

## Receive the care you want, when you need it most. Create your advance care plan today.



An important part of being prepared for medical emergencies and end-of-life care is the creation of an advance directive, or advance care plan. These documents allow you to choose the type of medical care you want to receive, even when you are unable to speak for yourself. It also allows you to designate a healthcare agent to make care choices for you that are beyond your plan. There are many benefits of having these discussions with your medical provider and loved ones.

- Better understanding of your care choices for emergency and end-of-life treatments
- Ease the burden of loved ones having to make decisions during difficult moments
- Documentation to ensure that your choices are honored when needed
- The inclusion of having the right person making care decisions outside your advance directive



By creating your plan with your provider today, or by visiting [MyDirectives.com](https://MyDirectives.com) you are able to:

1. Make your plan accessible to DC Fire and EMS responders, all DC hospitals, and hundreds of other providers across the region.
2. Access and share your plans online 24/7 through [MyDirectives.com](https://MyDirectives.com).

The advance care planning initiative is a partnership between DC Health and the DC Department of Healthcare Finance and is made possible through the DC-designated Health Information Exchange, CRISP DC, using solutions developed by A|DVault, Inc.