Mayor Bowser's Maternal and Infant Health Summit - The Path Ahead

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Director
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Maternal and Perinatal Health in the District

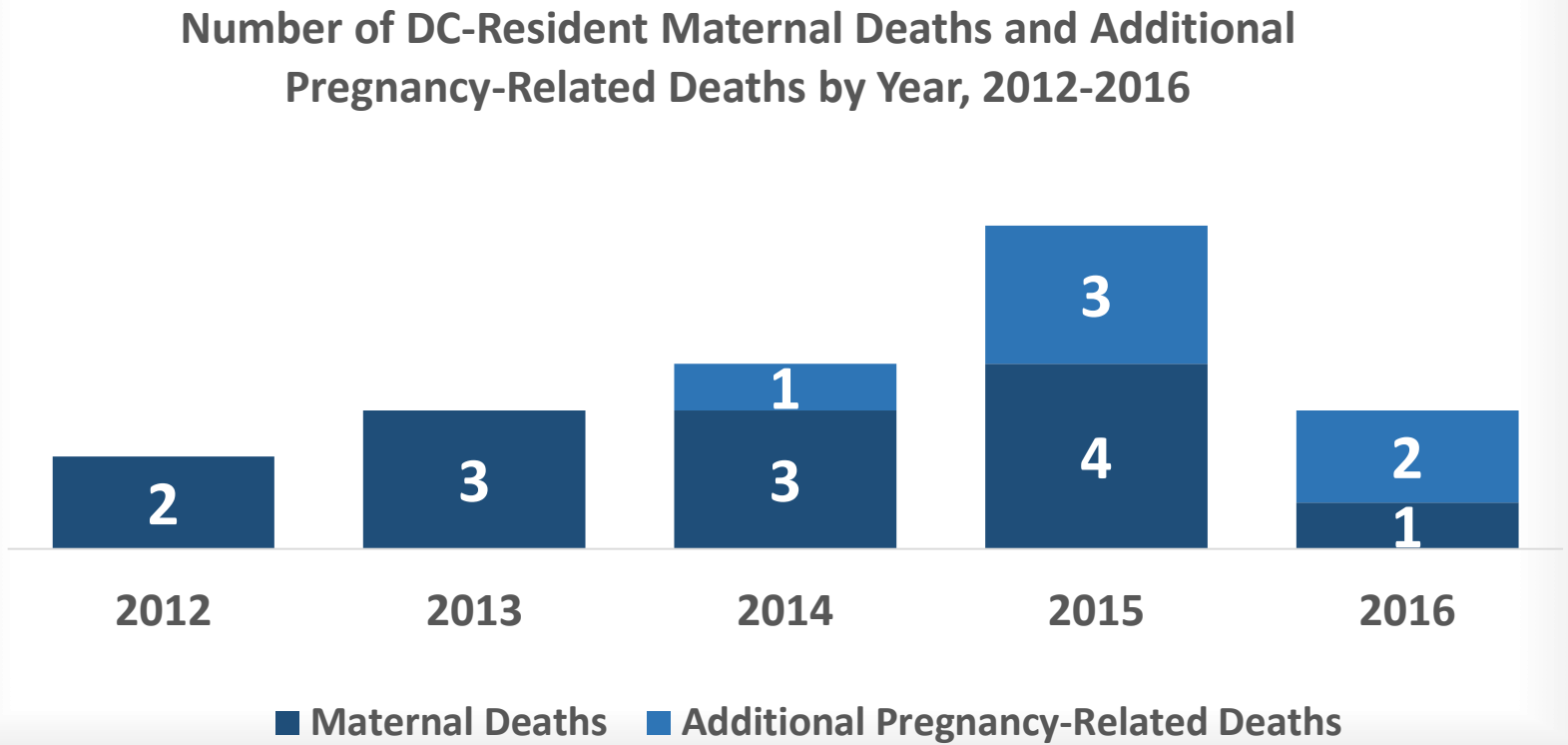
Health Care System in DC

ANACOSTIA HEALTH CENTER

BEFORE

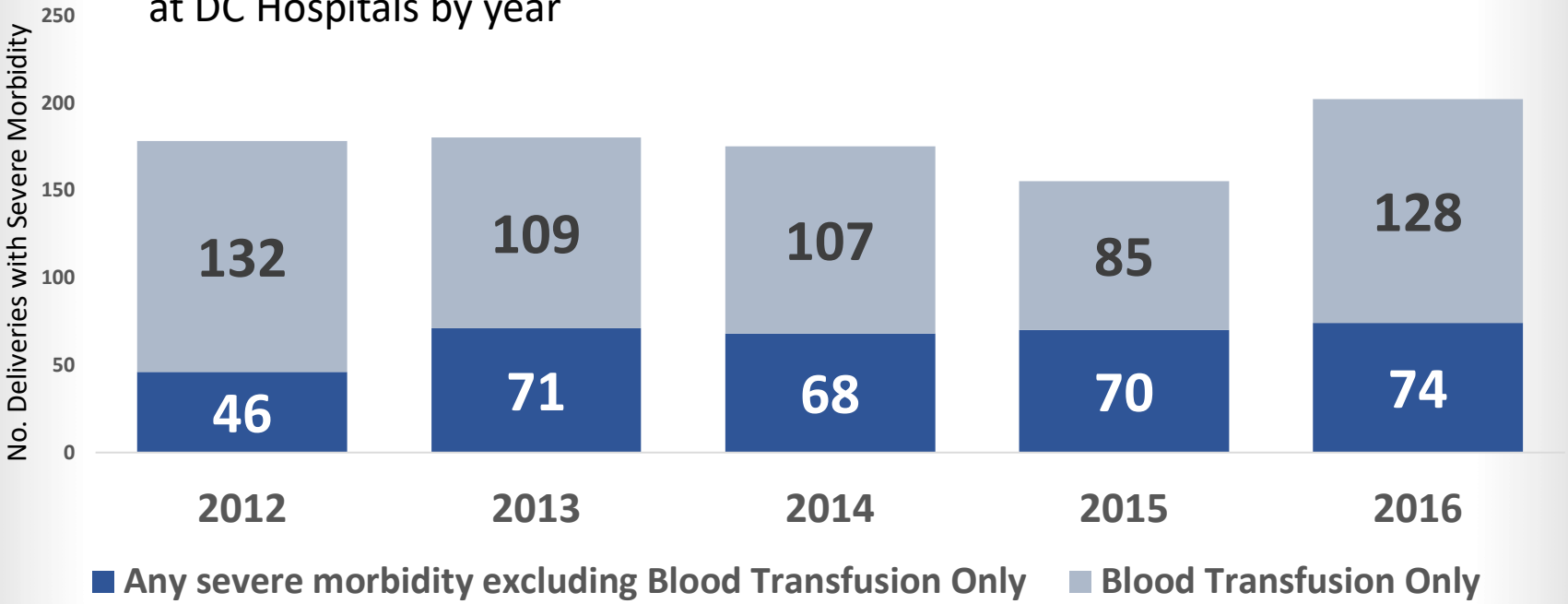
AFTER

Maternal and Pregnancy-Related Mortality, 2012 - 2016

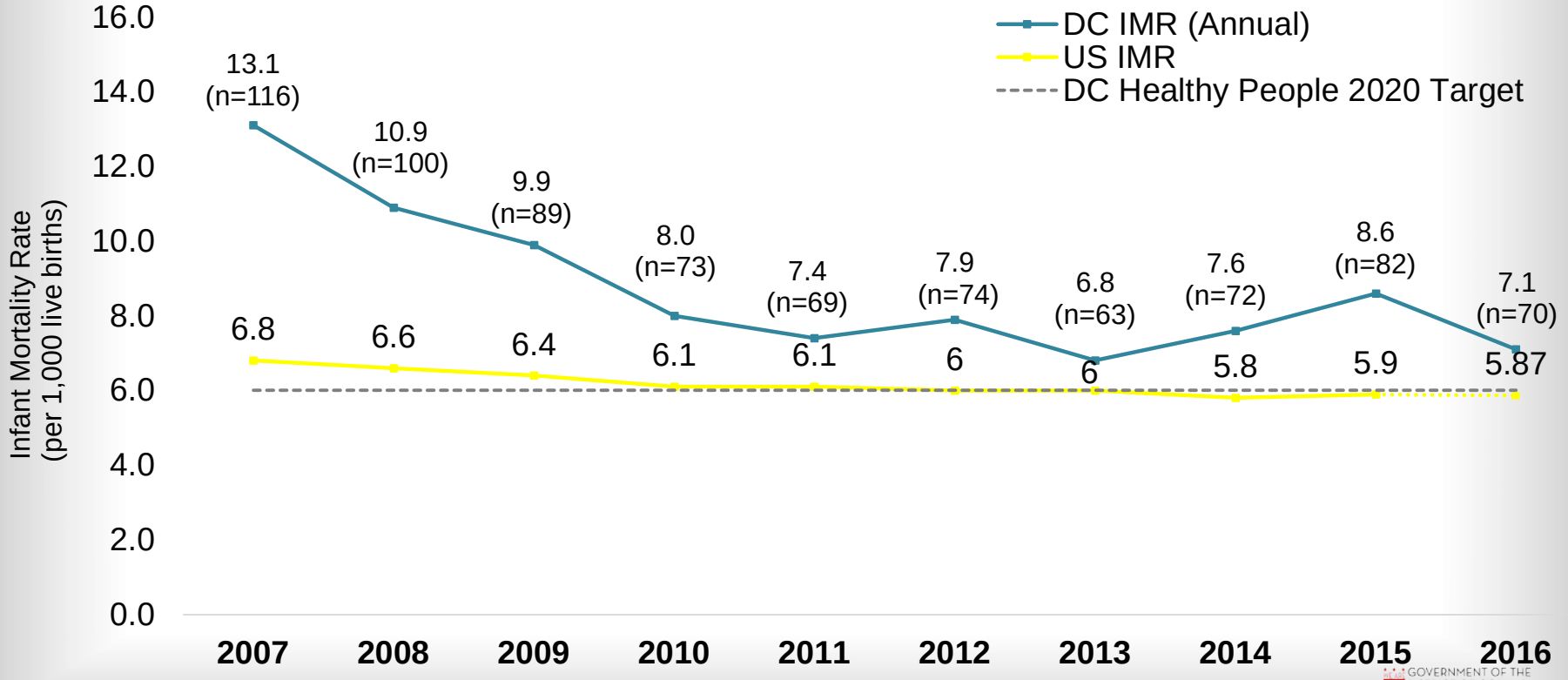


Maternal Morbidity 2012 - 2016

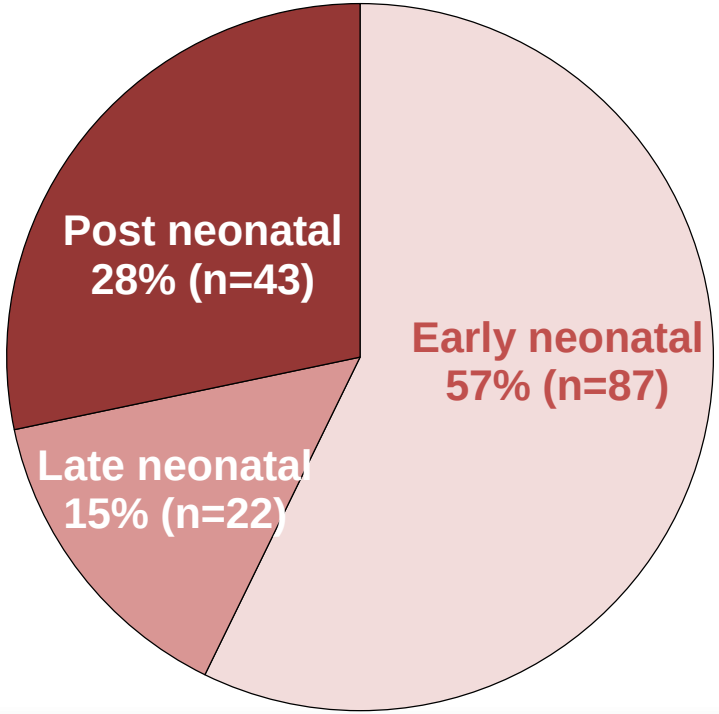
Number of DC-residents with Severe Maternal Morbidities while Delivering Birth at DC Hospitals by year



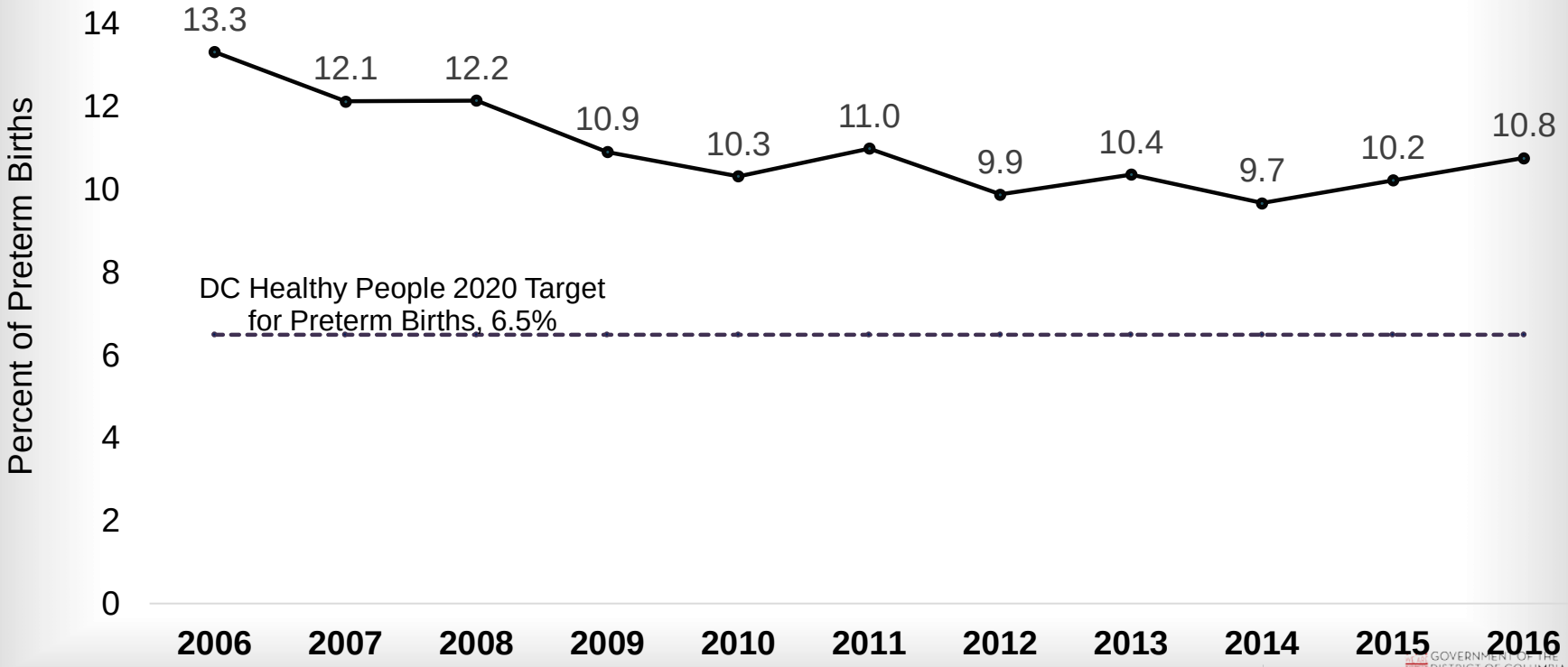
Infant Mortality Rate 2007 - 2016



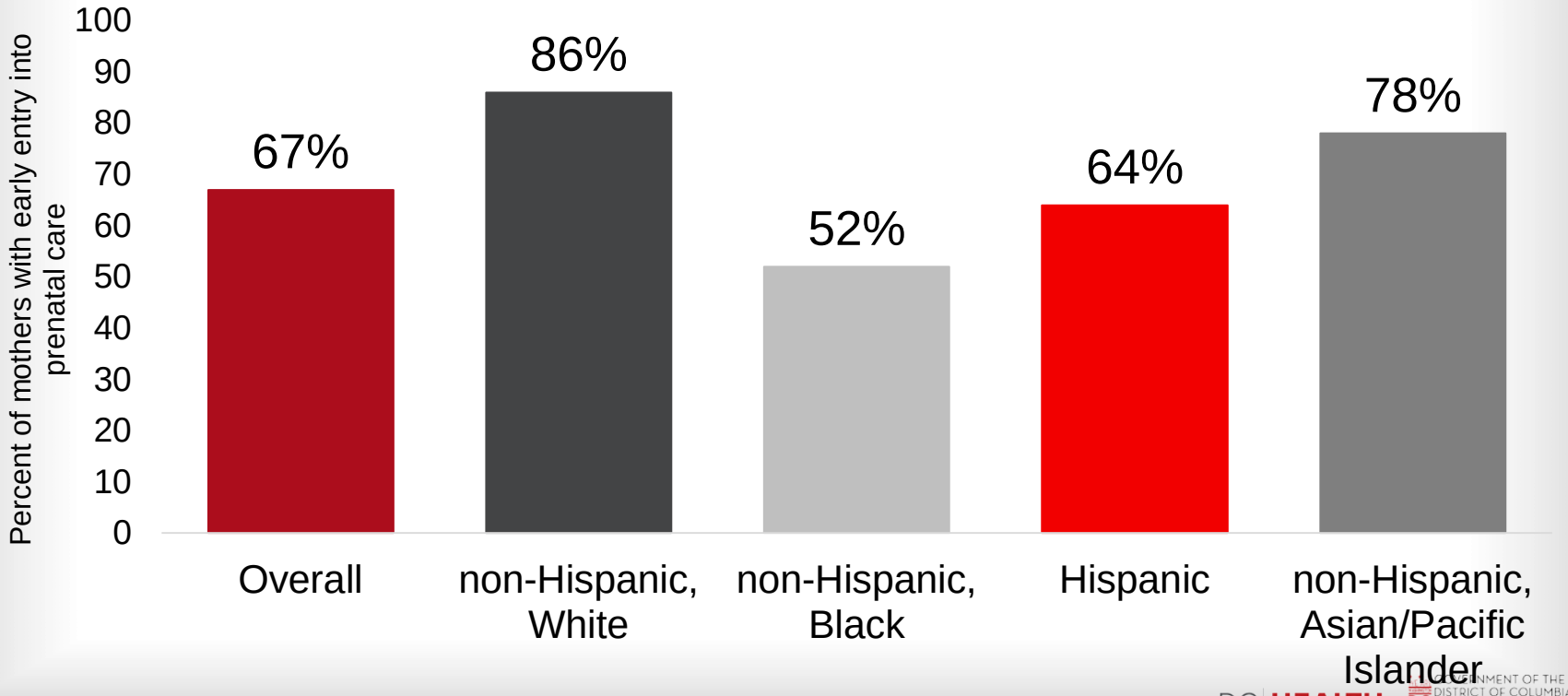
Infant Mortality – Age at Death, 2012-2016



Preterm Births 2006 - 2016



Timely Entry into Prenatal Care 2015 - 2016



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MATERNAL & INFANT HEALTH SUMMIT

Recap and Commitments

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Quality of Clinical Care

- Improved women's health & engagement with medical home before pregnancy
- Increased collaboration between providers
- More options like group prenatal care and telehealth

Quality of Clinical Care

- Improved access to and use of medications to prevent preterm birth and pre-eclampsia
- Co-locate or link behavioral health services
- Use of technology for education and follow-up
- Birthing facility safety bundles to improve maternity care

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Implicit Bias and Cultural Barriers to Care

- Trainings around implicit bias and cultural humility for formal health care systems
- Use of providers like doulas and navigators to make care more accessible
- Customer service training
- Open, welcoming doors for all residents

Community and Social Determinants of Health

- Citywide campaigns to change norms around family planning, prenatal care, teen pregnancy prevention

- Collaborations between health systems and housing, education, economic development

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Community and Social Determinants of Health

- Technical education and job training
- Child care
- Use of technology for community-clinical linkages
- Services embedded in the community to build trust

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- Pursue more collaborative strategies with community partners and other key stakeholders
- Grow midwifery services and promote strategies such as centering
- Commit to promote health equity in everyday work

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- Educate workplace and community about maternal and child health outcomes, policies, and available community resources

- Include more individuals and partners to the conversation

THE DISTRICT STRATEGY TO IMPROVE PERINATAL HEALTH OUTCOMES

EVERY TEENAGE GIRL AND WOMAN
in DC is in control of her reproductive health.

EVERY PREGNANT WOMAN
receives patient-centered, high quality prenatal care beginning in the 1st trimester.

EVERY HEALTHCARE PROVIDER
has the tools and resources they need to provide quality care and manage complex social needs of women and infants.

EVERY HEALTHCARE FACILITY
providing maternal and infant care has the tools and resources to practice evidence based health care and to document QI/QA activities.

EVERY NEWBORN
receives high-quality neonatal care in the hospital and outpatient setting.

EVERY PARENT
has the life skills and resources needed to nurture and provide for their family.

EVERY INFANT, MOM, AND DAD
has a safe and healthy environment to thrive and receive the support they need to promote early childhood development and learning.

Focus Areas

Improving Women's Health Before Pregnancy

Addressing Barriers to Prenatal Care

Preventing Preterm Births

Existing Coalitions and Committees

- DC Breast Feeding Coalition
- DC Perinatal Collaborative
- Title V Maternal and Child Health Advisory Board
- Child and Infant Fatality Review Committees
- ACOG Working Group to Improve Obstetrical Care
- Maternal Mortality Review Committee (coming soon)

Upcoming Efforts

SAFER CHILDBIRTH CITIES INITIATIVE

Perinatal Quality Collaborative

State or multi-state networks of teams working to improve the quality of care for mothers and babies

Planned Parenthood
Act. No matter what.
healthcar
is a
human righ
#WeWontGoBack

HOSPITAL

GOVERNMENT OF THE
DISTRICT
OF COLUMBIA

UP NEXT

- DCPCA – Human-Centered Solutions to Improve Maternal Health Outcomes
- WAWF – DC Family Planning Project
- Breakout Sessions