§]					
Less than high school	67.6%	59.7%-74.7%	32.4%	25.3%-40.3%	219
High school	71.4%	67.6%-74.8%	28.6%	25.2%-32.4%	879
Some college	82.8%	79.2%-85.9%	17.2%	14.1%-20.8%	699
College graduate	92.2%	90.7%-93.4%	7.8%	6.6%-9.3%	2023
Income[§]					
Less than \$15,000	68.5%	60.0%-75.9%	31.5%	24.1%-40.0%	279
\$15,000-\$34,999	72.5%	67.8%-76.8%	27.5%	23.2%-32.2%	618
\$35,000-\$49,999	77.9%	71.1%-83.4%	22.1%	16.6%-28.9%	308
\$50,000-\$74,999	87.1%	82.9%-90.4%	12.9%	9.6%-17.1%	405
\$75,000 or more	93.7%	92.0%-95.0%	6.3%	5.0%-8.0%	1330
Ward (2015 and 2016) Combined**					
Ward 1	84.0%	77.1%-89.1%	16.0%	10.9%-22.9%	486
Ward 2	92.1%	87.7%-95.0%	7.9%	5.0%-12.3%	455
Ward 3	93.4%	91.5%-94.9%	6.6%	5.1%-8.5%	955
Ward 4	83.3%	79.3%-86.7%	16.7%	13.3%-20.7%	978
Ward 5	76.4%	71.5%-80.6%	23.6%	19.4%-28.5%	802
Ward 6	82.2%	77.2%-86.3%	17.8%	13.7%-22.8%	782
Ward 7	70.9%	65.7%-75.5%	29.1%	24.5%-34.3%	798
Ward 8	73.4%	68.2%-78.1%	26.6%	21.9%-31.8%	794

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 25. HIV/AIDS _Condom Use

“Did you use a condom the last time you had sexual intercourse?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	38.0%	35.5%-40.5%	59.7%	57.1%-62.2%	2533
Gender					
Male	41.1%	37.6%-44.8%	56.9%	53.2%-60.5%	1155
Female	34.9%	31.4%-38.5%	62.4%	58.7%-65.9%	1378
Age[§]					
18-24	50.4%	40.5%-60.2%	47.9%	38.1%-57.8%	130
25-34	47.0%	41.2%-52.8%	51.6%	45.8%-57.3%	377
35-44	38.2%	33.1%-43.5%	61.0%	55.7%-66.1%	448
45-54	32.7%	28.4%-37.4%	64.6%	59.9%-69.1%	522
55-64	30.0%	25.8%-34.7%	66.5%	61.8%-70.9%	558
65 or older	17.6%	14.0%-22.0%	75.7%	70.9%-79.9%	500
Race/Ethnicity[§]					
White	30.8%	26.7%-35.1%	67.6%	63.3%-71.7%	868
African American	42.3%	39.2%-45.5%	55.0%	51.8%-58.1%	1361
Other	46.0%	36.3%-55.9%	51.5%	41.6%-61.2%	141
Hispanic/Latino	40.1%	29.9%-51.2%	56.3%	45.3%-66.7%	117
Education[§]					
Less than high school	49.0%	38.2%-59.9%	47.2%	36.5%-58.1%	123
High school	44.3%	39.2%-49.4%	52.7%	47.6%-57.8%	575
Some college	40.9%	35.1%-47.0%	55.7%	49.6%-61.6%	453
College graduate	32.3%	29.1%-35.7%	66.3%	62.9%-69.5%	1378
Income[§]					
Less than \$15,000	53.2%	42.8%-63.3%	44.6%	34.6%-55.0%	165
\$15,000-\$34,999	44.9%	38.4%-51.6%	51.3%	44.7%-57.8%	393
\$35,000-\$49,999	54.2%	45.6%-62.5%	42.4%	34.4%-50.9%	211
\$50,000-\$74,999	42.0%	34.4%-50.0%	53.9%	45.9%-61.7%	269
\$75,000 or more	24.5%	21.2%-28.1%	74.5%	70.9%-77.8%	1009
Ward[§]					
Ward 1	29.1%	21.0%-38.7%	67.6%	58.0%-76.0%	169
Ward 2	35.6%	25.1%-47.7%	63.4%	51.5%-73.9%	134
Ward 3	25.1%	18.7%-32.7%	73.1%	65.5%-79.5%	291
Ward 4	33.0%	26.5%-40.2%	62.7%	55.3%-69.5%	336
Ward 5	40.7%	33.4%-48.5%	58.8%	51.1%-66.2%	256
Ward 6	35.5%	28.2%-43.5%	63.4%	55.4%-70.7%	282
Ward 7	42.6%	36.1%-49.4%	55.0%	48.2%-61.5%	321
Ward 8	44.5%	38.1%-51.1%	53.1%	46.5%-59.5%	329

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 26. HIV Screening - Primary Partner

“Do you know the status of your primary partner?”

	Yes		No		No Primary Partner in the Last 12 Months		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	74.9%	72.4%-77.2%	12.7%	10.9%-14.8%	12.4%	10.7%-14.3%	2485
Gender							
Male	72.6%	69.0%-75.8%	14.3%	11.7%-17.3%	13.2%	10.8%-15.9%	1131
Female	77.2%	73.7%-80.3%	11.2%	8.8%-14.1%	11.7%	9.4%-14.4%	1354
Age							
18-24	64.6%	54.4%-73.6%	14.3%	8.3%-23.4%	21.1%	14.1%-30.5%	129
25-34	75.8%	70.1%-80.7%	13.4%	9.5%-18.4%	10.8%	7.5%-15.3%	371
35-44	77.2%	71.9%-81.7%	12.4%	8.7%-17.4%	10.4%	7.7%-14.1%	451
45-54	82.7%	78.8%-86.1%	8.2%	5.9%-11.2%	9.1%	6.7%-12.2%	513
55-64	72.5%	67.6%-77.0%	16.2%	12.4%-20.8%	11.3%	8.6%-14.7%	543
65 or older	70.6%	65.6%-75.2%	12.3%	9.3%-16.2%	17.0%	13.3%-21.5%	481
Race/Ethnicity							
White	81.2%	77.5%-84.5%	6.7%	5.0%-9.1%	12.0%	9.3%-15.4%	859
African American	73.8%	70.8%-76.6%	13.8%	11.7%-16.3%	12.4%	10.4%-14.7%	1329
Other	76.0%	66.6%-83.5%	11.3%	6.5%-19.1%	12.6%	7.3%-20.9%	138
Hispanic/Latino	57.8%	46.4%-68.5%	29.9%	20.1%-41.9%	12.3%	6.7%-21.5%	113
Education							
Less than high school	45.4%	34.7%-56.5%	37.9%	27.1%-50.0%	16.7%	10.2%-26.3%	116
High school	69.3%	64.1%-74.1%	18.1%	14.4%-22.5%	12.6%	9.2%-17.0%	548
Some college	75.3%	69.8%-80.0%	12.1%	8.8%-16.5%	12.6%	9.2%-17.0%	444
College graduate	82.3%	79.5%-84.8%	6.2%	4.8%-7.9%	11.5%	9.4%-14.1%	1372
Income							
Less than \$15,000	56.6%	45.7%-66.8%	27.9%	18.6%-39.6%	15.5%	9.9%-23.5%	158
\$15,000-\$34,999	70.3%	63.5%-76.3%	17.5%	12.6%-23.9%	12.2%	8.4%-17.3%	378
\$35,000-\$49,999	70.3%	60.9%-78.2%	12.0%	7.9%-17.9%	17.7%	10.9%-27.6%	201
\$50,000-\$74,999	74.1%	66.2%-80.6%	11.9%	7.3%-19.0%	14.0%	9.3%-20.5%	263
\$75,000 or more	84.4%	81.1%-87.3%	6.7%	4.7%-9.4%	8.9%	6.8%-11.5%	1008
Ward							
Ward 1	78.1%	69.2%-84.9%	9.1%	5.2%-15.4%	12.9%	7.5%-21.2%	165
Ward 2	72.4%	60.8%-81.6%	*	*	21.4%	13.0%-33.1%	136
Ward 3	79.8%	72.3%-85.6%	10.8%	6.4%-17.5%	9.5%	5.8%-15.2%	283
Ward 4	80.4%	74.2%-85.4%	10.7%	7.0%-16.1%	8.9%	5.8%-13.4%	325
Ward 5	75.6%	68.1%-81.9%	14.4%	9.4%-21.5%	10.0%	6.4%-15.2%	259
Ward 6	82.2%	75.1%-87.7%	9.1%	4.9%-16.0%	8.7%	5.4%-13.6%	281
Ward 7	71.0%	64.3%-76.9%	14.1%	9.8%-19.8%	14.9%	10.6%-20.7%	316
Ward 8	77.3%	71.5%-82.2%	13.6%	9.8%-18.4%	9.1%	6.0%-13.7%	316

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 27. HIV/AIDS - Sex with Partners Other than Primary Partner

“Have you had sex with partners other than a primary partner in the past 12 months?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	16.1%	14.0%-18.4%	83.9%	81.6%-86.0%	2194
Gender					
Male	21.6%	18.4%-25.1%	78.4%	74.9%-81.6%	993
Female	10.9%	8.5%-13.9%	89.1%	86.1%-91.5%	1201
Age					
18-24	35.2%	25.3%-46.5%	64.8%	53.5%-74.7%	106
25-34	21.8%	17.3%-27.2%	78.2%	72.8%-82.7%	340
35-44	14.1%	10.7%-18.4%	85.9%	81.6%-89.3%	406
45-54	10.8%	7.7%-14.9%	89.2%	85.1%-92.3%	460
55-64	7.5%	5.1%-10.8%	92.5%	89.2%-94.9%	475
65 or older	*	*	97.1%	94.4%-98.5%	409
Race/Ethnicity					
White	14.7%	11.3%-18.9%	85.3%	81.1%-88.7%	766
African American	18.6%	15.9%-21.7%	81.4%	78.3%-84.1%	1171
Other	14.6%	8.2%-24.6%	85.4%	75.4%-91.8%	122
Hispanic/Latino	*	*	86.7%	76.6%-92.9%	100
Education					
Less than high school	22.4%	13.8%-34.2%	77.6%	65.8%-86.2%	93
High school	19.7%	15.6%-24.6%	80.3%	75.4%-84.4%	490
Some college	17.7%	12.9%-23.8%	82.3%	76.2%-87.1%	394
College graduate	13.1%	10.6%-16.0%	86.9%	84.0%-89.4%	1212
Income					
Less than \$15,000	22.4%	13.4%-35.1%	77.6%	64.9%-86.6%	136
\$15,000-\$34,999	15.6%	11.2%-21.2%	84.4%	78.8%-88.8%	339
\$35,000-\$49,999	20.8%	13.9%-30.0%	79.2%	70.0%-86.1%	172
\$50,000-\$74,999	23.5%	16.7%-32.0%	76.5%	68.0%-83.3%	230
\$75,000 or more	12.8%	10.0%-16.3%	87.2%	83.7%-90.0%	922
Ward					
Ward 1	*	*	91.4%	80.6%-96.4%	140
Ward 2	23.6%	13.8%-37.3%	76.4%	62.7%-86.2%	113
Ward 3	8.8%	5.0%-15.2%	91.2%	84.8%-95.0%	257
Ward 4	13.8%	8.6%-21.4%	86.2%	78.6%-91.4%	293
Ward 5	22.2%	15.8%-30.3%	77.8%	69.7%-84.2%	229
Ward 6	14.4%	9.0%-22.4%	85.6%	77.6%-91.0%	250
Ward 7	20.4%	14.9%-27.3%	79.6%	72.7%-85.1%	275
Ward 8	18.2%	13.3%-24.4%	81.8%	75.6%-86.7%	288

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 28. HIV/AIDS - DC Takes on HIV

“In the past 12 months, have you heard or seen any ‘DC Takes on HIV’ messages?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	48.8%	46.5%-51.1%	51.2%	48.9%-53.5%	3223
Gender					
Male	50.5%	47.0%-53.9%	49.5%	46.1%-53.0%	1324
Female	47.3%	44.2%-50.4%	52.7%	49.6%-55.8%	1899
Age					
18-24	43.7%	35.1%-52.9%	56.3%	47.1%-64.9%	154
25-34	53.2%	47.5%-58.8%	46.8%	41.2%-52.5%	393
35-44	54.5%	49.1%-59.7%	45.5%	40.3%-50.9%	455
45-54	51.9%	47.3%-56.4%	48.1%	43.6%-52.7%	594
55-64	47.0%	42.9%-51.2%	53.0%	48.8%-57.1%	756
65 or older	37.3%	33.6%-41.2%	62.7%	58.8%-66.4%	875
Race/Ethnicity					
White	52.0%	48.0%-56.0%	48.0%	44.0%-52.0%	1011
African American	49.6%	46.8%-52.4%	50.4%	47.6%-53.2%	1831
Other	42.2%	33.6%-51.2%	57.8%	48.8%-66.4%	173
Hispanic/Latino	39.6%	30.2%-49.9%	60.4%	50.1%-69.8%	131
Education					
Less than high school	37.8%	29.6%-46.7%	62.2%	53.3%-70.4%	185
High school	47.8%	43.3%-52.3%	52.2%	47.7%-56.7%	767
Some college	49.4%	44.1%-54.8%	50.6%	45.2%-55.9%	609
College graduate	51.4%	48.2%-54.5%	48.6%	45.5%-51.8%	1651
Income					
Less than \$15,000	41.6%	33.7%-50.0%	58.4%	50.0%-66.3%	245
\$15,000-\$34,999	50.1%	44.5%-55.6%	49.9%	44.4%-55.5%	548
\$35,000-\$49,999	49.9%	41.9%-57.9%	50.1%	42.1%-58.1%	265
\$50,000-\$74,999	53.4%	46.0%-60.6%	46.6%	39.4%-54.0%	328
\$75,000 or more	53.1%	49.4%-56.9%	46.9%	43.1%-50.6%	1116
Ward					
Ward 1	51.9%	43.0%-60.7%	48.1%	39.3%-57.0%	204
Ward 2	48.5%	38.8%-58.3%	51.5%	41.7%-61.2%	180
Ward 3	43.8%	37.1%-50.6%	56.2%	49.4%-62.9%	353
Ward 4	52.9%	46.4%-59.4%	47.1%	40.6%-53.6%	419
Ward 5	55.1%	48.4%-61.6%	44.9%	38.4%-51.6%	357
Ward 6	50.9%	43.7%-58.0%	49.1%	42.0%-56.3%	345
Ward 7	48.3%	42.5%-54.1%	51.7%	45.9%-57.5%	432
Ward 8	55.0%	49.1%-60.8%	45.0%	39.2%-50.9%	417

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 29. HIV Screening - Tested for HIV/AIDS

“Have you ever been tested for HIV?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	71.3%	69.3%-73.3%	28.7%	26.7%-30.7%	3547
Gender					
Male	72.2%	69.1%-75.0%	27.8%	25.0%-30.9%	1479
Female	70.6%	67.7%-73.3%	29.4%	26.7%-32.3%	2068
Age[§]					
18-24	59.1%	50.6%-67.0%	40.9%	33.0%-49.4%	179
25-34	76.1%	71.4%-80.3%	23.9%	19.7%-28.6%	499
35-44	85.8%	81.8%-89.1%	14.2%	10.9%-18.2%	528
45-54	80.3%	76.7%-83.6%	19.7%	16.4%-23.3%	648
55-64	73.5%	69.8%-77.0%	26.5%	23.0%-30.2%	795
65 or older	43.2%	39.3%-47.1%	56.8%	52.9%-60.7%	903
Race/Ethnicity[§]					
White	65.7%	62.2%-69.0%	34.3%	31.0%-37.8%	1161
African American	79.9%	77.8%-81.9%	20.1%	18.1%-22.2%	1968
Asian	45.9%	33.3%-59.1%	54.1%	40.9%-66.7%	74
Other	76.1%	65.7%-84.1%	23.9%	15.9%-34.3%	116
Hispanic/Latino	64.0%	53.7%-73.2%	36.0%	26.8%-46.3%	144
Education					
Less than high school	69.8%	60.4%-77.9%	30.2%	22.1%-39.6%	191
High school	75.0%	70.8%-78.8%	25.0%	21.2%-29.2%	825
Some college	75.6%	70.8%-79.9%	24.4%	20.1%-29.2%	647
College graduate	68.9%	66.2%-71.6%	31.1%	28.4%-33.8%	1868
Income					
Less than \$15,000	74.8%	64.7%-82.8%	25.2%	17.2%-35.3%	261
\$15,000-\$34,999	76.4%	71.4%-80.7%	23.6%	19.3%-28.6%	589
\$35,000-\$49,999	72.9%	65.9%-79.0%	27.1%	21.0%-34.1%	297
\$50,000-\$74,999	73.2%	67.0%-78.6%	26.8%	21.4%-33.0%	374
\$75,000 or more	70.9%	67.6%-74.0%	29.1%	26.0%-32.4%	1244
Ward					
Ward 1	69.6%	61.0%-77.0%	30.4%	23.0%-39.0%	218
Ward 2	69.6%	61.1%-77.0%	30.4%	23.0%-38.9%	190
Ward 3	53.5%	46.7%-60.1%	46.5%	39.9%-53.3%	361
Ward 4	74.5%	68.9%-79.4%	25.5%	20.6%-31.1%	453
Ward 5	75.7%	69.7%-80.8%	24.3%	19.2%-30.3%	368
Ward 6	75.3%	68.4%-81.2%	24.7%	18.8%-31.6%	353
Ward 7	78.2%	73.0%-82.6%	21.8%	17.4%-27.0%	461
Ward 8	82.0%	77.2%-86.0%	18.0%	14.0%-22.8%	446

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System (DC BRFSS) survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 30. Tobacco Use - Hookah

“Have you ever tried smoking tobacco in a water pipe in your entire life, even one or two puffs?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	29.3%	27.2%-31.5%	70.7%	68.5%-72.8%	3459
Gender[§]					
Male	33.0%	29.9%-36.3%	67.0%	63.7%-70.1%	1411
Female	26.2%	23.4%-29.1%	73.8%	70.9%-76.6%	2048
Age[§]					
18-24	44.3%	35.5%-53.4%	55.7%	46.6%-64.5%	153
25-34	48.9%	43.4%-54.3%	51.1%	45.7%-56.6%	419
35-44	34.9%	30.2%-39.9%	65.1%	60.1%-69.8%	493
45-54	18.3%	15.0%-22.0%	81.7%	78.0%-85.0%	635
55-64	12.7%	10.1%-15.7%	87.3%	84.3%-89.9%	798
65 or older	8.1%	6.3%-10.3%	91.9%	89.7%-93.7%	965
Race/Ethnicity[§]					
White	36.4%	32.6%-40.4%	63.6%	59.6%-67.4%	1102
African American	23.1%	20.8%-25.6%	76.9%	74.4%-79.2%	1958
Other	36.5%	28.2%-45.8%	63.5%	54.2%-71.8%	179
Hispanic/Latino	27.8%	19.9%-37.5%	72.2%	62.5%-80.1%	134
Education[§]					
Less than high school	10.7%	6.4%-17.5%	89.3%	82.5%-93.6%	192
High school	23.5%	19.7%-27.7%	76.5%	72.3%-80.3%	818
Some college	31.8%	26.8%-37.3%	68.2%	62.7%-73.2%	645
College graduate	34.9%	31.9%-38.1%	65.1%	61.9%-68.1%	1789
Income[§]					
Less than \$15,000	24.6%	17.9%-32.8%	75.4%	67.2%-82.1%	253
\$15,000-\$34,999	22.2%	17.7%-27.5%	77.8%	72.5%-82.3%	574
\$35,000-\$49,999	33.1%	26.0%-41.0%	66.9%	59.0%-74.0%	286
\$50,000-\$74,999	30.0%	23.6%-37.2%	70.0%	62.8%-76.4%	363
\$75,000 or more	35.4%	31.8%-39.2%	64.6%	60.8%-68.2%	1195
Ward					
Ward 1	33.5%	25.7%-42.3%	66.5%	57.7%-74.3%	226
Ward 2	33.0%	24.0%-43.3%	67.0%	56.7%-76.0%	198
Ward 3	20.8%	15.6%-27.0%	79.2%	73.0%-84.4%	379
Ward 4	25.2%	20.0%-31.3%	74.8%	68.7%-80.0%	461
Ward 5	28.0%	22.2%-34.6%	72.0%	65.4%-77.8%	377
Ward 6	32.6%	25.9%-40.0%	67.4%	60.0%-74.1%	367
Ward 7	26.9%	21.7%-32.8%	73.1%	67.2%-78.3%	461
Ward 8	26.7%	21.5%-32.7%	73.3%	67.3%-78.5%	447

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System (DC BRFSS) survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 31. Tobacco Use - Knowledge (Stroke)

“Based on what you believe does smoking cause a stroke?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	79.9%	77.8%-81.8%	20.1%	18.2%-22.2%	2960
Gender					
Male	79.7%	76.5%-82.5%	20.3%	17.5%-23.5%	1220
Female	80.1%	77.3%-82.7%	19.9%	17.3%-22.7%	1740
Age					
18-24	74.5%	65.4%-81.9%	25.5%	18.1%-34.6%	138
25-34	75.9%	70.5%-80.6%	24.1%	19.4%-29.5%	371
35-44	81.9%	77.3%-85.7%	18.1%	14.3%-22.7%	436
45-54	82.3%	78.5%-85.6%	17.7%	14.4%-21.5%	552
55-64	83.9%	80.0%-87.2%	16.1%	12.8%-20.0%	697
65 or older	81.7%	78.2%-84.7%	18.3%	15.3%-21.8%	769
Race/Ethnicity					
White	85.3%	82.1%-88.1%	14.7%	11.9%-17.9%	978
African American	77.9%	75.3%-80.3%	22.1%	19.7%-24.7%	1623
Other	74.1%	65.0%-81.5%	25.9%	18.5%-35.0%	160
Hispanic/Latino	73.0%	61.9%-81.8%	27.0%	18.2%-38.1%	122
Education					
Less than high school	70.1%	59.2%-79.1%	29.9%	20.9%-40.8%	145
High school	76.7%	72.3%-80.5%	23.3%	19.5%-27.7%	655
Some college	81.7%	77.4%-85.4%	18.3%	14.6%-22.6%	551
College graduate	82.4%	79.7%-84.8%	17.6%	15.2%-20.3%	1596
Income					
Less than \$15,000	77.9%	68.3%-85.2%	22.1%	14.8%-31.7%	203
\$15,000-\$34,999	81.9%	77.2%-85.9%	18.1%	14.1%-22.8%	484
\$35,000-\$49,999	73.1%	64.4%-80.4%	26.9%	19.6%-35.6%	249
\$50,000-\$74,999	77.1%	69.6%-83.2%	22.9%	16.8%-30.4%	308
\$75,000 or more	83.5%	80.4%-86.2%	16.5%	13.8%-19.6%	1069
Ward					
Ward 1	81.9%	73.7%-88.0%	18.1%	12.0%-26.3%	198
Ward 2	83.8%	74.7%-90.0%	16.2%	10.0%-25.3%	178
Ward 3	80.6%	74.0%-85.9%	19.4%	14.1%-26.0%	340
Ward 4	80.8%	75.6%-85.2%	19.2%	14.8%-24.4%	397
Ward 5	78.3%	71.2%-84.1%	21.7%	15.9%-28.8%	306
Ward 6	84.5%	77.0%-89.8%	15.5%	10.2%-23.0%	322
Ward 7	79.0%	73.4%-83.6%	21.0%	16.4%-26.6%	377
Ward 8	73.1%	67.2%-78.3%	26.9%	21.7%-32.8%	381

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 32. Tobacco Use - Knowledge (Heart Attack)

"Based on what you know or believe, does smoking cause a heart attack?"

	Yes		No		
	%	95% CI	%	95% CI	UW
Total	84.8%	83.0%-86.4%	15.2%	13.6%-17.0%	3084
Gender					
Male	85.7%	83.1%-87.9%	14.3%	12.1%-16.9%	1266
Female	84.0%	81.5%-86.2%	16.0%	13.8%-18.5%	1818
Age					
18-24	79.6%	71.5%-85.8%	20.4%	14.2%-28.5%	138
25-34	80.7%	75.8%-84.8%	19.3%	15.2%-24.2%	384
35-44	87.6%	84.0%-90.5%	12.4%	9.5%-16.0%	445
45-54	86.8%	83.5%-89.5%	13.2%	10.5%-16.5%	572
55-64	86.8%	83.7%-89.5%	13.2%	10.5%-16.3%	732
65 or older	87.7%	84.9%-90.1%	12.3%	9.9%-15.1%	816
Race/Ethnicity					
White	89.6%	86.8%-91.8%	10.4%	8.2%-13.2%	1012
African American	82.4%	80.1%-84.5%	17.6%	15.5%-19.9%	1717
Other	79.4%	70.7%-86.1%	20.6%	13.9%-29.3%	165
Hispanic/Latino	79.0%	69.2%-86.4%	21.0%	13.6%-30.8%	118
Education					
Less than high school	82.7%	74.0%-89.0%	17.3%	11.0%-26.0%	150
High school	78.7%	74.5%-82.5%	21.3%	17.5%-25.5%	700
Some college	86.8%	82.8%-89.9%	13.2%	10.1%-17.2%	573
College graduate	86.6%	84.3%-88.6%	13.4%	11.4%-15.7%	1649
Income					
Less than \$15,000	88.4%	82.6%-92.5%	11.6%	7.5%-17.4%	223
\$15,000-\$34,999	84.1%	79.3%-87.9%	15.9%	12.1%-20.7%	509
\$35,000-\$49,999	77.2%	68.2%-84.2%	22.8%	15.8%-31.8%	251
\$50,000-\$74,999	81.4%	75.0%-86.5%	18.6%	13.5%-25.0%	327
\$75,000 or more	88.9%	86.4%-91.0%	11.1%	9.0%-13.6%	1112
Ward					
Ward 1	83.8%	76.1%-89.4%	16.2%	10.6%-23.9%	201
Ward 2	87.9%	80.5%-92.8%	12.1%	7.2%-19.5%	181
Ward 3	87.4%	82.4%-91.1%	12.6%	8.9%-17.6%	346
Ward 4	84.9%	80.2%-88.7%	15.1%	11.3%-19.8%	417
Ward 5	86.0%	80.5%-90.1%	14.0%	9.9%-19.5%	330
Ward 6	88.2%	82.2%-92.4%	11.8%	7.6%-17.8%	333
Ward 7	83.5%	78.5%-87.5%	16.5%	12.5%-21.5%	402
Ward 8	78.7%	73.0%-83.4%	21.3%	16.6%-27.0%	391

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 33. Tobacco Use - Doctor's Advice

"During any visit to the doctor or health care provider in the past 12 months, were you advised to quit smoking tobacco?"

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	51.9%	47.3%-56.4%	48.1%	43.6%-52.7%	813
Gender					
Male	51.0%	44.4%-57.6%	49.0%	42.4%-55.6%	350
Female	52.8%	46.6%-59.0%	47.2%	41.0%-53.4%	463
Age					
18-39	52.2%	43.2%-61.1%	47.8%	38.9%-56.8%	165
40-64	57.6%	51.5%-63.5%	42.4%	36.5%-48.5%	430
65 or older	39.6%	31.7%-48.2%	60.4%	51.8%-68.3%	192
Race/Ethnicity					
White	41.6%	32.6%-51.2%	58.4%	48.8%-67.4%	198
African American	60.4%	55.1%-65.4%	39.6%	34.6%-44.9%	533
Education					
Less than high school	60.8%	46.4%-73.6%	39.2%	26.4%-53.6%	68
High school	62.7%	54.6%-70.2%	37.3%	29.8%-45.4%	240
Some college	51.5%	41.7%-61.3%	48.5%	38.7%-58.3%	185
College graduate	40.5%	33.6%-47.9%	59.5%	52.1%-66.4%	311
Income					
Less than \$15,000	66.7%	54.5%-77.0%	33.3%	23.0%-45.5%	95
\$15,000-\$34,999	54.2%	43.6%-64.5%	45.8%	35.5%-56.4%	170
\$35,000-\$49,999	63.7%	47.7%-77.2%	36.3%	22.8%-52.3%	58
\$50,000-\$74,999	50.6%	35.0%-66.1%	49.4%	33.9%-65.0%	70
\$75,000 or more	45.5%	36.2%-55.1%	54.5%	44.9%-63.8%	200
Ward					
Ward 3	37.8%	22.2%-56.5%	62.2%	43.5%-77.8%	59
Ward 4	35.0%	23.2%-48.9%	65.0%	51.1%-76.8%	89
Ward 5	47.7%	35.5%-60.1%	52.3%	39.9%-64.5%	104
Ward 6	66.2%	52.9%-77.4%	33.8%	22.6%-47.1%	89
Ward 7	58.4%	47.8%-68.3%	41.6%	31.7%-52.2%	134
Ward 8	60.6%	49.7%-70.6%	39.4%	29.4%-50.3%	138

Race/Ethnicity Other and Hispanic/Latino excluded, RSE > 30%

Wards 1 and 2 excluded, RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 34. Tobacco Use - Knowledge (Lung Cancer)

“Based on what you know or believe does smoking cause lung cancer?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	95.9%	94.8%-96.7%	4.1%	3.3%-5.2%	3384
Gender					
Male	96.0%	94.5%-97.2%	4.0%	2.8%-5.5%	1388
Female	95.7%	94.1%-96.9%	4.3%	3.1%-5.9%	1996
Age					
18-24	93.1%	87.8%-96.2%	6.9%	3.8%-12.2%	155
25-34	95.6%	92.0%-97.6%	4.4%	2.4%-8.0%	414
35-44	95.7%	93.3%-97.2%	4.3%	2.8%-6.7%	487
45-54	96.8%	94.9%-98.0%	3.2%	2.0%-5.1%	626
55-64	97.9%	96.4%-98.8%	2.1%	1.2%-3.6%	783
65 or older	95.7%	93.8%-97.1%	4.3%	2.9%-6.2%	923
Race/Ethnicity					
White	98.2%	97.1%-98.9%	1.8%	1.1%-2.9%	1105
African American	95.4%	93.9%-96.5%	4.6%	3.5%-6.1%	1883
Other	95.2%	89.9%-97.8%	4.8%	2.2%-10.1%	180
Hispanic/Latino	89.5%	81.3%-94.3%	10.5%	5.7%-18.7%	134
Education					
Less than high school	91.6%	84.1%-95.7%	8.4%	4.3%-15.9%	178
High school	93.3%	90.6%-95.3%	6.7%	4.7%-9.4%	780
Some college	95.8%	93.0%-97.5%	4.2%	2.5%-7.0%	626
College graduate	97.8%	96.8%-98.5%	2.2%	1.5%-3.2%	1787
Income					
Less than \$15,000	94.0%	89.0% -96.8%	6.0%	3.2%-11.0%	240
\$15,000-\$34,999	96.0%	92.7% -97.8%	4.0%	2.2%-7.3%	557
\$35,000-\$49,999	90.6%	81.5% -95.4%	9.4%	4.6%-18.5%	276
\$50,000-\$74,999	97.1%	93.9% -98.7%	2.9%	1.3%-6.1%	357
\$75,000 or more	98.3%	97.4% -99.0%	1.7%	1.0%-2.6%	1190
Ward					
Ward 1	95.6%	90.7%-98.0%	4.4%	2.0%-9.3%	220
Ward 2	96.0%	89.9%-98.5%	4.0%	1.5%-10.1%	195
Ward 3	98.2%	95.2%-99.3%	1.8%	0.7%-4.8%	386
Ward 4	96.7%	94.3%-98.2%	3.3%	1.8%-5.7%	453
Ward 5	93.9%	89.9%-96.4%	6.1%	3.6%-10.1%	358
Ward 6	96.6%	91.4%-98.7%	3.4%	1.3%-8.6%	357
Ward 7	96.6%	94.3%-98.0%	3.4%	2.0%-5.7%	445
Ward 8	96.0%	93.1%-97.7%	4.0%	2.3%-6.9%	432

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 35. Tobacco Use - Smoke 100 Cigarettes

“Have you ever smoked at least 100 cigarettes in your entire life?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	34.0%	32.0%-35.9%	66.0%	64.1%-68.0%	3740
Gender					
Male	38.6%	35.5%-41.7%	61.4%	58.3%-64.5%	1545
Female	29.9%	27.5%-32.4%	70.1%	67.6%-72.5%	2195
Age					
18-24	18.9%	13.5%-25.8%	81.1%	74.2%-86.5%	182
25-34	26.2%	22.2%-30.7%	73.8%	69.3%-77.8%	510
35-44	32.9%	28.5%-37.7%	67.1%	62.3%-71.5%	542
45-54	35.6%	31.5%-39.8%	64.4%	60.2%-68.5%	679
55-64	48.9%	44.9%-52.9%	51.1%	47.1%-55.1%	832
65 or older	47.6%	43.9%-51.3%	52.4%	48.7%-56.1%	1001
Race/Ethnicity					
White	32.6%	29.5%-36.0%	67.4%	64.0%-70.5%	1242
African American	39.1%	36.5%-41.7%	60.9%	58.3%-63.5%	2056
Other	25.7%	19.3%-33.4%	74.3%	66.6%-80.7%	195
Hispanic/Latino	24.4%	17.8%-32.5%	75.6%	67.5%-82.2%	153
Education					
Less than high school	42.7%	34.7%-51.1%	57.3%	48.9%-65.3%	207
High school	38.8%	34.8%-42.9%	61.2%	57.1%-65.2%	853
Some college	36.1%	31.6%-40.9%	63.9%	59.1%-68.4%	679
College graduate	29.8%	27.3%-32.4%	70.2%	67.6%-72.7%	1983
Income					
Less than \$15,000	41.9%	34.2%-50.0%	58.1%	50.0%-65.8%	268
\$15,000-\$34,999	39.7%	34.8%-44.9%	60.3%	55.1%-65.2%	607
\$35,000-\$49,999	29.9%	23.8%-36.7%	70.1%	63.3%-76.2%	305
\$50,000-\$74,999	32.4%	26.7%-38.7%	67.6%	61.3%-73.3%	397
\$75,000 or more	32.5%	29.4%-35.9%	67.5%	64.1%-70.6%	1310
Ward					
Ward 1	39.2%	31.5%-47.4%	60.8%	52.6%-68.5%	231
Ward 2	36.4%	28.4%-45.2%	63.6%	54.8%-71.6%	205
Ward 3	35.6%	29.8%-41.9%	64.4%	58.1%-70.2%	392
Ward 4	32.8%	27.5%-38.6%	67.2%	61.4%-72.5%	479
Ward 5	35.4%	29.6%-41.6%	64.6%	58.4%-70.4%	388
Ward 6	35.8%	29.6%-42.5%	64.2%	57.5%-70.4%	371
Ward 7	35.2%	30.2%-40.7%	64.8%	59.3%-69.8%	481
Ward 8	45.3%	39.8%-51.0%	54.7%	49.0%-60.2%	462

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 36. Tobacco Use - Cigarette Use

“Do you now smoke cigarettes every day, some days or not at all?”

	Every Day		Some Days		Not at All		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	24.7%	21.9%-27.6%	18.8%	16.1%-21.8%	56.6%	53.2%-59.9%	1423
Gender							
Male	25.3%	21.3%-29.7%	20.6%	16.7%-25.1%	54.1%	49.2%-59.0%	647
Female	24.0%	20.4%-28.0%	16.7%	13.2%-20.8%	59.3%	54.7%-63.8%	776
Age							
25-34	27.4%	20.2%-36.0%	23.5%	16.5%-32.4%	49.0%	39.7%-58.4%	131
35-44	25.2%	18.8%-33.0%	19.6%	13.6%-27.3%	55.2%	46.7%-63.5%	172
45-54	29.6%	23.2%-36.9%	15.0%	10.6%-20.8%	55.4%	47.9%-62.6%	223
55-64	29.3%	24.1%-35.0%	21.6%	16.7%-27.5%	49.1%	43.2%-55.0%	383
65 or older	13.4%	10.0%-17.7%	5.4%	3.6%-8.1%	81.2%	76.6%-85.0%	477
Race/Ethnicity							
White	12.9%	9.5%-17.2%	15.7%	11.4%-21.3%	71.5%	65.5%-76.7%	469
African American	35.7%	31.7%-40.0%	20.3%	17.0%-24.1%	44.0%	39.9%-48.2%	816
Other	26.1%	14.6%-42.1%	24.4%	12.5%-42.3%	49.5%	34.6%-64.5%	61
Education							
Less than high school	38.9%	28.8%-50.2%	23.1%	14.9%-34.0%	37.9%	28.2%-48.7%	102
High school	34.3%	28.7%-40.5%	26.3%	20.7%-32.6%	39.4%	33.5%-45.6%	365
Some college	30.8%	24.4%-38.0%	22.0%	15.5%-30.3%	47.2%	39.8%-54.7%	294
College graduate	13.5%	10.6%-17.0%	12.9%	9.8%-16.8%	73.7%	69.1%-77.8%	656
Income							
Less than \$15,000	44.0%	34.6%-53.8%	21.6%	14.4%-31.1%	34.4%	25.9%-44.0%	144
\$15,000-\$34,999	33.5%	26.6%-41.2%	17.2%	12.1%-23.8%	49.3%	41.9%-56.8%	280
\$35,000-\$49,999	26.7%	17.1%-39.1%	16.5%	8.6%-29.3%	56.8%	44.0%-68.7%	100
\$50,000-\$74,999	22.8%	15.3%-32.4%	24.2%	15.1%-36.5%	53.0%	42.0%-63.7%	153
\$75,000 or more	12.4%	9.2%-16.5%	13.4%	9.4%-18.8%	74.2%	68.5%-79.3%	447
Ward							
Ward 1	18.3%	10.7%-29.5%	*	*	70.8%	57.9%-81.0%	91
Ward 2	19.6%	10.9%-32.7%	*	*	65.3%	51.1%-77.2%	83
Ward 3	*	*	*	*	74.4%	62.2%-83.6%	153
Ward 4	17.7%	11.2%-26.8%	18.8%	10.9%-30.5%	63.5%	52.5%-73.2%	177
Ward 5	31.4%	22.7%-41.8%	23.0%	15.4%-32.8%	45.6%	35.6%-56.0%	146
Ward 6	20.4%	13.3%-29.9%	29.1%	19.2%-41.6%	50.5%	39.7%-61.2%	143
Ward 7	37.5%	29.6%-46.2%	20.0%	13.7%-28.2%	42.5%	34.4%-51.0%	182
Ward 8	38.1%	30.0%-47.0%	18.9%	13.3%-26.2%	43.0%	34.8%-51.5%	211

Note: 18-24 excluded due to unweighted sample <50 or RSE>30

*Unweighted sample <50 or RSE > 30%

Hispanic/Latino excluded unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 37. Tobacco Use - E-Cigarette Use

“Have you ever used an e-cigarette or other electronic ‘vaping’ product, even just one time in your entire life?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	16.2%	14.6%-18.0%	83.8%	82.0%-85.4%	3756
Gender					
Male	20.5%	17.8%-23.4%	79.5%	76.6%-82.2%	1552
Female	12.5%	10.7%-14.6%	87.5%	85.4%-89.3%	2204
Age					
18-24	28.9%	22.1%-36.8%	71.1%	63.2%-77.9%	184
25-34	22.4%	18.6%-26.7%	77.6%	73.3%-81.4%	510
35-44	14.6%	11.6%-18.3%	85.4%	81.7%-88.4%	545
45-54	11.4%	8.8%-14.6%	88.6%	85.4%-91.2%	681
55-64	10.7%	8.5%-13.4%	89.3%	86.6%-91.5%	839
65 or older	5.5%	3.9%-7.6%	94.5%	92.4%-96.1%	1003
Race/Ethnicity					
White	16.4%	13.7%-19.7%	83.6%	80.3%-86.3%	1251
African American	15.5%	13.6%-17.6%	84.5%	82.4%-86.4%	2065
Other	22.4%	15.7%-31.0%	77.6%	69.0%-84.3%	195
Hispanic/Latino	15.8%	10.4%-23.3%	84.2%	76.7%-89.6%	152
Education					
Less than high school	14.5%	9.9%-20.6%	85.5%	79.4%-90.1%	207
High school	18.4%	15.1%-22.2%	81.6%	77.8%-84.9%	860
Some college	21.8%	17.5%-26.8%	78.2%	73.2%-82.5%	684
College graduate	13.7%	11.7%-16.1%	86.3%	83.9%-88.3%	1988
Income					
Less than \$15,000	17.1%	11.6%-24.5%	82.9%	75.5%-88.4%	272
\$15,000-\$34,999	15.6%	12.1%-19.9%	84.4%	80.1%-87.9%	610
\$35,000-\$49,999	16.5%	11.6%-22.9%	83.5%	77.1%-88.4%	306
\$50,000-\$74,999	16.3%	11.8%-22.0%	83.7%	78.0%-88.2%	400
\$75,000 or more	15.9%	13.2%-19.0%	84.1%	81.0%-86.8%	1320
Ward					
Ward 1	10.5%	6.3%-16.9%	89.5%	83.1%-93.7%	234
Ward 2	12.8%	7.4%-21.2%	87.2%	78.8%-92.6%	205
Ward 3	6.9%	4.1%-11.3%	93.1%	88.7%-95.9%	395
Ward 4	15.2%	10.9%-20.8%	84.8%	79.2%-89.1%	476
Ward 5	19.1%	14.3%-25.0%	80.9%	75.0%-85.7%	390
Ward 6	15.7%	10.9%-22.2%	84.3%	77.8%-89.1%	378
Ward 7	15.7%	12.0%-20.2%	84.3%	79.8%-88.0%	479
Ward 8	16.8%	12.9%-21.6%	83.2%	78.4%-87.1%	466

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 38. Tobacco Use - Smoking Status

Calculated variable: Smoking Status

	Current Smoker		Some Days		Former Smoker		Never Smoked		UW
	%e	95% CI	%	95% CI	%	95% CI	%	95% CI	
Total	8.4%	7.3%-9.5%	6.4%	5.4%-7.5%	19.2%	17.7%-20.8%	66.1%	64.1%-68.0%	3736
Gender									
Male	9.7%	8.1%-11.7%	7.9%	6.3%-9.9%	20.9%	18.5%-23.4%	61.5%	58.4%-64.5%	1544
Female	7.1%	6.0%-8.5%	5.0%	3.9%-6.4%	17.7%	15.8%-19.7%	70.2%	67.7%-72.6%	2192
Age									
18-24	*	*	8.1%	4.7%-13.5%	*	*	81.1%	74.2%-86.5%	182
25-34	7.1%	5.2%-9.7%	6.1%	4.2%-8.9%	12.7%	9.7%-16.5%	74.0%	69.6%-78.1%	509
35-44	8.3%	6.1%-11.2%	6.4%	4.4%-9.4%	18.2%	14.6%-22.4%	67.1%	62.3%-71.5%	542
45-54	10.5%	8.0%-13.6%	5.3%	3.7%-7.6%	19.6%	16.4%-23.4%	64.5%	60.3%-68.6%	677
55-64	14.3%	11.6%-17.5%	10.6%	8.0%-13.8%	23.9%	20.8%-27.5%	51.2%	47.2%-55.2%	831
65 or older	6.4%	4.7%-8.5%	2.6%	1.7%-3.9%	38.6%	35.1%-42.3%	52.4%	48.7%-56.1%	1001
Race/Ethnicity									
White	4.2%	3.1%-5.7%	5.1%	3.6%-7.2%	23.3%	20.6%-26.3%	67.4%	64.0%-70.5%	1242
African American	13.9%	12.1%-15.9%	7.9%	6.5%-9.5%	17.1%	15.3%-19.1%	61.1%	58.5%-63.7%	2052
Other	*	*	*	*	12.7%	8.7%-18.2%	74.3%	66.6%-80.7%	195
Hispanic/Latino	*	*	*	*	15.5%	10.4%-22.6%	75.6%	67.5%-82.2%	153
Education									
Less than high school	16.5%	11.5%-23.0%	9.8%	6.1%-15.3%	16.0%	11.5%-22.0%	57.7%	49.4%-65.7%	206
High school	13.3%	10.9%-16.2%	10.2%	7.8%-13.1%	15.2%	12.7%-18.2%	61.3%	57.2%-65.2%	852
Some college	11.1%	8.6%-14.2%	7.9%	5.4%-11.6%	17.0%	14.0%-20.5%	63.9%	59.1%-68.4%	678
College graduate	4.0%	3.1%-5.1%	3.8%	2.9%-5.1%	21.9%	19.7%-24.3%	70.2%	67.6%-72.7%	1982
Income									
Less than \$15,000	18.1%	13.4%-24.1%	8.9%	5.7%-13.6%	14.2%	10.2%-19.4%	58.8%	50.7%-66.4%	267
\$15,000-\$34,999	13.3%	10.2%-17.2%	6.8%	4.7%-9.8%	19.6%	16.1%-23.6%	60.3%	55.1%-65.2%	607
\$35,000-\$49,999	7.9%	4.9%-12.5%	4.9%	2.5%-9.4%	16.8%	12.3%-22.6%	70.3%	63.4%-76.4%	304
\$50,000-\$74,999	7.4%	4.9%-11.0%	7.9%	4.7%-12.9%	17.2%	13.1%-22.2%	67.6%	61.3%-73.3%	396
\$75,000 or more	4.0%	3.0%-5.4%	4.4%	3.0%-6.3%	24.2%	21.4%-27.2%	67.5%	64.1%-70.6%	1310
Ward (2015 and 2016) Combined**									
Ward 1	5.9%	3.8%-8.9%	3.7%	2.0%-6.8%	28.2%	22.4%-34.9%	62.1%	55.2%-68.6%	493
Ward 2	8.2%	4.5%-14.4%	6.5%	3.4%-12.0%	21.0%	16.5%-26.3%	64.3%	56.9%-71.1%	472
Ward 3	4.8%	2.5%-8.8%	3.9%	2.3%-6.6%	28.1%	24.5%-32.0%	63.2%	58.6%-67.7%	969
Ward 4	6.2%	4.1%-9.2%	7.0%	4.5%-10.7%	22.4%	18.5%-26.8%	64.5%	59.2%-69.4%	1002
Ward 5	10.2%	7.6%-13.6%	7.4%	4.8%-11.3%	22.0%	17.3%-27.6%	60.4%	54.5%-65.9%	805
Ward 6	7.9%	5.2%-11.9%	10.6%	7.1%-15.6%	18.6%	15.2%-22.7%	62.8%	57.2%-68.1%	787
Ward 7	16.0%	11.9%-21.1%	7.0%	4.8%-10.2%	16.4%	13.5%-19.8%	60.6%	55.3%-65.7%	818
Ward 8	15.4%	11.8%-20.0%	11.7%	8.0%-16.8%	21.3%	17.0%-26.3%	51.6%	45.9%-57.3%	825

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 39. Tobacco Use - Current Cigarette Smoker

Calculated Variable: Current Smoking Status

	No		Yes		UW
	%	95% CI	%	95% CI	
Total	85.3%	83.8%-86.7%	14.7%	13.3%-16.2%	3736
Gender[§]					
Male	82.3%	79.8%-84.6%	17.7%	15.4%-20.2%	1544
Female	87.9%	86.1%-89.5%	12.1%	10.5%-13.9%	2192
Age[§]					
18-24	87.1%	81.0%-91.5%	12.9%	8.5%-19.0%	182
25-34	86.8%	83.3%-89.6%	13.2%	10.4%-16.7%	509
35-44	85.3%	81.5%-88.3%	14.7%	11.7%-18.5%	542
45-54	84.2%	80.7%-87.1%	15.8%	12.9%-19.3%	677
55-64	75.2%	71.3%-78.7%	24.8%	21.3%-28.7%	831
65 or older	91.0%	88.7%-92.9%	9.0%	7.1%-11.3%	1001
Race/Ethnicity[§]					
White	90.7%	88.3%-92.6%	9.3%	7.4%-11.7%	1242
African American	78.2%	75.9%-80.4%	21.8%	19.6%-24.1%	2052
Other	87.0%	80.0%-91.8%	13.0%	8.2%-20.0%	195
Hispanic/Latino	91.2%	85.1%-94.9%	8.8%	5.1%-14.9%	153
Education[§]					
Less than high school	73.8%	66.3%-80.1%	26.2%	19.9%-33.7%	206
High school	76.5%	72.9%-79.8%	23.5%	20.2%-27.1%	852
Some college	80.9%	76.7%-84.6%	19.1%	15.4%-23.3%	678
College graduate	92.2%	90.6%-93.5%	7.8%	6.5%-9.4%	1982
Income[§]					
Less than \$15,000	73.0%	66.0%-78.9%	27.0%	21.1%-34.0%	267
\$15,000-\$34,999	79.9%	75.5%-83.6%	20.1%	16.4%-24.5%	607
\$35,000-\$49,999	87.2%	81.6%-91.3%	12.8%	8.7%-18.4%	304
\$50,000-\$74,999	84.8%	79.3%-89.0%	15.2%	11.0%-20.7%	396
\$75,000 or more	91.6%	89.4%-93.4%	8.4%	6.6%-10.6%	1310
Ward					
Ward 1	88.6%	82.3%-92.8%	11.4%	7.2%-17.7%	231
Ward 2	87.4%	80.2%-92.2%	12.6%	7.8%-19.8%	205
Ward 3	90.9%	85.3%-94.5%	9.1%	5.5%-14.7%	392
Ward 4	88.0%	83.0%-91.7%	12.0%	8.3%-17.0%	479
Ward 5	80.8%	75.4%-85.2%	19.2%	14.8%-24.6%	388
Ward 6	82.3%	76.1%-87.1%	17.7%	12.9%-23.9%	371
Ward 7	79.7%	75.0%-83.8%	20.3%	16.2%-25.0%	480
Ward 8	74.3%	68.8%-79.0%	25.7%	21.0%-31.2%	460

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 40. Alcohol Consumption - Past 30 Days

Calculated Variable: Consumed at least one drink within the past 30 days

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	66.0%	63.9%-68.0%	34.0%	32.0%-36.1%	3579
Gender					
Male	71.0%	68.0%-73.8%	29.0%	26.2%-32.0%	1464
Female	61.7%	58.8%-64.4%	38.3%	35.6%-41.2%	2115
Age					
18-24	70.2%	62.1%-77.3%	29.8%	22.7%-37.9%	179
25-34	74.8%	70.0%-79.0%	25.2%	21.0%-30.0%	489
35-44	70.7%	66.0%-75.0%	29.3%	25.0%-34.0%	525
45-54	64.0%	59.8%-68.1%	36.0%	31.9%-40.2%	645
55-64	55.9%	51.8%-59.9%	44.1%	40.1%-48.2%	798
65 or older	50.3%	46.5%-54.1%	49.7%	45.9%-53.5%	949
Race/Ethnicity					
White	84.1%	81.4%-86.4%	15.9%	13.6%-18.6%	1198
African American	52.2%	49.5%-54.9%	47.8%	45.1%-50.5%	1962
Other	63.5%	55.2%-71.1%	36.5%	28.9%-44.8%	184
Hispanic/Latino	53.4%	43.7%-62.9%	46.6%	37.1%-56.3%	150
Education					
Less than high school	35.4%	27.9%-43.7%	64.6%	56.3%-72.1%	200
High school	47.7%	43.4%-52.1%	52.3%	47.9%-56.6%	814
Some college	61.7%	56.7%-66.4%	38.3%	33.6%-43.3%	653
College graduate	79.7%	77.6%-81.8%	20.3%	18.2%-22.4%	1897
Income					
Less than \$15,000	46.9%	38.4%-55.5%	53.1%	44.5%-61.6%	264
\$15,000-\$34,999	54.0%	48.6%-59.3%	46.0%	40.7%-51.4%	589
\$35,000-\$49,999	56.5%	49.1%-63.7%	43.5%	36.3%-50.9%	298
\$50,000-\$74,999	73.6%	67.5%-78.9%	26.4%	21.1%-32.5%	382
\$75,000 or more	82.9%	80.2%-85.2%	17.1%	14.8%-19.8%	1250
Ward					
Ward 1	68.6%	60.9%-75.4%	31.4%	24.6%-39.1%	222
Ward 2	78.6%	71.3%-84.5%	21.4%	15.5%-28.7%	194
Ward 3	74.7%	68.2%-80.3%	25.3%	19.7%-31.8%	373
Ward 4	56.8%	50.5%-62.8%	43.2%	37.2%-49.5%	459
Ward 5	56.8%	50.3%-63.2%	43.2%	36.8%-49.7%	367
Ward 6	72.1%	65.5%-77.9%	27.9%	22.1%-34.5%	364
Ward 7	55.7%	50.1%-61.2%	44.3%	38.8%-49.9%	448
Ward 8	56.1%	50.6%-61.6%	43.9%	38.4%-49.4%	452

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 41. Alcohol Consumption - Binge Drinking

Calculated variable: Binge Drinking

	No		Yes		UW
	%	95% CI	%	95% CI	
Total	74.4%	72.3%-76.4%	25.6%	23.6%-27.7%	3513
Gender[§]					
Male	69.5%	66.2%-72.6%	30.5%	27.4%-33.8%	1435
Female	78.7%	75.9%-81.2%	21.3%	18.8%-24.1%	2078
Age[§]					
18-24	64.0%	55.7%-71.6%	36.0%	28.4%-44.3%	178
25-34	63.9%	58.9%-68.7%	36.1%	31.3%-41.1%	471
35-44	70.2%	65.4%-74.7%	29.8%	25.3%-34.6%	516
45-54	79.7%	75.7%-83.2%	20.3%	16.8%-24.3%	633
55-64	87.0%	83.8%-89.7%	13.0%	10.3%-16.2%	786
65 or older	91.9%	89.6%-93.8%	8.1%	6.2%-10.4%	935
Race/Ethnicity[§]					
White	63.2%	59.4%-66.8%	36.8%	33.2%-40.6%	1187
African American	82.5%	80.3%-84.6%	17.5%	15.4%-19.7%	1915
Other	77.1%	68.1%-84.1%	22.9%	15.9%-31.9%	181
Hispanic/Latino	82.1%	74.2%-88.0%	17.9%	12.0%-25.8%	149
Education[§]					
Less than high school	87.0%	80.8%-91.5%	13.0%	8.5%-19.2%	191
High school	83.2%	79.5%-86.3%	16.8%	13.7%-20.5%	788
Some college	78.4%	73.2%-82.7%	21.6%	17.3%-26.8%	638
College graduate	67.7%	64.6%-70.6%	32.3%	29.4%-35.4%	1881
Income[§]					
Less than \$15,000	82.9%	75.6%-88.4%	17.1%	11.6%-24.4%	251
\$15,000-\$34,999	80.7%	75.5%-85.0%	19.3%	15.0%-24.5%	580
\$35,000-\$49,999	77.5%	69.8%-83.7%	22.5%	16.3%-30.2%	294
\$50,000-\$74,999	66.9%	59.7%-73.4%	33.1%	26.6%-40.3%	371
\$75,000 or more	65.6%	61.9%-69.1%	34.4%	30.9%-38.1%	1242
Ward					
Ward 1	72.8%	63.5%-80.4%	27.2%	19.6%-36.5%	216
Ward 2	78.0%	68.1%-85.6%	22.0%	14.4%-31.9%	192
Ward 3	80.9%	75.0%-85.6%	19.1%	14.4%-25.0%	371
Ward 4	80.5%	74.4%-85.4%	19.5%	14.6%-25.6%	456
Ward 5	82.4%	76.4%-87.1%	17.6%	12.9%-23.6%	361
Ward 6	74.5%	67.5%-80.4%	25.5%	19.6%-32.5%	354
Ward 7	81.5%	76.3%-85.8%	18.5%	14.2%-23.7%	437
Ward 8	80.2%	74.6%-84.7%	19.8%	15.3%-25.4%	439

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 42. Alcohol Consumption - Heavy Drinking

Calculated Variable: Heavy Drinking

	No		Yes		UW
	%	95% CI	%	95% CI	
Total	88.9%	87.4%-90.3%	11.1%	9.7%-12.6%	3478
Gender					
Male	90.4%	88.1%-92.3%	9.6%	7.7%-11.9%	1407
Female	87.6%	85.5%-89.5%	12.4%	10.5%-14.5%	2071
Age					
18-24	88.0%	81.3%-92.6%	12.0%	7.4%-18.7%	171
25-34	86.9%	83.0%-90.0%	13.1%	10.0%-17.0%	473
35-44	87.4%	83.8%-90.3%	12.6%	9.7%-16.2%	507
45-54	88.4%	84.9%-91.2%	11.6%	8.8%-15.1%	628
55-64	92.4%	89.8%-94.3%	7.6%	5.7%-10.2%	775
65 or older	92.8%	90.7%-94.5%	7.2%	5.5%-9.3%	928
Race/Ethnicity					
White	85.3%	82.5%-87.8%	14.7%	12.2%-17.5%	1176
African American	92.2%	90.5%-93.6%	7.8%	6.4%-9.5%	1891
Other	87.5%	79.8%-92.6%	12.5%	7.4%-20.2%	181
Hispanic/Latino	90.0%	83.3%-94.2%	10.0%	5.8%-16.7%	149
Education					
Less than high school	92.2%	86.8%-95.5%	7.8%	4.5%-13.2%	196
High school	92.3%	89.6%-94.3%	7.7%	5.7%-10.4%	782
Some college	90.4%	86.3%-93.3%	9.6%	6.7%-13.7%	620
College graduate	86.6%	84.3%-88.6%	13.4%	11.4%-15.7%	1863
Income					
Less than \$15,000	92.7%	86.3%-96.2%	7.3%	3.8%-13.7%	252
\$15,000-\$34,999	94.0%	90.6%-96.2%	6.0%	3.8%-9.4%	578
\$35,000-\$49,999	89.1%	82.2%-93.6%	10.9%	6.4%-17.8%	287
\$50,000-\$74,999	90.8%	86.0%-94.1%	9.2%	5.9%-14.0%	370
\$75,000 or more	84.7%	81.9%-87.2%	15.3%	12.8%-18.1%	1229
Ward					
Ward 1	86.6%	79.4%-91.5%	13.4%	8.5%-20.6%	222
Ward 2	85.2%	75.9%-91.4%	14.8%	8.6%-24.1%	189
Ward 3	88.2%	83.1%-92.0%	11.8%	8.0%-16.9%	367
Ward 4	91.8%	87.8%-94.5%	8.2%	5.5%-12.2%	453
Ward 5	89.6%	84.7%-93.1%	10.4%	6.9%-15.3%	358
Ward 6	90.1%	85.1%-93.5%	9.9%	6.5%-14.9%	351
Ward 7	90.4%	86.1%-93.5%	9.6%	6.5%-13.9%	430
Ward 8	89.2%	84.2%-92.8%	10.8%	7.2%-15.8%	427

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 43. Mammography Screening - Women Aged 40+

Calculated variable: Women respondents aged 40+ who have had a mammogram in past two year

	Yes		No		UW
	%	95% CI	%	95% CI	
Total (Female)	74.8%	71.8%-77.5%	25.2%	22.5%-28.2%	1493
Race/Ethnicity					
White	69.8%	64.6%-74.5%	30.2%	25.5%-35.4%	487
African American	79.8%	76.3%-82.9%	20.2%	17.1%-23.7%	871
Other	73.9%	59.9%-84.3%	26.1%	15.7%-40.1%	66
Education					
Less than high school	76.4%	65.1%-85.0%	23.6%	15.0%-34.9%	94
High school	76.6%	71.0%-81.4%	23.4%	18.6%-29.0%	325
Some college	79.8%	73.6%-84.9%	20.2%	15.1%-26.4%	281
College graduate	72.2%	68.0%-76.0%	27.8%	24.0%-32.0%	790
Income					
Less than \$15,000	76.1%	64.7%-84.6%	23.9%	15.4%-35.3%	107
\$15,000-\$34,999	74.0%	66.7%-80.2%	26.0%	19.8%-33.3%	260
\$35,000-\$49,999	78.4%	66.9%-86.6%	21.6%	13.4%-33.1%	113
\$50,000-\$74,999	68.6%	59.1%-76.8%	31.4%	23.2%-40.9%	160
\$75,000 or more	73.7%	68.7%-78.2%	26.3%	21.8%-31.3%	523
Ward					
Ward 1	73.8%	62.3%-82.8%	26.2%	17.2%-37.7%	107
Ward 2	59.9%	46.8%-71.7%	40.1%	28.3%-53.2%	82
Ward 3	75.3%	67.1%-82.0%	24.7%	18.0%-32.9%	207
Ward 4	71.7%	62.4%-79.5%	28.3%	20.5%-37.6%	206
Ward 5	75.6%	66.7%-82.7%	24.4%	17.3%-33.3%	185
Ward 6	74.2%	64.9%-81.8%	25.8%	18.2%-35.1%	163
Ward 7	83.6%	76.0%-89.2%	16.4%	10.8%-24.0%	191
Ward 8	78.2%	69.9%-84.7%	21.8%	15.3%-30.1%	190

Hispanic/Latino excluded unweighted <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 44. Mammography Screening - Women Aged 50-84

Calculated Variable: Women respondents aged 50-84 that have had a mammogram in the past two years

	Received a Mammogram within the Past 2 Years		Did Not Receive a Mammogram within the Past 2 Years		UW
	%	95% CI	%	95% CI	
Total (Female)	83.5%	80.6%-86.1%	16.5%	13.9%-19.4%	983
Race/Ethnicity					
White	79.5%	73.8%-84.2%	20.5%	15.8%-26.2%	320
African American	86.9%	83.3%-89.8%	13.1%	10.2%-16.7%	585
Education					
Less than high school	86.3%	74.8%-93.0%	*	*	60
High school	84.8%	78.2%-89.7%	15.2%	10.3%-21.8%	197
Some college	84.2%	77.2%-89.4%	15.8%	10.6%-22.8%	194
College graduate	82.6%	78.4%-86.2%	17.4%	13.8%-21.6%	530
Income					
Less than \$15,000	82.3%	69.5%-90.5%	17.7%	9.5%-30.5%	70
\$15,000-\$34,999	81.9%	73.8%-88.0%	18.1%	12.0%-26.2%	161
\$35,000-\$49,999	81.4%	68.0%-90.0%	18.6%	10.0%-32.0%	75
\$50,000-\$74,999	72.7%	60.3%-82.4%	27.3%	17.6%-39.7%	104
\$75,000 or more	86.0%	81.3%-89.7%	14.0%	10.3%-18.7%	356
Ward					
Ward 1	81.2%	68.3%-89.7%	18.8%	10.3%-31.7%	74 [†]
Ward 2	67.6%	51.7%-80.2%	32.4%	19.8%-48.3%	58 [†]
Ward 3	85.9%	77.8%-91.4%	14.1%	8.6%-22.2%	146
Ward 4	80.0%	70.4%-87.0%	20.0%	13.0%-29.6%	129
Ward 5	82.5%	73.1%-89.2%	17.5%	10.8%-26.9%	118
Ward 6	84.1%	73.9%-90.8%	15.9%	9.2%-26.1%	104
Ward 7	93.8%	88.2%-96.8%	*	*	133
Ward 8	86.4%	77.3%-92.2%	13.6%	7.8%-22.7%	128

*Unweighted sample <50 or RSE > 30%

Race/Ethnicity Other and Hispanic/Latino excluded, unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 45. Prostate Cancer Screening (PSA)

Calculated variable: Male respondents aged 40+ who have had a PSA test the past 2 years

	Yes		No		
	%	95% CI	%	95% CI	UW
Total (Male)	38.6%	35.1%-42.2%	61.4%	57.8%-64.9%	995
Race/Ethnicity					
White	36.4%	31.2%-41.9%	63.6%	58.1%-68.8%	397
African American	40.5%	35.8%-45.4%	59.5%	54.6%-64.2%	523
Education					
Less than high school	33.8%	21.7%-48.4%	66.2%	51.6%-78.3%	52
High school	33.7%	27.3%-40.9%	66.3%	59.1%-72.7%	210
Some college	38.2%	30.3%-46.8%	61.8%	53.2%-69.7%	156
College graduate	41.1%	36.5%-45.8%	58.9%	54.2%-63.5%	576
Income					
Less than \$15,000	36.0%	25.1%-48.6%	64.0%	51.4%-74.9%	78
\$15,000-\$34,999	31.7%	23.2%-41.6%	68.3%	58.4%-76.8%	137
\$35,000-\$49,999	39.6%	28.0%-52.6%	60.4%	47.4%-72.0%	78
\$50,000-\$74,999	35.2%	24.5%-47.5%	64.8%	52.5%-75.5%	95
\$75,000 or more	40.3%	35.1%-45.7%	59.7%	54.3%-64.9%	421
Ward					
Ward 1	37.3%	25.0%-51.6%	62.7%	48.4%-75.0%	64
Ward 2	44.8%	32.0%-58.3%	55.2%	41.7%-68.0%	76
Ward 3	45.7%	35.4%-56.3%	54.3%	43.7%-64.6%	119
Ward 4	42.2%	33.4%-51.5%	57.8%	48.5%-66.6%	148
Ward 5	33.4%	23.2%-45.4%	66.6%	54.6%-76.8%	92
Ward 6	42.7%	32.3%-53.8%	57.3%	46.2%-67.7%	109
Ward 7	31.9%	23.5%-41.7%	68.1%	58.3%-76.5%	121
Ward 8	49.1%	38.2%-60.1%	50.9%	39.9%-61.8%	101

UW= Unweighted number of total sample; % are weighted

Race/Ethnicity Other and Hispanic/Latino excluded, unweighted sample <50 or RSE > 30%

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 46. Pap Test

Calculated variable: Women respondents aged 21-65 who have had pap test in the past three years

	Had Pap Test within Past 3 Years		No Pap Test within the Past 3 Years		UW
	%	95% CI	%	95% CI	
Female	85.1%	82.1%-87.7%	14.9%	12.3%-17.9%	1260
Race/Ethnicity[§]					
White	88.4%	84.1%-91.6%	11.6%	8.4%-15.9%	392
African American	88.8%	85.7%-91.3%	11.2%	8.7%-14.3%	714
Other	84.1%	71.9%-91.6%	*	*	75
Hispanic/Latino	59.2%	43.5%-73.2%	40.8%	26.8%-56.5%	61
Education[§]					
Less than high school	60.8%	42.1%-76.8%	39.2%	23.2%-57.9%	52
High school	84.0%	77.7%-88.8%	16.0%	11.2%-22.3%	293
Some college	85.7%	78.6%-90.7%	14.3%	9.3%-21.4%	230
College graduate	88.6%	85.2%-91.3%	11.4%	8.7%-14.8%	684
Income					
Less than \$15,000	84.0%	69.9%-92.2%	*	*	100
\$15,000-\$34,999	82.7%	73.4%-89.2%	17.3%	10.8%-26.6%	225
\$35,000-\$49,999	75.4%	60.0%-86.3%	24.6%	13.7%-40.0%	107
\$50,000-\$74,999	90.9%	82.8%-95.4%	9.1%	4.6%-17.2%	132
\$75,000 or more	92.4%	89.2%-94.8%	7.6%	5.2%-10.8%	463
Ward					
Ward 1	85.4%	73.1%-92.6%	*	*	77
Ward 2	90.7%	81.2%-95.6%	*	*	53
Ward 3	84.6%	73.4%-91.6%	15.4%	8.4%-26.6%	109
Ward 4	89.1%	80.7%-94.1%	10.9%	5.9%-19.3%	155
Ward 5	83.9%	74.5%-90.3%	16.1%	9.7%-25.5%	128
Ward 6	92.1%	84.4%-96.2%	*	*	139
Ward 7	88.9%	81.2%-93.6%	11.1%	6.4%-18.8%	169
Ward 8	91.5%	86.0%-95.0%	8.5%	5.0%-14.0%	193

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 47. Colorectal Cancer Screening - Blood Stool Test

Calculated variable: Respondents aged 50-75 who have had a blood stool test within the past year

	Had Blood Stool Test in Past Year		No Blood Stool Test in Past Year		UW
	%	95% CI	%	95% CI	
Total	14.8%	12.9%-16.8%	85.2%	83.2%-87.1%	1703
Gender					
Male	14.6%	11.9%-17.8%	85.4%	82.2%-88.1%	714
Female	14.9%	12.5%-17.8%	85.1%	82.2%-87.5%	989
Race/Ethnicity					
White	12.5%	9.9%-15.5%	87.5%	84.5%-90.1%	586
African American	16.4%	13.8%-19.5%	83.6%	80.5%-86.2%	987
Other	*	*	85.9%	73.4%-93.0%	62
Education					
Less than high school	19.8%	12.6%-29.6%	80.2%	70.4%-87.4%	103
High school	15.7%	12.0%-20.3%	84.3%	79.7%-88.0%	361
Some college	15.6%	11.7%-20.6%	84.4%	79.4%-88.3%	307
College graduate	12.9%	10.7%-15.5%	87.1%	84.5%-89.3%	929
Income					
Less than \$15,000	15.7%	10.0%-23.7%	84.3%	76.3%-90.0%	141
\$15,000-\$34,999	13.4%	9.0%-19.4%	86.6%	80.6%-91.0%	276
\$35,000-\$49,999	14.2%	8.7%-22.5%	85.8%	77.5%-91.3%	125
\$50,000-\$74,999	16.1%	10.3%-24.4%	83.9%	75.6%-89.7%	168
\$75,000 or more	14.0%	11.3%-17.2%	86.0%	82.8%-88.7%	639
Ward					
Ward 1	15.2%	9.0%-24.6%	84.8%	75.4%-91.0%	125
Ward 2	19.3%	12.5%-28.5%	80.7%	71.5%-87.5%	114
Ward 3	16.5%	11.8%-22.6%	83.5%	77.4%-88.2%	233
Ward 4	9.6%	6.3%-14.6%	90.4%	85.4%-93.7%	231
Ward 5	12.9%	8.3%-19.5%	87.1%	80.5%-91.7%	184
Ward 6	10.9%	6.5%-17.6%	89.1%	82.4%-93.5%	193
Ward 7	23.9%	17.3%-31.9%	76.1%	68.1%-82.7%	218
Ward 8	16.2%	11.2%-22.7%	83.8%	77.3%-88.8%	209

*Unweighted sample <50 or RSE > 30%

Hispanic/Latino excluded unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 48. Colorectal Cancer Screening - Colonoscopy

Calculated variable: Respondents aged 50-75 that who have had a colonoscopy in the past 10 years

	Colonoscopy within the Past 10 Years		Did Not Receive a Colonoscopy within the Past 10 Years		UW
	%	95% CI	%	95% CI	
Total	64.6%	61.8%-67.3%	35.4%	32.7%-38.2%	1672
Gender[§]					
Male	60.6%	56.2%-64.8%	39.4%	35.2%-43.8%	702
Female	68.2%	64.5%-71.7%	31.8%	28.3%-35.5%	970
Race/Ethnicity					
White	70.0%	65.5%-74.2%	30.0%	25.8%-34.5%	601
African American	62.0%	58.1%-65.6%	38.0%	34.4%-41.9%	951
Other	55.9%	41.1%-69.8%	44.1%	30.2%-58.9%	55
Education[§]					
Less than high school	45.9%	35.6%-56.5%	54.1%	43.5%-64.4%	101
High school	56.7%	50.9%-62.4%	43.3%	37.6%-49.1%	351
Some college	63.8%	57.5%-69.7%	36.2%	30.3%-42.5%	301
College graduate	72.4%	68.8%-75.7%	27.6%	24.3%-31.2%	916
Income[§]					
Less than \$15,000	54.3%	44.5%-63.7%	45.7%	36.3%-55.5%	136
\$15,000-\$34,999	52.1%	45.0%-59.0%	47.9%	41.0%-55.0%	272
\$35,000-\$49,999	61.8%	50.3%-72.1%	38.2%	27.9%-49.7%	118
\$50,000-\$74,999	62.8%	53.4%-71.4%	37.2%	28.6%-46.6%	167
\$75,000 or more	75.3%	71.0%-79.1%	24.7%	20.9%-29.0%	635
Ward					
Ward 1	68.3%	57.5%-77.4%	31.7%	22.6%-42.5%	119
Ward 2	69.4%	58.5%-78.5%	30.6%	21.5%-41.5%	112
Ward 3	77.1%	69.6%-83.3%	22.9%	16.7%-30.4%	243
Ward 4	63.2%	55.3%-70.5%	36.8%	29.5%-44.7%	223
Ward 5	60.9%	51.9%-69.2%	39.1%	30.8%-48.1%	183
Ward 6	65.4%	56.9%-73.0%	34.6%	27.0%-43.1%	189
Ward 7	62.8%	54.3%-70.5%	37.2%	29.5%-45.7%	211
Ward 8	55.0%	46.7%-63.1%	45.0%	36.9%-53.3%	198

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 49. Cancer Screening -Colorectal Cancer Screening

Calculated variable: Respondents aged 50-75 who have had a blood stool test within the past 3 years

	Received a Home FOBT within the Past 3 Years		Did not Receive a Home FOBT within the Past 3 Years		UW
	%	95% CI	%	95 % CI	
Total	22.5%	20.3%-24.9%	77.5%	75.1%-79.7%	1703
Gender					
Male	22.0%	18.8%-25.6%	78.0%	74.4%-81.2%	714
Female	23.0%	20.0%-26.2%	77.0%	73.8%-80.0%	989
Race/Ethnicity					
White	21.8%	18.4%-25.6%	78.2%	74.4%-81.6%	586
African American	23.7%	20.7%-27.1%	76.3%	72.9%-79.3%	987
Other	17.9%	9.9%-30.3%	82.1%	69.7%-90.1%	62
Hispanic/Latino	*	*	87.2%	68.9%-95.4%	37
Education					
Less than high school	22.4%	14.8%-32.3%	77.6%	67.7%-85.2%	103
High school	22.2%	17.9%-27.2%	77.8%	72.8%-82.1%	361
Some college	24.6%	19.7%-30.3%	75.4%	69.7%-80.3%	307
College graduate	22.0%	19.2%-25.1%	78.0%	74.9%-80.8%	929
Income					
Less than \$15,000	24.1%	17.1%-32.8%	75.9%	67.2%-82.9%	141
\$15,000-\$34,999	19.1%	14.1%-25.3%	80.9%	74.7%-85.9%	276
\$35,000-\$49,999	22.9%	15.6%-32.4%	77.1%	67.6%-84.4%	125
\$50,000-\$74,999	20.5%	14.2%-28.9%	79.5%	71.1%-85.8%	168
\$75,000 or more	23.2%	19.8%-27.1%	76.8%	72.9%-80.2%	639
Ward					
Ward 1	25.9%	17.9%-36.0%	74.1%	64.0%-82.1%	125
Ward 2	25.4%	17.7%-35.0%	74.6%	65.0%-82.3%	114
Ward 3	25.5%	19.8%-32.3%	74.5%	67.7%-80.2%	233
Ward 4	18.7%	13.7%-24.9%	81.3%	75.1%-86.3%	231
Ward 5	19.7%	13.8%-27.2%	80.3%	72.8%-86.2%	184
Ward 6	19.8%	14.1%-27.0%	80.2%	73.0%-85.9%	193
Ward 7	32.2%	25.0%-40.3%	67.8%	59.7%-75.0%	218
Ward 8	22.4%	16.6%-29.5%	77.6%	70.5%-83.4%	209

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 50. Colorectal Cancer Screening - USPSTF Recommendations

Calculated variable: Respondents aged 50-75 who have fully met the USPSTF recommendations

	Received One or More of the Recommended CRC Tests within the Recommended Time Interval		Did Not Receive One or More of the Recommended CRC Tests within the Recommended Time Interval		UW
	%	95% CI	%	95% CI	
Total	70.4%	67.7%-73.0%	29.6%	27.0%-32.3%	1686
Gender					
Male	66.4%	62.1%-70.4%	33.6%	29.6%-37.9%	708
Female	74.1%	70.6%-77.3%	25.9%	22.7%-29.4%	978
Race/Ethnicity					
White	73.7%	69.3%-77.7%	26.3%	22.3%-30.7%	600
African American	69.4%	65.7%-72.8%	30.6%	27.2%-34.3%	962
Other	60.3%	45.5%-73.4%	39.7%	26.6%-54.5%	58
Education					
Less than high school	56.4%	45.7%-66.6%	43.6%	33.4%-54.3%	103
High school	62.0%	56.1%-67.5%	38.0%	32.5%-43.9%	354
Some college	72.4%	66.3%-77.8%	27.6%	22.2%-33.7%	303
College graduate	76.3%	72.8%-79.4%	23.7%	20.6%-27.2%	923
Income					
Less than \$15,000	60.4%	50.4%-69.5%	39.6%	30.5%-49.6%	139
\$15,000-\$34,999	60.1%	53.0%-66.8%	39.9%	33.2%-47.0%	271
\$35,000-\$49,999	67.0%	55.4%-76.8%	33.0%	23.2%-44.6%	121
\$50,000-\$74,999	73.7%	64.6%-81.1%	26.3%	18.9%-35.4%	169
\$75,000 or more	78.7%	74.5%-82.3%	21.3%	17.7%-25.5%	639
Ward					
Ward 1	71.1%	60.5%-79.8%	28.9%	20.2%-39.5%	124
Ward 2	75.9%	65.1%-84.2%	24.1%	15.8%-34.9%	112
Ward 3	80.7%	73.1%-86.5%	19.3%	13.5%-26.9%	242
Ward 4	67.5%	59.6%-74.5%	32.5%	25.5%-40.4%	226
Ward 5	69.5%	60.6%-77.1%	30.5%	22.9%-39.4%	185
Ward 6	70.1%	61.9%-77.2%	29.9%	22.8%-38.1%	193
Ward 7	74.8%	66.9%-81.3%	25.2%	18.7%-33.1%	213
Ward 8	60.8%	52.4%-68.7%	39.2%	31.3%-47.6%	198

Hispanic/Latino excluded unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

USPSTF = United States Preventive Services Task Force

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 51. Immunization - Flu Shot - Aged 18 Years and Older

“During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	37.2%	35.1%-39.2%	62.8%	60.8%-64.9%	3720
Gender					
Male	35.1%	32.2%-38.2%	64.9%	61.8%-67.8%	1534
Female	38.9%	36.2%-41.7%	61.1%	58.3%-63.8%	2186
Age[§]					
18-24	25.8%	19.4%-33.5%	74.2%	66.5%-80.6%	180
25-34	32.1%	27.7%-36.9%	67.9%	63.1%-72.3%	506
35-44	39.0%	34.3%-43.9%	61.0%	56.1%-65.7%	540
45-54	36.0%	32.0%-40.3%	64.0%	59.7%-68.0%	673
55-64	40.3%	36.5%-44.3%	59.7%	55.7%-63.5%	830
65 or older	51.7%	48.0%-55.4%	48.3%	44.6%-52.0%	997
Race/Ethnicity[§]					
White	47.5%	44.0%-51.1%	52.5%	48.9%-56.0%	1243
African American	29.0%	26.7%-31.3%	71.0%	68.7%-73.3%	2038
Other	33.1%	25.9%-41.2%	66.9%	58.8%-74.1%	194
Hispanic/Latino	32.6%	24.7%-41.7%	67.4%	58.3%-75.3%	151
Education[§]					
Less than high school	31.8%	24.7%-39.9%	68.2%	60.1%-75.3%	204
High school	28.6%	25.1%-32.5%	71.4%	67.5%-74.9%	846
Some college	28.7%	24.5%-33.3%	71.3%	66.7%-75.5%	681
College graduate	44.4%	41.5%-47.3%	55.6%	52.7%-58.5%	1972
Income[§]					
Less than \$15,000	31.0%	24.3%-38.6%	69.0%	61.4%-75.7%	268
\$15,000-\$34,999	34.2%	29.3%-39.6%	65.8%	60.4%-70.7%	609
\$35,000-\$49,999	27.0%	21.2%-33.8%	73.0%	66.2%-78.8%	302
\$50,000-\$74,999	31.7%	25.8%-38.2%	68.3%	61.8%-74.2%	393
\$75,000 or more	46.7%	43.3%-50.2%	53.3%	49.8%-56.7%	1306
Ward					
Ward 1	46.6%	38.4%-54.9%	53.4%	45.1%-61.6%	231
Ward 2	54.2%	45.0%-63.1%	45.8%	36.9%-55.0%	203
Ward 3	50.3%	43.8%-56.7%	49.7%	43.3%-56.2%	391
Ward 4	31.9%	26.6%-37.6%	68.1%	62.4%-73.4%	475
Ward 5	33.5%	27.9%-39.7%	66.5%	60.3%-72.1%	386
Ward 6	38.4%	32.1%-45.0%	61.6%	55.0%-67.9%	376
Ward 7	30.6%	26.0%-35.6%	69.4%	64.4%-74.0%	476
Ward 8	27.8%	23.1%-33.0%	72.2%	67.0%-76.9%	458

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 52. Immunization - Pneumonia Shot - Age 18 Years and Older

“Have you ever had a pneumonia shot?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	28.4%	26.5%-30.4%	71.6%	69.6%-73.5%	3409
Gender					
Male	28.7%	25.8%-31.8%	71.3%	68.2%-74.2%	1372
Female	28.2%	25.7%-30.7%	71.8%	69.3%-74.3%	2037
Age[§]					
18-24	31.9%	23.8%-41.3%	68.1%	58.7%-76.2%	147
25-34	16.1%	12.5%-20.4%	83.9%	79.6%-87.5%	434
35-44	14.8%	11.6%-18.5%	85.2%	81.5%-88.4%	495
45-54	20.3%	16.9%-24.2%	79.7%	75.8%-83.1%	610
55-64	34.5%	30.6%-38.5%	65.5%	61.5%-69.4%	780
65 or older	64.4%	60.6%-68.1%	35.6%	31.9%-39.4%	946
Race/Ethnicity					
White	29.7%	26.4%-33.2%	70.3%	66.8%-73.6%	1098
African American	29.3%	27.0%-31.7%	70.7%	68.3%-73.0%	1915
Other	25.6%	18.5%-34.4%	74.4%	65.6%-81.5%	170
Hispanic/Latino	21.6%	14.6%-30.7%	78.4%	69.3%-85.4%	138
Education					
Less than high school	27.2%	20.9%-34.5%	72.8%	65.5%-79.1%	186
High school	27.4%	23.8%-31.3%	72.6%	68.7%-76.2%	801
Some college	33.1%	28.3%-38.3%	66.9%	61.7%-71.7%	630
College graduate	27.4%	24.9%-30.0%	72.6%	70.0%-75.1%	1773
Income[§]					
Less than \$15,000	24.0%	18.5%-30.4%	76.0%	69.6%-81.5%	257
\$15,000-\$34,999	36.5%	31.5%-41.8%	63.5%	58.2%-68.5%	572
\$35,000-\$49,999	25.4%	19.6%-32.2%	74.6%	67.8%-80.4%	278
\$50,000-\$74,999	25.8%	20.3%-32.2%	74.2%	67.8%-79.7%	364
\$75,000 or more	26.3%	23.3%-29.5%	73.7%	70.5%-76.7%	1168
Ward					
Ward 1	28.3%	21.7%-36.0%	71.7%	64.0%-78.3%	210
Ward 2	38.0%	29.8%-47.0%	62.0%	53.0%-70.2%	188
Ward 3	38.3%	32.3%-44.6%	61.7%	55.4%-67.7%	358
Ward 4	35.0%	29.1%-41.3%	65.0%	58.7%-70.9%	439
Ward 5	29.3%	23.7%-35.5%	70.7%	64.5%-76.3%	361
Ward 6	29.1%	23.5%-35.4%	70.9%	64.6%-76.5%	349
Ward 7	30.2%	25.2%-35.7%	69.8%	64.3%-74.8%	448
Ward 8	26.1%	21.6%-31.1%	73.9%	68.9%-78.4%	429

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 53. Immunization - Tetanus Shot

“Since 2005, have you had a tetanus shot?”

	Yes, Received Tdap		Yes, Received Tetanus Shot, but not Tdap		Yes, Received Tetanus Shot but not sure What Type		No, did not Receive any Tetanus Since 2005		UW
	%	95% CI	%	95% CI	%	95% CI	%	95% CI	
Total	21.7%	19.8%-23.6%	17.9%	16.2%-19.7%	22.4%	20.5%-24.4%	38.0%	35.9%-40.3%	3263
Gender									
Male	20.2%	17.6%-23.1%	16.9%	14.4%-19.6%	24.4%	21.6%-27.4%	38.6%	35.3%-42.0%	1348
Female	22.9%	20.3%-25.7%	18.8%	16.5%-21.4%	20.7%	18.3%-23.3%	37.6%	34.7%-40.6%	1915
Age									
18-24	24.0%	17.2%-32.5%	22.3%	15.7%-30.7%	21.4%	15.0%-29.6%	32.2%	24.4%-41.2%	152
25-34	24.5%	20.2%-29.3%	15.7%	12.2%-20.0%	25.9%	21.6%-30.8%	33.9%	29.1%-39.1%	441
35-44	25.8%	21.5%-30.5%	19.7%	16.0%-24.0%	21.1%	17.1%-25.7%	33.5%	28.6%-38.6%	475
45-54	19.1%	15.7%-22.9%	18.9%	15.5%-22.8%	22.4%	18.8%-26.5%	39.7%	35.2%-44.4%	579
55-64	17.3%	14.5%-20.6%	19.6%	16.4%-23.2%	21.4%	18.2%-25.1%	41.7%	37.6%-45.8%	762
65 or older	15.9%	13.3%-18.8%	13.5%	11.0%-16.5%	19.4%	16.5%-22.7%	51.2%	47.2%-55.2%	857
Race/Ethnicity									
White	31.4%	27.8%-35.2%	17.1%	14.4%-20.2%	26.2%	22.9%-29.7%	25.4%	22.3%-28.7%	1068
African American	15.6%	13.7%-17.7%	18.3%	16.3%-20.6%	19.9%	17.7%-22.3%	46.1%	43.4%-48.9%	1812
Other	18.3%	12.5%-26.1%	18.3%	12.1%-26.8%	22.8%	16.1%-31.3%	40.5%	32.2%-49.4%	171
Hispanic/Latino	10.6%	6.3%-17.1%	18.5%	11.8%-27.9%	17.9%	11.4%-27.1%	53.0%	42.7%-63.0%	135
Education									
Less than high school	*	*	14.8%	9.6%-22.3%	16.6%	11.0%-24.2%	62.3%	53.4%-70.6%	181
High school	16.2%	13.3%-19.6%	20.1%	16.7%-24.1%	18.3%	15.0%-22.2%	45.3%	40.9%-49.8%	754
Some college	20.4%	16.1%-25.6%	18.4%	14.4%-23.3%	22.9%	18.7%-27.8%	38.2%	33.4%-43.3%	606
College graduate	27.3%	24.5%-30.2%	17.6%	15.4%-20.1%	24.9%	22.3%-27.8%	30.2%	27.5%-33.0%	1708
Income									
Less than \$15,000	13.6%	8.6%-20.7%	14.9%	10.0%-21.6%	19.8%	14.0%-27.2%	51.7%	42.8%-60.6%	242
\$15,000-\$34,999	12.0%	8.9%-16.0%	21.3%	16.9%-26.5%	21.6%	17.4%-26.5%	45.2%	39.7%-50.7%	550
\$35,000-\$49,999	18.1%	12.5%-25.3%	14.3%	9.5%-20.9%	27.4%	20.3%-36.0%	40.2%	32.9%-48.0%	260
\$50,000-\$74,999	20.9%	15.5%-27.6%	13.0%	9.2%-18.0%	26.1%	20.1%-33.3%	39.9%	33.4%-46.9%	349
\$75,000 or more	32.1%	28.7%-35.8%	17.9%	15.3%-20.9%	22.1%	19.2%-25.4%	27.8%	24.7%-31.2%	1143
Ward									
Ward 1	16.7%	11.3%-24.1%	17.8%	11.4%-26.7%	24.4%	17.4%-33.1%	41.1%	32.5%-50.2%	196
Ward 2	28.6%	20.1%-39.1%	21.2%	14.7%-29.7%	17.1%	11.1%-25.6%	33.0%	24.9%-42.3%	183
Ward 3	23.9%	18.6%-30.1%	20.3%	15.0%-26.8%	27.2%	21.2%-34.1%	28.6%	22.9%-35.0%	334
Ward 4	16.9%	12.9%-21.6%	20.3%	15.4%-26.2%	22.5%	17.4%-28.6%	40.4%	34.3%-46.7%	427
Ward 5	19.0%	14.3%-25.0%	21.9%	16.8%-28.0%	19.1%	14.2%-25.1%	40.0%	33.7%-46.7%	352
Ward 6	19.0%	13.6%-25.9%	22.5%	16.8%-29.5%	26.2%	20.6%-32.7%	32.3%	26.0%-39.3%	330
Ward 7	18.2%	13.8%-23.5%	19.5%	15.4%-24.5%	20.7%	16.6%-25.6%	41.6%	35.9%-47.5%	425
Ward 8	18.0%	14.0%-22.9%	18.3%	13.9%-23.6%	17.8%	13.5%-23.2%	45.8%	39.9%-51.9%	403

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 54. Immunization - Flu Shot - Aged 65 and Older

Calculated variable: Flu shot aged 65 and older

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	51.6%	47.9%-55.3%	48.4%	44.7%-52.1%	996
Gender					
Male	54.2%	48.5%-59.9%	45.8%	40.1%-51.5%	392
Female	49.9%	45.0%-54.7%	50.1%	45.3%-55.0%	604
Race/Ethnicity					
White	65.0%	59.7%-70.1%	35.0%	29.9%-40.3%	411
African American	41.6%	36.4%-47.0%	58.4%	53.0%-63.6%	520
Education					
Less than high school	42.8%	30.7%-55.8%	57.2%	44.2%-69.3%	70
High school	45.0%	37.2%-53.0%	55.0%	47.0%-62.8%	191
Some college	44.4%	36.0%-53.1%	55.6%	46.9%-64.0%	165
College graduate	58.4%	53.7%-63.0%	41.6%	37.0%-46.3%	568
Income					
Less than \$15,000	55.2%	40.5%-69.0%	44.8%	31.0%-59.5%	65
\$15,000-\$34,999	38.4%	29.6%-48.0%	61.6%	52.0%-70.4%	162
\$35,000-\$49,999	41.1%	28.8%-54.5%	58.9%	45.5%-71.2%	78
\$50,000-\$74,999	40.7%	30.8%-51.3%	59.3%	48.7%-69.2%	113
\$75,000 or more	61.6%	55.6%-67.3%	38.4%	32.7%-44.4%	334
Ward					
Ward 1	49.4%	35.5%-63.4%	50.6%	36.6%-64.5%	69
Ward 2	67.6%	55.2%-78.0%	32.4%	22.0%-44.8%	83
Ward 3	61.6%	53.6%-69.0%	38.4%	31.0%-46.4%	189
Ward 4	42.5%	33.6%-51.9%	57.5%	48.1%-66.4%	150
Ward 5	42.9%	32.1%-54.4%	57.1%	45.6%-67.9%	108
Ward 6	57.5%	45.3%-68.8%	42.5%	31.2%-54.7%	89
Ward 7	46.7%	35.6%-58.2%	53.3%	41.8%-64.4%	114
Ward 8	43.8%	31.7%-56.7%	56.2%	43.3%-68.3%	90

UW= Unweighted number of total sample; % are weighted

Race/Ethnicity: Other and Hispanic/Latino excluded unweighted sample <50 or RSE > 30%

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 55. Immunization - Pneumonia Shot - Aged 65 and Older

Calculated variable: Pneumonia shot aged 65 and older

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	64.4%	60.6%-68.0%	35.6%	32.0%-39.4%	945
Gender					
Male	61.9%	55.9%-67.5%	38.1%	32.5%-44.1%	369
Female	66.1%	61.1%-70.7%	33.9%	29.3%-38.9%	576
Race/Ethnicity					
White	72.3%	66.9%-77.1%	27.7%	22.9%-33.1%	389
African American	60.2%	54.7%-65.4%	39.8%	34.6%-45.3%	495
Education					
Less than high school	56.0%	42.5%-68.7%	44.0%	31.3%-57.5%	65
High school	60.5%	52.3%-68.1%	39.5%	31.9%-47.7%	187
Some college	60.9%	52.1%-69.1%	39.1%	30.9%-47.9%	159
College graduate	69.8%	65.0%-74.2%	30.2%	25.8%-35.0%	531
Income					
Less than \$15,000	60.7%	44.4%-74.9%	39.3%	25.1%-55.6%	61
\$15,000-\$34,999	60.2%	50.1%-69.5%	39.8%	30.5%-49.9%	157
\$35,000-\$49,999	62.8%	47.5%-75.9%	37.2%	24.1%-52.5%	74
\$50,000-\$74,999	68.4%	57.3%-77.8%	31.6%	22.2%-42.7%	107
\$75,000 or more	70.4%	64.3%-75.8%	29.6%	24.2%-35.7%	314
Ward					
Ward 1	58.3%	43.4%-71.7%	41.7%	28.3%-56.6%	66
Ward 2	72.6%	59.5%-82.7%	27.4%	17.3%-40.5%	78
Ward 3	74.6%	66.7%-81.1%	25.4%	18.9%-33.3%	182
Ward 4	63.8%	53.6%-72.8%	36.2%	27.2%-46.4%	139
Ward 5	59.6%	47.7%-70.4%	40.4%	29.6%-52.3%	100
Ward 6	76.0%	63.2%-85.3%	24.0%	14.7%-36.8%	82
Ward 7	65.3%	53.8%-75.3%	34.7%	24.7%-46.2%	112
Ward 8	54.3%	40.8%-67.1%	45.7%	32.9%-59.2%	86

Race/Ethnicity: Other and Hispanic/Latino excluded unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 56. Chronic Health Condition - Stroke

“Has a doctor, nurse or other health professional ever told you that you had a stroke?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	2.9%	2.4%-3.6%	97.1%	96.4%-97.6%	3831
Gender					
Male	2.9%	2.2%-3.8%	97.1%	96.2%-97.8%	1582
Female	2.9%	2.2%-4.0%	97.1%	96.0%-97.8%	2249
Age[§]					
18-39	*	*	99.2%	98.2%-99.6%	1012
40-64	4.2%	3.1%-5.7%	95.8%	94.3%-96.9%	1667
65 or older	6.7%	5.0%-8.8%	93.3%	91.2%-95.0%	1024
Race/Ethnicity					
White	1.4%	0.9%-2.2%	98.6%	97.8%-99.1%	1261
African American	4.2%	3.4%-5.2%	95.8%	94.8%-96.6%	2115
Other	*	*	97.5%	93.2%-99.1%	199
Hispanic/Latino	*	*	95.9%	90.1%-98.4%	154
Education[§]					
Less than high school	6.0%	3.3%-10.8%	94.0%	89.2%-96.7%	216
High school	4.1%	3.0%-5.7%	95.9%	94.3%-97.0%	878
Some college	3.5%	2.3%-5.3%	96.5%	94.7%-97.7%	699
College graduate	1.5%	1.1%-2.1%	98.5%	97.9%-98.9%	2018
Income[§]					
Less than \$15,000	6.1%	3.8%-9.9%	93.9%	90.1%-96.2%	277
\$15,000-\$34,999	5.8%	3.8%-8.9%	94.2%	91.1%-96.2%	617
\$35,000-\$49,999	4.7%	2.7%-8.2%	95.3%	91.8%-97.3%	309
\$50,000-\$74,999	*	*	98.6%	97.3%-99.3%	405
\$75,000 or more	*	*	99.2%	98.5%-99.6%	1329
Ward (2015 and 2016) Combined**					
Ward 1	*	1.5%-5.6%	97.1%	94.4%-98.5%	515
Ward 2	*	1.6%-7.8%	96.4%	92.2%-98.4%	481
Ward 3	1.8%	1.1%-2.9%	98.2%	97.1%-98.9%	993
Ward 4	3.6%	2.3%-5.7%	96.4%	94.3%-97.7%	1035
Ward 5	4.0%	2.7%-6.0%	96.0%	94.0%-97.3%	847
Ward 6	4.8%	3.0%-7.5%	95.2%	92.5%-97.0%	810
Ward 7	4.8%	3.3%-7.0%	95.2%	93.0%-96.7%	846
Ward 8	5.0%	3.5%-7.2%	95.0%	92.8%-96.5%	865

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 57. Chronic Health Condition - Skin Cancer

“Has a doctor, nurse or other health professional ever told you that you had a skin cancer?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	3.3%	2.8%-3.9%	96.7%	96.1%-97.2%	3832
Gender					
Male	3.6%	2.8%-4.6%	96.4%	95.4%-97.2%	1583
Female	3.1%	2.4%-3.9%	96.9%	96.1%-97.6%	2249
Age					
18-39	*	*	99.7%	98.9%-99.9%	1012
40-64	3.9%	2.9%-5.2%	96.1%	94.8%-97.1%	1667
65 or older	12.2%	10.1%-14.7%	87.8%	85.3%-89.9%	1026
Race/Ethnicity					
White	7.6%	6.3%-9.1%	92.4%	90.9%-93.7%	1259
African American	0.4%	0.2%-0.8%	99.6%	99.2%-99.8%	2116
Other	*	*	99.1%	97.2%-99.7%	199
Hispanic/Latino	*	*	99.6%	97.5%-99.9%	156
Education					
Less than high school	*	*	99.3%	97.7%-99.8%	219
High school	*	*	99.2%	98.3%-99.6%	881
Some college	*	*	98.5%	97.0%-99.2%	699
College graduate	5.5%	4.6%-6.6%	94.5%	93.4%-95.4%	2013
Income					
Less than \$15,000	*	*	98.3%	96.3%-99.2%	277
\$15,000-\$34,999	1.6%	0.9%-2.7%	98.4%	97.3%-99.1%	617
\$35,000-\$49,999	*	*	98.8%	97.0%-99.5%	310
\$50,000-\$74,999	2.5%	1.4%-4.3%	97.5%	95.7%-98.6%	405
\$75,000 or more	5.8%	4.6%-7.2%	94.2%	92.8%-95.4%	1325
Ward (2015 and 2016) Combined**					
Ward 1	6.2%	3.1%-12.2%	93.8%	87.8%-96.9%	516
Ward 2	10.1%	7.0%-14.4%	89.9%	85.6%-93.0%	480
Ward 3	12.8%	10.6%-15.5%	87.2%	84.5%-89.4%	993
Ward 4	2.8%	1.9%-4.0%	97.2%	96.0%-98.1%	1037
Ward 5	1.4%	0.9%-2.4%	98.6%	97.6%-99.1%	848
Ward 6	4.6%	2.7%-7.9%	95.4%	92.1%-97.3%	807
Ward 7	*	0.2%-1.4%	99.5%	98.6%-99.8%	849
Ward 8	*	0.2%-0.7%	99.7%	99.3%-99.8%	864

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 58. Chronic Health Condition - Other Types of Cancer

“Has a doctor, nurse or other health professional ever told you that you have cancer (excluding skin cancer)?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	4.2%	3.7%-4.9%	95.8%	95.1%-96.3%	3833
Gender[§]					
Male	3.2%	2.5%-4.1%	96.8%	95.9%-97.5%	1587
Female	5.1%	4.3%-6.1%	94.9%	93.9%-95.7%	2246
Age[§]					
18-39	*	*	99.4%	98.7%-99.7%	1013
40-64	4.6%	3.7%-5.8%	95.4%	94.2%-96.3%	1670
65 or older	15.4%	13.0%-18.1%	84.6%	81.9%-87.0%	1023
Race/Ethnicity[§]					
White	5.1%	4.1%-6.4%	94.9%	93.6%-95.9%	1263
African American	4.3%	3.5%-5.2%	95.7%	94.8%-96.5%	2112
Other	*	*	96.7%	93.7%-98.3%	200
Hispanic/Latino	*	*	99.5%	98.3%-99.9%	156
Education					
Less than high school	4.6%	2.7%-7.7%	95.4%	92.3%-97.3%	216
High school	3.2%	2.3%-4.4%	96.8%	95.6%-97.7%	880
Some college	3.4%	2.4%-4.7%	96.6%	95.3%-97.6%	697
College graduate	4.8%	4.0%-5.8%	95.2%	94.2%-96.0%	2020
Income					
Less than \$15,000	5.2%	3.2%-8.2%	94.8%	91.8%-96.8%	279
\$15,000-\$34,999	4.2%	2.9%-6.1%	95.8%	93.9%-97.1%	616
\$35,000-\$49,999	3.8%	2.4%-6.0%	96.2%	94.0%-97.6%	310
\$50,000-\$74,999	4.2%	2.8%-6.1%	95.8%	93.9%-97.2%	405
\$75,000 or more	4.7%	3.7%-6.0%	95.3%	94.0%-96.3%	1330
Ward					
Ward 1	6.7%	4.1%-10.7%	93.3%	89.3%-95.9%	238
Ward 2	8.0%	4.8%-12.9%	92.0%	87.1%-95.2%	208
Ward 3	8.6%	6.2%-12.0%	91.4%	88.0%-93.8%	396
Ward 4	4.5%	3.1%-6.5%	95.5%	93.5%-96.9%	492
Ward 5	3.7%	2.4%-5.7%	96.3%	94.3%-97.6%	402
Ward 6	5.7%	4.0%-8.2%	94.3%	91.8%-96.0%	381
Ward 7	3.2%	1.9%-5.1%	96.8%	94.9%-98.1%	490
Ward 8	3.1%	2.1%-4.7%	96.9%	95.3%-97.9%	474

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 59. Chronic Health Conditions - Chronic Obstructive Pulmonary Disease (COPD)

“Has a doctor, nurse or other health professional ever told you that you have COPD?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	5.0%	4.3%-5.8%	95.0%	94.2%-95.7%	3832
Gender					
Male	4.3%	3.3%-5.5%	95.7%	94.5%-96.7%	1587
Female	5.7%	4.7%-6.8%	94.3%	93.2%-95.3%	2245
Age[§]					
18-39	2.7%	1.9%-3.9%	97.3%	96.1%-98.1%	1011
40-64	6.6%	5.4%-8.1%	93.4%	91.9%-94.6%	1671
65 or older	9.4%	7.4%-11.9%	90.6%	88.1%-92.6%	1022
Race/Ethnicity[§]					
White	1.8%	1.2%-2.5%	98.2%	97.5%-98.8%	1262
African American	9.2%	7.8%-10.9%	90.8%	89.1%-92.2%	2113
Other	*	*	96.5%	92.8%-98.3%	199
Hispanic/Latino	*	*	98.7%	95.7%-99.6%	156
Education[§]					
Less than high school	13.0%	9.0%-18.5%	87.0%	81.5%-91.0%	218
High school	6.8%	5.2%-8.9%	93.2%	91.1%-94.8%	880
Some college	6.9%	5.3%-9.0%	93.1%	91.0%-94.7%	696
College graduate	2.1%	1.6%-2.7%	97.9%	97.3%-98.4%	2018
Income[§]					
Less than \$15,000	9.4%	6.4%-13.5%	90.6%	86.5%-93.6%	279
\$15,000-\$34,999	10.6%	8.0%-14.0%	89.4%	86.0%-92.0%	619
\$35,000-\$49,999	5.1%	3.0%-8.4%	94.9%	91.6%-97.0%	309
\$50,000-\$74,999	3.7%	2.2%-6.1%	96.3%	93.9%-97.8%	404
\$75,000 or more	1.4%	1.0%-2.1%	98.6%	97.9%-99.0%	1328
Ward (2015 and 2016) Combined**					
Ward 1	3.7%	2.3%-5.9%	96.3%	94.1%-97.7%	516
Ward 2	3.0%	1.9%-4.7%	97.0%	95.3%-98.1%	481
Ward 3	2.9%	1.8%-4.6%	97.1%	95.4%-98.2%	996
Ward 4	6.2%	4.6%-8.4%	93.8%	91.6%-95.4%	1037
Ward 5	6.5%	4.8%-8.9%	93.5%	91.1%-95.2%	845
Ward 6	5.1%	3.6%-7.4%	94.9%	92.6%-96.4%	809
Ward 7	8.4%	6.1%-11.4%	91.6%	88.6%-93.9%	845
Ward 8	11.6%	8.6%-15.6%	88.4%	84.4%-91.4%	864

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 60. Chronic Health Condition - Depressive Disorder

“Has a doctor, nurse or other health professional ever told you that you have a depressive disorder?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	16.7%	15.1%-18.4%	83.3%	81.6%-84.9%	3815
Gender[§]					
Male	13.1%	11.0%-15.6%	86.9%	84.4%-89.0%	1581
Female	19.8%	17.6%-22.3%	80.2%	77.7%-82.4%	2234
Age					
18-24	22.0%	15.4%-30.3%	78.0%	69.7%-84.6%	190
25-34	15.2%	12.1%-19.0%	84.8%	81.0%-87.9%	522
35-44	16.3%	13.0%-20.2%	83.7%	79.8%-87.0%	551
45-54	14.7%	11.9%-18.0%	85.3%	82.0%-88.1%	687
55-64	20.3%	17.3%-23.7%	79.7%	76.3%-82.7%	850
65 or older	14.2%	11.7%-17.0%	85.8%	83.0%-88.3%	1019
Race/Ethnicity					
White	16.9%	14.4%-19.8%	83.1%	80.2%-85.6%	1253
African American	15.0%	13.2%-17.0%	85.0%	83.0%-86.8%	2108
Other	22.0%	15.7%-29.9%	78.0%	70.1%-84.3%	199
Hispanic/Latino	19.7%	12.7%-29.2%	80.3%	70.8%-87.3%	156
Education					
Less than high school	23.0%	16.3%-31.4%	77.0%	68.6%-83.7%	216
High school	15.4%	12.7%-18.6%	84.6%	81.4%-87.3%	877
Some college	19.0%	15.2%-23.4%	81.0%	76.6%-84.8%	694
College graduate	15.1%	13.1%-17.3%	84.9%	82.7%-86.9%	2009
Income[§]					
Less than \$15,000	31.2%	24.5%-38.8%	68.8%	61.2%-75.5%	277
\$15,000-\$34,999	17.6%	14.1%-21.8%	82.4%	78.2%-85.9%	614
\$35,000-\$49,999	13.5%	9.5%-18.9%	86.5%	81.1%-90.5%	308
\$50,000-\$74,999	14.8%	10.4%-20.7%	85.2%	79.3%-89.6%	404
\$75,000 or more	12.7%	10.6%-15.3%	87.3%	84.7%-89.4%	1324
Ward					
Ward 1	15.3%	10.3%-22.2%	84.7%	77.8%-89.7%	238
Ward 2	16.5%	11.0%-24.1%	83.5%	75.9%-89.0%	206
Ward 3	14.7%	10.8%-19.6%	85.3%	80.4%-89.2%	396
Ward 4	13.0%	9.3%-17.9%	87.0%	82.1%-90.7%	490
Ward 5	17.3%	13.0%-22.8%	82.7%	77.2%-87.0%	402
Ward 6	16.7%	12.2%-22.3%	83.3%	77.7%-87.8%	378
Ward 7	18.4%	13.6%-24.4%	81.6%	75.6%-86.4%	490
Ward 8	16.3%	12.5%-20.9%	83.7%	79.1%-87.5%	472

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 61. Chronic Health Condition - Kidney Disease

“Has a doctor, nurse or other health professional ever told you that you have kidney disease?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	2.5%	1.9%-3.2%	97.5%	96.8%-98.1%	3831
Gender					
Male	2.0%	1.5%-2.8%	98.0%	97.2%-98.5%	1585
Female	2.9%	2.1%-4.0%	97.1%	96.0%-97.9%	2246
Age[§]					
18-39	*	*	98.9%	97.9%-99.5%	1013
40-64	2.9%	2.0%-4.3%	97.1%	95.7%-98.0%	1667
65 or older	6.1%	4.5%-8.3%	93.9%	91.7%-95.5%	1022
Race/Ethnicity					
White	2.1%	1.4%-3.3%	97.9%	96.7%-98.6%	1264
African American	3.0%	2.3%-3.9%	97.0%	96.1%-97.7%	2111
Other	*	*	98.5%	95.7%-99.5%	199
Hispanic/Latino	*	*	97.2%	91.3%-99.1%	154
Education					
Less than high school	4.9%	2.4%-9.6%	95.1%	90.4%-97.6%	214
High school	2.7%	1.6%-4.5%	97.3%	95.5%-98.4%	878
Some college	2.7%	1.7%-4.2%	97.3%	95.8%-98.3%	697
College graduate	1.8%	1.3%-2.6%	98.2%	97.4%-98.7%	2021
Income[§]					
Less than \$15,000	3.3%	1.9%-5.6%	96.7%	94.4%-98.1%	279
\$15,000-\$34,999	6.0%	3.7%-9.6%	94.0%	90.4%-96.3%	616
\$35,000-\$49,999	*	*	98.3%	96.2%-99.2%	310
\$50,000-\$74,999	*	*	98.5%	96.2%-99.4%	402
\$75,000 or more	1.6%	1.0%-2.6%	98.4%	97.4%-99.0%	1329
Ward (2015-2016) Combined**					
Ward 1	*	1.5%-6.0%	97.0%	94.0%-98.5%	516
Ward 2	*	0.9%-3.4%	98.3%	96.6%-99.1%	481
Ward 3	2.3%	1.5%-3.4%	97.7%	96.6%-98.5%	990
Ward 4	2.3%	1.4%-3.8%	97.7%	96.2%-98.6%	1038
Ward 5	2.2%	1.4%-3.5%	97.8%	96.5%-98.6%	846
Ward 6	2.2%	1.2%-3.9%	97.8%	96.1%-98.8%	807
Ward 7	3.2%	2.2%-4.8%	96.8%	95.2%-97.8%	846
Ward 8	4.4%	2.8%-6.8%	95.6%	93.2%-97.2%	865

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 62. Chronic Health Condition - Diabetes

“Has a doctor, nurse or other health professional ever told you that you have diabetes?”

	Yes		No		UW
	%	95% CI	%	95% CI	
Total	7.7%	6.9%-8.6%	90.6%	89.5%-91.6%	3832
Gender					
Male	6.1%	5.1%-7.4%	92.5%	90.8%-93.9%	1586
Female	9.1%	7.9%-10.4%	89.0%	87.5%-90.3%	2246
Age[§]					
18-39	1.3%	0.8%-2.1%	97.1%	95.5%-98.2%	1011
40-64	11.6%	10.0%-13.4%	86.3%	84.4%-88.0%	1670
65 or older	20.1%	17.2%-23.3%	78.4%	75.1%-81.3%	1024
Race/Ethnicity[§]					
White	2.5%	1.8%-3.4%	96.6%	95.5%-97.4%	1264
African American	14.4%	12.8%-16.1%	83.3%	81.5%-85.0%	2113
Other	5.0%	2.8%-8.6%	93.2%	88.5%-96.1%	200
Hispanic/Latino	*	*	94.4%	86.4%-97.8%	153
Education[§]					
Less than high school	17.1%	12.7%-22.7%	77.8%	70.6%-83.7%	217
High school	10.6%	8.8%-12.7%	87.5%	85.2%-89.5%	880
Some college	9.9%	8.0%-12.2%	88.1%	85.5%-90.3%	697
College graduate	3.9%	3.2%-4.7%	95.1%	94.2%-95.9%	2018
Income[§]					
Less than \$15,000	15.0%	11.0%-20.2%	82.6%	77.2%-86.9%	279
\$15,000-\$34,999	13.3%	10.6%-16.5%	84.4%	80.9%-87.3%	616
\$35,000-\$49,999	7.5%	5.0%-11.0%	89.5%	85.4%-92.6%	310
\$50,000-\$74,999	4.5%	2.9%-6.8%	95.0%	92.6%-96.6%	403
\$75,000 or more	3.5%	2.7%-4.5%	95.8%	94.8%-96.7%	1329
Ward					
Ward 1	8.5%	5.2%- 13.4%	89.8%	84.6%-93.4%	237
Ward 2	6.9%	4.4%-10.8%	92.6%	88.7%-95.2%	208
Ward 3	4.8%	3.1%-7.4%	93.3%	90.0%-95.5%	396
Ward 4	8.8%	6.5%-11.7%	88.9%	85.5%-91.5%	492
Ward 5	11.9%	8.9%-15.8%	86.4%	82.4%-89.6%	401
Ward 6	5.0%	3.4%-7.4%	94.0%	91.5%-95.8%	379
Ward 7	15.2%	11.9%-19.2%	79.4%	73.6%-84.1%	492
Ward 8	14.5%	11.5%-18.3%	84.1%	80.2%-87.3%	474

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 63. Chronic Health Condition - Asthma

Calculated Variable - Adults who have been told they have asthma

	No		Yes		
	%	95% CI	%	95% CI	UW
Total	84.9%	83.3%-86.4%	15.1%	13.6%-16.7%	3833
Gender					
Male	87.9%	85.5%-90.0%	12.1%	10.0%-14.5%	1588
Female	82.3%	80.0%-84.4%	17.7%	15.6%-20.0%	2245
Age					
18-24	78.6%	70.6%-84.8%	21.4%	15.2%-29.4%	190
25-34	85.2%	81.6%-88.2%	14.8%	11.8%-18.4%	523
35-44	84.2%	80.3%-87.4%	15.8%	12.6%-19.7%	556
45-54	86.5%	83.5%-89.0%	13.5%	11.0%-16.5%	689
55-64	84.9%	81.8%-87.5%	15.1%	12.5%-18.2%	855
65 or older	88.7%	86.0%-91.0%	11.3%	9.0%-14.0%	1024
Race/Ethnicity					
White	88.9%	86.4%-91.0%	11.1%	9.0%-13.6%	1264
African American	82.9%	80.8%-84.8%	17.1%	15.2%-19.2%	2113
Other	82.9%	75.6%-88.3%	17.1%	11.7%-24.4%	200
Hispanic/Latino	78.6%	68.9%-85.9%	21.4%	14.1%-31.1%	155
Education					
Less than high school	74.3%	65.7%-81.4%	25.7%	18.6%-34.3%	217
High school	82.2%	78.8%-85.2%	17.8%	14.8%-21.2%	880
Some college	86.2%	82.6%-89.2%	13.8%	10.8%-17.4%	698
College graduate	87.3%	85.3%-89.1%	12.7%	10.9%-14.7%	2018
Income					
Less than \$15,000	83.6%	76.7%-88.8%	16.4%	11.2%-23.3%	279
\$15,000-\$34,999	78.1%	73.4%-82.1%	21.9%	17.9%-26.6%	618
\$35,000-\$49,999	86.4%	80.8%-90.6%	13.6%	9.4%-19.2%	307
\$50,000-\$74,999	84.7%	79.3%-89.0%	15.3%	11.0%-20.7%	402
\$75,000 or more	89.0%	86.6%-90.9%	11.0%	9.1%-13.4%	1330
Ward					
Ward 1	85.9%	78.9%-90.9%	14.1%	9.1%-21.1%	239
Ward 2	88.6%	81.4%-93.2%	11.4%	6.8%-18.6%	208
Ward 3	84.2%	78.2%-88.8%	15.8%	11.2%-21.8%	396
Ward 4	82.3%	76.3%-87.0%	17.7%	13.0%-23.7%	489
Ward 5	84.2%	79.3%-88.1%	15.8%	11.9%-20.7%	404
Ward 6	87.8%	83.4%-91.2%	12.2%	8.8%-16.6%	379
Ward 7	79.3%	73.2%-84.3%	20.7%	15.7%-26.8%	492
Ward 8	82.9%	78.4%-86.6%	17.1%	13.4%-21.6%	474

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 64. Chronic Health Conditions - Current Asthma

Calculated Variable: Currently have asthma

	No		Yes		UW
	%	95% CI	%	95% CI	
Total	90.2%	88.9%-91.4%	9.8%	8.6%-11.1%	3821
Gender[§]					
Male	93.7%	91.9%-95.1%	6.3%	4.9%-8.1%	1584
Female	87.1%	85.1%-88.9%	12.9%	11.1%-14.9%	2237
Age					
18-24	87.7%	80.7%-92.4%	12.3%	7.6%-19.3%	190
25-34	92.3%	89.5%-94.3%	7.7%	5.7%-10.5%	519
35-44	88.3%	84.7%-91.1%	11.7%	8.9%-15.3%	554
45-54	90.0%	87.5%-92.1%	10.0%	7.9%-12.5%	688
55-64	88.8%	86.0%-91.1%	11.2%	8.9%-14.0%	851
65 or older	91.6%	89.1%-93.6%	8.4%	6.4%-10.9%	1023
Race/Ethnicity[§]					
White	94.0%	92.0%-95.4%	6.0%	4.6%-8.0%	1261
African American	86.9%	85.0%-88.5%	13.1%	11.5%-15.0%	2107
Other	92.9%	88.5%-95.7%	7.1%	4.3%-11.5%	198
Hispanic/Latino	86.9%	78.1%-92.5%	13.1%	7.5%-21.9%	155
Education[§]					
Less than high school	80.3%	72.3%-86.4%	19.7%	13.6%-27.7%	216
High school	86.7%	83.8%-89.1%	13.3%	10.9%-16.2%	876
Some college	90.8%	87.8%-93.2%	9.2%	6.8%-12.2%	697
College graduate	93.0%	91.5%-94.3%	7.0%	5.7%-8.5%	2012
Income[§]					
Less than \$15,000	85.7%	79.1%-90.5%	14.3%	9.5%-20.9%	278
\$15,000-\$34,999	83.5%	79.2%-87.1%	16.5%	12.9%-20.8%	615
\$35,000-\$49,999	91.2%	86.2%-94.5%	8.8%	5.5%-13.8%	307
\$50,000-\$74,999	94.8%	91.8%-96.7%	5.2%	3.3%-8.2%	401
\$75,000 or more	93.3%	91.4%-94.8%	6.7%	5.2%-8.6%	1327
Ward					
Ward 1	93.3%	88.0%-96.4%	6.7%	3.6%-12.0%	238
Ward 2	94.0%	88.9%-96.8%	6.0%	3.2%-11.1%	206
Ward 3	88.4%	82.6%-92.5%	11.6%	7.5%-17.4%	394
Ward 4	88.3%	82.9%-92.1%	11.7%	7.9%-17.1%	489
Ward 5	88.8%	84.4%-92.1%	11.2%	7.9%-15.6%	402
Ward 6	92.4%	89.1%-94.8%	7.6%	5.2%-10.9%	379
Ward 7	85.0%	80.5%-88.6%	15.0%	11.4%-19.5%	489
Ward 8	87.0%	82.9%-90.2%	13.0%	9.8%-17.1%	473

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 65. Chronic Health Condition - Asthma

Calculated Variable - Computed asthma status

	Current		Former		Never		UW
	%	95% CI	%	95% CI	%	95% CI	
Total	9.8%	8.6%-11.1%	5.0%	4.0%-6.1%	85.2%	83.6%-86.7%	3821
Gender							
Male	6.3%	4.9%-8.1%	5.6%	4.0%-7.6%	88.1%	85.7%-90.2%	1584
Female	12.9%	11.1%-14.9%	4.4%	3.4%-5.8%	82.7%	80.4%-84.7%	2237
Age							
18-24	12.3%	7.6%-19.3%	9.1%	5.1%-15.7%	78.6%	70.6%-84.8%	190
25-34	7.7%	5.7%-10.5%	6.4%	4.5%-9.2%	85.8%	82.3%-88.8%	519
35-44	11.7%	8.9%-15.3%	3.8%	2.3%-6.2%	84.5%	80.6%-87.7%	554
45-54	10.0%	7.9%-12.5%	3.3%	2.1%-5.3%	86.7%	83.7%-89.1%	688
55-64	11.2%	8.9%-14.0%	3.5%	2.3%-5.3%	85.3%	82.2%-88.0%	851
65 or older	8.4%	6.4%-10.9%	2.9%	1.8%-4.4%	88.8%	86.0%-91.0%	1023
Race/Ethnicity							
White	6.0%	4.6%-8.0%	4.8%	3.4%-6.6%	89.2%	86.7%-91.2%	1261
African American	13.1%	11.5%-15.0%	3.7%	2.8%-4.8%	83.2%	81.1%-85.0%	2107
Other	7.1%	4.3%-11.5%	*	*	83.9%	76.7%-89.2%	198
Hispanic/Latino	13.1%	7.5%-21.9%	*	*	78.6%	68.9%-85.9%	155
Education							
Less than high school	19.7%	13.6%-27.7%	5.8%	2.5%-13.0%	74.5%	65.9%-81.5%	216
High school	13.3%	10.9%-16.2%	4.1%	2.5%-6.6%	82.6%	79.2%-85.5%	876
Some college	9.2%	6.8%-12.2%	4.5%	2.8%-7.2%	86.3%	82.6%-89.3%	697
College graduate	7.0%	5.7%-8.5%	5.3%	4.1%-6.9%	87.7%	85.7%-89.5%	2012
Income							
Less than \$15,000	14.3%	9.5%-20.9%	*	*	84.6%	77.8%-89.5%	278
\$15,000-\$34,999	16.5%	12.9%-20.8%	5.1%	3.2%-8.1%	78.4%	73.7%-82.5%	615
\$35,000-\$49,999	8.8%	5.5%-13.8%	4.7%	2.6%-8.6%	86.4%	80.8%-90.6%	307
\$50,000-\$74,999	5.2%	3.3%-8.2%	9.6%	6.1%-14.8%	85.2%	79.8%-89.4%	401
\$75,000 or more	6.7%	5.2%-8.6%	4.2%	2.9%-5.9%	89.1%	86.8%-91.1%	1327
Ward (2015 and 2016) Combined**							
Ward 1	4.4%	2.8%-7.1%	6.9%	3.8%-12.2%	88.7%	83.4%-92.5%	516
Ward 2	5.8%	3.7%-8.7%	*	2.4%-11.4%	88.9%	83.3%-92.9%	476
Ward 3	11.1%	7.6%-15.9%	4.3%	2.4%-7.8%	84.6%	79.4%-88.6%	990
Ward 4	10.8%	8.0%-14.5%	5.7%	3.2%-9.7%	83.5%	78.8%-87.3%	1032
Ward 5	8.6%	6.6%-11.2%	7.0%	3.9%-12.3%	84.4%	79.5%-88.3%	848
Ward 6	11.2%	7.7%-16.0%	4.8%	3.1%-7.2%	84.1%	79.2%-88.0%	808
Ward 7	13.7%	10.6%-17.5%	4.4%	2.2%-8.7%	81.9%	77.2%-85.8%	840
Ward 8	18.4%	14.5%-23.2%	5.3%	3.1%-9.0%	76.3%	71.0%-80.8%	860

*Unweighted sample <50 or RSE > 30%

** The variable Ward for data collection years 2015 and 2016 were combined to increase the sample size for reporting

UW= Unweighted number of total sample; % are weighted

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

Appendix Table 66. Chronic Health Condition - Arthritis

“Has a doctor, nurse or other health professional ever told you that you have arthritis?”

	Diagnosed with Arthritis		Not Diagnosed with Arthritis		UW
	%	95% CI	%	95% CI	
Total	16.9%	15.7%-18.2%	83.1%	81.8%-84.3%	3823
Gender[§]					
Male	13.1%	11.4%-14.9%	86.9%	85.1%-88.6%	1582
Female	20.3%	18.5%-22.2%	79.7%	77.8%-81.5%	2241
Age[§]					
18-39	3.1%	2.2%-4.4%	96.9%	95.6%-97.8%	1012
40-64	23.0%	20.8%-25.4%	77.0%	74.6%-79.2%	1665
65 or older	47.9%	44.3%-51.6%	52.1%	48.4%-55.7%	1018
Race/Ethnicity[§]					
White	11.6%	9.9%-13.4%	88.4%	86.6%-90.1%	1257
African American	26.5%	24.4%-28.7%	73.5%	71.3%-75.6%	2109
Other	10.9%	7.5%-15.6%	89.1%	84.4%-92.5%	200
Hispanic/Latino	*	*	97.5%	94.8%-98.8%	156
Education[§]					
Less than high school	35.0%	28.2%-42.5%	65.0%	57.5%-71.8%	217
High school	18.9%	16.5%-21.6%	81.1%	78.4%-83.5%	877
Some college	17.1%	14.5%-20.0%	82.9%	80.0%-85.5%	696
College graduate	12.3%	10.9%-13.8%	87.7%	86.2%-89.1%	2012
Income[§]					
Less than \$15,000	30.4%	24.2%-37.3%	69.6%	62.7%-75.8%	276
\$15,000-\$34,999	22.2%	18.6%-26.3%	77.8%	73.7%-81.4%	618
\$35,000-\$49,999	15.4%	11.6%-20.2%	84.6%	79.8%-88.4%	310
\$50,000-\$74,999	12.4%	9.5%-16.0%	87.6%	84.0%-90.5%	400
\$75,000 or more	11.7%	10.0%-13.5%	88.3%	86.5%-90.0%	1324
Ward					
Ward 1	16.5%	12.1%-22.0%	83.5%	78.0%-87.9%	236
Ward 2	15.2%	10.9%-20.8%	84.8%	79.2%-89.1%	206
Ward 3	18.8%	15.1%-23.2%	81.2%	76.8%-84.9%	395
Ward 4	20.6%	17.0%-24.8%	79.4%	75.2%-83.0%	489
Ward 5	23.3%	18.9%-28.3%	76.7%	71.7%-81.1%	403
Ward 6	16.0%	12.6%-20.1%	84.0%	79.9%-87.4%	378
Ward 7	25.5%	21.4%-30.1%	74.5%	69.9%-78.6%	489
Ward 8	26.1%	21.6%-31.2%	73.9%	68.8%-78.4%	473

*Unweighted sample <50 or RSE > 30%

UW= Unweighted number of total sample; % are weighted

§ Statistically Significant

Source: District of Columbia Behavioral Risk Factor Surveillance System survey, 2016, Center for Policy, Planning and Evaluation (CPPE)

**Government of the District of Columbia
Department of Health (DC Health)
Center for Policy, Planning and Evaluation (CPPE)
BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS)**

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